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Table D-1—Percent of income-eligible older adults receiving benefits from the Food Stamp Program

	All older adults			Lowest income: ≤ 130% poverty		
	Sample size	Percent	Standard Error	Sample size	Percent	Standard Error
Both sexes						
60-64 years	1,206	7.0	1.2	416	39.2	4.8
65-69 years	1,137	5.3	0.9	387	27.9	4.3
70-74 years	1,159	5.6	0.8	367	26.2	3.6
75-79 years	758	5.1	1.1	282	19.2	3.4
80-84 years	955	8.9	1.2	365	25.3	2.6
85 + years	561	8.8	1.3	233	22.4	3.4
Total, age adjusted ...	5,776	6.4	0.7	2,050	28.0	2.3
Male						
60-64 years	611	4.7 *	1.2	194	30.9	6.1
65-69 years	568	2.9 *	0.6	172	19.6 *	3.7
70-74 years	563	4.0 *	1.2	153	27.2 *	7.2
75-79 years	334	4.3 *	1.3	112	22.1 *	5.7
80-84 years	465	4.7 *	1.1	144	18.4 *	3.5
85 + years	244	8.7 *	1.7	82	27.8 *	5.3
Total, age adjusted ...	2,785	4.5	0.6	857	24.8	2.7
Female						
60-64 years	595	8.9	1.6	222	44.5	6.3
65-69 years	569	7.4	1.5	215	33.0	5.8
70-74 years	596	6.9	1.2	214	25.8	4.6
75-79 years	424	5.7 *	1.2	170	18.0 *	3.6
80-84 years	490	11.4	1.8	221	27.9	3.5
85 + years	317	8.9 *	1.5	151	20.4 *	3.2
Total, age adjusted ...	2,991	7.9	0.9	1,193	30.1	2.7

Notes: * Denotes individual estimates not meeting the standards of reliability or precision due to inadequate cell size or large coefficient of variation.

Significant differences in means and proportions are noted by > (.05 level), >> (.01 level), or >>> (.001 level). Differences are tested in comparison to lowest income group (Income ≤ 130% poverty).

Source: NHANES-III, 1988-94: Adult interview file. The 'All older adults' column includes persons with missing income.

Table D-2—Percent of older adults receiving benefits from the Elderly Nutrition Program¹

	All older adults			Lowest income: ≤ 130% poverty			Low-income: 131-185% poverty			Higher-income: > 185% poverty		
	Sample size	Percent	Standard Error	Sample size	Percent	Standard Error	Sample size	Percent	Standard Error	Sample size	Percent	Standard Error
Both sexes												
60-64 years	1,338	1.2 *	0.5	413	4.6 *	2.5	158	1.3 *	1.2	632	0.4 *	0.3
65-69 years	1,262	2.0	0.6	389	6.3 *	2.9	153	3.8 *	2.3	597	0.7 *	0.3
70-74 years	1,278	3.4	0.6	368	8.3	2.1	207	4.5 *	1.6	585	» 1.5 *	0.6
75-79 years	873	5.1	1.2	281	7.1 *	2.2	149	4.7 *	2.4	327	» 4.6 *	1.6
80-84 years	1,132	9.9	1.0	365	12.3	2.0	179	12.8	2.9	412	» 6.4	1.6
85 + years	694	12.3	1.8	234	18.3	3.5	109	12.2 *	3.8	218	»» 5.6 *	2.0
Total, age adjusted ...	6,577	4.4	0.4	2,050	8.2	1.2	955	5.2	1.0	2,771	»» 2.5	0.6
Male												
60-64 years	671	0.8 *	0.4	193	3.6 *	2.6	77	0.2 *	0.2	340	0.3 *	0.3
65-69 years	626	2.4 *	1.1	174	12.5 *	7.1	72	1.3 *	0.8	324	0.8 *	0.5
70-74 years	611	1.7 *	0.5	153	5.6 *	2.5	105	2.7 *	1.7	305	» 0.6 *	0.4
75-79 years	378	4.9 *	1.7	111	14.3 *	5.3	63	» 2.5 *	2.3	159	» 3.1 *	1.8
80-84 years	539	8.6	1.1	143	11.0 *	2.7	89	9.6 *	2.4	233	6.7 *	1.5
85 + years	285	12.2	2.4	82	19.3 *	6.9	55	14.0 *	4.0	106	7.1 *	2.3
Total, age adjusted ...	3,110	3.9	0.4	856	9.8	1.9	461	»» 3.6	0.5	1,467	»» 2.2	0.5
Female												
60-64 years	667	1.5 *	0.6	220	5.2 *	2.8	81	1.9 *	1.8	292	0.5 *	0.5
65-69 years	636	1.6 *	0.4	215	2.5 *	1.7	81	5.7 *	4.2	273	0.6 *	0.4
70-74 years	667	4.7	1.0	215	9.6 *	2.7	102	6.1 *	2.7	280	» 2.3 *	1.2
75-79 years	495	5.2	1.3	170	4.1 *	1.4	86	6.1 *	3.9	168	6.0 *	2.3
80-84 years	593	10.6	1.4	222	12.8	2.5	90	14.9 *	4.4	179	6.2 *	2.7
85 + years	409	12.3	2.2	152	17.9 *	3.8	54	11.0 *	5.2	112	» 4.7 *	2.2
Total, age adjusted ...	3,467	4.8	0.6	1,194	7.3	1.1	494	6.4	1.6	1,304	»» 2.8	0.8

Notes: * Denotes individual estimates not meeting the standards of reliability or precision due to inadequate cell size or large coefficient of variation.

Significant differences in means and proportions are noted by » (.05 level), »» (.01 level), or »»» (.001 level). Differences are tested in comparison to lowest income group (Income ≤ 130% poverty).

¹ Benefit receipt is defined as receiving meals from cities, churches, or other organizations providing meals for senior citizens.

Source: NHANES-III, 1988-94: Adult interview file. The 'All older adults' column includes persons with missing income.

Table D-3—Distribution of older adults by household food sufficiency status

	All older adults				Lowest income: ≤ 130% poverty				Low-income: 131-185% poverty				Higher-income: > 185% poverty			
	Sample size	Enough food to eat	Sometimes not enough	Often not enough	Sample size	Enough food to eat	Sometimes not enough	Often not enough	Sample size	Enough food to eat	Sometimes not enough	Often not enough	Sample size	Enough food to eat	Sometimes not enough	Often not enough
Both sexes																
60-64 years	1,340	98.1	1.8	0.1	417	91.2	8.1	0.7	159	⁂ 97.9	2.1	0.0	632	⁂⁂ 100.0	⁂⁂ 0.0	0.0
65-69 years	1,263	98.4	1.4	0.2	389	92.3	7.4	0.3	153	⁂ 99.7	0.3	0.0	597	⁂ 99.7	⁂ 0.1	0.2
70-74 years	1,272	98.0	2.0	>0	366	91.6	8.3	0.2	207	⁂ 98.2	⁂ 1.8	0.0	585	⁂⁂⁂ 99.9	⁂⁂⁂ 0.1	0.0
75-79 years	867	98.6	1.2	0.2	282	96.8	2.4	0.8	149	⁂⁂ 99.6	0.4	0.0	327	⁂⁂⁂ 99.7	0.3	0.0
80-84 years	1,125	98.4	1.5	0.1	366	96.0	3.8	0.3	179	98.3	1.6	0.1	412	⁂⁂ 100.0	⁂⁂ 0.0	0.0
85 + years	691	98.8	1.1	0.1	234	98.0	2.0	0.0	109	98.3	1.7	0.0	219	99.3	0.7	0.0
Total, age adjusted ...	6,558	98.3	1.5	0.1	2,054	93.6	6.0	0.4	956	⁂⁂⁂ 98.7	⁂⁂⁂ 1.3	>0	2,772	⁂⁂⁂ 99.8	⁂⁂⁂ 0.2	>0
Male																
60-64 years	671	97.9	2.1	>0	194	88.6	11.1	0.3	77	98.2	1.8	0.0	340	⁂ 100.0	⁂ 0.0	0.0
65-69 years	626	98.5	1.1	0.4	174	92.2	7.4	0.4	72	⁂ 99.5	0.5	0.0	324	⁂ 99.5	>0	0.4
70-74 years	609	97.8	2.1	0.1	152	88.7	10.7	0.6	105	96.0	4.0	0.0	305	100.0	0.0	0.0
75-79 years	375	99.0	1.0	>0	112	97.7	2.2	0.1	63	98.9	1.1	0.0	159	99.4	0.6	0.0
80-84 years	538	98.3	1.7	>0	144	94.7	5.3	0.0	89	98.1	1.6	0.2	233	100.0	0.0	0.0
85 + years	286	99.6	0.2	0.2	82	99.1	0.9	0.0	55	100.0	0.0	0.0	107	100.0	0.0	0.0
Total, age adjusted ...	3,105	98.4	1.5	0.1	858	92.5	7.2	0.3	461	⁂⁂ 98.3	⁂⁂ 1.6	>0	1,468	⁂⁂⁂ 99.8	⁂⁂⁂ 0.1	0.1
Female																
60-64 years	669	98.3	1.5	0.2	223	92.8	6.2	1.0	82	97.7	2.3	0.0	292	100.0	0.0	0.0
65-69 years	637	98.4	1.6	>0	215	92.4	7.4	0.2	81	99.8	0.2	0.0	273	99.9	0.1	0.0
70-74 years	663	98.1	1.9	0.0	214	92.8	7.2	0.0	102	⁂⁂ 100.0	⁂⁂ 0.0	0.0	280	⁂⁂ 99.8	⁂⁂ 0.2	0.0
75-79 years	492	98.3	1.4	0.3	170	96.4	2.4	1.1	86	⁂⁂⁂ 100.0	0.0	0.0	168	⁂⁂⁂ 100.0	0.0	0.0
80-84 years	587	98.5	1.4	0.1	222	96.4	3.2	0.4	90	98.4	1.6	0.0	179	⁂ 100.0	⁂ 0.0	0.0
85 + years	405	98.5	1.5	0.0	152	97.6	2.4	0.0	54	97.2	2.8	0.0	112	98.9	1.1	0.0
Total, age adjusted ...	3,453	98.3	1.6	0.1	1,196	94.2	5.3	0.5	495	⁂⁂⁂ 99.0	⁂⁂⁂ 1.0	0.0	1,304	⁂⁂⁂ 99.8	⁂⁂⁂ 0.2	0.0

Notes: * Denotes individual estimates not meeting the standards of reliability or precision due to inadequate cell size or large coefficient of variation.

Significant differences, compared to lowest income group, are noted by ⁂ (.05 level), ⁂⁂ (.01 level), or ⁂⁂⁂ (.001 level). The Bonferroni adjustment was used to adjust for the multiplicity of tests when examining multiple outcome categories.

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Source: NHANES-III, 1988-94: Adult interview file. The 'All older adults' column includes persons with missing income.

Table D-4—Standard errors for distribution by household food sufficiency status¹

	All older adults				Lowest income: ≤ 130% poverty				Low-income: 131-185% poverty				Higher-income: > 185% poverty			
	Sample size	Enough food to eat	Sometimes not enough	Often not enough	Sample size	Enough food to eat	Sometimes not enough	Often not enough	Sample size	Enough food to eat	Sometimes not enough	Often not enough	Sample size	Enough food to eat	Sometimes not enough	Often not enough
Both sexes																
60-64 years	1,340	0.6	0.6	0.1	417	2.8	2.6	0.6	159	1.3	1.3	0.0	632	0.0	0.0	0.0
65-69 years	1,263	0.5	0.5	0.2	389	3.0	3.0	0.2	153	0.2	0.2	0.0	597	0.2	>0	0.2
70-74 years	1,272	0.5	0.5	>0	366	2.0	2.0	0.2	207	1.4	1.4	0.0	585	0.1	0.1	0.0
75-79 years	867	0.4	0.5	0.2	282	0.6	1.1	0.8	149	0.4	0.4	0.0	327	0.3	0.3	0.0
80-84 years	1,125	0.4	0.5	0.1	366	1.2	1.2	0.3	179	1.3	1.3	0.1	412	0.0	0.0	0.0
85 + years	691	0.5	0.5	0.1	234	0.9	0.9	0.0	109	1.6	1.6	0.0	219	0.7	0.7	0.0
Total, age adjusted ...	6,558	0.2	0.2	0.1	2,054	0.9	0.9	0.3	956	0.5	0.5	>0	2,772	>0	>0	>0
Male																
60-64 years	671	0.8	0.8	>0	194	4.4	4.4	0.2	77	1.2	1.2	0.0	340	0.0	0.0	0.0
65-69 years	626	0.5	0.4	0.3	174	2.8	3.1	0.5	72	0.4	0.4	0.0	324	0.4	>0	0.4
70-74 years	609	0.9	0.9	0.1	152	5.4	5.4	0.5	105	3.0	3.0	0.0	305	0.0	0.0	0.0
75-79 years	375	0.4	0.4	>0	112	1.3	1.3	0.1	63	1.1	1.1	0.0	159	0.6	0.6	0.0
80-84 years	538	0.7	0.7	>0	144	2.5	2.5	0.0	89	1.6	1.6	0.2	233	0.0	0.0	0.0
85 + years	286	0.1	0.2	0.2	82	0.7	0.7	0.0	55	0.0	0.0	0.0	107	0.0	0.0	0.0
Total, age adjusted ...	3,105	0.3	0.3	0.1	858	1.5	1.5	0.2	461	0.8	0.8	>0	1,468	0.2	0.1	0.1
Female																
60-64 years	669	0.7	0.7	0.2	223	3.1	2.8	1.0	82	1.8	1.8	0.0	292	0.0	0.0	0.0
65-69 years	637	0.9	0.9	>0	215	4.3	4.3	0.2	81	0.2	0.2	0.0	273	>0	>0	0.0
70-74 years	663	0.6	0.6	0.0	214	2.4	2.4	0.0	102	0.0	0.0	0.0	280	0.2	0.2	0.0
75-79 years	492	0.6	0.7	0.3	170	0.9	1.2	1.1	86	0.0	0.0	0.0	168	0.0	0.0	0.0
80-84 years	587	0.5	0.6	0.1	222	1.3	1.3	0.4	90	1.8	1.8	0.0	179	0.0	0.0	0.0
85 + years	405	0.7	0.7	0.0	152	1.2	1.2	0.0	54	2.6	2.6	0.0	112	1.1	1.1	0.0
Total, age adjusted ...	3,453	0.3	0.3	0.1	1,196	1.2	1.1	0.4	495	0.5	0.5	0.0	1,304	0.1	0.1	0.0

Notes: * Denotes individual estimates not meeting the standards of reliability or precision due to inadequate cell size or large coefficient of variation.

Significant differences, compared to lowest income group, are noted by > (.05 level), >> (.01 level), or >>> (.001 level). The Bonferroni adjustment was used to adjust for the multiplicity of tests when examining multiple outcome categories.

¹ See previous table for sample sizes and significance tests.

>0 Value too small to display.

Source: NHANES-III, 1988-94: Adult interview file. The 'All older adults' column includes persons with missing income.

Table D-5—Percent of older adults eating fewer than three meals per day

	All older adults			Lowest income: ≤ 130% poverty			Low-income: 131-185% poverty			Higher-income: > 185% poverty		
	Sample size	Percent	Standard Error	Sample size	Percent	Standard Error	Sample size	Percent	Standard Error	Sample size	Percent	Standard Error
Both sexes												
60-64 years	1,154	27.6	2.25	358	38.3	5.37	135	39.9	6.01	555	» 23.7	2.36
65-69 years	1,054	26.5	1.89	325	34.6	5.10	128	29.4	4.78	503	» 24.5	2.25
70-74 years	1,019	21.3	2.20	290	30.9	5.80	160	26.4	4.43	485	» 17.8	2.14
75-79 years	658	21.3	1.94	211	31.9	5.61	117	23.3	5.05	257	» 15.1	2.90
80-84 years	769	20.2	1.52	239	27.3	3.84	128	18.4	3.60	304	» 17.6	2.64
85 + years	384	19.2	2.17	130	24.7	4.48	68	17.8 *	5.41	139	» 17.0	3.69
Total, age adjusted ...	5,038	23.6	1.02	1,553	32.6	1.88	736	28.0	2.01	2,243	»» 20.0	1.24
Male												
60-64 years	575	27.4	2.85	168	39.4	6.93	67	34.2	8.95	294	» 24.4	3.36
65-69 years	536	29.5	2.49	144	29.5	6.05	63	31.0 *	6.49	283	» 29.1	2.79
70-74 years	500	23.3	2.81	128	34.8	7.37	77	30.8	6.74	260	» 20.5	2.85
75-79 years	282	22.1	2.78	86	30.5 *	7.37	49	23.2 *	7.53	118	» 16.4	4.22
80-84 years	394	18.2	2.25	102	25.2 *	4.87	65	17.9 *	5.33	184	» 17.4	3.64
85 + years	163	20.6	3.17	46	20.9 *	7.51	33	24.0 *	9.05	68	» 20.5 *	4.42
Total, age adjusted ...	2,450	24.6	1.38	674	31.7	2.66	354	28.4	3.10	1,207	»» 22.2	1.52
Female												
60-64 years	579	27.8	2.64	190	37.6	7.78	68	43.4	8.42	261	» 23.1	2.81
65-69 years	518	23.8	2.48	181	37.6	6.54	65	28.2	8.25	220	» 19.4	3.19
70-74 years	519	19.8	2.66	162	29.0	6.37	83	23.4	5.26	225	» 15.2	3.04
75-79 years	376	20.8	2.65	125	32.5	6.82	68	23.4 *	7.69	139	» 14.2	3.99
80-84 years	375	21.4	2.07	137	28.1	5.36	63	18.8 *	4.89	120	» 17.8	3.09
85 + years	221	18.5	2.69	84	26.1 *	5.31	35	14.7 *	7.00	71	» 15.1 *	4.18
Total, age adjusted ...	2,588	22.7	1.10	879	33.0	2.42	382	27.8	2.74	1,036	»» 18.0	1.48

Notes: * Denotes individual estimates not meeting the standards of reliability or precision due to inadequate cell size or large coefficient of variation.

Significant differences in means and proportions are noted by » (.05 level), »» (.01 level), or »»» (.001 level). Differences are tested in comparison to lowest income group (Income ≤ 130% poverty).

Source: NHANES-III, 1988-94: Exam file, 24-hour dietary recall. The 'All older adults' column includes persons with missing income.

Table D-6—Average number of meals consumed per day by older adults

	All older adults			Lowest income: ≤ 130% poverty			Low-income: 131-185% poverty			Higher-income: > 185% poverty		
	Sample size	Mean	Standard Error	Sample size	Mean	Standard Error	Sample size	Mean	Standard Error	Sample size	Mean	Standard Error
Both sexes												
60-64 years	1,154	2.8	0.03	358	2.6	0.07	135	2.6	0.09	555	» 2.8	0.04
65-69 years	1,054	2.8	0.03	325	2.6	0.08	128	2.8	0.09	503	» 2.8	0.03
70-74 years	1,019	2.8	0.03	290	2.7	0.07	160	2.8	0.06	485	» 2.9	0.04
75-79 years	658	2.8	0.03	211	2.7	0.09	117	2.8	0.08	257	» 2.9	0.04
80-84 years	769	2.8	0.03	239	2.7	0.06	128	» 2.9	0.04	304	» 2.9	0.04
85 + years	384	2.8	0.03	130	2.8	0.06	68	2.9	0.07	139	2.9	0.05
Total, age adjusted ...	5,038	2.8	0.02	1,553	2.7	0.03	736	» 2.8	0.03	2,243	»» 2.9	0.02
Male												
60-64 years	575	2.7	0.04	168	2.6	0.07	67	2.7 *	0.16	294	» 2.8	0.06
65-69 years	536	2.7	0.04	144	2.7	0.12	63	2.7 *	0.10	283	» 2.7	0.04
70-74 years	500	2.8	0.04	128	2.7	0.10	77	2.7	0.09	260	2.9	0.05
75-79 years	282	2.8	0.04	86	2.6 *	0.13	49	2.8 *	0.09	118	2.9	0.06
80-84 years	394	2.9	0.04	102	2.8 *	0.08	65	2.9 *	0.08	184	2.9	0.06
85 + years	163	2.8	0.05	46	2.9 *	0.13	33	2.8 *	0.12	68	2.8 *	0.05
Total, age adjusted ...	2,450	2.8	0.02	674	2.7	0.04	354	2.8	0.05	1,207	»» 2.8	0.02
Female												
60-64 years	579	2.8	0.04	190	2.6	0.11	68	2.6	0.11	261	» 2.8	0.05
65-69 years	518	2.8	0.04	181	2.6	0.10	65	2.9 *	0.15	220	» 2.9	0.05
70-74 years	519	2.9	0.04	162	2.7	0.07	83	2.8	0.08	225	» 3.0	0.06
75-79 years	376	2.8	0.05	125	2.7	0.11	68	2.7	0.13	139	» 2.9	0.05
80-84 years	375	2.8	0.03	137	2.7	0.08	63	2.8 *	0.06	120	2.9	0.04
85 + years	221	2.8	0.03	84	2.7 *	0.07	35	2.9 *	0.08	71	2.9	0.07
Total, age adjusted ...	2,588	2.8	0.02	879	2.7	0.04	382	2.8	0.05	1,036	»» 2.9	0.02

Notes: * Denotes individual estimates not meeting the standards of reliability or precision due to inadequate cell size or large coefficient of variation.

Significant differences in means and proportions are noted by » (.05 level), »» (.01 level), or »»» (.001 level). Differences are tested in comparison to lowest income group (Income ≤ 130% poverty).

Source: NHANES-III, 1988-94: Exam file, 24-hour dietary recall. The 'All older adults' column includes persons with missing income.

Table D-7—Percent of older adults who eat breakfast every day

	All older adults			Lowest income: ≤ 130% poverty			Low-income: 131-185% poverty			Higher-income: > 185% poverty		
	Sample size	Percent	Standard Error	Sample size	Percent	Standard Error	Sample size	Percent	Standard Error	Sample size	Percent	Standard Error
Both sexes												
60-64 years	1,343	70.7	2.4	417	61.8	4.2	159	71.2	5.3	631	72.4	3.0
65-69 years	1,257	79.5	1.7	387	74.4	3.6	152	74.3	4.8	595	82.1	1.9
70-74 years	1,276	84.6	1.4	367	81.7	2.2	207	88.2	2.9	584	84.5	1.7
75-79 years	873	89.1	1.3	282	86.9	2.6	149	94.3 *	2.1	327	88.7	2.4
80-84 years	1,129	92.6	0.8	364	89.6	1.9	179	94.1 *	1.4	410	93.7	1.3
85 + years	694	95.0	1.1	234	94.5 *	1.5	109	91.3 *	4.3	219	96.3 *	1.2
Total, age adjusted ...	6,572	82.9	0.8	2,051	78.4	1.3	955	83.2	1.7	2,766	83.9	1.0
Male												
60-64 years	672	71.8	3.3	194	67.6	5.9	77	73.6	6.4	340	72.9	4.2
65-69 years	623	78.2	2.3	174	67.8	7.0	71	79.4 *	6.0	323	79.5	2.7
70-74 years	610	85.0	1.9	152	80.9	4.8	105	85.5 *	4.7	305	86.4	2.1
75-79 years	378	89.0	2.3	112	80.9 *	6.3	63	96.4 *	1.6	159	90.7 *	3.5
80-84 years	537	96.0 *	0.8	143	92.8 *	2.2	89	92.9 *	3.2	231	98.2 *	0.8
85 + years	286	96.2 *	1.1	82	96.3 *	1.4	55	94.0 *	4.4	107	97.8 *	1.3
Total, age adjusted ...	3,106	83.4	1.0	857	77.8	2.2	460	84.8	2.2	1,465	84.8	1.3
Female												
60-64 years	671	69.8	2.9	223	58.2	5.3	82	69.8	7.0	291	71.9	3.9
65-69 years	634	80.7	2.1	213	78.5	3.6	81	70.3	6.6	272	84.8	2.2
70-74 years	666	84.3	2.2	215	82.0	3.5	102	90.5 *	4.0	279	82.6	2.7
75-79 years	495	89.1	1.6	170	89.4 *	2.4	86	93.0 *	3.2	168	86.9 *	2.9
80-84 years	592	90.6	1.2	221	88.4 *	2.3	90	94.9 *	2.4	179	90.1 *	2.2
85 + years	408	94.5 *	1.3	152	93.8 *	2.0	54	89.6 *	5.1	112	95.3 *	1.8
Total, age adjusted ...	3,466	82.6	1.0	1,194	78.7	1.6	495	82.2	2.2	1,301	83.3	1.2

Notes: * Denotes individual estimates not meeting the standards of reliability or precision due to inadequate cell size or large coefficient of variation.

Significant differences in means and proportions are noted by > (.05 level), >> (.01 level), or >>> (.001 level). Differences are tested in comparison to lowest income group (Income ≤ 130% poverty).

Source: NHANES-III, 1988-94: Adult interview file. The 'All older adults' column includes persons with missing income.

Table D-8—Percent of older adults eating at least one snack per day

	All older adults			Lowest income: ≤ 130% poverty			Low-income: 131-185% poverty			Higher-income: > 185% poverty		
	Sample size	Percent	Standard Error	Sample size	Percent	Standard Error	Sample size	Percent	Standard Error	Sample size	Percent	Standard Error
Both sexes												
60-64 years	1,154	86.8	1.6	358	81.3	3.9	135	82.0	3.9	555	89.3	1.7
65-69 years	1,054	87.1	1.5	325	82.6	3.3	128	85.9 *	4.1	503	89.0	2.0
70-74 years	1,019	81.3	1.7	290	73.8	2.8	160	82.1	3.1	485	83.2	2.4
75-79 years	658	74.7	2.7	211	71.7	4.2	117	65.3	6.4	257	81.0	3.3
80-84 years	769	74.6	2.0	239	75.0	3.6	128	79.8	4.5	304	72.6	2.9
85 + years	384	68.0	3.4	130	67.4	5.2	68	58.8 *	6.6	139	75.0	3.9
Total, age adjusted ...	5,038	80.8	1.0	1,553	76.6	2.0	736	77.7	2.2	2,243	83.6	1.2
Male												
60-64 years	575	85.3	2.4	168	81.0	5.4	67	79.0 *	5.8	294	87.9	2.8
65-69 years	536	88.2	1.8	144	81.9	4.7	63	92.3 *	3.8	283	89.0	2.4
70-74 years	500	81.6	3.0	128	71.3	5.2	77	83.5 *	4.2	260	83.6	3.5
75-79 years	282	72.2	3.1	86	56.1	8.7	49	59.3 *	9.5	118	81.1	4.1
80-84 years	394	75.1	2.4	102	73.3	5.4	65	70.4 *	6.8	184	76.6	3.2
85 + years	163	62.1	4.9	46	56.0 *	9.7	33	53.9 *	10.1	68	77.8 *	5.7
Total, age adjusted ...	2,450	79.8	1.3	674	72.1	3.4	354	76.1	2.6	1,207	84.0	1.6
Female												
60-64 years	579	88.0	1.9	190	81.5	4.6	68	83.9 *	5.0	261	90.6	2.6
65-69 years	518	86.1	1.9	181	83.0	4.7	65	80.7 *	6.8	220	88.9	2.5
70-74 years	519	81.0	2.1	162	75.1	4.6	83	81.1 *	4.4	225	82.9	3.0
75-79 years	376	76.3	3.1	125	78.1	4.8	68	69.4 *	6.5	139	80.8	4.2
80-84 years	375	74.4	2.4	137	75.6	4.0	63	85.4 *	4.7	120	69.3	4.3
85 + years	221	70.5	3.9	84	71.5	4.9	35	61.4 *	9.0	71	73.6	4.8
Total, age adjusted ...	2,588	81.2	1.2	879	78.4	2.1	382	78.4	2.6	1,036	83.3	1.4

Notes: * Denotes individual estimates not meeting the standards of reliability or precision due to inadequate cell size or large coefficient of variation.

Significant differences in means and proportions are noted by > (.05 level), >> (.01 level), or >>> (.001 level). Differences are tested in comparison to lowest income group (Income ≤ 130% poverty).

Source: NHANES-III, 1988-94: Exam file, 24-hour dietary recall. The 'All older adults' column includes persons with missing income.

Table D-9—Average number of snacks consumed per day by older adults

	All older adults			Lowest income: ≤ 130% poverty			Low-income: 131-185% poverty			Higher-income: > 185% poverty		
	Sample size	Mean	Standard Error	Sample size	Mean	Standard Error	Sample size	Mean	Standard Error	Sample size	Mean	Standard Error
Both sexes												
60-64 years	1,154	2.2	0.08	358	1.5	0.09	135	1.8	0.14	555	***2.4	0.09
65-69 years	1,054	2.0	0.08	325	1.7	0.13	128	2.0	0.30	503	***2.1	0.08
70-74 years	1,019	1.6	0.05	290	1.3	0.11	160	1.7	0.16	485	**1.7	0.08
75-79 years	658	1.5	0.08	211	1.3	0.14	117	1.2	0.14	257	*1.6	0.09
80-84 years	769	1.3	0.05	239	1.3	0.10	128	1.3	0.11	304	1.4	0.07
85 + years	384	1.2	0.08	130	1.1	0.11	68	0.9 *	0.11	139	1.5	0.15
Total, age adjusted ...	5,038	1.7	0.04	1,553	1.4	0.05	736	1.6	0.09	2,243	***1.9	0.04
Male												
60-64 years	575	2.1	0.11	168	1.6	0.21	67	1.6 *	0.21	294	**2.4	0.13
65-69 years	536	2.1	0.11	144	1.6	0.14	63	2.4 *	0.55	283	**2.1	0.12
70-74 years	500	1.7	0.08	128	1.3	0.13	77	1.6 *	0.21	260	***1.8	0.10
75-79 years	282	1.4	0.09	86	0.8 *	0.16	49	1.1 *	0.21	118	***1.8	0.16
80-84 years	394	1.4	0.08	102	1.3 *	0.17	65	1.4 *	0.23	184	1.4	0.11
85 + years	163	1.1	0.13	46	0.9 *	0.20	33	1.0 *	0.24	68	1.4 *	0.19
Total, age adjusted ...	2,450	1.8	0.05	674	1.4	0.09	354	1.6	0.15	1,207	***1.9	0.06
Female												
60-64 years	579	2.2	0.09	190	1.4	0.09	68	*1.9 *	0.17	261	***2.4	0.12
65-69 years	518	2.0	0.08	181	1.7	0.18	65	1.6 *	0.23	220	*2.1	0.09
70-74 years	519	1.6	0.07	162	1.3	0.14	83	1.7 *	0.24	225	*1.6	0.09
75-79 years	376	1.5	0.09	125	1.5	0.17	68	1.3 *	0.18	139	1.5	0.09
80-84 years	375	1.3	0.07	137	1.3	0.11	63	1.2 *	0.13	120	1.3	0.11
85 + years	221	1.2	0.09	84	1.2 *	0.13	35	*0.9 *	0.16	71	1.5 *	0.17
Total, age adjusted ...	2,588	1.7	0.04	879	1.4	0.06	382	1.6	0.08	1,036	***1.8	0.04

Notes: * Denotes individual estimates not meeting the standards of reliability or precision due to inadequate cell size or large coefficient of variation.

Significant differences in means and proportions are noted by * (.05 level), ** (.01 level), or *** (.001 level). Differences are tested in comparison to lowest income group (Income ≤ 130% poverty).

Source: NHANES-III, 1988-94: Exam file, 24-hour dietary recall. The 'All older adults' column includes persons with missing income.

Table D-10—Mean usual intake of food energy in kilocalories: Older adults

	All older adults			Lowest income: ≤ 130% poverty			Low-income: 131-185% poverty			Higher-income: > 185% poverty		
	Sample size	Mean	Standard error	Sample size	Mean	Standard error	Sample size	Mean	Standard error	Sample size	Mean	Standard error
Both sexes												
60-64 years	1,154	1,808	21.3	358	1,481	39.6	135	—	—	555	***1,890	28.4
65-69 years	1,054	1,831	23.4	325	1,650	62.6	128	1,719	70.0	503	***1,885	22.4
70-74 years	1,019	1,707	16.4	290	1,456	35.1	160	***1,652	45.9	485	***1,806	23.7
75-79 years	659	1,572	16.4	212	1,419	27.6	117	1,524	39.9	257	***1,692	26.6
80 + years	1,153	1,538	19.1	369	1,428	36.0	196	**1,546	28.5	443	***1,635	29.8
Total, age adjusted ...	5,039	1,704	8.6	1,554	1,486	19.0	736	***1,628	25.9	2,243	***1,793	9.4
Male												
60-64 years	575	2,195	35.5	168	1,828	69.0	67	1,218	96.9	294	***2,242	45.1
65-69 years	536	2,088	33.1	144	1,842	105.4	63	1,942	79.7	283	**2,148	32.2
70-74 years	500	2,020	32.3	128	1,700	64.5	77	**1,981	68.7	260	***2,101	41.1
75-79 years	283	1,826	39.0	87	1,615	137.0	49	1,739	112.6	118	1,982	51.6
80 + years	557	1,810	30.5	148	1,647	37.2	98	1,763	60.4	252	***1,912	37.5
Total, age adjusted ...	2,451	2,008	14.9	675	1,728	25.5	354	***1,925	36.4	1,207	***2,087	15.1
Female												
60-64 years	579	1,513	22.5	190	1,276	49.0	68	—	—	261	***1,585	28.9
65-69 years	518	1,590	24.8	181	1,545	58.7	65	1,538	88.9	220	1,596	23.9
70-74 years	519	1,462	17.1	162	1,333	35.6	83	1,415	45.1	225	***1,518	25.4
75-79 years	376	1,415	14.9	125	1,352	33.7	68	1,378	39.6	139	**1,475	31.1
80 + years	596	1,391	17.5	221	1,350	41.9	98	1,420	26.4	191	1,439	29.6
Total, age adjusted ...	2,588	1,477	8.9	879	1,368	24.3	382	1,430	27.2	1,036	***1,524	10.8

Notes: Significant differences in means and proportions are noted by > (.05 level), >> (.01 level), or >>> (.001 level). Differences are tested in comparison to lowest income group (Income ≤ 130% poverty).
 — Estimate of usual intake could not be obtained for the gender-age group cell. The cell was pooled with a neighboring age group to determine its contribution to the 'Total, age-adjusted' row.

Source: NHANES-III, 1988-94 Exam file, 24-hour dietary recall. Data reflect nutrient intake from foods. Does not include the contribution of vitamin and mineral supplements. Usual intake was estimated using *C-SIDE: Software for Intake Distribution Estimation*, accounting for within-person variance as estimated from the *Continuing Survey of Food Intakes by Individuals (CSFII)*.
 'All older adults' includes persons with missing income.

Table D-11—Mean usual intake of food energy as a percent of the 1989 Recommended Energy Allowance: Older adults

	All older adults			Lowest income: ≤ 130% poverty			Low-income: 131-185% poverty			Higher-income: > 185% poverty		
	Sample size	Mean percent of REA	Standard error	Sample size	Mean percent of REA	Standard error	Sample size	Mean percent of REA	Standard error	Sample size	Mean percent of REA	Standard error
Both sexes												
60-64 years	1,154	87.2	1.03	358	72.2	1.93	135	—	—	555	***90.6	1.36
65-69 years	1,054	87.5	1.12	325	80.5	3.06	128	82.6	3.37	503	**89.3	1.06
70-74 years	1,019	82.3	0.79	290	71.6	1.73	160	**80.0	2.22	485	***86.1	1.13
75-79 years	659	76.5	0.80	212	70.3	1.37	117	73.9	1.94	257	***81.7	1.28
80 + years	1,153	75.4	0.94	369	71.2	1.79	196	*75.7	1.39	443	***79.1	1.44
Total, age adjusted ...	5,039	82.3	0.42	1,554	73.1	0.94	736	***79.0	1.26	2,243	***85.7	0.45
Male												
60-64 years	575	95.4	1.54	168	79.5	3.00	67	*92.5	4.21	294	***97.5	1.96
65-69 years	536	90.8	1.44	144	80.1	4.58	63	84.5	3.47	283	**93.4	1.40
70-74 years	500	87.8	1.40	128	73.9	2.80	77	**86.1	2.99	260	***91.3	1.79
75-79 years	283	79.4	1.70	87	70.2	5.96	49	75.6	4.90	118	*86.2	2.24
80 + years	557	78.7	1.33	148	71.6	1.62	98	76.7	2.63	252	***83.1	1.63
Total, age adjusted ...	2,451	87.3	0.65	675	75.1	1.11	354	***83.7	1.58	1,207	***90.7	0.66
Female												
60-64 years	579	79.6	1.18	190	67.1	2.58	68	—	—	261	***83.4	1.52
65-69 years	518	83.7	1.31	181	81.3	3.09	65	80.9	4.68	220	84.0	1.26
70-74 years	519	77.0	0.90	162	70.1	1.87	83	74.5	2.37	225	***79.9	1.34
75-79 years	376	74.5	0.78	125	71.1	1.77	68	72.5	2.08	139	**77.6	1.64
80 + years	596	73.2	0.92	221	71.1	2.21	98	74.8	1.39	191	75.7	1.56
Total, age adjusted ...	2,588	77.7	0.47	879	72.0	1.28	382	75.3	1.43	1,036	***80.2	0.57

Notes: Significant differences in means and proportions are noted by * (.05 level), ** (.01 level), or *** (.001 level). Differences are tested in comparison to lowest income group (Income ≤ 130% poverty).
 — Estimate of usual intake could not be obtained for the gender-age group cell. The cell was pooled with a neighboring age group to determine its contribution to the 'Total, age-adjusted' row.

Source: NHANES-III, 1988-94 Exam file, 24-hour dietary recall. Data reflect nutrient intake from foods. Does not include the contribution of vitamin and mineral supplements. Usual intake was estimated using *C-SIDE: Software for Intake Distribution Estimation*, accounting for within-person variance as estimated from the *Continuing Survey of Food Intakes by Individuals (CSFII)*.
 'All older adults' includes persons with missing income.

Table D-12—Distribution of usual food energy intake in kilocalories: Older adults

Male

	1989 REA ¹ (kcal)	Percentiles									Standard errors of percentiles								
		5th	10th	15th	25th	50th	75th	85th	90th	95th	5th	10th	15th	25th	50th	75th	85th	90th	95th
All older adults																			
60-64 years	2,300	1,293	1,455	1,572	1,756	2,138	2,571	2,827	3,009	3,294	29.20	27.90	27.50	28.00	33.40	43.20	51.10	58.80	76.40
65-69 years	2,300	1,289	1,437	1,543	1,708	2,044	2,421	2,640	2,796	3,037	24.50	25.70	26.60	28.20	33.30	40.90	46.20	50.90	60.10
70-74 years	2,300	1,202	1,350	1,456	1,623	1,968	2,360	2,591	2,756	3,012	23.10	24.80	26.40	28.80	33.10	39.00	42.90	46.10	52.70
75-79 years	2,300	1,126	1,235	1,315	1,445	1,743	2,120	2,354	2,527	2,806	21.90	23.90	26.50	32.00	42.10	47.30	53.00	58.90	71.10
80 + years	2,300	1,066	1,197	1,292	1,442	1,757	2,120	2,336	2,492	2,737	20.70	22.00	23.50	26.40	32.20	36.60	39.40	42.10	47.40
Total, age adjusted ...	na	1,188	1,331	1,436	1,601	1,947	2,350	2,591	2,764	3,038	11.30	11.90	12.30	12.80	14.80	18.00	20.50	23.00	29.40
Lowest income: ≤ 130% poverty																			
60-64 years	2,300	1,078	1,213	1,310	1,463	1,779	2,140	2,353	2,506	2,743	60.60	61.20	61.30	61.90	68.00	85.20	99.40	110.00	125.00
65-69 years	2,300	951	1,090	1,194	1,363	1,739	2,207	2,503	2,723	3,082	51.60	57.60	62.60	72.40	99.00	137.00	166.00	191.00	232.00
70-74 years	2,300	993	1,110	1,195	1,331	1,640	2,030	2,252	2,397	2,592	42.60	39.80	41.20	47.70	69.80	95.80	101.00	98.60	91.00
75-79 years	2,300	1,037	1,132	1,203	1,318	1,567	1,861	2,036	2,161	2,356	42.00	47.10	51.90	62.70	104.00	174.00	237.00	296.00	414.00
80 + years	2,300	892	1,013	1,102	1,248	1,566	1,958	2,203	2,385	2,679	24.90	27.40	29.80	33.30	38.60	48.00	56.50	64.00	79.40
Total, age adjusted ...	na	958	1,084	1,177	1,328	1,657	2,051	2,289	2,462	2,737	20.70	19.90	19.30	18.80	21.40	34.30	45.50	54.60	71.10
Low-income: 131-185% poverty																			
60-64 years	2,300	1,225	1,382	1,496	1,677	2,060	2,503	2,769	2,961	3,265	63.50	63.20	66.20	74.60	94.70	132.00	165.00	194.00	248.00
65-69 years	2,300	1,211	1,333	1,423	1,567	1,875	2,244	2,472	2,638	2,906	72.90	69.80	66.90	63.70	71.70	102.00	129.00	152.00	194.00
70-74 years	2,300	1,217	1,383	1,496	1,663	1,977	2,294	2,466	2,583	2,757	71.60	71.80	70.50	67.80	67.10	75.80	83.90	91.70	110.00
75-79 years	2,300	1,055	1,145	1,214	1,330	1,611	2,007	2,280	2,493	2,856	41.20	37.40	41.40	53.60	89.20	153.00	218.00	277.00	384.00
80 + years	2,300	956	1,099	1,203	1,367	1,709	2,101	2,333	2,498	2,757	42.90	44.60	46.90	51.80	63.10	74.10	79.90	84.30	91.80
Total, age adjusted ...	na	1,121	1,261	1,362	1,523	1,863	2,259	2,498	2,670	2,942	23.00	25.20	26.70	28.30	34.80	48.90	57.80	64.70	79.10
Higher-income: > 185% poverty																			
60-64 years	2,300	1,395	1,552	1,664	1,839	2,196	2,595	2,827	2,991	3,247	37.50	35.10	34.70	35.70	42.10	54.20	64.10	73.10	91.30
65-69 years	2,300	1,405	1,544	1,644	1,798	2,110	2,457	2,658	2,800	3,019	27.30	27.10	27.60	29.20	33.60	38.90	42.40	45.40	51.40
70-74 years	2,300	1,316	1,453	1,552	1,709	2,040	2,426	2,658	2,826	3,093	30.30	32.00	33.90	37.10	44.10	52.10	55.00	56.90	64.20
75-79 years	2,300	1,296	1,410	1,493	1,627	1,916	2,264	2,480	2,639	2,897	36.10	38.20	39.80	42.60	50.40	63.00	72.80	81.00	96.20
80 + years	2,300	1,270	1,385	1,468	1,598	1,868	2,178	2,363	2,496	2,705	27.30	30.00	32.20	35.50	41.00	44.00	45.30	46.60	49.90
Total, age adjusted ...	na	1,317	1,454	1,552	1,708	2,033	2,407	2,630	2,791	3,044	13.80	13.80	13.90	14.30	15.60	18.30	20.90	23.30	28.20

Notes: Significant differences in means and proportions are noted by > (.05 level), >> (.01 level), or >>> (.001 level). Differences are tested in comparison to lowest income group (Income ≤ 130% poverty). The Bonferroni adjustment was used to adjust levels of significant and control for multiplicity in the number of tests.

¹ New recommendations for energy intake have recently been established (IOM, 2002b). They are not shown here because estimation of energy requirements is based on body weight and physical activity level as well as age and gender.

Source: NHANES-III, 1988-94 Exam file, 24-hour dietary recall. Data reflect nutrient intake from foods. Does not include the contribution of vitamin and mineral supplements. Usual intake was estimated using C-SIDE: Software for Intake Distribution Estimation, accounting for within-person variance as estimated from the Continuing Survey of Food Intakes by Individuals (CSFII).

²All older adults' includes persons with missing income.

Table D-12—Distribution of usual food energy intake in kilocalories: Older adults
— Continued

Female

	1989 REA ¹ (kcal)	Percentiles									Standard errors of percentiles								
		5th	10th	15th	25th	50th	75th	85th	90th	95th	5th	10th	15th	25th	50th	75th	85th	90th	95th
All older adults																			
60-64 years	1,900	882	1,007	1,095	1,229	1,488	1,764	1,925	2,040	2,227	27.90	24.80	23.00	20.90	20.30	24.40	29.50	35.00	47.10
65-69 years	1,900	949	1,064	1,144	1,270	1,529	1,840	2,038	2,189	2,440	19.40	20.20	20.80	21.60	24.40	30.50	37.00	43.50	57.20
70-74 years	1,900	930	1,034	1,108	1,221	1,444	1,684	1,819	1,913	2,057	16.40	16.10	16.00	16.20	17.40	20.50	23.00	25.10	29.20
75-79 years	1,900	814	927	1,007	1,132	1,385	1,666	1,828	1,943	2,119	24.90	21.00	18.20	15.20	15.60	21.40	25.00	27.50	34.50
80 + years	1,900	860	957	1,027	1,136	1,360	1,612	1,760	1,866	2,030	15.50	15.70	15.90	16.00	17.10	20.90	23.60	25.90	31.10
Total, age adjusted ...	na	886	999	1,078	1,199	1,441	1,711	1,875	1,996	2,193	10.90	9.80	9.26	8.67	8.36	9.17	10.60	12.50	17.40
Lowest income: ≤ 130% poverty																			
60-64 years	1,900	696	806	884	1,006	1,251	1,518	1,671	1,777	1,940	49.90	51.40	51.90	51.80	51.70	53.50	54.80	55.70	57.20
65-69 years	1,900	835	950	1,034	1,172	1,474	1,832	2,050	2,212	2,487	45.40	50.70	54.40	58.30	62.90	71.40	78.00	88.30	113.00
70-74 years	1,900	873	962	1,025	1,121	1,314	1,524	1,644	1,727	1,856	26.50	27.50	28.60	30.60	35.70	44.20	50.80	56.20	65.80
75-79 years	1,900	794	899	969	1,078	1,309	1,579	1,739	1,856	2,049	38.40	30.20	27.60	28.50	33.90	42.00	50.10	58.20	74.70
80 + years	1,900	805	903	972	1,081	1,306	1,570	1,732	1,852	2,044	28.50	29.40	30.60	33.40	40.70	49.90	56.80	63.00	76.40
Total, age adjusted ...	na	782	888	963	1,080	1,324	1,605	1,774	1,898	2,103	23.60	22.60	22.30	22.30	23.70	27.70	31.00	34.40	42.90
Low-income: 131-185% poverty																			
60-64 years	1,900	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—
65-69 years	1,900	764	896	982	1,104	1,373	1,807	2,135	2,397	2,845	73.10	63.40	55.60	47.50	71.30	154.00	205.00	228.00	228.00
70-74 years	1,900	806	930	1,014	1,140	1,382	1,652	1,818	1,941	2,140	61.50	55.70	51.20	45.30	43.30	57.60	76.90	92.10	111.00
75-79 years	1,900	764	866	940	1,061	1,321	1,632	1,823	1,963	2,187	41.20	39.80	38.50	36.10	39.50	53.40	63.60	71.60	87.00
80 + years	1,900	894	988	1,055	1,162	1,384	1,639	1,791	1,900	2,072	29.30	27.10	25.80	23.80	23.40	36.60	45.70	53.00	64.00
Total, age adjusted ...	na	782	896	977	1,103	1,358	1,672	1,885	2,051	2,329	24.30	22.60	21.10	19.20	22.40	39.00	52.40	61.90	75.00
Higher-income: > 185% poverty																			
60-64 years	1,900	***957	***1,085	***1,173	***1,307	***1,561	***1,830	***1,988	***2,105	***2,297	30.90	28.20	26.90	25.50	25.70	31.90	40.80	49.80	67.90
65-69 years	1,900	***1,074	***1,171	***1,238	***1,343	***1,556	***1,804	***1,956	***2,069	***2,252	19.10	19.40	19.40	19.40	22.20	33.20	42.30	49.70	63.20
70-74 years	1,900	***1,039	***1,134	***1,201	***1,303	***1,504	***1,717	***1,837	***1,920	***2,047	27.60	26.80	26.40	25.80	25.30	26.30	27.70	29.10	31.80
75-79 years	1,900	906	1,014	1,091	1,210	1,449	1,711	1,863	1,969	2,132	29.10	27.70	27.20	27.10	29.90	37.30	44.20	50.30	61.60
80 + years	1,900	920	1,017	1,085	1,193	1,411	1,655	1,797	1,897	2,053	20.90	22.80	23.90	25.50	28.90	35.50	40.90	45.30	52.50
Total, age adjusted ...	na	***978	***1,085	***1,159	***1,273	***1,498	***1,742	***1,886	1,991	2,158	11.60	10.70	10.30	9.89	9.88	12.20	15.50	18.70	25.00

Notes: Significant differences in means and proportions are noted by > (.05 level), >> (.01 level), or >>> (.001 level). Differences are tested in comparison to lowest income group (Income ≤ 130% poverty). The Bonferroni adjustment was used to adjust levels of significant and control for multiplicity in the number of tests.

¹ New recommendations for energy intake have recently been established (IOM, 2002b). They are not shown here because estimation of energy requirements is based on body weight and physical activity level as well as age and gender.

— Estimate of usual intake could not be obtained for the gender-age group cell. The cell was pooled with a neighboring age group to determine its contribution to the 'Total, age-adjusted' row.

Source: NHANES-III, 1988-94 Exam file, 24-hour dietary recall. Data reflect nutrient intake from foods. Does not include the contribution of vitamin and mineral supplements. Usual intake was estimated using C-SIDE: Software for Intake Distribution Estimation, accounting for within-person variance as estimated from the *Continuing Survey of Food Intakes by Individuals (CSFII)*.

'All older adults' includes persons with missing income.

Table D-12—Distribution of usual food energy intake in kilocalories: Older adults
— Continued

Both sexes

	1989 REA ¹ (kcal)	Percentiles									Standard errors of percentiles								
		5th	10th	15th	25th	50th	75th	85th	90th	95th	5th	10th	15th	25th	50th	75th	85th	90th	95th
All older adults																			
60-64 years	na	945	1,101	1,212	1,384	1,738	2,153	2,410	2,601	2,911	22.80	19.80	18.40	17.30	18.80	26.60	34.30	41.70	56.90
65-69 years	na	1,021	1,162	1,264	1,425	1,761	2,159	2,404	2,585	2,878	16.70	17.40	18.00	19.10	22.50	29.50	35.20	39.90	48.20
70-74 years	na	970	1,100	1,194	1,342	1,650	2,009	2,227	2,387	2,642	13.50	13.30	13.30	13.70	16.90	22.30	26.40	29.70	35.30
75-79 years	na	904	1,022	1,104	1,231	1,506	1,841	2,051	2,207	2,464	16.60	13.60	12.60	12.80	15.40	20.40	25.80	30.80	40.40
80 + years	na	875	989	1,072	1,205	1,486	1,814	2,012	2,155	2,381	14.40	15.30	15.80	16.50	18.70	23.80	27.10	29.50	34.20
Total, age adjusted ...	na	941	1,076	1,172	1,321	1,635	2,011	2,246	2,420	2,703	9.16	8.30	7.93	7.74	8.22	10.30	12.60	14.80	19.20
Lowest income: ≤ 130% poverty																			
60-64 years	na	790	910	998	1,138	1,431	1,770	1,972	2,117	2,345	38.00	37.70	37.10	36.30	38.50	47.00	52.60	57.50	67.40
65-69 years	na	810	936	1,031	1,192	1,561	1,996	2,257	2,459	2,808	38.10	42.70	46.50	52.40	61.80	74.30	90.90	108.00	143.00
70-74 years	na	830	939	1,018	1,144	1,409	1,716	1,900	2,033	2,242	27.50	27.00	26.80	27.50	33.60	47.00	57.50	64.60	73.10
75-79 years	na	864	964	1,033	1,142	1,377	1,652	1,814	1,930	2,115	25.70	21.80	21.30	22.90	27.10	35.50	43.20	49.60	61.60
80 + years	na	776	886	965	1,090	1,360	1,695	1,906	2,061	2,308	26.50	26.00	26.40	28.40	34.90	43.40	49.90	55.40	65.10
Total, age adjusted ...	na	802	919	1,003	1,136	1,421	1,763	1,975	2,132	2,391	18.80	17.30	16.70	16.40	18.10	22.40	26.70	31.00	41.00
Low-income: 131-185% poverty																			
60-64 years	na	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—
65-69 years	na	904	1,038	1,129	1,271	1,589	2,040	2,349	2,584	2,967	47.60	42.20	40.30	43.20	67.50	109.00	130.00	142.00	158.00
70-74 years	na	890	1,031	1,132	1,290	1,612	1,970	2,177	2,323	2,548	42.30	39.70	39.50	41.70	52.30	63.40	66.80	68.50	72.90
75-79 years	na	835	953	1,037	1,169	1,444	1,787	2,014	2,190	2,486	43.60	37.70	32.40	26.80	37.00	58.40	73.40	83.10	96.70
80 + years	na	877	988	1,069	1,200	1,483	1,823	2,033	2,187	2,433	29.40	28.70	27.30	25.00	26.80	35.90	43.40	49.90	60.70
Total, age adjusted ...	na	859	988	1,081	1,227	1,542	1,937	2,190	2,379	2,690	21.70	20.20	19.30	18.90	24.20	36.40	43.60	48.60	56.10
Higher-income: > 185% poverty																			
60-64 years	na	1,030	1,191	1,303	1,476	1,826	2,230	2,480	2,666	2,969	25.20	23.10	22.40	22.30	25.50	35.80	46.00	55.30	73.30
65-69 years	na	1,143	1,274	1,369	1,519	1,832	2,193	2,408	2,563	2,807	18.50	18.00	17.80	18.00	21.70	28.20	33.10	37.20	44.80
70-74 years	na	1,070	1,197	1,289	1,437	1,748	2,112	2,332	2,491	2,744	21.90	20.60	20.00	19.70	22.90	30.10	35.50	39.60	46.50
75-79 years	na	1,024	1,142	1,227	1,358	1,632	1,958	2,162	2,315	2,565	24.60	24.00	24.00	24.30	26.20	33.50	40.20	46.00	57.10
80 + years	na	997	1,111	1,193	1,323	1,592	1,901	2,084	2,216	2,422	20.20	22.00	23.30	25.40	30.80	37.40	40.70	42.90	46.50
Total, age adjusted ...	na	1,042	1,177	1,273	1,423	1,733	2,096	2,318	2,482	2,747	10.30	9.24	8.67	8.13	8.49	12.40	16.60	20.10	25.80

Notes: Significant differences in means and proportions are noted by > (.05 level), >> (.01 level), or >>> (.001 level). Differences are tested in comparison to lowest income group (Income ≤ 130% poverty).

The Bonferroni adjustment was used to adjust levels of significant and control for multiplicity in the number of tests.

¹ New recommendations for energy intake have recently been established (IOM, 2002b). They are not shown here because estimation of energy requirements is based on body weight and physical activity level as well as age and gender.

— Estimate of usual intake could not be obtained for the gender-age group cell. The cell was pooled with a neighboring age group to determine its contribution to the 'Total, age-adjusted' row.

Source: NHANES-III, 1988-94 Exam file, 24-hour dietary recall. Data reflect nutrient intake from foods. Does not include the contribution of vitamin and mineral supplements. Usual intake was estimated using C-SIDE: Software for Intake Distribution Estimation, accounting for within-person variance as estimated from the *Continuing Survey of Food Intakes by Individuals (CSFII)*.

'All older adults' includes persons with missing income.

Table D-13—Mean usual intake of Vitamin C in milligrams: Older adults

	All older adults			Lowest income: ≤ 130% poverty			Low-income: 131-185% poverty			Higher-income: > 185% poverty		
	Sample size	Mean	Standard error	Sample size	Mean	Standard error	Sample size	Mean	Standard error	Sample size	Mean	Standard error
Both sexes												
60-64 years	1,154	106	4.2	358	76	4.9	135	79	6.5	555	***116	5.8
65-69 years	1,054	116	2.8	325	110	5.7	128	93	6.1	503	119	2.8
70-74 years	1,019	107	2.4	290	104	6.9	160	96	5.4	485	110	3.4
75-79 years	659	101	1.8	212	89	4.6	117	102	7.0	257	***109	3.7
80 + years	1,153	107	2.0	369	100	4.4	196	103	3.7	443	**117	3.5
Total, age adjusted ...	5,039	108	1.1	1,554	96	2.3	736	93	3.0	2,243	***114	1.7
Male												
60-64 years	575	98	4.3	168	76	5.2	67	82	17.2	294	***102	5.5
65-69 years	536	120	3.7	144	85	6.5	63	—	—	283	***126	4.6
70-74 years	500	113	4.8	128	111	17.9	77	92	7.7	260	117	5.8
75-79 years	283	96	4.0	87	—	—	49	100	10.6	118	95	4.4
80 + years	557	104	3.0	148	91	5.8	98	93	5.4	252	***116	3.9
Total, age adjusted ...	2,451	107	1.8	675	91	4.4	354	90	4.1	1,207	***112	2.2
Female												
60-64 years	579	113	5.8	190	77	6.0	68	80	6.8	261	***127	8.9
65-69 years	518	112	3.9	181	126	6.7	65	**93	8.3	220	110	4.3
70-74 years	519	103	2.4	162	103	6.1	83	100	6.0	225	103	3.9
75-79 years	376	104	3.0	125	87	5.8	68	—	—	139	***119	5.9
80 + years	596	109	2.4	221	103	5.2	98	110	5.2	191	*118	4.8
Total, age adjusted ...	2,588	108	1.5	879	99	2.9	382	96	3.6	1,036	***116	2.6

Notes: Significant differences in means and proportions are noted by * (.05 level), ** (.01 level), or *** (.001 level). Differences are tested in comparison to lowest income group (Income ≤ 130% poverty).
 — Estimate of usual intake could not be obtained for the gender-age group cell. The cell was pooled with a neighboring age group to determine its contribution to the 'Total, age-adjusted' row.

Source: NHANES-III, 1988-94 Exam file, 24-hour dietary recall. Data reflect nutrient intake from foods. Does not include the contribution of vitamin and mineral supplements. Usual intake was estimated using *C-SIDE: Software for Intake Distribution Estimation*, accounting for within-person variance as estimated from the *Continuing Survey of Food Intakes by Individuals (CSFII)*.
 'All older adults' includes persons with missing income.

Table D-14—Percent of older adults with adequate usual intake of Vitamin C¹

	All older adults			Lowest income: ≤ 130% poverty			Low-income: 131-185% poverty			Higher-income: > 185% poverty		
	Sample size	Percent	Standard error	Sample size	Percent	Standard error	Sample size	Percent	Standard error	Sample size	Percent	Standard error
Both sexes												
60-64 years	1,154	69.7	1.52	358	55.2	4.48	135	57.3	6.54	555	>>>74.2	1.89
65-69 years	1,054	75.0	1.12	325	71.2	2.48	128	—	—	503	>>78.8	1.42
70-74 years	1,019	72.2	1.20	290	63.0	2.88	160	>73.1	3.43	485	>>>75.8	1.68
75-79 years	659	68.3	1.46	212	—	—	117	—	—	257	73.0	2.17
80 + years	1,153	78.7	1.04	369	78.6	2.23	196	73.3	2.55	443	81.8	1.42
Total, age adjusted ...	5,039	72.4	0.60	1,554	66.2	1.43	736	65.8	1.91	2,243	>>>76.2	0.76
Male												
60-64 years	575	59.1	2.73	168	42.8	5.56	67	52.8	14.10	294	>>61.6	3.41
65-69 years	536	69.6	1.62	144	48.1	4.54	63	—	—	283	>>>76.8	2.05
70-74 years	500	62.9	2.01	128	52.1	7.01	77	61.0	6.51	260	>68.0	2.66
75-79 years	283	55.9	2.42	87	—	—	49	54.3	5.95	118	59.6	3.49
80 + years	557	65.9	2.01	148	57.8	4.23	98	64.5	5.27	252	>>71.7	2.45
Total, age adjusted ...	2,451	63.2	1.10	675	49.7	2.30	354	56.2	3.52	1,207	>>>67.9	1.30
Female												
60-64 years	579	77.8	1.69	190	62.7	6.35	68	60.0	6.05	261	>>>85.2	1.92
65-69 years	518	80.1	1.56	181	84.9	2.90	65	73.3	5.71	220	80.9	1.96
70-74 years	519	79.4	1.44	162	68.4	2.55	83	>>81.5	3.64	225	>>>83.3	2.08
75-79 years	376	76.0	1.82	125	68.3	4.24	68	—	—	139	>>82.8	2.75
80 + years	596	85.5	1.17	221	86.2	2.63	98	>78.3	2.66	191	89.0	1.70
Total, age adjusted ...	2,588	79.3	0.64	879	74.4	1.81	382	72.3	2.14	1,036	>>>83.8	0.83

Notes: Significant differences in means and proportions are noted by > (.05 level), >> (.01 level), or >>> (.001 level). Differences are tested in comparison to lowest income group (Income ≤ 130% poverty).

¹ Estimated Average Requirements (EARs) were used to assess the adequacy of intake in groups, using the EAR cut-point method described in IOM, *Dietary Reference Intakes: Applications in Dietary Assessment*, Chapter 4. EARs are defined separately for gender and age groups as listed in appendix B.

— Estimate of usual intake could not be obtained for the gender-age group cell. The cell was pooled with a neighboring age group to determine its contribution to the 'Total, age-adjusted' row.

Source: NHANES-III, 1988-94 Exam file, 24-hour dietary recall. Data reflect nutrient intake from foods. Does not include the contribution of vitamin and mineral supplements. Usual intake was estimated using *C-SIDE: Software for Intake Distribution Estimation*, accounting for within-person variance as estimated from the *Continuing Survey of Food Intakes by Individuals (CSFII)*.

'All older adults' includes persons with missing income.

Table D-15—Distribution of usual Vitamin C intake in milligrams: Older adults

Male

	EAR (mg/dy)	Percentiles									Standard errors of percentiles								
		5th	10th	15th	25th	50th	75th	85th	90th	95th	5th	10th	15th	25th	50th	75th	85th	90th	95th
All older adults																			
60-64 years	75	28	37	44	56	86	126	153	173	206	1.35	1.69	1.98	2.52	3.95	5.85	7.07	8.02	9.68
65-69 years	75	29	41	50	67	106	159	193	219	261	1.58	1.88	2.12	2.39	3.07	4.77	6.29	7.58	10.60
70-74 years	75	23	34	42	57	95	148	185	214	264	1.55	1.86	2.10	2.53	3.76	6.27	8.89	11.30	15.70
75-79 years	75	21	30	38	51	83	127	155	177	213	1.38	1.69	1.92	2.37	3.68	5.62	6.81	7.79	9.86
80 + years	75	32	42	50	64	95	134	158	176	206	1.84	2.00	2.12	2.31	2.80	3.71	4.48	5.16	6.57
Total, age adjusted ...	na	27	37	45	59	93	139	169	192	230	0.71	0.87	1.01	1.24	1.77	2.30	2.90	3.45	4.55
Lowest income: ≤ 130% poverty																			
60-64 years	75	26	33	39	48	68	96	114	128	152	1.91	2.40	2.73	3.35	4.98	7.25	8.57	9.43	10.70
65-69 years	75	12	19	25	37	72	119	145	164	198	2.28	3.01	3.62	4.73	7.21	8.67	10.30	12.60	17.70
70-74 years	75	13	20	27	40	79	145	196	239	318	2.54	3.20	3.75	5.40	13.40	24.50	34.70	44.10	60.30
75-79 years	75	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—
80 + years	75	32	41	47	58	83	115	136	152	177	2.24	2.66	2.97	3.51	4.87	7.25	9.28	11.10	14.60
Total, age adjusted ...	na	20	28	34	45	75	119	149	174	218	1.08	1.33	1.55	1.95	3.02	5.79	8.13	10.10	14.40
Low-income: 131-185% poverty																			
60-64 years	75	37	44	50	58	77	101	115	126	143	5.70	6.72	7.51	8.92	13.20	21.80	29.30	35.90	48.80
65-69 years	75	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—
70-74 years	75	***34	***43	**50	61	86	117	135	149	170	4.08	4.66	5.11	5.83	7.54	9.74	11.30	12.50	14.70
75-79 years	75	14	23	30	45	82	136	173	201	248	3.53	4.58	5.39	6.85	10.80	16.60	19.70	21.30	23.40
80 + years	75	40	48	55	65	88	115	132	143	162	3.43	3.70	3.92	4.28	5.10	6.64	7.83	8.74	10.20
Total, age adjusted ...	na	***28	**37	**44	>55	82	115	137	152	178	1.64	2.07	2.39	2.91	3.98	5.34	6.26	6.97	8.19
Higher-income: > 185% poverty																			
60-64 years	75	29	38	46	59	>90	**132	**160	***181	***217	2.08	2.49	2.85	3.54	5.23	7.12	8.45	9.65	12.10
65-69 years	75	***40	***52	***62	***78	***115	***163	**193	**215	252	2.00	2.41	2.72	3.20	4.45	6.31	7.35	8.01	9.13
70-74 years	75	***28	***39	***48	**64	103	155	189	214	255	2.37	2.79	3.12	3.72	5.18	7.65	9.92	12.00	15.90
75-79 years	75	27	37	44	57	86	124	148	165	194	2.26	2.77	3.11	3.59	4.77	6.32	6.77	6.93	7.69
80 + years	75	33	45	54	70	**106	***152	***180	**201	**235	2.62	2.92	3.11	3.41	4.05	4.94	5.77	6.63	8.47
Total, age adjusted ...	na	***31	***42	***51	***65	***100	***146	>175	197	234	1.14	1.34	1.48	1.68	2.16	2.88	3.40	3.85	4.76

Notes: Significant differences in means and proportions are noted by > (.05 level), ** (.01 level), or *** (.001 level). Differences are tested in comparison to lowest income group (Income ≤ 130% poverty).

The Bonferroni adjustment was used to adjust levels of significant and control for multiplicity in the number of tests.

— Estimate of usual intake could not be obtained for the gender-age group cell. The cell was pooled with a neighboring age group to determine its contribution to the 'Total, age-adjusted' row.

na EAR is specified for particular gender-age groups, but is not applicable to pooled data.

Source: NHANES-III, 1988-94 Exam file, 24-hour dietary recall. Data reflect nutrient intake from foods. Does not include the contribution of vitamin and mineral supplements. Usual intake was estimated using C-SIDE: Software for Intake Distribution Estimation, accounting for within-person variance as estimated from the Continuing Survey of Food Intakes by Individuals (CSFII).

'All older adults' includes persons with missing income.

Table D-15—Distribution of usual Vitamin C intake in milligrams: Older adults
— Continued

Female																			
	EAR (mg/dy)	Percentiles									Standard errors of percentiles								
		5th	10th	15th	25th	50th	75th	85th	90th	95th	5th	10th	15th	25th	50th	75th	85th	90th	95th
All older adults																			
60-64 years	60	32	42	50	64	97	144	176	202	249	1.55	1.79	1.99	2.38	3.52	6.19	9.36	12.80	20.90
65-69 years	60	33	44	52	67	101	144	171	191	226	1.70	1.95	2.15	2.51	3.40	4.86	6.18	7.60	10.80
70-74 years	60	34	45	52	66	95	131	154	170	196	1.54	1.73	1.82	1.91	2.19	3.00	3.70	4.31	5.59
75-79 years	60	31	41	48	61	93	135	162	182	215	1.65	1.84	2.00	2.26	2.77	3.59	4.65	5.82	8.30
80 + years	60	43	53	61	74	102	137	159	175	200	1.38	1.56	1.71	1.95	2.49	3.12	3.51	3.83	4.46
Total, age adjusted ...	na	33	44	52	66	97	138	164	185	219	0.68	0.74	0.79	0.90	1.21	1.78	2.35	3.03	4.87
Lowest income: ≤ 130% poverty																			
60-64 years	60	28	35	41	50	71	97	114	126	145	2.95	3.52	3.94	4.62	6.05	7.62	8.47	9.06	9.99
65-69 years	60	37	50	60	77	116	164	193	215	250	3.91	4.67	5.15	5.85	7.12	8.54	9.88	11.20	13.80
70-74 years	60	21	30	38	51	86	136	171	199	245	1.73	2.12	2.43	3.00	4.65	7.76	10.80	13.90	20.40
75-79 years	60	27	35	42	53	79	113	134	150	175	2.65	2.92	3.13	3.66	5.35	7.27	8.75	10.30	13.80
80 + years	60	45	55	61	73	97	127	145	158	179	2.79	3.14	3.41	3.88	5.01	6.50	7.48	8.24	9.56
Total, age adjusted ...	na	29	39	46	59	90	129	154	172	201	1.38	1.64	1.83	2.13	2.82	3.66	4.26	4.77	5.80
Low-income: 131-185% poverty																			
60-64 years	60	20	27	34	45	71	106	128	145	172	2.94	3.75	4.41	5.47	7.66	10.20	11.20	11.30	11.40
65-69 years	60	27	37	45	58	88	124	144	157	176	4.40	5.00	5.58	6.79	9.61	11.00	11.00	10.90	11.30
70-74 years	60	» 37	» 47	» 55	» 68	96	126	143	156	» 175	3.78	4.44	4.77	5.16	5.99	7.42	8.76	9.86	11.60
75-79 years	60	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—
80 + years	60	» 31	» 42	50	65	99	143	171	192	» 226	2.97	3.38	3.65	4.05	4.90	6.58	8.39	10.10	13.60
Total, age adjusted ...	na	27	36	43	57	88	127	151	168	194	1.55	1.88	2.15	2.59	3.52	4.62	5.41	6.19	8.10
Higher-income: > 185% poverty																			
60-64 years	60	» 40	» 52	» 60	» 75	» 111	» 160	» 195	» 223	» 272	2.38	2.82	3.15	3.73	5.40	9.47	14.30	19.60	31.50
65-69 years	60	34	45	54	68	101	140	165	185	220	2.38	2.61	2.78	3.07	3.57	4.85	6.89	9.28	14.90
70-74 years	60	» 40	» 50	» 58	» 70	97	130	149	163	» 184	2.48	2.72	2.90	3.20	3.90	4.84	5.52	6.07	7.05
75-79 years	60	36	47	56	» 72	» 108	» 154	» 183	» 205	» 241	3.14	3.70	4.06	4.59	5.61	7.44	9.18	10.80	13.90
80 + years	60	47	58	67	81	112	148	170	186	211	2.42	2.92	3.26	3.80	4.90	6.10	6.79	7.34	8.48
Total, age adjusted ...	na	» 39	» 50	» 58	» 73	» 105	» 146	» 172	» 193	228	0.98	1.10	1.21	1.42	1.93	2.77	3.75	4.95	8.14

Notes: Significant differences in means and proportions are noted by » (.05 level), »» (.01 level), or »»» (.001 level). Differences are tested in comparison to lowest income group (Income ≤ 130% poverty).
The Bonferroni adjustment was used to adjust levels of significant and control for multiplicity in the number of tests.
— Estimate of usual intake could not be obtained for the gender-age group cell. The cell was pooled with a neighboring age group to determine its contribution to the 'Total, age-adjusted' row.
na EAR is specified for particular gender-age groups, but is not applicable to pooled data.

Source: NHANES-III, 1988-94 Exam file, 24-hour dietary recall. Data reflect nutrient intake from foods. Does not include the contribution of vitamin and mineral supplements. Usual intake was estimated using C-SIDE: Software for Intake Distribution Estimation, accounting for within-person variance as estimated from the Continuing Survey of Food Intakes by Individuals (CSFII).
*All older adults' includes persons with missing income.

Table D-15—Distribution of usual Vitamin C intake in milligrams: Older adults
— Continued

Both sexes

	EAR (mg/dy)	Percentiles									Standard errors of percentiles								
		5th	10th	15th	25th	50th	75th	85th	90th	95th	5th	10th	15th	25th	50th	75th	85th	90th	95th
All older adults																			
60-64 years	na	30	39	47	60	92	136	166	190	232	1.08	1.32	1.54	1.97	2.95	4.42	6.27	8.35	13.40
65-69 years	na	31	42	51	67	104	151	181	204	243	1.16	1.37	1.54	1.87	2.36	3.27	4.36	5.46	7.83
70-74 years	na	28	39	47	61	94	139	168	191	228	0.94	1.09	1.22	1.48	2.09	3.09	4.32	5.52	7.92
75-79 years	na	27	36	43	56	89	132	160	181	216	0.99	1.09	1.17	1.31	1.58	2.39	3.32	4.27	6.27
80 + years	na	36	47	55	69	99	137	161	178	207	1.14	1.30	1.42	1.62	2.07	2.62	2.95	3.20	3.69
Total, age adjusted ...	na	30	40	48	63	96	139	167	188	224	0.49	0.58	0.64	0.74	1.05	1.42	1.62	1.96	2.96
Lowest income: ≤ 130% poverty																			
60-64 years	na	26	33	39	48	70	98	115	128	149	2.08	2.51	2.82	3.35	4.71	6.48	7.43	8.04	8.87
65-69 years	na	23	33	42	58	99	149	179	201	237	2.26	2.94	3.52	4.50	5.98	7.40	9.08	10.60	13.20
70-74 years	na	19	27	35	48	84	138	177	207	258	1.54	1.92	2.20	2.67	4.59	9.25	13.30	16.90	23.90
75-79 years	na	23	31	38	50	77	115	141	161	197	1.91	2.12	2.28	2.63	3.89	6.15	8.27	10.30	14.50
80 + years	na	37	46	53	65	92	126	148	164	190	1.93	2.23	2.46	2.88	3.96	5.64	6.87	7.87	9.65
Total, age adjusted ...	na	24	33	41	53	84	126	153	174	210	0.74	0.91	1.06	1.33	2.05	2.97	3.76	4.53	6.11
Low-income: 131-185% poverty																			
60-64 years	na	23	31	37	47	71	103	123	139	164	2.89	3.56	4.05	4.82	6.50	8.66	9.87	10.60	11.80
65-69 years	na	24	34	41	54	84	122	146	163	190	2.53	3.03	3.44	4.17	6.07	8.49	9.91	11.00	13.20
70-74 years	na	***35	***45	**52	**65	92	123	141	*154	**174	3.07	3.55	3.88	4.43	5.62	6.76	7.43	7.91	8.61
75-79 years	na	23	32	40	53	87	134	166	190	231	2.03	2.61	3.18	4.24	6.52	9.36	11.90	14.40	20.10
80 + years	na	40	50	58	70	97	129	149	164	187	2.36	2.52	2.66	2.93	3.49	4.56	5.53	6.34	7.74
Total, age adjusted ...	na	28	37	44	57	85	121	144	161	188	1.34	1.65	1.88	2.25	3.01	3.84	4.34	4.76	5.57
Higher-income: > 185% poverty																			
60-64 years	na	*34	**44	**52	***66	***100	***146	***179	***205	***252	1.59	1.96	2.30	2.89	4.05	6.16	8.71	11.50	18.50
65-69 years	na	***37	***48	**57	*73	108	152	181	202	238	1.54	1.77	1.93	2.16	2.60	3.47	4.60	5.77	8.20
70-74 years	na	***31	***42	***51	***65	*100	144	171	191	223	1.64	1.81	1.93	2.18	2.97	4.57	5.95	7.14	9.36
75-79 years	na	*32	**42	**50	**65	***98	141	169	189	223	2.04	2.42	2.69	3.02	3.50	4.66	5.78	6.85	9.18
80 + years	na	38	50	59	74	*109	**151	**177	**196	*225	1.84	2.25	2.53	2.95	3.79	4.64	5.08	5.41	6.05
Total, age adjusted ...	na	***34	***45	***54	***68	***103	***145	***172	**194	231	0.72	0.86	0.96	1.08	1.45	1.87	2.60	3.24	4.78

Notes: Significant differences in means and proportions are noted by * (.05 level), ** (.01 level), or *** (.001 level). Differences are tested in comparison to lowest income group (Income ≤ 130% poverty).
The Bonferroni adjustment was used to adjust levels of significant and control for multiplicity in the number of tests.
na EAR is specified for particular gender-age groups, but is not applicable to pooled data.

Source: NHANES-III, 1988-94 Exam file, 24-hour dietary recall. Data reflect nutrient intake from foods. Does not include the contribution of vitamin and mineral supplements. Usual intake was estimated using C-SIDE: Software for Intake Distribution Estimation, accounting for within-person variance as estimated from the Continuing Survey of Food Intakes by Individuals (CSFII).
All older adults includes persons with missing income.

Table D-16—Mean usual intake of iron in milligrams: Older adults

	All older adults			Lowest income: ≤ 130% poverty			Low-income: 131-185% poverty			Higher-income: > 185% poverty		
	Sample size	Mean	Standard error	Sample size	Mean	Standard error	Sample size	Mean	Standard error	Sample size	Mean	Standard error
Both sexes												
60-64 years	1,154	14.7	0.33	358	11.3	0.42	135	12.6	0.64	555	***15.6	0.36
65-69 years	1,054	15.7	0.31	325	15.0	1.04	128	13.6	0.84	503	16.2	0.33
70-74 years	1,019	14.8	0.22	290	12.6	0.50	160	13.9	0.59	485	***15.8	0.33
75-79 years	659	13.7	0.24	212	11.5	0.33	117	***13.9	0.52	257	***14.8	0.43
80 + years	1,153	14.5	0.22	369	12.8	0.39	196	13.9	0.34	443	***15.9	0.35
Total, age adjusted ...	5,039	14.8	0.13	1,554	12.6	0.28	736	13.5	0.31	2,243	***15.7	0.16
Male												
60-64 years	575	17.7	0.54	168	12.6	0.52	67	14.0	0.85	294	***18.8	0.64
65-69 years	536	18.4	0.49	144	16.5	1.03	63	—	—	283	19.0	0.54
70-74 years	500	17.0	0.35	128	13.4	0.70	77	**16.7	1.08	260	***17.8	0.51
75-79 years	283	15.1	0.55	87	—	—	49	13.5	0.88	118	16.7	0.85
80 + years	557	17.3	0.41	148	14.6	0.76	98	16.5	0.80	252	***18.5	0.63
Total, age adjusted ...	2,451	17.3	0.21	675	14.1	0.26	354	14.8	0.42	1,207	***18.2	0.27
Female												
60-64 years	579	12.3	0.32	190	10.5	0.71	68	11.8	1.18	261	**12.8	0.32
65-69 years	518	13.3	0.41	181	14.1	1.30	65	13.7	1.53	220	13.1	0.45
70-74 years	519	13.1	0.25	162	12.2	0.61	83	11.8	0.52	225	13.9	0.37
75-79 years	376	12.8	0.31	125	10.8	0.41	68	—	—	139	***13.4	0.53
80 + years	596	12.9	0.25	221	12.2	0.46	98	12.3	0.42	191	**14.0	0.42
Total, age adjusted ...	2,588	12.9	0.17	879	11.9	0.36	382	12.6	0.33	1,036	***13.4	0.20

Notes: Significant differences in means and proportions are noted by > (.05 level), >> (.01 level), or >>> (.001 level). Differences are tested in comparison to lowest income group (Income ≤ 130% poverty).
 — Estimate of usual intake could not be obtained for the gender-age group cell. The cell was pooled with a neighboring age group to determine its contribution to the 'Total, age-adjusted' row.

Source: NHANES-III, 1988-94 Exam file, 24-hour dietary recall. Data reflect nutrient intake from foods. Does not include the contribution of vitamin and mineral supplements. Usual intake was estimated using *C-SIDE: Software for Intake Distribution Estimation*, accounting for within-person variance as estimated from the *Continuing Survey of Food Intakes by Individuals (CSFII)*.
 'All older adults' includes persons with missing income.

Table D-17—Percent of older adults with adequate usual intake of iron¹

	All older adults			Lowest income: ≤ 130% poverty			Low-income: 131-185% poverty			Higher-income: > 185% poverty		
	Sample size	Percent	Standard error	Sample size	Percent	Standard error	Sample size	Percent	Standard error	Sample size	Percent	Standard error
Both sexes												
60-64 years	1,154	98.8	0.23	358	94.9	1.50	135	96.3	1.10	555	>> 99.6	0.14
65-69 years	1,054	99.4	0.10	325	96.8	0.71	128	—	—	503	>>> 99.9	0.06
70-74 years	1,019	99.0	0.14	290	96.2	0.66	160	>>> 98.9	0.39	485	>>> 99.8	0.07
75-79 years	659	98.3	0.19	212	—	—	117	—	—	257	>> 99.2	0.22
80 + years	1,153	98.8	0.15	369	96.7	0.64	196	>>> 99.2	0.22	443	>>> 99.4	0.11
Total, age adjusted ...	5,039	98.9	0.08	1,554	96.0	0.51	736	>>> 98.1	0.32	2,243	>>> 99.6	0.04
Male												
60-64 years	575	99.7	0.08	168	98.0	0.96	67	98.5	0.94	294	> 100.0	0.03
65-69 years	536	99.4	0.13	144	96.2	1.34	63	—	—	283	>> 99.8	0.11
70-74 years	500	99.2	0.19	128	96.2	1.35	77	98.9	0.52	260	>> 100.0	0.10
75-79 years	283	98.4	0.27	87	—	—	49	97.5	1.37	118	>> 99.7	0.14
80 + years	557	99.0	0.21	148	99.1	0.33	98	98.1	0.60	252	>> 99.5	0.18
Total, age adjusted ...	2,451	99.3	0.08	675	97.2	0.47	354	98.2	0.34	1,207	>>> 99.8	0.04
Female												
60-64 years	579	98.1	0.41	190	93.0	2.33	68	94.9	1.68	261	>> 99.2	0.27
65-69 years	518	99.3	0.14	181	97.1	0.80	65	98.3	1.03	220	>>> 100.0	0.06
70-74 years	519	99.0	0.19	162	96.2	0.74	83	>> 98.8	0.55	225	>>> 99.7	0.10
75-79 years	376	98.2	0.25	125	96.0	1.02	68	—	—	139	> 98.8	0.37
80 + years	596	98.7	0.20	221	95.8	0.87	98	>>> 99.8	0.10	191	>>> 99.4	0.15
Total, age adjusted ...	2,588	98.7	0.13	879	95.5	0.72	382	>> 98.0	0.48	1,036	>>> 99.5	0.07

Notes: Significant differences in means and proportions are noted by > (.05 level), >> (.01 level), or >>> (.001 level). Differences are tested in comparison to lowest income group (Income ≤ 130% poverty).

¹ Estimated Average Requirements (EARs) were used to assess the adequacy of intake in groups. The EAR cut-point method was used for all groups except women age 9-50; the probability approach was used for women of childbearing age because the distribution of nutrient requirements is not symmetrical. See IOM, *Dietary Reference Intakes: Applications in Dietary Assessment*, Chapter 4. EARs are defined separately for gender and age groups as listed in appendix B.

— Estimate of usual intake could not be obtained for the gender-age group cell. The cell was pooled with a neighboring age group to determine its contribution to the 'Total, age-adjusted' row.

Source: NHANES-III, 1988-94 Exam file, 24-hour dietary recall. Data reflect nutrient intake from foods. Does not include the contribution of vitamin and mineral supplements. Usual intake was estimated using *C-SIDE: Software for Intake Distribution Estimation*, accounting for within-person variance as estimated from the *Continuing Survey of Food Intakes by Individuals (CSFII)*.

'All older adults' includes persons with missing income.

Table D-18—Distribution of usual iron intake in milligrams: Older adults

Male																			
	EAR (mg/dy)	Percentiles									Standard errors of percentiles								
		5th	10th	15th	25th	50th	75th	85th	90th	95th	5th	10th	15th	25th	50th	75th	85th	90th	95th
All older adults																			
60-64 years	6.0	9.2	10.5	11.4	12.9	16.4	21.0	24.1	26.6	30.8	0.24	0.25	0.27	0.30	0.43	0.67	0.88	1.06	1.43
65-69 years	6.0	8.8	10.2	11.2	12.9	16.9	22.3	25.9	28.6	33.1	0.21	0.21	0.23	0.26	0.37	0.64	0.88	1.09	1.50
70-74 years	6.0	8.3	9.6	10.5	11.9	15.2	19.9	23.5	26.4	31.9	0.22	0.22	0.22	0.24	0.28	0.46	0.66	0.85	1.29
75-79 years	6.0	7.2	8.2	9.0	10.4	13.6	18.2	21.3	23.8	28.1	0.20	0.23	0.25	0.28	0.43	0.67	0.89	1.13	1.69
80 + years	6.0	7.8	9.0	9.9	11.5	15.4	21.0	24.9	28.0	33.2	0.20	0.22	0.24	0.28	0.37	0.52	0.66	0.79	1.08
Total, age adjusted ...	na	8.3	9.5	10.4	12.0	15.6	20.7	24.3	27.1	32.0	0.11	0.11	0.12	0.13	0.16	0.25	0.36	0.46	0.63
Lowest income: ≤ 130% poverty																			
60-64 years	6.0	6.9	7.9	8.6	9.7	12.2	15.0	16.6	17.8	19.9	0.38	0.40	0.40	0.41	0.49	0.68	0.88	1.07	1.37
65-69 years	6.0	6.5	7.8	8.9	10.7	15.0	20.6	24.2	27.0	31.5	0.46	0.53	0.60	0.72	0.98	1.38	1.70	1.94	2.34
70-74 years	6.0	6.4	7.5	8.2	9.4	12.0	15.4	18.0	20.2	24.8	0.45	0.39	0.38	0.40	0.45	0.71	1.16	1.69	2.93
75-79 years	6.0	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—
80 + years	6.0	7.5	8.3	9.0	10.1	12.8	17.0	20.1	22.7	27.5	0.28	0.31	0.33	0.37	0.52	0.89	1.25	1.60	2.34
Total, age adjusted ...	na	6.7	7.7	8.5	9.9	12.9	16.8	19.5	21.7	25.6	0.18	0.18	0.18	0.20	0.25	0.35	0.48	0.58	0.75
Low-income: 131-185% poverty																			
60-64 years	6.0	7.1	8.1	8.9	10.2	13.4	17.2	19.4	20.9	23.1	0.50	0.60	0.67	0.73	0.86	1.19	1.36	1.46	1.58
65-69 years	6.0	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—
70-74 years	6.0	8.2	9.6	10.6	12.2	15.5	19.9	23.1	25.6	29.6	0.66	0.70	0.72	0.76	0.98	1.50	1.86	2.08	2.27
75-79 years	6.0	6.8	7.8	8.6	9.9	12.7	16.3	18.6	20.3	23.1	0.60	0.58	0.58	0.61	0.78	1.14	1.41	1.61	1.95
80 + years	6.0	7.3	8.6	9.6	11.2	15.1	20.2	23.6	26.3	30.6	0.39	0.45	0.50	0.59	0.81	1.03	1.18	1.31	1.62
Total, age adjusted ...	na	7.2	8.3	9.1	10.4	13.5	17.9	20.8	23.0	26.6	0.20	0.22	0.25	0.28	0.38	0.58	0.73	0.84	1.00
Higher-income: > 185% poverty																			
60-64 years	6.0	10.6	11.8	12.7	14.2	17.6	22.1	25.0	27.2	31.0	0.33	0.35	0.38	0.42	0.56	0.78	0.96	1.12	1.43
65-69 years	6.0	9.9	11.2	12.2	13.9	17.8	22.8	26.1	28.5	32.2	0.28	0.28	0.29	0.33	0.47	0.70	0.88	1.03	1.30
70-74 years	6.0	9.2	10.3	11.1	12.5	16.0	21.0	24.6	27.5	32.4	0.22	0.23	0.24	0.26	0.34	0.65	0.97	1.29	1.97
75-79 years	6.0	7.9	8.9	9.6	10.9	14.3	19.8	23.9	27.3	33.5	0.23	0.27	0.30	0.37	0.60	1.10	1.57	1.99	2.79
80 + years	6.0	8.3	9.5	10.5	12.1	16.2	22.2	26.6	30.2	36.5	0.26	0.31	0.34	0.39	0.53	0.84	1.11	1.40	2.10
Total, age adjusted ...	na	9.3	10.5	11.4	12.9	16.6	21.7	25.2	28.0	32.7	0.11	0.12	0.13	0.15	0.21	0.34	0.47	0.59	0.82

Notes: Significant differences in means and proportions are noted by > (.05 level), >> (.01 level), or >>> (.001 level). Differences are tested in comparison to lowest income group (Income ≤ 130% poverty).

The Bonferroni adjustment was used to adjust levels of significant and control for multiplicity in the number of tests.

— Estimate of usual intake could not be obtained for the gender-age group cell. The cell was pooled with a neighboring age group to determine its contribution to the 'Total, age-adjusted' row.

na EAR is specified for particular gender-age groups, but is not applicable to pooled data.

Source: NHANES-III, 1988-94 Exam file, 24-hour dietary recall. Data reflect nutrient intake from foods. Does not include the contribution of vitamin and mineral supplements. Usual intake was estimated using C-SIDE: Software for Intake Distribution Estimation, accounting for within-person variance as estimated from the Continuing Survey of Food Intakes by Individuals (CSFII).

'All older adults' includes persons with missing income.

**Table D-18—Distribution of usual iron intake in milligrams: Older adults
— Continued**

		Female																	
	EAR (mg/dy)	Percentiles									Standard errors of percentiles								
		5th	10th	15th	25th	50th	75th	85th	90th	95th	5th	10th	15th	25th	50th	75th	85th	90th	95th
All older adults																			
60-64 years	5.0	6.0	7.0	7.7	8.8	11.3	14.7	17.2	19.1	22.4	0.20	0.20	0.20	0.21	0.28	0.44	0.57	0.67	0.82
65-69 years	5.0	6.7	7.6	8.3	9.4	12.0	15.6	18.2	20.4	24.2	0.14	0.16	0.17	0.20	0.28	0.53	0.74	0.93	1.32
70-74 years	5.0	6.5	7.4	8.2	9.4	12.2	15.8	18.2	20.0	23.0	0.16	0.15	0.15	0.15	0.23	0.36	0.44	0.52	0.67
75-79 years	5.0	6.0	6.8	7.5	8.7	11.5	15.4	18.2	20.4	24.3	0.11	0.12	0.12	0.14	0.24	0.44	0.60	0.74	0.99
80 + years	5.0	6.3	7.2	7.9	9.1	11.8	15.5	18.1	20.2	23.6	0.12	0.13	0.13	0.15	0.22	0.36	0.47	0.55	0.66
Total, age adjusted ...	na	6.3	7.2	7.9	9.0	11.7	15.4	18.0	20.1	23.6	0.07	0.07	0.08	0.09	0.12	0.22	0.30	0.37	0.50
Lowest income: ≤ 130% poverty																			
60-64 years	5.0	4.6	5.5	6.1	7.1	9.5	12.7	15.0	16.8	20.0	0.39	0.41	0.41	0.43	0.59	0.94	1.26	1.53	2.02
65-69 years	5.0	5.6	6.5	7.2	8.5	11.5	16.5	20.6	24.2	31.2	0.29	0.33	0.36	0.44	0.78	1.66	2.42	3.16	4.76
70-74 years	5.0	5.3	6.3	7.0	8.1	10.7	14.4	17.3	19.7	24.3	0.22	0.23	0.23	0.24	0.41	0.90	1.26	1.62	2.34
75-79 years	5.0	5.2	6.1	6.7	7.7	9.9	12.9	14.9	16.5	19.3	0.28	0.25	0.24	0.24	0.34	0.58	0.75	0.87	1.06
80 + years	5.0	5.2	6.0	6.7	7.8	10.4	14.4	17.5	20.2	25.1	0.20	0.20	0.22	0.25	0.36	0.58	0.78	0.98	1.39
Total, age adjusted ...	na	5.1	6.0	6.7	7.8	10.4	14.1	17.0	19.4	24.0	0.18	0.16	0.16	0.17	0.23	0.43	0.64	0.84	1.32
Low-income: 131-185% poverty																			
60-64 years	5.0	5.0	5.9	6.6	7.7	10.4	14.2	17.0	19.3	23.3	0.43	0.45	0.50	0.60	0.98	1.65	2.13	2.47	3.02
65-69 years	5.0	6.2	7.2	8.0	9.2	12.1	16.2	19.2	21.7	26.3	0.57	0.60	0.63	0.73	1.13	1.95	2.66	3.31	4.69
70-74 years	5.0	6.0	6.7	7.2	8.1	10.6	14.6	17.2	19.0	21.5	0.23	0.23	0.24	0.30	0.51	0.88	1.08	1.14	1.10
75-79 years	5.0	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—
80 + years	5.0	***7.2	***8.0	***8.6	***9.5	11.7	14.4	16.2	17.6	***19.8	0.20	0.21	0.22	0.24	0.35	0.57	0.74	0.90	1.18
Total, age adjusted ...	na	***6.0	***6.9	***7.5	***8.6	11.3	15.2	17.9	20.1	23.8	0.20	0.18	0.17	0.18	0.29	0.49	0.62	0.73	0.93
Higher-income: > 185% poverty																			
60-64 years	5.0	***6.7	***7.7	***8.4	***9.5	***11.9	15.1	17.3	19.1	22.1	0.21	0.20	0.20	0.21	0.27	0.42	0.54	0.65	0.87
65-69 years	5.0	***7.7	***8.5	***9.1	***10.1	12.4	15.3	17.1	18.5	20.8	0.18	0.21	0.23	0.26	0.36	0.56	0.72	0.87	1.17
70-74 years	5.0	***7.4	***8.4	***9.2	***10.4	***13.2	16.5	18.7	20.2	22.8	0.19	0.20	0.21	0.24	0.33	0.47	0.57	0.66	0.81
75-79 years	5.0	***6.2	***7.0	***7.7	***8.9	***11.8	***16.1	***19.2	***21.7	***26.1	0.20	0.22	0.24	0.28	0.41	0.67	0.90	1.10	1.52
80 + years	5.0	***7.0	***8.0	***8.8	***10.1	***12.9	***16.8	19.4	21.4	24.7	0.17	0.17	0.18	0.21	0.34	0.61	0.79	0.92	1.11
Total, age adjusted ...	na	***7.0	***8.0	***8.7	***9.8	***12.4	***15.9	18.3	20.1	23.1	0.07	0.08	0.08	0.10	0.15	0.27	0.37	0.45	0.60

Notes: Significant differences in means and proportions are noted by * (.05 level), ** (.01 level), or *** (.001 level). Differences are tested in comparison to lowest income group (Income ≤ 130% poverty).
The Bonferroni adjustment was used to adjust levels of significant and control for multiplicity in the number of tests.
— Estimate of usual intake could not be obtained for the gender-age group cell. The cell was pooled with a neighboring age group to determine its contribution to the 'Total, age-adjusted' row.
na EAR is specified for particular gender-age groups, but is not applicable to pooled data.

Source: NHANES-III, 1988-94 Exam file, 24-hour dietary recall. Data reflect nutrient intake from foods. Does not include the contribution of vitamin and mineral supplements. Usual intake was estimated using C-SIDE: Software for Intake Distribution Estimation, accounting for within-person variance as estimated from the Continuing Survey of Food Intakes by Individuals (CSFII).
'All older adults' includes persons with missing income.

**Table D-18—Distribution of usual iron intake in milligrams: Older adults
— Continued**

Both sexes

	EAR (mg/dy)	Percentiles									Standard errors of percentiles									
		5th	10th	15th	25th	50th	75th	85th	90th	95th	5th	10th	15th	25th	50th	75th	85th	90th	95th	
All older adults																				
60-64 years	na	6.8	7.9	8.7	10.1	13.2	17.7	20.7	23.2	27.4	0.16	0.16	0.16	0.17	0.25	0.42	0.57	0.71	0.97	
65-69 years	na	7.3	8.4	9.2	10.7	14.1	19.0	22.4	25.1	29.8	0.13	0.14	0.14	0.16	0.23	0.41	0.60	0.76	1.06	
70-74 years	na	7.0	8.1	8.9	10.2	13.3	17.7	20.8	23.3	27.7	0.10	0.10	0.11	0.13	0.20	0.29	0.38	0.48	0.68	
75-79 years	na	6.2	7.2	8.0	9.2	12.1	16.6	19.8	22.2	26.4	0.10	0.09	0.09	0.10	0.20	0.34	0.48	0.59	0.83	
80 + years	na	6.5	7.5	8.3	9.6	12.9	17.5	20.8	23.5	28.0	0.11	0.12	0.13	0.14	0.21	0.31	0.38	0.43	0.51	
Total, age adjusted ...	na	6.8	7.8	8.6	10.0	13.2	17.8	21.0	23.6	28.2	0.06	0.06	0.07	0.07	0.10	0.17	0.23	0.28	0.39	
Lowest income: ≤ 130% poverty																				
60-64 years	na	5.3	6.2	6.8	7.9	10.6	13.9	15.9	17.5	20.1	0.30	0.30	0.29	0.31	0.40	0.54	0.65	0.75	0.94	
65-69 years	na	5.6	6.7	7.5	9.0	12.7	18.2	22.3	25.8	32.0	0.31	0.34	0.38	0.47	0.76	1.36	1.84	2.28	3.24	
70-74 years	na	5.5	6.6	7.3	8.5	11.1	14.7	17.5	19.9	24.5	0.23	0.23	0.23	0.24	0.32	0.64	0.95	1.28	2.00	
75-79 years	na	5.7	6.6	7.3	8.3	10.7	13.9	15.9	17.5	20.1	0.21	0.20	0.20	0.22	0.30	0.46	0.58	0.67	0.83	
80 + years	na	5.8	6.7	7.3	8.4	11.1	15.1	18.2	20.8	25.7	0.17	0.18	0.19	0.21	0.30	0.50	0.66	0.81	1.09	
Total, age adjusted ...	na	5.5	6.5	7.2	8.3	11.1	15.2	18.2	20.6	24.8	0.13	0.13	0.13	0.13	0.19	0.37	0.54	0.68	0.94	
Low-income: 131-185% poverty																				
60-64 years	na	5.3	6.3	7.1	8.4	11.5	15.5	18.2	20.2	23.6	0.42	0.38	0.37	0.40	0.55	0.86	1.14	1.36	1.72	
65-69 years	na	6.3	7.3	8.0	9.2	11.9	15.9	18.9	21.5	26.3	0.31	0.31	0.32	0.36	0.62	1.12	1.56	1.96	2.81	
70-74 years	na	6.5	7.4	8.1	9.4	12.5	16.9	19.8	22.0	25.8	0.24	0.26	0.30	0.39	0.58	0.81	0.98	1.13	1.43	
75-79 years	na	6.7	7.6	8.4	9.6	12.6	16.7	19.5	21.7	25.5	0.29	0.29	0.30	0.34	0.46	0.68	0.88	1.07	1.47	
80 + years	na	6.8	7.8	8.5	9.8	12.7	16.7	19.3	21.4	24.8	0.20	0.21	0.22	0.25	0.33	0.46	0.56	0.65	0.81	
Total, age adjusted ...	na	6.3	7.3	8.0	9.2	12.1	16.3	19.2	21.5	25.3	0.16	0.15	0.16	0.18	0.28	0.45	0.56	0.64	0.78	
Higher-income: > 185% poverty																				
60-64 years	na	7.7	8.8	9.7	11.1	14.3	18.7	21.7	24.0	28.1	0.16	0.17	0.18	0.20	0.29	0.46	0.60	0.72	0.98	
65-69 years	na	8.2	9.3	10.2	11.6	14.9	19.4	22.4	24.7	28.4	0.16	0.17	0.18	0.20	0.27	0.44	0.57	0.68	0.88	
70-74 years	na	7.8	8.9	9.7	11.1	14.4	18.9	21.9	24.3	28.3	0.12	0.14	0.15	0.17	0.27	0.44	0.60	0.76	1.14	
75-79 years	na	6.6	7.5	8.3	9.6	12.8	17.8	21.4	24.3	29.6	0.18	0.20	0.20	0.22	0.31	0.55	0.80	1.03	1.48	
80 + years	na	7.2	8.3	9.2	10.6	14.2	19.3	22.9	25.7	30.6	0.16	0.15	0.16	0.19	0.29	0.51	0.65	0.74	0.96	
Total, age adjusted ...	na	7.6	8.7	9.5	10.9	14.2	18.8	22.1	24.6	29.0	0.05	0.06	0.06	0.08	0.12	0.21	0.29	0.36	0.51	

Notes: Significant differences in means and proportions are noted by > (.05 level), >> (.01 level), or >>> (.001 level). Differences are tested in comparison to lowest income group (Income ≤ 130% poverty).
The Bonferroni adjustment was used to adjust levels of significant and control for multiplicity in the number of tests.
na EAR is specified for particular gender-age groups, but is not applicable to pooled data.

Source: NHANES-III, 1988-94 Exam file, 24-hour dietary recall. Data reflect nutrient intake from foods. Does not include the contribution of vitamin and mineral supplements. Usual intake was estimated using C-SIDE: Software for Intake Distribution Estimation, accounting for within-person variance as estimated from the Continuing Survey of Food Intakes by Individuals (CSFII).
All older adults includes persons with missing income.

Table D-19—Mean usual intake of zinc in milligrams: Older adults

	All older adults			Lowest income: ≤ 130% poverty			Low-income: 131-185% poverty			Higher-income: > 185% poverty		
	Sample size	Mean	Standard error	Sample size	Mean	Standard error	Sample size	Mean	Standard error	Sample size	Mean	Standard error
Both sexes												
60-64 years	1,154	10.4	0.17	358	8.1	0.36	135	—	—	555	***11.0	0.20
65-69 years	1,054	11.3	0.23	325	11.7	1.02	128	9.7	0.50	503	11.4	0.22
70-74 years	1,019	10.7	0.41	290	8.4	0.33	160	9.2	0.38	485	***12.0	0.73
75-79 years	659	9.8	0.22	212	8.8	0.35	117	9.9	0.80	257	**10.2	0.29
80 + years	1,153	9.4	0.24	369	8.3	0.32	196	9.5	0.35	443	***10.2	0.32
Total, age adjusted ...	5,039	10.3	0.12	1,554	9.0	0.26	736	9.6	0.23	2,243	***10.9	0.17
Male												
60-64 years	575	12.5	0.26	168	8.9	0.35	67	11.8	3.49	294	***13.2	0.36
65-69 years	536	13.3	0.34	144	13.2	0.85	63	—	—	283	13.4	0.43
70-74 years	500	13.5	0.98	128	9.2	0.61	77	**11.9	0.78	260	***14.9	1.56
75-79 years	283	11.6	0.52	87	10.5	0.71	49	—	—	118	12.1	0.48
80 + years	557	11.2	0.30	148	9.5	0.37	98	9.1	0.59	252	***11.8	0.41
Total, age adjusted ...	2,451	12.4	0.20	675	10.3	0.24	354	9.1	0.40	1,207	***13.0	0.30
Female												
60-64 years	579	8.7	0.20	190	7.5	0.44	68	—	—	261	**9.1	0.20
65-69 years	518	9.4	0.33	181	10.9	1.19	65	9.0	0.56	220	9.1	0.25
70-74 years	519	8.7	0.15	162	8.0	0.30	83	7.4	0.37	225	***9.4	0.24
75-79 years	376	8.7	0.22	125	8.1	0.46	68	9.0	0.77	139	8.7	0.37
80 + years	596	8.5	0.29	221	7.9	0.40	98	8.6	0.33	191	8.9	0.41
Total, age adjusted ...	2,588	8.8	0.15	879	8.4	0.31	382	8.5	0.21	1,036	9.1	0.16

Notes: Significant differences in means and proportions are noted by > (.05 level), >> (.01 level), or >>> (.001 level). Differences are tested in comparison to lowest income group (Income ≤ 130% poverty).
 — Estimate of usual intake could not be obtained for the gender-age group cell. The cell was pooled with a neighboring age group to determine its contribution to the 'Total, age-adjusted' row.

Source: NHANES-III, 1988-94 Exam file, 24-hour dietary recall. Data reflect nutrient intake from foods. Does not include the contribution of vitamin and mineral supplements. Usual intake was estimated using *C-SIDE: Software for Intake Distribution Estimation*, accounting for within-person variance as estimated from the *Continuing Survey of Food Intakes by Individuals (CSFII)*.
 'All older adults' includes persons with missing income.

Table D-20—Percent of older adults with adequate usual intake of zinc¹

	All older adults			Lowest income: ≤ 130% poverty			Low-income: 131-185% poverty			Higher-income: > 185% poverty		
	Sample size	Percent	Standard error	Sample size	Percent	Standard error	Sample size	Percent	Standard error	Sample size	Percent	Standard error
Both sexes²												
60-64 years	1,154	75.0	1.59	358	48.8	5.18	135	—	—	555	***81.8	1.55
65-69 years	1,054	77.2	1.48	325	71.1	4.26	128	—	—	503	° 81.4	1.59
70-74 years	1,019	69.4	1.33	290	58.9	3.49	160	58.6	3.96	485	***75.7	1.64
75-79 years	659	64.5	1.75	212	54.2	3.59	117	—	—	257	***70.0	2.29
80 + years	1,153	65.4	2.23	369	52.9	3.46	196	° 65.5	2.78	443	***76.0	3.21
Total, age adjusted ...	5,039	70.3	0.91	1,554	57.2	2.03	736	° 63.0	1.86	2,243	***76.8	0.96
Male												
60-64 years	575	78.6	1.96	168	34.8	5.94	67	***68.0	6.20	294	***87.0	1.95
65-69 years	536	78.7	1.83	144	74.0	5.81	63	—	—	283	° 79.4	2.48
70-74 years	500	63.7	2.19	128	35.2	4.85	77	***72.3	5.99	260	***69.6	2.39
75-79 years	283	61.7	3.46	87	52.1	5.91	49	—	—	118	° 68.8	3.03
80 + years	557	61.8	2.52	148	43.8	4.35	98	° 59.1	5.01	252	***70.4	3.40
Total, age adjusted ...	2,451	69.3	1.21	675	50.0	2.16	354	° 61.3	3.44	1,207	***75.5	1.20
Female												
60-64 years	579	72.3	2.37	190	57.2	7.50	68	—	—	261	° 77.4	2.36
65-69 years	518	75.9	2.30	181	69.4	5.85	65	73.0	5.37	220	° 83.6	1.92
70-74 years	519	73.8	1.65	162	70.6	4.64	83	° 49.1	5.26	225	° 81.6	2.25
75-79 years	376	66.2	1.84	125	55.1	4.45	68	° 70.0	5.39	139	° 70.8	3.29
80 + years	596	67.4	3.15	221	56.2	4.45	98	° 69.1	3.30	191	***80.0	4.95
Total, age adjusted ...	2,588	71.0	1.31	879	60.7	2.83	382	64.2	2.09	1,036	***78.0	1.47

Notes: Significant differences in means and proportions are noted by ° (.05 level), °° (.01 level), or *** (.001 level). Differences are tested in comparison to lowest income group (Income ≤ 130% poverty).

¹ Estimated Average Requirements (EARs) were used to assess the adequacy of intake in groups, using the EAR cut-point method described in IOM, *Dietary Reference Intakes: Applications in Dietary Assessment*, Chapter 4. EARs are defined separately for gender and age groups as listed in appendix B.

² Because adequacy cutoffs vary by gender, estimates for both sexes were calculated outside C-SIDE as the weighted average of male and female estimates from C-SIDE.

— Estimate of usual intake could not be obtained for the gender-age group cell. The cell was pooled with a neighboring age group to determine its contribution to the 'Total, age-adjusted' row.

Source: NHANES-III, 1988-94 Exam file, 24-hour dietary recall. Data reflect nutrient intake from foods. Does not include the contribution of vitamin and mineral supplements. Usual intake was estimated using *C-SIDE: Software for Intake Distribution Estimation*, accounting for within-person variance as estimated from the *Continuing Survey of Food Intakes by Individuals (CSFII)*.

'All older adults' includes persons with missing income.

Table D-21—Distribution of usual zinc intake in milligrams: Older adults

Male

	EAR (mg/dy)	Percentiles									Standard errors of percentiles								
		5th	10th	15th	25th	50th	75th	85th	90th	95th	5th	10th	15th	25th	50th	75th	85th	90th	95th
All older adults																			
60-64 years	9.4	7.3	8.1	8.7	9.7	11.9	14.6	16.3	17.6	19.7	0.16	0.17	0.18	0.20	0.25	0.32	0.39	0.46	0.58
65-69 years	9.4	7.0	7.9	8.7	9.8	12.3	15.6	17.9	19.6	22.7	0.18	0.19	0.20	0.22	0.28	0.41	0.54	0.67	0.94
70-74 years	9.4	6.1	6.9	7.5	8.4	10.7	14.5	18.0	21.4	29.0	0.15	0.15	0.15	0.17	0.25	0.74	1.57	2.36	4.24
75-79 years	9.4	5.6	6.5	7.1	8.1	10.6	13.9	16.2	18.0	21.0	0.16	0.20	0.23	0.28	0.43	0.67	0.87	1.04	1.38
80 + years	9.4	6.0	6.7	7.3	8.3	10.4	13.3	15.2	16.7	19.2	0.14	0.16	0.17	0.19	0.25	0.36	0.46	0.56	0.75
Total, age adjusted ...	na	6.3	7.2	7.8	8.9	11.2	14.4	16.7	18.6	22.1	0.08	0.09	0.09	0.11	0.13	0.18	0.28	0.39	0.72
Lowest income: ≤ 130% poverty																			
60-64 years	9.4	5.6	6.2	6.6	7.2	8.5	10.1	11.1	11.9	13.2	0.18	0.18	0.19	0.22	0.32	0.46	0.55	0.64	0.80
65-69 years	9.4	6.3	7.3	8.1	9.3	12.0	15.8	18.5	20.5	23.9	0.44	0.48	0.52	0.59	0.76	1.10	1.34	1.55	1.95
70-74 years	9.4	4.5	5.2	5.8	6.6	8.2	10.6	12.5	14.0	17.0	0.29	0.28	0.28	0.28	0.36	0.65	1.00	1.42	2.45
75-79 years	9.4	5.4	6.1	6.6	7.5	9.6	12.5	14.5	16.1	18.8	0.26	0.28	0.31	0.37	0.57	0.94	1.22	1.46	1.93
80 + years	9.4	5.1	5.8	6.3	7.1	8.9	11.3	12.9	14.1	16.1	0.17	0.20	0.22	0.25	0.33	0.47	0.58	0.66	0.80
Total, age adjusted ...	na	5.2	6.0	6.5	7.4	9.4	12.1	14.0	15.6	18.2	0.11	0.12	0.12	0.13	0.18	0.31	0.44	0.56	0.85
Low-income: 131-185% poverty																			
60-64 years	9.4	5.9	6.8	7.5	8.7	11.3	14.3	16.1	17.5	19.7	0.40	0.46	0.51	0.59	0.79	1.85	4.07	6.96	15.00
65-69 years	9.4	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—
70-74 years	9.4	6.8	7.6	8.2	9.2	11.2	13.8	15.6	17.0	19.4	0.36	0.41	0.44	0.50	0.64	0.95	1.26	1.54	2.14
75-79 years	9.4	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—
80 + years	9.4	5.4	6.2	6.8	7.9	10.3	13.4	15.4	17.0	19.5	0.27	0.28	0.30	0.34	0.52	0.80	1.01	1.19	1.53
Total, age adjusted ...	na	5.9	6.7	7.3	8.2	10.4	13.3	15.3	16.8	19.5	0.18	0.20	0.22	0.25	0.36	0.57	0.68	0.77	0.96
Higher-income: > 185% poverty																			
60-64 years	9.4	8.2	9.0	9.6	10.6	12.7	15.2	16.8	17.9	19.9	0.22	0.23	0.24	0.26	0.32	0.42	0.51	0.59	0.76
65-69 years	9.4	7.0	8.0	8.7	9.9	12.6	16.0	18.2	19.8	22.6	0.26	0.28	0.28	0.30	0.34	0.47	0.63	0.82	1.32
70-74 years	9.4	6.6	7.4	8.0	8.9	11.4	15.8	20.1	24.2	33.4	0.15	0.16	0.17	0.20	0.39	1.14	2.20	3.44	6.58
75-79 years	9.4	6.4	7.2	7.8	8.8	11.2	14.4	16.5	18.1	20.9	0.18	0.21	0.23	0.27	0.39	0.62	0.84	1.05	1.47
80 + years	9.4	6.7	7.5	8.1	9.0	11.1	13.8	15.6	17.0	19.4	0.22	0.24	0.25	0.28	0.34	0.48	0.62	0.75	1.03
Total, age adjusted ...	na	7.0	7.8	8.4	9.4	11.8	15.0	17.3	19.3	23.0	0.09	0.10	0.10	0.12	0.15	0.26	0.42	0.62	1.16

Notes: Significant differences in means and proportions are noted by > (.05 level), >> (.01 level), or >>> (.001 level). Differences are tested in comparison to lowest income group (Income ≤ 130% poverty).
The Bonferroni adjustment was used to adjust levels of significant and control for multiplicity in the number of tests.
— Estimate of usual intake could not be obtained for the gender-age group cell. The cell was pooled with a neighboring age group to determine its contribution to the 'Total, age-adjusted' row.
na EAR is specified for particular gender-age groups, but is not applicable to pooled data.

Source: NHANES-III, 1988-94 Exam file, 24-hour dietary recall. Food intake does not account for vitamin/mineral supplements. Usual intake was estimated using *C-SIDE: Software for Intake Distribution Estimation*, accounting for within-person variance as estimated from the *Continuing Survey of Food Intake of Individuals (CSFII)*.

**Table D-21—Distribution of usual zinc intake in milligrams: Older adults
— Continued**

Female

	EAR (mg/dy)	Percentiles									Standard errors of percentiles								
		5th	10th	15th	25th	50th	75th	85th	90th	95th	5th	10th	15th	25th	50th	75th	85th	90th	95th
All older adults																			
60-64 years	6.8	4.7	5.3	5.8	6.6	8.3	10.4	11.7	12.7	14.3	0.15	0.15	0.16	0.16	0.18	0.23	0.26	0.30	0.36
65-69 years	6.8	5.0	5.6	6.1	6.9	8.6	11.0	12.7	14.0	16.5	0.14	0.14	0.15	0.16	0.25	0.46	0.60	0.72	0.98
70-74 years	6.8	4.9	5.5	6.0	6.7	8.3	10.3	11.4	12.3	13.7	0.09	0.09	0.10	0.11	0.14	0.20	0.24	0.27	0.33
75-79 years	6.8	4.3	4.9	5.4	6.2	7.9	10.2	11.8	13.2	15.5	0.10	0.10	0.10	0.11	0.16	0.28	0.38	0.48	0.70
80 + years	6.8	4.5	5.1	5.5	6.3	8.0	10.1	11.4	12.4	14.1	0.12	0.13	0.14	0.17	0.27	0.41	0.46	0.50	0.56
Total, age adjusted ...	na	4.6	5.3	5.8	6.5	8.2	10.4	11.8	12.9	14.9	0.07	0.07	0.08	0.08	0.12	0.18	0.24	0.28	0.38
Lowest income: ≤ 130% poverty																			
60-64 years	6.8	4.1	4.7	5.1	5.8	7.2	8.9	9.9	10.7	11.9	0.34	0.35	0.36	0.38	0.43	0.52	0.59	0.65	0.76
65-69 years	6.8	3.8	4.6	5.2	6.2	8.9	13.1	16.3	19.1	24.3	0.32	0.37	0.42	0.54	0.98	1.61	2.09	2.57	3.60
70-74 years	6.8	5.2	5.7	6.0	6.6	7.8	9.2	10.1	10.8	11.9	0.15	0.16	0.18	0.20	0.27	0.38	0.46	0.53	0.66
75-79 years	6.8	3.7	4.2	4.7	5.4	7.2	9.9	11.7	13.2	15.7	0.16	0.17	0.18	0.23	0.42	0.65	0.78	0.89	1.10
80 + years	6.8	4.1	4.6	5.0	5.7	7.2	9.3	10.8	12.0	14.1	0.15	0.16	0.18	0.20	0.30	0.50	0.65	0.80	1.09
Total, age adjusted ...	na	4.0	4.6	5.1	5.8	7.6	10.0	11.8	13.2	15.7	0.16	0.16	0.16	0.17	0.23	0.39	0.52	0.64	0.89
Low-income: 131-185% poverty																			
60-64 years	6.8	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—
65-69 years	6.8	4.5	5.2	5.8	6.6	8.6	11.1	12.5	13.5	15.0	0.36	0.37	0.39	0.43	0.58	0.74	0.79	0.82	0.88
70-74 years	6.8	3.9	4.3	4.6	5.2	6.7	9.0	10.6	11.7	13.3	0.12	0.14	0.17	0.23	0.38	0.54	0.62	0.67	0.74
75-79 years	6.8	4.6	5.2	5.7	6.4	8.2	10.5	12.2	13.6	16.3	0.26	0.28	0.30	0.34	0.48	0.85	1.27	1.69	2.62
80 + years	6.8	4.4	5.1	5.6	6.4	8.1	10.3	11.6	12.6	14.3	0.18	0.19	0.20	0.22	0.29	0.44	0.58	0.68	0.84
Total, age adjusted ...	na	4.1	4.7	5.2	6.0	7.8	10.2	11.8	13.0	15.0	0.11	0.11	0.12	0.13	0.18	0.27	0.35	0.43	0.65
Higher-income: > 185% poverty																			
60-64 years	6.8	5.0	5.7	6.2	7.0	8.7	10.7	12.0	13.0	14.6	0.16	0.17	0.17	0.17	0.19	0.24	0.29	0.33	0.40
65-69 years	6.8	5.8	6.3	6.7	7.3	8.7	10.4	11.5	12.4	13.9	0.11	0.12	0.13	0.15	0.20	0.31	0.41	0.51	0.71
70-74 years	6.8	5.3	6.0	6.5	7.3	9.0	11.1	12.3	13.2	14.7	0.18	0.18	0.18	0.19	0.23	0.29	0.34	0.39	0.48
75-79 years	6.8	4.7	5.3	5.8	6.5	8.2	10.4	11.8	12.9	14.7	0.16	0.16	0.17	0.20	0.29	0.47	0.62	0.74	0.99
80 + years	6.8	5.3	6.0	6.4	7.1	8.7	10.4	11.5	12.3	13.6	0.23	0.26	0.29	0.34	0.42	0.49	0.53	0.56	0.62
Total, age adjusted ...	na	5.2	5.8	6.3	7.0	8.6	10.6	11.9	12.9	14.6	0.09	0.09	0.10	0.10	0.14	0.21	0.26	0.31	0.40

Notes: Significant differences in means and proportions are noted by > (.05 level), >> (.01 level), or >>> (.001 level). Differences are tested in comparison to lowest income group (Income ≤ 130% poverty).
The Bonferroni adjustment was used to adjust levels of significant and control for multiplicity in the number of tests.
— Estimate of usual intake could not be obtained for the gender-age group cell. The cell was pooled with a neighboring age group to determine its contribution to the 'Total, age-adjusted' row.
na EAR is specified for particular gender-age groups, but is not applicable to pooled data.

Source: NHANES-III, 1988-94 Exam file, 24-hour dietary recall. Food intake does not account for vitamin/mineral supplements. Usual intake was estimated using *C-SIDE: Software for Intake Distribution Estimation*, accounting for within-person variance as estimated from the *Continuing Survey of Food Intake of Individuals (CSFII)*.

**Table D-21—Distribution of usual zinc intake in milligrams: Older adults
— Continued**

Both sexes

	EAR (mg/dy)	Percentiles									Standard errors of percentiles								
		5th	10th	15th	25th	50th	75th	85th	90th	95th	5th	10th	15th	25th	50th	75th	85th	90th	95th
All older adults																			
60-64 years	na	5.2	6.0	6.6	7.6	9.7	12.4	14.2	15.5	17.8	0.13	0.13	0.14	0.14	0.16	0.20	0.24	0.29	0.39
65-69 years	na	5.5	6.3	6.9	7.9	10.2	13.4	15.6	17.4	20.5	0.12	0.12	0.12	0.13	0.17	0.28	0.40	0.51	0.76
70-74 years	na	5.1	5.8	6.4	7.2	9.2	12.0	14.2	16.2	20.6	0.06	0.07	0.07	0.09	0.12	0.24	0.45	0.74	1.61
75-79 years	na	4.6	5.3	5.9	6.8	8.9	11.7	13.7	15.3	18.1	0.09	0.10	0.10	0.11	0.17	0.30	0.40	0.48	0.65
80 + years	na	4.7	5.4	5.9	6.8	8.7	11.3	13.0	14.3	16.5	0.11	0.12	0.13	0.15	0.22	0.31	0.36	0.41	0.49
Total, age adjusted ...	na	5.0	5.8	6.3	7.3	9.4	12.2	14.2	15.8	18.8	0.06	0.06	0.07	0.07	0.09	0.13	0.17	0.22	0.36
Lowest income: ≤ 130% poverty																			
60-64 years	na	4.4	5.1	5.5	6.2	7.7	9.5	10.6	11.5	12.8	0.25	0.26	0.27	0.28	0.32	0.43	0.51	0.58	0.71
65-69 years	na	4.4	5.3	6.0	7.2	10.2	14.4	17.3	19.7	23.9	0.34	0.39	0.44	0.53	0.82	1.34	1.75	2.09	2.72
70-74 years	na	4.5	5.1	5.6	6.3	7.8	9.8	11.3	12.4	14.5	0.15	0.15	0.16	0.17	0.24	0.41	0.57	0.72	1.06
75-79 years	na	4.1	4.7	5.1	5.9	7.9	10.6	12.5	14.0	16.5	0.15	0.15	0.16	0.19	0.31	0.49	0.61	0.70	0.89
80 + years	na	4.3	4.9	5.3	6.0	7.6	9.8	11.4	12.6	14.8	0.14	0.14	0.16	0.18	0.26	0.40	0.52	0.63	0.85
Total, age adjusted ...	na	4.2	4.9	5.4	6.2	8.2	10.8	12.7	14.2	16.8	0.13	0.13	0.13	0.14	0.20	0.33	0.45	0.55	0.75
Low-income: 131-185% poverty																			
60-64 years	na	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—
65-69 years	na	5.1	5.8	6.3	7.1	9.0	11.5	13.2	14.5	16.6	0.20	0.20	0.21	0.25	0.39	0.63	0.85	1.06	1.52
70-74 years	na	4.4	5.1	5.6	6.4	8.5	11.3	13.0	14.3	16.4	0.16	0.20	0.23	0.28	0.38	0.50	0.59	0.67	0.87
75-79 years	na	4.8	5.5	6.0	6.9	8.9	11.7	13.7	15.4	18.3	0.26	0.29	0.32	0.38	0.56	0.95	1.33	1.68	2.42
80 + years	na	4.7	5.5	6.0	6.9	8.9	11.4	13.1	14.3	16.4	0.16	0.18	0.19	0.20	0.28	0.46	0.60	0.71	0.92
Total, age adjusted ...	na	4.5	5.2	5.8	6.7	8.8	11.5	13.4	14.8	17.3	0.10	0.11	0.12	0.14	0.19	0.28	0.36	0.44	0.63
Higher-income: > 185% poverty																			
60-64 years	na	5.8	6.6	7.2	8.2	10.4	13.1	14.8	16.1	18.2	0.13	0.14	0.14	0.14	0.18	0.25	0.32	0.38	0.51
65-69 years	na	6.0	6.8	7.4	8.3	10.5	13.4	15.4	17.0	19.8	0.10	0.11	0.12	0.14	0.20	0.27	0.36	0.46	0.72
70-74 years	na	5.6	6.4	7.0	7.9	10.0	13.2	15.9	18.5	24.1	0.10	0.11	0.12	0.13	0.18	0.44	0.88	1.45	3.01
75-79 years	na	5.0	5.8	6.3	7.2	9.4	12.2	14.1	15.6	18.1	0.14	0.14	0.14	0.16	0.23	0.37	0.48	0.57	0.76
80 + years	na	5.4	6.1	6.7	7.6	9.6	12.1	13.6	14.8	16.8	0.19	0.21	0.23	0.27	0.32	0.37	0.43	0.49	0.63
Total, age adjusted ...	na	5.5	6.3	6.9	7.8	10.0	12.8	14.8	16.5	19.5	0.06	0.07	0.07	0.08	0.11	0.17	0.25	0.33	0.56

Notes: Significant differences in means and proportions are noted by > (.05 level), >> (.01 level), or >>> (.001 level). Differences are tested in comparison to lowest income group (Income ≤ 130% poverty).
The Bonferroni adjustment was used to adjust levels of significant and control for multiplicity in the number of tests.
— Estimate of usual intake could not be obtained for the gender-age group cell. The cell was pooled with a neighboring age group to determine its contribution to the 'Total, age-adjusted' row.
na EAR is specified for particular gender-age groups, but is not applicable to pooled data.

Source: NHANES-III, 1988-94 Exam file, 24-hour dietary recall. Food intake does not account for vitamin/mineral supplements. Usual intake was estimated using *C-SIDE: Software for Intake Distribution Estimation*, accounting for within-person variance as estimated from the *Continuing Survey of Food Intake of Individuals (CSFII)*.

Table D-22—Mean usual intake of calcium in milligrams: Older adults

	All older adults			Lowest income: ≤ 130% poverty			Low-income: 131-185% poverty			Higher-income: > 185% poverty		
	Sample size	Mean	Standard error	Sample size	Mean	Standard error	Sample size	Mean	Standard error	Sample size	Mean	Standard error
Both sexes												
60-64 years	1,154	739	11.7	358	545	21.1	135	⁂ 664	44.0	555	⁂⁂⁂ 787	12.9
65-69 years	1,054	786	16.3	325	720	37.5	128	⁂ 696	86.4	503	⁂ 800	15.6
70-74 years	1,019	717	11.0	290	624	21.1	160	⁂⁂ 723	31.7	485	⁂⁂⁂ 742	15.8
75-79 years	659	719	13.3	212	652	26.4	117	⁂ 675	26.2	257	⁂⁂⁂ 764	18.8
80 + years	1,153	691	10.7	369	624	16.9	196	⁂⁂⁂ 739	23.4	443	⁂⁂⁂ 742	17.0
Total, age adjusted ...	5,039	733	5.4	1,554	631	12.4	736	⁂⁂ 692	18.7	2,243	⁂⁂⁂ 768	6.2
Male												
60-64 years	575	847	20.0	168	578	36.1	67	⁂ 759	66.8	294	⁂⁂⁂ 890	24.2
65-69 years	536	861	22.8	144	663	53.1	63	—	—	283	⁂⁂⁂ 891	23.1
70-74 years	500	813	21.6	128	705	47.6	77	⁂ 866	43.4	260	⁂ 825	28.9
75-79 years	283	801	23.2	87	714	39.1	49	⁂ 709	43.1	118	⁂⁂ 883	37.2
80 + years	557	756	13.8	148	667	19.9	98	⁂⁂ 774	36.2	252	⁂⁂⁂ 786	21.5
Total, age adjusted ...	2,451	819	9.1	675	658	20.5	354	⁂⁂⁂ 771	24.6	1,207	⁂⁂⁂ 854	10.1
Female												
60-64 years	579	657	14.1	190	526	24.7	68	⁂ 619	65.7	261	⁂⁂⁂ 697	17.9
65-69 years	518	716	18.1	181	759	42.7	65	⁂ 616	58.7	220	⁂ 701	19.9
70-74 years	519	643	13.2	162	586	18.7	83	⁂ 626	32.0	225	⁂⁂ 664	19.0
75-79 years	376	668	17.3	125	630	34.0	68	⁂ 660	35.9	139	⁂ 678	20.7
80 + years	596	656	13.0	221	608	22.1	98	⁂⁂ 719	28.3	191	⁂⁂⁂ 711	20.4
Total, age adjusted ...	2,588	668	7.3	879	617	13.5	382	638	21.1	1,036	⁂⁂⁂ 690	9.9

Notes: Significant differences in means and proportions are noted by ⁂ (.05 level), ⁂⁂ (.01 level), or ⁂⁂⁂ (.001 level). Differences are tested in comparison to lowest income group (Income ≤ 130% poverty). The Bonferroni adjustment was used to adjust levels of significant and control for multiplicity in the number of tests.
— Estimate of usual intake could not be obtained for the gender-age group cell. The cell was pooled with a neighboring age group to determine its contribution to the 'Total, age-adjusted' row.

Source: NHANES-III, 1988-94 Exam file, 24-hour dietary recall. Data reflect nutrient intake from foods. Does not include the contribution of vitamin and mineral supplements. Usual intake was estimated using *C-SIDE: Software for Intake Distribution Estimation*, accounting for within-person variance as estimated from the *Continuing Survey of Food Intakes by Individuals (CSFII)*.
*All older adults' includes persons with missing income.

Table D-23—Mean usual intake of calcium as a percent of Adequate Intake (AI): Older adults

	All older adults			Lowest income: ≤ 130% poverty			Low-income: 131-185% poverty			Higher-income: > 185% poverty		
	Sample size	Percent of AI	Standard error	Sample size	Percent of AI	Standard error	Sample size	Percent of AI	Standard error	Sample size	Percent of AI	Standard error
Both sexes												
60-64 years	1,154	61.6	0.97	358	45.4	1.76	135	⁂ 55.4	3.66	555	⁂⁂⁂ 65.6	1.07
65-69 years	1,054	65.5	1.36	325	60.0	3.12	128	⁂ 58.0	7.20	503	⁂ 66.7	1.30
70-74 years	1,019	59.8	0.91	290	52.0	1.76	160	⁂⁂ 60.2	2.64	485	⁂⁂⁂ 61.9	1.32
75-79 years	659	59.9	1.11	212	54.3	2.20	117	⁂ 56.3	2.19	257	⁂⁂⁂ 63.7	1.57
80 + years	1,153	57.6	0.89	369	52.0	1.41	196	⁂⁂⁂ 61.5	1.95	443	⁂⁂⁂ 61.8	1.41
Total, age adjusted ...	5,039	61.1	0.45	1,554	52.5	1.03	736	⁂⁂ 57.6	1.56	2,243	⁂⁂⁂ 64.0	0.52
Male												
60-64 years	575	70.6	1.66	168	48.2	3.01	67	⁂ 63.2	5.57	294	⁂⁂⁂ 74.2	2.01
65-69 years	536	71.8	1.90	144	55.2	4.42	63	—	—	283	⁂⁂⁂ 74.2	1.92
70-74 years	500	67.8	1.80	128	58.7	3.96	77	⁂ 72.2	3.62	260	⁂⁂ 68.8	2.41
75-79 years	283	66.8	1.93	87	59.5	3.26	49	⁂ 59.1	3.60	118	⁂⁂ 73.6	3.10
80 + years	557	63.0	1.15	148	55.6	1.66	98	⁂⁂ 64.5	3.02	252	⁂⁂⁂ 65.5	1.79
Total, age adjusted ...	2,451	68.2	0.76	675	54.9	1.71	354	⁂⁂⁂ 64.2	2.05	1,207	⁂⁂⁂ 71.2	0.84
Female												
60-64 years	579	54.8	1.17	190	43.9	2.06	68	⁂ 51.5	5.47	261	⁂⁂⁂ 58.1	1.49
65-69 years	518	59.7	1.51	181	63.3	3.56	65	⁂ 51.4	4.89	220	⁂ 58.4	1.66
70-74 years	519	53.6	1.10	162	48.8	1.56	83	⁂ 52.1	2.67	225	⁂⁂ 55.3	1.58
75-79 years	376	55.6	1.44	125	52.5	2.83	68	⁂ 55.0	2.99	139	⁂ 56.5	1.72
80 + years	596	54.7	1.08	221	50.7	1.84	98	⁂⁂ 59.9	2.36	191	⁂⁂⁂ 59.2	1.70
Total, age adjusted ...	2,588	55.7	0.61	879	51.4	1.12	382	⁂ 53.2	1.76	1,036	⁂⁂⁂ 57.5	0.82

Notes: Significant differences in means and proportions are noted by ⁂ (.05 level), ⁂⁂ (.01 level), or ⁂⁂⁂ (.001 level). Differences are tested in comparison to lowest income group (Income ≤ 130% poverty).
 — Estimate of usual intake could not be obtained for the gender-age group cell. The cell was pooled with a neighboring age group to determine its contribution to the 'Total, age-adjusted' row.

Source: NHANES-III, 1988-94 Exam file, 24-hour dietary recall. Data reflect nutrient intake from foods. Does not include the contribution of vitamin and mineral supplements. Usual intake was estimated using *C-SIDE: Software for Intake Distribution Estimation*, accounting for within-person variance as estimated from the *Continuing Survey of Food Intakes by Individuals (CSFII)*.
 'All older adults' includes persons with missing income.

Table D-24—Distribution of usual calcium intake in milligrams: Older adults

Male

	AI (mg/dy)	Percentiles									Standard errors of percentiles								
		5th	10th	15th	25th	50th	75th	85th	90th	95th	5th	10th	15th	25th	50th	75th	85th	90th	95th
All older adults																			
60-64 years	1,200	392	462	515	602	799	1,042	1,191	1,299	1,468	13.50	14.40	15.10	16.40	20.30	24.60	28.70	32.50	39.30
65-69 years	1,200	385	459	515	606	809	1,059	1,216	1,331	1,518	13.00	14.30	15.40	17.30	21.90	28.80	33.80	38.10	46.00
70-74 years	1,200	372	438	488	570	754	990	1,144	1,261	1,457	12.30	13.50	14.20	15.70	22.00	31.40	35.80	39.30	47.10
75-79 years	1,200	339	398	443	521	715	985	1,166	1,307	1,549	12.30	13.00	13.80	15.60	21.30	30.10	38.50	47.30	65.50
80 + years	1,200	342	406	455	535	715	939	1,072	1,166	1,307	10.30	10.40	10.60	11.60	15.10	18.50	19.60	20.30	21.10
Total, age adjusted ...	na	370	435	485	569	763	1,007	1,158	1,271	1,459	5.18	5.59	6.01	6.84	8.87	12.20	15.00	17.20	20.30
Lowest income: ≤ 130% poverty																			
60-64 years	1,200	283	335	373	429	546	697	794	865	975	26.30	26.50	26.50	27.40	35.00	47.90	53.10	55.90	59.30
65-69 years	1,200	211	265	309	387	585	857	1,034	1,166	1,380	21.20	25.60	29.50	37.00	55.10	73.40	85.90	95.80	111.00
70-74 years	1,200	251	318	369	455	644	874	1,027	1,150	1,369	20.30	22.20	23.40	25.80	35.60	65.90	96.70	123.00	160.00
75-79 years	1,200	264	331	385	480	695	934	1,055	1,130	1,228	28.10	32.90	35.50	39.90	48.30	47.20	44.70	45.50	54.60
80 + years	1,200	319	374	416	483	631	812	924	1,006	1,139	16.10	17.00	17.70	19.00	21.90	24.70	27.50	30.80	39.00
Total, age adjusted ...	na	265	324	369	443	611	822	955	1,054	1,215	10.00	11.10	12.00	13.30	18.30	28.60	34.90	39.20	48.10
Low-income: 131-185% poverty																			
60-64 years	1,200	294	347	392	472	665	920	1,101	1,254	1,542	22.20	27.80	32.30	38.50	52.40	90.30	133.00	170.00	231.00
65-69 years	1,200	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—
70-74 years	1,200	» 388	» 467	» 526	» 622	» 826	1,067	1,212	1,317	1,482	33.40	34.60	36.30	40.00	48.50	53.80	56.90	60.00	66.60
75-79 years	1,200	329	381	420	487	644	859	1,004	1,117	1,309	20.30	19.20	19.70	23.00	36.70	59.30	77.20	93.90	129.00
80 + years	1,200	277	350	408	509	739	» 1,006	» 1,153	» 1,251	» 1,391	25.90	24.90	25.10	28.60	41.40	49.90	52.60	53.70	53.40
Total, age adjusted ...	na	» 340	» 402	» 450	» 529	» 711	» 946	1,100	1,216	1,408	11.70	11.50	11.70	12.80	19.10	32.30	43.80	54.30	75.00
Higher-income: > 185% poverty																			
60-64 years	1,200	» 446	» 519	» 573	» 660	» 849	» 1,075	» 1,214	» 1,314	» 1,475	18.20	19.10	19.80	21.10	25.40	31.90	34.70	35.90	38.20
65-69 years	1,200	» 432	» 506	» 561	» 651	» 846	» 1,082	1,227	1,334	1,505	14.40	16.00	17.10	18.90	22.90	29.10	34.30	38.90	47.80
70-74 years	1,200	» 411	» 471	» 516	» 592	764	991	1,141	1,255	1,447	15.40	17.70	19.40	22.40	29.60	38.20	43.30	48.20	59.60
75-79 years	1,200	» 379	» 441	490	574	780	1,074	» 1,282	» 1,447	» 1,736	16.70	18.40	20.10	23.30	33.20	49.50	61.60	72.80	98.60
80 + years	1,200	» 384	» 447	496	» 576	754	» 963	» 1,085	» 1,169	» 1,297	13.00	14.40	15.70	18.20	23.40	27.60	28.80	29.30	29.90
Total, age adjusted ...	na	» 411	» 478	» 528	» 612	» 802	» 1,040	» 1,188	» 1,298	» 1,473	6.49	6.86	7.28	8.10	9.94	13.30	15.80	17.90	22.30

Notes: Significant differences in means and proportions are noted by » (.05 level), »» (.01 level), or »»» (.001 level). Differences are tested in comparison to lowest income group (Income ≤ 130% poverty).

The Bonferroni adjustment was used to adjust levels of significant and control for multiplicity in the number of tests.

— Estimate of usual intake could not be obtained for the gender-age group cell. The cell was pooled with a neighboring age group to determine its contribution to the 'Total, age-adjusted' row.

na Adequate Intake (AI) is specified for particular gender-age groups, but is not applicable to pooled data.

Source: NHANES-III, 1988-94 Exam file, 24-hour dietary recall. Food intake does not account for vitamin/mineral supplements. Usual intake was estimated using *C-SIDE: Software for Intake Distribution Estimation*, accounting for within-person variance as estimated from the *Continuing Survey of Food Intake of Individuals (CSFII)*.

Table D-24—Distribution of usual calcium intake in milligrams: Older adults
— Continued

Female																			
	AI (mg/dy)	Percentiles									Standard errors of percentiles								
		5th	10th	15th	25th	50th	75th	85th	90th	95th	5th	10th	15th	25th	50th	75th	85th	90th	95th
All older adults																			
60-64 years	1,200	268	326	370	445	610	818	950	1,049	1,210	8.38	9.09	9.42	10.20	13.40	18.30	23.50	28.50	37.10
65-69 years	1,200	265	331	381	466	656	894	1,049	1,167	1,369	9.47	10.70	11.80	13.70	16.40	21.70	26.80	31.70	41.10
70-74 years	1,200	268	324	367	438	598	799	926	1,020	1,173	6.71	7.06	7.53	8.68	12.90	19.00	22.10	24.40	29.60
75-79 years	1,200	234	299	349	432	619	850	994	1,099	1,268	10.90	11.30	11.50	12.10	15.50	23.20	29.50	34.30	42.40
80 + years	1,200	302	356	397	464	614	802	921	1,009	1,153	7.54	8.04	8.48	9.39	12.10	16.30	19.50	22.00	26.70
Total, age adjusted ...	na	268	327	373	449	620	832	967	1,068	1,234	4.04	4.33	4.56	5.13	7.02	9.32	11.00	12.60	15.90
Lowest income: ≤ 130% poverty																			
60-64 years	1,200	177	222	259	325	486	690	809	891	1,011	14.20	18.10	20.80	24.30	28.40	30.90	34.20	37.30	43.00
65-69 years	1,200	206	266	314	402	628	967	1,213	1,411	1,760	21.00	22.90	24.60	28.60	39.80	58.40	74.50	88.10	115.00
70-74 years	1,200	219	273	315	387	553	752	866	945	1,062	11.30	12.90	13.90	15.50	20.10	28.00	31.70	33.60	37.60
75-79 years	1,200	208	265	311	387	567	804	958	1,074	1,264	23.60	24.90	25.00	24.20	27.80	46.40	60.00	71.80	99.70
80 + years	1,200	273	323	361	424	565	746	861	948	1,090	10.50	11.70	12.70	14.60	19.80	28.20	34.80	40.30	50.20
Total, age adjusted ...	na	210	265	307	380	551	780	933	1,050	1,248	9.19	10.40	11.00	11.60	13.00	17.40	21.70	25.90	35.00
Low-income: 131-185% poverty																			
60-64 years	1,200	215	261	298	363	526	767	942	1,084	1,335	17.90	20.30	22.50	27.70	47.80	88.40	122.00	150.00	204.00
65-69 years	1,200	179	239	285	366	555	799	956	1,073	1,265	24.20	28.20	31.70	38.80	60.40	88.50	101.00	108.00	121.00
70-74 years	1,200	274	329	369	434	575	758	884	982	1,152	25.00	24.60	24.00	23.50	27.80	42.10	54.00	66.30	97.30
75-79 years	1,200	327	384	426	492	634	800	899	970	1,083	28.80	30.80	31.90	33.20	35.80	40.40	45.50	50.90	63.50
80 + years	1,200	301	358	403	481	667	904	1,049	1,152	1,312	16.80	18.80	20.10	22.70	31.50	40.70	43.10	43.10	41.10
Total, age adjusted ...	na	243	298	340	412	581	804	948	1,055	1,227	8.43	9.42	10.40	12.40	19.20	28.60	34.90	40.20	50.70
Higher-income: > 185% poverty																			
60-64 years	1,200	313	372	416	489	652	856	985	1,082	1,238	11.50	11.90	12.00	12.60	16.50	23.70	29.40	34.60	45.00
65-69 years	1,200	316	380	429	507	672	857	968	1,051	1,189	10.50	11.30	12.10	13.40	17.10	23.80	30.30	36.80	51.00
70-74 years	1,200	291	345	387	456	614	816	946	1,044	1,205	9.98	10.40	10.90	12.30	17.60	25.50	30.60	34.90	44.00
75-79 years	1,200	217	291	347	439	639	874	1,015	1,115	1,272	16.10	18.70	19.90	20.70	23.20	28.90	34.20	39.10	49.10
80 + years	1,200	362	417	458	526	673	855	968	1,051	1,187	10.00	11.20	12.20	13.90	18.40	25.80	31.50	36.10	44.40
Total, age adjusted ...	na	307	367	412	487	650	849	973	1,064	1,209	4.83	5.26	5.57	6.35	9.13	13.70	17.10	19.90	24.70

Notes: Significant differences in means and proportions are noted by > (.05 level), >> (.01 level), or >>> (.001 level). Differences are tested in comparison to lowest income group (Income ≤ 130% poverty).
The Bonferroni adjustment was used to adjust levels of significant and control for multiplicity in the number of tests.
na Adequate Intake (AI) is specified for particular gender-age groups, but is not applicable to pooled data.

Source: NHANES-III, 1988-94 Exam file, 24-hour dietary recall. Food intake does not account for vitamin/mineral supplements. Usual intake was estimated using *C-SIDE: Software for Intake Distribution Estimation*, accounting for within-person variance as estimated from the *Continuing Survey of Food Intake of Individuals (CSFII)*.

Table D-24—Distribution of usual calcium intake in milligrams: Older adults
— Continued

Both sexes

	AI (mg/dy)	Percentiles									Standard errors of percentiles								
		5th	10th	15th	25th	50th	75th	85th	90th	95th	5th	10th	15th	25th	50th	75th	85th	90th	95th
All older adults																			
60-64 years	1,200	306	371	420	501	685	918	1,067	1,177	1,358	7.61	8.35	8.79	9.41	11.10	16.40	20.50	23.70	29.30
65-69 years	1,200	308	378	433	523	726	981	1,144	1,266	1,469	8.63	9.93	10.90	12.30	15.00	19.90	24.50	28.50	35.70
70-74 years	1,200	299	359	406	483	661	889	1,036	1,147	1,329	5.40	6.02	6.65	7.66	10.10	15.10	19.10	22.10	28.40
75-79 years	1,200	268	334	385	467	654	897	1,057	1,181	1,390	9.22	8.95	8.91	9.27	11.90	17.00	21.80	26.70	36.60
80 + years	1,200	304	363	408	482	647	852	980	1,076	1,230	7.10	7.57	7.90	8.51	10.50	13.70	15.60	16.90	20.10
Total, age adjusted ...	na	300	364	413	493	677	911	1,059	1,171	1,354	3.27	3.61	3.89	4.43	5.27	6.70	8.34	9.94	12.80
Lowest income: ≤ 130% poverty																			
60-64 years	1,200	219	268	306	370	515	688	791	863	974	14.00	16.60	18.10	19.80	22.30	25.10	26.60	27.50	29.10
65-69 years	1,200	204	260	307	392	611	934	1,158	1,331	1,615	16.20	18.90	21.00	25.80	37.80	50.80	59.90	68.00	83.00
70-74 years	1,200	216	274	321	401	579	793	926	1,025	1,191	10.70	11.90	12.50	13.50	16.70	26.20	36.60	46.50	67.80
75-79 years	1,200	228	290	337	417	598	829	975	1,084	1,260	19.40	20.30	20.90	21.80	24.80	32.60	40.60	48.50	65.70
80 + years	1,200	264	317	357	424	577	772	896	990	1,143	9.22	9.88	10.40	11.40	14.80	21.80	27.70	32.80	42.00
Total, age adjusted ...	na	227	282	326	399	572	796	941	1,051	1,234	8.20	9.09	9.70	10.50	11.90	15.50	18.90	21.20	25.40
Low-income: 131-185% poverty																			
60-64 years	1,200	228	278	319	390	568	828	1,014	1,164	1,427	13.20	13.80	14.50	16.30	27.80	56.10	83.10	108.00	156.00
65-69 years	1,200	250	310	356	436	624	877	1,044	1,172	1,386	21.50	24.40	26.50	30.40	46.40	94.00	148.00	204.00	325.00
70-74 years	1,200	310	372	418	494	666	896	1,044	1,153	1,326	19.90	20.20	20.50	22.40	31.40	43.10	50.20	56.30	67.60
75-79 years	1,200	316	373	415	484	637	824	941	1,026	1,165	20.70	21.60	22.00	22.80	26.10	31.80	37.20	42.60	53.80
80 + years	1,200	281	343	392	477	682	952	1,115	1,227	1,387	15.80	16.30	16.90	18.90	25.80	32.30	35.00	36.10	35.50
Total, age adjusted ...	na	272	332	377	454	632	863	1,014	1,127	1,315	7.55	8.10	8.67	10.20	16.00	24.30	30.80	36.90	49.70
Higher-income: > 185% poverty																			
60-64 years	1,200	352	419	469	552	737	968	1,113	1,220	1,394	9.12	9.69	10.20	11.20	13.00	17.90	21.90	24.70	28.80
65-69 years	1,200	359	429	482	568	756	984	1,124	1,227	1,391	8.88	9.79	10.50	11.80	14.80	19.80	24.20	28.00	35.40
70-74 years	1,200	335	393	437	512	682	906	1,053	1,166	1,354	7.45	8.25	9.09	10.60	14.70	21.40	26.70	31.20	40.40
75-79 years	1,200	275	343	396	486	694	965	1,142	1,275	1,493	12.20	12.40	12.70	13.60	17.80	26.00	33.30	40.10	53.80
80 + years	1,200	368	428	473	545	703	896	1,016	1,104	1,245	8.73	9.95	10.90	12.50	16.50	21.60	24.70	27.10	31.60
Total, age adjusted ...	na	342	406	456	536	718	945	1,088	1,195	1,368	3.09	3.42	3.72	4.27	5.73	8.44	10.80	12.90	16.90

Notes: Significant differences in means and proportions are noted by > (.05 level), >> (.01 level), or >>> (.001 level). Differences are tested in comparison to lowest income group (Income ≤ 130% poverty).
The Bonferroni adjustment was used to adjust levels of significant and control for multiplicity in the number of tests.
na Adequate Intake (AI) is specified for particular gender-age groups, but is not applicable to pooled data.

Source: NHANES-III, 1988-94 Exam file, 24-hour dietary recall. Food intake does not account for vitamin/mineral supplements. Usual intake was estimated using *C-SIDE: Software for Intake Distribution Estimation*, accounting for within-person variance as estimated from the *Continuing Survey of Food Intake of Individuals (CSFII)*.

Table D-25—Prevalence of dietary supplement use in the past month among older adults

	All older adults			Lowest income: ≤ 130% poverty			Low-income: 131-185% poverty			Higher-income: > 185% poverty		
	Sample size	Percent	Standard Error	Sample size	Percent	Standard Error	Sample size	Percent	Standard Error	Sample size	Percent	Standard Error
Both sexes												
60-64 years	1,342	46.5	2.3	417	37.3	4.5	159	41.6	6.2	631	» 50.1	3.1
65-69 years	1,263	45.4	2.1	389	34.0	4.7	153	35.9	5.7	597	»» 50.0	2.8
70-74 years	1,277	48.5	2.0	368	38.8	3.6	207	39.0	3.7	585	»»» 55.3	2.5
75-79 years	874	47.7	2.4	282	42.0	4.4	149	47.9	5.5	327	» 55.0	3.5
80 + years	1,818	50.6	2.4	598	49.3	2.6	287	53.3	3.9	630	» 54.0	4.1
Total, age adjusted ...	6,574	47.7	1.3	2,054	40.1	1.9	955	43.3	2.7	2,770	»»» 52.7	1.8
Male												
60-64 years	670	39.7	2.8	194	21.7	6.4	77	23.8 *	8.1	339	»» 44.3	3.5
65-69 years	626	38.9	2.2	174	29.1	6.5	72	32.0 *	5.8	324	»» 42.7	2.8
70-74 years	611	39.9	3.0	153	26.7	5.4	105	32.8	5.8	305	»» 45.8	3.9
75-79 years	379	39.8	2.8	112	33.0 *	7.2	63	42.0 *	9.2	159	»» 42.0	4.6
80 + years	820	42.3	2.5	225	36.3	3.5	143	» 49.0	4.5	339	» 45.5	4.2
Total, age adjusted ...	3,106	40.1	1.2	858	29.0	3.0	460	35.3	2.7	1,466	»»» 44.1	2.0
Female												
60-64 years	672	52.1	2.8	223	47.1	5.4	82	51.7	7.0	292	» 55.5	4.1
65-69 years	637	51.0	3.4	215	37.1	5.7	81	38.9	9.9	273	»» 57.6	4.8
70-74 years	666	55.0	2.8	215	44.1	4.3	102	44.3	7.2	280	»»» 64.4	3.2
75-79 years	495	52.9	3.6	170	45.8	5.6	86	51.6	8.5	168	»»» 66.6	4.8
80 + years	998	55.0	2.8	373	54.0	3.0	144	56.0	5.0	291	» 60.0	4.5
Total, age adjusted ...	3,468	53.2	1.6	1,196	45.6	2.1	495	48.5	3.6	1,304	»»» 60.4	2.4

Notes: * Denotes individual estimates not meeting the standards of reliability or precision due to inadequate cell size or large coefficient of variation.

Significant differences in means and proportions are noted by » (.05 level), »» (.01 level), or »»» (.001 level). Differences are tested in comparison to lowest income group (Income ≤ 130% poverty).

Source: NHANES-III, 1988-94: Adult interview file. The 'All older adults' column includes persons with missing income.

Table D-26—Number of dietary supplements taken by older adults using dietary supplements in past month

	All older adults				Lowest income: ≤ 130% poverty				Low-income: 131-185% poverty				Higher-income: > 185% poverty			
	Sample size	Number supplements used			Sample size	Number supplements used			Sample size	Number supplements used			Sample size	Number supplements used		
		One	Two	Three +		One	Two	Three +		One	Two	Three +		One	Two	Three +
Both sexes																
60-64 years	556	54.4	20.0	25.5	127	68.1	13.5	18.5 *	68	72.1	9.7	18.3 *	312	50.6	22.0	27.4
65-69 years	502	54.7	21.9	23.4	117	57.8	25.2	17.1 *	59	56.5	15.0	28.5 *	277	51.6	23.4	25.0
70-74 years	572	52.6	23.8	23.6	130	58.5	18.9	22.6 *	87	61.4	19.0	19.6 *	309	48.2	27.0	24.7
75-79 years	397	52.0	30.0	18.0	110	63.2	26.7	10.1 *	68	48.5	39.6	11.9 *	176	49.2	28.1	22.7
80 + years	852	64.9	20.2	14.9	263	70.3	17.0	12.7	145	63.0	24.8	12.2	307	59.2	21.6	19.2
Total, age adjusted ...	2,879	55.8	22.8	21.4	747	63.7	19.8	16.5	427	61.1	20.5	18.4	1,381	51.9	24.2	24.0
Male																
60-64 years	238	56.9	25.3	17.8	40	88.6	8.7	2.7 *	24	78.3	16.9	4.8 *	155	54.4	26.0	19.6
65-69 years	214	60.6	19.5	19.9	41	60.9	11.8	27.3 *	26	56.4	17.6	26.0 *	131	60.1	21.0	18.9
70-74 years	230	54.4	20.9	24.7	43	80.0	20.0	0.0 *	39	61.7	19.6	18.7 *	132	49.4	22.3	28.3
75-79 years	141	53.1	31.9	15.0	36	60.2	24.7	15.1 *	20	46.2	47.6	6.2 *	68	53.1	30.7	16.2
80 + years	320	66.9	20.5	12.6	72	78.3	10.6	11.1 *	67	64.9	19.4	15.8 *	137	62.5	24.6	12.8
Total, age adjusted ...	1,143	58.6	23.4	18.1	232	74.5	14.5	11.0	176	62.6	23.1	14.3	623	56.1	24.7	19.2
Female																
60-64 years	318	52.9	16.8	30.3	87	62.1	14.8	23.1 *	44	70.5	7.8	21.8 *	157	47.7	19.0	33.4
65-69 years	288	50.7	23.5	25.8	76	56.2	31.5	12.2 *	33	56.6	13.4	30.0 *	146	45.0	25.3	29.6
70-74 years	342	51.6	25.4	23.0	87	52.7	18.6	28.7	48	61.2	18.7	20.2 *	177	47.5	30.3	22.2
75-79 years	256	51.4	29.1	19.5	74	64.2	27.3	8.6 *	48	49.7	35.5	14.9 *	108	47.0	26.6	26.3
80 + years	532	64.0	20.1	15.9	191	68.4	18.5	13.1	78	62.0	27.9	10.1 *	170	57.4	20.0	22.6
Total, age adjusted ...	1,736	54.2	22.5	23.3	515	60.7	21.8	17.5	251	60.7	19.6	19.7	758	49.0	23.9	27.1

Notes: * Denotes individual estimates not meeting the standards of reliability or precision due to inadequate cell size or large coefficient of variation.

Significant differences, compared to lowest income group, are noted by > (.05 level), >> (.01 level), or >>> (.001 level). The Bonferroni adjustment was used to adjust for the multiplicity of tests when examining multiple outcome categories.

Source: NHANES-III, 1988-94: Adult interview file. The 'All older adults' column includes persons with missing income.

Table D-27—Standard errors for number of dietary supplements taken by older adults using dietary supplements in past month

	All older adults				Lowest income: ≤ 130% poverty				Low-income: 131-185% poverty				Higher-income: > 185% poverty			
	Sample size	Number supplements used			Sample size	Number supplements used			Sample size	Number supplements used			Sample size	Number supplements used		
		One	Two	Three +		One	Two	Three +		One	Two	Three +		One	Two	Three +
Both sexes																
60-64 years	556	2.8	2.0	2.8	127	6.1	5.0	5.8	68	6.8	4.1	5.9	312	3.9	2.7	3.8
65-69 years	502	3.3	2.7	2.5	117	8.1	5.8	7.0	59	9.0	6.0	8.6	277	4.2	3.5	3.5
70-74 years	572	3.0	2.6	2.0	130	6.4	4.3	6.9	87	6.7	6.6	7.0	309	3.8	3.8	2.5
75-79 years	397	3.9	2.6	2.4	110	7.4	6.4	3.9	68	6.2	6.6	5.0	176	4.7	3.8	3.4
80 + years	852	2.0	1.7	1.4	263	2.9	2.4	2.2	145	4.3	4.9	3.0	307	3.1	1.9	2.6
Total, age adjusted ...	2,879	1.5	0.9	1.3	747	2.9	1.7	2.7	427	3.4	2.7	2.4	1,381	1.8	1.2	1.7
Male																
60-64 years	238	4.4	3.5	3.6	40	4.2	3.2	1.9	24	10.7	10.6	4.1	155	4.5	4.0	4.3
65-69 years	214	5.3	3.8	3.2	41	14.5	7.8	13.7	26	11.8	9.7	12.3	131	5.8	4.0	4.6
70-74 years	230	3.7	3.6	3.3	43	9.6	9.6	0.0	39	9.8	9.6	6.9	132	4.7	4.6	3.6
75-79 years	141	5.8	5.9	3.6	36	13.4	9.2	13.3	20	12.5	13.2	6.0	68	7.5	7.8	4.3
80 + years	320	2.8	2.6	2.1	72	5.5	3.8	4.4	67	7.1	6.9	5.6	137	4.4	3.9	3.1
Total, age adjusted ...	1,143	2.2	2.0	1.7	232	3.7	3.5	3.1	176	4.2	4.6	3.4	623	2.7	2.6	2.0
Female																
60-64 years	318	3.3	2.6	3.2	87	6.8	6.1	7.3	44	7.8	4.5	7.4	157	5.1	3.6	4.9
65-69 years	288	3.8	3.9	3.4	76	10.9	9.3	5.7	33	11.4	7.2	11.0	146	4.9	4.9	4.6
70-74 years	342	3.4	3.0	2.5	87	6.8	4.3	7.9	48	8.0	7.3	9.7	177	4.0	4.4	2.7
75-79 years	256	4.7	3.5	3.1	74	8.4	7.4	2.9	48	9.5	9.4	6.5	108	6.2	4.6	5.0
80 + years	532	2.4	2.0	1.7	191	3.1	2.7	2.3	78	6.4	6.7	3.5	170	3.8	2.5	3.2
Total, age adjusted ...	1,736	1.5	1.3	1.4	515	3.7	2.7	2.9	251	4.1	2.8	3.6	758	1.9	1.5	2.1

Notes: * Denotes individual estimates not meeting the standards of reliability or precision due to inadequate cell size or large coefficient of variation.

Significant differences, compared to lowest income group, are noted by > (.05 level), >> (.01 level), or >>> (.001 level). The Bonferroni adjustment was used to adjust for the multiplicity of tests when examining multiple outcome categories.

Source: NHANES-III, 1988-94: Adult interview file. The 'All older adults' column includes persons with missing income.

Table D-28—Types of dietary supplements taken by older adults using dietary supplements in past month¹

All older adults

	Sample size	Single vitamin		Multiple vitamin		Single mineral		Vitamin/mineral combo		Other supplements	
		Percent	Std Error	Percent	Std Error	Percent	Std Error	Percent	Std Error	Percent	Std Error
Both sexes											
60-64 years	556	46.0	2.8	25.0	3.2	28.1	2.7	47.1	3.0	16.3	2.2
65-69 years	502	40.6	3.1	24.6	2.7	33.8	3.1	48.7	2.5	13.1	2.1
70-74 years	572	41.2	2.4	25.9	3.0	35.9	2.2	44.4	3.0	13.8	2.0
75-79 years	397	36.7	3.4	25.6	2.5	39.2	3.3	42.8	3.4	10.4	1.4
80 + years	852	26.2	1.6	22.6	2.2	38.2	2.2	45.8	3.0	6.5	1.0
Total, age adjusted ...	2,879	38.4	1.6	24.7	1.4	34.6	1.0	46.0	1.4	12.2	0.9
Male											
60-64 years	238	46.8	4.0	25.7	4.4	19.9	4.0	45.4	3.8	12.8	3.4
65-69 years	214	40.2	5.9	19.3	3.0	28.9	4.8	48.6	4.2	12.4	2.5
70-74 years	230	40.7	4.4	30.2	3.6	25.3	3.5	48.1	4.9	16.0	3.7
75-79 years	141	30.4	5.7	28.6	4.7	32.6	5.4	45.0	5.5	10.8 *	3.4
80 + years	320	29.6	2.4	22.9	2.5	33.0	3.5	43.5	4.2	8.7	1.9
Total, age adjusted ...	1,143	38.1	2.3	25.2	1.8	27.6	1.6	46.2	1.7	12.2	1.4
Female											
60-64 years	318	45.4	3.1	24.6	3.6	33.0	3.6	48.2	3.6	18.4	2.7
65-69 years	288	40.9	3.2	28.1	3.8	37.0	4.0	48.8	3.5	13.6	2.6
70-74 years	342	41.4	2.5	23.5	3.9	41.8	3.3	42.4	3.3	12.6	2.2
75-79 years	256	39.9	3.6	24.1	2.8	42.5	4.4	41.6	3.9	10.2	2.0
80 + years	532	24.8	2.0	22.5	2.5	40.4	2.3	46.8	3.0	5.7	1.0
Total, age adjusted ...	1,736	38.6	1.5	24.6	1.6	38.6	1.4	45.8	1.7	12.4	1.0

See footnotes at end of table.

Table D-28—Types of dietary supplements taken by older adults using dietary supplements in past month¹ — Continued

Income ≤ 130% poverty

	Sample size	Single vitamin		Multiple vitamin		Single mineral		Vitamin/mineral combo		Other supplements	
		Percent	Std Error	Percent	Std Error	Percent	Std Error	Percent	Std Error	Percent	Std Error
Both sexes											
60-64 years	127	28.1 *	6.6	32.4	6.8	32.6	8.0	32.8	7.5	23.3	6.1
65-69 years	117	40.9 *	9.3	11.4 *	3.8	28.1	6.4	47.3	7.9	18.7	5.6
70-74 years	130	31.8 *	5.2	23.1	4.6	39.3	6.8	38.7	5.4	19.1	7.3
75-79 years	110	31.6 *	6.3	27.3	5.6	35.6	5.5	32.9	6.0	6.2 *	2.3
80 + years	263	24.1	3.0	19.2	2.6	46.4	3.8	37.3	3.0	6.6 *	1.8
Total, age adjusted ...	747	31.2	3.4	22.7	2.3	36.2	2.9	37.9	3.1	15.4	2.5
Male											
60-64 years	40	12.0 *	6.4	31.4 *	12.0	41.8 *	16.6	26.6 *	10.2	1.2 *	0.7
65-69 years	41	65.2 *	11.8	4.3 *	2.2	25.8 *	13.2	48.5 *	13.9	32.4 *	14.2
70-74 years	43	25.3 *	9.8	19.8 *	6.7	11.2 *	4.5	47.2 *	13.1	9.0 *	6.9
75-79 years	36	22.6 *	13.1	39.2 *	11.3	31.9 *	10.5	34.0 *	10.0	6.9 *	3.8
80 + years	72	27.4 *	6.1	20.6 *	4.4	46.4 *	8.4	29.1 *	5.2	9.8 *	4.2
Total, age adjusted ...	232	30.5	3.9	22.6	3.3	31.9	4.2	36.8	5.6	11.8	4.0
Female											
60-64 years	87	32.8 *	8.2	32.6 *	7.6	29.9	7.9	34.6 *	8.6	29.7	7.4
65-69 years	76	29.3 *	9.5	14.8 *	5.6	29.2	6.8	46.7 *	8.1	12.1 *	5.0
70-74 years	87	33.5 *	5.9	24.0 *	5.7	46.8	8.6	36.4 *	6.7	21.8 *	8.6
75-79 years	74	34.4 *	7.2	23.6 *	6.8	36.8 *	6.6	32.5 *	7.0	6.0 *	2.8
80 + years	191	23.3	3.2	18.9	2.8	46.4	4.4	39.4	3.4	5.8 *	1.8
Total, age adjusted ...	515	30.6	3.7	23.0	2.6	37.4	3.4	38.1	3.2	15.8	2.8

See footnotes at end of table.

Table D-28—Types of dietary supplements taken by older adults using dietary supplements in past month¹ — Continued

Persons with income between 131-185% poverty

	Sample size	Single vitamin		Multiple vitamin		Single mineral		Vitamin/mineral combo		Other supplements	
		Percent	Std Error	Percent	Std Error	Percent	Std Error	Percent	Std Error	Percent	Std Error
Both sexes											
60-64 years	68	35.7 *	7.5	13.4 *	7.2	29.6 *	6.7	45.0 *	6.8	11.3 *	4.7
65-69 years	59	43.5 *	8.3	23.8 *	7.5	36.0 *	8.5	38.0 *	9.6	15.5 *	7.0
70-74 years	87	28.9	7.3	21.7 *	6.2	38.1	6.5	» 54.2	6.8	12.3 *	4.2
75-79 years	68	30.6 *	7.6	29.8 *	7.4	54.0 *	7.0	35.8 *	8.7	8.3 *	4.6
80 + years	145	26.6	3.4	19.4	3.4	» 34.4	4.3	»» 53.0	4.0	8.2 *	2.5
Total, age adjusted ...	427	33.3	2.6	21.1	3.7	37.5	3.0	45.4	3.8	11.2	2.1
Male											
60-64 years	24	»» 66.8 *	12.1	7.0 *	4.9	» 0.3 *	0.3	45.8 *	12.6	5.1 *	4.3
65-69 years	26	36.0 *	11.5	18.5 *	10.2	34.9 *	11.0	32.1 *	13.4	16.5 *	10.5
70-74 years	39	29.6 *	9.0	27.5 *	11.4	» 42.5 *	9.8	41.7 *	10.0	16.6 *	7.3
75-79 years	20	26.1 *	13.5	47.4 *	12.7	43.5 *	14.0	36.3 *	12.3	6.7 *	5.9
80 + years	67	28.4 *	6.3	24.4 *	5.2	41.3 *	7.1	34.8 *	7.0	14.3 *	5.4
Total, age adjusted ...	176	38.8	4.1	23.5	4.5	31.0	4.3	38.4	4.6	11.8	3.0
Female											
60-64 years	44	27.5 *	8.0	15.0 *	8.6	37.2 *	8.5	44.8 *	9.5	13.0 *	5.6
65-69 years	33	48.3 *	12.2	27.3 *	10.7	36.8 *	11.6	41.8 *	12.8	14.8 *	7.8
70-74 years	48	28.4 *	9.1	18.0 *	6.0	35.3 *	8.8	» 62.0 *	9.5	9.6 *	4.7
75-79 years	48	33.0 *	9.0	20.6 *	9.3	» 59.5 *	9.4	35.6 *	8.7	9.2 *	5.9
80 + years	78	25.6 *	5.4	16.6 *	4.2	» 30.5	5.3	»» 63.3 *	5.4	4.7 *	2.0
Total, age adjusted ...	251	32.5	3.3	19.4	4.3	39.0	3.6	» 49.7	4.5	10.4	2.6

See footnotes at end of table.

Table D-28—Types of dietary supplements taken by older adults using dietary supplements in past month¹ — Continued

Persons with income > 185% poverty

	Sample size	Single vitamin		Multiple vitamin		Single mineral		Vitamin/mineral combo		Other supplements	
		Percent	Std Error	Percent	Std Error	Percent	Std Error	Percent	Std Error	Percent	Std Error
Both sexes											
60-64 years	312	» 51.4	4.1	23.8	3.4	28.9	3.4	» 50.2	3.4	13.8	2.5
65-69 years	277	41.4	4.1	» 27.1	3.6	34.7	4.2	50.6	3.2	11.3	2.6
70-74 years	309	» 45.3	3.1	27.5	4.2	33.8	3.5	44.1	3.8	13.0	2.2
75-79 years	176	41.4	4.6	24.2	3.2	35.9	4.3	» 49.2	4.9	11.9	2.1
80 + years	307	» 29.6	2.0	23.6	4.4	» 36.3	2.8	»» 52.2	4.9	5.0	1.3
Total, age adjusted ...	1,381	» 42.1	1.9	25.2	2.1	33.7	1.2	»» 49.3	1.7	11.1	1.0
Male											
60-64 years	155	»» 50.8	4.5	25.5	5.4	21.0	4.6	48.1	4.2	» 10.2	3.0
65-69 years	131	» 38.1	6.9	»» 21.3	3.7	27.7	5.7	51.2	4.9	9.4 *	3.7
70-74 years	132	44.2	4.9	30.2	5.2	» 25.0	4.3	51.2	6.5	15.5	4.6
75-79 years	68	34.2	6.2	21.4 *	5.8	30.8	7.9	50.7 *	8.0	10.7 *	4.2
80 + years	137	30.2	2.9	25.5	4.2	» 24.1	3.5	»» 53.2	5.2	6.0 *	2.1
Total, age adjusted ...	623	» 40.0	2.8	24.9	2.2	25.4	2.1	» 50.8	2.0	10.3	1.4
Female											
60-64 years	157	51.9	5.4	22.5	4.2	34.8	5.0	51.8	4.5	16.6	3.4
65-69 years	146	44.0	3.9	» 31.4	5.4	40.1	5.8	50.1	4.4	12.8	3.3
70-74 years	177	46.1	3.6	25.7	5.0	39.8	5.0	39.2	4.2	11.4	3.3
75-79 years	108	45.5	4.8	25.8	3.9	38.8	5.6	48.4	5.9	12.6 *	3.6
80 + years	170	29.2	3.2	22.6	5.5	42.8	3.4	» 51.7	5.5	4.5 *	1.6
Total, age adjusted ...	758	» 43.5	2.0	25.5	2.4	39.1	1.9	» 48.4	2.3	11.7	1.6

Notes: * Denotes individual estimates not meeting the standards of reliability or precision due to inadequate cell size or large coefficient of variation.

Significant differences in means and proportions are noted by » (.05 level), »» (.01 level), or »»» (.001 level). Differences are tested in comparison to lowest income group (Income ≤ 130% poverty).

¹ Percents do not sum to 100 because some respondents took two or more supplements.

Source: NHANES-III, 1988-94: Adult interview file. The 'All older adults' column includes persons with missing income.

Table D-29—Total Healthy Eating Index score: Older adults

	All older adults			Lowest income: ≤ 130% poverty			Low-income: 131-185% poverty			Higher-income: > 185% poverty		
	Sample size	Mean	Standard Error	Sample size	Mean	Standard Error	Sample size	Mean	Standard Error	Sample size	Mean	Standard Error
Both sexes												
60-64 years	1,154	67.2	0.6	358	61.5	1.0	135	64.5	2.1	555	***68.9	0.8
65-69 years	1,054	68.3	0.6	325	64.6	1.5	128	64.1	1.6	503	***70.0	0.7
70-74 years	1,019	69.2	0.6	290	65.0	1.1	160	**70.5	1.6	485	**69.6	0.9
75-79 years	659	68.2	0.6	212	64.0	1.3	117	67.1	1.1	257	***70.8	0.9
80 + years	1,153	69.3	0.6	369	66.7	0.8	196	*69.4	1.1	443	***70.8	0.7
Total, age adjusted ...	5,039	68.4	0.3	1,554	64.3	0.5	736	**67.0	0.8	2,243	***70.0	0.4
Male												
60-64 years	575	65.5	0.8	168	59.0	1.8	67	59.7 *	3.7	294	***67.5	1.1
65-69 years	536	66.8	0.9	144	58.8	1.9	63	*64.8 *	2.4	283	***68.4	1.1
70-74 years	500	66.5	0.9	128	58.3 *	1.5	77	**66.8	2.4	260	***67.6	1.1
75-79 years	283	65.3	1.0	87	59.9 *	1.8	49	66.1 *	2.3	118	***67.2	1.4
80 + years	557	67.1	0.7	148	62.5	1.2	98	*66.6	1.5	252	***69.2	0.9
Total, age adjusted ...	2,451	66.2	0.4	675	59.7	0.9	354	***64.6	1.4	1,207	***68.0	0.5
Female												
60-64 years	579	68.4	0.7	190	63.0	1.2	68	*67.5 *	2.2	261	***70.0	0.9
65-69 years	518	69.6	0.8	181	68.0	1.6	65	63.5 *	2.4	220	71.6	1.0
70-74 years	519	71.3	1.0	162	68.4	1.4	83	*73.0	1.6	225	71.6	1.4
75-79 years	376	70.0	0.7	125	65.6 *	1.8	68	67.7 *	1.1	139	***73.5	1.2
80 + years	596	70.5	0.6	221	68.3	1.0	98	71.0	1.3	191	**71.9	0.8
Total, age adjusted ...	2,588	69.9	0.3	879	66.6	0.6	382	68.5	0.8	1,036	***71.6	0.5

Notes: * Denotes individual estimates not meeting the standards of reliability or precision due to inadequate cell size or large coefficient of variation.

Significant differences in means and proportions are noted by * (.05 level), ** (.01 level), or *** (.001 level). Differences are tested in comparison to lowest income group (Income ≤ 130% poverty).

Source: NHANES-III, 1988-94: Healthy Eating Index Data File. The 'All older adults' column includes persons with missing income.

Table D-30—Percent of older adults by Healthy Eating Index ratings

	All older adults				Lowest income: ≤ 130% poverty				Low-income: 131-185% poverty				Higher-income: > 185% poverty			
	Sample size	Poor	Needs Improvement	Good	Sample size	Poor	Needs Improvement	Good	Sample size	Poor	Needs Improvement	Good	Sample size	Poor	Needs Improvement	Good
Both sexes																
60-64 years	1,154	13.9	66.8	19.3	358	22.1	69.3	8.6	135	21.4	65.8	12.8	555	» 11.0	67.1	» 21.9
65-69 years	1,054	11.0	68.9	20.1	325	17.0	71.1	11.9	128	14.1	74.2	11.7	503	» 9.1	68.1	» 22.8
70-74 years	1,019	11.5	63.2	25.4	290	22.6	60.6	16.8	160	» 7.4	61.9	30.7	485	» 10.3	63.9	» 25.8
75-79 years	659	10.8	66.6	22.6	212	15.3	71.8	12.9	117	11.9	72.3	15.9	257	» 7.8	63.2	» 29.0
80 + years	1,153	9.5	68.3	22.2	369	14.6	69.4	16.0	196	8.8	71.6	19.6	443	» 7.5	65.1	» 27.4
Total, age adjusted ...	5,039	11.4	66.8	21.8	1,554	18.5	68.4	13.1	736	» 13.1	69.0	17.9	2,243	» 9.2	65.6	» 25.1
Male																
60-64 years	575	17.1	65.2	17.6	168	30.8	61.1	8.1	67	30.5	63.7	5.7	294	» 13.3	66.4	» 20.3
65-69 years	536	13.5	68.0	18.5	144	27.8	68.6	3.7	63	13.7	68.5	17.7	283	» 10.7	69.5	» 19.8
70-74 years	500	16.8	64.0	19.2	128	32.8	60.7	6.5	77	» 12.2	67.7	20.1	260	» 15.4	63.4	» 21.2
75-79 years	283	16.4	64.7	18.9	87	20.0	69.9	10.1	49	18.7	58.5	22.8	118	» 13.2	65.6	» 21.1
80 + years	557	10.7	73.6	15.8	148	22.0	71.5	6.5	98	11.8	74.1	14.0	252	» 6.4	72.4	» 21.2
Total, age adjusted ...	2,451	14.9	67.2	18.0	675	27.0	66.1	6.9	354	» 17.8	66.7	» 15.5	1,207	» 11.8	67.5	» 20.7
Female																
60-64 years	579	11.5	68.0	20.6	190	16.8	74.2	8.9	68	15.8	67.1	17.1	261	» 9.0	67.7	» 23.3
65-69 years	518	8.7	69.7	21.6	181	10.6	72.7	16.8	65	14.4	78.8	6.8	220	» 7.3	66.5	» 26.2
70-74 years	519	7.3	62.5	30.2	162	17.5	60.6	22.0	83	» 4.0	57.9	» 38.1	225	» 5.2	64.4	» 30.3
75-79 years	376	7.4	67.7	24.9	125	13.4	72.6	14.0	68	7.2	81.7	11.1	139	» 3.9	61.4	» 34.7
80 + years	596	8.9	65.5	25.6	221	11.9	68.7	19.4	98	7.1	70.2	22.7	191	» 8.4	59.8	» 31.8
Total, age adjusted ...	2,588	8.9	66.7	24.4	879	14.1	69.9	16.0	382	10.1	70.8	19.2	1,036	» 6.9	64.2	» 28.8

Notes: * Denotes individual estimates not meeting the standards of reliability or precision due to inadequate cell size or large coefficient of variation. Significant differences, compared to lowest income group, are noted by » (.05 level), »» (.01 level), or »»» (.001 level). The Bonferroni adjustment was used to adjust for the multiplicity of tests when examining multiple outcome categories.

Source: NHANES-III, 1988-94: Healthy Eating Index Data File. The 'All older adults' column includes persons with missing income.

Table D-31—Standard errors for percent of older adults by Healthy Eating Index ratings

	All older adults				Lowest income: ≤ 130% poverty				Low-income: 131-185% poverty				Higher-income: > 185% poverty			
	Sample size	Poor	Needs Improvement	Good	Sample size	Poor	Needs Improvement	Good	Sample size	Poor	Needs Improvement	Good	Sample size	Poor	Needs Improvement	Good
Both sexes																
60-64 years	1,154	1.8	2.3	1.8	358	3.1	4.0	2.8	135	5.0	6.0	6.0	555	1.9	2.7	2.4
65-69 years	1,054	1.0	2.0	2.1	325	3.1	3.6	3.3	128	2.7	4.3	4.2	503	1.2	2.8	3.0
70-74 years	1,019	1.3	2.5	2.4	290	2.9	3.4	3.1	160	2.6	5.3	6.1	485	1.7	3.1	3.1
75-79 years	659	1.4	2.9	2.0	212	3.8	4.8	2.7	117	2.4	4.8	4.2	257	1.9	3.9	3.1
80 + years	1,153	1.0	1.6	1.6	369	2.3	3.2	2.3	196	2.1	2.3	2.6	443	1.1	2.7	2.9
Total, age adjusted ...	5,039	0.6	0.9	0.8	1,554	1.4	1.8	1.2	736	1.6	2.1	2.2	2,243	0.7	1.4	1.3
Male																
60-64 years	575	2.2	2.4	2.4	168	6.7	6.7	3.6	67	10.8	8.8	5.5	294	2.6	3.0	3.3
65-69 years	536	1.5	2.8	3.1	144	5.8	6.3	3.3	63	4.2	7.1	7.6	283	1.7	3.9	4.4
70-74 years	500	2.5	2.8	2.7	128	6.1	6.3	2.4	77	4.4	8.2	9.0	260	2.9	3.3	3.4
75-79 years	283	2.2	3.6	3.3	87	5.6	7.6	5.0	49	5.1	8.2	8.4	118	3.1	5.4	5.2
80 + years	557	1.5	2.1	2.1	148	3.2	4.2	2.4	98	3.7	5.5	4.1	252	2.0	3.2	3.1
Total, age adjusted ...	2,451	1.0	1.1	1.1	675	3.1	3.6	1.6	354	3.3	3.2	2.8	1,207	1.1	1.6	1.5
Female																
60-64 years	579	2.2	3.2	2.3	190	4.0	5.6	3.8	68	5.6	8.6	7.0	261	2.4	4.1	2.8
65-69 years	518	1.3	2.7	2.5	181	2.9	5.5	5.0	65	4.4	4.9	3.8	220	1.9	3.7	3.4
70-74 years	519	1.4	3.4	3.6	162	3.4	4.3	4.6	83	2.4	6.5	5.8	225	1.8	4.9	5.1
75-79 years	376	1.9	3.4	2.4	125	4.3	5.5	4.0	68	2.6	5.5	4.1	139	2.1	4.9	3.7
80 + years	596	1.3	2.3	2.0	221	3.0	4.0	3.0	98	2.3	3.4	4.1	191	1.8	4.4	4.0
Total, age adjusted ...	2,588	0.7	1.2	1.2	879	1.4	2.0	1.5	382	1.8	2.6	2.0	1,036	1.0	1.8	1.7

Source: NHANES-III, 1988-94: Healthy Eating Index Data File. The 'All older adults' column includes persons with missing income.

Table D-32—Healthy Eating Index component scores and food pyramid servings for grains: Older adults¹

	Mean HEI score				Mean # food pyramid servings				Percent meeting HEI recommendations			
	Total persons	Income ≤ 130% poverty	Income 131-185% poverty	Income > 185% poverty	Total persons	Income ≤ 130% poverty	Income 131-185% poverty	Income > 185% poverty	Total persons	Income ≤ 130% poverty	Income 131-185% poverty	Income > 185% poverty
Both sexes												
60-64 years	6.6	6.0	5.9	» 6.8	6.1	5.2	5.1	»» 6.4	19.8	16.2	11.9 *	21.1
65-69 years	6.6	6.2	6.1	» 6.7	5.9	5.3	5.2	» 6.1	22.4	17.6	16.5	24.7
70-74 years	6.6	6.1	6.7	»» 6.7	5.8	5.2	5.8	»» 6.0	16.7	15.8	20.1	16.7
75-79 years	6.3	5.7	6.3	»» 6.6	5.4	4.8	5.3	»» 5.8	16.2	10.8 *	12.1 *	»» 22.0
80 + years	6.2	5.9	6.2	» 6.4	5.2	4.9	5.4	»» 5.5	13.8	11.4	14.5	15.6
Total, age adjusted ...	6.5	6.0	6.2	»» 6.6	5.7	5.1	5.4	»» 6.0	18.0	14.6	15.0	»» 20.1
Male												
60-64 years	7.0	6.3	6.0 *	» 7.2	7.5	6.4	5.9 *	»» 7.8	25.9	20.7	10.4 *	27.4
65-69 years	6.7	5.5	6.4 *	»» 6.9	6.7	5.5	6.1 *	» 6.9	24.2	18.1 *	15.8 *	27.1
70-74 years	6.8	5.7	» 7.2 *	» 6.9	6.8	5.7 *	7.3 *	7.0	19.5	19.1 *	26.6	18.8
75-79 years	6.4	5.6 *	6.6 *	» 6.7	6.4	5.4 *	6.5 *	» 6.7	19.0	12.0 *	16.3 *	21.7
80 + years	6.3	5.7	6.3	»» 6.6	6.1	5.4	6.1	»» 6.5	16.0	13.3 *	12.0 *	18.7
Total, age adjusted ...	6.7	5.8	» 6.5	»» 6.9	6.7	5.7	» 6.4	»» 7.0	21.2	16.9	15.9	» 23.0
Female												
60-64 years	6.3	5.8	5.8 *	6.5	5.0	4.5	4.6 *	5.2	15.1	13.5 *	12.8 *	15.7
65-69 years	6.5	6.5	5.8 *	6.5	5.1	5.1	4.5 *	5.2	20.8	17.4 *	17.1 *	22.0
70-74 years	6.5	6.3	6.4	6.6	5.0	5.0	4.8	5.1	14.6	14.2 *	15.6 *	14.7
75-79 years	6.2	5.7	6.0 *	» 6.5	4.8	4.5 *	4.5 *	5.1	14.5	10.3 *	9.3 *	» 22.3
80 + years	6.2	6.0	6.2	6.3	4.8	4.7	4.9	4.8	12.7	10.8 *	15.8 *	13.4
Total, age adjusted ...	6.3	6.1	6.0	» 6.5	5.0	4.8	4.7	» 5.1	15.6	13.4	14.3	17.4

Notes: * Denotes individual estimates not meeting the standards of reliability or precision due to inadequate cell size or large coefficient of variation.

Significant differences in means and proportions are noted by » (.05 level), »» (.01 level), or »»» (.001 level). Differences are tested in comparison to lowest income group (Income ≤ 130% poverty).

¹ See Table D-29 for sample sizes.

Source: NHANES-III, 1988-94: Healthy Eating Index Data File. The 'All older adults' column includes persons with missing income.

Table D-33—Standard errors for Healthy Eating Index component scores and food pyramid servings for grains: Older adults¹

	Standard error for mean HEI score				Standard error for number servings				Standard error for percent meeting HEI recommendations			
	Total persons	Income ≤ 130% poverty	Income 131-185% poverty	Income > 185% poverty	Total persons	Income ≤ 130% poverty	Income 131-185% poverty	Income > 185% poverty	Total persons	Income ≤ 130% poverty	Income 131-185% poverty	Income > 185% poverty
Both sexes												
60-64 years	0.13	0.26	0.32	0.16	0.18	0.28	0.31	0.24	1.9	3.7	3.9	2.5
65-69 years	0.11	0.27	0.33	0.16	0.13	0.29	0.37	0.18	1.6	3.2	5.5	2.3
70-74 years	0.09	0.19	0.29	0.11	0.15	0.24	0.33	0.21	1.6	4.1	4.5	2.5
75-79 years	0.12	0.28	0.27	0.18	0.14	0.30	0.33	0.20	2.0	3.4	4.4	3.0
80 + years	0.09	0.16	0.20	0.11	0.09	0.16	0.24	0.12	1.2	2.2	2.7	1.6
Total, age adjusted ...	0.06	0.12	0.16	0.07	0.08	0.13	0.18	0.11	0.9	1.4	2.3	1.3
Male												
60-64 years	0.17	0.42	0.43	0.17	0.30	0.50	0.47	0.33	3.3	5.1	3.7	3.8
65-69 years	0.17	0.42	0.50	0.22	0.23	0.56	0.54	0.31	2.6	5.4	7.8	3.6
70-74 years	0.17	0.40	0.41	0.20	0.28	0.53	0.58	0.35	2.9	5.3	6.6	3.7
75-79 years	0.23	0.43	0.43	0.33	0.31	0.49	0.62	0.45	3.8	5.3	7.2	5.0
80 + years	0.10	0.27	0.30	0.15	0.12	0.28	0.38	0.21	1.6	3.5	3.0	2.7
Total, age adjusted ...	0.08	0.18	0.19	0.10	0.13	0.21	0.25	0.18	1.3	1.7	2.7	1.9
Female												
60-64 years	0.21	0.40	0.46	0.26	0.20	0.36	0.42	0.25	2.1	4.8	6.2	2.8
65-69 years	0.16	0.31	0.42	0.24	0.15	0.31	0.38	0.23	2.2	5.0	6.8	3.6
70-74 years	0.13	0.21	0.34	0.20	0.12	0.22	0.29	0.19	1.9	4.6	5.8	3.2
75-79 years	0.13	0.29	0.31	0.20	0.12	0.34	0.23	0.18	2.2	4.0	5.2	3.4
80 + years	0.11	0.20	0.20	0.16	0.11	0.21	0.23	0.14	1.5	2.8	3.8	2.2
Total, age adjusted ...	0.07	0.14	0.18	0.09	0.07	0.14	0.17	0.09	1.0	1.8	2.7	1.4

¹ See Table D-29 for sample sizes.

Source: NHANES-III, 1988-94: Healthy Eating Index Data File. The 'All older adults' column includes persons with missing income.

Table D-34—Healthy Eating Index component scores and food pyramid servings for vegetables: Older adults¹

	Mean HEI score				Mean # food pyramid servings				Percent meeting HEI recommendations			
	Total persons	Income ≤ 130% poverty	Income 131-185% poverty	Income > 185% poverty	Total persons	Income ≤ 130% poverty	Income 131-185% poverty	Income > 185% poverty	Total persons	Income ≤ 130% poverty	Income 131-185% poverty	Income > 185% poverty
Both sexes												
60-64 years	6.5	5.5	6.1	***6.8	3.3	2.8	3.1	**3.5	32.9	26.1	34.6	35.1
65-69 years	6.7	6.1	6.2	6.9	3.5	3.3	3.3	3.6	38.8	36.0	36.6	39.9
70-74 years	6.7	5.5	6.7	***6.9	3.4	2.8	3.3	**3.6	36.1	26.7	34.0	*39.3
75-79 years	6.5	5.9	6.0	**7.2	3.2	2.8	2.9	*3.6	34.7	31.7	29.0	40.8
80 + years	6.3	6.2	5.9	6.5	3.0	3.1	2.8	3.1	30.7	31.0	27.3	32.6
Total, age adjusted ...	6.5	5.8	6.2	***6.8	3.3	3.0	3.1	***3.5	34.6	30.2	32.5	**37.3
Male												
60-64 years	6.4	5.8	6.4 *	6.7	3.6	3.3	3.8 *	3.7	32.2	33.1	37.7 *	31.7
65-69 years	6.6	5.4	6.2 *	*7.0	3.7	3.5	3.5 *	3.8	38.8	30.9	37.9 *	40.0
70-74 years	6.4	4.9	6.1 *	**6.7	3.6	2.9	3.2 *	*3.8	33.0	24.3	23.6 *	35.4
75-79 years	6.1	5.4 *	6.2 *	6.7	3.3	3.0 *	3.3 *	3.5	25.5	21.9 *	32.1 *	28.0
80 + years	6.1	6.0	5.5	6.3	3.2	3.6	*2.8	3.3	26.6	29.8	22.7	29.0
Total, age adjusted ...	6.3	5.5	6.1	***6.7	3.5	3.3	3.3	3.6	31.5	28.4	31.1	33.0
Female												
60-64 years	6.5	5.2	5.9 *	***6.9	3.1	2.5	2.6 *	**3.3	33.5	21.9	32.6 *	*38.0
65-69 years	6.7	6.5	6.2 *	6.9	3.4	3.2	3.2 *	3.4	38.8	39.0	35.5 *	39.8
70-74 years	6.9	5.8	7.1	**7.2	3.2	2.8	3.4 *	*3.4	38.6	27.9	41.2	*43.1
75-79 years	6.7	6.2	5.8 *	**7.6	3.1	2.7	2.6 *	*3.6	40.4	35.8	26.9 *	50.3
80 + years	6.4	6.2	6.2	6.6	2.9	2.9	2.9	3.0	32.9	31.4	29.8	35.2
Total, age adjusted ...	6.6	6.0	6.2	***7.0	3.2	2.8	3.0	***3.4	36.6	30.8	33.4	***40.8

Notes: * Denotes individual estimates not meeting the standards of reliability or precision due to inadequate cell size or large coefficient of variation.

Significant differences in means and proportions are noted by * (.05 level), ** (.01 level), or *** (.001 level). Differences are tested in comparison to lowest income group (Income ≤ 130% poverty).

¹ See Table D-29 for sample sizes.

Source: NHANES-III, 1988-94: Healthy Eating Index Data File. The 'All older adults' column includes persons with missing income.

Table D-35—Standard errors for Healthy Eating Index component scores and food pyramid servings for vegetables: Older adults¹

	Standard error for mean HEI score				Standard error for number servings				Standard error for percent meeting HEI recommendations			
	Total persons	Income ≤ 130% poverty	Income 131-185% poverty	Income > 185% poverty	Total persons	Income ≤ 130% poverty	Income 131-185% poverty	Income > 185% poverty	Total persons	Income ≤ 130% poverty	Income 131-185% poverty	Income > 185% poverty
Both sexes												
60-64 years	0.14	0.30	0.47	0.13	0.12	0.21	0.29	0.12	2.0	4.8	4.7	2.2
65-69 years	0.20	0.35	0.51	0.24	0.13	0.30	0.37	0.17	2.1	4.4	5.5	3.1
70-74 years	0.16	0.31	0.40	0.23	0.10	0.22	0.26	0.15	2.0	4.4	4.5	2.9
75-79 years	0.19	0.38	0.51	0.30	0.11	0.22	0.30	0.22	2.2	5.1	6.0	4.6
80 + years	0.18	0.28	0.34	0.28	0.12	0.19	0.24	0.17	2.3	3.6	3.2	3.5
Total, age adjusted ...	0.09	0.13	0.21	0.11	0.06	0.10	0.12	0.08	1.1	1.8	2.1	1.4
Male												
60-64 years	0.22	0.50	0.82	0.25	0.17	0.39	0.61	0.20	3.1	7.8	9.8	3.5
65-69 years	0.21	0.59	0.54	0.29	0.15	0.68	0.40	0.19	2.5	7.1	6.5	3.6
70-74 years	0.23	0.55	0.52	0.31	0.15	0.36	0.32	0.23	2.9	6.0	4.6	4.0
75-79 years	0.24	0.62	0.56	0.36	0.18	0.46	0.38	0.26	3.2	6.2	7.2	5.0
80 + years	0.22	0.31	0.41	0.32	0.13	0.28	0.25	0.20	2.1	4.8	3.2	3.4
Total, age adjusted ...	0.10	0.19	0.27	0.13	0.07	0.17	0.20	0.10	1.2	2.7	3.3	1.6
Female												
60-64 years	0.17	0.33	0.58	0.17	0.15	0.26	0.27	0.17	2.5	5.1	6.5	3.0
65-69 years	0.23	0.38	0.77	0.32	0.16	0.28	0.57	0.23	3.0	6.0	8.8	4.3
70-74 years	0.22	0.35	0.56	0.35	0.14	0.24	0.39	0.21	2.7	5.2	6.9	4.2
75-79 years	0.24	0.50	0.64	0.34	0.13	0.29	0.34	0.26	2.9	6.9	7.3	6.0
80 + years	0.20	0.33	0.41	0.31	0.14	0.22	0.30	0.19	2.8	4.2	4.4	4.2
Total, age adjusted ...	0.10	0.18	0.25	0.13	0.07	0.12	0.16	0.10	1.4	2.2	3.0	1.9

¹ See Table D-29 for sample sizes.

Source: NHANES-III, 1988-94: Healthy Eating Index Data File. The 'All older adults' column includes persons with missing income.

Table D-36—Healthy Eating Index component scores and food pyramid servings for fruit: Older adults¹

	Mean HEI score				Mean # food pyramid servings				Percent meeting HEI recommendations			
	Total persons	Income ≤ 130% poverty	Income 131-185% poverty	Income > 185% poverty	Total persons	Income ≤ 130% poverty	Income 131-185% poverty	Income > 185% poverty	Total persons	Income ≤ 130% poverty	Income 131-185% poverty	Income > 185% poverty
Both sexes												
60-64 years	4.8	3.6	⁂ 4.7	⁂⁂ 5.1	1.9	1.2	1.7	⁂⁂⁂ 2.0	24.6	16.3	22.2	⁂ 26.3
65-69 years	5.3	5.0	4.7	⁂⁂ 5.5	2.0	1.8	1.6	2.1	29.1	28.4	23.2	29.8
70-74 years	5.7	4.8	5.8	⁂⁂ 5.9	2.4	2.8 *	2.2	2.3	33.1	29.7	30.3	34.3
75-79 years	5.3	4.3	5.3	⁂⁂ 5.6	1.8	1.4	1.9	⁂⁂ 2.0	25.5	19.8	26.6	27.5
80 + years	5.7	5.0	5.9	⁂⁂ 6.2	2.0	1.7	⁂ 2.1	⁂⁂ 2.2	30.7	25.2	33.5	32.9
Total, age adjusted ...	5.3	4.5	⁂ 5.2	⁂⁂⁂ 5.6	2.0	1.8	1.9	2.1	28.6	23.8	27.0	⁂⁂⁂ 30.1
Male												
60-64 years	4.0	3.1	3.6 *	⁂ 4.3	1.7	1.2	1.3 *	1.7	17.9	12.2 *	13.9 *	18.4
65-69 years	4.8	3.5	4.1 *	⁂⁂ 5.1	2.0	1.5	1.4 *	2.1	23.8	16.9 *	13.4 *	25.3
70-74 years	5.1	3.7 *	4.9	⁂ 5.4	2.7	4.7 *	2.5	2.4	27.6	14.7 *	30.8	⁂ 29.6
75-79 years	4.2	2.9 *	4.1 *	⁂⁂ 4.6	1.7	1.1 *	1.8 *	⁂⁂ 1.8	15.8	9.8 *	16.6 *	16.2
80 + years	5.2	4.1	4.9	⁂⁂⁂ 5.8	2.1	1.7	2.0	⁂ 2.3	23.0	19.3 *	18.8	26.9
Total, age adjusted ...	4.7	3.5	⁂ 4.3	⁂⁂⁂ 5.0	2.0	2.0 *	1.8	2.1	21.7	14.7	18.5	⁂⁂ 23.3
Female												
60-64 years	5.4	4.0	⁂ 5.3 *	⁂⁂ 5.8	2.0	1.2	2.0 *	⁂⁂⁂ 2.2	29.8	18.7	27.4	⁂ 33.2
65-69 years	5.8	5.8	5.2 *	6.0	2.0	1.9	1.7 *	2.0	34.0	35.3	31.2 *	34.8
70-74 years	6.2	5.3	6.4	⁂ 6.3	2.1	1.9	2.0	2.2	37.4	37.1	29.9	38.9
75-79 years	6.0	4.8 *	6.2 *	⁂⁂ 6.4	1.9	1.6 *	2.0 *	⁂ 2.1	31.6	23.9 *	33.4	35.9
80 + years	6.0	5.2	6.5	⁂⁂ 6.4	2.0	1.7	⁂ 2.2	⁂ 2.2	34.9	27.4	⁂ 41.8	37.2
Total, age adjusted ...	5.8	5.0	⁂ 5.9	⁂⁂⁂ 6.2	2.0	1.7	⁂ 2.0	⁂⁂⁂ 2.1	33.5	28.3	32.6	⁂⁂ 35.9

Notes: * Denotes individual estimates not meeting the standards of reliability or precision due to inadequate cell size or large coefficient of variation.

Significant differences in means and proportions are noted by ⁂ (.05 level), ⁂⁂ (.01 level), or ⁂⁂⁂ (.001 level). Differences are tested in comparison to lowest income group (Income ≤ 130% poverty).

¹ See Table D-29 for sample sizes.

Source: NHANES-III, 1988-94: Healthy Eating Index Data File. The 'All older adults' column includes persons with missing income.

Table D-37—Standard errors for Healthy Eating Index component scores and food pyramid servings for fruit: Older adults¹

	Standard error for mean HEI score				Standard error for number servings				Standard error for percent meeting HEI recommendations			
	Total persons	Income ≤ 130% poverty	Income 131-185% poverty	Income > 185% poverty	Total persons	Income ≤ 130% poverty	Income 131-185% poverty	Income > 185% poverty	Total persons	Income ≤ 130% poverty	Income 131-185% poverty	Income > 185% poverty
Both sexes												
60-64 years	0.17	0.35	0.34	0.25	0.11	0.13	0.24	0.15	2.0	3.3	3.8	2.8
65-69 years	0.17	0.40	0.40	0.23	0.09	0.20	0.18	0.12	2.2	4.9	5.3	2.8
70-74 years	0.21	0.32	0.47	0.27	0.23	1.13	0.23	0.16	2.8	4.3	5.0	3.4
75-79 years	0.16	0.38	0.47	0.30	0.08	0.14	0.23	0.14	2.3	3.3	6.7	3.8
80 + years	0.14	0.30	0.34	0.20	0.05	0.12	0.12	0.10	1.7	2.5	4.0	2.8
Total, age adjusted ...	0.08	0.16	0.25	0.11	0.06	0.23	0.11	0.07	1.0	1.8	2.5	1.4
Male												
60-64 years	0.28	0.51	0.58	0.36	0.15	0.24	0.23	0.18	2.7	4.1	7.6	3.5
65-69 years	0.22	0.51	0.46	0.30	0.14	0.37	0.18	0.18	2.6	6.2	6.3	3.4
70-74 years	0.26	0.53	0.88	0.35	0.47	3.22	0.51	0.22	2.8	5.7	7.8	4.1
75-79 years	0.25	0.36	0.61	0.45	0.15	0.14	0.35	0.23	2.8	3.9	7.4	3.9
80 + years	0.23	0.38	0.40	0.28	0.10	0.18	0.26	0.15	2.0	3.8	5.0	3.0
Total, age adjusted ...	0.12	0.25	0.32	0.16	0.12	0.65	0.16	0.10	1.2	2.4	3.2	1.7
Female												
60-64 years	0.23	0.48	0.43	0.34	0.16	0.16	0.36	0.23	2.8	4.4	5.5	3.9
65-69 years	0.28	0.52	0.62	0.31	0.14	0.23	0.27	0.16	3.6	7.0	6.9	4.1
70-74 years	0.28	0.43	0.39	0.37	0.13	0.22	0.18	0.19	3.9	5.3	6.1	5.3
75-79 years	0.21	0.50	0.50	0.41	0.10	0.18	0.23	0.17	2.8	4.5	7.6	5.1
80 + years	0.14	0.35	0.48	0.26	0.07	0.14	0.19	0.14	2.0	3.2	5.9	3.8
Total, age adjusted ...	0.12	0.21	0.28	0.16	0.07	0.08	0.14	0.09	1.6	2.4	3.0	1.9

¹ See Table D-29 for sample sizes.

Source: NHANES-III, 1988-94: Healthy Eating Index Data File. The 'All older adults' column includes persons with missing income.

Table D-38—Healthy Eating Index component scores and food pyramid servings for dairy: Older adults¹

	Mean HEI score				Mean # food pyramid servings				Percent meeting HEI recommendations			
	Total persons	Income ≤ 130% poverty	Income 131-185% poverty	Income > 185% poverty	Total persons	Income ≤ 130% poverty	Income 131-185% poverty	Income > 185% poverty	Total persons	Income ≤ 130% poverty	Income 131-185% poverty	Income > 185% poverty
Both sexes												
60-64 years	6.0	4.4	⁂ 5.6	⁂⁂⁂ 6.4	1.8	1.1	⁂ 1.7	⁂⁂⁂ 1.9	33.2	15.1	⁂⁂ 34.2	⁂⁂⁂ 36.4
65-69 years	6.4	5.1	5.7	⁂⁂⁂ 6.7	1.9	1.5	1.7	⁂ 1.9	36.4	28.3	33.6	37.8
70-74 years	6.1	5.4	6.2	⁂ 6.3	1.7	1.4	1.9	⁂ 1.7	33.3	27.4	34.3	33.9
75-79 years	6.2	5.8	5.9	6.5	1.8	1.6	1.7	⁂ 1.9	32.4	29.1	29.0	35.5
80 + years	6.3	5.5	⁂ 6.4	⁂⁂⁂ 6.8	1.8	1.5	⁂ 1.9	⁂⁂ 1.9	32.9	26.6	36.7	⁂ 37.4
Total, age adjusted ...	6.2	5.2	⁂⁂ 5.9	⁂⁂⁂ 6.6	1.8	1.4	⁂⁂⁂ 1.8	⁂⁂⁂ 1.9	33.7	24.8	⁂⁂ 33.7	⁂⁂⁂ 36.3
Male												
60-64 years	6.5	4.4	6.2	⁂⁂⁂ 6.8	2.0	1.1	⁂ 2.0	⁂⁂⁂ 2.1	38.5	13.0 *	⁂⁂ 43.2	⁂⁂⁂ 41.4
65-69 years	6.7	4.8	6.1 *	⁂⁂⁂ 7.0	2.1	1.5	2.0	⁂ 2.1	40.3	29.2	34.0	42.3
70-74 years	6.4	5.3	6.7	⁂ 6.5	1.9	1.6 *	2.3	1.9	36.9	29.2	44.3	35.4
75-79 years	6.7	6.1 *	6.2 *	7.2	2.1	1.6 *	1.6 *	⁂⁂ 2.4	40.2	39.2 *	30.6 *	46.7
80 + years	6.6	5.6	⁂ 6.7	⁂⁂⁂ 6.9	1.9	1.4	⁂⁂ 2.2	⁂⁂⁂ 2.0	38.2	27.1	⁂ 41.8	⁂ 41.1
Total, age adjusted ...	6.6	5.2	⁂⁂⁂ 6.4	⁂⁂⁂ 6.9	2.0	1.4	⁂⁂⁂ 2.0	⁂⁂⁂ 2.1	38.8	26.6	⁂⁂ 39.2	⁂⁂⁂ 41.2
Female												
60-64 years	5.7	4.5	5.2	⁂⁂⁂ 6.0	1.7	1.1	1.4	⁂⁂⁂ 1.7	29.1	16.4 *	28.6	⁂⁂⁂ 32.1
65-69 years	6.1	5.3	5.4	6.4	1.7	1.5	1.5	1.7	32.8	27.7	33.2	32.8
70-74 years	5.9	5.4	5.9	6.1	1.5	1.4	1.6	1.6	30.5	26.6	27.3	32.4
75-79 years	5.8	5.7	5.7	5.9	1.6	1.6 *	1.8	1.5	27.6	24.9 *	27.9	27.2
80 + years	6.1	5.5	6.2	⁂⁂⁂ 6.7	1.7	1.5	1.8	1.8	30.1	26.5	33.9	34.8
Total, age adjusted ...	5.9	5.2	5.7	⁂⁂⁂ 6.2	1.6	1.4	1.6	⁂ 1.7	30.1	24.1	30.2	⁂⁂ 32.0

Notes: * Denotes individual estimates not meeting the standards of reliability or precision due to inadequate cell size or large coefficient of variation.

Significant differences in means and proportions are noted by ⁂ (.05 level), ⁂⁂ (.01 level), or ⁂⁂⁂ (.001 level). Differences are tested in comparison to lowest income group (Income ≤ 130% poverty).

¹ See Table D-29 for sample sizes.

Source: NHANES-III, 1988-94: Healthy Eating Index Data File. The 'All older adults' column includes persons with missing income.

Table D-39—Standard errors for Healthy Eating Index component scores and food pyramid servings for dairy: Older adults¹

	Standard error for mean HEI score				Standard error for number servings				Standard error for percent meeting HEI recommendations			
	Total persons	Income ≤ 130% poverty	Income 131-185% poverty	Income > 185% poverty	Total persons	Income ≤ 130% poverty	Income 131-185% poverty	Income > 185% poverty	Total persons	Income ≤ 130% poverty	Income 131-185% poverty	Income > 185% poverty
Both sexes												
60-64 years	0.17	0.36	0.32	0.17	0.09	0.11	0.21	0.09	1.8	2.8	3.9	2.0
65-69 years	0.14	0.47	0.38	0.14	0.08	0.17	0.23	0.08	2.1	5.4	5.5	2.4
70-74 years	0.16	0.34	0.32	0.22	0.06	0.12	0.18	0.08	1.9	4.1	4.7	2.8
75-79 years	0.18	0.41	0.43	0.22	0.08	0.14	0.18	0.12	2.3	4.0	5.3	3.5
80 + years	0.11	0.20	0.30	0.14	0.05	0.09	0.14	0.08	1.7	3.0	3.9	2.7
Total, age adjusted ...	0.07	0.18	0.17	0.07	0.03	0.06	0.10	0.04	0.8	2.1	2.2	1.0
Male												
60-64 years	0.24	0.66	0.73	0.24	0.14	0.23	0.44	0.18	2.9	5.2	9.7	3.1
65-69 years	0.19	0.57	0.40	0.24	0.14	0.27	0.40	0.13	3.2	7.2	7.5	3.8
70-74 years	0.26	0.50	0.62	0.33	0.13	0.23	0.37	0.14	3.8	5.2	10.0	4.4
75-79 years	0.20	0.62	0.50	0.26	0.13	0.21	0.19	0.24	3.4	6.4	8.1	4.8
80 + years	0.19	0.31	0.30	0.30	0.09	0.10	0.25	0.13	3.2	3.8	5.0	5.1
Total, age adjusted ...	0.09	0.23	0.25	0.11	0.05	0.09	0.18	0.07	1.4	2.3	3.8	1.7
Female												
60-64 years	0.20	0.39	0.55	0.21	0.11	0.13	0.30	0.09	2.5	3.9	7.5	2.7
65-69 years	0.19	0.57	0.57	0.21	0.08	0.18	0.21	0.09	2.4	6.0	7.0	2.9
70-74 years	0.19	0.42	0.56	0.26	0.07	0.12	0.22	0.10	2.7	5.5	7.5	4.0
75-79 years	0.24	0.51	0.58	0.31	0.10	0.18	0.26	0.12	2.8	5.0	6.5	4.5
80 + years	0.14	0.27	0.41	0.20	0.06	0.11	0.17	0.11	2.1	3.8	4.8	3.6
Total, age adjusted ...	0.09	0.20	0.25	0.11	0.04	0.07	0.11	0.05	1.1	2.5	3.0	1.5

¹ See Table D-29 for sample sizes.

Source: NHANES-III, 1988-94: Healthy Eating Index Data File. The 'All older adults' column includes persons with missing income.

Table D-40—Healthy Eating Index component scores and food pyramid servings for meat: Older adults¹

	Mean HEI score				Mean # food pyramid servings				Percent meeting HEI recommendations			
	Total persons	Income ≤ 130% poverty	Income 131-185% poverty	Income > 185% poverty	Total persons	Income ≤ 130% poverty	Income 131-185% poverty	Income > 185% poverty	Total persons	Income ≤ 130% poverty	Income 131-185% poverty	Income > 185% poverty
Both sexes												
60-64 years	6.8	6.4	7.0	6.9	1.8	1.6	2.0	1.9	30.6	24.5	36.7	32.4
65-69 years	6.8	6.4	6.7	6.9	1.9	1.9	1.8	2.0	32.0	33.4	26.1	33.0
70-74 years	6.6	6.0	6.0	6.9	1.8	1.6	1.6	1.8	27.6	21.3	21.1	30.5
75-79 years	6.1	5.8	6.0	6.4	1.6	1.5	1.7	1.6	21.4	17.0	24.4	22.8
80 + years	5.8	5.7	5.8	5.9	1.4	1.4	1.5	1.4	16.8	19.0	19.9	15.2
Total, age adjusted ...	6.4	6.0	6.3	6.6	1.7	1.6	1.7	1.8	26.0	23.4	26.1	27.1
Male												
60-64 years	7.4	6.9	8.0 *	7.5	2.3	1.9	2.7 *	2.4	39.0	28.6	56.9 *	39.7
65-69 years	7.2	6.8	6.9 *	7.4	2.2	2.3	2.0 *	2.3	36.4	33.3	28.0 *	38.8
70-74 years	7.1	6.0	7.0	7.3	2.0	1.8	2.1	2.1	30.5	26.3	36.0	29.9
75-79 years	6.8	6.0 *	6.8 *	7.2	2.0	1.8 *	2.2 *	2.0	27.9	15.5 *	33.3 *	29.2
80 + years	6.4	6.3	6.2	6.5	1.8	1.9	1.7	1.8	21.7	25.3	20.8	21.4
Total, age adjusted ...	7.0	6.4	7.0	7.2	2.1	2.0	2.2	2.1	31.5	26.3	35.7	32.2
Female												
60-64 years	6.3	6.1	6.3 *	6.3	1.5	1.4	1.5 *	1.6	24.2	22.0	24.4 *	26.0
65-69 years	6.4	6.1	6.6 *	6.4	1.6	1.7	1.6 *	1.6	27.8	33.4	24.5 *	26.7
70-74 years	6.3	6.0	5.3	6.6	1.5	1.4	1.2	1.6	25.3	18.8	10.8 *	31.1
75-79 years	5.7	5.7	5.5 *	5.7	1.3	1.3	1.4 *	1.3	17.3	17.7 *	18.2 *	18.0
80 + years	5.5	5.4	5.6	5.4	1.3	1.3	1.3	1.2	14.2	16.8	19.4 *	10.6
Total, age adjusted ...	6.0	5.9	5.9	6.1	1.4	1.4	1.4	1.4	22.0	22.0	19.8	22.7

Notes: * Denotes individual estimates not meeting the standards of reliability or precision due to inadequate cell size or large coefficient of variation.

Significant differences in means and proportions are noted by > (.05 level), >> (.01 level), or >>> (.001 level). Differences are tested in comparison to lowest income group (Income ≤ 130% poverty).

¹ See Table D-29 for sample sizes.

Source: NHANES-III, 1988-94: Healthy Eating Index Data File. The 'All older adults' column includes persons with missing income.

Table D-41—Standard errors for Healthy Eating Index component scores and food pyramid servings for meat: Older adults¹

	Standard error for mean HEI score				Standard error for number servings				Standard error for percent meeting HEI recommendations			
	Total persons	Income ≤ 130% poverty	Income 131-185% poverty	Income > 185% poverty	Total persons	Income ≤ 130% poverty	Income 131-185% poverty	Income > 185% poverty	Total persons	Income ≤ 130% poverty	Income 131-185% poverty	Income > 185% poverty
Both sexes												
60-64 years	0.12	0.29	0.58	0.16	0.05	0.09	0.20	0.08	1.6	3.0	5.2	2.5
65-69 years	0.13	0.40	0.41	0.18	0.06	0.21	0.16	0.08	2.5	5.4	6.2	2.9
70-74 years	0.14	0.33	0.43	0.18	0.07	0.15	0.17	0.07	2.0	4.3	4.9	2.6
75-79 years	0.12	0.31	0.47	0.18	0.06	0.11	0.20	0.07	1.9	3.1	6.0	2.6
80 + years	0.14	0.19	0.25	0.25	0.04	0.07	0.09	0.07	1.1	2.8	3.3	1.8
Total, age adjusted ...	0.06	0.13	0.25	0.08	0.03	0.07	0.10	0.03	1.0	1.7	2.9	1.4
Male												
60-64 years	0.15	0.44	0.43	0.20	0.08	0.18	0.22	0.13	3.1	5.8	6.8	4.4
65-69 years	0.21	0.40	0.64	0.26	0.13	0.30	0.21	0.15	3.7	6.8	7.2	4.5
70-74 years	0.19	0.52	0.61	0.22	0.08	0.30	0.29	0.09	3.2	7.6	9.4	4.1
75-79 years	0.28	0.57	0.78	0.37	0.14	0.28	0.32	0.15	3.9	4.6	7.9	5.6
80 + years	0.16	0.24	0.38	0.20	0.06	0.11	0.14	0.08	1.5	3.6	3.6	2.3
Total, age adjusted ...	0.08	0.15	0.27	0.10	0.04	0.11	0.12	0.06	1.6	2.8	3.8	2.3
Female												
60-64 years	0.17	0.41	0.71	0.21	0.06	0.11	0.19	0.07	2.5	4.3	7.6	3.2
65-69 years	0.18	0.55	0.53	0.20	0.07	0.26	0.24	0.07	3.5	7.2	8.8	3.8
70-74 years	0.20	0.40	0.39	0.28	0.09	0.13	0.09	0.09	2.4	4.7	2.9	3.7
75-79 years	0.15	0.35	0.59	0.22	0.04	0.10	0.23	0.07	1.6	4.1	6.4	3.1
80 + years	0.17	0.24	0.36	0.34	0.05	0.08	0.11	0.08	1.7	3.5	4.7	2.3
Total, age adjusted ...	0.08	0.20	0.26	0.11	0.03	0.08	0.10	0.04	1.2	2.4	3.1	1.7

¹ See Table D-29 for sample sizes.

Source: NHANES-III, 1988-94: Healthy Eating Index Data File. The 'All older adults' column includes persons with missing income.

Table D-42—Healthy Eating Index component scores for variety: Older adults¹

	Mean HEI score				Percent meeting HEI recommendations			
	Total persons	Income ≤ 130% poverty	Income 131-185% poverty	Income > 185% poverty	Total persons	Income ≤ 130% poverty	Income 131-185% poverty	Income > 185% poverty
Both sexes								
60-64 years	7.8	5.8	***7.4	***8.3	56.1	28.5	***44.4	***64.0
65-69 years	8.1	6.9	***7.3	***8.6	60.9	47.2	***45.7	***67.2
70-74 years	8.1	6.6	***8.1	***8.5	60.2	36.9	***56.2	***68.0
75-79 years	7.8	6.7	***7.7	***8.5	55.3	36.8	***53.8	***67.4
80 + years	7.9	7.1	***7.9	***8.4	56.9	43.8	***62.1	***64.2
Total, age adjusted ...	7.9	6.6	***7.7	***8.4	57.9	38.4	***52.0	***66.0
Male								
60-64 years	8.1	6.3	7.5 *	***8.5	62.0	32.9	45.8 *	***69.0
65-69 years	8.2	6.5	7.1 *	***8.7	65.5	44.8	43.1 *	***72.1
70-74 years	8.1	6.0	***7.8 *	***8.6	61.8	37.3	***50.5 *	***69.2
75-79 years	7.6	6.0 *	7.3 *	***8.5	53.3	35.9 *	51.7 *	***63.0
80 + years	8.0	7.0	7.7	***8.6	58.0	42.3	***58.2	***65.1
Total, age adjusted ...	8.0	6.4	***7.5	***8.6	60.4	38.6	***49.6	***67.9
Female								
60-64 years	7.6	5.5	***7.4 *	***8.1	51.6	25.8	43.6 *	***59.6
65-69 years	8.0	7.2	7.5 *	***8.4	56.6	48.6	47.8 *	61.7
70-74 years	8.1	6.9	***8.2	***8.4	59.0	36.7	***60.2	***66.7
75-79 years	7.9	7.0	***8.1 *	***8.5	56.6	37.1	***55.2 *	***70.7
80 + years	7.8	7.1	***8.1	***8.2	56.3	44.4	***64.3	***63.5
Total, age adjusted ...	7.8	6.7	***7.8	***8.3	55.8	38.2	***53.7	***64.0

Notes: * Denotes individual estimates not meeting the standards of reliability or precision due to inadequate cell size or large coefficient of variation.

Significant differences in means and proportions are noted by > (.05 level), >> (.01 level), or >>> (.001 level). Differences are tested in comparison to lowest income group (Income ≤ 130% poverty).

¹ See Table D-29 for sample sizes.

Source: NHANES-III, 1988-94: Healthy Eating Index Data File. The 'All older adults' column includes persons with missing income.

Table D-43—Standard errors for Healthy Eating Index component scores for variety: Older adults¹

	Standard error for mean HEI score				Standard error for percent meeting HEI recommendations			
	Total persons	Income ≤ 130% poverty	Income 131-185% poverty	Income > 185% poverty	Total persons	Income ≤ 130% poverty	Income 131-185% poverty	Income > 185% poverty
Both sexes								
60-64 years	0.13	0.25	0.29	0.13	2.2	4.0	6.2	2.5
65-69 years	0.12	0.40	0.34	0.12	2.2	6.0	7.5	2.4
70-74 years	0.12	0.24	0.28	0.14	2.3	3.9	4.8	2.9
75-79 years	0.16	0.29	0.30	0.26	2.4	4.6	4.8	4.6
80 + years	0.13	0.22	0.23	0.16	2.2	3.2	3.8	3.0
Total, age adjusted ...	0.06	0.12	0.14	0.07	1.0	2.1	2.7	1.4
Male								
60-64 years	0.15	0.41	0.50	0.20	2.8	6.5	9.6	3.8
65-69 years	0.14	0.54	0.39	0.17	2.5	7.8	10.4	2.9
70-74 years	0.18	0.51	0.42	0.20	3.5	6.6	6.9	4.6
75-79 years	0.19	0.51	0.52	0.25	3.7	6.2	7.8	6.2
80 + years	0.18	0.29	0.35	0.20	2.7	4.8	5.3	3.6
Total, age adjusted ...	0.09	0.21	0.21	0.10	1.5	2.8	4.5	2.0
Female								
60-64 years	0.18	0.36	0.36	0.18	2.6	5.2	6.5	3.1
65-69 years	0.17	0.45	0.53	0.17	2.9	7.3	10.6	3.1
70-74 years	0.18	0.29	0.36	0.24	3.2	4.3	6.8	4.0
75-79 years	0.19	0.32	0.38	0.36	2.8	5.8	6.6	5.2
80 + years	0.14	0.28	0.26	0.17	2.4	4.0	4.5	3.7
Total, age adjusted ...	0.08	0.15	0.19	0.10	1.3	2.5	3.0	1.7

¹ See Table D-29 for sample sizes.

Source: NHANES-III, 1988-94: Healthy Eating Index Data File. The 'All older adults' column includes persons with missing income.

Table D-44—Healthy Eating Index component scores for total fat: Older adults¹

	Mean HEI score				Percent meeting HEI recommendations			
	Total persons	Income ≤ 130% poverty	Income 131-185% poverty	Income > 185% poverty	Total persons	Income ≤ 130% poverty	Income 131-185% poverty	Income > 185% poverty
Both sexes								
60-64 years	6.8	6.5	6.6	6.9	44.2	43.8	36.0	45.8
65-69 years	6.8	7.1	5.8	6.9	37.8	44.8	33.0	36.2
70-74 years	6.9	7.2	7.6	6.6	40.9	46.4	51.7	36.0
75-79 years	7.0	6.6	6.7	7.1	41.3	42.2	36.3	40.7
80 + years	7.3	7.4	7.4	7.1	42.0	41.8	40.0	43.1
Total, age adjusted ...	6.9	6.9	6.8	6.9	41.3	43.9	39.2	40.5
Male								
60-64 years	6.7	5.6	5.5	7.0	42.3	31.5	25.0	46.7
65-69 years	6.7	6.5	6.2 *	6.8	34.8	29.9	27.4 *	35.9
70-74 years	6.6	6.6	7.0	6.4	34.0	41.0	45.2	29.3
75-79 years	6.8	6.6 *	7.0 *	6.8	37.7	35.9 *	42.4 *	35.3
80 + years	6.8	6.6	7.2	6.7	37.8	35.7	42.3	37.3
Total, age adjusted ...	6.7	6.4	6.5	6.8	37.5	34.5	35.8	37.3
Female								
60-64 years	6.9	7.0	7.2	6.8	45.7	51.3	42.8	45.0
65-69 years	6.9	7.5	5.6 *	7.0	40.5	53.7	37.6	36.4
70-74 years	7.2	7.4	8.0	6.8	46.3	49.1	56.2	42.5
75-79 years	7.0	6.6	6.5	7.4	43.5	44.9	32.1	44.7
80 + years	7.5	7.6	7.5	7.3	44.3	44.0	38.6	47.2
Total, age adjusted ...	7.1	7.2	7.0	7.0	44.1	48.8	41.7	43.1

Notes: * Denotes individual estimates not meeting the standards of reliability or precision due to inadequate cell size or large coefficient of variation.

Significant differences in means and proportions are noted by > (.05 level), >> (.01 level), or >>> (.001 level). Differences are tested in comparison to lowest income group (Income ≤ 130% poverty).

¹ See Table D-29 for sample sizes.

Source: NHANES-III, 1988-94: Healthy Eating Index Data File. The 'All older adults' column includes persons with missing income.

Table D-45—Standard errors for Healthy Eating Index component scores for total fat: Older adults¹

	Standard error for mean HEI score				Standard error for percent meeting HEI recommendations			
	Total persons	Income ≤ 130% poverty	Income 131-185% poverty	Income > 185% poverty	Total persons	Income ≤ 130% poverty	Income 131-185% poverty	Income > 185% poverty
Both sexes								
60-64 years	0.16	0.36	0.49	0.20	2.2	4.8	7.3	2.7
65-69 years	0.18	0.30	0.56	0.20	2.6	4.3	6.9	2.8
70-74 years	0.17	0.32	0.35	0.21	2.3	5.1	6.1	2.9
75-79 years	0.18	0.42	0.45	0.26	2.9	5.1	7.0	4.6
80 + years	0.11	0.19	0.24	0.17	1.6	2.8	4.3	2.4
Total, age adjusted ...	0.07	0.14	0.21	0.09	1.0	2.1	3.1	1.3
Male								
60-64 years	0.24	0.67	0.80	0.27	3.2	7.7	7.5	3.5
65-69 years	0.24	0.51	0.93	0.27	3.2	7.5	12.4	3.3
70-74 years	0.23	0.50	0.56	0.27	2.8	7.8	9.5	3.4
75-79 years	0.29	0.53	0.62	0.39	4.1	8.9	8.4	5.2
80 + years	0.17	0.39	0.36	0.18	2.0	5.0	4.6	3.2
Total, age adjusted ...	0.10	0.28	0.30	0.11	1.5	3.9	4.1	1.8
Female								
60-64 years	0.19	0.43	0.50	0.27	2.4	6.1	8.3	3.3
65-69 years	0.27	0.33	0.79	0.33	3.6	4.9	9.2	4.8
70-74 years	0.22	0.36	0.37	0.29	2.8	6.0	6.3	3.7
75-79 years	0.19	0.60	0.51	0.32	3.2	6.1	6.9	5.9
80 + years	0.11	0.18	0.30	0.26	2.2	3.7	5.8	3.9
Total, age adjusted ...	0.08	0.16	0.23	0.14	1.2	2.2	3.5	1.8

¹ See Table D-29 for sample sizes.

Source: NHANES-III, 1988-94: Healthy Eating Index Data File. The 'All older adults' column includes persons with missing income.

Table D-46—Healthy Eating Index component scores for saturated fat: Older adults¹

	Mean HEI score				Percent meeting HEI recommendations			
	Total persons	Income ≤ 130% poverty	Income 131-185% poverty	Income > 185% poverty	Total persons	Income ≤ 130% poverty	Income 131-185% poverty	Income > 185% poverty
Both sexes								
60-64 years	6.8	7.2	6.4	6.8	48.2	54.4	39.9	47.3
65-69 years	6.7	6.7	6.2	6.9	46.0	48.3	39.4	46.9
70-74 years	7.0	7.0	7.5	6.9	47.1	51.7	52.1	44.2
75-79 years	6.8	6.3	6.5	7.2	44.7	42.8	40.0	47.6
80 + years	7.0	7.2	6.9	7.0	45.7	47.3	37.9	47.5
Total, age adjusted ...	6.9	6.9	6.7	6.9	46.5	49.3	⁂ 41.8	46.7
Male								
60-64 years	6.7	6.6	5.3 *	6.8	45.9	44.8	⁂ 24.6 *	47.9
65-69 years	6.6	6.2	6.9 *	6.5	46.5	42.1	49.9 *	46.2
70-74 years	6.7	6.2 *	6.7	6.8	39.8	44.8	42.9	39.0
75-79 years	6.5	6.2 *	6.8 *	6.6	41.4	39.3 *	40.4 *	44.0
80 + years	6.6	6.8	6.6	6.6	42.1	36.5	44.6	43.5
Total, age adjusted ...	6.6	6.4	6.4	6.7	43.4	41.7	40.0	44.3
Female								
60-64 years	6.9	7.5	7.2	6.8	50.0	60.2	49.3	⁂ 46.8
65-69 years	6.9	7.0	5.6 *	7.2	45.6	52.0	30.7 *	47.7
70-74 years	7.2	7.4	8.0	6.9	52.7	55.1	58.5	49.2
75-79 years	7.0	6.3 *	6.3	7.6	46.8	44.3 *	39.8	50.3
80 + years	7.2	7.3	7.1	7.2	47.6	51.2	⁂ 34.1	50.3
Total, age adjusted ...	7.1	7.1	6.8	7.1	48.6	53.1	⁂ 42.6	48.7

Notes: * Denotes individual estimates not meeting the standards of reliability or precision due to inadequate cell size or large coefficient of variation.

Significant differences in means and proportions are noted by ⁂ (.05 level), ⁂⁂ (.01 level), or ⁂⁂⁂ (.001 level). Differences are tested in comparison to lowest income group (Income ≤ 130% poverty).

¹ See Table D-29 for sample sizes.

Source: NHANES-III, 1988-94: Healthy Eating Index Data File. The 'All older adults' column includes persons with missing income.

Table D-47—Standard errors for Healthy Eating Index component scores for saturated fat: Older adults¹

	Standard error for mean HEI score				Standard error for percent meeting HEI recommendations			
	Total persons	Income ≤ 130% poverty	Income 131-185% poverty	Income > 185% poverty	Total persons	Income ≤ 130% poverty	Income 131-185% poverty	Income > 185% poverty
Both sexes								
60-64 years	0.19	0.32	0.63	0.23	2.1	4.6	7.2	2.5
65-69 years	0.19	0.38	0.48	0.26	2.9	5.2	6.1	3.7
70-74 years	0.17	0.28	0.33	0.23	2.1	3.8	4.9	2.8
75-79 years	0.21	0.47	0.41	0.29	2.6	5.1	6.0	3.6
80 + years	0.14	0.21	0.32	0.18	2.0	3.2	4.3	3.0
Total, age adjusted ...	0.09	0.15	0.24	0.12	1.2	2.2	3.2	1.4
Male								
60-64 years	0.26	0.58	0.92	0.34	3.3	8.9	7.6	3.8
65-69 years	0.24	0.53	0.62	0.28	3.4	7.8	8.9	4.5
70-74 years	0.20	0.52	0.47	0.27	2.9	6.2	6.9	3.5
75-79 years	0.24	0.78	0.50	0.34	4.2	9.5	9.4	5.5
80 + years	0.18	0.50	0.46	0.22	2.2	5.1	5.5	2.9
Total, age adjusted ...	0.10	0.27	0.27	0.12	1.5	3.9	2.8	1.8
Female								
60-64 years	0.24	0.47	0.62	0.27	2.7	5.7	7.7	3.4
65-69 years	0.23	0.45	0.80	0.34	3.5	6.3	9.8	4.6
70-74 years	0.24	0.34	0.33	0.32	3.0	4.9	5.8	4.3
75-79 years	0.26	0.60	0.52	0.35	2.7	5.9	6.3	4.6
80 + years	0.17	0.28	0.40	0.29	2.6	4.1	5.8	4.5
Total, age adjusted ...	0.11	0.16	0.27	0.16	1.5	2.3	4.0	2.0

¹ See Table D-29 for sample sizes.

Source: NHANES-III, 1988-94: Healthy Eating Index Data File. The 'All older adults' column includes persons with missing income.

Table D-48—Healthy Eating Index component scores for cholesterol: Older adults¹

	Mean HEI score				Percent meeting HEI recommendations			
	Total persons	Income ≤ 130% poverty	Income 131-185% poverty	Income > 185% poverty	Total persons	Income ≤ 130% poverty	Income 131-185% poverty	Income > 185% poverty
Both sexes								
60-64 years	8.2	8.2	7.4	8.3	74.5	75.8	70.1	74.9
65-69 years	8.1	7.8	8.1	8.2	73.1	67.4	75.4	74.3
70-74 years	8.2	8.4	8.5	8.0	73.2	72.4	80.0	70.8
75-79 years	8.6	8.5	8.8	8.6	78.0	75.9	78.6	79.4
80 + years	8.8	8.7	8.8	8.9	82.9	80.2	82.8	83.0
Total, age adjusted ...	8.4	8.3	8.3	8.4	76.2	74.3	77.1	76.4
Male								
60-64 years	7.3	7.4	5.4 *	7.6	63.9	70.5	» 45.7 *	66.0
65-69 years	7.4	7.0	8.1 *	7.3	63.9	54.9	» 76.1 *	63.2
70-74 years	7.2	6.8	7.4 *	7.2	61.3	55.0	64.0 *	61.6
75-79 years	7.6	7.8 *	8.2 *	7.3	66.3	68.3 *	71.3 *	64.3
80 + years	8.0	7.2	8.0	» 8.2	72.5	62.3	» 75.5	» 72.6
Total, age adjusted ...	7.5	7.2	7.3	7.5	65.5	62.2	65.8	65.6
Female								
60-64 years	8.8	8.7	8.7 *	8.8	82.5	79.0	85.1 *	82.6
65-69 years	8.8	8.2	8.1 *	9.1	81.8	74.8	74.7 *	86.6
70-74 years	9.0	9.1	9.3 *	8.8	82.4	81.0	» 91.1 *	79.8
75-79 years	9.2	8.8	9.2 *	9.5	85.3	79.0 *	83.6 *	» 90.6 *
80 + years	9.3	9.2	9.2	9.4	88.5	86.6 *	87.0 *	90.5 *
Total, age adjusted ...	9.0	8.8	8.9	9.1	84.0	80.0	84.2	» 85.8

Notes: * Denotes individual estimates not meeting the standards of reliability or precision due to inadequate cell size or large coefficient of variation.

Significant differences in means and proportions are noted by » (.05 level), »» (.01 level), or »»» (.001 level). Differences are tested in comparison to lowest income group (Income ≤ 130% poverty).

¹ See Table D-29 for sample sizes.

Source: NHANES-III, 1988-94: Healthy Eating Index Data File. The 'All older adults' column includes persons with missing income.

Table D-49—Standard errors for Healthy Eating Index component scores for cholesterol: Older adults¹

	Standard error for mean HEI score				Standard error for percent meeting HEI recommendations			
	Total persons	Income ≤ 130% poverty	Income 131-185% poverty	Income > 185% poverty	Total persons	Income ≤ 130% poverty	Income 131-185% poverty	Income > 185% poverty
Both sexes								
60-64 years	0.14	0.29	0.75	0.21	1.9	3.7	7.5	3.1
65-69 years	0.15	0.40	0.49	0.18	2.2	4.9	5.2	2.7
70-74 years	0.13	0.19	0.41	0.21	1.8	3.2	5.0	2.6
75-79 years	0.13	0.34	0.30	0.22	2.1	4.2	5.2	2.8
80 + years	0.09	0.20	0.26	0.12	1.3	2.8	3.5	1.6
Total, age adjusted ...	0.07	0.13	0.33	0.10	0.8	1.5	3.7	1.3
Male								
60-64 years	0.27	0.53	1.02	0.35	3.0	5.4	10.1	4.3
65-69 years	0.26	0.60	0.59	0.31	3.6	7.7	6.9	4.3
70-74 years	0.24	0.41	0.78	0.33	2.7	7.2	9.0	3.6
75-79 years	0.27	0.56	0.59	0.41	3.8	6.2	8.8	5.0
80 + years	0.17	0.28	0.50	0.22	2.3	4.0	5.6	3.0
Total, age adjusted ...	0.12	0.25	0.47	0.17	1.3	2.9	4.9	1.8
Female								
60-64 years	0.15	0.40	0.60	0.21	2.0	5.6	6.1	2.9
65-69 years	0.16	0.51	0.70	0.21	2.2	6.5	7.7	2.7
70-74 years	0.17	0.20	0.27	0.27	2.4	2.8	3.2	3.9
75-79 years	0.15	0.39	0.28	0.16	2.6	5.3	6.1	2.5
80 + years	0.10	0.22	0.27	0.14	1.5	3.1	4.0	2.1
Total, age adjusted ...	0.07	0.16	0.23	0.11	0.9	2.0	2.9	1.5

¹ See Table D-29 for sample sizes.

Source: NHANES-III, 1988-94: Healthy Eating Index Data File. The 'All older adults' column includes persons with missing income.

Table D-50—Healthy Eating Index component scores for sodium: Older adults¹

	Mean HEI score				Percent meeting HEI recommendations			
	Total persons	Income ≤ 130% poverty	Income 131-185% poverty	Income > 185% poverty	Total persons	Income ≤ 130% poverty	Income 131-185% poverty	Income > 185% poverty
Both sexes								
60-64 years	6.9	7.9	7.5	>>> 6.6	41.0	55.8	52.7	>>> 35.9
65-69 years	6.9	7.4	7.3	> 6.7	39.8	50.9	45.4	> 36.2
70-74 years	7.2	8.1	7.5	>>> 6.9	41.6	56.4	48.0	>>> 35.0
75-79 years	7.7	8.4	7.8	>>> 7.2	50.1	57.3	54.3	45.2
80 + years	8.0	8.2	8.1	7.7	51.6	57.7	48.8	> 46.2
Total, age adjusted ...	7.3	8.0	7.6	>>> 7.0	44.5	55.5	49.8	>>> 39.4
Male								
60-64 years	5.4	6.7	5.8 *	> 5.2	25.1	40.3	35.5 *	> 20.6
65-69 years	6.0	6.6	7.0 *	5.7	30.6	41.2	41.6 *	27.4
70-74 years	6.1	7.0	5.9 *	5.8	27.7	39.3	29.4	> 24.5
75-79 years	6.4	7.3 *	6.9 *	>> 5.6	33.6	44.2 *	41.2 *	> 26.5
80 + years	7.1	7.2	7.5	7.0	39.8	41.6	39.6	39.2
Total, age adjusted ...	6.2	6.9	6.6	>>> 5.8	31.1	41.2	37.3	>>> 27.5
Female								
60-64 years	8.1	8.7	8.5 *	> 7.9	53.1	65.1	63.2 *	> 49.3
65-69 years	7.8	7.9	7.6 *	7.8	48.3	56.6	48.5 *	45.8
70-74 years	8.2	8.6	8.6	> 7.9	52.5	64.8	61.0	>> 45.2
75-79 years	8.5	8.8	8.4 *	8.4	60.4	62.7	63.3 *	58.9
80 + years	8.5	8.6	8.4	8.3	57.9	63.5	54.0	> 51.3
Total, age adjusted ...	8.2	8.5	8.3	> 8.0	54.1	62.6	57.9	>>> 49.8

Notes: * Denotes individual estimates not meeting the standards of reliability or precision due to inadequate cell size or large coefficient of variation.

Significant differences in means and proportions are noted by > (.05 level), >> (.01 level), or >>> (.001 level). Differences are tested in comparison to lowest income group (Income ≤ 130% poverty).

¹ See Table D-29 for sample sizes.

Source: NHANES-III, 1988-94: Healthy Eating Index Data File. The 'All older adults' column includes persons with missing income.

Table D-51—Standard errors for Healthy Eating Index component scores for sodium: Older adults¹

	Standard error for mean HEI score				Standard error for percent meeting HEI recommendations			
	Total persons	Income ≤ 130% poverty	Income 131-185% poverty	Income > 185% poverty	Total persons	Income ≤ 130% poverty	Income 131-185% poverty	Income > 185% poverty
Both sexes								
60-64 years	0.14	0.34	0.51	0.17	1.8	4.4	7.1	2.3
65-69 years	0.17	0.40	0.60	0.20	2.2	5.4	7.1	2.4
70-74 years	0.15	0.32	0.44	0.21	1.9	5.0	5.9	2.6
75-79 years	0.17	0.21	0.38	0.29	2.9	4.0	5.6	5.2
80 + years	0.10	0.19	0.23	0.16	2.1	3.2	4.2	2.8
Total, age adjusted ...	0.08	0.15	0.24	0.10	1.3	2.2	3.8	1.6
Male								
60-64 years	0.26	0.67	0.81	0.28	2.8	6.7	7.5	3.4
65-69 years	0.28	0.56	0.56	0.34	3.2	7.6	8.2	3.6
70-74 years	0.21	0.58	0.63	0.27	2.7	6.5	8.2	3.5
75-79 years	0.30	0.46	0.55	0.48	3.9	7.6	9.2	5.0
80 + years	0.14	0.34	0.46	0.23	2.0	4.0	5.9	2.8
Total, age adjusted ...	0.12	0.21	0.31	0.15	1.3	2.5	3.4	1.6
Female								
60-64 years	0.14	0.26	0.44	0.19	2.5	5.7	8.3	3.2
65-69 years	0.19	0.48	0.82	0.24	3.4	6.2	10.1	4.2
70-74 years	0.17	0.27	0.36	0.27	3.0	4.8	6.8	4.4
75-79 years	0.21	0.22	0.51	0.27	3.8	4.7	6.6	6.6
80 + years	0.12	0.18	0.23	0.20	2.8	3.9	5.4	4.0
Total, age adjusted ...	0.09	0.15	0.23	0.13	1.7	2.5	4.4	2.2

¹ See Table D-29 for sample sizes.

Source: NHANES-III, 1988-94: Healthy Eating Index Data File. The 'All older adults' column includes persons with missing income.

Table D-52—Mean percent of usual energy intake from total fat: Older adults

	All older adults			Lowest income: ≤ 130% poverty			Low-income: 131-185% poverty			Higher-income: > 185% poverty		
	Sample size	Mean	Standard error	Sample size	Mean	Standard error	Sample size	Mean	Standard error	Sample size	Mean	Standard error
Both sexes												
60-64 years	1,154	32.1	0.31	358	32.1	0.62	135	33.7	0.92	555	32.0	0.38
65-69 years	1,054	32.4	0.38	325	31.1	0.51	128	» 34.3	1.08	503	» 32.4	0.38
70-74 years	1,019	32.1	0.35	290	30.6	0.61	160	30.8	0.78	485	» 33.0	0.39
75-79 years	659	32.4	0.30	212	33.1	0.69	117	32.7	0.80	257	32.3	0.45
80 + years	1,153	31.6	0.20	369	31.4	0.29	196	31.8	0.38	443	31.9	0.36
Total, age adjusted ...	5,039	32.2	0.13	1,554	31.6	0.27	736	» 32.7	0.36	2,243	» 32.4	0.17
Male												
60-64 years	575	32.7	0.46	168	34.6	1.09	67	37.9	2.08	294	» 31.8	0.56
65-69 years	536	32.8	0.42	144	33.4	0.75	63	34.5	1.46	283	32.7	0.45
70-74 years	500	33.3	0.43	128	32.2	0.92	77	32.3	0.98	260	33.8	0.48
75-79 years	283	33.3	0.43	87	33.8	2.38	49	33.2	1.18	118	33.5	0.64
80 + years	557	32.6	0.23	148	33.1	0.38	98	» 31.6	0.62	252	32.8	0.34
Total, age adjusted ...	2,451	33.0	0.17	675	33.4	0.39	354	33.8	0.48	1,207	32.9	0.19
Female												
60-64 years	579	31.7	0.36	190	30.6	0.89	68	31.9	1.16	261	32.1	0.47
65-69 years	518	32.0	0.54	181	29.7	0.73	65	» 34.2	1.20	220	» 32.1	0.61
70-74 years	519	31.2	0.42	162	29.9	0.72	83	30.0	2.09	225	» 32.2	0.49
75-79 years	376	31.9	0.34	125	33.0	0.84	68	32.4	0.89	139	31.5	0.58
80 + years	596	31.1	0.24	221	30.8	0.35	98	» 31.9	0.46	191	31.2	0.54
Total, age adjusted ...	2,588	31.6	0.17	879	30.7	0.37	382	» 32.0	0.41	1,036	» 31.9	0.25

Notes: Significant differences in means and proportions are noted by » (.05 level), »» (.01 level), or »»» (.001 level). Differences are tested in comparison to lowest income group (Income ≤ 130% poverty).

Source: NHANES-III, 1988-94 Exam file, 24-hour dietary recall. Data reflect nutrient intake from foods. Does not include the contribution of vitamin and mineral supplements. Usual intake was estimated using *C-SIDE: Software for Intake Distribution Estimation*, accounting for within-person variance as estimated from the *Continuing Survey of Food Intakes by Individuals (CSFII)*.

'All older adults' includes persons with missing income.

Table D-53—Percent of older adults meeting Dietary Guidelines recommendation for usual intake of total fat¹

	All older adults			Lowest income: ≤ 130% poverty			Low-income: 131-185% poverty			Higher-income: > 185% poverty		
	Sample size	Percent	Standard error	Sample size	Percent	Standard error	Sample size	Percent	Standard error	Sample size	Percent	Standard error
Both sexes												
60-64 years	1,154	36.4	2.02	358	37.7	3.70	135	29.3	5.18	555	36.2	2.78
65-69 years	1,054	34.8	2.34	325	43.5	3.11	128	» 24.5	5.47	503	» 33.8	2.42
70-74 years	1,019	36.3	2.26	290	47.0	3.52	160	47.0	4.18	485	»» 28.5	2.73
75-79 years	659	33.6	2.09	212	32.0	3.70	117	24.6	6.87	257	33.5	2.97
80 + years	1,153	38.2	1.42	369	39.3	2.22	196	37.2	3.02	443	36.8	2.58
Total, age adjusted ...	5,039	35.8	0.86	1,554	40.8	1.64	736	» 34.1	2.12	2,243	»» 33.8	1.17
Male												
60-64 years	575	33.4	2.93	168	23.0	5.80	67	11.7	2.91	294	» 38.4	3.73
65-69 years	536	31.0	2.63	144	19.8	5.21	63	25.0	7.15	283	» 31.6	2.82
70-74 years	500	28.9	2.64	128	39.4	5.18	77	39.2	5.10	260	» 23.4	3.09
75-79 years	283	26.8	2.90	87	25.5	6.29	49	23.7	8.72	118	24.3	3.75
80 + years	557	32.6	1.43	148	26.5	2.75	98	»» 42.8	3.68	252	29.5	2.24
Total, age adjusted ...	2,451	30.2	1.12	675	27.6	2.31	354	29.7	2.59	1,207	29.9	1.28
Female												
60-64 years	579	38.2	2.53	190	46.5	5.26	68	35.0	10.00	261	» 32.8	3.70
65-69 years	518	38.1	3.14	181	53.5	3.91	65	»» 20.6	6.84	220	» 35.8	3.71
70-74 years	519	42.6	2.70	162	51.1	4.46	83	53.0	8.42	225	» 34.6	3.39
75-79 years	376	37.5	2.33	125	34.2	4.49	68	24.0	8.43	139	41.1	3.94
80 + years	596	41.5	1.89	221	44.3	2.58	98	» 34.8	3.90	191	41.3	3.98
Total, age adjusted ...	2,588	39.9	1.11	879	46.8	2.19	382	» 36.6	2.77	1,036	»» 37.2	1.74

Notes: Significant differences in means and proportions are noted by » (.05 level), »» (.01 level), or »»» (.001 level). Differences are tested in comparison to lowest income group (Income ≤ 130% poverty).

¹ Recommended intake of total fat is less than or equal to 30 percent of total calories.

Source: NHANES-III, 1988-94 Exam file, 24-hour dietary recall. Data reflect nutrient intake from foods. Does not include the contribution of vitamin and mineral supplements. Usual intake was estimated using *C-SIDE: Software for Intake Distribution Estimation*, accounting for within-person variance as estimated from the *Continuing Survey of Food Intakes by Individuals (CSFII)*.

'All older adults' includes persons with missing income.

Table D-54—Distribution of usual intake of total fat as a percent of usual energy intake: Older adults

Both sexes																		
	Percentiles									Standard errors of percentiles								
	5th	10th	15th	25th	50th	75th	85th	90th	95th	5th	10th	15th	25th	50th	75th	85th	90th	95th
All older adults																		
60-64 years	22.4	24.5	25.9	28.1	32.1	36.2	38.4	39.9	42.0	0.36	0.34	0.33	0.33	0.32	0.32	0.32	0.32	0.36
65-69 years	21.8	24.2	25.8	28.1	32.5	36.7	38.9	40.4	42.6	0.46	0.45	0.44	0.42	0.39	0.36	0.36	0.36	0.39
70-74 years	21.9	24.2	25.7	28.0	32.2	36.3	38.5	40.0	42.2	0.40	0.40	0.40	0.39	0.36	0.33	0.32	0.33	0.34
75-79 years	23.4	25.3	26.7	28.6	32.4	36.2	38.2	39.7	41.8	0.30	0.30	0.31	0.32	0.32	0.33	0.34	0.35	0.38
80 + years	22.2	24.3	25.8	27.9	31.7	35.5	37.5	38.8	40.8	0.25	0.25	0.24	0.23	0.20	0.19	0.19	0.20	0.22
Total, age adjusted ...	22.3	24.4	25.9	28.1	32.2	36.3	38.4	39.9	42.0	0.15	0.15	0.14	0.14	0.14	0.13	0.13	0.14	0.15
Lowest income: ≤ 130% poverty																		
60-64 years	20.6	23.0	24.7	27.4	32.3	37.0	39.4	40.8	42.9	0.63	0.66	0.69	0.73	0.72	0.62	0.57	0.57	0.59
65-69 years	20.3	22.7	24.3	26.6	31.1	35.5	37.9	39.5	41.9	0.72	0.66	0.62	0.56	0.51	0.54	0.58	0.59	0.62
70-74 years	18.6	21.1	22.9	25.5	30.6	35.7	38.4	40.2	42.9	0.71	0.69	0.68	0.68	0.66	0.65	0.64	0.62	0.58
75-79 years	22.7	24.9	26.4	28.7	33.0	37.3	39.7	41.3	43.8	0.58	0.60	0.62	0.65	0.73	0.82	0.86	0.89	0.92
80 + years	22.8	24.7	26.0	27.9	31.4	34.9	36.7	38.0	39.8	0.40	0.38	0.36	0.33	0.29	0.27	0.28	0.29	0.33
Total, age adjusted ...	20.8	23.1	24.7	27.1	31.6	36.1	38.4	40.0	42.3	0.34	0.33	0.32	0.30	0.28	0.27	0.28	0.28	0.30
Low-income: 131-185% poverty																		
60-64 years	23.6	25.7	27.1	29.2	33.3	37.8	40.4	42.2	45.1	1.03	0.99	0.96	0.91	0.86	0.93	1.08	1.23	1.53
65-69 years	23.2	25.8	27.6	30.1	34.6	38.9	41.0	42.5	44.5	1.23	1.25	1.25	1.23	1.14	1.06	1.03	1.02	1.03
70-74 years	20.6	22.6	24.1	26.2	30.5	35.1	37.7	39.5	42.3	0.99	0.83	0.76	0.69	0.69	0.79	0.91	1.02	1.22
75-79 years	26.3	27.7	28.6	30.0	32.7	35.3	36.7	37.6	39.0	0.92	0.89	0.87	0.84	0.80	0.79	0.80	0.81	0.83
80 + years	21.8	24.0	25.5	27.8	32.0	35.8	37.8	39.2	41.3	0.37	0.39	0.41	0.46	0.49	0.41	0.42	0.48	0.61
Total, age adjusted ...	22.4	24.6	26.1	28.4	32.6	36.9	39.3	41.0	43.6	0.42	0.40	0.39	0.37	0.36	0.37	0.40	0.44	0.53
Higher-income: > 185% poverty																		
60-64 years	22.9	24.9	26.2	28.2	32.0	35.7	37.7	39.0	40.9	0.42	0.41	0.40	0.40	0.41	0.39	0.38	0.38	0.38
65-69 years	22.3	24.6	26.1	28.4	32.5	36.5	38.6	40.1	42.3	0.53	0.50	0.47	0.44	0.38	0.36	0.39	0.42	0.50
70-74 years	23.8	25.9	27.3	29.4	33.1	36.8	38.7	40.0	41.8	0.51	0.50	0.49	0.46	0.41	0.37	0.35	0.34	0.33
75-79 years	23.8	25.6	26.9	28.7	32.2	35.9	37.8	39.2	41.2	0.45	0.43	0.42	0.43	0.46	0.51	0.55	0.58	0.65
80 + years	22.4	24.5	25.9	28.0	32.0	35.8	37.8	39.2	41.1	0.54	0.49	0.47	0.43	0.37	0.33	0.32	0.32	0.32
Total, age adjusted ...	23.1	25.1	26.5	28.5	32.4	36.2	38.2	39.5	41.5	0.21	0.20	0.19	0.19	0.18	0.17	0.17	0.18	0.19

Notes: Significant differences in means and proportions are noted by > (.05 level), >> (.01 level), or >>> (.001 level). Differences are tested in comparison to lowest income group (Income ≤ 130% poverty). The Bonferroni adjustment was used to adjust levels of significant and control for multiplicity in the number of tests.

Source: NHANES-III, 1988-94 Exam file, 24-hour dietary recall. Data reflect nutrient intake from foods. Does not include the contribution of vitamin and mineral supplements. Usual intake was estimated using C-SIDE: Software for Intake Distribution Estimation, accounting for within-person variance as estimated from the Continuing Survey of Food Intakes by Individuals (CSFII).

'All older adults' includes persons with missing income.

**Table D-54—Distribution of usual intake of total fat as a percent of usual energy intake: Older adults
— Continued**

Male																		
	Percentiles									Standard errors of percentiles								
	5th	10th	15th	25th	50th	75th	85th	90th	95th	5th	10th	15th	25th	50th	75th	85th	90th	95th
All older adults																		
60-64 years	22.5	24.8	26.3	28.5	32.7	37.0	39.3	40.8	43.0	0.59	0.56	0.54	0.52	0.49	0.43	0.40	0.39	0.38
65-69 years	23.1	25.3	26.8	28.9	32.9	36.8	38.9	40.3	42.3	0.46	0.46	0.45	0.45	0.44	0.42	0.42	0.42	0.44
70-74 years	22.9	25.3	26.9	29.3	33.5	37.6	39.7	41.1	43.2	0.61	0.56	0.54	0.50	0.45	0.41	0.40	0.38	0.37
75-79 years	25.0	26.7	27.9	29.7	33.2	36.7	38.7	40.0	42.0	0.51	0.48	0.47	0.46	0.44	0.46	0.49	0.52	0.57
80 + years	23.2	25.2	26.6	28.7	32.7	36.6	38.7	40.0	42.0	0.29	0.26	0.25	0.24	0.24	0.27	0.30	0.32	0.35
Total, age adjusted ...	23.3	25.4	26.9	29.1	33.1	37.0	39.1	40.5	42.6	0.24	0.22	0.21	0.20	0.18	0.16	0.15	0.15	0.16
Lowest income: ≤ 130% poverty																		
60-64 years	23.6	26.1	27.9	30.4	35.0	39.1	41.1	42.4	44.2	1.45	1.44	1.41	1.34	1.15	0.95	0.91	0.91	0.92
65-69 years	26.5	28.1	29.2	30.7	33.5	36.2	37.7	38.6	40.0	0.89	0.85	0.83	0.80	0.78	0.76	0.74	0.73	0.71
70-74 years	19.3	22.0	23.9	26.7	32.3	37.9	40.7	42.5	45.1	1.19	1.11	1.08	1.09	1.09	0.95	0.84	0.80	0.79
75-79 years	24.2	26.3	27.8	29.9	33.8	37.6	39.6	41.0	43.3	1.13	1.15	1.20	1.32	1.79	2.87	3.91	4.85	6.64
80 + years	24.8	26.7	27.9	29.8	33.2	36.5	38.3	39.5	41.3	0.45	0.43	0.42	0.42	0.41	0.42	0.44	0.47	0.51
Total, age adjusted ...	23.4	25.7	27.2	29.5	33.6	37.5	39.4	40.7	42.6	0.47	0.46	0.45	0.44	0.41	0.39	0.40	0.41	0.43
Low-income: 131-185% poverty																		
60-64 years	27.4	29.5	30.9	33.1	37.5	42.2	44.9	46.7	49.6	1.02	0.91	0.90	0.95	1.28	2.47	3.73	4.94	7.40
65-69 years	23.2	25.8	27.5	30.0	34.5	39.1	41.5	43.3	45.9	1.69	1.70	1.66	1.57	1.46	1.60	1.72	1.79	1.81
70-74 years	20.7	23.1	24.7	27.2	32.0	37.1	40.0	42.0	45.0	1.05	1.00	0.98	0.96	1.00	1.10	1.17	1.25	1.39
75-79 years	26.5	27.8	28.8	30.2	32.9	36.0	37.7	38.9	40.7	1.13	1.11	1.10	1.11	1.18	1.28	1.35	1.40	1.49
80 + years	»»20.4	»»22.5	»»24.1	»»26.5	31.4	36.5	39.2	40.9	43.4	0.61	0.68	0.70	0.71	0.69	0.69	0.78	0.84	0.92
Total, age adjusted ...	23.1	25.3	26.8	29.1	33.5	38.2	40.8	42.6	»45.3	0.47	0.47	0.48	0.49	0.51	0.55	0.59	0.61	0.65
Higher-income: > 185% poverty																		
60-64 years	21.9	24.1	25.6	27.7	31.8	»35.9	»38.1	39.5	41.5	0.69	0.65	0.63	0.60	0.58	0.56	0.54	0.52	0.50
65-69 years	»23.2	25.4	26.8	28.9	32.8	36.6	38.6	40.0	42.0	0.49	0.48	0.48	0.47	0.46	0.47	0.48	0.50	0.53
70-74 years	»24.6	»26.7	»28.2	»30.3	34.0	37.6	39.4	40.6	»42.4	0.73	0.66	0.62	0.57	0.49	0.44	0.42	0.41	0.41
75-79 years	25.4	27.2	28.4	30.1	33.4	36.8	38.6	39.8	41.7	0.78	0.69	0.65	0.60	0.58	0.68	0.77	0.85	1.01
80 + years	24.0	26.0	27.3	29.3	32.9	36.4	38.3	39.6	41.4	0.48	0.42	0.40	0.36	0.33	0.35	0.37	0.38	0.41
Total, age adjusted ...	23.6	25.7	27.1	29.2	33.0	36.7	38.7	40.0	41.9	0.28	0.25	0.24	0.22	0.19	0.18	0.17	0.17	0.19

Notes: Significant differences in means and proportions are noted by » (.05 level), »» (.01 level), or »»» (.001 level). Differences are tested in comparison to lowest income group (Income ≤ 130% poverty). The Bonferroni adjustment was used to adjust levels of significant and control for multiplicity in the number of tests.

Source: NHANES-III, 1988-94 Exam file, 24-hour dietary recall. Data reflect nutrient intake from foods. Does not include the contribution of vitamin and mineral supplements. Usual intake was estimated using *C-SIDE: Software for Intake Distribution Estimation*, accounting for within-person variance as estimated from the *Continuing Survey of Food Intakes by Individuals (CSFII)*.

'All older adults' includes persons with missing income.

Table D-54—Distribution of usual intake of total fat as a percent of usual energy intake: Older adults
— Continued

Female

	Percentiles									Standard errors of percentiles								
	5th	10th	15th	25th	50th	75th	85th	90th	95th	5th	10th	15th	25th	50th	75th	85th	90th	95th
All older adults																		
60-64 years	22.8	24.7	26.0	27.9	31.7	35.4	37.4	38.7	40.6	0.41	0.38	0.37	0.36	0.37	0.38	0.40	0.41	0.44
65-69 years	20.7	23.2	24.9	27.4	32.1	36.5	38.9	40.5	42.9	0.67	0.65	0.63	0.60	0.55	0.53	0.54	0.57	0.64
70-74 years	21.6	23.6	25.0	27.1	31.1	35.2	37.4	39.0	41.2	0.42	0.42	0.42	0.42	0.42	0.44	0.46	0.47	0.51
75-79 years	22.3	24.4	25.8	27.9	31.9	35.9	38.1	39.5	41.7	0.39	0.38	0.37	0.36	0.36	0.36	0.37	0.39	0.44
80 + years	21.5	23.7	25.2	27.3	31.2	35.0	36.9	38.2	40.2	0.34	0.33	0.32	0.30	0.27	0.23	0.22	0.22	0.24
Total, age adjusted ...	21.7	23.9	25.3	27.5	31.6	35.6	37.8	39.2	41.4	0.18	0.17	0.17	0.17	0.18	0.18	0.18	0.19	0.21
Lowest income: ≤ 130% poverty																		
60-64 years	19.1	21.4	23.0	25.6	30.7	35.7	38.2	39.7	41.9	0.79	0.82	0.84	0.89	1.03	1.02	0.96	0.95	0.98
65-69 years	17.7	20.0	21.7	24.3	29.3	34.7	37.8	39.8	42.9	0.93	0.94	0.92	0.86	0.77	0.78	0.83	0.88	0.98
70-74 years	19.2	21.3	22.8	25.2	29.8	34.4	36.8	38.5	41.1	0.82	0.85	0.85	0.83	0.74	0.72	0.73	0.73	0.72
75-79 years	22.1	24.3	25.8	28.2	32.9	37.7	40.3	42.0	44.4	0.69	0.73	0.76	0.80	0.93	1.03	1.04	1.04	1.03
80 + years	21.7	23.7	25.1	27.1	30.8	34.5	36.4	37.8	39.7	0.48	0.45	0.43	0.40	0.36	0.33	0.34	0.36	0.42
Total, age adjusted ...	19.6	21.8	23.4	25.8	30.6	35.4	37.9	39.6	42.1	0.44	0.44	0.44	0.42	0.38	0.40	0.42	0.42	0.44
Low-income: 131-185% poverty																		
60-64 years	***25.1	**26.4	**27.4	28.8	31.6	34.7	36.4	37.6	39.4	1.06	1.06	1.06	1.07	1.13	1.27	1.40	1.51	1.71
65-69 years	***25.4	***27.4	***28.8	***30.8	**34.5	37.8	39.4	40.5	41.9	1.48	1.45	1.43	1.39	1.27	1.11	1.03	0.98	0.93
70-74 years	21.1	22.9	24.2	26.1	29.6	33.5	35.8	37.5	40.2	1.21	1.05	1.00	1.03	1.47	2.55	3.48	4.31	5.85
75-79 years	**26.7	*28.0	28.8	30.1	32.4	34.7	*35.9	**36.8	***38.0	1.03	0.99	0.96	0.92	0.88	0.91	0.95	0.99	1.06
80 + years	22.8	25.0	26.4	28.4	32.1	35.6	37.4	38.6	40.3	0.57	0.57	0.57	0.57	0.54	0.48	0.53	0.61	0.80
Total, age adjusted ...	***22.9	***24.8	***26.2	***28.2	31.9	35.8	37.8	39.3	41.4	0.50	0.47	0.45	0.43	0.40	0.42	0.47	0.52	0.61
Higher-income: > 185% poverty																		
60-64 years	***24.4	***26.1	***27.2	**28.9	32.1	35.3	37.0	38.2	39.8	0.48	0.46	0.46	0.46	0.48	0.50	0.51	0.52	0.52
65-69 years	*21.3	*23.8	*25.5	**27.9	*32.3	36.3	38.5	40.0	42.4	0.83	0.78	0.75	0.69	0.60	0.60	0.68	0.79	1.02
70-74 years	***23.3	**25.2	**26.5	**28.4	32.2	36.0	38.0	39.3	41.1	0.60	0.58	0.56	0.54	0.51	0.50	0.50	0.50	0.51
75-79 years	22.3	24.2	25.5	27.5	31.3	35.3	37.5	39.0	41.3	0.64	0.59	0.58	0.57	0.61	0.65	0.68	0.71	0.77
80 + years	21.2	23.5	25.0	27.3	31.3	35.3	37.3	38.7	40.8	0.74	0.71	0.69	0.66	0.59	0.51	0.47	0.46	0.46
Total, age adjusted ...	***22.7	***24.7	***26.0	***28.0	31.8	35.7	37.7	39.0	41.0	0.28	0.27	0.26	0.26	0.26	0.26	0.27	0.28	0.31

Notes: Significant differences in means and proportions are noted by * (.05 level), ** (.01 level), or *** (.001 level). Differences are tested in comparison to lowest income group (Income ≤ 130% poverty). The Bonferroni adjustment was used to adjust levels of significant and control for multiplicity in the number of tests.

Source: NHANES-III, 1988-94 Exam file, 24-hour dietary recall. Data reflect nutrient intake from foods. Does not include the contribution of vitamin and mineral supplements. Usual intake was estimated using C-SIDE: Software for Intake Distribution Estimation, accounting for within-person variance as estimated from the *Continuing Survey of Food Intakes by Individuals (CSFII)*.

'All older adults' includes persons with missing income.

Table D-55—Mean percent of usual energy intake from saturated fat: Older adults

	All older adults			Lowest income: ≤ 130% poverty			Low-income: 131-185% poverty			Higher-income: > 185% poverty		
	Sample size	Mean	Standard error	Sample size	Mean	Standard error	Sample size	Mean	Standard error	Sample size	Mean	Standard error
Both sexes												
60-64 years	1,154	10.7	0.11	358	10.2	0.23	135	» 11.7	0.54	555	10.7	0.14
65-69 years	1,054	10.7	0.15	325	10.6	0.27	128	11.2	0.36	503	10.6	0.17
70-74 years	1,019	10.6	0.14	290	10.1	0.23	160	10.7	0.57	485	» 10.7	0.15
75-79 years	659	10.9	0.12	212	11.6	0.33	117	10.8	0.31	257	»» 10.5	0.19
80 + years	1,153	10.6	0.11	369	10.4	0.16	196	10.8	0.18	443	10.7	0.18
Total, age adjusted ...	5,039	10.7	0.05	1,554	10.5	0.11	736	» 11.0	0.18	2,243	10.7	0.07
Male												
60-64 years	575	11.0	0.18	168	11.0	0.46	67	—	—	294	10.7	0.22
65-69 years	536	10.9	0.16	144	11.2	0.36	63	—	—	283	10.9	0.18
70-74 years	500	11.0	0.15	128	10.8	0.37	77	10.9	0.43	260	11.0	0.18
75-79 years	283	11.2	0.16	87	—	—	49	10.7	0.45	118	11.1	0.20
80 + years	557	11.1	0.11	148	11.1	0.23	98	10.8	0.25	252	11.2	0.17
Total, age adjusted ...	2,451	11.0	0.07	675	11.1	0.17	354	11.3	0.19	1,207	11.0	0.07
Female												
60-64 years	579	10.5	0.15	190	9.8	0.33	68	11.1	0.79	261	» 10.7	0.16
65-69 years	518	10.6	0.20	181	10.3	0.36	65	11.6	0.54	220	10.3	0.24
70-74 years	519	10.3	0.20	162	9.7	0.27	83	10.8	0.81	225	» 10.5	0.22
75-79 years	376	10.6	0.15	125	11.6	0.42	68	10.9	0.34	139	»» 10.0	0.26
80 + years	596	10.3	0.14	221	10.2	0.19	98	10.8	0.25	191	10.4	0.24
Total, age adjusted ...	2,588	10.5	0.08	879	10.3	0.14	382	» 10.9	0.26	1,036	10.4	0.11

Notes: Significant differences in means and proportions are noted by » (.05 level), »» (.01 level), or »»» (.001 level). Differences are tested in comparison to lowest income group (Income ≤ 130% poverty).
 — Estimate of usual intake could not be obtained for the gender-age group cell. The cell was pooled with a neighboring age group to determine its contribution to the 'Total, age-adjusted' row.

Source: NHANES-III, 1988-94 Exam file, 24-hour dietary recall. Data reflect nutrient intake from foods. Does not include the contribution of vitamin and mineral supplements. Usual intake was estimated using *C-SIDE: Software for Intake Distribution Estimation*, accounting for within-person variance as estimated from the *Continuing Survey of Food Intakes by Individuals (CSFII)*.
 'All older adults' includes persons with missing income.

Table D-56—Percent of older adults meeting Dietary Guidelines recommendation for usual intake of saturated fat¹

	All older adults			Lowest income: ≤ 130% poverty			Low-income: 131-185% poverty			Higher-income: > 185% poverty		
	Sample size	Percent	Standard error	Sample size	Percent	Standard error	Sample size	Percent	Standard error	Sample size	Percent	Standard error
Both sexes												
60-64 years	1,154	41.4	1.60	358	49.0	3.62	135	³ 36.2	4.36	555	³ 39.0	2.25
65-69 years	1,054	41.6	2.13	325	42.6	3.87	128	33.2	4.51	503	⁴ 42.8	2.59
70-74 years	1,019	43.9	1.92	290	49.8	3.26	160	49.9	4.32	485	⁴ 39.1	2.38
75-79 years	659	41.0	1.83	212	37.2	3.29	117	36.3	5.38	257	45.5	3.02
80 + years	1,153	43.0	1.52	369	44.4	2.76	196	39.2	3.15	443	43.4	2.27
Total, age adjusted ...	5,039	42.0	0.82	1,554	45.1	1.76	736	³ 39.0	2.05	2,243	41.6	1.13
Male												
60-64 years	575	38.1	2.60	168	40.1	6.42	67	—	—	294	39.5	3.48
65-69 years	536	38.8	2.34	144	29.6	5.65	63	—	—	283	38.5	2.79
70-74 years	500	36.9	2.42	128	38.8	5.11	77	42.0	5.21	260	35.6	2.75
75-79 years	283	34.6	2.50	87	—	—	49	39.6	7.79	118	35.0	3.10
80 + years	557	36.6	1.41	148	28.5	3.83	98	⁴ 40.4	3.58	252	⁴ 37.7	2.03
Total, age adjusted ...	2,451	36.9	1.06	675	35.5	2.64	354	35.2	2.33	1,207	37.2	1.09
Female												
60-64 years	579	43.3	2.22	190	55.1	5.49	68	44.1	6.82	261	⁴ 38.3	2.87
65-69 years	518	43.9	2.89	181	48.7	4.87	65	⁴ 29.1	6.13	220	47.5	3.74
70-74 years	519	49.2	2.71	162	55.5	4.29	83	54.3	5.08	225	⁴ 43.0	3.84
75-79 years	376	45.1	2.06	125	39.5	3.88	68	34.7	5.62	139	⁴ 52.8	3.73
80 + years	596	47.0	2.07	221	49.3	3.08	98	⁴ 37.7	4.54	191	47.3	3.48
Total, age adjusted ...	2,588	45.8	1.19	879	49.5	2.08	382	⁴ 41.8	2.50	1,036	45.6	1.80

Notes: Significant differences in means and proportions are noted by ³ (.05 level), ⁴ (.01 level), or ⁵ (.001 level). Differences are tested in comparison to lowest income group (Income ≤ 130% poverty).

¹ Recommended intake of saturated fat is less than 10 percent of total calories.

— Estimate of usual intake could not be obtained for the gender-age group cell. The cell was pooled with a neighboring age group to determine its contribution to the 'Total, age-adjusted' row.

Source: NHANES-III, 1988-94 Exam file, 24-hour dietary recall. Data reflect nutrient intake from foods. Does not include the contribution of vitamin and mineral supplements. Usual intake was estimated using *C-SIDE: Software for Intake Distribution Estimation*, accounting for within-person variance as estimated from the *Continuing Survey of Food Intakes by Individuals (CSFII)*.

*All older adults' includes persons with missing income.

Table D-57—Distribution of usual intake of saturated fat as a percent of usual energy intake: Older adults

Both sexes

	Percentiles									Standard errors of percentiles								
	5th	10th	15th	25th	50th	75th	85th	90th	95th	5th	10th	15th	25th	50th	75th	85th	90th	95th
All older adults																		
60-64 years	6.7	7.5	8.0	8.9	10.6	12.4	13.4	14.2	15.3	0.11	0.11	0.11	0.10	0.11	0.13	0.15	0.17	0.20
65-69 years	6.3	7.2	7.8	8.7	10.6	12.6	13.7	14.4	15.6	0.13	0.13	0.14	0.14	0.16	0.16	0.17	0.18	0.20
70-74 years	6.3	7.2	7.8	8.7	10.4	12.2	13.3	14.1	15.4	0.15	0.14	0.14	0.14	0.12	0.13	0.16	0.20	0.32
75-79 years	6.6	7.4	8.0	8.9	10.6	12.5	13.7	14.6	16.0	0.11	0.11	0.11	0.12	0.12	0.14	0.16	0.18	0.24
80 + years	6.5	7.3	7.9	8.7	10.5	12.3	13.3	14.1	15.3	0.10	0.10	0.10	0.10	0.10	0.11	0.13	0.15	0.18
Total, age adjusted ...	6.4	7.3	7.9	8.8	10.5	12.4	13.5	14.3	15.5	0.06	0.06	0.06	0.05	0.06	0.06	0.07	0.08	0.10
Lowest income: ≤ 130% poverty																		
60-64 years	6.0	6.8	7.4	8.3	10.1	12.0	13.1	13.8	15.0	0.24	0.24	0.25	0.25	0.25	0.26	0.26	0.26	0.27
65-69 years	6.3	7.1	7.7	8.7	10.5	12.4	13.5	14.3	15.4	0.28	0.27	0.27	0.27	0.28	0.29	0.31	0.33	0.36
70-74 years	5.6	6.5	7.1	8.1	10.0	12.0	13.0	13.7	14.8	0.27	0.28	0.28	0.26	0.23	0.23	0.23	0.23	0.24
75-79 years	6.6	7.5	8.1	9.0	11.0	13.5	15.0	16.2	18.4	0.23	0.22	0.23	0.25	0.30	0.44	0.55	0.67	0.97
80 + years	6.8	7.5	8.0	8.8	10.3	12.0	12.9	13.5	14.5	0.17	0.17	0.17	0.17	0.16	0.16	0.17	0.17	0.19
Total, age adjusted ...	6.1	7.0	7.6	8.5	10.3	12.3	13.5	14.3	15.7	0.14	0.14	0.13	0.13	0.12	0.12	0.11	0.12	0.16
Low-income: 131-185% poverty																		
60-64 years	6.0	7.0	7.8	9.0	11.2	13.7	15.4	16.7	19.0	0.43	0.44	0.42	0.39	0.45	0.72	0.94	1.10	1.36
65-69 years	6.8	7.8	8.4	9.4	11.2	13.0	14.0	14.7	15.8	0.35	0.34	0.34	0.34	0.35	0.39	0.44	0.48	0.55
70-74 years	5.9	6.7	7.3	8.2	10.0	12.3	13.9	15.3	17.9	0.33	0.30	0.30	0.29	0.32	0.51	0.80	1.12	1.89
75-79 years	7.1	7.9	8.4	9.3	10.8	12.3	13.1	13.7	14.5	0.37	0.36	0.35	0.34	0.31	0.32	0.34	0.36	0.40
80 + years	6.5	7.4	8.0	9.0	10.7	12.4	13.4	14.2	15.3	0.19	0.20	0.21	0.21	0.20	0.22	0.24	0.27	0.31
Total, age adjusted ...	6.3	7.3	7.9	8.9	10.8	12.7	14.0	15.0	16.6	0.15	0.15	0.15	0.15	0.15	0.18	0.24	0.30	0.46
Higher-income: > 185% poverty																		
60-64 years	7.0	7.8	8.3	9.1	10.6	12.3	13.2	13.8	14.7	0.13	0.13	0.13	0.13	0.14	0.16	0.18	0.20	0.23
65-69 years	6.4	7.2	7.8	8.7	10.5	12.4	13.4	14.2	15.3	0.15	0.15	0.16	0.17	0.18	0.19	0.20	0.21	0.24
70-74 years	6.8	7.6	8.2	9.0	10.7	12.3	13.3	13.9	15.0	0.20	0.19	0.18	0.16	0.14	0.14	0.15	0.17	0.22
75-79 years	6.6	7.3	7.8	8.7	10.3	12.1	13.1	13.9	15.0	0.18	0.18	0.18	0.19	0.19	0.21	0.23	0.25	0.30
80 + years	6.4	7.2	7.8	8.7	10.5	12.5	13.7	14.6	15.9	0.18	0.17	0.17	0.16	0.16	0.19	0.22	0.25	0.31
Total, age adjusted ...	6.7	7.5	8.0	8.9	10.5	12.3	13.3	14.1	15.2	0.07	0.07	0.07	0.07	0.07	0.08	0.08	0.09	0.11

Notes: Significant differences in means and proportions are noted by > (.05 level), >> (.01 level), or >>> (.001 level). Differences are tested in comparison to lowest income group (Income ≤ 130% poverty). The Bonferroni adjustment was used to adjust levels of significant and control for multiplicity in the number of tests.

Source: NHANES-III, 1988-94 Exam file, 24-hour dietary recall. Data reflect nutrient intake from foods. Does not include the contribution of vitamin and mineral supplements. Usual intake was estimated using C-SIDE: Software for Intake Distribution Estimation, accounting for within-person variance as estimated from the *Continuing Survey of Food Intakes by Individuals (CSFII)*.

'All older adults' includes persons with missing income.

**Table D-57—Distribution of usual intake of saturated fat as a percent of usual energy intake: Older adults
— Continued**

Male																		
	Percentiles									Standard errors of percentiles								
	5th	10th	15th	25th	50th	75th	85th	90th	95th	5th	10th	15th	25th	50th	75th	85th	90th	95th
All older adults																		
60-64 years	6.8	7.6	8.2	9.1	10.8	12.7	13.8	14.6	15.8	0.20	0.19	0.19	0.18	0.18	0.19	0.21	0.22	0.24
65-69 years	6.5	7.4	8.0	9.0	10.8	12.7	13.8	14.5	15.7	0.16	0.16	0.16	0.16	0.18	0.19	0.20	0.22	0.26
70-74 years	6.6	7.5	8.2	9.1	10.9	12.7	13.7	14.5	15.6	0.23	0.22	0.20	0.18	0.15	0.14	0.17	0.19	0.24
75-79 years	7.2	7.9	8.5	9.3	11.0	12.9	14.0	14.8	15.9	0.20	0.20	0.19	0.18	0.15	0.16	0.18	0.21	0.27
80 + years	7.0	7.8	8.3	9.2	10.9	12.8	13.9	14.7	16.0	0.10	0.10	0.09	0.09	0.10	0.14	0.18	0.22	0.28
Total, age adjusted ...	6.8	7.7	8.2	9.1	10.9	12.8	13.9	14.6	15.9	0.09	0.08	0.08	0.08	0.07	0.07	0.08	0.09	0.11
Lowest income: ≤ 130% poverty																		
60-64 years	6.6	7.4	7.9	8.8	10.7	12.9	14.1	14.9	16.2	0.35	0.40	0.43	0.47	0.50	0.52	0.56	0.59	0.63
65-69 years	7.7	8.4	8.9	9.7	11.2	12.7	13.5	14.0	14.9	0.35	0.35	0.36	0.36	0.38	0.39	0.40	0.40	0.42
70-74 years	5.8	6.9	7.7	8.8	10.9	12.9	14.0	14.7	15.8	0.54	0.49	0.47	0.43	0.40	0.37	0.36	0.36	0.38
80 + years	8.0	8.7	9.1	9.8	11.0	12.3	13.1	13.6	14.5	0.23	0.21	0.20	0.20	0.22	0.26	0.29	0.32	0.36
Total, age adjusted ...	6.7	7.6	8.2	9.2	11.0	12.9	14.0	14.7	15.8	0.22	0.21	0.21	0.20	0.18	0.17	0.16	0.16	0.18
Low-income: 131-185% poverty																		
70-74 years	6.0	6.9	7.6	8.6	10.6	12.9	14.2	15.1	16.6	0.41	0.40	0.40	0.41	0.41	0.48	0.56	0.62	0.71
75-79 years	6.9	7.6	8.1	9.0	10.6	12.3	13.1	13.8	14.8	0.53	0.56	0.56	0.53	0.45	0.42	0.45	0.50	0.62
80 + years	>>>6.3	>>>7.2	>>>7.9	>8.8	10.7	12.7	13.8	14.5	15.7	0.19	0.21	0.22	0.25	0.29	0.34	0.36	0.38	0.40
Total, age adjusted ...	6.8	7.7	8.3	9.2	11.1	13.1	14.2	15.0	16.4	0.19	0.19	0.19	0.18	0.18	0.23	0.27	0.31	0.39
Higher-income: > 185% poverty																		
60-64 years	6.8	7.6	8.2	9.0	10.7	12.4	13.4	14.0	15.0	0.24	0.23	0.23	0.22	0.23	0.24	0.25	0.25	0.25
65-69 years	>6.6	7.4	8.1	9.0	10.8	12.7	13.8	14.5	15.6	0.18	0.19	0.20	0.20	0.20	0.21	0.22	0.23	0.27
70-74 years	6.9	7.8	8.4	9.3	10.9	12.6	13.6	14.3	15.5	0.30	0.27	0.24	0.20	0.16	0.17	0.21	0.24	0.32
75-79 years	7.3	8.0	8.5	9.3	10.9	12.7	13.7	14.4	15.5	0.26	0.23	0.22	0.20	0.20	0.20	0.23	0.26	0.33
80 + years	>>>6.9	>>>7.6	>>8.2	>9.1	10.9	13.0	>14.3	>>15.2	>>>16.7	0.15	0.15	0.14	0.14	0.15	0.21	0.26	0.31	0.40
Total, age adjusted ...	6.9	7.7	8.3	9.1	10.8	12.7	13.7	14.5	15.7	0.09	0.09	0.08	0.08	0.07	0.08	0.09	0.10	0.12

Notes: Significant differences in means and proportions are noted by > (.05 level), >> (.01 level), or >>> (.001 level). Differences are tested in comparison to lowest income group (Income ≤ 130% poverty). The Bonferroni adjustment was used to adjust levels of significant and control for multiplicity in the number of tests.

Source: NHANES-III, 1988-94 Exam file, 24-hour dietary recall. Data reflect nutrient intake from foods. Does not include the contribution of vitamin and mineral supplements. Usual intake was estimated using C-SIDE: Software for Intake Distribution Estimation, accounting for within-person variance as estimated from the *Continuing Survey of Food Intakes by Individuals (CSFII)*. 'All older adults' includes persons with missing income.

**Table D-57—Distribution of usual intake of saturated fat as a percent of usual energy intake: Older adults
— Continued**

Female

	Percentiles									Standard errors of percentiles								
	5th	10th	15th	25th	50th	75th	85th	90th	95th	5th	10th	15th	25th	50th	75th	85th	90th	95th
All older adults																		
60-64 years	6.8	7.5	8.1	8.8	10.4	12.1	13.0	13.6	14.6	0.14	0.13	0.12	0.12	0.14	0.18	0.20	0.23	0.28
65-69 years	6.1	7.0	7.6	8.6	10.4	12.4	13.5	14.3	15.5	0.21	0.20	0.20	0.21	0.21	0.21	0.23	0.25	0.29
70-74 years	6.3	7.1	7.6	8.4	10.0	11.9	12.9	13.7	15.0	0.17	0.17	0.16	0.16	0.17	0.21	0.26	0.33	0.49
75-79 years	6.1	7.0	7.6	8.5	10.3	12.4	13.6	14.5	16.1	0.12	0.12	0.12	0.13	0.15	0.18	0.22	0.25	0.36
80 + years	6.3	7.1	7.6	8.5	10.2	12.0	13.1	13.8	14.9	0.14	0.14	0.14	0.14	0.14	0.14	0.15	0.16	0.19
Total, age adjusted ...	6.3	7.1	7.7	8.6	10.3	12.1	13.2	14.0	15.2	0.07	0.07	0.07	0.08	0.08	0.09	0.10	0.11	0.14
Lowest income: ≤ 130% poverty																		
60-64 years	5.8	6.7	7.2	8.1	9.7	11.4	12.3	12.9	13.9	0.33	0.34	0.34	0.33	0.34	0.37	0.39	0.40	0.39
65-69 years	5.7	6.5	7.2	8.1	10.1	12.3	13.5	14.4	15.8	0.38	0.38	0.38	0.38	0.36	0.40	0.44	0.48	0.53
70-74 years	5.7	6.5	7.0	7.9	9.6	11.4	12.4	13.0	14.0	0.28	0.31	0.32	0.31	0.29	0.27	0.28	0.29	0.32
75-79 years	6.5	7.3	7.9	8.8	10.9	13.5	15.1	16.5	19.0	0.28	0.26	0.26	0.28	0.35	0.50	0.67	0.86	1.30
80 + years	6.3	7.0	7.6	8.4	10.0	11.8	12.9	13.6	14.7	0.16	0.18	0.18	0.19	0.20	0.21	0.23	0.25	0.29
Total, age adjusted ...	5.8	6.6	7.2	8.2	10.0	12.1	13.3	14.1	15.5	0.18	0.18	0.18	0.17	0.15	0.14	0.15	0.17	0.24
Low-income: 131-185% poverty																		
60-64 years	5.6	6.5	7.2	8.3	10.5	13.0	14.8	16.1	18.5	0.48	0.50	0.51	0.52	0.64	1.03	1.38	1.68	2.19
65-69 years	6.8	7.8	8.5	9.6	11.6	13.5	14.5	15.1	16.1	0.52	0.54	0.55	0.55	0.53	0.57	0.63	0.68	0.75
70-74 years	5.8	6.6	7.1	7.8	9.6	12.2	14.1	15.9	19.5	0.31	0.28	0.29	0.32	0.40	0.77	1.29	1.82	2.98
75-79 years	7.3	8.0	8.6	9.4	10.9	12.4	13.2	13.8	14.6	0.34	0.34	0.34	0.34	0.35	0.38	0.41	0.43	0.47
80 + years	6.8	7.6	8.3	9.2	10.7	12.2	13.2	13.9	15.0	0.30	0.31	0.30	0.28	0.25	0.27	0.30	0.34	0.41
Total, age adjusted ...	6.2	7.1	7.7	8.7	10.6	12.6	13.9	14.9	16.6	0.20	0.20	0.19	0.19	0.18	0.26	0.37	0.48	0.74
Higher-income: > 185% poverty																		
60-64 years	7.4	8.1	8.5	9.2	10.6	12.1	12.9	13.4	14.2	0.16	0.15	0.15	0.15	0.16	0.19	0.21	0.24	0.28
65-69 years	6.2	7.0	7.6	8.4	10.2	12.0	13.0	13.7	14.8	0.23	0.23	0.23	0.24	0.25	0.27	0.30	0.33	0.39
70-74 years	6.9	7.6	8.1	8.9	10.4	12.0	12.9	13.5	14.4	0.20	0.20	0.21	0.22	0.23	0.23	0.24	0.27	0.33
75-79 years	5.9	6.7	7.2	8.1	9.8	11.7	12.7	13.5	14.7	0.22	0.23	0.24	0.25	0.25	0.29	0.35	0.40	0.49
80 + years	6.1	6.9	7.5	8.4	10.2	12.1	13.3	14.1	15.3	0.24	0.23	0.23	0.23	0.24	0.26	0.27	0.29	0.31
Total, age adjusted ...	6.6	7.3	7.9	8.7	10.3	12.0	12.9	13.6	14.6	0.10	0.10	0.10	0.11	0.11	0.12	0.13	0.14	0.17

Notes: Significant differences in means and proportions are noted by > (.05 level), >> (.01 level), or >>> (.001 level). Differences are tested in comparison to lowest income group (Income ≤ 130% poverty). The Bonferroni adjustment was used to adjust levels of significant and control for multiplicity in the number of tests.

Source: NHANES-III, 1988-94 Exam file, 24-hour dietary recall. Data reflect nutrient intake from foods. Does not include the contribution of vitamin and mineral supplements. Usual intake was estimated using C-SIDE: Software for Intake Distribution Estimation, accounting for within-person variance as estimated from the *Continuing Survey of Food Intakes by Individuals (CSFII)*.

'All older adults' includes persons with missing income.

Table D-58—Mean usual intake of cholesterol in milligrams: Older adults

	All older adults			Lowest income: ≤ 130% poverty			Low-income: 131-185% poverty			Higher-income: > 185% poverty		
	Sample size	Mean	Standard error	Sample size	Mean	Standard error	Sample size	Mean	Standard error	Sample size	Mean	Standard error
Both sexes												
60-64 years	1,154	242	5.4	358	213	10.2	135	293	41.6	555	244	8.0
65-69 years	1,054	250	7.9	325	259	19.8	128	224	13.1	503	253	10.0
70-74 years	1,019	232	4.7	290	209	8.2	160	211	10.9	485	244	6.8
75-79 years	659	212	5.4	212	213	7.0	117	207	13.3	257	212	8.1
80 + years	1,153	196	4.3	369	202	7.4	196	200	8.5	443	197	7.2
Total, age adjusted ...	5,039	227	2.8	1,554	220	5.1	736	226	8.8	2,243	231	3.9
Male												
60-64 years	575	296	8.6	168	271	17.4	67	444	51.7	294	286	11.9
65-69 years	536	309	12.8	144	299	22.6	63	231	18.8	283	323	16.0
70-74 years	500	287	7.1	128	285	14.8	77	272	19.5	260	288	10.4
75-79 years	283	271	11.1	87	257	125.0	49	261	27.4	118	290	15.2
80 + years	557	245	6.1	148	283	9.3	98	244	14.1	252	240	7.1
Total, age adjusted ...	2,451	283	4.6	675	278	7.2	354	286	13.6	1,207	286	6.2
Female												
60-64 years	579	200	6.5	190	180	15.0	68	—	—	261	207	9.4
65-69 years	518	194	7.4	181	241	29.5	65	219	19.7	220	174	7.6
70-74 years	519	190	5.3	162	173	8.0	83	168	8.7	225	201	8.4
75-79 years	376	176	5.1	125	201	8.5	68	170	10.3	139	154	6.3
80 + years	596	169	5.2	221	174	9.0	98	177	10.4	191	165	8.9
Total, age adjusted ...	2,588	185	3.0	879	192	7.5	382	186	6.7	1,036	182	3.5

Notes: Significant differences in means and proportions are noted by > (.05 level), >> (.01 level), or >>> (.001 level). Differences are tested in comparison to lowest income group (Income ≤ 130% poverty).
 — Estimate of usual intake could not be obtained for the gender-age group cell. The cell was pooled with a neighboring age group to determine its contribution to the 'Total, age-adjusted' row.

Source: NHANES-III, 1988-94 Exam file, 24-hour dietary recall. Data reflect nutrient intake from foods. Does not include the contribution of vitamin and mineral supplements. Usual intake was estimated using *C-SIDE: Software for Intake Distribution Estimation*, accounting for within-person variance as estimated from the *Continuing Survey of Food Intakes by Individuals (CSFII)*.
 'All older adults' includes persons with missing income.

Table D-59—Percent of older adults meeting Dietary Guidelines recommendation for usual intake of cholesterol¹

	All older adults			Lowest income: ≤ 130% poverty			Low-income: 131-185% poverty			Higher-income: > 185% poverty		
	Sample size	Percent	Standard error	Sample size	Percent	Standard error	Sample size	Percent	Standard error	Sample size	Percent	Standard error
Both sexes												
60-64 years	1,154	75.7	1.8	358	83.4	3.0	135	» 61.8	6.2	555	76.2	2.7
65-69 years	1,054	72.7	2.1	325	68.0	4.7	128	80.0	4.2	503	72.7	2.7
70-74 years	1,019	79.4	1.6	290	84.6	2.3	160	85.1	3.1	485	» 76.3	2.5
75-79 years	659	84.0	1.4	212	81.0	2.2	117	85.8	3.9	257	» 87.7	2.5
80 + years	1,153	87.0	1.0	369	85.5	1.9	196	85.6	2.2	443	87.1	1.8
Total, age adjusted ...	5,039	79.5	0.8	1,554	79.8	1.4	736	79.2	2.6	2,243	79.4	1.2
Male												
60-64 years	575	57.6	3.1	168	66.6	6.2	67	»» 27.8	6.0	294	61.4	5.2
65-69 years	536	56.6	3.3	144	58.3	5.0	63	79.5	6.4	283	50.2	4.7
70-74 years	500	59.9	2.6	128	58.4	5.8	77	68.7	10.3	260	59.5	3.7
75-79 years	283	66.5	3.7	87	65.9	8.1	49	72.4	10.7	118	59.9	6.2
80 + years	557	74.3	1.9	148	61.8	3.0	98	» 74.6	4.1	252	»» 76.1	2.2
Total, age adjusted ...	2,451	62.7	1.5	675	62.8	2.2	354	62.9	4.2	1,207	62.0	2.2
Female												
60-64 years	579	88.8	2.0	190	93.6	3.2	68	—	—	261	88.6	3.0
65-69 years	518	87.7	1.9	181	73.7	7.7	65	82.6	6.5	220	» 93.0	1.6
70-74 years	519	95.0	1.2	162	96.9	1.3	83	92.7	2.1	225	97.1	1.5
75-79 years	376	95.2	0.9	125	87.4	2.6	68	93.6	2.0	139	100.0	>0
80 + years	596	93.5	1.0	221	93.1	2.2	98	91.8	2.4	191	93.9	1.7
Total, age adjusted ...	2,588	91.7	0.8	879	88.4	2.0	382	89.3	1.6	1,036	» 94.0	0.8

Notes: Significant differences in means and proportions are noted by » (.05 level), »» (.01 level), or »»» (.001 level). Differences are tested in comparison to lowest income group (Income ≤ 130% poverty).

¹ National Research Council's Diet and Health recommendation for intake of cholesterol is less than or equal to 300 milligrams.

>0 Value too small to display.

— Estimate of usual intake could not be obtained for the gender-age group cell. The cell was pooled with a neighboring age group to determine its contribution to the 'Total, age-adjusted' row.

Source: NHANES-III, 1988-94 Exam file, 24-hour dietary recall. Data reflect nutrient intake from foods. Does not include the contribution of vitamin and mineral supplements. Usual intake was estimated using *C-SIDE: Software for Intake Distribution Estimation*, accounting for within-person variance as estimated from the *Continuing Survey of Food Intakes by Individuals (CSFII)*.

'All older adults' includes persons with missing income.

Table D-60—Distribution of usual intake of cholesterol in milligrams: Older adults

Both sexes

	Percentiles									Standard errors of percentiles								
	5th	10th	15th	25th	50th	75th	85th	90th	95th	5th	10th	15th	25th	50th	75th	85th	90th	95th
All older adults																		
60-64 years	104	124	140	165	220	297	350	389	451	2.42	2.69	2.90	3.33	4.87	7.45	9.79	11.60	14.10
65-69 years	94	114	130	157	221	311	372	421	503	3.26	3.63	3.94	4.53	6.39	9.89	12.60	14.90	19.60
70-74 years	108	127	142	166	219	284	325	355	403	2.48	2.73	2.95	3.35	4.42	5.94	6.99	7.81	9.21
75-79 years	90	108	122	144	195	262	305	338	392	2.99	3.34	3.60	4.09	5.22	6.59	7.74	8.84	11.20
80 + years	77	93	106	127	176	243	288	322	380	2.23	2.48	2.67	2.99	3.81	5.31	6.51	7.51	9.30
Total, age adjusted ...	94	113	127	151	207	281	329	366	428	1.35	1.50	1.63	1.85	2.39	3.52	4.40	5.26	6.96
Lowest income: ≤ 130% poverty																		
60-64 years	87	107	121	145	197	265	308	341	392	5.51	6.19	6.73	7.67	10.10	13.40	14.90	15.70	16.60
65-69 years	73	97	116	148	227	337	409	463	551	7.96	9.03	10.00	12.20	17.90	25.20	31.50	37.00	47.10
70-74 years	84	104	119	144	198	263	302	330	372	6.36	6.69	6.80	7.02	8.09	9.74	10.80	11.60	12.90
75-79 years	75	95	111	136	196	274	322	356	408	4.40	4.65	5.04	5.89	7.88	10.10	11.40	12.20	12.90
80 + years	77	95	109	132	186	254	297	330	383	4.03	4.40	4.73	5.40	7.32	9.57	10.80	11.90	14.60
Total, age adjusted ...	76	97	113	139	199	278	330	369	433	2.76	2.88	2.99	3.26	4.41	6.69	8.04	9.13	11.50
Low-income: 131-185% poverty																		
60-64 years	82	106	125	158	247	380	471	542	659	7.42	9.43	10.60	13.20	27.90	57.00	78.70	99.30	142.00
65-69 years	93	112	127	152	208	280	325	358	410	5.69	6.65	7.41	8.75	12.40	17.60	20.60	22.50	25.50
70-74 years	95	111	124	145	194	258	299	331	383	5.63	6.59	7.31	8.44	10.90	14.00	16.20	18.10	21.60
75-79 years	83	102	117	141	193	256	296	326	377	6.29	7.00	7.64	8.95	11.90	16.10	20.60	25.10	34.80
80 + years	80	96	108	128	176	246	296	334	400	3.91	4.12	4.41	5.14	7.54	11.40	14.30	16.50	20.30
Total, age adjusted ...	84	103	118	144	202	281	334	377	449	3.23	4.08	4.70	5.54	7.62	12.20	15.70	17.70	20.40
Higher-income: > 185% poverty																		
60-64 years	***116	**135	**149	>173	226	295	341	375	432	3.45	4.03	4.47	5.24	7.23	10.20	12.40	14.20	17.70
65-69 years	**104	123	138	163	224	310	370	418	499	4.02	4.44	4.86	5.66	8.03	12.30	15.80	19.00	25.30
70-74 years	***121	***141	***156	***180	>232	296	335	363	408	3.95	4.30	4.59	5.12	6.44	8.28	9.56	10.60	12.30
75-79 years	***111	***127	**139	158	200	253	287	313	354	4.52	5.01	5.37	6.00	7.61	10.10	11.90	13.40	16.10
80 + years	78	95	107	129	177	243	287	322	381	3.05	3.59	3.97	4.59	6.03	8.53	10.80	13.00	17.60
Total, age adjusted ...	***105	***123	***137	***160	213	282	328	363	421	1.59	1.85	2.06	2.42	3.37	4.90	6.13	7.20	9.29

Notes: Significant differences in means and proportions are noted by > (.05 level), ** (.01 level), or *** (.001 level). Differences are tested in comparison to lowest income group (Income ≤ 130% poverty). The Bonferroni adjustment was used to adjust levels of significant and control for multiplicity in the number of tests.

Source: NHANES-III, 1988-94 Exam file, 24-hour dietary recall. Data reflect nutrient intake from foods. Does not include the contribution of vitamin and mineral supplements. Usual intake was estimated using *C-SIDE: Software for Intake Distribution Estimation*, accounting for within-person variance as estimated from the *Continuing Survey of Food Intakes by Individuals (CSFII)*.

'All older adults' includes persons with missing income.

Table D-60—Distribution of usual intake of cholesterol in milligrams: Older adults
— Continued

Male

	Percentiles									Standard errors of percentiles								
	5th	10th	15th	25th	50th	75th	85th	90th	95th	5th	10th	15th	25th	50th	75th	85th	90th	95th
All older adults																		
60-64 years	148	171	189	217	279	358	406	443	500	4.52	4.96	5.36	6.18	8.21	11.30	13.20	14.40	16.40
65-69 years	128	151	170	201	277	382	453	508	601	4.63	5.58	6.34	7.67	10.90	16.00	20.10	23.70	30.70
70-74 years	138	161	178	207	272	351	398	432	485	3.53	4.01	4.41	5.11	6.83	9.04	10.40	11.40	12.90
75-79 years	123	144	160	187	250	333	386	426	491	5.98	6.74	7.39	8.50	10.80	13.80	15.90	17.70	21.40
80 + years	104	125	140	166	226	303	353	391	453	3.02	3.38	3.69	4.27	5.80	7.78	9.00	9.94	11.70
Total, age adjusted ...	127	150	167	196	262	347	403	444	513	2.03	2.32	2.57	3.02	4.20	5.87	7.02	7.98	9.79
Lowest income: ≤ 130% poverty																		
60-64 years	128	151	167	193	252	332	383	421	479	10.90	10.90	11.20	12.40	16.90	22.80	25.70	27.60	30.30
65-69 years	93	117	135	168	262	392	470	528	625	9.20	9.81	11.10	14.80	22.50	28.20	35.80	44.20	61.40
70-74 years	131	159	179	211	277	352	393	422	466	11.10	12.60	13.60	14.90	16.10	16.40	16.80	17.40	18.60
75-79 years	80	103	122	156	239	342	400	439	495	10.30	12.20	13.70	16.60	30.50	107.00	213.00	327.00	592.00
80 + years	125	150	168	198	265	348	400	438	500	6.52	7.07	7.46	8.01	9.01	11.20	13.60	16.10	21.00
Total, age adjusted ...	105	131	150	182	256	353	412	454	521	3.42	3.77	4.25	5.29	7.41	9.20	10.50	11.90	14.80
Low-income: 131-185% poverty																		
60-64 years	164	205	235	287	405	558	655	728	852	17.20	20.00	22.50	27.70	40.70	64.20	91.10	118.00	173.00
65-69 years	107	126	140	163	215	283	326	358	410	12.80	13.20	13.70	14.90	18.50	24.80	29.00	31.70	34.90
70-74 years	172	190	203	224	266	314	342	361	392	14.00	15.40	16.30	17.70	20.20	22.30	23.00	23.40	23.50
75-79 years	144	163	177	200	248	308	346	375	422	15.20	16.40	17.40	19.20	24.40	33.30	40.50	46.70	58.20
80 + years	92	112	128	154	216	302	362	410	493	5.92	6.28	6.71	7.67	11.20	19.20	25.60	30.30	38.00
Total, age adjusted ...	122	148	166	195	260	350	412	459	536	5.93	6.61	7.08	8.15	12.00	18.10	22.10	25.90	34.40
Higher-income: > 185% poverty																		
60-64 years	162	182	197	222	274	338	377	406	453	7.09	7.83	8.41	9.39	11.60	14.30	16.10	17.50	19.70
65-69 years	155	179	198	229	299	391	451	496	572	6.81	7.83	8.66	10.20	14.00	19.80	24.40	28.20	35.50
70-74 years	137	161	178	208	273	353	401	437	492	5.19	5.81	6.36	7.37	9.88	13.20	15.20	16.80	19.20
75-79 years	159	180	195	220	276	345	388	419	470	8.25	9.35	10.20	11.60	14.80	18.90	21.80	24.20	28.50
80 + years	105	125	140	166	223	296	342	376	433	4.10	4.55	4.90	5.50	6.88	8.66	9.90	10.90	12.90
Total, age adjusted ...	140	162	178	205	266	346	396	434	496	2.83	3.28	3.65	4.29	5.81	7.83	9.23	10.40	12.60

Notes: Significant differences in means and proportions are noted by > (.05 level), >> (.01 level), or >>> (.001 level). Differences are tested in comparison to lowest income group (Income ≤ 130% poverty). The Bonferroni adjustment was used to adjust levels of significant and control for multiplicity in the number of tests.

Source: NHANES-III, 1988-94 Exam file, 24-hour dietary recall. Data reflect nutrient intake from foods. Does not include the contribution of vitamin and mineral supplements. Usual intake was estimated using C-SIDE: Software for Intake Distribution Estimation, accounting for within-person variance as estimated from the *Continuing Survey of Food Intakes by Individuals (CSFII)*.

'All older adults' includes persons with missing income.

**Table D-60—Distribution of usual intake of cholesterol in milligrams: Older adults
— Continued**

Female

	Percentiles									Standard errors of percentiles								
	5th	10th	15th	25th	50th	75th	85th	90th	95th	5th	10th	15th	25th	50th	75th	85th	90th	95th
All older adults																		
60-64 years	93	109	121	141	186	243	280	308	354	3.05	3.35	3.66	4.20	5.55	8.55	11.00	13.10	17.00
65-69 years	78	95	107	128	176	241	284	316	370	4.08	4.40	4.68	5.20	6.71	9.32	11.50	13.50	17.40
70-74 years	104	119	130	147	183	226	252	270	300	3.45	3.67	3.85	4.19	5.10	6.42	7.37	8.13	9.47
75-79 years	82	98	109	128	167	214	243	264	298	2.94	3.22	3.47	3.92	5.04	6.46	7.36	8.05	9.19
80 + years	70	85	96	114	154	208	243	271	318	2.45	2.76	3.00	3.43	4.47	6.21	7.78	9.25	12.30
Total, age adjusted ...	84	99	111	130	172	226	261	288	333	1.61	1.75	1.86	2.03	2.57	3.65	4.57	5.41	7.01
Lowest income: ≤ 130% poverty																		
60-64 years	84	99	110	128	169	220	252	275	313	7.22	8.33	9.23	10.80	14.70	19.20	21.70	23.40	25.60
65-69 years	76	97	114	144	213	307	370	419	501	11.10	13.40	15.30	18.60	26.10	37.80	47.00	54.40	67.50
70-74 years	87	101	112	130	167	209	235	253	281	6.85	7.22	7.43	7.61	7.89	8.83	9.89	10.90	12.90
75-79 years	82	101	115	138	189	250	288	316	360	4.87	5.07	5.49	6.50	8.82	11.50	13.50	14.90	17.40
80 + years	70	86	98	118	162	218	252	278	319	4.26	4.66	5.00	5.72	7.83	11.30	14.00	16.60	21.80
Total, age adjusted ...	74	92	105	127	176	240	280	311	361	3.32	3.66	3.97	4.61	6.52	9.50	11.70	13.60	17.00
Low-income: 131-185% poverty																		
65-69 years	102	118	131	153	206	271	311	338	381	8.74	9.87	10.90	13.10	18.50	25.60	29.80	32.90	38.20
70-74 years	69	82	92	109	150	207	246	277	329	4.43	4.77	5.09	5.68	7.30	10.90	14.90	19.00	27.70
75-79 years	60	78	91	113	161	217	251	275	313	6.02	6.80	7.41	8.48	10.90	13.30	14.80	15.90	18.30
80 + years	75	90	101	119	159	215	254	285	339	4.65	5.17	5.60	6.41	9.14	14.30	18.00	20.70	25.40
Total, age adjusted ...	73	89	101	121	167	231	273	306	360	3.42	3.81	4.23	5.05	6.37	8.54	10.80	12.90	17.10
Higher-income: > 185% poverty																		
60-64 years	105	122	134	153	195	248	282	308	351	4.22	4.77	5.21	5.95	7.94	11.80	15.10	18.00	23.70
65-69 years	76	91	102	119	159	213	249	276	321	4.38	4.50	4.70	5.23	7.02	9.81	11.80	13.30	15.80
70-74 years	130	143	153	167	198	231	250	264	285	5.73	6.18	6.52	7.07	8.25	9.61	10.40	11.00	11.90
75-79 years	103	112	119	130	152	176	189	199	214	4.27	4.62	4.88	5.31	6.23	7.32	7.98	8.46	9.24
80 + years	70	83	94	110	149	200	236	265	314	3.32	3.96	4.42	5.19	7.16	10.80	14.00	17.00	22.90
Total, age adjusted ...	90	105	115	133	171	219	249	272	310	1.90	2.05	2.17	2.41	3.10	4.30	5.31	6.21	8.01

Notes: Significant differences in means and proportions are noted by > (.05 level), >> (.01 level), or >>> (.001 level). Differences are tested in comparison to lowest income group (Income ≤ 130% poverty). The Bonferroni adjustment was used to adjust levels of significant and control for multiplicity in the number of tests.

Source: NHANES-III, 1988-94 Exam file, 24-hour dietary recall. Data reflect nutrient intake from foods. Does not include the contribution of vitamin and mineral supplements. Usual intake was estimated using *C-SIDE: Software for Intake Distribution Estimation*, accounting for within-person variance as estimated from the *Continuing Survey of Food Intakes by Individuals (CSFII)*.
'All older adults' includes persons with missing income.

Table D-61—Mean usual intake of sodium in milligrams: Older adults

	All older adults			Lowest income: ≤ 130% poverty			Low-income: 131-185% poverty			Higher-income: > 185% poverty		
	Sample size	Mean	Standard error	Sample size	Mean	Standard error	Sample size	Mean	Standard error	Sample size	Mean	Standard error
Both sexes												
60-64 years	1,154	3,029	44.0	358	2,832	202.8	135	2,791	132.9	555	3,117	50.6
65-69 years	1,054	3,028	45.8	325	2,738	132.2	128	2,942	179.6	503	» 3,126	60.0
70-74 years	1,019	2,868	43.0	290	2,425	87.3	160	» 2,707	112.8	485	»» 3,061	58.0
75-79 years	659	2,643	42.8	212	2,386	80.3	117	» 2,630	66.9	257	»» 2,849	66.4
80 + years	1,153	2,544	32.2	369	2,460	69.2	196	2,489	44.9	443	» 2,682	53.8
Total, age adjusted ...	5,039	2,840	18.6	1,554	2,538	48.4	736	» 2,706	66.8	2,243	»» 2,984	24.0
Male												
60-64 years	575	3,763	81.4	168	3,942	420.8	67	3,568	317.8	294	3,735	85.9
65-69 years	536	3,434	75.5	144	3,126	134.0	63	—	—	283	» 3,549	88.2
70-74 years	500	3,320	52.5	128	2,842	109.5	77	» 3,263	153.2	260	»» 3,474	68.2
75-79 years	283	3,202	83.5	87	2,865	203.8	49	2,963	125.5	118	» 3,530	113.0
80 + years	557	2,911	41.0	148	2,853	92.4	98	2,762	111.7	252	3,008	66.2
Total, age adjusted ...	2,451	3,350	30.7	675	3,049	60.3	354	3,123	96.3	1,207	»» 3,466	34.2
Female												
60-64 years	579	2,469	40.9	190	2,091	106.8	68	2,194	112.8	261	»» 2,579	60.5
65-69 years	518	2,650	48.7	181	2,511	176.0	65	2,871	252.3	220	2,658	50.1
70-74 years	519	2,516	54.6	162	2,220	105.6	83	2,325	112.3	225	»» 2,661	77.7
75-79 years	376	2,289	41.3	125	2,219	96.5	68	2,394	112.7	139	2,347	65.3
80 + years	596	2,350	39.1	221	2,328	80.0	98	2,348	49.1	191	2,448	59.5
Total, age adjusted ...	2,588	2,460	22.9	879	2,269	62.0	382	2,430	78.0	1,036	»» 2,544	31.0

Notes: Significant differences in means and proportions are noted by » (.05 level), »» (.01 level), or »»» (.001 level). Differences are tested in comparison to lowest income group (Income ≤ 130% poverty).
 — Estimate of usual intake could not be obtained for the gender-age group cell. The cell was pooled with a neighboring age group to determine its contribution to the 'Total, age-adjusted' row.

Source: NHANES-III, 1988-94 Exam file, 24-hour dietary recall. Data reflect nutrient intake from foods. Does not include the contribution of vitamin and mineral supplements. Usual intake was estimated using *C-SIDE: Software for Intake Distribution Estimation*, accounting for within-person variance as estimated from the *Continuing Survey of Food Intakes by Individuals (CSFII)*.
 'All older adults' includes persons with missing income.

Table D-62—Percent of older adults meeting Dietary Guidelines recommendation for usual intake of sodium: Older adults¹

	All older adults			Lowest income: ≤ 130% poverty			Low-income: 131-185% poverty			Higher-income: > 185% poverty		
	Sample size	Percent	Standard error	Sample size	Percent	Standard error	Sample size	Percent	Standard error	Sample size	Percent	Standard error
Both sexes												
60-64 years	1,154	30.8	1.1	358	46.1	5.1	135	45.1	4.5	555	>>>25.1	1.3
65-69 years	1,054	28.5	1.5	325	42.7	4.7	128	37.9	5.0	503	>>>20.8	1.7
70-74 years	1,019	35.2	1.6	290	54.1	3.9	160	> 41.4	4.3	485	>>>26.0	2.0
75-79 years	659	44.5	1.8	212	56.1	3.7	117	> 46.0	3.0	257	>>>35.7	2.8
80 + years	1,153	48.3	1.6	369	54.6	2.6	196	49.0	2.8	443	>>>40.3	2.3
Total, age adjusted ...	5,039	36.6	0.7	1,554	51.4	1.7	736	> 43.8	2.4	2,243	>>>29.0	0.8
Male												
60-64 years	575	9.1	1.0	168	18.0	5.9	67	10.5	3.4	294	> 5.5	1.0
65-69 years	536	13.6	1.5	144	27.2	4.2	63	—	—	283	>>>8.5	1.4
70-74 years	500	19.1	1.4	128	34.7	4.0	77	> 19.1	4.6	260	>>>14.8	1.7
75-79 years	283	21.3	2.3	87	34.6	5.8	49	27.1	5.5	118	>>>12.6	2.4
80 + years	557	33.2	1.4	148	37.8	3.0	98	37.5	4.7	252	> 28.9	2.0
Total, age adjusted ...	2,451	18.5	0.7	675	32.0	1.3	354	> 25.9	2.4	1,207	>>>13.4	0.7
Female												
60-64 years	579	49.9	2.0	190	68.5	5.3	68	64.6	5.9	261	>>>44.2	2.8
65-69 years	518	40.8	2.4	181	49.5	8.2	65	40.8	7.4	220	34.9	3.1
70-74 years	519	49.0	2.7	162	64.8	4.9	83	58.8	4.7	225	>>>35.8	4.8
75-79 years	376	59.5	2.1	125	63.9	4.4	68	57.9	4.8	139	56.1	3.7
80 + years	596	57.3	2.2	221	60.9	3.3	98	55.9	3.4	191	> 49.5	4.0
Total, age adjusted ...	2,588	51.3	1.2	879	62.5	2.9	382	54.8	3.3	1,036	>>>44.5	1.7

Notes: Significant differences in means and proportions are noted by > (.05 level), >> (.01 level), or >>> (.001 level). Differences are tested in comparison to lowest income group (Income ≤ 130% poverty).

¹ National Research Council's Diet and Health recommendation for intake of sodium is less than or equal to 2400 milligrams.

— Estimate of usual intake could not be obtained for the gender-age group cell. The cell was pooled with a neighboring age group to determine its contribution to the 'Total, age-adjusted' row.

Source: NHANES-III, 1988-94 Exam file, 24-hour dietary recall. Data reflect nutrient intake from foods. Does not include the contribution of vitamin and mineral supplements. Usual intake was estimated using *C-SIDE: Software for Intake Distribution Estimation*, accounting for within-person variance as estimated from the *Continuing Survey of Food Intakes by Individuals (CSFII)*.

*All older adults' includes persons with missing income.

Table D-63—Distribution of usual sodium intake in milligrams: Older adults

Both sexes

	Percentiles									Standard errors of percentiles								
	5th	10th	15th	25th	50th	75th	85th	90th	95th	5th	10th	15th	25th	50th	75th	85th	90th	95th
All older adults																		
60-64 years	1,514	1,770	1,956	2,250	2,867	3,609	4,084	4,450	5,080	33.20	30.70	28.90	26.80	30.90	52.70	75.30	97.30	143.00
65-69 years	1,607	1,855	2,033	2,314	2,903	3,601	4,033	4,353	4,873	34.70	34.40	34.90	36.70	44.10	57.60	68.00	76.60	91.70
70-74 years	1,446	1,694	1,872	2,154	2,745	3,444	3,878	4,201	4,723	36.70	35.60	35.40	35.90	38.80	53.30	67.70	78.70	95.80
75-79 years	1,317	1,545	1,710	1,970	2,521	3,180	3,590	3,893	4,387	35.10	34.10	34.20	35.30	42.70	56.40	67.80	78.20	98.60
80 + years	1,339	1,545	1,695	1,932	2,434	3,032	3,403	3,677	4,124	25.30	26.90	28.00	29.50	31.60	34.80	40.50	47.80	67.50
Total, age adjusted ...	1,443	1,682	1,855	2,129	2,704	3,391	3,824	4,151	4,695	16.30	16.10	15.90	15.90	16.70	22.20	28.40	34.00	45.60
Lowest income: ≤ 130% poverty																		
60-64 years	1,239	1,456	1,608	1,859	2,518	3,511	4,102	4,556	5,369	78.10	80.60	81.90	84.10	140.00	330.00	415.00	475.00	586.00
65-69 years	1,246	1,485	1,663	1,954	2,582	3,338	3,812	4,168	4,760	88.80	95.80	99.90	105.00	123.00	161.00	191.00	216.00	263.00
70-74 years	1,129	1,356	1,519	1,775	2,310	2,946	3,343	3,637	4,114	61.90	63.40	65.20	69.90	83.90	108.00	130.00	148.00	179.00
75-79 years	1,243	1,440	1,579	1,799	2,278	2,852	3,203	3,463	3,892	57.50	54.40	57.10	64.40	74.60	92.00	119.00	148.00	205.00
80 + years	1,200	1,407	1,556	1,793	2,301	2,941	3,367	3,698	4,264	44.00	44.90	46.50	49.20	56.80	80.80	107.00	135.00	197.00
Total, age adjusted ...	1,216	1,434	1,591	1,840	2,370	3,034	3,476	3,822	4,423	31.60	32.60	33.00	33.40	37.80	53.00	71.10	89.40	126.00
Low-income: 131-185% poverty																		
60-64 years	1,237	1,470	1,643	1,915	2,527	3,372	3,931	4,357	5,115	87.10	88.50	91.80	99.60	116.00	166.00	231.00	302.00	473.00
65-69 years	1,332	1,584	1,764	2,055	2,735	3,587	4,145	4,582	5,330	76.00	79.20	86.90	110.00	156.00	238.00	316.00	370.00	433.00
70-74 years	1,215	1,478	1,671	1,976	2,614	3,336	3,758	4,057	4,521	81.30	82.60	84.60	90.10	111.00	145.00	167.00	184.00	211.00
75-79 years	1,328	1,534	1,688	1,938	2,490	3,168	3,592	3,906	4,413	45.80	46.40	48.40	53.60	68.30	89.40	108.00	126.00	162.00
80 + years	1,282	1,502	1,660	1,909	2,420	2,995	3,330	3,566	3,933	40.10	41.40	42.70	46.60	56.40	58.10	61.20	66.40	78.10
Total, age adjusted ...	1,275	1,506	1,677	1,952	2,549	3,283	3,750	4,101	4,677	35.40	40.50	44.40	50.10	61.20	82.90	104.00	124.00	160.00
Higher-income: > 185% poverty																		
60-64 years	***1,666	***1,925	***2,109	***2,398	**2,996	3,699	4,133	4,455	4,979	35.80	34.30	33.70	34.40	42.70	63.00	82.50	100.00	136.00
65-69 years	***1,850	***2,080	***2,244	***2,499	**3,027	3,643	4,019	4,296	4,742	43.20	41.80	41.70	43.30	53.70	74.90	90.90	104.00	127.00
70-74 years	***1,674	***1,918	***2,096	***2,376	***2,945	***3,615	***4,038	***4,352	**4,858	53.20	51.10	50.70	50.80	53.60	69.20	83.60	94.80	113.00
75-79 years	1,456	**1,692	**1,865	**2,143	***2,735	***3,431	***3,851	**4,154	*4,634	56.60	59.90	61.60	63.60	67.50	79.10	92.50	106.00	134.00
80 + years	***1,527	***1,728	***1,874	***2,103	2,585	3,153	3,501	3,757	4,169	33.60	35.40	36.60	39.30	47.20	62.60	76.60	89.30	115.00
Total, age adjusted ...	***1,627	***1,864	***2,035	***2,305	***2,870	***3,535	***3,944	***4,246	4,732	19.30	18.80	18.60	18.80	21.40	30.30	37.90	44.50	57.30

Notes: Significant differences in means and proportions are noted by * (.05 level), ** (.01 level), or *** (.001 level). Differences are tested in comparison to lowest income group (Income ≤ 130% poverty). The Bonferroni adjustment was used to adjust levels of significant and control for multiplicity in the number of tests.

Source: NHANES-III, 1988-94 Exam file, 24-hour dietary recall. Data reflect nutrient intake from foods. Does not include the contribution of vitamin and mineral supplements. Usual intake was estimated using C-SIDE: Software for Intake Distribution Estimation, accounting for within-person variance as estimated from the *Continuing Survey of Food Intakes by Individuals (CSFII)*.

*All older adults' includes persons with missing income.

Table D-63—Distribution of usual sodium intake in milligrams: Older adults
— Continued

Male

	Percentiles									Standard errors of percentiles								
	5th	10th	15th	25th	50th	75th	85th	90th	95th	5th	10th	15th	25th	50th	75th	85th	90th	95th
All older adults																		
60-64 years	2,170	2,440	2,635	2,942	3,588	4,372	4,880	5,273	5,946	43.10	47.10	49.60	53.90	66.90	103.00	135.00	164.00	221.00
65-69 years	2,015	2,266	2,446	2,729	3,323	4,019	4,441	4,747	5,233	49.60	51.60	53.90	58.60	72.50	95.90	111.00	121.00	138.00
70-74 years	1,760	2,057	2,262	2,574	3,212	3,961	4,413	4,737	5,240	44.30	44.00	43.70	42.70	48.90	70.30	82.70	90.50	105.00
75-79 years	1,772	2,027	2,211	2,499	3,098	3,790	4,206	4,509	4,988	57.40	61.00	63.40	67.50	80.10	105.00	123.00	138.00	163.00
80 + years	1,511	1,747	1,921	2,199	2,794	3,495	3,918	4,225	4,711	24.70	26.40	28.10	31.00	37.90	49.60	60.90	71.90	95.40
Total, age adjusted ...	1,834	2,098	2,287	2,586	3,211	3,952	4,414	4,759	5,331	19.80	20.70	21.60	23.50	28.60	38.30	47.40	55.90	73.20
Lowest income: ≤ 130% poverty																		
60-64 years	1,801	2,053	2,275	2,684	3,628	4,776	5,532	6,155	7,272	71.10	97.40	135.00	221.00	398.00	577.00	692.00	797.00	994.00
65-69 years	1,528	1,808	2,011	2,335	3,015	3,796	4,259	4,589	5,104	111.00	110.00	111.00	115.00	136.00	172.00	193.00	206.00	223.00
70-74 years	1,307	1,632	1,850	2,158	2,760	3,489	3,904	4,175	4,564	102.00	91.10	87.20	87.70	115.00	157.00	166.00	163.00	156.00
75-79 years	1,478	1,716	1,891	2,169	2,759	3,445	3,856	4,151	4,616	125.00	129.00	133.00	141.00	172.00	254.00	329.00	391.00	500.00
80 + years	1,348	1,593	1,774	2,069	2,710	3,481	3,953	4,297	4,847	47.80	52.00	56.60	65.70	89.00	121.00	149.00	175.00	225.00
Total, age adjusted ...	1,473	1,735	1,923	2,218	2,849	3,643	4,172	4,586	5,300	35.10	32.50	31.40	31.10	38.60	79.50	122.00	161.00	236.00
Low-income: 131-185% poverty																		
60-64 years	2,165	2,381	2,544	2,817	3,434	4,168	4,600	4,913	5,422	99.10	124.00	147.00	184.00	262.00	392.00	512.00	621.00	828.00
70-74 years	1,693	2,017	2,247	2,590	3,243	3,913	4,279	4,530	4,904	143.00	152.00	157.00	162.00	168.00	169.00	169.00	171.00	179.00
75-79 years	1,642	1,892	2,071	2,348	2,906	3,516	3,863	4,107	4,481	141.00	134.00	132.00	133.00	139.00	139.00	141.00	148.00	170.00
80 + years	1,381	1,633	1,814	2,100	2,686	3,340	3,720	3,988	4,402	57.60	67.00	76.00	91.90	123.00	148.00	157.00	163.00	175.00
Total, age adjusted ...	1,643	1,897	2,082	2,376	2,998	3,720	4,156	4,480	5,017	53.90	56.10	58.10	63.40	81.80	114.00	143.00	171.00	231.00
Higher-income: > 185% poverty																		
60-64 years	2,366	2,622	2,803	3,082	3,646	4,290	4,677	4,958	5,408	61.50	63.70	65.80	69.60	80.00	103.00	125.00	145.00	185.00
65-69 years	2,231	2,460	2,626	2,889	3,445	4,095	4,488	4,773	5,225	56.40	58.80	61.30	66.50	83.00	108.00	126.00	140.00	165.00
70-74 years	1,915	2,202	2,406	2,722	3,361	4,109	4,571	4,907	5,430	66.20	64.20	62.10	58.20	62.20	87.10	102.00	113.00	134.00
75-79 years	2,020	2,292	2,488	2,797	3,435	4,160	4,586	4,889	5,361	99.20	97.90	96.50	97.30	113.00	139.00	158.00	175.00	207.00
80 + years	1,671	1,888	2,049	2,308	2,873	3,559	3,985	4,300	4,807	40.40	40.30	41.20	44.10	55.90	81.00	102.00	121.00	157.00
Total, age adjusted ...	2,011	2,269	2,454	2,745	3,353	4,062	4,492	4,805	5,307	22.30	23.20	23.90	25.50	31.50	42.40	52.00	61.20	80.90

Notes: Significant differences in means and proportions are noted by > (.05 level), >> (.01 level), or >>> (.001 level). Differences are tested in comparison to lowest income group (Income ≤ 130% poverty). The Bonferroni adjustment was used to adjust levels of significant and control for multiplicity in the number of tests.

Source: NHANES-III, 1988-94 Exam file, 24-hour dietary recall. Data reflect nutrient intake from foods. Does not include the contribution of vitamin and mineral supplements. Usual intake was estimated using C-SIDE: Software for Intake Distribution Estimation, accounting for within-person variance as estimated from the Continuing Survey of Food Intakes by Individuals (CSFII).
'All older adults' includes persons with missing income.

Table D-63—Distribution of usual sodium intake in milligrams: Older adults
— Continued

Female

	Percentiles									Standard errors of percentiles								
	5th	10th	15th	25th	50th	75th	85th	90th	95th	5th	10th	15th	25th	50th	75th	85th	90th	95th
All older adults																		
60-64 years	1,337	1,546	1,696	1,928	2,402	2,935	3,250	3,476	3,831	44.00	42.30	40.90	38.80	37.00	44.60	56.60	70.50	104.00
65-69 years	1,525	1,731	1,877	2,104	2,566	3,097	3,424	3,666	4,059	42.00	42.80	43.10	43.30	45.80	55.80	65.80	75.20	94.70
70-74 years	1,419	1,612	1,750	1,967	2,419	2,952	3,284	3,533	3,945	48.30	46.90	46.30	46.10	49.70	65.40	80.60	94.90	122.00
75-79 years	1,163	1,362	1,506	1,734	2,212	2,760	3,085	3,316	3,678	38.50	37.60	37.70	38.60	41.50	50.60	62.50	74.00	98.30
80 + years	1,366	1,544	1,672	1,871	2,279	2,743	3,024	3,232	3,574	28.60	30.10	31.50	33.80	37.30	42.00	50.50	61.30	88.10
Total, age adjusted ...	1,363	1,561	1,703	1,924	2,377	2,898	3,215	3,451	3,837	18.80	18.90	18.90	19.00	20.60	26.70	33.10	39.20	51.70
Lowest income: ≤ 130% poverty																		
60-64 years	996	1,191	1,335	1,566	2,038	2,550	2,842	3,049	3,373	91.50	101.00	105.00	110.00	113.00	114.00	115.00	119.00	128.00
65-69 years	1,386	1,573	1,712	1,934	2,409	2,971	3,317	3,571	3,985	99.70	111.00	119.00	132.00	164.00	214.00	253.00	286.00	344.00
70-74 years	1,156	1,324	1,449	1,653	2,102	2,658	3,006	3,265	3,686	65.60	72.10	75.90	80.90	94.40	124.00	152.00	179.00	235.00
75-79 years	1,146	1,338	1,467	1,669	2,124	2,662	2,976	3,208	3,604	68.70	60.40	62.50	73.90	89.40	103.00	127.00	155.00	218.00
80 + years	1,271	1,450	1,578	1,780	2,203	2,723	3,068	3,338	3,810	49.20	50.30	51.80	54.50	60.90	88.40	124.00	160.00	237.00
Total, age adjusted ...	1,177	1,365	1,501	1,714	2,161	2,695	3,034	3,292	3,727	39.20	40.90	41.90	43.60	52.00	75.30	94.70	111.00	142.00
Low-income: 131-185% poverty																		
60-64 years	1,075	1,263	1,401	1,624	2,100	2,662	3,001	3,247	3,635	92.80	96.50	99.00	106.00	125.00	146.00	156.00	161.00	171.00
65-69 years	1,191	1,438	1,629	1,952	2,650	3,520	4,168	4,678	5,467	119.00	123.00	125.00	142.00	218.00	372.00	487.00	556.00	609.00
70-74 years	1,039	1,282	1,452	1,709	2,217	2,813	3,199	3,494	3,984	109.00	103.00	100.00	96.90	95.10	123.00	168.00	216.00	318.00
75-79 years	1,206	1,380	1,511	1,730	2,227	2,872	3,295	3,617	4,153	80.80	69.30	66.80	71.30	97.40	151.00	200.00	238.00	296.00
80 + years	1,336	1,525	1,661	1,872	2,300	2,771	3,042	3,232	3,524	48.40	47.80	48.40	50.60	56.20	62.60	70.80	80.60	103.00
Total, age adjusted ...	1,147	1,355	1,509	1,757	2,292	2,940	3,350	3,661	4,182	46.90	49.30	50.50	54.20	72.50	100.00	124.00	148.00	191.00
Higher-income: > 185% poverty																		
60-64 years	***1,462	***1,670	***1,817	***2,044	**2,503	**3,029	**3,348	**3,581	*3,957	56.50	53.90	52.00	49.70	51.90	67.50	87.10	108.00	157.00
65-69 years	*1,740	*1,921	2,048	2,242	2,624	3,038	3,273	3,438	3,692	54.20	51.20	49.40	47.60	50.10	60.80	68.30	73.80	82.60
70-74 years	***1,767	***1,931	***2,049	***2,232	***2,606	3,022	3,271	3,453	3,744	65.20	64.50	65.00	67.00	75.20	89.90	103.00	114.00	134.00
75-79 years	1,280	1,476	1,617	1,837	2,289	2,794	3,087	3,294	3,615	52.90	55.70	57.70	60.60	67.30	79.70	91.40	102.00	122.00
80 + years	***1,553	***1,723	***1,843	**2,030	2,407	2,821	3,059	3,227	3,485	40.00	42.40	44.50	48.50	58.20	71.20	80.80	88.50	102.00
Total, age adjusted ...	***1,547	***1,734	***1,867	***2,073	***2,488	*2,949	3,221	3,418	3,731	22.60	22.90	23.30	24.40	28.80	37.80	45.80	52.90	66.90

Notes: Significant differences in means and proportions are noted by * (.05 level), ** (.01 level), or *** (.001 level). Differences are tested in comparison to lowest income group (Income ≤ 130% poverty). The Bonferroni adjustment was used to adjust levels of significant and control for multiplicity in the number of tests.

Source: NHANES-III, 1988-94 Exam file, 24-hour dietary recall. Data reflect nutrient intake from foods. Does not include the contribution of vitamin and mineral supplements. Usual intake was estimated using C-SIDE: Software for Intake Distribution Estimation, accounting for within-person variance as estimated from the *Continuing Survey of Food Intakes by Individuals (CSFII)*.

*All older adults' includes persons with missing income.

Table D-64—Percent of older adults using table salt¹

	All older adults			Lowest income: ≤ 130% poverty			Low-income: 131-185% poverty			Higher-income: > 185% poverty		
	Sample size	Percent	Ordinary salt	Sample size	Percent	Ordinary salt	Sample size	Percent	Ordinary salt	Sample size	Percent	Ordinary salt
Both sexes												
60-64 years	1,031	42.1	2.7	312	35.7	5.3	127	42.2	7.0	501	44.8	3.5
65-69 years	1,003	38.5	1.8	279	32.6	3.2	159	34.0	3.7	482	41.0	2.6
70-74 years	650	37.2	2.9	207	34.8	4.7	115	33.6	6.2	255	38.6	4.0
75-79 years	756	36.5	2.5	228	32.2	4.7	126	28.0	4.8	304	41.5	3.6
80 + years	370	41.5	3.7	121	38.3 *	6.2	67	45.1 *	6.6	135	39.6	4.3
Total, age adjusted ...	3,810	39.4	1.5	1,147	34.8	2.7	594	37.1	2.2	1,677	41.2	1.8
Male												
60-64 years	525	50.4	3.5	137	48.0	8.4	62	46.1 *	11.4	283	51.8	4.2
65-69 years	492	46.5	3.2	123	41.1 *	6.7	77	41.4 *	5.8	258	48.0	4.2
70-74 years	276	42.9	4.3	84	45.8 *	9.0	47	37.2 *	9.4	116	42.9	5.4
75-79 years	387	43.8	2.9	97	48.4 *	6.2	63	40.7 *	5.7	184	44.6	4.6
80 + years	155	42.4	4.6	40	41.7 *	10.6	33	50.4 *	9.4	66	36.5 *	5.7
Total, age adjusted ...	1,835	45.5	1.7	481	44.9	3.9	282	43.4	3.2	907	45.0	2.1
Female												
60-64 years	506	34.2	3.1	175	28.3	5.9	65	39.2 *	8.1	218	37.0	4.3
65-69 years	511	32.2	2.1	156	28.6	4.2	82	28.8 *	6.0	224	34.0	3.1
70-74 years	374	33.8	3.8	123	30.4 *	5.9	68	31.4 *	6.6	139	35.5	5.7
75-79 years	369	32.1	3.4	131	26.4	6.1	63	20.9 *	5.3	120	38.9	4.4
80 + years	215	41.2	4.7	81	37.3 *	7.1	34	42.3 *	9.8	69	41.3 *	6.0
Total, age adjusted ...	1,975	34.8	1.9	666	30.3	3.2	312	33.2	2.5	770	37.3	2.6

Notes: * Denotes individual estimates not meeting the standards of reliability or precision due to inadequate cell size or large coefficient of variation.

Significant differences in means and proportions are noted by > (.05 level), >> (.01 level), or >>> (.001 level). Differences are tested in comparison to lowest income group (Income ≤ 130% poverty).

¹ Does not include use of salt substitutes.

Source: NHANES-III, 1988-94: Exam file, 24-hour dietary recall. The 'All older adults' column includes persons with missing income.

Table D-65—Mean usual intake of dietary fiber in grams: Older adults

	All older adults			Lowest income: ≤ 130% poverty			Low-income: 131-185% poverty			Higher-income: > 185% poverty		
	Sample size	Mean	Standard error	Sample size	Mean	Standard error	Sample size	Mean	Standard error	Sample size	Mean	Standard error
Both sexes												
60-64 years	1,154	16.6	0.32	358	13.4	0.59	135	» 15.4	0.76	555	»» 17.3	0.41
65-69 years	1,054	17.1	0.30	325	15.0	0.68	128	15.9	1.68	503	»» 17.7	0.34
70-74 years	1,019	17.3	0.31	290	14.7	0.63	160	» 16.9	0.84	485	»» 18.2	0.48
75-79 years	659	15.4	0.28	212	12.9	0.57	117	14.2	0.60	257	»» 17.4	0.43
80 + years	1,153	15.5	0.21	369	13.7	0.36	196	» 15.2	0.51	443	»» 16.6	0.30
Total, age adjusted ...	5,039	16.5	0.13	1,554	14.0	0.23	736	» 15.4	0.39	2,243	»» 17.5	0.20
Male												
60-64 years	575	19.1	0.49	168	14.9	0.80	67	17.9	1.50	294	»» 19.6	0.60
65-69 years	536	18.6	0.40	144	16.2	1.05	63	—	—	283	» 19.1	0.50
70-74 years	500	19.0	0.53	128	16.6	1.47	77	18.0	1.34	260	19.7	0.66
75-79 years	283	16.9	0.54	87	—	—	49	15.8	1.29	118	18.6	0.86
80 + years	557	17.6	0.28	148	15.2	0.48	98	17.1	0.87	252	»» 18.6	0.41
Total, age adjusted ...	2,451	18.4	0.23	675	15.6	0.40	354	» 17.1	0.63	1,207	»» 19.2	0.29
Female												
60-64 years	579	14.6	0.33	190	12.4	0.85	68	13.9	0.68	261	» 15.2	0.45
65-69 years	518	15.7	0.33	181	14.4	0.79	65	14.2	1.24	220	» 16.2	0.34
70-74 years	519	15.9	0.26	162	13.8	0.58	83	» 16.2	0.93	225	»» 16.8	0.49
75-79 years	376	14.5	0.29	125	11.9	0.57	68	13.2	0.65	139	»» 16.5	0.48
80 + years	596	14.3	0.28	221	13.1	0.46	98	14.1	0.54	191	» 15.1	0.42
Total, age adjusted ...	2,588	15.0	0.12	879	13.1	0.29	382	» 14.3	0.38	1,036	»» 15.9	0.18

Notes: Significant differences in means and proportions are noted by » (.05 level), »» (.01 level), or »»» (.001 level). Differences are tested in comparison to lowest income group (Income ≤ 130% poverty).
 — Estimate of usual intake could not be obtained for the gender-age group cell. The cell was pooled with a neighboring age group to determine its contribution to the 'Total, age-adjusted' row.

Source: NHANES-III, 1988-94 Exam file, 24-hour dietary recall. Data reflect nutrient intake from foods. Does not include the contribution of vitamin and mineral supplements. Usual intake was estimated using *C-SIDE: Software for Intake Distribution Estimation*, accounting for within-person variance as estimated from the *Continuing Survey of Food Intakes by Individuals (CSFII)*.
 'All older adults' includes persons with missing income.

Table D-66—Percent of older adults with usual intake of dietary fiber at or above reference standard¹

	All older adults			Lowest income: ≤ 130% poverty			Low-income: 131-185% poverty			Higher-income: > 185% poverty		
	Sample size	Percent	Standard error	Sample size	Percent	Standard error	Sample size	Percent	Standard error	Sample size	Percent	Standard error
Both sexes												
60-64 years	1,154	11.4	1.10	358	4.0	1.04	135	8.3	2.17	555	***12.5	1.56
65-69 years	1,054	13.0	1.11	325	8.2	1.75	128	11.1	5.58	503	° 13.8	1.38
70-74 years	1,019	14.3	1.28	290	11.1	2.11	160	9.2	2.86	485	° 17.0	1.91
75-79 years	659	8.2	0.87	212	1.9	0.99	117	° 5.6	1.57	257	***13.3	1.67
80 + years	1,153	6.4	0.58	369	2.0	0.49	196	***6.6	1.21	443	***9.4	1.13
Total, age adjusted ...	5,039	11.1	0.46	1,554	5.4	0.59	736	7.8	1.23	2,243	***13.3	0.79
Male												
60-64 years	575	20.2	2.11	168	6.3	2.13	67	° 18.9	5.64	294	***20.7	2.59
65-69 years	536	18.5	1.58	144	12.7	3.36	63	—	—	283	19.9	2.08
70-74 years	500	20.3	2.07	128	18.1	4.85	77	1.7	3.49	260	22.9	2.56
75-79 years	283	12.3	1.97	87	—	—	49	6.9	4.19	118	16.9	3.46
80 + years	557	12.8	1.18	148	3.9	0.90	98	** 12.9	3.04	252	***16.3	1.90
Total, age adjusted ...	2,451	17.9	0.90	675	10.8	1.29	354	12.2	2.26	1,207	***20.2	1.18
Female												
60-64 years	579	4.1	1.06	190	1.1	0.70	68	1.9	0.88	261	4.8	1.72
65-69 years	518	7.1	1.10	181	5.7	1.95	65	5.0	2.99	220	6.4	1.19
70-74 years	519	8.8	0.96	162	5.2	1.55	83	10.2	2.97	225	° 10.4	1.89
75-79 years	376	5.4	0.89	125	0.0	0.08	68	4.8	1.82	139	***11.2	2.01
80 + years	596	3.4	0.65	221	1.4	0.56	98	° 3.8	1.02	191	° 4.9	1.39
Total, age adjusted ...	2,588	5.8	0.41	879	2.4	0.45	382	° 5.1	1.11	1,036	***6.9	0.69

Notes: Significant differences in means and proportions are noted by ° (.05 level), ** (.01 level), or *** (.001 level). Differences are tested in comparison to lowest income group (Income ≤ 130% poverty).

¹ Recommended fiber intake is 25 gm.

— Estimate of usual intake could not be obtained for the gender-age group cell. The cell was pooled with a neighboring age group to determine its contribution to the 'Total, age-adjusted' row.

Source: NHANES-III, 1988-94 Exam file, 24-hour dietary recall. Data reflect nutrient intake from foods. Does not include the contribution of vitamin and mineral supplements. Usual intake was estimated using *C-SIDE: Software for Intake Distribution Estimation*, accounting for within-person variance as estimated from the *Continuing Survey of Food Intakes by Individuals (CSFII)*.

*All older adults' includes persons with missing income.

Table D-67—Distribution of usual dietary fiber intake in grams: Older adults

Both sexes																			
	Std ¹ (g/dy)	Percentiles									Standard errors of percentiles								
		5th	10th	15th	25th	50th	75th	85th	90th	95th	5th	10th	15th	25th	50th	75th	85th	90th	95th
All older adults																			
60-64 years	25.0	7.3	8.7	9.8	11.6	15.5	20.4	23.5	25.7	29.3	0.19	0.20	0.21	0.23	0.29	0.40	0.49	0.57	0.73
65-69 years	25.0	7.3	8.9	10.1	12.0	16.1	21.1	24.2	26.5	30.2	0.20	0.20	0.21	0.22	0.29	0.39	0.46	0.51	0.62
70-74 years	25.0	7.1	8.7	9.9	11.8	16.0	21.2	24.7	27.4	31.8	0.16	0.17	0.17	0.18	0.25	0.42	0.58	0.70	0.94
75-79 years	25.0	6.9	8.2	9.2	10.8	14.3	18.9	21.8	24.0	27.5	0.13	0.14	0.16	0.20	0.29	0.37	0.43	0.50	0.64
80 + years	25.0	7.5	8.9	9.8	11.4	14.7	18.7	21.2	23.0	26.1	0.16	0.16	0.17	0.18	0.21	0.26	0.30	0.34	0.42
Total, age adjusted ...	na	7.2	8.7	9.8	11.6	15.4	20.2	23.3	25.6	29.4	0.08	0.08	0.08	0.09	0.12	0.17	0.21	0.24	0.29
Lowest income: ≤ 130% poverty																			
60-64 years	25.0	5.9	7.0	7.9	9.3	12.5	16.4	19.0	21.0	24.0	0.34	0.37	0.40	0.48	0.62	0.72	0.81	0.90	1.05
65-69 years	25.0	5.6	7.1	8.2	10.1	14.1	18.9	21.9	24.0	27.4	0.47	0.50	0.52	0.56	0.68	0.88	0.98	1.04	1.13
70-74 years	25.0	4.3	5.7	6.9	8.7	13.0	18.7	22.7	25.8	31.1	0.25	0.29	0.32	0.35	0.43	0.81	1.18	1.51	2.15
75-79 years	25.0	6.1	7.2	8.1	9.4	12.2	15.7	17.8	19.3	21.8	0.34	0.34	0.35	0.40	0.56	0.75	0.87	0.98	1.18
80 + years	25.0	7.4	8.5	9.2	10.5	13.1	16.2	18.2	19.6	22.0	0.25	0.27	0.28	0.30	0.36	0.44	0.50	0.55	0.64
Total, age adjusted ...	na	5.8	7.1	8.0	9.6	13.0	17.3	20.0	22.0	25.3	0.18	0.18	0.18	0.19	0.22	0.28	0.35	0.41	0.52
Low-income: 131-185% poverty																			
60-64 years	25.0	6.5	7.9	9.0	10.7	14.6	19.2	22.0	24.1	27.4	0.44	0.50	0.53	0.60	0.75	0.97	1.11	1.22	1.45
65-69 years	25.0	6.5	7.8	8.9	10.5	14.3	19.4	22.9	25.7	30.6	0.56	0.59	0.63	0.74	1.21	2.15	3.01	3.80	5.38
70-74 years	25.0	***9.2	***10.4	***11.3	***12.7	**15.8	19.8	22.5	24.6	28.1	0.41	0.43	0.46	0.52	0.75	1.09	1.32	1.49	1.77
75-79 years	25.0	6.4	7.6	8.5	10.0	13.1	17.2	19.9	22.0	25.6	0.35	0.36	0.37	0.39	0.53	0.83	1.02	1.16	1.38
80 + years	25.0	7.0	8.3	9.3	10.9	14.5	**18.7	**21.3	**23.2	**26.1	0.43	0.44	0.44	0.46	0.51	0.61	0.69	0.75	0.88
Total, age adjusted ...	na	***7.0	***8.4	***9.4	***10.9	**14.4	18.8	21.6	23.7	27.3	0.20	0.22	0.23	0.26	0.35	0.51	0.63	0.73	0.95
Higher-income: > 185% poverty																			
60-64 years	25.0	***8.2	***9.6	***10.7	***12.4	***16.3	***21.0	***24.0	***26.2	**29.6	0.24	0.24	0.25	0.27	0.36	0.51	0.63	0.76	1.05
65-69 years	25.0	***8.3	***9.8	***11.0	***12.8	**16.9	21.6	24.5	26.6	30.0	0.21	0.22	0.23	0.25	0.32	0.44	0.52	0.59	0.70
70-74 years	25.0	***8.1	***9.6	***10.8	***12.7	***17.0	**22.4	25.8	28.4	32.6	0.23	0.25	0.27	0.29	0.41	0.61	0.78	0.93	1.21
75-79 years	25.0	***8.2	***9.6	***10.6	***12.3	**16.2	***21.1	***24.3	***26.7	***30.6	0.22	0.25	0.27	0.30	0.38	0.56	0.70	0.83	1.07
80 + years	25.0	8.0	**9.5	**10.5	***12.2	***15.7	***20.0	***22.7	***24.7	***28.1	0.20	0.20	0.20	0.22	0.27	0.38	0.48	0.57	0.76
Total, age adjusted ...	na	***8.1	***9.6	***10.7	***12.5	***16.4	***21.2	***24.3	***26.6	***30.4	0.11	0.11	0.11	0.12	0.17	0.25	0.32	0.38	0.49

Notes: Significant differences in means and proportions are noted by * (.05 level), ** (.01 level), or *** (.001 level). Differences are tested in comparison to lowest income group (Income ≤ 130% poverty).

The Bonferroni adjustment was used to adjust levels of significant and control for multiplicity in the number of tests.

¹ Recommended fiber intake is 25 gm.

na Fiber standard is specific to year of age and is not shown for the pooled age group.

Source: NHANES-III, 1988-94 Exam file, 24-hour dietary recall. Data reflect nutrient intake from foods. Does not include the contribution of vitamin and mineral supplements. Usual intake was estimated using C-SIDE: Software for Intake Distribution Estimation, accounting for within-person variance as estimated from the Continuing Survey of Food Intakes by Individuals (CSFII).

'All older adults' includes persons with missing income.

Table D-67—Distribution of usual dietary fiber intake in grams: Older adults
— Continued

Male

	Std ¹ (g/dy)	Percentiles									Standard errors of percentiles									
		5th	10th	15th	25th	50th	75th	85th	90th	95th	5th	10th	15th	25th	50th	75th	85th	90th	95th	
All older adults																				
60-64 years	25.0	8.4	10.1	11.4	13.4	18.0	23.5	27.0	29.5	33.5	0.29	0.32	0.34	0.37	0.48	0.66	0.75	0.81	0.93	
65-69 years	25.0	7.7	9.5	10.8	13.0	17.5	23.0	26.4	28.9	33.2	0.28	0.30	0.32	0.34	0.40	0.51	0.60	0.68	0.89	
70-74 years	25.0	7.5	9.4	10.7	12.9	17.5	23.4	27.3	30.4	35.7	0.29	0.32	0.33	0.36	0.45	0.71	0.99	1.25	1.66	
75-79 years	25.0	7.8	9.2	10.2	11.9	15.6	20.6	23.8	26.2	30.2	0.26	0.29	0.32	0.37	0.51	0.72	0.88	1.00	1.20	
80 + years	25.0	8.5	10.0	11.2	12.9	16.8	21.3	24.2	26.3	29.6	0.25	0.24	0.23	0.23	0.27	0.37	0.45	0.51	0.62	
Total, age adjusted ...	na	7.9	9.6	10.8	12.8	17.2	22.7	26.2	28.8	33.1	0.15	0.16	0.16	0.18	0.22	0.30	0.35	0.39	0.45	
Lowest income: ≤ 130% poverty																				
60-64 years	25.0	6.5	7.8	8.8	10.6	14.2	18.4	21.1	23.0	26.0	0.48	0.54	0.60	0.67	0.79	1.02	1.20	1.29	1.38	
65-69 years	25.0	6.0	7.5	8.7	10.7	15.1	20.5	24.0	26.5	30.5	0.59	0.62	0.67	0.78	1.04	1.37	1.59	1.76	2.01	
70-74 years	25.0	3.1	4.8	6.2	8.6	14.1	21.6	27.0	31.3	38.9	0.57	0.61	0.65	0.71	0.92	2.14	3.37	4.33	5.47	
75-79 years	25.0	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	
80 + years	25.0	8.8	9.9	10.6	11.9	14.5	17.8	19.9	21.5	24.1	0.31	0.33	0.35	0.38	0.47	0.58	0.66	0.72	0.83	
Total, age adjusted ...	na	6.0	7.4	8.5	10.3	14.4	19.6	22.9	25.5	29.7	0.24	0.24	0.26	0.28	0.36	0.53	0.66	0.77	0.95	
Low-income: 131-185% poverty																				
60-64 years	25.0	6.7	8.3	9.5	11.7	16.8	22.9	26.5	29.0	32.8	0.88	1.01	1.12	1.30	1.65	1.92	2.08	2.25	2.64	
65-69 years	25.0	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	
70-74 years	25.0	***13.5	***14.4	***15.0	***15.9	17.8	19.9	21.0	21.9	23.2	1.02	1.07	1.11	1.17	1.32	1.49	1.61	1.70	1.85	
75-79 years	25.0	8.0	9.3	10.2	11.7	14.9	19.0	21.5	23.4	26.4	0.58	0.65	0.70	0.80	1.11	1.66	2.05	2.36	2.92	
80 + years	25.0	7.4	8.9	10.1	12.0	16.2	21.2	24.2	26.4	29.8	0.55	0.59	0.62	0.68	0.85	1.12	1.29	1.42	1.63	
Total, age adjusted ...	na	***8.1	***9.5	***10.6	***12.3	16.1	20.8	23.8	26.1	29.9	0.30	0.34	0.38	0.43	0.57	0.79	0.97	1.13	1.48	
Higher-income: > 185% poverty																				
60-64 years	25.0	***9.5	***11.1	***12.3	***14.3	***18.6	***23.8	***27.0	***29.3	***33.1	0.40	0.42	0.44	0.48	0.58	0.74	0.86	0.95	1.13	
65-69 years	25.0	***8.4	***10.2	***11.5	***13.6	18.1	23.5	26.8	29.2	33.1	0.37	0.38	0.39	0.41	0.48	0.62	0.75	0.85	0.99	
70-74 years	25.0	***8.4	***10.1	***11.3	***13.4	18.2	24.3	28.3	31.2	36.2	0.35	0.38	0.41	0.45	0.56	0.86	1.13	1.35	1.77	
75-79 years	25.0	9.1	10.5	11.5	13.3	17.3	22.4	25.8	28.3	32.4	0.44	0.49	0.54	0.62	0.81	1.10	1.31	1.48	1.79	
80 + years	25.0	9.1	10.7	11.9	13.8	17.8	22.5	25.5	27.6	31.2	0.37	0.35	0.33	0.32	0.38	0.54	0.66	0.76	0.95	
Total, age adjusted ...	na	***8.7	***10.4	***11.6	***13.6	***18.0	***23.5	***27.0	***29.5	***33.6	0.17	0.19	0.20	0.22	0.27	0.37	0.44	0.50	0.62	

Notes: Significant differences in means and proportions are noted by > (.05 level), >> (.01 level), or >>> (.001 level). Differences are tested in comparison to lowest income group (Income ≤ 130% poverty).

The Bonferroni adjustment was used to adjust levels of significant and control for multiplicity in the number of tests.

¹ Recommended fiber intake is 25 gm.

— Estimate of usual intake could not be obtained for the gender-age group cell. The cell was pooled with a neighboring age group to determine its contribution to the 'Total, age-adjusted' row.

na Fiber standard is specific to year of age and is not shown for the pooled age group.

Source: NHANES-III, 1988-94 Exam file, 24-hour dietary recall. Data reflect nutrient intake from foods. Does not include the contribution of vitamin and mineral supplements. Usual intake was estimated using C-SIDE: Software for Intake Distribution Estimation, accounting for within-person variance as estimated from the *Continuing Survey of Food Intakes by Individuals (CSFII)*.

'All older adults' includes persons with missing income.

**Table D-67—Distribution of usual dietary fiber intake in grams: Older adults
— Continued**

Female

	Std ¹ (g/dy)	Percentiles									Standard errors of percentiles								
		5th	10th	15th	25th	50th	75th	85th	90th	95th	5th	10th	15th	25th	50th	75th	85th	90th	95th
All older adults																			
60-64 years	25.0	7.2	8.4	9.3	10.8	14.0	17.7	20.0	21.7	24.3	0.24	0.25	0.24	0.24	0.28	0.39	0.50	0.62	0.90
65-69 years	25.0	7.2	8.6	9.7	11.4	15.0	19.2	21.8	23.6	26.4	0.23	0.23	0.24	0.25	0.31	0.41	0.49	0.57	0.73
70-74 years	25.0	7.2	8.6	9.6	11.3	15.0	19.5	22.3	24.4	27.7	0.18	0.19	0.19	0.20	0.25	0.36	0.44	0.52	0.65
75-79 years	25.0	6.4	7.6	8.6	10.2	13.7	18.0	20.5	22.4	25.3	0.19	0.18	0.18	0.21	0.28	0.38	0.46	0.53	0.67
80 + years	25.0	7.2	8.4	9.3	10.7	13.6	17.2	19.4	21.0	23.6	0.18	0.19	0.20	0.21	0.27	0.36	0.43	0.49	0.61
Total, age adjusted ...	na	7.0	8.4	9.3	10.9	14.3	18.3	20.8	22.7	25.6	0.09	0.09	0.09	0.09	0.10	0.15	0.20	0.23	0.32
Lowest income: ≤ 130% poverty																			
60-64 years	25.0	6.5	7.5	8.2	9.3	11.8	14.9	16.8	18.2	20.4	0.51	0.56	0.61	0.68	0.86	1.05	1.15	1.22	1.35
65-69 years	25.0	5.3	6.9	8.1	9.9	13.7	18.2	20.9	22.7	25.5	0.60	0.65	0.68	0.70	0.76	1.01	1.16	1.25	1.39
70-74 years	25.0	5.7	6.9	7.8	9.4	12.8	17.1	19.9	21.9	25.1	0.25	0.27	0.29	0.34	0.50	0.77	0.98	1.16	1.48
75-79 years	25.0	6.7	7.6	8.3	9.4	11.6	14.1	15.5	16.5	18.0	0.42	0.43	0.44	0.48	0.59	0.70	0.73	0.74	0.75
80 + years	25.0	6.9	7.9	8.7	9.9	12.6	15.7	17.6	19.0	21.2	0.33	0.36	0.38	0.41	0.46	0.54	0.62	0.69	0.82
Total, age adjusted ...	na	6.0	7.2	8.1	9.5	12.5	16.1	18.3	19.9	22.5	0.23	0.24	0.24	0.26	0.30	0.35	0.40	0.45	0.54
Low-income: 131-185% poverty																			
60-64 years	25.0	6.8	8.1	9.0	10.5	13.5	16.9	18.9	20.2	22.4	0.54	0.58	0.61	0.64	0.72	0.82	0.88	0.94	1.03
65-69 years	25.0	6.0	7.3	8.3	9.9	13.4	17.6	20.2	22.0	25.0	0.80	0.86	0.91	1.00	1.23	1.54	1.75	1.90	2.12
70-74 years	25.0	8.3	9.2	10.0	11.2	14.4	19.1	22.5	25.2	29.8	0.32	0.34	0.37	0.45	0.73	1.23	1.65	2.00	2.60
75-79 years	25.0	5.3	6.5	7.3	8.8	12.1	16.4	19.2	21.3	24.8	0.42	0.41	0.42	0.45	0.56	0.88	1.16	1.39	1.83
80 + years	25.0	6.5	7.8	8.7	10.2	13.5	17.3	19.7	21.3	24.0	0.42	0.45	0.46	0.49	0.56	0.64	0.70	0.75	0.87
Total, age adjusted ...	na	6.3	7.6	8.6	10.1	13.4	17.5	20.0	22.0	25.1	0.22	0.22	0.22	0.24	0.34	0.54	0.68	0.78	0.93
Higher-income: > 185% poverty																			
60-64 years	25.0	8.0	9.3	10.2	11.6	14.6	18.1	20.4	22.0	24.8	0.29	0.27	0.28	0.30	0.37	0.54	0.73	0.93	1.39
65-69 years	25.0	8.5	9.9	10.8	12.4	15.6	19.4	21.7	23.3	25.9	0.29	0.28	0.27	0.27	0.32	0.42	0.52	0.60	0.75
70-74 years	25.0	8.2	9.5	10.6	12.3	16.1	20.6	23.3	25.2	28.0	0.28	0.32	0.35	0.38	0.46	0.60	0.72	0.83	1.09
75-79 years	25.0	7.5	8.8	9.9	11.6	15.4	20.3	23.3	25.6	29.3	0.31	0.37	0.39	0.40	0.45	0.69	0.87	1.00	1.21
80 + years	25.0	7.6	9.0	9.9	11.4	14.4	18.1	20.4	22.1	24.9	0.24	0.22	0.22	0.25	0.37	0.57	0.72	0.85	1.13
Total, age adjusted ...	na	7.9	9.3	10.2	11.8	15.2	19.3	21.7	23.5	26.3	0.15	0.14	0.14	0.14	0.16	0.23	0.28	0.34	0.50

Notes: Significant differences in means and proportions are noted by * (.05 level), ** (.01 level), or *** (.001 level). Differences are tested in comparison to lowest income group (Income ≤ 130% poverty).

The Bonferroni adjustment was used to adjust levels of significant and control for multiplicity in the number of tests.

¹ Recommended fiber intake is 25 gm.

na Fiber standard is specific to year of age and is not shown for the pooled age group.

Source: NHANES-III, 1988-94 Exam file, 24-hour dietary recall. Data reflect nutrient intake from foods. Does not include the contribution of vitamin and mineral supplements. Usual intake was estimated using C-SIDE: Software for Intake Distribution Estimation, accounting for within-person variance as estimated from the Continuing Survey of Food Intakes by Individuals (CSFII).

*All older adults' includes persons with missing income.

Table D-68—Mean Body Mass Index: Older adults¹

	All older adults			Lowest income: ≤ 130% poverty			Low-income: 131-185% poverty			Higher-income: > 185% poverty		
	Sample size	Mean	Standard Error	Sample size	Mean	Standard Error	Sample size	Mean	Standard Error	Sample size	Mean	Standard Error
Both sexes												
60-64 years	1,223	27.7	0.21	380	28.5	0.42	146	28.1	0.77	582	27.4	0.30
65-69 years	1,130	27.2	0.21	350	27.4	0.57	138	29.3	0.93	537	26.9	0.28
70-74 years	1,118	27.1	0.17	324	27.6	0.54	180	26.8	0.46	521	27.0	0.26
75-79 years	737	26.4	0.27	234	27.4	0.47	131	27.2	0.49	283	» 25.7	0.38
80-84 years	928	25.5	0.20	301	25.7	0.32	147	26.0	0.62	357	25.6	0.29
85 + years	548	24.5	0.20	192	24.5	0.40	88	24.4	0.56	187	24.8	0.26
Total, age adjusted ...	5,684	26.7	0.11	1,781	27.3	0.23	830	27.4	0.40	2,467	» 26.5	0.14
Male												
60-64 years	609	27.4	0.24	178	27.3	0.64	72	27.9	0.90	308	27.4	0.31
65-69 years	570	27.4	0.25	159	26.6	0.77	67	27.4 *	0.80	295	27.5	0.29
70-74 years	548	26.8	0.26	142	27.4	1.00	90	27.0	0.57	277	26.5	0.32
75-79 years	322	26.4	0.31	97	26.5	0.65	56	26.1 *	0.42	135	26.6	0.39
80-84 years	455	25.3	0.21	123	25.6	0.40	73	25.1	0.60	206	25.6	0.33
85 + years	240	24.3	0.33	72	23.8 *	0.73	47	23.7 *	0.67	94	24.8	0.34
Total, age adjusted ...	2,744	26.6	0.13	771	26.5	0.25	405	26.6	0.38	1,315	26.7	0.13
Female												
60-64 years	614	28.0	0.29	202	29.3	0.59	74	28.2	0.93	274	» 27.4	0.41
65-69 years	560	27.2	0.27	191	27.8	0.79	71	30.9 *	1.33	242	26.2	0.40
70-74 years	570	27.3	0.27	182	27.8	0.62	90	26.7	0.70	244	27.4	0.46
75-79 years	415	26.5	0.37	137	27.9	0.63	75	28.0	0.78	148	»» 25.0	0.58
80-84 years	473	25.5	0.28	178	25.8	0.44	74	26.5	0.90	151	25.6	0.48
85 + years	308	24.6	0.25	120	24.8	0.45	41	24.9 *	0.76	93	24.8	0.38
Total, age adjusted ...	2,940	26.8	0.13	1,010	27.7	0.31	425	28.0	0.49	1,152	»» 26.3	0.21

Notes: * Denotes individual estimates not meeting the standards of reliability or precision due to inadequate cell size or large coefficient of variation.

Significant differences in means and proportions are noted by » (.05 level), »» (.01 level), or »»» (.001 level). Differences are tested in comparison to lowest income group (Income ≤ 130% poverty).

¹ Body Mass Index (BMI) = [Weight in kilograms] / [Height in meters]².

Source: NHANES-III, 1988-94: Examination file. The 'All older adults' column includes persons with missing income.

Table D-69—Percent healthy weight: Older adults ¹

	All older adults			Lowest income: ≤ 130% poverty			Low-income: 131-185% poverty			Higher-income: > 185% poverty		
	Sample size	Percent	Standard Error	Sample size	Percent	Standard Error	Sample size	Percent	Standard Error	Sample size	Percent	Standard Error
Both sexes												
60-64 years	1,223	30.7	2.06	380	26.5	3.73	146	27.6	6.35	582	32.7	2.72
65-69 years	1,130	31.8	2.25	350	30.5	4.69	138	28.2	5.81	537	32.6	2.59
70-74 years	1,118	36.3	1.96	324	29.6	4.34	180	36.5	4.58	521	38.8	2.86
75-79 years	737	40.5	2.44	234	32.8	4.54	131	40.0	5.92	283	42.8	3.68
80-84 years	928	40.7	1.99	301	39.9	4.33	147	33.7	5.62	357	42.2	2.48
85 + years	548	48.7	2.77	192	45.6	4.20	88	55.8	6.43	187	43.6	3.85
Total, age adjusted ...	5,684	36.4	1.14	1,781	32.2	1.76	830	34.8	3.15	2,467	» 37.6	1.26
Male												
60-64 years	609	30.3	2.89	178	28.2	7.20	72	29.2 *	9.06	308	31.0	3.59
65-69 years	570	26.8	2.43	159	37.5	7.62	67	36.4 *	7.74	295	23.3	2.54
70-74 years	548	34.5	3.24	142	33.2	6.29	90	35.7	6.01	277	35.5	4.63
75-79 years	322	37.5	3.20	97	36.4	5.78	56	39.9 *	7.87	135	33.8	4.63
80-84 years	455	42.5	2.65	123	44.1	4.43	73	39.8 *	7.34	206	41.8	3.73
85 + years	240	48.0	2.97	72	49.4 *	7.78	47	53.8 *	9.61	94	44.1	3.57
Total, age adjusted ...	2,744	34.5	1.47	771	36.2	2.60	405	37.2	4.26	1,315	33.1	1.71
Female												
60-64 years	614	31.0	2.71	202	25.4	4.02	74	26.6 *	6.43	274	34.2	3.67
65-69 years	560	36.3	3.24	191	26.3	5.42	71	21.2 *	6.82	242	» 42.5	4.03
70-74 years	570	37.7	2.42	182	27.9	5.42	90	37.1	6.01	244	» 41.9	3.47
75-79 years	415	42.5	2.89	137	31.1	6.29	75	40.0 *	7.49	148	» 50.3	4.39
80-84 years	473	39.7	2.62	178	38.4	5.63	74	30.0 *	7.17	151	42.6	3.57
85 + years	308	49.0	3.80	120	44.1	4.54	41	57.2 *	9.19	93	43.3	5.47
Total, age adjusted ...	2,940	37.9	1.26	1,010	30.2	2.20	425	32.9	3.35	1,152	»» 41.8	1.40

Notes: * Denotes individual estimates not meeting the standards of reliability or precision due to inadequate cell size or large coefficient of variation.

Significant differences in means and proportions are noted by » (.05 level), »» (.01 level), or »»» (.001 level). Differences are tested in comparison to lowest income group (Income ≤ 130% poverty).

¹ Healthy weight for adults is defined by BMI greater than or equal to 18.5 and less than 25.

Source: NHANES-III, 1988-94: Examination file. The 'All older adults' column includes persons with missing income.

Table D-70—Percent obese: Older adults ¹

	All older adults			Lowest income: ≤ 130% poverty			Low-income: 131-185% poverty			Higher-income: > 185% poverty		
	Sample size	Percent	Standard Error	Sample size	Percent	Standard Error	Sample size	Percent	Standard Error	Sample size	Percent	Standard Error
Both sexes												
60-64 years	1,223	27.9	1.68	380	36.0	3.77	146	31.9	5.57	582	25.5	2.51
65-69 years	1,130	27.2	1.62	350	27.8	3.84	138	41.5	6.94	537	24.8	2.15
70-74 years	1,118	23.7	1.42	324	31.5	4.59	180	21.9	3.67	521	21.6	2.26
75-79 years	737	21.7	2.14	234	27.7	4.23	131	26.4	5.54	283	16.9	2.62
80-84 years	928	14.5	1.49	301	15.4	2.23	147	18.3	3.81	357	14.3	2.49
85 + years	548	9.6	1.21	192	10.6 *	2.46	88	8.0 *	3.84	187	9.4	1.55
Total, age adjusted ...	5,684	22.8	0.84	1,781	27.5	1.79	830	27.3	3.10	2,467	20.5	1.10
Male												
60-64 years	609	23.3	2.87	178	23.5	7.37	72	31.7	8.53	308	23.7	3.42
65-69 years	570	26.3	2.55	159	27.5	7.54	67	30.8 *	8.14	295	26.6	3.20
70-74 years	548	21.2	2.70	142	29.8	7.36	90	22.2	5.15	277	19.3	3.40
75-79 years	322	18.0	3.62	97	24.7	7.13	56	15.6 *	4.97	135	17.2	4.39
80-84 years	455	10.8	1.71	123	11.1 *	2.99	73	13.7 *	4.30	206	10.8	2.62
85 + years	240	3.1 *	0.90	72	4.1 *	2.72	47	0.0 *	0.00	94	4.7 *	1.31
Total, age adjusted ...	2,744	19.4	1.23	771	22.6	2.71	405	22.1	3.38	1,315	19.2	1.47
Female												
60-64 years	614	31.5	2.46	202	43.8	5.08	74	32.0	7.22	274	27.2	3.33
65-69 years	560	28.0	2.19	191	27.9	5.27	71	50.6	8.44	242	23.0	3.04
70-74 years	570	25.7	1.47	182	32.4	5.32	90	21.7	5.25	244	23.9	3.13
75-79 years	415	24.2	2.72	137	29.1	4.28	75	33.8	8.43	148	16.6	3.57
80-84 years	473	16.6	2.14	178	17.0	3.21	74	21.0 *	5.17	151	17.1	4.40
85 + years	308	12.7	1.76	120	13.2 *	3.00	41	13.6 *	6.66	93	12.3 *	2.56
Total, age adjusted ...	2,940	25.1	1.01	1,010	30.1	2.31	425	31.2	3.52	1,152	21.4	1.44

Notes: * Denotes individual estimates not meeting the standards of reliability or precision due to inadequate cell size or large coefficient of variation.

Significant differences in means and proportions are noted by > (.05 level), >> (.01 level), or >>> (.001 level). Differences are tested in comparison to lowest income group (Income ≤ 130% poverty).

¹ Obese is defined by BMI greater than or equal to 30.

Source: NHANES-III, 1988-94: Examination file. The 'All older adults' column includes persons with missing income.

Table D-71—Percent overweight: Older adults¹

	All older adults			Lowest income: ≤ 130% poverty			Low-income: 131-185% poverty			Higher-income: > 185% poverty		
	Sample size	Percent	Standard Error	Sample size	Percent	Standard Error	Sample size	Percent	Standard Error	Sample size	Percent	Standard Error
Both sexes												
60-64 years	1,223	39.7	2.16	380	34.9	4.17	146	36.3	4.42	582	40.6	2.99
65-69 years	1,130	38.9	2.07	350	35.7	4.09	138	28.6	4.39	537	41.3	2.39
70-74 years	1,118	38.0	1.80	324	34.3	4.84	180	40.6	4.25	521	38.2	2.46
75-79 years	737	36.0	1.73	234	35.7	4.03	131	33.6	4.52	283	38.4	2.80
80-84 years	928	39.5	1.65	301	41.9	3.79	147	42.1	4.69	357	38.6	2.74
85 + years	548	34.9	2.17	192	35.2	3.19	88	32.6	6.23	187	39.3	3.11
Total, age adjusted ...	5,684	38.1	0.83	1,781	35.9	1.85	830	35.4	2.04	2,467	39.6	1.11
Male												
60-64 years	609	45.1	3.21	178	47.1	8.08	72	34.7	6.09	308	44.3	3.65
65-69 years	570	45.8	3.37	159	30.6	8.31	67	32.8	8.04	295	49.3	3.70
70-74 years	548	42.6	3.29	142	32.4	6.11	90	41.5	7.34	277	43.6	4.65
75-79 years	322	44.0	3.71	97	36.3	7.14	56	44.5 *	7.07	135	48.9	5.25
80-84 years	455	43.2	2.84	123	42.1	4.08	73	42.5	6.83	206	45.2	3.77
85 + years	240	41.7	3.15	72	35.6 *	6.52	47	37.4 *	9.50	94	46.0	4.28
Total, age adjusted ...	2,744	44.0	1.48	771	37.4	2.84	405	38.3	3.45	1,315	46.2	1.86
Female												
60-64 years	614	35.6	2.49	202	27.3	4.98	74	37.3	6.80	274	37.2	3.92
65-69 years	560	32.6	2.86	191	38.8	5.56	71	25.0	6.76	242	32.8	3.63
70-74 years	570	34.4	2.01	182	35.3	6.14	90	39.9	4.39	244	32.9	2.73
75-79 years	415	30.7	2.23	137	35.5	5.30	75	26.1	6.12	148	29.6	2.89
80-84 years	473	37.3	2.76	178	41.8	5.03	74	41.9	5.79	151	33.5	5.13
85 + years	308	31.6	2.80	120	35.1	3.31	41	29.2 *	7.62	93	35.3	4.52
Total, age adjusted ...	2,940	33.8	0.77	1,010	34.9	2.20	425	33.1	2.42	1,152	33.6	1.21

Notes: * Denotes individual estimates not meeting the standards of reliability or precision due to inadequate cell size or large coefficient of variation.

Significant differences in means and proportions are noted by > (.05 level), >> (.01 level), or >>> (.001 level). Differences are tested in comparison to lowest income group (Income ≤ 130% poverty).

¹ Overweight is defined by BMI greater than or equal to 25 and less than 30.

Source: NHANES-III, 1988-94: Examination file. The 'All older adults' column includes persons with missing income.

Table D-72—Percent underweight: Older adults¹

	All older adults			Lowest income: ≤ 130% poverty			Low-income: 131-185% poverty			Higher-income: > 185% poverty		
	Sample size	Percent	Standard Error	Sample size	Percent	Standard Error	Sample size	Percent	Standard Error	Sample size	Percent	Standard Error
Both sexes												
60-64 years	1,223	1.6	0.51	380	2.6 *	1.64	146	4.2 *	2.25	582	1.2 *	0.56
65-69 years	1,130	2.2	0.72	350	6.0 *	2.53	138	1.7 *	1.67	537	› 1.3 *	0.57
70-74 years	1,118	2.0	0.59	324	4.5 *	1.72	180	1.0 *	0.76	521	1.4 *	0.60
75-79 years	737	1.8 *	0.69	234	3.8 *	2.25	131	0.1 *	0.09	283	1.9 *	1.12
80-84 years	928	5.3	1.16	301	2.8 *	1.10	147	5.9 *	2.29	357	4.8	1.70
85 + years	548	6.9	1.47	192	8.5 *	2.30	88	3.7 *	1.99	187	7.7 *	2.60
Total, age adjusted ...	5,684	2.7	0.27	1,781	4.4	0.76	830	2.5	0.86	2,467	› 2.4	0.41
Male												
60-64 years	609	1.3 *	0.59	178	1.2 *	0.65	72	4.3 *	3.43	308	1.0 *	0.71
65-69 years	570	1.2 *	0.59	159	4.3 *	2.50	67	0.0	0.00	295	0.8 *	0.66
70-74 years	548	1.7 *	0.66	142	4.6 *	2.87	90	0.6 *	0.55	277	1.6 *	0.82
75-79 years	322	0.5 *	0.33	97	2.6 *	1.81	56	0.0 *	0.00	135	0.0	0.00
80-84 years	455	3.5 *	1.19	123	2.7 *	1.46	73	4.0 *	3.09	206	2.3 *	1.09
85 + years	240	7.3 *	2.28	72	10.8 *	4.65	47	8.8 *	4.46	94	5.3 *	2.46
Total, age adjusted ...	2,744	2.0	0.37	771	3.8	0.99	405	2.4 *	0.98	1,315	› 1.4	0.41
Female												
60-64 years	614	1.9 *	0.77	202	3.5 *	2.59	74	4.1 *	3.02	274	1.4 *	0.85
65-69 years	560	3.1 *	1.22	191	7.0 *	3.33	71	3.2 *	3.14	242	1.8 *	0.97
70-74 years	570	2.2 *	0.88	182	4.4 *	2.13	90	1.3 *	1.22	244	1.3 *	0.82
75-79 years	415	2.6 *	1.10	137	4.3 *	3.14	75	0.2 *	0.15	148	3.5 *	1.99
80-84 years	473	6.3	1.58	178	2.8 *	1.18	74	7.0 *	3.88	151	6.8 *	2.75
85 + years	308	6.7	1.54	120	7.6 *	2.90	41	›› 0.0 *	0.00	93	9.2 *	3.14
Total, age adjusted ...	2,940	3.3	0.33	1,010	4.8	1.04	425	2.7 *	1.38	1,152	3.1	0.58

Notes: * Denotes individual estimates not meeting the standards of reliability or precision due to inadequate cell size or large coefficient of variation.

Significant differences in means and proportions are noted by › (.05 level), ›› (.01 level), or ››› (.001 level). Differences are tested in comparison to lowest income group (Income ≤ 130% poverty).

¹ Underweight is defined by BMI less than 18.5.

Source: NHANES-III, 1988-94: Examination file. The 'All older adults' column includes persons with missing income.

Table D-73—Mean weight gain over past 10 years: Older adults¹

	All older adults			Lowest income: ≤ 130% poverty			Low-income: 131-185% poverty			Higher-income: > 185% poverty		
	Sample size	Mean	Standard Error	Sample size	Mean	Standard Error	Sample size	Mean	Standard Error	Sample size	Mean	Standard Error
Both sexes												
60-64 years	1,258	5.8	0.7	371	7.7 *	2.7	156	7.6 *	2.5	610	4.7	1.0
65-69 years	1,166	2.7 *	0.8	336	2.9 *	1.8	144	9.9 *	3.4	578	1.7 *	0.9
70-74 years	1,189	1.6 *	0.7	318	0.5 *	1.9	192	1.6 *	2.1	572	2.4	0.7
75-79 years	796	-2.9	1.0	237	0.3 *	2.0	138	-1.9	1.9	316	-5.1	1.3
80-84 years	1,008	-4.8	0.9	306	-4.9	1.5	165	-5.3	1.6	393	-4.7	1.1
85 + years	574	-8.9	1.0	185	-10.7	1.6	91	-9.6	2.1	201	-6.0	1.4
Total, age adjusted ...	5,991	0.4 *	0.4	1,753	1.0 *	0.8	886	2.4 *	1.0	2,670	>0	0.5
Male												
60-64 years	639	2.7 *	1.4	173	3.6 *	3.7	77	0.2 *	2.6	334	2.5 *	1.6
65-69 years	593	0.7 *	1.0	154	-0.3	2.7	71	3.2 *	3.6	317	0.8 *	1.0
70-74 years	588	-0.1	0.9	144	>0	2.8	99	0.3 *	3.2	299	0.4 *	1.0
75-79 years	351	-4.6	1.3	98	-3.8	3.3	58	-7.3 *	2.8	154	-5.4	1.6
80-84 years	498	-7.3	0.9	129	-7.1	1.9	84	-7.5	1.7	224	-7.1	1.1
85 + years	247	-9.4	1.6	69	-12.4	2.0	44	-11.9 *	2.9	102	-6.2	2.7
Total, age adjusted ...	2,916	-1.6	0.4	767	-1.8	1.2	433	-2.4	1.1	1,430	-1.4	0.6
Female												
60-64 years	619	8.3	1.2	198	10.2 *	3.4	79	11.8	2.9	276	7.0	1.8
65-69 years	573	4.4	1.0	182	5.0 *	2.5	73	15.8	4.5	261	2.7 *	1.2
70-74 years	601	2.9 *	0.9	174	0.8 *	2.1	93	2.7 *	2.3	273	4.2	1.1
75-79 years	445	-1.7	1.2	139	2.1 *	2.4	80	1.5 *	2.5	162	-4.9	2.3
80-84 years	510	-3.3	1.2	177	-4.1	1.8	81	-3.8	2.4	169	-2.7	2.0
85 + years	327	-8.7	1.2	116	-10.1	2.0	47	-8.2 *	2.5	99	-5.8	1.8
Total, age adjusted ...	3,075	2.0	0.5	986	2.5 *	1.0	453	5.6	1.3	1,240	1.4 *	0.8

Notes: * Denotes individual estimates not meeting the standards of reliability or precision due to inadequate cell size or large coefficient of variation.

Significant differences in means and proportions are noted by > (.05 level), >> (.01 level), or >>> (.001 level). Differences are tested in comparison to lowest income group (Income ≤ 130% poverty).

¹ Respondents age 36 and over were asked to report their weight 10 years ago; this response was compared to current weight reported in the household interview.

>0 Value too small to display.

Source: NHANES-III, 1988-94: Adult interview file. The 'All older adults' column includes persons with missing income.

Table D-74—Distribution of weight gain over past 10 years: Older adults¹

Total Persons																	
	Sample size	Percent of persons by range of weight gain								Standard Errors							
		Lost weight			Same	Gained weight				Lost weight			Same	Gained weight			
		>25 lbs	11-25	6-10	+ 5	6-10	11-25	26-50	>50 lbs	>25 lbs	11-25	6-10	+ 5	6-10	11-25	26-50	>50 lbs
Both sexes																	
60-64 years	1,258	5.6	8.0	5.5	34.0	12.5	21.3	10.4	2.2	0.8	1.0	0.8	2.4	1.3	1.4	1.3	0.5
65-69 years	1,166	6.2	9.6	6.7	40.9	12.7	16.3	5.3	1.9	1.0	1.4	1.0	2.0	1.7	1.5	0.8	0.5
70-74 years	1,189	6.8	10.9	6.8	39.6	9.8	16.4	7.5	0.8	1.1	1.1	0.9	2.0	1.0	1.3	1.1	0.3
75-79 years	796	10.5	15.7	6.8	37.8	10.7	11.8	4.0	1.4	1.2	1.8	1.1	2.0	1.1	1.6	0.8	0.6
80-84 years	1,008	10.0	18.4	13.0	36.1	8.9	9.2	2.5	1.0	1.0	1.5	1.1	1.8	1.3	1.0	0.6	0.5
85 + years	574	13.3	23.4	11.0	39.2	4.4	6.3	1.4	0.2	1.7	1.8	1.4	2.2	1.0	1.3	0.5	0.2
Total, age adjusted ...	5,991	8.0	12.7	7.5	37.8	10.6	15.0	6.0	1.4	0.5	0.6	0.4	1.0	0.5	0.5	0.5	0.2
Male																	
60-64 years	639	5.6	9.5	5.3	41.4	11.3	17.5	8.4	0.7	1.0	2.1	1.3	4.0	1.7	2.3	1.7	0.4
65-69 years	593	6.8	9.5	4.5	48.2	10.7	15.7	3.3	0.9	1.4	1.7	1.0	3.1	2.0	2.2	1.0	0.4
70-74 years	588	8.0	11.5	6.1	45.3	7.9	13.9	4.9	0.8	1.6	1.6	1.1	3.1	1.3	2.0	1.2	0.4
75-79 years	351	11.4	18.6	6.1	39.7	10.2	10.4	1.6	1.1	1.8	3.1	1.8	2.6	2.0	2.1	0.8	1.1
80-84 years	498	12.0	19.7	14.2	38.0	6.3	6.9	1.5	0.3	1.5	1.9	1.6	3.2	1.8	1.0	0.8	0.3
85 + years	247	15.3	21.5	8.8	43.5	3.2	3.9	2.6	0.2	2.8	2.6	2.0	3.1	1.4	1.6	1.2	0.2
Total, age adjusted ...	2,916	8.8	13.6	6.7	43.1	9.0	12.8	4.3	0.7	0.6	0.7	0.6	1.6	0.7	0.8	0.6	0.2
Female																	
60-64 years	619	5.7	6.7	5.7	27.8	13.6	24.5	12.0	3.6	1.2	1.3	1.1	2.0	1.9	2.2	1.6	0.9
65-69 years	573	5.6	9.8	8.7	34.1	14.5	16.9	7.2	2.9	1.0	1.7	1.9	3.3	2.2	2.1	1.1	0.8
70-74 years	601	6.0	10.5	7.4	35.1	11.2	18.3	9.5	0.9	1.3	1.6	1.2	2.8	1.5	1.7	1.5	0.4
75-79 years	445	9.9	13.8	7.2	36.4	11.0	12.8	5.5	1.5	1.6	2.0	1.3	3.0	1.2	1.9	1.3	0.7
80-84 years	510	8.8	17.6	12.3	34.9	10.4	10.5	3.2	1.4	1.5	2.1	1.6	2.1	1.7	1.4	0.8	0.7
85 + years	327	12.3	24.4	12.0	37.0	5.0	7.5	0.8	0.2	2.0	2.4	1.8	2.7	1.2	1.8	0.4	0.2
Total, age adjusted ...	3,075	7.4	12.1	8.2	33.6	11.8	16.7	7.5	2.0	0.6	0.7	0.7	1.2	0.7	0.8	0.6	0.3

See footnotes at end of table.

Table D-74—Distribution of weight gain over past 10 years: Older adults¹ — Continued

Income ≤ 130% poverty

	Sample size	Percent of persons by range of weight gain								Standard Errors							
		Lost weight			Same	Gained weight				Lost weight			Same	Gained weight			
		>25 lbs	11-25	6-10	+ 5	6-10	11-25	26-50	>50 lbs	>25 lbs	11-25	6-10	+ 5	6-10	11-25	26-50	>50 lbs
Both sexes																	
60-64 years	371	5.6	12.7	7.5	25.1	8.7	17.8	17.3	4.7	1.6	2.6	2.2	4.2	2.2	2.8	4.0	1.8
65-69 years	336	9.8	11.1	5.4	35.8	5.1	22.8	7.1	2.7	2.4	2.8	1.8	4.9	2.2	4.0	1.7	1.2
70-74 years	318	8.2	13.3	10.3	33.0	7.2	15.9	9.8	1.5	1.8	2.5	2.4	4.1	1.8	2.7	2.5	0.7
75-79 years	237	8.7	19.7	5.6	28.6	6.7	14.3	9.5	2.8	2.0	4.5	1.7	4.2	2.5	3.6	1.7	1.6
80-84 years	306	12.1	15.6	12.1	33.8	7.5	11.9	3.4	1.5	1.9	2.2	2.1	3.1	2.0	2.1	1.3	1.0
85 + years	185	15.0	26.8	14.1	29.1	5.4	6.8	1.5	0.4	2.8	3.8	3.8	3.1	1.7	2.7	0.7	0.4
Total, age adjusted ...	1,753	9.1	15.2	8.4	30.7	6.9	16.2	9.4	2.6	0.9	1.4	0.9	1.5	0.9	1.5	1.0	0.6
Male																	
60-64 years	173	8.0	11.8	8.4	30.1	7.6	16.0	17.4	0.5	3.4	4.2	2.7	6.5	3.4	5.2	6.7	0.3
65-69 years	154	10.6	9.4	8.6	41.2	1.8	22.6	3.4	2.2	3.0	3.2	3.6	7.2	0.7	6.4	1.6	1.6
70-74 years	144	14.2	7.6	2.1	41.1	5.0	20.7	6.5	0.6	5.2	2.1	0.9	6.8	2.2	6.0	3.1	0.6
75-79 years	98	11.4	19.0	5.9	34.0	5.9	16.7	5.0	0.2	4.1	5.9	2.7	6.9	3.1	6.1	3.1	0.1
80-84 years	129	15.2	14.7	13.0	37.2	5.1	12.5	1.5	0.0	4.0	3.3	3.7	5.2	2.8	3.1	1.5	0.0
85 + years	69	19.1	28.4	10.9	28.5	6.2	4.5	2.4	0.0	4.4	5.9	4.7	5.9	3.3	2.7	1.5	0.0
Total, age adjusted ...	767	12.1	13.6	7.6	35.8	5.2	16.9	7.2	0.7	1.3	1.5	1.2	3.0	1.0	2.3	2.0	0.4
Female																	
60-64 years	198	4.0	13.2	7.0	21.9	9.5	19.0	17.2	7.4	1.4	4.0	2.9	4.7	3.1	3.9	3.8	3.0
65-69 years	182	9.4	12.1	3.5	32.3	7.2	23.0	9.4	3.0	2.9	3.8	2.2	6.0	3.7	5.5	3.1	1.6
70-74 years	174	5.2	16.1	14.4	29.0	8.2	13.5	11.4	2.0	1.4	3.6	3.5	5.3	2.7	3.0	3.7	1.1
75-79 years	139	7.5	20.0	5.4	26.2	7.1	13.3	11.5	4.0	2.3	5.1	2.3	5.2	3.0	3.9	3.3	2.3
80-84 years	177	10.9	15.9	11.8	32.4	8.5	11.6	4.2	2.1	2.1	2.4	2.8	4.0	2.8	2.8	1.8	1.4
85 + years	116	13.4	26.2	15.3	29.3	5.1	7.8	1.1	0.6	3.5	5.0	4.4	3.7	1.9	3.5	0.8	0.6
Total, age adjusted ...	986	7.6	16.2	8.7	28.0	7.8	16.0	10.6	3.7	1.0	1.8	1.3	2.1	1.4	1.8	1.4	0.9

See footnotes at end of table.

Table D-74—Distribution of weight gain over past 10 years: Older adults¹ — Continued

Persons with income between 131-185% poverty

	Sample size	Percent of persons by range of weight gain								Standard Errors							
		Lost weight			Same	Gained weight				Lost weight			Same	Gained weight			
		>25 lbs	11-25	6-10	+ 5	6-10	11-25	26-50	>50 lbs	>25 lbs	11-25	6-10	+ - 5	6-10	11-25	26-50	>50 lbs
Both sexes																	
60-64 years	156	8.1	7.5	3.9	28.1	10.7	25.8	12.4	3.5	3.0	2.8	2.0	4.7	4.0	5.8	3.3	2.2
65-69 years	144	4.1	7.1	4.6	33.0	14.2	19.4	8.3	9.3	2.2	3.0	2.2	5.6	4.4	3.8	3.8	3.3
70-74 years	192	7.0	11.7	5.7	34.0	10.6	19.4	7.9	0.9	2.3	2.8	1.8	4.0	1.9	3.5	3.3	0.7
75-79 years	138	12.6	15.6	2.0	34.8	17.3	12.1	4.0	1.3	3.2	4.7	0.9	4.1	2.6	3.6	2.2	1.3
80-84 years	165	8.7	24.5	14.6	34.1	7.5	7.1	3.6	0.0	1.8	3.9	3.2	3.6	2.9	1.7	2.2	0.0
85 + years	91	14.8	22.8	8.8	37.9	5.4	7.4	0.7	0.0	4.0	5.5	4.6	7.3	3.0	3.2	0.7	0.0
Total, age adjusted ...	886	8.5	12.8	5.7	32.9	11.6	17.2	7.2	3.2	1.0	1.2	1.0	1.6	1.6	1.6	1.2	0.9
Male																	
60-64 years	77	9.7	13.1	4.7	39.6	5.3	16.1	10.0	1.5	5.2	6.6	3.3	8.3	3.7	6.6	4.5	1.4
65-69 years	71	4.4	10.4	4.9	50.9	2.9	16.5	4.3	5.8	3.3	5.6	2.8	9.6	1.7	4.8	2.8	3.3
70-74 years	99	10.4	8.1	7.2	35.3	7.4	16.7	7.6	1.9	4.2	3.3	3.1	7.2	2.6	4.4	4.5	1.5
75-79 years	58	17.3	17.9	3.3	37.9	11.0	11.6	1.1	0.0	3.6	7.9	2.3	6.3	4.4	4.3	0.8	0.0
80-84 years	84	10.3	27.6	12.6	32.6	3.2	12.0	1.6	0.0	2.6	5.0	3.9	6.2	1.8	3.4	1.7	0.0
85 + years	44	17.6	20.2	10.0	44.1	1.8	1.8	1.8	0.0	5.8	7.8	5.9	9.2	1.7	1.8	1.7	0.0
Total, age adjusted ...	433	10.8	14.6	6.3	40.5	5.6	13.8	5.2	1.9	1.8	2.5	1.5	3.1	1.3	2.3	1.2	0.7
Female																	
60-64 years	79	7.1	4.2	3.4	21.5	13.9	31.4	13.8	4.7	3.4	2.0	2.4	4.7	6.0	7.7	4.2	3.2
65-69 years	73	3.9	4.1	4.4	17.2	24.2	21.9	11.8	12.4	2.9	2.9	2.9	4.8	7.7	5.8	5.6	6.1
70-74 years	93	4.1	14.8	4.5	33.0	13.4	21.7	8.1	0.0	2.2	4.4	2.5	4.8	3.2	5.2	2.9	0.0
75-79 years	80	9.6	14.1	1.2	32.9	21.4	12.4	5.9	2.1	4.5	4.7	0.2	6.5	3.8	4.9	3.5	2.2
80-84 years	81	7.6	22.5	15.8	35.1	10.3	3.8	4.9	0.0	2.8	5.6	4.2	5.2	4.9	2.0	3.3	0.0
85 + years	47	13.2	24.4	8.0	34.3	7.6	10.7	0.0	0.0	5.0	6.5	6.4	8.0	4.5	4.9	0.0	0.0
Total, age adjusted ...	453	6.9	11.7	5.2	27.3	16.2	19.5	8.8	4.0	1.1	1.2	1.3	2.0	2.4	2.1	1.7	1.6

See footnotes at end of table.

Table D-74—Distribution of weight gain over past 10 years: Older adults¹ — Continued

Persons with income > 185% poverty

	Sample size	Percent of persons by range of weight gain								Standard Errors							
		Lost weight			Same	Gained weight				Lost weight			Same	Gained weight			
		>25 lbs	11-25	6-10	+ 5	6-10	11-25	26-50	>50 lbs	>25 lbs	11-25	6-10	+ 5	6-10	11-25	26-50	>50 lbs
Both sexes																	
60-64 years	610	5.4	7.6	5.4	35.5	14.2	21.9	8.0	1.4	1.1	1.3	1.2	2.8	1.9	1.6	1.5	0.6
65-69 years	578	6.0	9.3	6.8	43.8	14.3	14.3	4.2	0.8	1.3	1.7	1.6	2.9	2.2	1.9	1.0	0.4
70-74 years	572	5.4	10.1	6.2	43.1	10.7	15.5	6.9	0.7	1.4	1.5	1.1	2.7	1.6	1.7	1.3	0.4
75-79 years	316	10.9	14.4	7.5	43.6	10.6	10.9	1.3	0.1	2.0	2.4	2.2	3.2	1.8	2.0	0.6	0.1
80-84 years	393	10.3	18.8	13.4	35.4	10.4	8.3	1.6	1.4	1.5	2.0	2.2	3.4	2.1	1.4	0.7	0.8
85 + years	201	9.9	18.6	11.9	47.3	3.6	6.0	1.8	0.2	2.7	2.5	2.3	3.6	1.6	1.9	1.0	0.2
Total, age adjusted ...	2,670	7.4	11.8	7.7	41.1	11.6	14.3	4.6	0.8	0.7	0.7	0.6	1.5	0.8	0.7	0.6	0.2
Male																	
60-64 years	334	5.0	9.2	5.1	42.2	13.3	17.6	6.3	0.7	1.1	2.6	1.7	4.5	2.4	2.8	1.8	0.5
65-69 years	317	6.7	9.4	2.8	49.4	13.8	14.5	2.8	0.0	1.6	2.0	1.0	3.8	2.8	2.4	1.1	0.0
70-74 years	299	5.2	12.6	7.1	48.7	8.8	12.2	3.8	0.6	1.7	2.2	1.5	3.7	2.1	2.4	1.3	0.4
75-79 years	154	10.7	18.7	6.2	42.1	12.2	8.8	0.4	0.0	3.0	4.6	2.5	4.1	3.0	2.7	0.3	0.0
80-84 years	224	10.8	20.8	14.7	40.0	8.0	3.4	0.9	0.6	2.0	2.8	2.3	5.5	2.6	1.2	0.5	0.6
85 + years	102	11.5	14.5	9.4	55.9	0.0	4.4	2.7	0.5	3.6	4.6	3.4	5.8	0.0	2.2	2.3	0.5
Total, age adjusted ...	1,430	7.6	13.2	6.6	46.0	10.6	11.7	3.2	0.4	0.8	1.1	0.7	1.9	1.1	1.0	0.7	0.2
Female																	
60-64 years	276	5.9	5.9	5.7	28.8	15.1	26.2	9.8	2.2	2.0	1.3	1.5	2.8	2.4	3.5	2.0	1.0
65-69 years	261	5.2	9.3	11.0	37.8	14.9	14.2	5.7	1.7	1.5	2.1	2.9	4.8	2.5	2.7	1.4	0.8
70-74 years	273	5.5	7.8	5.3	37.8	12.4	18.6	9.8	0.8	1.9	2.2	1.6	3.9	2.4	2.3	2.2	0.6
75-79 years	162	11.1	10.6	8.5	44.9	9.2	12.8	2.0	0.2	2.4	2.4	3.5	4.7	2.0	2.5	1.1	0.1
80-84 years	169	9.9	17.2	12.4	31.7	12.4	12.2	2.2	2.0	2.5	3.7	2.8	3.9	2.3	2.4	1.1	1.4
85 + years	99	8.8	21.2	13.6	41.6	5.9	7.1	1.2	0.0	3.8	4.4	3.1	4.9	2.5	2.8	0.9	0.0
Total, age adjusted ...	1,240	7.2	10.4	8.7	36.6	12.4	16.7	6.0	1.3	1.0	0.8	1.0	1.8	1.0	1.2	0.7	0.4

Notes: * Denotes individual estimates not meeting the standards of reliability or precision due to inadequate cell size or large coefficient of variation.

¹ Respondents age 36 and over were asked to report their weight 10 years ago; this response was compared to current weight reported in the household interview.

Source: NHANES-III, 1988-94: Adult interview file. The 'All older adults' column includes persons with missing income.

Table D-75—Mean weight gain since age 25: Older adults¹

	All older adults			Lowest income: ≤ 130% poverty			Low-income: 131-185% poverty			Higher-income: > 185% poverty		
	Sample size	Mean	Standard Error	Sample size	Mean	Standard Error	Sample size	Mean	Standard Error	Sample size	Mean	Standard Error
Both sexes												
60-64 years	1,215	26.6	1.0	344	31.7	2.8	150	29.9	3.6	607	24.6	1.1
65-69 years	1,121	24.7	1.3	308	26.6	2.6	141	33.5	4.2	574	22.9	1.5
70-74 years	1,142	22.5	0.8	297	23.6	2.1	185	21.8	3.1	554	22.7	1.0
75-79 years	755	20.6	1.4	220	22.8	2.2	130	24.6	2.4	309	17.9	2.2
80-84 years	918	13.4	1.1	269	14.1	2.2	152	16.6	2.8	372	12.9	1.5
85 + years	491	4.4	1.2	154	1.8 *	2.2	79	2.3 *	4.0	179	9.1	2.1
Total, age adjusted ...	5,642	20.9	0.6	1,592	22.9	1.0	837	24.2	1.5	2,595	20.1	0.7
Male												
60-64 years	622	22.6	1.3	163	27.4	4.0	75	26.4	6.2	331	21.6	1.5
65-69 years	584	23.8	1.6	148	24.6	4.3	70	22.1	6.4	317	24.0	1.5
70-74 years	562	19.4	1.4	132	17.9	4.7	95	17.8	4.4	291	19.9	1.7
75-79 years	336	21.5	2.0	91	18.9	5.5	57	13.5 *	3.5	149	24.3	2.8
80-84 years	456	10.5	1.3	113	10.9 *	3.6	76	13.7	4.0	214	9.8	1.9
85 + years	220	4.8 *	2.5	60	-0.3 *	3.8	40	-0.4 *	6.4	93	10.7 *	3.6
Total, age adjusted ...	2,780	19.1	0.7	707	19.2	1.5	413	17.9	2.2	1,395	19.9	0.8
Female												
60-64 years	593	29.8	1.4	181	34.4	3.3	75	31.8	4.6	276	27.6	1.8
65-69 years	537	25.5	1.7	160	27.8	3.1	71	44.0	5.2	257	21.9	2.2
70-74 years	580	25.0	1.1	165	26.4	2.2	90	25.3	2.9	263	25.3	1.5
75-79 years	419	19.9	1.8	129	24.3	3.1	73	32.0	3.4	160	12.4	2.3
80-84 years	462	15.1	1.4	156	15.3	2.6	76	18.5	3.8	158	15.4	2.6
85 + years	271	4.2 *	1.6	94	2.7 *	2.3	39	3.9 *	3.8	86	8.0	2.2
Total, age adjusted ...	2,862	22.4	0.7	885	24.8	1.2	424	29.0	1.8	1,200	20.3	0.9

Notes: * Denotes individual estimates not meeting the standards of reliability or precision due to inadequate cell size or large coefficient of variation.

Significant differences in means and proportions are noted by > (.05 level), >> (.01 level), or >>> (.001 level). Differences are tested in comparison to lowest income group (Income ≤ 130% poverty).

¹ Respondents age 26 and over were asked to report their weight at age 25; this response was compared to current weight reported in the household interview.

Source: NHANES-III, 1988-94: Adult interview file. The 'All older adults' column includes persons with missing income.

Table D-76—Distribution of weight gain since age 25: Older adults¹

Total Persons																	
	Sample size	Percent of persons by range of weight gain								Standard Errors							
		Lost weight			Same	Gained weight				Lost weight			Same	Gained weight			
		>25 lbs	11-25	6-10	+ 5	6-10	11-25	26-50	>50 lbs	>25 lbs	11-25 lbs	6-10	+ 5	6-10	11-25	26-50	>50 lbs
Both sexes																	
60-64 years	1,215	2.1	3.8	2.4	11.1	7.3	25.9	33.0	14.3	0.5	0.8	0.7	1.1	1.3	1.6	1.8	1.6
65-69 years	1,121	2.8	4.3	4.0	15.4	7.0	20.6	31.3	14.1	0.7	0.8	0.9	1.5	1.2	1.9	2.1	1.5
70-74 years	1,142	3.8	4.2	3.0	15.9	7.6	24.8	27.1	13.5	0.6	0.8	0.7	1.4	1.0	2.0	1.8	1.0
75-79 years	755	3.1	6.6	4.3	17.9	4.9	23.3	29.1	10.7	0.8	1.0	0.9	1.9	0.9	1.6	1.7	1.6
80-84 years	918	5.5	8.6	5.4	20.4	8.0	23.6	20.4	7.8	0.6	1.0	0.9	1.3	1.0	1.8	1.6	1.0
85 + years	491	10.0	14.2	6.3	21.2	12.5	17.7	14.6	3.0	1.1	1.9	1.2	1.6	1.9	2.4	1.4	0.8
Total, age adjusted ...	5,642	3.8	5.9	3.9	16.0	7.4	23.1	27.8	11.8	0.3	0.3	0.4	0.6	0.5	0.9	0.8	0.8
Male																	
60-64 years	622	3.0	5.2	3.1	12.1	7.3	26.7	33.3	9.2	1.0	1.7	1.1	1.4	1.7	2.6	2.9	1.7
65-69 years	584	3.3	3.9	3.3	17.4	6.4	20.2	31.9	13.5	1.0	1.3	1.1	1.7	1.5	2.5	3.1	2.0
70-74 years	562	6.0	4.7	3.1	16.8	6.9	26.0	24.6	11.5	1.0	1.0	1.0	2.6	1.8	2.5	2.6	1.2
75-79 years	336	4.9	4.9	3.2	15.2	4.1	25.8	31.9	10.0	1.4	1.1	1.1	2.9	1.4	2.8	3.2	1.9
80-84 years	456	7.8	10.2	5.8	20.8	7.6	22.0	18.8	6.7	1.3	1.2	1.3	1.7	1.5	2.2	1.8	1.1
85 + years	220	14.9	10.3	4.6	22.2	8.8	17.8	17.6	3.6	2.6	2.6	1.7	2.6	2.0	3.6	2.4	1.3
Total, age adjusted ...	2,780	5.6	5.8	3.6	16.5	6.7	23.7	28.1	9.9	0.4	0.5	0.4	1.1	0.8	1.2	1.3	0.8
Female																	
60-64 years	593	1.4	2.6	1.8	10.2	7.2	25.3	32.7	18.5	0.6	0.5	0.7	1.7	1.8	2.2	2.3	2.4
65-69 years	537	2.4	4.7	4.7	13.6	7.6	21.0	30.6	14.7	1.1	1.3	1.1	2.2	2.0	2.5	2.5	1.9
70-74 years	580	2.1	3.8	3.0	15.1	8.1	23.8	29.1	15.0	0.6	1.0	0.8	2.0	1.0	2.6	2.4	1.6
75-79 years	419	1.9	7.6	5.0	19.7	5.4	21.7	27.3	11.1	0.7	1.4	1.4	2.3	1.5	1.7	1.8	2.0
80-84 years	462	4.1	7.7	5.1	20.2	8.2	24.5	21.3	8.5	1.0	1.4	1.2	2.0	1.3	2.1	2.1	1.4
85 + years	271	7.4	16.3	7.2	20.8	14.4	17.6	13.0	2.7	1.4	2.3	1.7	2.2	2.7	2.8	1.8	1.0
Total, age adjusted ...	2,862	2.7	5.9	4.0	15.5	8.0	22.7	27.6	13.3	0.4	0.5	0.5	0.7	0.7	1.2	1.1	1.0

See footnotes at end of table.

Table D-76—Distribution of weight gain since age 25: Older adults¹ — Continued

Income ≤ 130% poverty

	Sample size	Percent of persons by range of weight gain								Standard Errors							
		Lost weight			Same	Gained weight				Lost weight			Same	Gained weight			
		>25 lbs	11-25	6-10	+ 5	6-10	11-25	26-50	>50 lbs	>25 lbs	11-25 lbs	6-10	+ 5	6-10	11-25	26-50	>50 lbs
Both sexes																	
60-64 years	344	2.0	6.3	1.4	10.2	2.4	22.3	31.5	23.8	0.9	2.3	0.8	3.0	0.8	4.6	4.4	3.6
65-69 years	308	3.9	7.2	4.8	9.0	4.4	20.5	36.1	14.0	1.4	2.4	2.1	2.3	2.2	4.3	5.2	3.0
70-74 years	297	4.9	3.7	3.4	14.1	5.8	24.6	25.8	17.2	2.0	1.3	1.4	2.9	1.7	3.8	3.2	3.6
75-79 years	220	4.3	9.8	1.9	19.0	4.6	13.8	31.8	14.7	1.5	2.8	0.9	3.4	1.6	3.0	4.5	2.8
80-84 years	269	6.3	7.1	5.5	19.8	5.5	21.4	27.5	6.5	1.7	1.6	1.3	2.8	1.4	2.8	3.6	1.5
85 + years	154	11.2	15.8	7.2	19.9	12.8	17.2	13.0	1.9	2.9	3.4	2.4	3.8	3.5	4.4	2.2	1.0
Total, age adjusted ...	1,592	4.7	7.5	3.6	14.1	5.2	20.4	29.2	15.1	0.5	1.0	0.5	1.4	0.6	1.5	2.2	1.0
Male																	
60-64 years	163	3.1	6.2	1.9	9.7	1.8	20.3	43.3	13.7	1.3	2.6	1.7	3.7	0.8	5.7	8.3	5.9
65-69 years	148	7.9	2.7	10.4	7.6	2.0	17.1	38.0	14.4	3.5	1.4	5.0	3.4	0.6	4.3	7.2	5.1
70-74 years	132	8.5	9.0	2.2	19.1	2.2	23.4	19.9	15.7	4.7	3.4	1.0	5.2	1.6	5.5	5.7	5.1
75-79 years	91	11.3	7.8	0.9	14.2	3.5	18.6	32.0	11.6	4.4	3.1	0.7	3.9	3.1	5.9	7.9	5.0
80-84 years	113	7.5	12.3	5.3	23.2	4.3	17.4	21.0	9.0	2.3	2.8	2.4	5.1	2.0	4.3	5.1	3.1
85 + years	60	19.3	13.2	5.0	22.8	4.9	18.3	14.3	2.0	5.8	5.4	3.8	6.8	3.2	7.0	3.8	1.4
Total, age adjusted ...	707	8.5	7.6	4.2	14.5	2.8	19.4	30.7	12.3	1.1	1.3	1.1	2.1	0.7	2.4	3.2	1.7
Female																	
60-64 years	181	1.3	6.3	1.2	10.6	2.8	23.5	24.2	30.1	1.2	3.2	0.6	4.2	1.2	5.9	4.6	3.6
65-69 years	160	1.5	9.8	1.4	9.9	5.9	22.5	35.0	13.8	1.0	3.9	0.9	3.1	3.5	6.1	6.9	3.5
70-74 years	165	3.2	1.1	4.0	11.6	7.5	25.2	28.6	18.0	1.4	0.9	2.1	3.8	2.2	4.9	4.1	3.8
75-79 years	129	1.5	10.6	2.3	20.9	5.0	11.9	31.8	16.0	1.2	3.9	1.2	4.4	1.8	3.0	4.6	3.6
80-84 years	156	5.8	5.1	5.5	18.5	5.9	22.9	29.9	5.6	2.1	1.6	1.5	4.5	1.7	3.0	4.4	1.8
85 + years	94	7.8	16.9	8.1	18.8	16.1	16.8	12.5	1.9	3.0	3.8	2.9	4.1	5.2	4.9	3.0	1.3
Total, age adjusted ...	885	2.8	7.6	3.1	14.0	6.3	21.0	28.1	16.8	0.5	1.2	0.6	1.6	0.9	1.9	2.4	1.2

See footnotes at end of table.

Table D-76—Distribution of weight gain since age 25: Older adults¹ — Continued

Persons with income between 131-185% poverty

	Sample size	Percent of persons by range of weight gain								Standard Errors							
		Lost weight			Same	Gained weight				Lost weight			Same	Gained weight			
		>25 lbs	11-25	6-10	+ 5	6-10	11-25	26-50	>50 lbs	>25 lbs	11-25 lbs	6-10	+ 5	6-10	11-25	26-50	>50 lbs
Both sexes																	
60-64 years	150	2.4	4.1	3.8	7.2	7.3	22.5	32.6	20.0	1.4	1.9	2.1	2.7	2.7	5.9	4.8	6.0
65-69 years	141	2.4	2.3	2.6	16.4	5.3	16.9	26.7	27.5	1.5	1.5	1.7	3.8	3.3	5.0	5.8	5.9
70-74 years	185	5.6	4.3	3.7	13.2	4.8	25.1	29.7	13.5	2.2	1.9	1.6	2.2	1.5	5.3	5.2	3.0
75-79 years	130	1.8	4.7	3.0	17.4	9.8	18.5	29.4	15.2	1.3	1.3	1.3	4.6	3.8	3.6	5.4	3.2
80-84 years	152	3.2	7.6	5.9	20.0	6.5	23.4	25.3	8.1	1.6	2.1	2.2	3.4	2.2	4.0	4.1	3.0
85 + years	79	16.1	8.9	3.0	26.7	8.1	23.0	9.0	4.5	5.1	3.0	2.0	4.7	3.0	6.1	3.0	2.9
Total, age adjusted ...	837	4.3	4.7	3.6	15.2	6.8	21.3	27.3	16.8	0.6	0.9	0.9	1.2	1.2	1.7	2.2	2.3
Male																	
60-64 years	75	4.5	1.9	7.6	11.0	6.2	18.1	37.1	13.6	3.2	0.8	5.1	5.6	2.2	8.4	8.8	7.6
65-69 years	70	5.0	4.2	5.3	29.9	0.2	16.3	16.9	22.2	3.1	3.0	3.7	7.4	0.3	5.5	6.8	7.6
70-74 years	95	9.0	5.2	5.5	12.1	6.5	25.6	20.4	15.6	3.9	3.5	2.6	3.6	2.4	5.6	5.3	4.2
75-79 years	57	4.3	8.0	4.8	26.1	6.7	24.5	18.1	7.4	3.1	2.1	2.7	9.0	4.1	7.1	7.6	3.0
80-84 years	76	5.0	13.2	7.2	15.8	3.4	22.6	29.1	3.7	2.4	3.8	3.0	3.1	2.0	5.2	6.1	2.4
85 + years	40	28.8	8.1	0.0	21.6	5.5	10.6	15.7	8.0	8.7	4.5	0.0	7.8	3.1	4.5	6.4	4.6
Total, age adjusted ...	413	7.8	5.8	5.5	19.1	4.8	20.0	23.7	13.2	1.5	1.0	1.9	2.4	0.8	3.3	3.6	2.8
Female																	
60-64 years	75	1.2	5.4	1.6	5.1	8.0	25.0	30.1	23.6	1.3	3.1	1.6	2.7	4.4	7.1	6.8	7.5
65-69 years	71	0.1	0.6	0.0	3.9	9.9	17.4	35.7	32.4	0.1	0.6	0.0	3.4	6.0	6.5	9.3	8.4
70-74 years	90	2.6	3.6	2.2	14.2	3.3	24.8	37.7	11.7	2.3	1.8	2.0	3.8	2.1	8.5	7.6	3.5
75-79 years	73	0.2	2.5	1.9	11.7	11.9	14.6	37.0	20.4	0.1	1.6	1.0	4.5	5.4	3.4	6.6	5.5
80-84 years	76	2.1	4.1	5.1	22.7	8.4	23.9	22.8	10.9	2.1	2.4	2.4	5.3	3.5	5.3	5.3	4.2
85 + years	39	8.4	9.4	4.9	29.8	9.7	30.5	4.9	2.4	4.9	4.4	3.3	8.1	4.6	8.7	3.4	2.4
Total, age adjusted ...	424	1.8	3.8	2.1	11.9	8.3	22.1	30.7	19.2	0.7	1.1	0.6	1.2	2.1	2.6	2.8	3.0

See footnotes at end of table.

Table D-76—Distribution of weight gain since age 25: Older adults¹ — Continued

Persons with income > 185% poverty

	Sample size	Percent of persons by range of weight gain								Standard Errors							
		Lost weight			Same	Gained weight				Lost weight			Same	Gained weight			
		>25 lbs	11-25	6-10	+ 5	6-10	11-25	26-50	>50 lbs	>25 lbs	11-25 lbs	6-10	+ - 5	6-10	11-25	26-50	>50 lbs
Both sexes																	
60-64 years	607	2.1	3.6	2.3	11.6	» 8.8	27.6	33.0	» 10.7	0.7	1.2	1.0	1.4	1.6	2.0	2.5	1.5
65-69 years	574	3.0	4.3	3.4	16.6	7.5	21.4	31.6	11.9	1.0	1.2	0.9	2.1	1.3	2.0	2.4	1.9
70-74 years	554	3.0	3.9	2.7	17.8	8.6	24.6	26.0	13.0	0.8	0.8	0.8	2.0	1.7	3.0	2.3	1.2
75-79 years	309	2.7	6.2	5.6	18.8	3.0	» 28.3	29.0	» 6.0	1.0	1.6	1.8	2.5	0.9	2.8	3.4	1.6
80-84 years	372	5.8	7.7	5.2	21.3	9.7	25.6	» 15.2	9.2	1.3	1.4	1.4	1.8	1.9	2.5	1.9	1.8
85 + years	179	7.6	10.0	7.6	18.4	16.5	17.6	17.8	4.6	2.0	2.7	1.9	2.3	3.4	5.4	2.1	1.5
Total, age adjusted ...	2,595	3.5	5.3	4.0	16.7	» 8.4	24.7	27.4	»» 9.9	0.4	0.6	0.5	0.8	0.8	1.4	1.1	0.8
Male																	
60-64 years	331	2.6	5.9	2.4	13.0	» 8.3	28.3	31.3	8.1	1.1	2.2	1.3	1.9	2.0	3.3	3.9	1.7
65-69 years	317	2.6	4.1	2.0	16.9	» 7.4	20.8	34.2	11.9	1.2	1.7	1.0	2.5	1.8	2.8	3.1	2.2
70-74 years	291	5.0	4.1	3.1	17.4	8.1	24.8	27.0	10.0	1.3	1.0	1.3	3.7	2.5	4.0	3.4	1.8
75-79 years	149	3.2	3.7	3.4	12.9	2.8	28.4	36.4	9.1	1.4	1.4	1.7	3.2	1.2	4.5	5.5	2.6
80-84 years	214	8.2	8.8	5.2	22.8	9.1	23.1	15.4	6.8	2.6	1.8	2.1	2.4	2.3	3.0	2.6	1.4
85 + years	93	7.4	9.9	7.3	17.8	11.2	21.6	21.0	3.9	3.2	3.7	3.0	5.0	3.9	6.5	3.8	2.3
Total, age adjusted ...	1,395	» 4.2	5.5	3.4	16.2	» 7.5	24.9	29.2	8.9	0.4	0.7	0.5	1.3	1.1	1.6	1.4	0.9
Female																	
60-64 years	276	1.6	1.4	2.2	10.2	9.2	27.0	34.7	»» 13.4	0.9	0.5	1.1	2.4	2.4	2.6	2.9	2.5
65-69 years	257	3.4	4.5	4.8	16.3	7.6	21.9	28.9	11.9	1.7	1.6	1.5	2.9	2.2	2.9	3.1	2.5
70-74 years	263	1.2	3.7	2.3	18.2	9.2	24.5	25.1	15.9	0.6	1.2	0.7	2.8	1.9	3.6	3.4	2.3
75-79 years	160	2.3	8.3	7.4	23.8	3.2	» 28.2	22.7	» 3.4	1.1	2.5	2.7	3.2	1.4	3.2	3.6	1.7
80-84 years	158	3.9	6.9	5.2	20.1	10.2	27.6	» 15.0	11.1	1.7	2.2	1.9	3.0	2.8	4.3	2.5	3.0
85 + years	86	7.7	10.1	7.8	18.8	20.2	14.8	15.6	5.1	2.4	3.0	2.9	2.1	3.8	5.4	3.2	2.0
Total, age adjusted ...	1,200	2.8	5.0	4.5	17.1	9.0	24.6	25.8	»» 10.9	0.6	0.8	0.8	1.1	1.1	1.8	1.7	1.1

Notes: * Denotes individual estimates not meeting the standards of reliability or precision due to inadequate cell size or large coefficient of variation.

¹ Respondents age 26 and over were asked to report their weight at age 25; this response was compared to current weight reported in the household interview.

Source: NHANES-III, 1988-94: Adult interview file. The 'All older adults' column includes persons with missing income.

Table D-77—Mean difference between most ever weighed and current weight: Older adults¹

	All older adults			Lowest income: ≤ 130% poverty			Low-income: 131-185% poverty			Higher-income: > 185% poverty		
	Sample size	Mean	Standard Error	Sample size	Mean	Standard Error	Sample size	Mean	Standard Error	Sample size	Mean	Standard Error
Both sexes												
60-64 years	1,279	14.2	0.6	386	18.3	2.5	156	14.0	1.6	614	13.6	0.7
65-69 years	1,206	15.8	0.8	358	17.7	1.6	147	16.6	2.5	586	15.1	1.0
70-74 years	1,222	16.0	0.7	337	17.2	2.0	195	16.2	1.7	579	15.0	0.7
75-79 years	827	18.4	1.0	250	20.8	2.2	145	17.0	2.1	321	18.0	1.4
80-84 years	1,058	20.7	0.8	338	23.3	1.4	169	21.0	1.6	399	19.5	1.2
85 + years	609	23.0	1.0	203	24.4	1.8	98	24.1	2.4	205	19.4	1.4
Total, age adjusted ...	6,201	17.1	0.3	1,872	19.5	0.8	910	17.2	0.7	2,704	16.1	0.5
Male												
60-64 years	648	16.6	1.2	181	20.8	5.3	77	18.7	2.2	336	15.7	1.4
65-69 years	608	17.1	1.1	163	18.3	2.3	71	22.0	4.5	321	16.2	1.2
70-74 years	596	17.5	0.7	147	18.0	2.4	101	18.8	2.3	302	17.0	0.9
75-79 years	361	19.1	1.2	100	21.2	2.5	61	20.3	3.2	157	19.3	1.4
80-84 years	509	22.4	0.8	134	21.6	1.7	85	23.8	2.2	228	22.3	1.2
85 + years	261	21.4	1.3	75	22.5 *	2.7	49	24.4 *	2.8	103	18.7	2.1
Total, age adjusted ...	2,983	18.4	0.4	800	20.1	1.1	444	20.8	1.2	1,447	17.6	0.5
Female												
60-64 years	631	12.3	0.9	205	16.7	2.2	79	11.4	2.1	278	11.5	1.2
65-69 years	598	14.7	1.0	195	17.4	2.3	76	12.0	1.6	265	13.9	1.3
70-74 years	626	14.7	1.1	190	16.9	2.5	94	13.9	1.8	277	13.1	1.2
75-79 years	466	17.9	1.2	150	20.6	3.0	84	15.0	2.3	164	16.8	2.3
80-84 years	549	19.7	1.1	204	23.9	1.8	84	19.2	2.0	171	17.3	1.8
85 + years	348	23.9	1.2	128	25.2	2.1	49	23.9 *	3.1	102	19.9	1.6
Total, age adjusted ...	3,218	16.1	0.4	1,072	19.1	1.0	466	14.6	0.8	1,257	14.6	0.7

Notes: * Denotes individual estimates not meeting the standards of reliability or precision due to inadequate cell size or large coefficient of variation.

Significant differences in means and proportions are noted by > (.05 level), >> (.01 level), or >>> (.001 level). Differences are tested in comparison to lowest income group (Income ≤ 130% poverty).

¹ Respondents were asked to report the most they ever weighted up to the present time (excluding pregnancy weight); this response was compared to current weight reported in the household interview.

Source: NHANES-III, 1988-94: Adult interview file. The 'All older adults' column includes persons with missing income.

Table D-78—Distribution of difference between most ever weighed and current weight: Older adults¹

Total Persons

	Sample size	Percent of persons by range of weight difference							Standard Errors						
		No change	1-5 lbs	6-10	11-15	16-25	26-50	>50 lbs	No change	1-5 lbs	6-10	11-15	16-25	26-50	>50 lbs
Both sexes															
60-64 years	1,279	22.3	16.5	18.6	11.4	15.1	12.2	3.9	1.5	1.3	1.8	1.3	1.3	1.1	0.5
65-69 years	1,206	18.3	16.8	16.3	12.2	15.7	16.5	4.2	1.5	1.8	1.6	1.4	1.6	1.8	0.9
70-74 years	1,222	20.1	14.8	17.0	10.8	16.4	15.6	5.4	1.6	1.6	1.2	1.4	1.3	1.2	1.0
75-79 years	827	15.1	14.8	16.6	9.7	18.2	19.9	5.6	1.6	1.5	1.8	1.2	1.7	2.1	1.1
80-84 years	1,058	11.6	11.5	15.4	13.7	18.7	21.7	7.5	1.1	1.4	1.4	1.4	1.2	1.2	1.1
85 + years	609	10.2	8.7	14.4	12.6	17.8	26.7	9.6	1.4	1.2	1.3	1.5	1.5	2.1	1.2
Total, age adjusted ...	6,201	17.6	14.7	16.7	11.6	16.6	17.4	5.4	0.6	0.7	0.5	0.5	0.5	0.6	0.3
Male															
60-64 years	648	14.5	17.0	19.6	11.6	17.6	14.9	4.9	1.9	2.0	2.3	2.1	2.1	1.8	1.1
65-69 years	608	12.5	17.4	18.8	13.6	16.5	16.2	5.0	1.8	2.6	2.1	1.9	2.5	2.8	1.4
70-74 years	596	12.6	14.1	18.8	11.2	20.0	18.2	5.0	1.4	2.2	2.1	2.0	2.2	2.2	1.2
75-79 years	361	13.4	11.7	14.7	13.0	18.6	22.7	6.0	2.2	2.2	2.5	2.2	2.7	2.3	1.6
80-84 years	509	7.1	11.0	15.9	12.9	19.1	25.7	8.3	1.1	1.4	1.9	1.8	1.6	2.1	1.4
85 + years	261	8.3	13.2	14.8	14.2	18.6	22.9	7.9	1.8	2.4	2.4	3.6	2.6	3.0	1.8
Total, age adjusted ...	2,983	12.2	14.7	17.6	12.6	18.3	19.0	5.8	0.7	1.0	1.0	0.7	0.9	1.0	0.4
Female															
60-64 years	631	28.9	16.2	17.8	11.2	12.9	10.0	3.0	2.5	2.0	2.8	1.6	1.7	1.5	1.0
65-69 years	598	23.6	16.2	14.0	10.9	14.9	16.8	3.5	2.1	2.0	1.9	1.7	1.9	1.9	1.2
70-74 years	626	26.0	15.3	15.6	10.5	13.5	13.5	5.7	2.4	1.9	1.6	1.6	1.6	1.5	1.3
75-79 years	466	16.2	16.9	17.9	7.6	17.9	18.1	5.4	2.1	1.8	2.3	1.5	2.3	2.7	1.2
80-84 years	549	14.2	11.7	15.0	14.2	18.4	19.3	7.1	1.6	1.8	1.5	1.8	1.7	1.7	1.2
85 + years	348	11.1	6.5	14.2	11.8	17.4	28.5	10.4	2.0	1.4	1.6	1.8	2.2	2.9	1.6
Total, age adjusted ...	3,218	21.9	14.7	16.0	10.8	15.3	16.2	5.1	1.1	0.7	0.7	0.6	0.8	0.8	0.5

See footnotes at end of table.

Table D-78—Distribution of difference between most ever weighed and current weight: Older adults¹ — Continued

Income ≤ 130% poverty

	Sample size	Percent of persons by range of weight difference							Standard Errors						
		No change	1-5 lbs	6-10	11-15	16-25	26-50	>50 lbs	No change	1-5 lbs	6-10	11-15	16-25	26-50	>50 lbs
Both sexes															
60-64 years	386	18.5	10.7	16.8	11.3	24.6	13.0	5.0	3.0	2.2	3.3	3.0	4.1	2.7	1.7
65-69 years	358	20.1	11.7	17.2	11.1	15.7	17.5	6.8	2.9	3.2	3.6	2.8	3.2	3.4	3.0
70-74 years	337	25.1	11.2	16.9	7.8	17.1	13.9	8.0	3.9	2.4	3.7	1.6	3.4	2.4	2.6
75-79 years	250	14.8	11.4	15.6	8.6	19.7	23.0	6.9	2.6	2.4	3.2	2.8	3.9	3.3	2.3
80-84 years	338	12.0	10.5	13.8	12.4	18.0	23.5	9.8	1.9	2.2	2.1	2.2	2.2	2.5	1.9
85 + years	203	13.2	5.9	12.3	10.4	16.1	30.5	11.6	3.2	1.1	1.8	2.2	3.5	3.8	2.4
Total, age adjusted ...	1,872	18.3	10.6	16.0	10.2	19.0	18.5	7.4	1.5	1.0	1.0	0.9	1.3	1.2	1.0
Male															
60-64 years	181	13.0	11.0	23.6	10.6	20.8	16.2	4.7	4.4	5.9	6.2	4.0	6.0	4.4	2.7
65-69 years	163	11.0	13.5	20.8	13.2	16.4	22.9	2.2	3.5	5.8	6.1	4.7	4.1	6.8	1.0
70-74 years	147	20.1	12.8	14.2	9.3	18.2	17.5	7.8	5.1	4.4	3.5	3.0	4.8	4.0	5.2
75-79 years	100	12.0	9.4	9.8	18.2	15.7	26.5	8.5	3.9	5.4	3.8	6.1	4.6	5.7	4.0
80-84 years	134	9.0	11.8	14.4	15.2	15.2	25.4	8.9	2.9	2.6	3.4	3.3	3.9	3.8	2.5
85 + years	75	14.4	7.6	14.9	11.6	16.5	27.2	7.9	4.3	2.2	5.3	5.2	5.8	6.0	3.6
Total, age adjusted ...	800	13.5	11.4	17.2	12.7	17.5	21.6	6.2	1.5	2.3	2.2	1.4	1.9	2.2	1.5
Female															
60-64 years	205	22.1	10.5	12.4	11.8	27.2	10.8	5.3	4.8	2.7	3.2	3.8	5.4	3.6	2.5
65-69 years	195	25.6	10.6	14.9	9.9	15.2	14.2	9.5	4.2	4.1	3.9	3.2	4.2	2.7	4.5
70-74 years	190	27.4	10.5	18.1	7.1	16.7	12.3	8.0	4.4	3.0	5.0	1.9	4.3	2.7	2.6
75-79 years	150	15.9	12.2	18.0	4.6	21.4	21.6	6.3	3.2	2.9	4.2	2.5	5.2	4.2	2.9
80-84 years	204	13.2	10.0	13.6	11.4	19.0	22.8	10.0	2.3	2.8	2.5	2.8	2.7	2.9	2.4
85 + years	128	12.7	5.3	11.2	10.0	16.0	31.8	13.0	3.9	1.5	2.5	2.6	3.8	4.8	3.3
Total, age adjusted ...	1,072	21.0	10.2	15.0	9.1	19.8	16.8	8.1	2.0	1.2	1.2	1.4	1.8	1.5	1.4

See footnotes at end of table.

Table D-78—Distribution of difference between most ever weighed and current weight: Older adults¹ — Continued

Persons with income between 131-185% poverty

	Sample size	Percent of persons by range of weight difference							Standard Errors						
		No change	1-5 lbs	6-10	11-15	16-25	26-50	>50 lbs	No change	1-5 lbs	6-10	11-15	16-25	26-50	>50 lbs
Both sexes															
60-64 years	156	30.4	13.7	13.2	10.0	9.6	19.6	3.5	4.1	3.4	3.6	3.0	3.6	3.8	2.0
65-69 years	147	24.3	12.1	13.3	13.3	15.5	16.7	4.8	6.0	2.7	4.5	3.0	3.8	4.8	2.4
70-74 years	195	19.1	16.8	16.7	9.0	15.4	18.3	4.8	5.5	3.7	2.8	3.1	4.0	3.6	2.2
75-79 years	145	18.7	17.4	18.1	6.2	14.2	19.0	6.4	3.4	4.2	5.2	2.2	3.7	4.6	2.5
80-84 years	169	7.5	11.8	13.7	14.2	22.8	24.0	6.0	1.9	2.8	2.3	2.2	3.7	3.2	2.5
85 + years	98	13.1	7.9	11.4	14.8	12.4	30.5	9.8	4.1	2.3	4.3	4.0	3.0	6.0	3.2
Total, age adjusted ...	910	21.0	13.8	14.6	10.8	14.4	20.1	5.4	1.9	1.5	1.3	1.3	2.0	1.6	1.0
Male															
60-64 years	77	16.5	9.3	11.8	12.8	16.1	29.9	3.7	4.5	3.8	5.3	5.8	5.6	10.5	3.2
65-69 years	71	12.8	16.5	10.4	14.4	14.7	20.9	10.3	6.6	6.2	5.4	5.9	5.6	7.8	4.9
70-74 years	101	15.7	16.2	16.0	11.0	14.5	18.8	7.9	4.6	5.8	4.1	4.3	4.4	6.2	3.9
75-79 years	61	16.4	15.8	15.8	4.8	14.6	26.3	6.4	5.2	7.0	6.2	2.4	6.4	7.6	3.4
80-84 years	85	5.4	11.0	8.6	11.9	32.2	23.4	7.6	3.0	3.7	2.4	4.2	3.8	4.9	3.6
85 + years	49	7.9	14.2	7.9	14.2	17.9	27.1	10.8	3.6	5.2	4.6	5.3	5.4	7.5	4.3
Total, age adjusted ...	444	13.5	13.8	12.3	11.5	17.1	24.3	7.4	1.8	1.7	1.7	2.2	2.4	3.3	1.6
Female															
60-64 years	79	38.4	16.3	14.0	8.4	5.8	13.7	3.4	6.6	5.3	4.2	3.8	3.2	4.3	2.5
65-69 years	76	33.9	8.4	15.8	12.4	16.2	13.1	0.2	8.1	2.5	7.3	4.2	5.8	5.0	0.1
70-74 years	94	22.2	17.2	17.3	7.2	16.2	17.9	2.0	7.3	4.1	3.7	4.3	5.4	4.6	1.9
75-79 years	84	20.2	18.4	19.5	7.1	13.9	14.4	6.4	4.9	6.9	7.1	3.3	4.0	5.0	3.4
80-84 years	84	8.9	12.3	17.2	15.8	16.5	24.4	5.0	3.2	3.5	3.8	3.4	5.0	4.0	3.3
85 + years	49	16.3	4.0	13.5	15.3	9.0	32.6	9.3	6.1	2.2	6.3	4.8	2.9	7.9	4.3
Total, age adjusted ...	466	26.1	13.6	16.2	10.2	12.8	17.4	3.7	3.1	2.1	2.2	1.5	2.5	1.8	1.2

See footnotes at end of table.

Table D-78—Distribution of difference between most ever weighed and current weight: Older adults¹ — Continued

Persons with income > 185% poverty

	Sample size	Percent of persons by range of weight difference							Standard Errors						
		No change	1-5 lbs	6-10	11-15	16-25	26-50	>50 lbs	No change	1-5 lbs	6-10	11-15	16-25	26-50	>50 lbs
Both sexes															
60-64 years	614	21.5	18.4	17.8	11.9	15.3	11.3	3.7	2.0	1.8	2.4	1.6	1.6	1.3	0.7
65-69 years	586	17.3	18.8	16.8	12.4	14.9	16.3	3.4	1.6	2.4	1.7	2.0	1.8	2.2	1.1
70-74 years	579	19.2	15.3	17.5	12.2	16.9	15.0	3.8	2.0	1.7	1.9	1.8	1.7	1.4	1.0
75-79 years	321	13.5	17.0	14.8	11.2	19.5	18.7	5.3	2.2	2.1	2.1	1.7	2.3	3.0	1.6
80-84 years	399	11.5	11.4	17.5	16.4	15.8	19.8	7.5	1.7	1.9	2.6	2.0	2.1	1.9	1.8
85 + years	205	8.4	13.6	18.0	15.2	17.9	20.2	6.6	2.2	2.9	2.0	3.1	2.8	4.0	1.7
Total, age adjusted ...	2,704	16.6	>>>16.5	17.1	12.8	16.5	16.0	4.6	0.8	1.0	0.8	0.7	0.8	0.9	0.5
Male															
60-64 years	336	14.8	18.9	17.7	11.7	18.6	13.2	5.0	2.7	2.6	2.8	2.3	2.5	2.1	1.4
65-69 years	321	12.3	18.4	20.0	13.8	16.3	14.3	4.8	1.9	2.9	2.4	2.5	2.8	2.8	1.7
70-74 years	302	10.6	12.2	20.8	12.1	22.0	19.2	3.1	1.8	2.4	3.4	2.4	2.9	2.6	1.2
75-79 years	157	10.6	12.6	13.4	13.4	22.6	21.2	6.1	2.9	3.0	2.8	3.3	3.7	4.0	2.3
80-84 years	228	6.2	10.6	17.1	13.6	17.7	26.4	8.3	1.9	2.0	2.8	2.9	2.7	2.9	2.4
85 + years	103	6.8	16.8	18.9	16.0	19.2	15.3	6.9	2.6	4.3	3.5	5.3	3.0	4.5	2.8
Total, age adjusted ...	1,447	11.1	15.4	18.1	13.1	19.4	17.5	5.3	0.8	1.2	1.2	0.9	1.3	1.2	0.6
Female															
60-64 years	278	28.2	17.9	18.0	12.1	12.0	9.4	2.4	3.6	2.6	3.5	2.1	2.0	2.0	1.0
65-69 years	265	22.5	19.2	13.5	11.0	13.5	18.4	1.9	2.7	2.9	2.3	2.4	2.2	2.9	1.0
70-74 years	277	27.4	18.2	14.5	12.2	12.1	11.1	4.4	2.9	2.6	2.0	2.1	2.0	1.8	1.6
75-79 years	164	16.0	20.8	16.1	9.3	16.8	16.4	4.6	3.6	3.2	2.9	2.0	2.9	3.5	2.1
80-84 years	171	15.8	12.2	17.8	18.7	14.2	14.5	6.8	2.5	3.0	3.1	3.8	3.1	3.2	2.0
85 + years	102	9.5	11.6	17.5	14.7	17.0	23.3	6.4	3.1	3.4	2.9	3.4	4.5	5.1	2.4
Total, age adjusted ...	1,257	21.8	>>>17.5	16.0	12.4	13.8	14.6	3.9	1.4	1.2	1.1	1.0	1.2	1.2	0.7

Notes: * Denotes individual estimates not meeting the standards of reliability or precision due to inadequate cell size or large coefficient of variation.

¹ Respondents were asked to report the most they ever weighted up to the present time (excluding pregnancy weight); this response was compared to current weight reported in the household interview.

Source: NHANES-III, 1988-94: Adult interview file. The 'All older adults' column includes persons with missing income.

Table D-79—Percent of older adults who perceived themselves overweight

	All older adults			Lowest income: ≤ 130% poverty			Low-income: 131-185% poverty			Higher-income: > 185% poverty		
	Sample size	Percent	Standard Error	Sample size	Percent	Standard Error	Sample size	Percent	Standard Error	Sample size	Percent	Standard Error
All persons												
Both sexes												
60-64 years	1,227	61.5	2.0	383	51.6	3.8	145	» 70.6	5.4	582	» 63.4	2.8
65-69 years	1,134	53.1	2.0	353	47.7	5.0	139	52.7	5.7	537	54.2	2.3
70-74 years	1,123	48.1	1.6	327	39.9	3.4	181	48.8	5.0	522	» 50.5	2.1
75-79 years	740	40.0	2.2	238	42.5	3.9	131	38.7	5.0	283	39.6	3.7
80-84 years	929	29.2	1.4	301	25.8	2.6	147	35.8	6.4	357	31.4	2.2
85 + years	561	19.4	1.7	198	17.9	3.1	90	17.4 *	5.3	188	22.9	3.6
Total, age adjusted ...	5,714	46.2	0.9	1,800	41.1	2.2	833	» 48.7	2.4	2,469	» 47.8	1.2
Healthy weight persons ¹												
Both sexes												
60-64 years	336	29.9	3.3	93	12.5 *	5.8	32	» 42.6 *	9.8	184	» 32.6	4.5
65-69 years	312	15.6	2.1	99	8.9 *	5.6	33	12.3 *	5.2	156	17.4	3.2
70-74 years	378	19.7	2.4	96	11.1 *	5.4	65	15.9 *	5.6	188	23.9	3.6
75-79 years	289	13.3	2.4	83	10.7 *	6.2	48	9.5 *	5.0	114	12.7	3.9
80-84 years	374	9.2	1.8	117	5.7 *	2.2	59	6.7 *	3.8	148	12.5	3.0
85 + years	265	4.0 *	1.4	88	2.8 *	1.9	50	4.2 *	3.1	80	7.4 *	3.2
Total, age adjusted ...	1,954	17.6	1.4	576	9.6	2.6	287	» 18.3	2.9	870	» 20.0	2.0
Overweight and obese persons ¹												
Both sexes												
60-64 years	866	77.3	2.2	279	68.2	4.0	108	» 85.5 *	4.0	393	» 79.8	2.5
65-69 years	793	72.8	2.1	237	70.2	5.2	104	70.4	5.0	373	73.3	2.6
70-74 years	716	66.1	2.0	216	55.0	4.4	113	68.4	6.4	325	» 68.7	2.8
75-79 years	435	59.8	3.3	145	61.3	4.5	82	58.2	6.1	165	61.9	5.8
80-84 years	505	46.9	2.5	171	41.9	3.3	83	53.0	8.0	193	49.3	4.0
85 + years	243	39.6	3.1	87	37.1	5.8	33	36.4 *	9.1	93	40.1	5.6
Total, age adjusted ...	3,558	64.5	0.9	1,135	59.2	2.1	523	» 66.5	2.0	1,542	» 66.4	1.2

Notes: * Denotes individual estimates not meeting the standards of reliability or precision due to inadequate cell size or large coefficient of variation.

Significant differences in means and proportions are noted by » (.05 level), »» (.01 level), or »»» (.001 level). Differences are tested in comparison to lowest income group (Income ≤ 130% poverty).

¹ Sample is limited to persons in the examination sample because height and weight were measured during the MEC exam.

Source: NHANES-III, 1988-94: Adult interview file and Examination file. The 'All older adults' column includes persons with missing income.

Table D-80—Percent of older adult males who perceived themselves overweight

	All older adults			Lowest income: ≤ 130% poverty			Low-income: 131-185% poverty			Higher-income: > 185% poverty		
	Sample size	Percent	Standard Error	Sample size	Percent	Standard Error	Sample size	Percent	Standard Error	Sample size	Percent	Standard Error
All males												
Male												
60-64 years	613	50.7	3.5	181	35.6	7.2	72	61.9	9.8	308	54.1	4.2
65-69 years	572	48.9	2.4	160	37.5	7.5	68	34.3 *	7.8	295	51.8	2.6
70-74 years	547	37.8	3.0	142	32.0	7.4	90	38.9	6.7	277	38.0	4.0
75-79 years	322	31.2	3.3	98	32.0	7.1	56	25.0 *	6.0	135	33.2	4.8
80-84 years	453	19.5	2.1	121	15.7 *	4.1	73	20.4 *	5.6	206	22.5	2.5
85 + years	244	13.7	2.4	73	6.6 *	3.0	48	13.4 *	4.8	94	17.0	4.1
Total, age adjusted ...	2,751	37.8	1.2	775	29.9	3.0	407	36.7	3.3	1,315	40.2	1.5
Healthy weight males ¹												
Male												
60-64 years	178	19.4	4.2	52	0.9 *	1.0	14	41.3 *	18.0	98	20.3	4.6
65-69 years	159	7.0 *	3.3	57	0.1 *	0.1	19	5.6 *	4.1	70	7.1 *	4.3
70-74 years	192	6.8 *	2.8	54	0.0 *	0.0	34	7.7 *	4.8	92	8.2 *	3.8
75-79 years	127	6.6 *	4.2	42	0.2 *	0.2	23	12.2 *	11.1	44	0.0 *	0.0
80-84 years	195	3.9 *	1.6	53	1.2 *	1.1	33	0.0 *	0.0	87	5.3 *	2.8
85 + years	113	3.0 *	1.6	35	0.0 *	0.0	26	3.3 *	3.3	38	6.0 *	3.5
Total, age adjusted ...	964	9.1	1.5	293	0.4 *	0.3	149	14.6	4.8	429	8.9	1.6
Overweight and obese males ¹												
Male												
60-64 years	422	65.8	3.9	123	50.4	8.8	55	75.0 *	7.5	208	70.3	4.3
65-69 years	402	65.2	3.1	96	64.4	8.8	48	50.7 *	9.8	222	66.0	3.6
70-74 years	343	55.7	2.9	82	51.8 *	9.3	55	56.7 *	8.3	180	55.8	3.9
75-79 years	189	46.0	5.2	51	52.5 *	10.0	33	33.5 *	6.0	91	50.2	7.6
80-84 years	240	33.1	3.9	64	29.0 *	7.4	38	36.3 *	9.5	113	36.2	3.7
85 + years	107	26.8	4.6	28	16.9 *	8.5	16	28.9 *	8.3	51	27.2	6.4
Total, age adjusted ...	1,703	53.3	1.5	444	48.5	4.4	245	51.2	3.0	865	55.6	1.9

Notes: * Denotes individual estimates not meeting the standards of reliability or precision due to inadequate cell size or large coefficient of variation.

Significant differences in means and proportions are noted by > (.05 level), >> (.01 level), or >>> (.001 level). Differences are tested in comparison to lowest income group (Income ≤ 130% poverty).

¹ Sample is limited to persons in the examination sample because height and weight were measured during the MEC exam.

Source: NHANES-III, 1988-94: Adult interview file and Examination file. The 'All older adults' column includes persons with missing income.

Table D-81—Percent of older adult females who perceived themselves overweight

	All older adults			Lowest income: ≤ 130% poverty			Low-income: 131-185% poverty			Higher-income: > 185% poverty		
	Sample size	Percent	Standard Error	Sample size	Percent	Standard Error	Sample size	Percent	Standard Error	Sample size	Percent	Standard Error
All females												
Female												
60-64 years	614	69.9	2.6	202	61.5	4.4	73	75.9 *	6.5	274	71.7	3.5
65-69 years	562	57.0	2.5	193	53.9	5.8	71	68.4	7.6	242	56.7	3.2
70-74 years	576	56.0	2.3	185	43.6	4.1	91	56.5	5.6	245	62.4	3.2
75-79 years	418	45.8	3.0	140	47.5	5.0	75	48.1	7.1	148	45.0	5.0
80-84 years	476	34.5	2.0	180	29.3	3.3	74	45.1	9.0	151	38.3	3.5
85 + years	317	22.2	2.4	125	22.3	3.8	42	20.2 *	7.8	94	26.5	4.8
Total, age adjusted ...	2,963	52.3	1.2	1,025	47.0	2.2	426	57.5	3.0	1,154	54.6	1.8
Healthy weight females ¹												
Female												
60-64 years	158	38.0	5.1	41	20.5 *	8.9	18	43.6 *	14.8	86	42.5	6.8
65-69 years	153	21.5	4.0	42	16.9 *	10.0	14	22.0 *	14.2	86	23.4	5.0
70-74 years	186	29.0	4.0	42	17.6 *	7.7	31	22.1 *	9.7	96	36.7	5.8
75-79 years	162	17.1	3.5	41	16.6 *	9.1	25	7.6 *	3.8	70	19.8	6.1
80-84 years	179	12.5	2.7	64	7.5 *	3.0	26	12.0 *	6.3	61	18.0 *	4.6
85 + years	152	4.4 *	2.0	53	4.0 *	2.8	24	4.8 *	4.7	42	8.3 *	5.0
Total, age adjusted ...	990	23.5	2.2	283	15.6	4.2	138	22.0	5.0	441	27.9	3.3
Overweight and obese females ¹												
Female												
60-64 years	444	86.5	1.9	156	79.3	3.9	53	91.6 *	4.1	185	88.7	2.6
65-69 years	391	80.9	3.1	141	73.2	6.2	56	84.4 *	6.4	151	84.0	3.8
70-74 years	373	74.6	3.3	134	56.4	6.6	58	77.9 *	6.2	145	82.6	4.3
75-79 years	246	70.1	3.2	94	65.2	5.2	49	75.3 *	7.1	74	75.8	5.7
80-84 years	265	54.6	3.2	107	45.9	4.5	45	61.9 *	10.0	80	60.6	6.3
85 + years	136	45.9	3.6	59	43.8 *	6.4	17	41.0 *	14.3	42	48.5 *	7.2
Total, age adjusted ...	1,855	73.1	1.3	691	64.4	2.2	278	76.8	2.5	677	77.6	1.6

Notes: * Denotes individual estimates not meeting the standards of reliability or precision due to inadequate cell size or large coefficient of variation.

Significant differences in means and proportions are noted by > (.05 level), >> (.01 level), or >>> (.001 level). Differences are tested in comparison to lowest income group (Income ≤ 130% poverty).

¹ Sample is limited to persons in the examination sample because height and weight were measured during the MEC exam.

Source: NHANES-III, 1988-94: Adult interview file and Examination file. The 'All older adults' column includes persons with missing income.

Table D-82—Percent of older adults who expressed a desire to lose weight

	All older adults			Lowest income: ≤ 130% poverty			Low-income: 131-185% poverty			Higher-income: > 185% poverty		
	Sample size	Percent	Standard Error	Sample size	Percent	Standard Error	Sample size	Percent	Standard Error	Sample size	Percent	Standard Error
All persons												
Both sexes												
60-64 years	1,229	65.6	1.8	384	52.5	3.9	146	⁂ 65.5	5.2	582	⁂⁂ 68.8	2.3
65-69 years	1,136	58.2	2.0	355	48.3	5.0	139	59.4	6.3	536	⁂ 60.3	2.3
70-74 years	1,124	53.4	1.8	328	44.3	4.1	181	53.4	5.4	522	⁂ 55.3	2.2
75-79 years	740	45.5	2.3	237	47.6	4.6	131	48.4	4.1	283	45.2	3.9
80-84 years	931	34.9	2.0	303	30.0	3.3	147	38.6	6.2	357	⁂ 39.6	2.6
85 + years	560	22.7	1.8	197	20.4	3.1	90	19.9	5.4	188	27.5	3.7
Total, age adjusted ...	5,720	51.1	1.0	1,804	43.8	2.5	834	⁂ 51.9	2.8	2,468	⁂⁂ 53.6	1.2
Healthy weight persons ¹												
Both sexes												
60-64 years	337	37.4	3.5	93	13.3 *	6.0	33	⁂ 35.4 *	8.4	184	⁂⁂ 42.3	4.8
65-69 years	313	17.3	2.3	100	8.7 *	5.4	33	17.5 *	7.0	156	19.4	2.9
70-74 years	378	25.5	2.4	96	15.0 *	7.0	65	23.0 *	6.1	188	26.8	3.1
75-79 years	289	21.6	3.3	82	15.5 *	6.9	48	29.9 *	7.9	114	19.8	4.8
80-84 years	374	13.4	2.0	117	14.0 *	5.6	59	13.2 *	4.4	148	13.7	2.9
85 + years	264	6.6 *	1.7	87	5.9 *	2.8	50	3.4 *	2.9	80	11.6 *	3.4
Total, age adjusted ...	1,955	22.9	1.4	575	12.4	3.0	288	⁂ 23.0	3.1	870	⁂⁂ 24.9	1.7
Overweight and obese persons ¹												
Both sexes												
60-64 years	867	80.1	1.8	280	69.2	4.3	108	⁂ 81.6	4.8	393	⁂⁂ 83.1	1.9
65-69 years	794	79.7	2.1	238	72.0	6.4	104	77.8	5.2	372	81.6	2.6
70-74 years	717	71.9	2.2	217	61.3	4.1	113	72.3	7.7	325	⁂ 75.4	2.9
75-79 years	435	63.5	3.4	145	66.4	6.0	82	60.8	5.2	165	66.5	5.2
80-84 years	507	54.9	3.0	173	43.3	3.7	83	56.5	7.4	193	⁂⁂ 63.9	3.7
85 + years	243	44.4	3.7	87	39.5 *	6.7	33	43.8 *	9.2	93	46.4	6.0
Total, age adjusted ...	3,563	69.7	1.1	1,140	62.2	2.5	523	⁂ 69.4	2.8	1,541	⁂⁂ 73.1	1.3

Notes: * Denotes individual estimates not meeting the standards of reliability or precision due to inadequate cell size or large coefficient of variation.

Significant differences in means and proportions are noted by ⁂ (.05 level), ⁂⁂ (.01 level), or ⁂⁂⁂ (.001 level). Differences are tested in comparison to lowest income group (Income ≤ 130% poverty).

¹ Sample is limited to persons in the examination sample because height and weight were measured during the MEC exam.

Source: NHANES-III, 1988-94: Adult interview file and Examination file. The 'All older adults' column includes persons with missing income.

Table D-83—Percent of older adult males who expressed a desire to lose weight

	All older adults			Lowest income: ≤ 130% poverty			Low-income: 131-185% poverty			Higher-income: > 185% poverty		
	Sample size	Percent	Standard Error	Sample size	Percent	Standard Error	Sample size	Percent	Standard Error	Sample size	Percent	Standard Error
All males												
Male												
60-64 years	613	55.3	3.0	181	34.3	7.5	72	» 57.6	9.0	308	»» 60.2	3.0
65-69 years	571	54.5	2.6	160	38.6	7.3	68	43.3	8.0	294	» 58.2	3.1
70-74 years	548	45.0	3.3	143	32.8	7.9	90	43.6	7.8	277	47.6	4.2
75-79 years	322	34.6	3.5	97	32.0	7.8	56	31.8 *	7.5	135	37.7	5.5
80-84 years	455	26.5	2.0	123	21.3	5.2	73	28.3	5.7	206	29.9	2.7
85 + years	244	12.6	2.6	73	7.5 *	3.2	48	10.6 *	4.4	94	15.2	4.2
Total, age adjusted ...	2,753	42.6	1.5	777	30.6	3.7	407	» 40.1	3.9	1,314	»» 46.2	1.5
Healthy weight males ¹												
Male												
60-64 years	178	23.5	4.3	52	0.3 *	0.3	14	» 41.7 *	18.0	98	»» 24.5	5.4
65-69 years	159	3.6 *	2.0	57	0.5 *	0.4	19	5.6 *	4.1	70	1.4 *	1.0
70-74 years	192	10.5	3.4	54	4.0 *	3.4	34	10.1 *	8.7	92	12.0 *	4.2
75-79 years	127	10.5 *	4.8	41	0.2 *	0.2	23	15.3 *	11.0	44	6.9 *	5.1
80-84 years	195	4.7 *	1.7	53	4.5 *	3.2	33	0.0 *	0.0	87	4.4 *	2.3
85 + years	113	3.4 *	1.9	35	4.3 *	4.2	26	1.3 *	1.2	38	4.7 *	3.4
Total, age adjusted ...	964	10.8	1.5	292	1.9 *	1.0	149	» 15.5	5.0	429	»» 10.4	1.5
Overweight and obese males ¹												
Male												
60-64 years	422	70.7	3.4	123	48.7	9.3	55	68.3 *	9.1	208	»» 77.4	3.2
65-69 years	401	74.3	2.7	96	66.1	8.9	48	64.9 *	8.7	221	76.3	3.8
70-74 years	344	64.9	3.6	83	50.7 *	10.8	55	62.7 *	11.0	180	68.8	4.2
75-79 years	189	49.4	4.7	51	51.2 *	10.4	33	42.8 *	9.2	91	53.5	7.2
80-84 years	242	45.4	3.7	66	36.3 *	8.5	38	50.3 *	8.7	113	50.1	3.9
85 + years	107	24.6	5.0	28	13.7 *	7.7	16	23.9 *	8.6	51	25.9	7.4
Total, age adjusted ...	1,705	59.8	1.7	447	48.5	5.2	245	56.2	4.1	864	» 63.8	2.0

Notes: * Denotes individual estimates not meeting the standards of reliability or precision due to inadequate cell size or large coefficient of variation.

Significant differences in means and proportions are noted by » (.05 level), »» (.01 level), or »»» (.001 level). Differences are tested in comparison to lowest income group (Income ≤ 130% poverty).

¹ Sample is limited to persons in the examination sample because height and weight were measured during the MEC exam.

Source: NHANES-III, 1988-94: Adult interview file and Examination file. The 'All older adults' column includes persons with missing income.

Table D-84—Percent of older adult females who expressed a desire to lose weight

	All older adults			Lowest income: ≤ 130% poverty			Low-income: 131-185% poverty			Higher-income: > 185% poverty		
	Sample size	Percent	Standard Error	Sample size	Percent	Standard Error	Sample size	Percent	Standard Error	Sample size	Percent	Standard Error
All females												
Female												
60-64 years	616	73.6	2.4	203	63.9	3.9	74	70.2	5.9	274	76.4	3.4
65-69 years	565	61.5	2.4	195	54.1	5.6	71	73.2	7.8	242	62.4	2.9
70-74 years	576	59.9	2.2	185	49.8	4.4	91	61.2	6.2	245	62.8	3.3
75-79 years	418	52.7	2.6	140	54.7	5.3	75	59.9	6.6	148	51.5	4.8
80-84 years	476	39.6	2.7	180	33.0	3.9	74	44.7	9.2	151	47.2	4.2
85 + years	316	27.5	2.6	124	25.5	3.9	42	26.6 *	8.2	94	35.0	5.6
Total, age adjusted ...	2,967	57.0	1.1	1,027	50.7	2.3	427	60.5	2.8	1,154	59.8	1.8
Healthy weight females ¹												
Female												
60-64 years	159	48.0	4.8	41	22.3 *	9.3	19	31.2 *	10.3	86	56.7	6.3
65-69 years	154	26.6	3.2	43	15.6 *	9.4	14	34.8 *	16.7	86	29.8	4.1
70-74 years	186	36.1	4.0	42	21.4 *	10.4	31	32.9 *	11.0	96	39.0	5.7
75-79 years	162	28.0	4.7	41	23.5 *	10.0	25	40.0 *	13.0	70	27.1	6.7
80-84 years	179	18.7	3.0	64	17.8 *	7.3	26	23.6 *	7.7	61	20.8 *	4.6
85 + years	151	8.1 *	2.1	52	6.6 *	3.3	24	4.8 *	4.7	42	15.9 *	5.1
Total, age adjusted ...	991	31.1	1.9	283	19.0	4.6	139	30.4	5.2	441	35.2	2.6
Overweight and obese females ¹												
Female												
60-64 years	445	87.5	2.3	157	81.9	3.9	53	89.3 *	4.6	185	88.5	3.2
65-69 years	393	85.6	2.6	142	75.0	7.6	56	87.1 *	6.0	151	89.3	2.6
70-74 years	373	77.8	2.2	134	66.0	4.5	58	80.2 *	6.9	145	82.4	3.3
75-79 years	246	74.2	3.4	94	73.2	6.3	49	73.3 *	6.9	74	81.9	4.0
80-84 years	265	60.2	4.2	107	45.5	4.9	45	59.8 *	10.4	80	75.9	5.0
85 + years	136	54.1	4.6	59	47.9 *	8.0	17	56.2 *	12.8	42	59.6 *	8.8
Total, age adjusted ...	1,858	77.0	1.2	693	68.8	2.4	278	78.2	2.6	677	82.4	1.6

Notes: * Denotes individual estimates not meeting the standards of reliability or precision due to inadequate cell size or large coefficient of variation.

Significant differences in means and proportions are noted by > (.05 level), >> (.01 level), or >>> (.001 level). Differences are tested in comparison to lowest income group (Income ≤ 130% poverty).

¹ Sample is limited to persons in the examination sample because height and weight were measured during the MEC exam.

Source: NHANES-III, 1988-94: Adult interview file and Examination file. The 'All older adults' column includes persons with missing income.

Table D-85—Percent of older adults who tried to lose weight in past 12 months

	All older adults			Lowest income: ≤ 130% poverty			Low-income: 131-185% poverty			Higher-income: > 185% poverty		
	Sample size	Percent	Standard Error	Sample size	Percent	Standard Error	Sample size	Percent	Standard Error	Sample size	Percent	Standard Error
All persons												
Both sexes												
60-64 years	1,229	42.3	2.1	384	41.9	5.6	146	39.5	5.2	582	42.9	2.6
65-69 years	1,136	38.7	2.6	354	36.8	5.7	139	38.9	7.6	537	38.7	2.8
70-74 years	1,125	34.8	2.0	328	26.6	4.0	181	27.1	5.1	522	37.5	2.6
75-79 years	741	26.2	2.3	238	25.8	3.7	131	33.6	5.5	283	24.3	3.2
80-84 years	931	18.0	1.4	303	18.0	2.8	147	18.2	4.5	357	20.0	2.0
85 + years	561	7.7	1.0	198	9.3 *	2.7	90	3.5 *	1.9	188	10.1	2.1
Total, age adjusted ...	5,723	31.6	0.9	1,805	29.6	2.1	834	30.3	2.8	2,469	32.4	1.0
Healthy weight persons ¹												
Both sexes												
60-64 years	337	25.2	2.5	93	18.8 *	6.9	33	35.6 *	8.4	184	26.1	3.7
65-69 years	312	14.5	2.4	99	9.3 *	5.5	33	7.2 *	5.6	156	16.2	3.0
70-74 years	379	19.1	2.4	96	12.7 *	5.5	65	16.3 *	7.1	188	20.9	3.0
75-79 years	290	10.6	2.9	83	1.2 *	1.0	48	12.7 *	6.5	114	12.1	4.3
80-84 years	374	6.6	1.5	117	7.3 *	2.7	59	6.8 *	3.7	148	7.6 *	3.0
85 + years	265	4.8 *	1.5	88	4.0 *	2.3	50	1.7 *	1.6	80	10.0 *	3.5
Total, age adjusted ...	1,957	15.5	1.2	576	10.2	2.4	288	15.9	3.9	870	17.2	1.5
Overweight and obese persons ¹												
Both sexes												
60-64 years	867	51.1	2.6	280	52.2	6.2	108	43.6	7.3	393	52.1	3.4
65-69 years	795	51.5	3.2	238	53.2	8.2	104	52.7	8.7	373	50.5	3.8
70-74 years	717	45.2	2.6	217	34.4	4.8	113	33.4	8.8	325	49.3	3.7
75-79 years	435	37.8	3.2	145	39.4	5.0	82	47.5	6.9	165	34.6	4.7
80-84 years	507	28.5	2.1	173	26.6	3.5	83	26.3	5.9	193	31.8	2.9
85 + years	243	12.3	2.3	87	16.8 *	4.8	33	6.3 *	3.9	93	11.9 *	4.1
Total, age adjusted ...	3,564	41.8	0.9	1,140	40.8	2.4	523	38.8	3.3	1,542	42.4	1.2

Notes: * Denotes individual estimates not meeting the standards of reliability or precision due to inadequate cell size or large coefficient of variation.

Significant differences in means and proportions are noted by > (.05 level), >> (.01 level), or >>> (.001 level). Differences are tested in comparison to lowest income group (Income ≤ 130% poverty).

¹ Sample is limited to persons in the examination sample because height and weight were measured during the MEC exam.

Source: NHANES-III, 1988-94: Adult interview file and Examination file. The 'All older adults' column includes persons with missing income.

Table D-86—Percent of older adult males who tried to lose weight in past 12 months

	All older adults			Lowest income: ≤ 130% poverty			Low-income: 131-185% poverty			Higher-income: > 185% poverty		
	Sample size	Percent	Standard Error	Sample size	Percent	Standard Error	Sample size	Percent	Standard Error	Sample size	Percent	Standard Error
All males												
Male												
60-64 years	613	32.9	2.8	181	24.7	7.4	72	29.7 *	6.5	308	35.3	3.0
65-69 years	572	33.0	3.4	160	27.3	7.5	68	18.7 *	7.7	295	36.0	4.2
70-74 years	549	28.8	2.7	143	18.7	6.5	90	23.8	6.5	277	31.2	3.8
75-79 years	323	21.2	3.6	98	24.2	6.3	56	18.7 *	7.1	135	21.2	4.1
80-84 years	455	15.3	2.3	123	17.1 *	4.7	73	11.8 *	3.7	206	17.4	3.0
85 + years	244	6.3 *	1.7	73	2.7 *	1.6	48	5.2 *	3.6	94	11.0 *	3.8
Total, age adjusted ...	2,756	25.8	1.0	778	21.1	3.3	407	20.2	3.4	1,315	28.2	1.1
Healthy weight males ¹												
Male												
60-64 years	178	19.5	4.2	52	8.8 *	8.4	14	31.4 *	16.8	98	21.6	5.5
65-69 years	159	7.8 *	3.7	57	0.1 *	0.2	19	1.4 *	1.4	70	12.4 *	6.3
70-74 years	193	10.8	3.0	54	7.4 *	5.3	34	11.4 *	6.7	92	11.9 *	4.1
75-79 years	128	10.4 *	4.9	42	0.0 *	0.0	23	12.2 *	11.1	44	7.3 *	5.5
80-84 years	195	4.8 *	1.6	53	6.6 *	3.6	33	5.0 *	4.9	87	5.2 *	2.7
85 + years	113	5.3 *	2.5	35	0.0 *	0.0	26	4.2 *	4.2	38	11.3 *	6.1
Total, age adjusted ...	966	11.0	1.4	293	4.2 *	2.2	149	12.8 *	4.9	429	12.7	2.3
Overweight and obese males ¹												
Male												
60-64 years	422	39.7	4.1	123	31.6 *	9.5	55	30.9 *	8.1	208	42.1	4.6
65-69 years	402	42.9	4.0	96	46.9	11.2	48	28.6 *	11.4	222	43.6	4.8
70-74 years	344	39.3	3.4	83	26.2 *	8.9	55	30.9 *	11.1	180	42.9	5.0
75-79 years	189	28.0	4.6	51	39.6 *	9.3	33	23.0 *	9.0	91	28.3	5.9
80-84 years	242	24.6	3.9	66	26.6 *	7.6	38	17.4 *	6.2	113	27.1	4.5
85 + years	107	8.7 *	2.9	28	6.9 *	4.2	16	7.9 *	7.7	51	11.9 *	5.6
Total, age adjusted ...	1,706	33.8	1.5	447	32.2	4.6	245	25.5	4.4	865	35.9	1.8

Notes: * Denotes individual estimates not meeting the standards of reliability or precision due to inadequate cell size or large coefficient of variation.

Significant differences in means and proportions are noted by > (.05 level), >> (.01 level), or >>> (.001 level). Differences are tested in comparison to lowest income group (Income ≤ 130% poverty).

¹ Sample is limited to persons in the examination sample because height and weight were measured during the MEC exam.

Source: NHANES-III, 1988-94: Adult interview file and Examination file. The 'All older adults' column includes persons with missing income.

Table D-87—Percent of older adult females who tried to lose weight in past 12 months

	All older adults			Lowest income: ≤ 130% poverty			Low-income: 131-185% poverty			Higher-income: > 185% poverty		
	Sample size	Percent	Standard Error	Sample size	Percent	Standard Error	Sample size	Percent	Standard Error	Sample size	Percent	Standard Error
All females												
Female												
60-64 years	616	49.5	2.7	203	52.6	5.6	74	45.4 *	7.6	274	49.7	3.6
65-69 years	564	43.8	3.2	194	42.6	6.4	71	56.1 *	8.2	242	41.5	3.0
70-74 years	576	39.4	2.6	185	30.4	4.6	91	29.8	5.9	245	43.5	4.3
75-79 years	418	29.5	2.6	140	26.5	5.1	75	43.8	7.2	148	26.8	5.0
80-84 years	476	19.5	1.7	180	18.3	2.9	74	22.0 *	6.7	151	22.2	2.6
85 + years	317	8.3	1.7	125	11.9 *	3.4	42	2.2 *	2.2	94	9.6 *	3.2
Total, age adjusted ...	2,967	36.0	1.3	1,027	34.4	2.1	427	37.8	3.5	1,154	36.3	1.8
Healthy weight females ¹												
Female												
60-64 years	159	29.6	4.0	41	25.8 *	9.7	19	38.3 *	11.3	86	29.7	5.4
65-69 years	153	19.1	3.6	42	17.6 *	10.3	14	15.5 *	13.0	86	18.4	3.9
70-74 years	186	25.1	4.2	42	15.8 *	7.7	31	20.1 *	9.0	96	28.2	6.1
75-79 years	162	10.8 *	3.7	41	1.9 *	1.6	25	13.0 *	7.6	70	14.8 *	6.2
80-84 years	179	7.7 *	2.0	64	7.6 *	3.3	26	8.3 *	5.1	61	9.5 *	4.4
85 + years	152	4.6 *	1.9	53	5.8 *	3.1	24	0.0 *	0.0	42	9.2 *	5.4
Total, age adjusted ...	991	18.8	1.8	283	14.4	3.8	139	19.1	5.0	441	20.5	2.2
Overweight and obese females ¹												
Female												
60-64 years	445	60.1	2.9	157	64.8	5.9	53	50.8 *	8.2	185	61.4	4.2
65-69 years	393	60.8	4.2	142	56.5	8.8	56	69.9 *	7.9	151	60.5	4.8
70-74 years	373	50.0	3.3	134	38.0	5.6	58	35.4 *	9.5	145	56.2	5.4
75-79 years	246	45.1	3.9	94	39.2	7.1	49	64.5 *	7.7	74	42.0	6.9
80-84 years	265	30.7	3.1	107	26.7	4.0	45	31.0 *	8.1	80	35.8	4.6
85 + years	136	14.0 *	3.3	59	20.0 *	5.7	17	5.3 *	4.9	42	11.9 *	5.8
Total, age adjusted ...	1,858	48.4	1.5	693	45.4	2.5	278	47.6	3.8	677	49.6	2.2

Notes: * Denotes individual estimates not meeting the standards of reliability or precision due to inadequate cell size or large coefficient of variation.

Significant differences in means and proportions are noted by > (.05 level), >> (.01 level), or >>> (.001 level). Differences are tested in comparison to lowest income group (Income ≤ 130% poverty).

¹ Sample is limited to persons in the examination sample because height and weight were measured during the MEC exam.

Source: NHANES-III, 1988-94: Adult interview file and Examination file. The 'All older adults' column includes persons with missing income.

Table D-88—Percent of older adults with low serum albumin (conservative definition)¹

	All older adults			Lowest income: ≤ 130% poverty			Low-income: 131-185% poverty			Higher-income: > 185% poverty		
	Sample size	Percent	Standard Error	Sample size	Percent	Standard Error	Sample size	Percent	Standard Error	Sample size	Percent	Standard Error
Both sexes												
60-64 years	2,318	3.6	0.8	722	6.5	2.3	272	2.1 *	1.5	1,104	3.4	1.0
65-69 years	2,124	2.9	0.7	658	3.6 *	1.4	266	2.6 *	1.6	1,018	3.0	1.1
70-74 years	2,074	5.6	1.0	592	8.4	2.3	328	3.3 *	1.6	980	5.2	1.1
75-79 years	1,332	4.1	1.0	420	6.0 *	2.5	230	3.2 *	1.5	524	1.5 *	0.8
80-84 years	1,668	5.8	0.8	544	5.1 *	1.7	262	5.1 *	2.3	646	5.7	1.0
85 + years	982	7.0	1.2	330	9.1 *	2.2	148	5.3 *	2.5	346	4.6 *	1.3
Total, age adjusted ...	10,498	4.5	0.4	3,266	6.2	1.0	1,506	› 3.2	0.7	4,618	› 3.7	0.5
Male												
60-64 years	1,166	2.7 *	1.0	344	6.6 *	2.8	134	1.3 *	1.0	590	2.2 *	1.2
65-69 years	1,074	1.2 *	0.4	298	4.9 *	1.8	130	› 0.6 *	0.5	564	› 0.6 *	0.5
70-74 years	1,008	3.6	1.1	248	4.2 *	1.8	168	1.5 *	1.1	522	3.9	1.6
75-79 years	584	2.1 *	0.9	172	3.9 *	3.2	100	3.8 *	2.8	250	1.3 *	0.7
80-84 years	832	5.4	1.4	216	5.5 *	2.6	134	5.5 *	3.2	386	5.4	1.8
85 + years	416	9.5	1.9	118	13.8 *	5.0	78	4.7 *	3.8	168	7.7 *	3.0
Total, age adjusted ...	5,080	3.4	0.5	1,396	5.9	1.0	744	›› 2.4 *	0.7	2,480	› 2.9	0.6
Female												
60-64 years	1,152	4.4	1.2	378	6.4 *	3.6	138	2.5 *	2.4	514	4.5	1.5
65-69 years	1,050	4.5	1.4	360	2.8 *	2.0	136	4.3 *	2.9	454	5.5	2.3
70-74 years	1,066	7.1	1.3	344	10.2 *	3.3	160	4.7 *	2.8	458	6.4	1.9
75-79 years	748	5.5	1.6	248	6.9 *	3.3	130	2.7 *	2.0	274	1.6 *	1.3
80-84 years	836	6.1	1.1	328	5.0 *	2.0	128	4.9 *	3.3	260	5.9 *	1.4
85 + years	566	5.9 *	1.5	212	7.3 *	2.7	70	5.7 *	3.3	178	2.8 *	1.6
Total, age adjusted ...	5,418	5.4	0.6	1,870	6.4	1.4	762	3.9	1.2	2,138	4.6	0.8

Notes: * Denotes individual estimates not meeting the standards of reliability or precision due to inadequate cell size or large coefficient of variation.

Significant differences in means and proportions are noted by › (.05 level), ›› (.01 level), or ››› (.001 level). Differences are tested in comparison to lowest income group (Income ≤ 130% poverty).

¹ Low serum albumin is identified as < 3.5 g/dL.

Source: NHANES-III, 1988-94: Examination file. The 'All older adults' column includes persons with missing income.

Table D-89—Percent of older adults with low serum albumin (liberal definition)¹

	All older adults			Lowest income: ≤ 130% poverty			Low-income: 131-185% poverty			Higher-income: > 185% poverty		
	Sample size	Percent	Standard Error	Sample size	Percent	Standard Error	Sample size	Percent	Standard Error	Sample size	Percent	Standard Error
Both sexes												
60-64 years	2,318	11.9	1.6	722	20.6	4.0	272	11.4 *	3.4	1,104	10.4	2.0
65-69 years	2,124	14.6	2.1	658	15.6	3.9	266	16.0	4.3	1,018	14.1	2.3
70-74 years	2,074	19.1	2.1	592	21.6	3.3	328	13.3	3.6	980	19.8	2.3
75-79 years	1,332	18.2	2.4	420	18.2	3.8	230	23.5	5.0	524	15.4	2.9
80-84 years	1,668	23.5	1.9	544	23.4	3.1	262	25.9	5.1	646	23.7	2.5
85 + years	982	27.0	2.7	330	27.0	4.4	148	36.1	6.4	346	25.2	4.3
Total, age adjusted ...	10,498	17.6	1.5	3,266	20.3	2.3	1,506	18.6	2.2	4,618	16.6	1.5
Male												
60-64 years	1,166	8.9	2.2	344	21.7	7.4	134	10.7 *	5.2	590	6.8 *	2.9
65-69 years	1,074	11.8	1.9	298	15.9 *	4.7	130	7.4 *	3.6	564	11.6	2.4
70-74 years	1,008	14.2	3.2	248	18.2 *	6.5	168	14.3 *	6.8	522	12.9	3.5
75-79 years	584	14.0 *	2.4	172	15.1 *	6.8	100	17.4 *	5.0	250	13.8 *	4.2
80-84 years	832	20.6	2.9	216	27.9	5.6	134	22.2 *	7.1	386	18.8	4.0
85 + years	416	28.5	3.4	118	28.6 *	6.7	78	30.5 *	5.6	168	29.4 *	4.3
Total, age adjusted ...	5,080	14.4	1.7	1,396	20.1	3.4	744	14.9	2.2	2,480	13.5	1.9
Female												
60-64 years	1,152	14.2	2.1	378	19.8	4.3	138	11.8 *	4.3	514	13.6	3.0
65-69 years	1,050	17.2	2.8	360	15.4 *	5.0	136	23.3 *	8.8	454	16.8	3.1
70-74 years	1,066	22.9	2.5	344	23.2	4.1	160	12.5 *	4.0	458	26.5	3.1
75-79 years	748	21.0	3.5	248	19.6 *	4.4	130	27.8 *	7.1	274	16.8 *	4.4
80-84 years	836	25.3	2.5	328	21.9	3.7	128	28.2 *	7.0	260	27.9	3.8
85 + years	566	26.4	3.0	212	26.4	4.8	70	40.0 *	9.0	178	22.8 *	6.3
Total, age adjusted ...	5,418	20.0	1.6	1,870	20.4	2.3	762	21.4	2.9	2,138	19.7	1.6

Notes: * Denotes individual estimates not meeting the standards of reliability or precision due to inadequate cell size or large coefficient of variation.

Significant differences in means and proportions are noted by > (.05 level), >> (.01 level), or >>> (.001 level). Differences are tested in comparison to lowest income group (Income ≤ 130% poverty).

¹ Low serum albumin is identified as < 3.8 g/dL.

Source: NHANES-III, 1988-94: Examination file. The 'All older adults' column includes persons with missing income.

Table D-90—Percent of older adults with iron deficiency¹

	All older adults			Lowest income: ≤ 130% poverty			Low-income: 131-185% poverty			Higher-income: > 185% poverty		
	Sample size	Percent	Standard Error	Sample size	Percent	Standard Error	Sample size	Percent	Standard Error	Sample size	Percent	Standard Error
Both sexes												
60-64 years	2,292	4.8	0.9	708	7.1	3.0	270	9.2 *	2.8	1,098	4.0	1.2
65-69 years	2,108	3.8	0.8	654	4.2 *	1.4	266	4.5 *	2.3	1,006	3.1	0.9
70-74 years	2,100	3.7	0.7	610	4.5 *	1.6	336	1.8 *	1.4	980	3.4	1.0
75-79 years	1,342	8.1	1.9	434	7.5 *	2.8	240	7.8 *	3.0	506	9.0	2.7
80-84 years	1,690	8.6	1.2	558	5.2 *	1.5	266	10.7	3.4	650	7.9	1.8
85 + years	1,002	7.9	1.3	340	7.2 *	2.0	154	7.4 *	2.8	352	9.4	2.9
Total, age adjusted ...	10,534	5.6	0.5	3,304	5.8	1.2	1,532	6.6	1.0	4,592	5.4	0.8
Male												
60-64 years	1,148	2.8	1.0	338	5.5 *	3.4	132	2.8 *	2.4	582	2.1 *	1.1
65-69 years	1,072	2.2 *	1.0	294	2.5 *	1.1	132	0.0	0.0	562	2.6 *	1.4
70-74 years	1,014	2.7	0.6	258	4.7 *	2.3	170	1.2 *	1.2	516	2.3 *	0.9
75-79 years	580	8.1	2.1	178	8.9 *	4.6	100	4.3 *	2.3	236	9.3	3.6
80-84 years	850	5.3	1.3	224	2.5 *	1.2	136	4.7 *	3.0	392	6.5	2.0
85 + years	430	8.5	2.3	126	7.4 *	3.9	78	11.4 *	5.8	176	9.5 *	4.0
Total, age adjusted ...	5,094	4.3	0.7	1,418	5.1	1.3	748	3.2 *	1.1	2,464	4.6	1.0
Female												
60-64 years	1,144	6.4	1.3	370	8.0 *	3.8	138	13.0 *	4.0	516	5.6	1.9
65-69 years	1,036	5.3	1.1	360	5.1 *	2.0	134	8.6 *	4.8	444	3.7 *	1.0
70-74 years	1,086	4.5	1.1	352	4.4 *	1.9	166	2.3 *	2.4	464	4.4	1.7
75-79 years	762	8.0	2.1	256	6.9 *	3.4	140	10.1 *	4.4	270	8.6	3.4
80-84 years	840	10.6	1.4	334	6.1 *	2.0	130	14.5 *	5.0	258	9.0	2.7
85 + years	572	7.6	1.5	214	7.2 *	2.4	76	5.0 *	3.2	176	9.3 *	3.2
Total, age adjusted ...	5,440	6.6	0.6	1,886	6.2	1.3	784	9.0	1.6	2,128	6.2	1.0

Notes: * Denotes individual estimates not meeting the standards of reliability or precision due to inadequate cell size or large coefficient of variation.

Significant differences in means and proportions are noted by > (.05 level), >> (.01 level), or >>> (.001 level). Differences are tested in comparison to lowest income group (Income ≤ 130% poverty).

¹ Iron deficiency is indicated by at least 2 of the following: low serum transferrin saturation, high erythrocyte protoporphyrin (EPP), and low serum ferritin. See appendix B.

Source: NHANES-III, 1988-94: Examination file. The 'All older adults' column includes persons with missing income.

Table D-91—Percent of older adults with low serum ferritin¹

	All older adults			Lowest income: ≤ 130% poverty			Low-income: 131-185% poverty			Higher-income: > 185% poverty		
	Sample size	Percent	Standard Error	Sample size	Percent	Standard Error	Sample size	Percent	Standard Error	Sample size	Percent	Standard Error
Both sexes												
60-64 years	2,350	2.1	0.7	730	2.4 *	1.6	274	4.8 *	2.9	1,128	1.6 *	0.6
65-69 years	2,152	1.9	0.6	664	2.4 *	1.2	272	0.4 *	0.3	1,026	2.1	0.8
70-74 years	2,132	1.8	0.6	614	1.3 *	1.0	342	0.8 *	0.8	996	2.4	0.9
75-79 years	1,374	3.1	1.0	436	2.3 *	1.4	246	3.4 *	2.4	530	2.9 *	1.2
80-84 years	1,714	3.4	0.6	570	3.6 *	1.6	266	1.5 *	1.1	660	2.5 *	0.9
85 + years	1,020	2.3 *	0.7	342	3.4 *	1.8	156	1.4 *	0.8	358	2.4 *	1.1
Total, age adjusted ...	10,742	2.3	0.4	3,356	2.4	0.6	1,556	2.2	0.9	4,698	2.2	0.4
Male												
60-64 years	1,178	2.0 *	0.9	350	0.2 *	0.1	134	0.1 *	0.1	596	2.3 *	1.1
65-69 years	1,092	1.4 *	0.7	298	1.5 *	0.8	134	0.0 *	0.0	572	1.6 *	1.0
70-74 years	1,028	1.3 *	0.5	258	2.1 *	1.4	170	0.1 *	0.1	528	1.3 *	0.7
75-79 years	602	3.3 *	1.4	180	4.0 *	3.4	104	1.4 *	1.4	252	3.0 *	1.9
80-84 years	860	2.0 *	0.6	230	1.8 *	1.4	136	0.0	0.0	396	2.0 *	1.2
85 + years	438	1.7 *	0.9	126	2.5 *	2.6	80	3.7 *	2.0	178	0.8 *	0.8
Total, age adjusted ...	5,198	1.9	0.4	1,442	1.9 *	0.7	758	0.6 *	0.3	2,522	1.9	0.6
Female												
60-64 years	1,172	2.2 *	1.0	380	3.7 *	2.6	140	7.6 *	4.4	532	1.0 *	0.8
65-69 years	1,060	2.3 *	0.9	366	3.0 *	1.8	138	0.7 *	0.5	454	2.6 *	1.4
70-74 years	1,104	2.2 *	0.9	356	0.9 *	0.9	172	1.4 *	1.3	468	3.4 *	1.6
75-79 years	772	2.9 *	1.1	256	1.5 *	1.1	142	4.7 *	3.7	278	2.9 *	1.5
80-84 years	854	4.3	1.0	340	4.2 *	2.1	130	2.5 *	1.8	264	2.9 *	1.4
85 + years	582	2.6 *	1.0	216	3.8 *	2.3	76	0.0 *	0.0	180	3.3 *	1.7
Total, age adjusted ...	5,544	2.6	0.5	1,914	2.7	0.8	798	3.2 *	1.4	2,176	2.5	0.6

Notes: * Denotes individual estimates not meeting the standards of reliability or precision due to inadequate cell size or large coefficient of variation.

Significant differences in means and proportions are noted by > (.05 level), >> (.01 level), or >>> (.001 level). Differences are tested in comparison to lowest income group (Income ≤ 130% poverty).

¹ Low serum ferritin is identified by < 15 mcg/mL. Source: *Healthy People 2010* (U.S. DHHS, 2000a).

Source: NHANES-III, 1988-94: Examination file. The 'All older adults' column includes persons with missing income.

Table D-92—Percent of older adults with high free erythrocyte protoporphyrin ¹

	All older adults			Lowest income: ≤ 130% poverty			Low-income: 131-185% poverty			Higher-income: > 185% poverty		
	Sample size	Percent	Standard Error	Sample size	Percent	Standard Error	Sample size	Percent	Standard Error	Sample size	Percent	Standard Error
Both sexes												
60-64 years	2,382	11.1	1.35	732	12.7	3.37	280	15.0	4.22	1,144	10.5	1.75
65-69 years	2,162	9.6	1.18	658	11.9	2.84	274	12.5	3.67	1,038	8.6	1.28
70-74 years	2,148	13.3	1.42	624	15.8	2.35	346	12.9	3.12	1,000	12.7	2.40
75-79 years	1,380	16.5	2.31	442	18.0	3.93	244	12.3	2.95	528	17.2	3.71
80-84 years	1,744	17.5	1.62	580	18.4	2.58	270	16.6	4.22	672	16.4	2.90
85 + years	1,024	19.2	2.34	346	20.5	4.59	158	16.8	4.46	358	19.2	4.10
Total, age adjusted ...	10,840	13.6	0.83	3,382	15.4	1.62	1,572	14.0	1.62	4,740	13.0	1.15
Male												
60-64 years	1,200	8.3	1.69	350	12.9	4.91	140	11.8 *	4.95	608	6.3	1.94
65-69 years	1,096	6.7	1.45	294	8.2 *	2.82	134	3.5 *	3.27	580	7.3	1.72
70-74 years	1,040	10.5	2.36	266	14.3 *	4.44	172	6.1 *	2.63	532	10.7	3.42
75-79 years	602	14.8	2.64	180	15.5 *	5.25	104	7.2 *	3.02	252	16.0	4.12
80-84 years	872	12.4	1.98	236	10.8 *	3.08	138	6.1 *	3.28	398	15.8	3.19
85 + years	440	19.6	3.32	126	18.8 *	4.46	80	22.1 *	8.18	182	21.6	5.29
Total, age adjusted ...	5,250	11.0	1.02	1,452	13.0	1.71	768	8.6 *	1.87	2,552	11.4	1.41
Female												
60-64 years	1,182	13.4	2.01	382	12.6	4.29	140	16.9 *	5.01	536	14.3	2.97
65-69 years	1,066	12.4	2.00	364	14.2	4.11	140	20.2	6.63	458	9.9	2.27
70-74 years	1,108	15.5	1.71	358	16.5	3.36	174	18.2	4.79	468	14.6	2.77
75-79 years	778	17.6	2.77	262	19.3	5.13	140	15.8 *	4.19	276	18.2	4.82
80-84 years	872	20.6	2.17	344	21.1	3.40	132	23.2	6.10	274	16.8	4.04
85 + years	584	19.0	2.50	220	21.1	5.68	78	13.6 *	5.43	176	17.6	4.82
Total, age adjusted ...	5,590	15.6	1.12	1,930	16.5	2.07	804	18.0	2.25	2,188	14.7	1.70

Notes: * Denotes individual estimates not meeting the standards of reliability or precision due to inadequate cell size or large coefficient of variation.

Significant differences in means and proportions are noted by > (.05 level), >> (.01 level), or >>> (.001 level). Differences are tested in comparison to lowest income group (Income ≤ 130% poverty).

¹ High free erythrocyte protoporphyrin is identified as > 70. Source: *Healthy People 2010* (U.S. DHHS, 2000a).

Source: NHANES-III, 1988-94: Examination file. The 'All older adults' column includes persons with missing income.

Table D-93—Percent of older adults with low transferrin saturation¹

	All older adults			Lowest income: ≤ 130% poverty			Low-income: 131-185% poverty			Higher-income: > 185% poverty		
	Sample size	Percent	Standard Error	Sample size	Percent	Standard Error	Sample size	Percent	Standard Error	Sample size	Percent	Standard Error
Both sexes												
60-64 years	2,358	13.8	1.6	730	20.1	3.1	274	15.6	4.4	1,134	12.9	1.9
65-69 years	2,146	13.2	1.4	664	13.0	2.6	270	12.3	4.5	1,022	12.3	2.0
70-74 years	2,130	11.3	1.3	618	16.2	3.0	342	7.9 *	3.2	992	10.1	1.5
75-79 years	1,370	18.1	2.1	438	18.0	4.2	246	18.3	3.8	524	17.8	3.0
80-84 years	1,720	17.3	1.6	570	15.9	2.5	268	18.9	3.9	664	16.8	2.4
85 + years	1,022	16.5	1.7	344	15.4	2.0	156	24.1	5.1	360	14.6	3.3
Total, age adjusted ...	10,746	14.5	1.0	3,364	16.6	1.5	1,556	15.0	2.0	4,696	13.6	1.1
Male												
60-64 years	1,180	10.1	2.0	348	14.4	4.5	134	14.0 *	6.7	600	8.8	2.1
65-69 years	1,092	8.5	2.0	298	9.7 *	3.4	134	13.7 *	5.1	572	7.8	2.8
70-74 years	1,028	11.4	1.9	260	23.8	5.4	170	12.0 *	6.1	526	8.6	2.2
75-79 years	598	16.9	3.3	180	17.3 *	6.9	104	13.1 *	4.3	248	16.6	5.2
80-84 years	860	12.1	2.0	230	16.5 *	3.7	136	9.3 *	4.3	396	11.8	2.6
85 + years	440	16.3	2.9	126	15.2 *	5.2	80	22.8 *	5.7	180	16.5	5.0
Total, age adjusted ...	5,198	11.9	1.5	1,442	16.0	2.2	758	13.8	3.3	2,522	10.9	1.7
Female												
60-64 years	1,178	16.7	2.0	382	23.6	3.6	140	16.5 *	5.4	534	16.6	2.8
65-69 years	1,054	17.5	2.1	366	15.0	3.4	136	11.0 *	5.2	450	17.2	2.9
70-74 years	1,102	11.3	1.7	358	12.7	2.9	172	4.7 *	2.6	466	11.5	2.4
75-79 years	772	19.0	2.2	258	18.4	5.1	142	21.8	6.3	276	18.7	3.2
80-84 years	860	20.3	2.0	340	15.6	2.9	132	24.9	5.5	268	21.1	3.7
85 + years	582	16.6	2.4	218	15.5 *	2.8	76	25.0 *	8.0	180	13.5 *	3.5
Total, age adjusted ...	5,548	16.6	1.1	1,922	17.2	1.8	798	15.7	2.1	2,174	16.3	1.5

Notes: * Denotes individual estimates not meeting the standards of reliability or precision due to inadequate cell size or large coefficient of variation.

Significant differences in means and proportions are noted by > (.05 level), >> (.01 level), or >>> (.001 level). Differences are tested in comparison to lowest income group (Income ≤ 130% poverty).

¹ Low transferrin saturation is identified as < 16% (males) and < 15% (females). Source: *Healthy People 2010* (U.S. DHHS, 2000a).

Source: NHANES-III, 1988-94: Examination file. The 'All older adults' column includes persons with missing income.

Table D-94—Percent of older adults with iron deficiency anemia¹

	All older adults			Lowest income: ≤ 130% poverty			Low-income: 131-185% poverty			Higher-income: > 185% poverty		
	Sample size	Percent	Standard Error	Sample size	Percent	Standard Error	Sample size	Percent	Standard Error	Sample size	Percent	Standard Error
Both sexes												
60-64 years	2,292	2.0	0.6	708	3.1	1.8	270	4.6 *	2.4	1,098	1.4 *	0.6
65-69 years	2,108	2.4	0.6	654	3.2	1.3	266	3.2 *	2.1	1,006	1.8	0.7
70-74 years	2,100	1.2	0.3	610	2.2 *	1.0	336	0.0	0.0	980	1.0 *	0.5
75-79 years	1,342	2.2	0.6	434	3.3 *	1.5	240	1.2 *	0.8	506	2.0 *	0.8
80-84 years	1,690	4.0	0.7	558	2.2 *	0.9	266	6.3 *	2.6	650	3.6	1.0
85 + years	1,002	4.9	1.0	340	5.3 *	1.4	154	4.4 *	2.2	352	4.5	1.7
Total, age adjusted ...	10,534	2.5	0.3	3,304	3.1	0.8	1,532	3.0	0.8	4,592	2.0	0.3
Male												
60-64 years	1,148	1.7	0.8	338	3.1 *	2.7	132	0.1 *	0.1	582	1.4 *	0.9
65-69 years	1,072	2.0	1.0	294	2.4 *	1.1	132	0.0	0.0	562	2.3 *	1.4
70-74 years	1,014	1.4 *	0.3	258	3.2 *	1.9	170	0.0	0.0	516	0.8 *	0.4
75-79 years	580	3.8	1.2	178	5.9 *	3.7	100	3.0 *	2.0	236	2.5 *	1.2
80-84 years	850	3.9	0.9	224	2.2 *	1.2	136	2.2 *	1.6	392	4.6	1.6
85 + years	430	7.5	2.3	126	7.4 *	3.9	78	11.4 *	5.8	176	7.8 *	3.9
Total, age adjusted ...	5,094	2.8	0.5	1,418	3.8	1.1	748	1.8 *	0.7	2,464	2.6	0.6
Female												
60-64 years	1,144	2.3	0.8	370	3.1 *	2.6	138	7.3 *	3.9	516	1.5 *	0.9
65-69 years	1,036	2.9	0.7	360	3.8 *	1.9	134	6.2 *	4.2	444	1.3 *	0.1
70-74 years	1,086	1.0 *	0.5	352	1.8 *	1.1	166	0.0	0.0	464	1.2 *	0.8
75-79 years	762	1.2 *	0.6	256	2.1 *	1.2	140	0.0	0.0	270	1.6 *	1.2
80-84 years	840	4.1	1.0	334	2.2 *	1.1	130	8.9 *	4.2	258	2.7 *	1.4
85 + years	572	3.7	1.0	214	4.4 *	1.4	76	0.0	0.0	176	2.5 *	1.5
Total, age adjusted ...	5,440	2.3	0.4	1,886	2.8	0.8	784	4.0	1.3	2,128	1.6	0.4

Notes: * Denotes individual estimates not meeting the standards of reliability or precision due to inadequate cell size or large coefficient of variation.

Significant differences in means and proportions are noted by > (.05 level), >> (.01 level), or >>> (.001 level). Differences are tested in comparison to lowest income group (Income ≤ 130% poverty).

¹ Iron deficiency anemia is defined as iron deficiency and low hemoglobin. See appendix B.

Source: NHANES-III, 1988-94: Examination file. The 'All older adults' column includes persons with missing income.

Table D-95—Percent of older adults with low hemoglobin¹

	All older adults			Lowest income: ≤ 130% poverty			Low-income: 131-185% poverty			Higher-income: > 185% poverty		
	Sample size	Percent	Standard Error	Sample size	Percent	Standard Error	Sample size	Percent	Standard Error	Sample size	Percent	Standard Error
Both sexes												
60-64 years	2,340	9.4	1.3	722	11.7	3.0	276	10.7	3.7	1,114	9.1	1.6
65-69 years	2,144	11.0	1.1	660	13.2	2.4	270	11.5	3.6	1,030	9.9	1.4
70-74 years	2,136	11.6	1.2	624	16.9	3.4	340	8.2	2.6	994	11.1	1.6
75-79 years	1,366	13.3	1.7	440	20.8	4.1	242	12.7	3.5	518	» 9.9	2.0
80-84 years	1,728	20.8	1.9	570	23.8	2.7	270	18.4	4.1	668	19.7	2.3
85 + years	1,024	25.9	2.8	346	29.9	2.9	156	26.0	5.7	362	23.3	4.8
Total, age adjusted ...	10,738	13.6	0.7	3,362	17.5	1.4	1,554	» 13.0	1.5	4,686	»» 12.3	0.9
Male												
60-64 years	1,172	11.6	1.7	340	17.7	4.8	138	8.5 *	4.8	592	11.0	1.8
65-69 years	1,088	13.2	1.8	298	16.0	4.3	132	9.6 *	3.5	574	12.8	2.3
70-74 years	1,036	15.7	1.8	270	25.2	5.9	172	13.8 *	3.8	522	13.6	2.4
75-79 years	588	22.8	3.1	178	31.2	6.0	100	27.4	6.7	244	19.3	3.9
80-84 years	864	29.4	2.8	230	31.5	4.2	138	28.8	6.2	396	28.9	4.1
85 + years	438	38.1	3.8	126	46.6	4.7	78	43.0 *	8.0	182	34.0	6.4
Total, age adjusted ...	5,186	18.9	0.9	1,442	25.2	2.5	758	» 18.3	1.9	2,510	» 17.3	1.2
Female												
60-64 years	1,168	7.7	1.7	382	8.1	2.9	138	12.1 *	5.5	522	7.3	2.3
65-69 years	1,056	8.9	1.5	362	11.5	2.9	138	13.1 *	5.5	456	6.7	1.8
70-74 years	1,100	8.4	1.5	354	13.0	2.9	168	» 3.7 *	2.5	472	8.7	2.0
75-79 years	778	7.1	1.6	262	15.8	4.2	142	» 3.0 *	2.1	274	» 2.3 *	1.3
80-84 years	864	15.6	2.5	340	21.0	3.1	132	11.8 *	4.5	272	» 12.0	3.8
85 + years	586	20.1	3.1	220	23.3	3.6	78	15.8 *	8.1	180	16.9	5.1
Total, age adjusted ...	5,552	10.0	1.0	1,920	13.8	1.4	796	» 9.5	1.9	2,176	»» 8.0	1.2

Notes: * Denotes individual estimates not meeting the standards of reliability or precision due to inadequate cell size or large coefficient of variation.

Significant differences in means and proportions are noted by » (.05 level), »» (.01 level), or »»» (.001 level). Differences are tested in comparison to lowest income group (Income ≤ 130% poverty).

¹ Criteria for low hemoglobin varies by age, gender, and smoking status. See appendix B.

Source: NHANES-III, 1988-94: Examination file. The 'All older adults' column includes persons with missing income.

Table D-96—Percent of older adults with low hematocrit¹

	All older adults			Lowest income: ≤ 130% poverty			Low-income: 131-185% poverty			Higher-income: > 185% poverty		
	Sample size	Percent	Standard Error	Sample size	Percent	Standard Error	Sample size	Percent	Standard Error	Sample size	Percent	Standard Error
Both sexes												
60-64 years	2,338	8.4	1.1	722	8.0	1.8	276	7.5 *	2.7	1,112	8.7	1.2
65-69 years	2,144	10.9	1.3	660	11.0	2.6	270	13.6	4.2	1,030	10.4	1.6
70-74 years	2,136	11.6	1.5	624	14.7	3.4	340	7.5	2.6	994	12.3	2.2
75-79 years	1,364	12.1	1.6	440	16.0	3.6	242	11.4	3.9	516	10.0	2.0
80-84 years	1,728	16.8	1.8	570	18.6	2.1	270	14.2	3.7	668	17.0	2.2
85 + years	1,024	22.8	2.4	346	23.0	3.0	156	29.1	6.3	362	21.4	4.4
Total, age adjusted ...	10,734	12.4	0.5	3,362	13.8	1.3	1,554	12.2	1.4	4,682	12.1	0.9
Male												
60-64 years	1,172	11.5	2.0	340	14.7	4.4	138	10.5 *	5.3	592	10.9	1.9
65-69 years	1,088	12.7	2.0	298	13.3	4.3	132	18.0	6.4	574	11.8	2.3
70-74 years	1,036	16.3	2.2	270	18.7	5.0	172	12.2 *	3.6	522	16.6	3.2
75-79 years	588	20.4	2.9	178	26.6	5.9	100	21.2 *	7.7	244	18.9	4.0
80-84 years	864	26.4	2.7	230	27.9	4.3	138	26.2	6.7	396	25.6	3.4
85 + years	438	36.0	3.3	126	42.5	6.5	78	43.0 *	8.0	182	31.6	5.8
Total, age adjusted ...	5,186	18.0	0.8	1,442	21.2	2.3	758	18.9	2.3	2,510	17.0	1.4
Female												
60-64 years	1,166	5.8	1.0	382	4.0 *	1.2	138	5.7 *	3.3	520	6.7	1.4
65-69 years	1,056	9.2	1.8	362	9.7	2.8	138	9.7 *	4.8	456	8.9	2.2
70-74 years	1,100	8.0	1.6	354	12.8	3.3	168	3.6 *	2.5	472	8.1	2.0
75-79 years	776	6.7	1.6	262	11.0	3.4	142	5.1 *	3.1	272	2.8 *	1.5
80-84 years	864	11.1	2.0	340	15.3	2.6	132	6.6 *	3.1	272	9.8	3.1
85 + years	586	16.5	2.6	220	15.4	2.6	78	20.8 *	8.7	180	15.2	4.8
Total, age adjusted ...	5,548	8.6	0.8	1,920	10.3	1.3	796	7.5	1.7	2,172	7.9	1.1

Notes: * Denotes individual estimates not meeting the standards of reliability or precision due to inadequate cell size or large coefficient of variation.

Significant differences in means and proportions are noted by > (.05 level), >> (.01 level), or >>> (.001 level). Differences are tested in comparison to lowest income group (Income ≤ 130% poverty).

¹ Criteria for low hematocrit varies by age, gender, and smoking status. See appendix B.

Source: NHANES-III, 1988-94: Examination file. The 'All older adults' column includes persons with missing income.

Table D-97—Percent of older adults with low red blood cell folate¹

	All older adults			Lowest income: ≤ 130% poverty			Low-income: 131-185% poverty			Higher-income: > 185% poverty		
	Sample size	Percent	Standard Error	Sample size	Percent	Standard Error	Sample size	Percent	Standard Error	Sample size	Percent	Standard Error
Both sexes												
60-64 years	2,338	4.9	0.7	722	11.2	2.4	274	8.6 *	3.5	1,120	***2.6	0.7
65-69 years	2,104	4.4	0.8	638	9.5	3.6	266	4.0 *	2.2	1,012	2.8	0.8
70-74 years	2,054	2.8	0.6	580	6.4 *	1.4	334	2.7 *	1.9	970	***1.8 *	0.7
75-79 years	1,288	6.5	1.4	406	11.3	4.9	232	5.4 *	2.0	504	3.8 *	1.4
80-84 years	1,558	4.7	0.6	502	6.5 *	1.5	248	7.8 *	2.9	608	2.4 *	0.9
85 + years	796	5.4	1.3	270	8.8 *	2.6	134	4.1 *	2.4	284	3.1 *	1.6
Total, age adjusted ...	10,138	4.7	0.4	3,118	9.2	1.3	1,488	5.5	1.2	4,498	***2.7	0.5
Male												
60-64 years	1,180	6.4	1.0	342	17.8	5.1	138	14.2 *	7.8	598	**2.6 *	1.0
65-69 years	1,080	3.3 *	0.9	290	8.4 *	3.8	132	4.9 *	3.3	570	2.2 *	0.9
70-74 years	1,004	2.8 *	0.9	254	9.0 *	2.8	164	6.3 *	4.9	516	**1.0 *	0.6
75-79 years	564	7.4	2.2	166	10.8 *	4.9	98	6.9 *	3.3	238	3.8 *	1.8
80-84 years	792	5.9	1.4	206	10.2 *	3.3	130	5.1 *	1.9	366	4.7 *	1.7
85 + years	344	6.4 *	1.8	100	13.8 *	4.1	64	2.6 *	2.9	140	4.4 *	2.8
Total, age adjusted ...	4,964	5.2	0.5	1,358	11.8	1.5	726	7.5	2.3	2,428	***2.8	0.6
Female												
60-64 years	1,158	3.7	0.9	380	7.2 *	2.8	136	5.0 *	3.2	522	2.6 *	1.1
65-69 years	1,024	5.4	1.7	348	10.2 *	5.4	134	3.4 *	2.7	442	3.5 *	1.5
70-74 years	1,050	2.7 *	0.6	326	5.1 *	1.6	170	**0.1 *	0.1	454	2.6 *	1.2
75-79 years	724	6.0	1.4	240	11.5 *	5.5	134	4.3 *	2.5	266	3.8 *	2.3
80-84 years	766	3.9 *	0.8	296	5.2 *	1.5	118	9.6 *	4.4	242	**0.5 *	0.5
85 + years	452	4.9 *	1.6	170	6.9 *	3.4	70	4.9 *	3.4	144	2.4 *	1.8
Total, age adjusted ...	5,174	4.4	0.6	1,760	7.9	1.7	762	4.1	1.2	2,070	**2.7	0.8

Notes: * Denotes individual estimates not meeting the standards of reliability or precision due to inadequate cell size or large coefficient of variation.

Significant differences in means and proportions are noted by > (.05 level), >> (.01 level), or >>> (.001 level). Differences are tested in comparison to lowest income group (Income ≤ 130% poverty).

¹ Low RBC folate is identified as < 95 ng/mL. Source: *Healthy People 2010* (U.S. DHHS, 2000a).

Source: NHANES-III, 1988-94: Examination file. The 'All older adults' column includes persons with missing income.

Table D-98—Percent of older adults with low serum vitamin B₁₂¹

	All older adults			Lowest income: ≤ 130% poverty			Low-income: 131-185% poverty			Higher-income: > 185% poverty		
	Sample size	Percent	Standard Error	Sample size	Percent	Standard Error	Sample size	Percent	Standard Error	Sample size	Percent	Standard Error
Both sexes												
60-64 years	1,176	3.4 *	1.02	384	3.0 *	1.51	138	7.4 *	4.17	556	2.1 *	0.87
65-69 years	1,086	4.0 *	1.28	356	5.0 *	2.21	142	3.7 *	3.13	506	3.3 *	1.33
70-74 years	1,082	4.5	0.91	366	4.4 *	2.31	162	8.4 *	3.77	468	2.8 *	1.29
75-79 years	666	6.0 *	1.62	200	8.3 *	5.30	136	4.9 *	2.21	282	5.6 *	2.49
80-84 years	816	8.8	2.15	290	4.8 *	1.66	136	9.3 *	4.44	300	13.6 *	3.20
85 + years	506	6.9 *	1.56	192	2.7 *	1.35	74	8.4 *	4.04	168	9.5 *	3.15
Total, age adjusted ...	5,332	5.1	0.57	1,788	4.7	1.21	788	6.7	1.88	2,280	5.0	0.56
Male												
60-64 years	596	2.7 *	1.08	182	2.9 *	2.89	64	0.0 *	0.00	312	3.1 *	1.46
65-69 years	550	6.9 *	1.98	172	11.0 *	5.11	60	7.2 *	6.51	282	6.4 *	2.58
70-74 years	448	6.3 *	1.92	142	10.2 *	7.72	78	5.8 *	5.40	200	5.2 *	2.65
75-79 years	254	5.5 *	2.39	64	8.0 *	5.64	46	10.1 *	5.67	122	4.3 *	2.30
80-84 years	396	5.2 *	1.56	124	4.5 *	2.73	66	4.2 *	2.72	166	7.0 *	2.99
85 + years	206	9.6 *	2.88	76	6.3 *	3.90	36	9.8 *	7.34	72	12.9 *	5.83
Total, age adjusted ...	2,450	5.6	0.91	760	7.3	2.31	350	5.6 *	1.96	1,154	5.7	1.12
Female												
60-64 years	580	3.9 *	1.41	202	3.0 *	2.20	74	11.0 *	5.77	244	1.2 *	1.07
65-69 years	536	1.3 *	1.04	184	0.5 *	0.55	82	0.9 *	0.82	224	0.0	0.00
70-74 years	634	3.1 *	0.99	224	1.7 *	1.03	84	10.7 *	4.81	268	0.5 *	0.35
75-79 years	412	6.3 *	2.37	136	8.4 *	6.90	90	2.3 *	1.64	160	6.7 *	4.21
80-84 years	420	11.0	3.43	166	5.0 *	2.14	70	12.4 *	6.43	134	18.4 *	5.97
85 + years	300	5.6 *	1.58	116	0.9 *	0.91	38	7.6 *	4.97	96	7.6 *	3.17
Total, age adjusted ...	2,882	4.5	0.75	1,028	3.1 *	1.28	438	7.2 *	1.86	1,126	4.2	0.83

Notes: * Denotes individual estimates not meeting the standards of reliability or precision due to inadequate cell size or large coefficient of variation.

Significant differences in means and proportions are noted by > (.05 level), >> (.01 level), or >>> (.001 level). Differences are tested in comparison to lowest income group (Income ≤ 130% poverty).

¹ Low serum vitamin B₁₂ is identified as < 200 pg/mL. Source: *Healthy People 2010* (U.S. DHHS, 2000a).

Source: NHANES-III, 1988-94: Examination file. The 'All older adults' column includes persons with missing income.

Table D-99—Percent of older adults with high total cholesterol¹

	All older adults			Lowest income: ≤ 130% poverty			Low-income: 131-185% poverty			Higher-income: > 185% poverty		
	Sample size	Percent	Standard Error	Sample size	Percent	Standard Error	Sample size	Percent	Standard Error	Sample size	Percent	Standard Error
Both sexes												
60-64 years	2,346	37.5	1.8	726	34.8	4.4	274	42.2	6.7	1,124	37.9	2.0
65-69 years	2,146	31.3	2.1	660	39.2	4.6	272	35.8	5.8	1,026	28.7	2.4
70-74 years	2,120	33.6	2.4	612	38.6	3.6	338	27.5	5.5	992	32.5	2.6
75-79 years	1,372	34.0	2.5	438	32.9	4.0	244	41.9	5.4	530	31.1	3.9
80-84 years	1,702	30.0	2.6	564	33.3	4.3	268	33.0	5.7	654	26.7	3.0
85 + years	1,018	28.2	2.2	342	32.2	4.1	154	33.3	5.4	358	24.0	3.8
Total, age adjusted ...	10,704	33.2	1.0	3,342	35.7	2.2	1,550	36.2	2.8	4,684	31.3	1.1
Male												
60-64 years	1,182	30.3	2.6	350	24.3	7.5	134	44.6	10.3	598	30.6	2.9
65-69 years	1,092	23.8	3.2	298	41.3	8.2	134	28.1	7.9	572	20.2	3.2
70-74 years	1,024	19.4	2.5	256	24.3	6.0	170	11.8 *	3.3	528	19.3	3.2
75-79 years	600	23.6	3.0	180	24.3	7.0	104	30.9 *	7.6	252	21.3	4.6
80-84 years	850	17.4	2.4	228	19.6	4.7	136	24.2	6.0	390	16.3	2.9
85 + years	438	16.0	2.4	126	21.7 *	5.1	80	22.4 *	5.6	178	12.9 *	3.4
Total, age adjusted ...	5,186	23.0	1.0	1,438	27.1	2.9	758	28.3	3.0	2,518	21.5	1.2
Female												
60-64 years	1,164	43.2	2.6	376	41.5	5.4	140	40.8	8.5	526	44.5	3.2
65-69 years	1,054	38.3	3.4	362	37.9	6.3	138	42.5	9.0	454	38.0	3.9
70-74 years	1,096	44.5	2.7	356	45.3	3.7	168	39.7	7.3	464	45.5	3.6
75-79 years	772	40.8	3.5	258	37.0	4.6	140	49.4	6.7	278	39.0	5.6
80-84 years	852	37.4	3.4	336	38.0	5.0	132	38.5	7.6	264	35.4	4.8
85 + years	580	34.0	2.8	216	36.5	5.6	74	40.4 *	8.8	180	30.7	5.4
Total, age adjusted ...	5,518	40.6	1.6	1,904	39.9	2.7	792	42.1	3.9	2,166	40.2	1.7

Notes: * Denotes individual estimates not meeting the standards of reliability or precision due to inadequate cell size or large coefficient of variation.

Significant differences in means and proportions are noted by > (.05 level), >> (.01 level), or >>> (.001 level). Differences are tested in comparison to lowest income group (Income ≤ 130% poverty).

¹ High total cholesterol is identified as ≥ 240 mg/dL. Source: National Cholesterol Education Program, NIH (2001).

Source: NHANES-III, 1988-94: Examination file. The 'All older adults' column includes persons with missing income.

Table D-100—Percent of older adults with borderline-high total cholesterol¹

	All older adults			Lowest income: ≤ 130% poverty			Low-income: 131-185% poverty			Higher-income: > 185% poverty		
	Sample size	Percent	Standard Error	Sample size	Percent	Standard Error	Sample size	Percent	Standard Error	Sample size	Percent	Standard Error
Both sexes												
60-64 years	2,346	38.2	2.0	726	35.0	3.6	274	42.1	5.7	1,124	37.9	2.7
65-69 years	2,146	41.0	2.4	660	31.7	4.6	272	40.9	5.0	1,026	42.1	2.9
70-74 years	2,120	35.0	2.0	612	32.5	3.3	338	39.5	5.1	992	33.9	2.1
75-79 years	1,372	31.4	2.7	438	30.6	3.6	244	32.9	7.8	530	30.6	3.6
80-84 years	1,702	34.2	2.1	564	36.0	3.5	268	31.3	4.8	654	33.1	2.9
85 + years	1,018	35.4	2.4	342	34.8	4.3	154	32.5	5.1	358	33.9	3.7
Total, age adjusted ...	10,704	36.4	1.0	3,342	33.2	1.4	1,550	37.8	2.4	4,684	35.9	1.3
Male												
60-64 years	1,182	39.1	3.0	350	37.4	7.4	134	34.4	9.8	598	39.0	4.0
65-69 years	1,092	42.3	2.7	298	23.1	5.7	134	41.0	8.0	572	45.1	3.1
70-74 years	1,024	37.3	2.8	256	36.0	6.6	170	38.2	5.8	528	36.4	3.3
75-79 years	600	32.0	3.6	180	29.8	6.0	104	30.0	8.8	252	33.2	4.3
80-84 years	850	33.4	2.9	228	26.0	5.3	136	27.8	6.4	390	37.7	4.0
85 + years	438	29.1	3.6	126	24.4 *	5.6	80	22.4 *	6.5	178	29.1	5.6
Total, age adjusted ...	5,186	36.7	1.1	1,438	30.5	2.9	758	34.0	3.4	2,518	37.7	1.5
Female												
60-64 years	1,164	37.5	3.0	376	33.4	4.0	140	46.7	7.2	526	37.0	4.1
65-69 years	1,054	39.8	3.4	362	36.9	6.4	138	40.8	10.0	454	38.8	4.4
70-74 years	1,096	33.2	2.2	356	30.8	3.6	168	40.5	7.5	464	31.5	3.2
75-79 years	772	31.0	3.3	258	31.0	5.4	140	34.8	8.4	278	28.6	4.8
80-84 years	852	34.7	2.3	336	39.5	4.4	132	33.5	5.9	264	29.2	4.0
85 + years	580	38.4	2.8	216	39.0	5.4	74	39.2 *	7.4	180	36.7	5.6
Total, age adjusted ...	5,518	35.8	1.4	1,904	34.4	2.1	792	40.2	3.5	2,166	34.1	1.9

Notes: * Denotes individual estimates not meeting the standards of reliability or precision due to inadequate cell size or large coefficient of variation.

Significant differences in means and proportions are noted by > (.05 level), >> (.01 level), or >>> (.001 level). Differences are tested in comparison to lowest income group (Income ≤ 130% poverty).

¹ Borderline high total cholesterol is identified as 200-239 mg/dL. Source: National Cholesterol Education Program, NIH (2001).

Source: NHANES-III, 1988-94: Examination file. The 'All older adults' column includes persons with missing income.

Table D-101—Percent of older adults with high LDL cholesterol¹

	All older adults			Lowest income: ≤ 130% poverty			Low-income: 131-185% poverty			Higher-income: > 185% poverty		
	Sample size	Percent	Standard Error	Sample size	Percent	Standard Error	Sample size	Percent	Standard Error	Sample size	Percent	Standard Error
Both sexes												
60-64 years	1,016	31.9	2.0	296	36.1	7.8	118	28.2 *	9.4	506	32.8	3.2
65-69 years	888	29.3	3.2	264	33.7	6.2	108	34.9 *	7.7	408	26.8	3.8
70-74 years	882	28.2	2.5	244	34.3	4.8	130	16.2 *	6.2	430	27.9	4.1
75-79 years	546	27.5	4.1	166	35.6	7.9	106	29.0 *	6.8	214	23.6	5.5
80-84 years	614	21.8	3.5	212	28.2	7.0	108	33.1 *	5.4	236	12.9	3.0
85 + years	334	27.5	3.7	104	30.1 *	8.5	60	34.5 *	9.7	130	19.4 *	4.7
Total, age adjusted ...	4,280	28.4	1.3	1,286	33.7	3.1	630	28.5	4.3	1,924	25.7	2.0
Male												
60-64 years	506	31.2	3.6	148	36.4 *	13.3	54	25.9 *	11.2	264	31.5	4.6
65-69 years	492	26.4	3.6	126	31.2 *	9.7	58	49.0 *	10.3	248	19.9	4.1
70-74 years	444	21.2	2.8	108	29.4 *	10.9	64	9.4 *	5.0	240	21.0	4.1
75-79 years	256	20.8	4.3	70	12.3 *	6.8	46	22.5 *	6.4	116	22.3 *	7.0
80-84 years	302	17.8	3.4	78	13.0 *	5.4	52	36.8 *	10.8	144	15.1 *	3.6
85 + years	150	20.7 *	4.4	46	24.7 *	9.2	28	46.4 *	12.4	62	12.3 *	6.5
Total, age adjusted ...	2,150	24.1	1.5	576	26.4	3.8	302	30.0	5.3	1,074	22.0	2.5
Female												
60-64 years	510	32.4	2.9	148	35.9	8.8	64	29.0 *	11.4	242	34.0	4.4
65-69 years	396	32.3	5.6	138	35.4	10.0	50	22.1 *	9.5	160	35.6	7.7
70-74 years	438	34.0	3.5	136	36.6	6.6	66	20.4 *	7.9	190	35.6	6.7
75-79 years	290	32.7	5.5	96	47.0 *	9.9	60	34.0 *	9.0	98	24.8 *	8.9
80-84 years	312	24.0	4.7	134	32.8 *	8.5	56	30.9 *	6.8	92	11.2 *	4.5
85 + years	184	30.8	5.2	58	32.5 *	12.0	32	28.6 *	14.4	68	23.5 *	8.4
Total, age adjusted ...	2,130	31.7	1.9	710	37.1	3.8	328	26.9	4.0	850	29.7	3.1

Notes: * Denotes individual estimates not meeting the standards of reliability or precision due to inadequate cell size or large coefficient of variation.

Significant differences in means and proportions are noted by > (.05 level), >> (.01 level), or >>> (.001 level). Differences are tested in comparison to lowest income group (Income ≤ 130% poverty).

¹ High LDL cholesterol is identified as ≥ 160 mg/dL. The cutoff used to define high LDL cholesterol levels includes both high and very high levels as defined by the NCEP. Source: National Cholesterol Education Program, NIH (2001).

Source: NHANES-III, 1988-94: Examination file. The 'All older adults' column includes persons with missing income.

Table D-102—Percent of older adults with borderline-high LDL cholesterol¹

	All older adults			Lowest income: ≤ 130% poverty			Low-income: 131-185% poverty			Higher-income: > 185% poverty		
	Sample size	Percent	Standard Error	Sample size	Percent	Standard Error	Sample size	Percent	Standard Error	Sample size	Percent	Standard Error
Both sexes												
60-64 years	1,016	33.1	2.8	296	19.8	5.5	118	⁂ 40.1	8.4	506	⁂ 35.4	3.1
65-69 years	888	34.9	3.1	264	25.6	5.5	108	39.6	8.5	408	36.9	3.7
70-74 years	882	27.9	2.5	244	23.6	5.1	130	30.6	5.8	430	28.8	3.9
75-79 years	546	35.2	3.1	166	43.1	8.0	106	33.2 *	6.1	214	32.7	4.2
80-84 years	614	32.0	4.0	212	26.7	5.3	108	16.4 *	6.0	236	⁂ 45.5	6.8
85 + years	334	31.1	4.7	104	22.7 *	6.4	60	25.4 *	8.6	130	40.8 *	9.4
Total, age adjusted ...	4,280	32.5	1.3	1,286	26.6	2.4	630	33.1	3.8	1,924	⁂⁂ 35.6	2.0
Male												
60-64 years	506	31.6	4.6	148	22.5 *	8.8	54	34.5 *	16.6	264	33.4	5.4
65-69 years	492	32.8	3.8	126	25.2 *	10.0	58	29.1 *	9.6	248	36.6	4.9
70-74 years	444	28.1	4.1	108	20.4 *	7.2	64	29.9 *	6.4	240	29.8	5.5
75-79 years	256	28.2	4.5	70	54.3 *	12.0	46	⁂⁂ 15.6 *	8.3	116	⁂ 24.4 *	5.8
80-84 years	302	28.1	4.7	78	30.3 *	8.6	52	18.4 *	7.4	144	33.4	6.8
85 + years	150	33.4	6.4	46	28.7 *	11.0	28	17.0 *	11.1	62	39.9 *	10.5
Total, age adjusted ...	2,150	30.4	1.6	576	29.3	4.4	302	26.0	5.5	1,074	32.5	2.3
Female												
60-64 years	510	34.2	3.2	148	17.9 *	6.7	64	42.0 *	10.5	242	⁂ 37.2	4.0
65-69 years	396	37.1	5.4	138	25.8 *	7.3	50	49.0 *	14.8	160	37.4	6.9
70-74 years	438	27.7	3.4	136	25.0 *	6.9	66	30.9 *	9.5	190	27.6	6.1
75-79 years	290	40.7	4.9	96	37.7 *	8.2	60	46.8 *	10.7	98	40.6 *	6.2
80-84 years	312	34.1	4.8	134	25.6 *	6.3	56	15.1 *	7.2	92	⁂⁂ 55.3 *	8.1
85 + years	184	30.0	5.4	58	20.0 *	7.8	32	29.7 *	12.3	68	41.3 *	10.5
Total, age adjusted ...	2,130	34.2	2.1	710	25.2	2.7	328	⁂ 38.1	5.5	850	⁂⁂⁂ 38.3	2.7

Notes: * Denotes individual estimates not meeting the standards of reliability or precision due to inadequate cell size or large coefficient of variation.

Significant differences in means and proportions are noted by ⁂ (.05 level), ⁂⁂ (.01 level), or ⁂⁂⁂ (.001 level). Differences are tested in comparison to lowest income group (Income ≤ 130% poverty).

¹ Borderline high LDL cholesterol is identified as 130-159 mg/dL. Source: National Cholesterol Education Program, NIH (2001).

Source: NHANES-III, 1988-94: Examination file. The 'All older adults' column includes persons with missing income.

Table D-103—Percent of older adults with low HDL cholesterol¹

	All older adults			Lowest income: ≤ 130% poverty			Low-income: 131-185% poverty			Higher-income: > 185% poverty		
	Sample size	Percent	Standard Error	Sample size	Percent	Standard Error	Sample size	Percent	Standard Error	Sample size	Percent	Standard Error
Both sexes												
60-64 years	2,334	25.6	1.90	722	30.4	4.52	274	19.4	4.29	1,116	26.6	2.48
65-69 years	2,134	25.5	2.34	660	25.0	4.10	268	26.4	5.23	1,018	26.1	2.58
70-74 years	2,112	23.2	1.80	608	22.2	3.64	336	24.4	3.56	990	22.9	2.59
75-79 years	1,362	22.6	2.85	432	23.5	3.72	244	34.4	7.06	526	19.0	3.55
80-84 years	1,688	20.7	1.61	560	18.2	2.00	266	18.4	3.93	646	23.0	2.29
85 + years	1,018	17.4	1.82	342	13.3	2.77	154	28.9	6.03	358	16.9	2.88
Total, age adjusted ...	10,648	23.4	1.12	3,324	23.7	2.04	1,542	25.1	1.74	4,654	23.2	1.34
Male												
60-64 years	1,176	38.8	3.09	348	48.0	7.43	134	33.1	9.31	594	38.6	3.79
65-69 years	1,084	40.3	3.55	298	41.1	7.57	132	36.9	8.30	566	40.6	4.09
70-74 years	1,020	33.5	2.85	254	33.0	6.63	170	44.4	5.92	526	31.1	3.65
75-79 years	596	36.8	5.03	178	35.5	7.51	104	49.5 *	11.44	250	34.4	6.60
80-84 years	842	31.0	3.53	228	31.9	3.47	134	30.1	7.69	384	30.5	4.88
85 + years	438	30.9	3.56	126	23.6 *	6.34	80	35.8 *	10.09	178	33.0	6.35
Total, age adjusted ...	5,156	36.2	1.75	1,432	37.6	4.16	754	38.7	2.74	2,498	35.5	2.27
Female												
60-64 years	1,158	15.2	1.99	374	19.0	4.64	140	11.2 *	4.46	522	15.8	2.78
65-69 years	1,050	11.8	2.58	362	15.3	4.52	136	17.3 *	5.82	452	10.2	2.90
70-74 years	1,092	15.4	2.24	354	17.2	4.60	166	8.7 *	2.60	464	15.0	3.30
75-79 years	766	13.3	2.22	254	17.7 *	4.58	140	24.2	6.43	276	6.5 *	2.20
80-84 years	846	14.7	1.73	332	13.4 *	2.63	132	11.2 *	3.42	262	16.6	3.02
85 + years	580	10.9	2.00	216	9.2 *	2.70	74	24.3 *	8.87	180	7.3 *	2.74
Total, age adjusted ...	5,492	13.8	1.15	1,892	16.2	2.06	788	15.4	2.23	2,156	12.3	1.24

Notes: * Denotes individual estimates not meeting the standards of reliability or precision due to inadequate cell size or large coefficient of variation.

Significant differences in means and proportions are noted by > (.05 level), >> (.01 level), or >>> (.001 level). Differences are tested in comparison to lowest income group (Income ≤ 130% poverty).

¹ Low HDL cholesterol is identified as < 40 mg/dL. Source: National Cholesterol Education Program, NIH (2001).

Source: NHANES-III, 1988-94: Examination file. The 'All older adults' column includes persons with missing income.

Table D-104—Percent of older adults with high triglycerides^{1,2}

	All older adults			Lowest income: ≤ 130% poverty			Low-income: 131-185% poverty			Higher-income: > 185% poverty		
	Sample size	Percent	Standard Error	Sample size	Percent	Standard Error	Sample size	Percent	Standard Error	Sample size	Percent	Standard Error
Both sexes												
60-64 years	1,092	28.8	3.06	316	31.3	6.49	126	38.4 *	12.01	548	27.9	4.67
65-69 years	940	20.2	3.82	278	28.2	7.05	114	25.5 *	7.07	434	18.0	4.63
70-74 years	932	22.4	2.95	260	19.3	5.62	140	24.2 *	5.46	448	20.6	3.38
75-79 years	580	16.3	3.51	184	18.1 *	6.29	110	20.0 *	11.71	224	15.9	5.09
80-84 years	650	17.9	3.30	220	26.6	6.13	112	10.1 *	3.74	250	16.1	3.92
85 + years	354	14.1	3.76	114	17.8 *	6.43	66	13.1 *	6.22	134	12.9 *	6.01
Total, age adjusted ...	4,548	21.2	1.40	1,372	24.4	2.32	668	24.6	3.68	2,038	19.8	2.00
Male												
60-64 years	534	25.5	4.21	154	32.5 *	11.99	58	26.8 *	17.21	282	23.7	5.75
65-69 years	514	22.3	4.46	128	24.7 *	8.15	62	32.0 *	12.95	262	20.7	6.02
70-74 years	464	23.0	3.95	114	20.5 *	8.16	66	38.8 *	11.66	248	19.7	4.42
75-79 years	264	15.7 *	5.18	76	24.1 *	13.31	48	23.4 *	13.94	116	11.8 *	5.44
80-84 years	316	15.1	3.89	80	21.2 *	8.50	54	11.8 *	6.05	152	14.9 *	5.94
85 + years	164	9.8 *	4.08	52	0.0 *	0.00	32	18.4 *	12.71	66	10.3 *	5.76
Total, age adjusted ...	2,256	20.2	1.70	604	22.9	3.75	320	27.2	5.92	1,126	18.1	2.56
Female												
60-64 years	558	31.2	3.22	162	30.5 *	6.66	68	42.1 *	12.59	266	31.6	5.09
65-69 years	426	18.0	4.42	150	30.4 *	8.59	52	19.6 *	9.26	172	14.5 *	5.62
70-74 years	468	21.9	3.53	146	18.8 *	7.12	74	15.7 *	6.64	200	21.7	4.97
75-79 years	316	16.7	4.53	108	15.3 *	6.38	62	17.3 *	12.24	108	19.5 *	8.22
80-84 years	334	19.4	4.34	140	28.1 *	7.35	58	9.2 *	4.90	98	17.1 *	5.60
85 + years	190	16.4 *	4.47	62	26.3 *	9.16	34	10.2 *	6.85	68	14.5 *	8.26
Total, age adjusted ...	2,292	21.6	1.70	768	25.1	3.17	348	21.7	3.96	912	21.0	2.48

Notes: * Denotes individual estimates not meeting the standards of reliability or precision due to inadequate cell size or large coefficient of variation.

Significant differences in means and proportions are noted by > (.05 level), >> (.01 level), or >>> (.001 level). Differences are tested in comparison to lowest income group (Income ≤ 130% poverty).

¹ High triglycerides is identified as ≥ 200 mg/dL. The cutoff used to define high triglycerides includes both high and very high triglycerides as defined by the NCEP. Source: National Cholesterol Education Program, NIH (2001).

² Table includes persons who fasted at least 9 hours and were examined before noon.

Source: NHANES-III, 1988-94: Examination file. The 'All older adults' column includes persons with missing income.

Table D-105—Percent of older adults with reduced or severely reduced bone density¹

	All older adults			Lowest income: ≤ 130% poverty			Low-income: 131-185% poverty			Higher-income: > 185% poverty		
	Sample size	Percent	Standard Error	Sample size	Percent	Standard Error	Sample size	Percent	Standard Error	Sample size	Percent	Standard Error
Both sexes												
60-64 years	1,107	35.0	2.0	328	44.4	5.0	131	32.4	5.8	544	34.4	2.6
65-69 years	988	40.6	2.3	293	48.4	5.4	124	43.4	5.6	482	38.4	2.8
70-74 years	953	49.2	1.9	267	58.1	4.3	153	53.9	4.6	455	45.0	2.5
75-79 years	607	57.4	3.3	190	67.0	4.8	107	52.5	7.1	241	54.2	4.7
80-84 years	699	68.6	2.0	219	73.8	3.8	116	68.3	5.0	279	64.0	2.9
85 + years	343	78.2	2.1	116	80.9 *	3.8	60	78.1 *	6.1	120	74.9	4.6
Total, age adjusted ...	4,697	50.2	0.9	1,413	58.2	2.5	691	50.3	2.1	2,121	47.5	1.3

Notes: * Denotes individual estimates not meeting the standards of reliability or precision due to inadequate cell size or large coefficient of variation.

Significant differences in means and proportions are noted by > (.05 level), >> (.01 level), or >>> (.001 level). Differences are tested in comparison to lowest income group (Income ≤ 130% poverty).

¹ Reduced bone density is defined as bone density of the proximal femur between 1 and 2.5 standard deviations below the mean of non-Hispanic white women 20-29 years of age, as measured by NHANES-III (density between .64 and .82). Severely reduced bone density is defined as more than 2.5 standard deviations below the mean for non-hispanic white women 20-29 years of age (density < .64).

Source: NHANES-III, 1988-94: Examination file. The 'All older adults' column includes persons with missing income.

Table D-106—Percent of older adults with severely reduced bone density¹

	All older adults			Lowest income: ≤ 130% poverty			Low-income: 131-185% poverty			Higher-income: > 185% poverty		
	Sample size	Percent	Standard Error	Sample size	Percent	Standard Error	Sample size	Percent	Standard Error	Sample size	Percent	Standard Error
Both sexes												
60-64 years	1,107	6.8	1.6	328	10.4	3.7	131	5.2 *	2.7	544	7.0	2.0
65-69 years	988	9.7	1.4	293	10.6	3.7	124	14.6	6.0	482	8.5	1.7
70-74 years	953	12.7	1.4	267	19.5	3.9	153	15.0	3.1	455	10.0	1.4
75-79 years	607	19.8	2.6	190	25.1	3.8	107	18.1	5.5	241	18.1	3.4
80-84 years	699	26.7	1.9	219	37.1	4.4	116	18.4	4.3	279	20.7	2.8
85 + years	343	38.5	2.5	116	43.0	6.7	60	22.0 *	5.6	120	35.4	3.7
Total, age adjusted ...	4,697	15.8	0.7	1,413	20.5	2.0	691	14.2	2.0	2,121	13.9	1.0

Notes: * Denotes individual estimates not meeting the standards of reliability or precision due to inadequate cell size or large coefficient of variation.

Significant differences in means and proportions are noted by > (.05 level), >> (.01 level), or >>> (.001 level). Differences are tested in comparison to lowest income group (Income ≤ 130% poverty).

¹ Severely reduced bone density is defined as bone density of the proximal femur more than 2.5 standard deviations below the mean for non-hispanic white women 20-29 years of age, as measured by NHANES-III (density < .64).

Source: NHANES-III, 1988-94: Examination file. The 'All older adults' column includes persons with missing income.

Table D-107—Percent of older adult males with reduced or severely reduced bone density¹

	All older adults			Lowest income: ≤ 130% poverty			Low-income: 131-185% poverty			Higher-income: > 185% poverty		
	Sample size	Percent	Standard Error	Sample size	Percent	Standard Error	Sample size	Percent	Standard Error	Sample size	Percent	Standard Error
Male												
60-64 years	552	16.6	2.2	156	21.9	7.2	64	17.5 *	8.9	286	15.0	2.4
65-69 years	509	18.0	2.2	135	30.0	7.9	61	22.8 *	7.8	270	15.7	2.5
70-74 years	466	22.5	2.2	114	25.4	6.8	75	34.1 *	8.2	244	20.1	2.9
75-79 years	261	29.3	3.9	77	32.5 *	8.6	44	35.1 *	10.0	111	25.9	4.9
80-84 years	358	42.8	3.0	87	42.4 *	5.8	65	51.8 *	6.7	169	39.0	4.2
85 + years	159	54.0	4.5	46	61.4 *	7.0	34	64.4 *	8.7	62	49.7	7.7
Total, age adjusted ...	2,305	26.4	1.1	615	31.9	3.5	343	32.8	3.7	1,142	23.8	1.6

Notes: * Denotes individual estimates not meeting the standards of reliability or precision due to inadequate cell size or large coefficient of variation.

Significant differences in means and proportions are noted by > (.05 level), >> (.01 level), or >>> (.001 level). Differences are tested in comparison to lowest income group (Income ≤ 130% poverty).

¹ Reduced bone density is defined as bone density of the proximal femur between 1 and 2.5 standard deviations below the mean of non-Hispanic white women 20-29 years of age, as measured by NHANES-III (density between .64 and .82). Severely reduced bone density is defined as more than 2.5 standard deviations below the mean for non-hispanic white women 20-29 years of age (density < .64).

Source: NHANES-III, 1988-94: Examination file. The 'All older adults' column includes persons with missing income.

Table D-108—Percent of older adult males with severely reduced bone density¹

	All older adults			Lowest income: ≤ 130% poverty			Low-income: 131-185% poverty			Higher-income: > 185% poverty		
	Sample size	Percent	Standard Error	Sample size	Percent	Standard Error	Sample size	Percent	Standard Error	Sample size	Percent	Standard Error
Male												
60-64 years	552	1.6 *	0.9	156	5.4 *	4.7	64	0.6 *	0.6	286	1.2 *	0.9
65-69 years	509	1.6 *	0.8	135	0.0	0.0	61	3.7 *	3.5	270	1.7 *	1.1
70-74 years	466	2.4 *	1.1	114	4.6 *	3.8	75	4.7 *	4.3	244	1.8 *	1.1
75-79 years	261	7.2	2.2	77	8.8 *	5.2	44	7.1 *	3.8	111	6.8 *	3.2
80-84 years	358	5.1	1.2	87	11.1 *	4.2	65	4.2 *	2.4	169	4.2 *	1.2
85 + years	159	13.7	3.0	46	18.1 *	5.8	34	17.2 *	7.2	62	10.7 *	4.5
Total, age adjusted ...	2,305	4.2	0.6	615	6.5	1.9	343	5.1	1.4	1,142	3.6	0.8

Notes: * Denotes individual estimates not meeting the standards of reliability or precision due to inadequate cell size or large coefficient of variation.

Significant differences in means and proportions are noted by > (.05 level), >> (.01 level), or >>> (.001 level). Differences are tested in comparison to lowest income group (Income ≤ 130% poverty).

¹ Severely reduced bone density is defined as bone density of the proximal femur more than 2.5 standard deviations below the mean for non-hispanic white women 20-29 years of age, as measured by NHANES-III (density < .64).

Source: NHANES-III, 1988-94: Examination file. The 'All older adults' column includes persons with missing income.

Table D-109—Percent of older adult females with reduced or severely reduced bone density¹

	All older adults			Lowest income: ≤ 130% poverty			Low-income: 131-185% poverty			Higher-income: > 185% poverty		
	Sample size	Percent	Standard Error	Sample size	Percent	Standard Error	Sample size	Percent	Standard Error	Sample size	Percent	Standard Error
Female												
60-64 years	555	48.9	2.5	172	58.4	5.4	67	40.5 *	7.5	258	51.1	3.3
65-69 years	479	62.3	3.4	158	60.7	6.4	63	60.2 *	8.2	212	63.6	4.5
70-74 years	487	69.8	2.4	153	72.8	4.5	78	68.7	7.1	211	69.3	3.6
75-79 years	346	74.8	3.5	113	80.6 *	4.5	63	64.5 *	7.7	130	75.4	5.7
80-84 years	341	84.2	2.2	132	84.3 *	4.0	51	79.7 *	6.0	110	84.7	3.2
85 + years	184	90.1 *	2.2	70	88.2 *	5.0	26	88.9 *	6.3	58	89.0 *	3.6
Total, age adjusted ...	2,392	67.6	1.2	798	70.9	2.5	348	62.7	2.4	979	68.4	1.9

Notes: * Denotes individual estimates not meeting the standards of reliability or precision due to inadequate cell size or large coefficient of variation.

Significant differences in means and proportions are noted by > (.05 level), >> (.01 level), or >>> (.001 level). Differences are tested in comparison to lowest income group (Income ≤ 130% poverty).

¹ Reduced bone density is defined as bone density of the proximal femur between 1 and 2.5 standard deviations below the mean of non-Hispanic white women 20-29 years of age, as measured by NHANES-III (density between .64 and .82). Severely reduced bone density is defined as more than 2.5 standard deviations below the mean for non-hispanic white women 20-29 years of age (density < .64).

Source: NHANES-III, 1988-94: Examination file. The 'All older adults' column includes persons with missing income.

Table D-110—Percent of older adult females with severely reduced bone density¹

	All older adults			Lowest income: ≤ 130% poverty			Low-income: 131-185% poverty			Higher-income: > 185% poverty		
	Sample size	Percent	Standard Error	Sample size	Percent	Standard Error	Sample size	Percent	Standard Error	Sample size	Percent	Standard Error
Female												
60-64 years	555	10.7	2.4	172	13.6	5.4	67	7.8 *	4.0	258	12.1	3.2
65-69 years	479	17.5	2.7	158	17.8	6.1	63	23.5 *	9.1	212	16.1	3.2
70-74 years	487	20.6	2.2	153	26.1	5.3	78	22.7	5.1	211	18.0	2.4
75-79 years	346	27.6	3.2	113	31.6	4.8	63	25.7 *	9.1	130	26.5	4.5
80-84 years	341	39.7	3.2	132	45.8	5.9	51	28.2 *	7.4	110	34.4	4.6
85 + years	184	50.5	3.5	70	52.3 *	8.1	26	25.7 *	8.2	58	49.3	4.8
Total, age adjusted ...	2,392	23.7	1.2	798	26.9	2.6	348	20.7	3.5	979	22.3	1.5

Notes: * Denotes individual estimates not meeting the standards of reliability or precision due to inadequate cell size or large coefficient of variation.

Significant differences in means and proportions are noted by > (.05 level), >> (.01 level), or >>> (.001 level). Differences are tested in comparison to lowest income group (Income ≤ 130% poverty).

¹ Severely reduced bone density is defined as bone density of the proximal femur more than 2.5 standard deviations below the mean for non-hispanic white women 20-29 years of age, as measured by NHANES-III (density < .64).

Source: NHANES-III, 1988-94: Examination file. The 'All older adults' column includes persons with missing income.

Table D-111—Distribution of older adults by number of different physical activities in the past month

	All older adults					Lowest income: ≤ 130% poverty					Low-income: 131-185% poverty					Higher-income: > 185% poverty				
	Sample size	Number of activities				Sample size	Number of activities				Sample size	Number of activities				Sample size	Number of activities			
		Zero	One	Two	Three or more		Zero	One	Two	Three or more		Zero	One	Two	Three or more		Zero	One	Two	Three or more
All persons																				
Both sexes																				
60-64 years	1,344	18.8	28.4	27.1	25.8	417	34.6	32.0	17.8	15.6	159	29.7	34.1	20.5	15.7	632	***12.6	27.0	» 31.2	29.3
65-69 years	1,264	18.2	26.1	25.0	30.8	389	32.7	29.9	22.2	15.2	153	26.5	36.9	22.7	13.8	597	***12.7	22.6	26.4	***38.3
70-74 years	1,278	22.1	29.8	21.9	26.2	368	34.0	40.1	16.6	9.3	207	27.8	28.9	23.0	» 20.2	585	***16.7	» 26.2	24.1	***33.0
75-79 years	878	32.1	32.1	19.3	16.6	282	45.0	35.6	15.1	4.3	149	34.0	32.6	15.2	18.1	327	***24.4	29.7	23.9	***22.1
80-84 years	1,134	39.7	33.5	15.4	11.5	366	49.2	28.1	17.3	5.4	179	» 33.6	» 45.5	11.5	9.4	412	» 32.6	33.1	17.0	***17.2
85 + years	698	52.1	29.1	13.3	5.5	234	59.8	28.7	10.1	1.4	109	53.7	27.0	15.0	4.2	219	***38.7	33.9	17.6	9.8
Total, age adjusted ...	6,596	26.8	29.4	21.8	22.0	2,056	39.7	33.0	17.3	10.0	956	» 32.1	34.0	19.1	14.8	2,772	***20.0	» 27.7	***24.8	***27.6
Healthy weight persons ¹																				
Both sexes																				
60-64 years	354	16.5	24.6	24.4	34.5	100	30.2	36.9	18.4	14.4	38	26.8	34.7	22.3	16.2	187	12.9	22.3	25.6	» 39.1
65-69 years	321	17.8	26.1	23.5	32.6	107	24.0	31.4	25.4	19.2	33	32.8	38.0	21.1	8.2	158	15.2	21.8	22.2	40.8
70-74 years	375	16.9	27.8	22.6	32.6	100	30.7	46.3	14.6	8.4	61	18.8	35.6	34.0	11.6	185	11.6	» 22.7	22.3	***43.4
75-79 years	274	30.1	31.9	21.9	16.1	82	44.9	33.4	15.4	6.4	45	35.8	21.9	16.4	25.9	106	22.4	33.1	28.7	15.8
80-84 years	360	35.4	36.8	14.9	12.9	107	43.4	30.6	20.2	5.8	59	33.4	41.8	12.8	12.0	143	26.9	41.1	13.1	» 18.9
85 + years	231	40.4	32.8	20.6	6.3	78	53.6	32.1	12.7	1.6	45	44.0	24.5	24.6	6.9	78	***24.7	38.3	25.7	» 11.3
Total, age adjusted ...	1,915	23.4	28.8	22.1	25.7	574	35.0	35.9	18.3	10.8	281	30.3	33.3	22.5	13.9	857	***17.3	27.6	23.4	***31.7
Persons who are overweight or at risk of overweight ¹																				
Both sexes																				
60-64 years	850	19.9	29.3	29.8	21.0	274	38.9	33.9	15.2	12.1	105	33.2	35.9	23.0	8.0	387	***12.8	26.8	***35.2	» 25.2
65-69 years	771	16.6	26.1	26.4	31.0	228	32.4	26.3	23.4	17.8	101	22.7	38.6	24.7	14.0	363	***10.8	23.5	28.3	» 37.4
70-74 years	685	20.5	31.5	23.2	24.9	204	29.8	43.1	16.2	10.9	109	27.8	26.0	22.2	24.0	314	» 16.3	27.6	26.3	» 29.9
75-79 years	410	29.6	33.1	19.5	17.8	136	46.0	35.9	12.4	5.6	76	» 28.3	39.1	18.8	13.8	161	***18.4	29.6	» 24.7	***27.3
80-84 years	451	35.1	36.3	17.8	10.8	153	46.9	30.6	18.2	4.3	73	30.6	» 50.0	10.4	9.0	172	» 26.7	34.7	20.7	***17.9
85 + years	190	45.0	36.6	13.2	5.2	69	46.2	39.4	14.4	0.0	27	52.8	30.5	10.0	6.7	72	37.5	39.3	12.5	10.6
Total, age adjusted ...	3,357	24.9	31.1	23.3	20.7	1,064	38.5	34.6	16.9	10.0	491	30.7	36.1	19.9	13.3	1,469	***17.8	28.8	***26.6	***26.8

Notes: * Denotes individual estimates not meeting the standards of reliability or precision due to inadequate cell size or large coefficient of variation.

Significant differences, compared to lowest income group, are noted by » (.05 level), »» (.01 level), or »»» (.001 level). The Bonferroni adjustment was used to adjust for the multiplicity of tests when examining multiple outcome categories.

¹ Sample is limited to persons in the examination sample because height and weight were measured during the MEC exam.

Source: NHANES-III, 1988-94: Adult interview file and Examination file. The 'All older adults' column includes persons with missing income.

Table D-112—Standard errors for distribution of older adults by number of different physical activities in the past month

	All older adults					Lowest income: ≤ 130% poverty					Low-income: 131-185% poverty					Higher-income: > 185% poverty				
	Sample size	Standard Errors				Sample size	Standard Errors				Sample size	Standard Errors				Sample size	Standard Errors			
		Zero	One	Two	Three or more		Zero	One	Two	Three or more		Zero	One	Two	Three or more		Zero	One	Two	Three or more
All persons																				
Both sexes																				
60-64 years	1,344	1.6	2.0	1.9	2.1	417	4.0	4.1	3.5	4.1	159	6.4	5.0	4.9	4.2	632	1.9	2.8	2.3	2.8
65-69 years	1,264	1.4	1.9	1.7	2.4	389	4.1	4.0	3.7	3.8	153	4.7	6.2	4.3	5.4	597	1.8	2.3	2.1	3.1
70-74 years	1,278	1.8	1.7	1.6	1.9	368	2.9	3.8	2.8	1.9	207	3.7	4.4	3.3	3.4	585	2.2	2.4	2.8	2.9
75-79 years	878	2.2	1.8	1.6	2.0	282	4.5	4.0	2.8	1.6	149	5.5	4.4	3.4	5.4	327	2.4	2.9	2.3	3.0
80-84 years	1,134	2.8	2.4	1.4	1.1	366	2.8	2.4	2.2	1.4	179	3.6	4.4	2.8	2.3	412	4.6	4.4	2.2	2.1
85 + years	698	3.1	1.8	1.8	1.4	234	2.6	2.1	2.5	0.8	109	4.9	5.0	3.3	1.7	219	5.3	2.7	2.8	3.7
Total, age adjusted ...	6,596	1.1	0.8	0.9	1.1	2,056	1.3	1.6	1.3	1.2	956	2.2	2.1	1.8	1.8	2,772	1.4	1.1	1.1	1.4
Healthy weight persons ¹																				
Both sexes																				
60-64 years	1,344	2.7	3.2	3.1	3.7	417	8.7	9.7	7.2	6.1	159	10.1	10.1	7.6	6.1	632	3.0	3.8	4.2	4.7
65-69 years	1,264	2.6	3.6	2.7	3.5	389	7.9	7.7	8.5	6.9	153	8.6	11.0	8.0	7.1	597	3.4	3.6	3.4	4.7
70-74 years	1,278	2.7	3.6	2.6	3.9	368	7.9	8.0	4.6	3.0	207	5.9	7.6	8.1	7.0	585	3.0	4.2	3.2	4.7
75-79 years	878	3.8	4.1	3.0	3.4	282	9.3	8.9	5.2	3.7	149	10.3	6.5	6.0	11.1	327	4.6	5.6	4.8	3.2
80-84 years	1,134	3.7	3.8	2.2	2.1	366	6.3	7.4	4.0	2.6	179	7.6	6.8	3.7	4.0	412	5.5	7.0	3.6	3.0
85 + years	698	5.0	3.5	3.0	1.7	234	6.0	6.1	3.3	1.6	109	6.4	6.7	6.6	3.7	219	6.3	5.8	5.2	3.4
Total, age adjusted ...	6,596	1.5	1.4	1.3	1.7	2,056	2.9	4.1	3.0	2.0	956	3.0	4.0	2.9	2.8	2,772	2.1	2.1	1.8	2.1
Persons who are overweight or at risk of overweight ¹																				
Both sexes																				
60-64 years	1,344	2.0	2.4	2.7	2.3	417	5.4	5.4	3.4	3.1	159	9.3	6.6	5.9	1.9	632	2.1	3.2	3.2	3.4
65-69 years	1,264	1.8	2.7	2.4	3.0	389	5.4	5.0	5.4	6.3	153	5.5	8.4	6.5	6.6	597	2.1	3.0	2.7	3.3
70-74 years	1,278	2.2	2.5	2.2	2.1	368	4.5	6.6	4.4	4.1	207	6.2	6.0	5.4	5.3	585	2.8	3.5	3.8	3.8
75-79 years	878	3.6	3.9	2.9	2.9	282	5.2	7.0	3.4	3.0	149	5.2	7.2	6.5	5.3	327	3.3	5.0	3.4	4.4
80-84 years	1,134	4.1	2.8	2.0	2.3	366	3.8	3.8	3.4	2.2	179	6.5	5.9	3.6	4.9	412	5.7	4.8	3.4	3.1
85 + years	698	4.4	3.7	2.4	2.8	234	5.4	7.4	5.3	0.0	109	9.5	8.8	4.4	4.4	219	8.8	6.0	4.2	6.2
Total, age adjusted ...	6,596	1.6	1.1	1.3	1.2	2,056	1.7	2.2	1.5	1.7	956	3.1	3.5	2.9	1.8	2,772	1.8	1.6	1.6	1.6

Notes: * Denotes individual estimates not meeting the standards of reliability or precision due to inadequate cell size or large coefficient of variation.

Significant differences, compared to lowest income group, are noted by * (.05 level), ** (.01 level), or *** (.001 level). The Bonferroni adjustment was used to adjust for the multiplicity of tests when examining multiple outcome categories.

¹ Sample is limited to persons in the examination sample because height and weight were measured during the MEC exam.

Source: NHANES-III, 1988-94: Adult interview file and Examination file. The 'All older adults' column includes persons with missing income.

Table D-113—Distribution of older males by number of different physical activities in the past month

	All older adults					Lowest income: ≤ 130% poverty					Low-income: 131-185% poverty					Higher-income: > 185% poverty				
	Sample size	Number of activities				Sample size	Number of activities				Sample size	Number of activities				Sample size	Number of activities			
		Zero	One	Two	Three or more		Zero	One	Two	Three or more		Zero	One	Two	Three or more		Zero	One	Two	Three or more
All males																				
Male																				
60-64 years	672	13.6	28.9	27.8	29.7	194	31.7	38.2	17.8	12.4	77	30.1	33.7	25.4	10.9	340	» 8.2	27.0	30.0	» 34.8
65-69 years	626	13.2	24.4	25.3	37.1	174	30.0	26.8	27.8	15.4	72	17.6	38.2	34.2	10.0	324	» 10.0	20.8	24.4	» 44.8
70-74 years	611	13.3	31.4	25.0	30.4	153	31.4	43.5	17.9	7.3	105	20.8	30.4	25.8	» 23.0	305	» 8.5	28.3	26.9	» 36.3
75-79 years	382	26.0	33.2	18.2	22.7	112	38.2	43.2	13.0	5.6	63	29.2	33.8	13.0	24.0	159	20.1	30.6	22.4	» 26.8
80-84 years	540	28.8	35.8	19.6	15.7	144	36.0	33.2	25.8	5.0	89	30.8	44.6	18.0	6.6	233	22.0	35.1	20.8	» 22.1
85 + years	286	38.9	35.0	14.8	11.2	82	46.6	42.7	7.8	2.9	55	46.6	35.6	13.5	4.3	107	25.8	34.1	» 21.3	18.8
Total, age adjusted ...	3,117	19.5	30.5	23.1	27.0	859	34.2	37.5	19.0	9.2	461	27.2	35.4	23.4	14.1	1,468	» 13.7	» 28.1	» 25.2	» 33.0
Healthy weight males ¹																				
Male																				
60-64 years	185	13.6	30.8	20.9	34.7	55	16.4	58.5	7.6	17.5	17	28.5	42.5	28.7	0.3	98	10.9	26.2	19.9	43.0
65-69 years	162	21.3	24.8	16.3	37.6	60	33.2	25.2	23.5	18.1	19	33.5	33.9	19.8	12.8	70	15.8	22.4	12.5	49.3
70-74 years	190	13.6	32.1	21.7	32.6	54	36.3	38.3	21.4	4.0	30	19.4	44.1	26.7	9.8	94	8.1	29.2	20.1	» 42.6
75-79 years	122	25.1	29.0	20.1	25.8	42	38.8	36.8	14.7	9.7	22	38.7	25.8	7.7	27.8	38	» 10.3	26.4	28.5	34.8
80-84 years	189	28.0	35.1	20.3	16.6	49	39.6	29.1	24.8	6.5	34	25.0	45.0	18.9	11.1	83	20.4	36.5	20.3	22.8
85 + years	101	26.2	43.4	17.2	13.1	32	40.7	42.6	10.9	5.7	24	30.8	50.9	12.2	6.1	34	» 7.8	42.4	26.0	23.9
Total, age adjusted ...	949	19.8	31.2	19.6	29.5	292	32.2	39.5	16.9	11.4	146	29.3	39.4	20.4	11.0	417	» 12.0	28.6	20.4	» 38.9
Males who are overweight or at risk of overweight ¹																				
Male																				
60-64 years	417	12.2	27.3	32.0	28.6	121	31.2	36.7	19.0	13.1	54	35.9	24.1	27.3	12.7	206	» 5.8	25.8	35.2	» 33.1
65-69 years	396	9.4	24.3	29.1	37.3	93	24.4	22.4	35.6	17.5	47	8.5	44.0	38.4	9.1	220	» 7.6	20.7	28.1	» 43.7
70-74 years	333	11.8	29.2	27.7	31.3	81	30.3	41.8	16.9	11.0	53	16.3	21.7	30.7	» 31.4	174	» 7.7	26.6	30.7	» 35.0
75-79 years	177	21.9	36.7	19.8	21.5	48	34.5	51.1	8.6	5.8	30	27.9	34.5	19.3	18.3	87	14.0	35.2	» 24.7	» 26.1
80-84 years	221	22.2	41.6	22.1	14.0	58	29.6	37.8	27.0	5.6	34	28.7	52.3	19.0	0.0	106	18.3	36.1	23.7	» 21.9
85 + years	85	31.3	42.5	17.0	9.2	24	27.7	62.1	10.2	0.0	13	40.9	34.9	16.7	7.4	39	28.9	» 34.4	19.1	17.5
Total, age adjusted ...	1,629	16.0	31.6	26.1	26.4	425	29.7	39.6	20.4	10.4	231	24.8	33.5	27.1	14.6	832	» 11.4	» 28.4	28.4	» 31.9

Notes: * Denotes individual estimates not meeting the standards of reliability or precision due to inadequate cell size or large coefficient of variation.

Significant differences, compared to lowest income group, are noted by » (.05 level), »» (.01 level), or »»» (.001 level). The Bonferroni adjustment was used to adjust for the multiplicity of tests when examining multiple outcome categories.

¹ Sample is limited to persons in the examination sample because height and weight were measured during the MEC exam.

Source: NHANES-III, 1988-94: Adult interview file and Examination file. The 'All older adults' column includes persons with missing income.

Table D-114—Standard errors for distribution of older males by number of different physical activities in the past month

	All older adults					Lowest income: ≤ 130% poverty					Low-income: 131-185% poverty					Higher-income: > 185% poverty				
	Sample size	Standard Errors				Sample size	Standard Errors				Sample size	Standard Errors				Sample size	Standard Errors			
		Zero	One	Two	Three or more		Zero	One	Two	Three or more		Zero	One	Two	Three or more		Zero	One	Two	Three or more
All males																				
Male																				
60-64 years	672	2.2	2.8	2.0	2.8	194	7.0	6.4	4.8	4.4	77	10.2	7.4	6.6	4.1	340	2.0	3.5	2.5	4.0
65-69 years	626	1.8	2.2	2.4	3.1	174	6.1	4.5	6.5	5.9	72	5.3	8.0	6.6	5.4	324	2.1	2.7	2.7	3.9
70-74 years	611	1.7	2.7	1.9	3.1	153	5.8	6.2	3.8	4.1	105	4.7	5.0	4.3	4.7	305	1.7	3.6	3.0	4.0
75-79 years	382	3.2	3.2	2.6	3.2	112	7.0	7.2	4.6	2.1	63	6.0	7.8	3.9	8.0	159	4.3	5.3	3.7	4.5
80-84 years	540	2.6	2.1	1.8	2.2	144	5.1	3.3	4.4	2.0	89	4.3	5.9	5.1	3.2	233	3.9	4.4	2.9	3.8
85 + years	286	3.0	3.2	2.3	3.2	82	7.3	6.8	2.7	2.2	55	8.1	6.7	4.8	2.5	107	4.5	4.8	4.4	6.4
Total, age adjusted ...	3,117	1.2	0.8	0.9	1.4	859	3.1	3.0	2.1	1.5	461	2.8	2.8	2.7	2.4	1,468	1.1	1.2	0.9	1.7
Healthy weight males ¹																				
Male																				
60-64 years	672	3.4	5.5	3.9	4.9	194	5.8	13.7	5.9	9.4	77	15.0	16.7	14.3	0.3	340	3.7	6.2	4.9	6.1
65-69 years	626	4.4	4.3	3.7	5.1	174	13.3	7.5	9.9	11.7	72	9.5	17.4	8.3	12.7	324	6.4	5.4	4.6	7.6
70-74 years	611	3.5	6.2	3.6	5.8	153	11.6	10.1	7.9	2.5	105	10.0	12.5	11.8	6.5	305	3.0	8.4	4.8	7.4
75-79 years	382	5.0	5.2	5.1	5.3	112	9.4	8.8	8.1	4.5	63	12.3	10.8	5.2	14.5	159	5.9	8.6	8.7	9.4
80-84 years	540	4.5	3.9	4.1	4.0	144	9.6	8.5	8.7	3.3	89	7.9	10.3	7.9	7.4	233	5.0	4.7	5.2	6.3
85 + years	286	5.5	5.8	4.0	4.1	82	10.8	11.6	5.1	5.3	55	10.5	11.2	7.0	4.3	107	4.8	10.3	7.6	8.2
Total, age adjusted ...	3,117	2.0	1.8	1.7	2.1	859	4.9	6.0	3.4	3.2	461	5.2	6.3	3.4	4.6	1,468	2.3	2.8	2.4	3.0
Males who are overweight or at risk of overweight ¹																				
Male																				
60-64 years	672	2.4	3.5	3.2	3.8	194	8.6	7.1	6.3	6.0	77	12.8	7.4	9.9	6.6	340	1.7	4.4	4.0	5.2
65-69 years	626	2.0	3.0	3.1	3.8	174	5.8	5.5	10.1	8.2	72	4.8	11.0	10.5	4.9	324	2.3	3.1	3.5	4.4
70-74 years	611	2.3	3.5	2.5	4.1	153	7.7	9.5	4.3	7.2	105	6.1	7.0	7.1	8.8	305	2.6	4.1	3.8	5.1
75-79 years	382	3.7	4.8	3.7	4.6	112	9.9	11.7	4.2	4.3	63	8.4	10.9	7.2	8.4	159	4.3	6.0	5.3	6.0
80-84 years	540	3.4	3.8	3.0	3.0	144	6.9	7.6	7.5	4.6	89	7.4	7.3	7.2	0.0	233	4.6	6.7	4.6	4.8
85 + years	286	5.0	5.5	4.3	4.4	82	8.4	9.1	6.8	0.0	55	12.7	13.0	8.3	6.1	107	7.8	6.7	6.9	7.9
Total, age adjusted ...	3,117	1.4	1.6	1.3	1.8	859	3.1	3.7	3.5	2.1	461	4.0	5.0	4.2	3.0	1,468	1.5	1.7	1.5	2.1

Notes: * Denotes individual estimates not meeting the standards of reliability or precision due to inadequate cell size or large coefficient of variation.

Significant differences, compared to lowest income group, are noted by * (.05 level), ** (.01 level), or *** (.001 level). The Bonferroni adjustment was used to adjust for the multiplicity of tests when examining multiple outcome categories.

¹ Sample is limited to persons in the examination sample because height and weight were measured during the MEC exam.

Source: NHANES-III, 1988-94: Adult interview file and Examination file. The 'All older adults' column includes persons with missing income.

Table D-115—Distribution of older females by number of different physical activities in the past month

	All older adults					Lowest income: ≤ 130% poverty					Low-income: 131-185% poverty					Higher-income: > 185% poverty				
	Sample size	Number of activities				Sample size	Number of activities				Sample size	Number of activities				Sample size	Number of activities			
		Zero	One	Two	Three or more		Zero	One	Two	Three or more		Zero	One	Two	Three or more		Zero	One	Two	Three or more
All females																				
Female																				
60-64 years	672	23.0	27.9	26.4	22.6	223	36.4	28.1	17.8	17.7	82	29.5	34.4	17.7	18.4	292	” 16.8	26.9	32.3	24.0
65-69 years	638	22.5	27.5	24.8	25.2	215	34.4	31.7	18.8	15.1	81	33.4	35.9	13.8	16.8	273	” 15.6	24.4	28.4	” 31.6
70-74 years	667	28.8	28.6	19.6	23.0	215	35.1	38.7	16.0	10.2	102	33.7	27.8	20.6	17.9	280	24.6	24.1	21.4	” 29.9
75-79 years	496	36.2	31.3	20.0	12.4	170	47.9	32.4	15.9	3.7	86	37.2	31.9	16.7	14.2	168	” 28.2	28.8	25.2	” 17.8
80-84 years	594	45.9	32.1	13.0	9.0	222	54.0	26.2	14.2	5.6	90	” 35.4	” 46.0	7.3	11.2	179	40.9	31.6	14.2	” 13.4
85 + years	412	58.2	26.3	12.6	2.9	152	64.6	23.6	11.0	0.8	54	58.3	21.5	16.1	4.1	112	” 46.6	33.7	15.4	4.3
Total, age adjusted ...	3,479	32.0	28.8	21.0	18.2	1,197	42.2	31.0	16.3	10.5	495	35.7	33.0	16.0	15.2	1,304	” 25.3	27.3	” 24.7	” 22.7
Healthy weight females ¹																				
Female																				
60-64 years	169	18.6	20.0	27.0	34.3	45	38.8	23.5	25.2	12.5	21	25.8	29.8	18.4	26.0	89	14.5	19.4	30.0	36.1
65-69 years	159	15.6	27.0	28.1	29.3	47	17.6	35.8	26.7	19.9	14	31.8	43.2	22.7	2.3	88	14.8	21.5	27.6	36.1
70-74 years	185	19.3	24.8	23.3	32.6	46	27.4	50.9	10.6	11.0	31	18.5	30.0	” 38.7	12.7	91	14.5	” 17.1	24.2	” 44.1
75-79 years	152	32.8	33.4	22.9	10.9	40	47.3	32.0	15.6	5.1	23	33.7	19.2	22.5	24.6	68	28.0	36.3	28.8	6.9
80-84 years	171	39.9	37.9	11.6	10.6	58	45.0	31.2	18.2	5.6	25	40.2	39.3	7.9	12.6	60	31.4	44.3	8.2	16.2
85 + years	130	46.8	28.0	22.1	3.2	46	58.6	28.0	13.4	0.0	21	52.4	7.8	32.4	7.4	44	” 33.0	36.3	25.6	5.1
Total, age adjusted ...	966	25.4	27.2	23.7	23.7	282	36.1	34.0	19.3	10.6	135	31.0	29.8	24.1	15.1	440	” 20.3	26.4	25.4	” 27.8
Females who are overweight or at risk of overweight ¹																				
Female																				
60-64 years	433	26.0	30.8	28.1	15.2	153	43.5	32.2	12.8	11.5	51	31.6	42.6	20.5	5.3	181	” 19.3	27.8	” 35.1	17.8
65-69 years	375	24.7	28.0	23.4	23.8	135	37.0	28.5	16.5	18.0	54	33.1	34.7	14.7	17.6	143	” 15.7	27.6	28.6	28.0
70-74 years	352	27.6	33.4	19.4	19.6	123	29.6	43.6	16.0	10.8	56	36.8	29.4	15.5	18.3	140	25.5	28.6	21.5	24.3
75-79 years	233	35.3	30.4	19.2	15.1	88	50.9	29.5	14.1	5.5	46	” 28.6	42.4	18.4	10.6	74	” 23.2	23.4	24.7	” 28.6
80-84 years	230	42.5	33.3	15.3	8.9	95	52.0	28.4	15.7	3.9	39	31.6	” 48.8	6.1	13.5	66	34.7	33.4	17.9	” 14.0
85 + years	105	51.2	33.9	11.5	3.4	45	52.7	31.4	15.9	0.0	14	59.0	28.2	6.4	6.4	33	42.2	42.0	8.9	6.8
Total, age adjusted ...	1,728	31.7	31.2	21.0	16.0	639	42.5	32.7	15.0	9.8	260	35.0	37.7	15.1	12.2	637	” 24.2	29.2	” 25.1	” 21.5

Notes: * Denotes individual estimates not meeting the standards of reliability or precision due to inadequate cell size or large coefficient of variation.

Significant differences, compared to lowest income group, are noted by » (.05 level), »» (.01 level), or »»» (.001 level). The Bonferroni adjustment was used to adjust for the multiplicity of tests when examining multiple outcome categories.

¹ Sample is limited to persons in the examination sample because height and weight were measured during the MEC exam.

Source: NHANES-III, 1988-94: Adult interview file and Examination file. The 'All older adults' column includes persons with missing income.

Table D-116—Standard errors for distribution of older females by number of different physical activities in the past month

	All older adults					Lowest income: ≤ 130% poverty					Low-income: 131-185% poverty					Higher-income: > 185% poverty				
	Sample size	Standard Errors				Sample size	Standard Errors				Sample size	Standard Errors				Sample size	Standard Errors			
		Zero	One	Two	Three or more		Zero	One	Two	Three or more		Zero	One	Two	Three or more		Zero	One	Two	Three or more
All females																				
Female																				
60-64 years	672	1.6	2.4	2.9	2.4	223	4.9	4.2	4.1	5.4	82	6.9	5.8	5.6	6.5	292	2.4	3.3	3.8	3.3
65-69 years	638	2.0	2.6	2.0	2.7	215	5.3	6.0	3.8	5.0	81	7.2	7.1	5.6	7.7	273	2.5	3.1	3.0	3.6
70-74 years	667	2.5	1.8	2.3	1.9	215	4.1	5.7	3.5	2.7	102	5.7	6.1	4.6	5.6	280	3.5	3.1	4.4	3.3
75-79 years	496	2.6	2.4	2.1	2.1	170	5.0	4.6	3.8	2.0	86	6.9	5.2	5.0	5.6	168	4.0	3.4	3.3	3.2
80-84 years	594	3.4	3.2	1.6	1.1	222	3.0	3.0	2.7	1.7	90	5.4	5.1	2.5	3.7	179	6.2	5.4	2.9	2.3
85 + years	412	3.8	2.1	2.4	0.8	152	3.6	3.3	3.3	0.8	54	6.3	6.2	5.8	2.3	112	6.1	4.0	3.8	2.4
Total, age adjusted ...	3,479	1.4	1.1	1.3	1.1	1,197	1.8	1.7	1.4	1.9	495	2.8	2.7	1.9	2.2	1,304	2.0	1.5	2.0	1.4
Healthy weight females ¹																				
Female																				
60-64 years	672	3.1	3.8	4.8	5.4	223	12.2	8.6	10.8	8.1	82	10.7	11.5	11.1	9.8	292	4.3	5.2	6.6	7.5
65-69 years	638	3.7	4.9	3.9	4.9	215	8.4	11.0	9.7	8.2	81	17.4	16.4	16.0	2.3	273	4.0	5.1	5.1	6.2
70-74 years	667	3.5	4.5	3.4	4.9	215	9.9	11.4	5.9	4.1	102	6.4	9.2	9.8	10.5	280	4.4	3.8	4.5	6.4
75-79 years	496	5.4	5.7	3.6	3.3	170	11.8	11.5	6.4	4.9	86	14.6	7.4	9.4	13.1	168	7.3	7.4	5.8	3.3
80-84 years	594	4.6	5.4	2.7	2.9	222	6.9	7.7	5.4	3.5	90	10.8	11.5	2.0	8.3	179	7.6	11.0	3.7	4.9
85 + years	412	6.8	4.9	3.6	1.6	152	8.2	7.2	4.7	0.0	54	9.6	6.8	11.9	5.1	112	8.7	7.9	6.2	3.7
Total, age adjusted ...	3,479	2.1	2.0	1.6	2.1	1,197	3.8	4.4	3.9	2.9	495	4.6	6.2	5.2	3.9	1,304	2.8	2.7	2.5	2.7
Females who are overweight or at risk of overweight ¹																				
Female																				
60-64 years	672	2.5	2.9	3.6	2.3	223	6.8	6.9	3.5	3.6	82	9.5	8.1	5.8	4.7	292	3.1	3.6	4.8	3.6
65-69 years	638	2.6	3.9	3.5	3.7	215	7.1	7.7	5.6	8.5	81	9.1	9.6	6.9	9.3	273	3.6	5.1	4.8	4.6
70-74 years	667	3.6	2.6	3.8	2.4	215	5.1	7.5	5.3	4.8	102	9.0	8.0	7.6	6.7	280	5.2	5.6	7.3	4.6
75-79 years	496	4.3	5.7	4.6	3.2	170	6.0	6.6	4.6	3.8	86	6.0	9.3	9.3	4.6	168	5.8	7.3	6.4	5.0
80-84 years	594	5.7	3.4	2.6	2.6	222	4.6	5.1	4.4	2.4	90	8.9	7.8	3.6	6.7	179	9.1	6.3	6.6	3.1
85 + years	412	5.2	4.9	3.2	2.6	152	6.9	8.7	6.1	0.0	54	12.1	12.2	5.9	6.3	112	11.5	9.9	6.4	6.2
Total, age adjusted ...	3,479	2.0	1.4	1.9	1.2	1,197	2.4	2.6	1.4	2.3	495	3.6	3.4	3.1	1.9	1,304	2.8	2.2	3.0	1.7

Notes: * Denotes individual estimates not meeting the standards of reliability or precision due to inadequate cell size or large coefficient of variation.

Significant differences, compared to lowest income group, are noted by * (.05 level), ** (.01 level), or *** (.001 level). The Bonferroni adjustment was used to adjust for the multiplicity of tests when examining multiple outcome categories.

¹ Sample is limited to persons in the examination sample because height and weight were measured during the MEC exam.

Source: NHANES-III, 1988-94: Adult interview file and Examination file. The 'All older adults' column includes persons with missing income.

Table D-117—Percent of older adults who walked a mile or more without stopping in past month

	All older adults			Lowest income: ≤ 130% poverty			Low-income: 131-185% poverty			Higher-income: > 185% poverty		
	Sample size	Percent	Standard Error	Sample size	Percent	Standard Error	Sample size	Percent	Standard Error	Sample size	Percent	Standard Error
All persons												
Both sexes												
60-64 years	1,344	47.7	2.3	417	42.6	4.4	159	30.0	6.2	632	51.0	3.2
65-69 years	1,264	44.8	2.6	389	33.6	4.3	153	36.6	5.5	597	» 49.6	3.2
70-74 years	1,278	44.2	2.2	368	35.6	2.9	207	39.3	4.0	585	»» 49.0	3.1
75-79 years	878	31.0	2.1	282	23.0	4.1	149	25.5	6.2	327	» 38.0	3.2
80-84 years	1,134	21.7	1.3	366	20.7	2.3	179	17.7	2.7	412	» 25.7	2.0
85 + years	698	13.8	1.5	234	9.2 *	1.8	109	» 22.5	4.6	219	» 16.3	2.8
Total, age adjusted ...	6,596	37.7	1.0	2,056	30.7	1.4	956	30.4	2.5	2,772	»» 42.2	1.4
Healthy weight persons ¹												
Both sexes												
60-64 years	354	51.9	3.6	100	41.3	9.1	38	30.4 *	8.7	187	55.3	4.9
65-69 years	321	46.2	4.3	107	42.9	9.4	33	38.9 *	12.2	158	48.4	5.9
70-74 years	375	50.2	3.7	100	44.2	6.8	61	35.2 *	9.3	185	55.9	5.0
75-79 years	274	37.4	3.9	82	22.9 *	6.7	45	34.4 *	12.4	106	» 44.6	5.7
80-84 years	360	25.7	2.5	107	24.2	4.1	59	22.0 *	6.6	143	» 30.6	3.5
85 + years	231	21.0	3.0	78	12.7 *	4.7	45	» 32.3 *	8.6	78	» 26.2	3.9
Total, age adjusted ...	1,915	42.3	1.5	574	34.7	3.7	281	33.0	4.5	857	» 46.8	1.8
Persons who are overweight or at risk of overweight ¹												
Both sexes												
60-64 years	850	46.0	2.5	274	37.0	3.9	105	24.4	5.8	387	» 49.9	3.6
65-69 years	771	46.1	3.2	228	33.1	5.7	101	33.8	6.5	363	»» 51.5	3.3
70-74 years	685	43.5	2.7	204	34.0	5.0	109	43.6	6.4	314	» 48.1	3.9
75-79 years	410	29.5	3.9	136	18.4	4.5	76	24.5	7.1	161	» 39.0	5.1
80-84 years	451	22.2	1.6	153	22.3	3.7	73	16.8 *	4.5	172	» 24.7	2.4
85 + years	190	13.2	3.2	69	10.8 *	4.6	27	22.5 *	7.6	72	12.3 *	4.7
Total, age adjusted ...	3,357	37.2	1.3	1,064	28.5	2.0	491	29.1	2.7	1,469	»» 41.8	1.6

Notes: * Denotes individual estimates not meeting the standards of reliability or precision due to inadequate cell size or large coefficient of variation.

Significant differences in means and proportions are noted by » (.05 level), »» (.01 level), or »»» (.001 level). Differences are tested in comparison to lowest income group (Income ≤ 130% poverty).

¹ Sample is limited to persons in the examination sample because height and weight were measured during the MEC exam.

Source: NHANES-III, 1988-94: Adult interview file and Examination file. The 'All older adults' column includes persons with missing income.

Table D-118—Percent of older males who walked a mile or more without stopping in past month

	All older adults			Lowest income: ≤ 130% poverty			Low-income: 131-185% poverty			Higher-income: > 185% poverty		
	Sample size	Percent	Standard Error	Sample size	Percent	Standard Error	Sample size	Percent	Standard Error	Sample size	Percent	Standard Error
All males												
Male												
60-64 years	672	48.2	3.4	194	41.4	6.6	77	» 21.5 *	5.5	340	51.5	4.7
65-69 years	626	48.2	3.0	174	40.0	6.6	72	41.1	6.1	324	50.6	3.8
70-74 years	611	48.3	2.6	153	33.0	5.5	105	40.6	5.4	305	»» 54.2	3.2
75-79 years	382	33.4	3.5	112	22.8	4.4	63	32.8 *	7.8	159	» 37.1	4.5
80-84 years	540	23.7	2.2	144	19.1	4.0	89	15.6 *	3.8	233	» 31.0	3.5
85 + years	286	23.0	2.6	82	18.7 *	5.8	55	26.0 *	6.4	107	26.1	4.8
Total, age adjusted ...	3,117	40.8	1.2	859	31.9	2.3	461	30.9	2.7	1,468	»» 44.9	1.6
Healthy weight males ¹												
Male												
60-64 years	185	51.0	5.4	55	50.6 *	15.4	17	» 13.5 *	10.7	98	55.1	6.3
65-69 years	162	41.7	4.5	60	43.7 *	12.8	19	33.2 *	16.1	70	42.6	7.8
70-74 years	190	48.1	5.7	54	33.0 *	8.7	30	30.3 *	10.3	94	55.0	7.7
75-79 years	122	44.2	6.4	42	28.7 *	10.1	22	40.9 *	14.6	38	53.5 *	10.7
80-84 years	189	28.5	3.5	49	23.4 *	6.8	34	18.5 *	8.6	83	39.1	5.6
85 + years	101	33.8	6.0	32	26.2 *	11.7	24	41.1 *	10.0	34	38.8 *	11.6
Total, age adjusted ...	949	43.4	2.0	292	37.0	4.4	146	28.5	5.5	417	» 49.0	3.1
Males who are overweight or at risk of overweight ¹												
Male												
60-64 years	417	49.9	4.1	121	40.4	6.9	54	28.4 *	8.8	206	51.8	6.1
65-69 years	396	51.5	4.0	93	43.5	8.5	47	46.2 *	10.3	220	53.3	4.6
70-74 years	333	51.0	3.8	81	34.8 *	9.0	53	51.4 *	9.4	174	» 56.7	4.0
75-79 years	177	30.4	5.7	48	18.8 *	5.1	30	25.9 *	9.5	87	34.0	6.5
80-84 years	221	21.7	2.6	58	19.6 *	6.4	34	15.2 *	5.7	106	24.7	3.5
85 + years	85	20.1 *	4.9	24	15.0 *	7.1	13	20.6 *	8.5	39	25.6 *	8.4
Total, age adjusted ...	1,629	41.4	1.7	425	31.8	3.3	231	34.0	3.8	832	» 44.8	2.4

Notes: * Denotes individual estimates not meeting the standards of reliability or precision due to inadequate cell size or large coefficient of variation.

Significant differences in means and proportions are noted by » (.05 level), »» (.01 level), or »»» (.001 level). Differences are tested in comparison to lowest income group (Income ≤ 130% poverty).

¹ Sample is limited to persons in the examination sample because height and weight were measured during the MEC exam.

Source: NHANES-III, 1988-94: Adult interview file and Examination file. The 'All older adults' column includes persons with missing income.

Table D-119—Percent of older females who walked a mile or more without stopping in past month

	All older adults			Lowest income: ≤ 130% poverty			Low-income: 131-185% poverty			Higher-income: > 185% poverty		
	Sample size	Percent	Standard Error	Sample size	Percent	Standard Error	Sample size	Percent	Standard Error	Sample size	Percent	Standard Error
All females												
Female												
60-64 years	672	47.3	2.2	223	43.3	5.5	82	34.9	8.2	292	50.5	3.4
65-69 years	638	41.9	3.2	215	29.7	5.3	81	33.2	8.6	273	» 48.6	4.1
70-74 years	667	41.0	2.5	215	36.8	3.2	102	38.1	5.6	280	» 44.1	4.2
75-79 years	496	29.4	2.6	170	23.0	5.1	86	20.8	6.7	168	» 38.8	3.8
80-84 years	594	20.6	1.8	222	21.3	3.2	90	19.1 *	3.4	179	» 21.7	3.1
85 + years	412	9.5	1.4	152	5.8 *	1.9	54	» 20.3 *	6.5	112	» 10.4 *	2.7
Total, age adjusted ...	3,479	35.6	1.2	1,197	30.0	1.8	495	29.8	3.0	1,304	»» 40.1	1.7
Healthy weight females ¹												
Female												
60-64 years	169	52.6	4.7	45	35.5 *	9.5	21	40.9 *	11.2	89	55.5	6.9
65-69 years	159	49.1	5.6	47	42.3 *	12.1	14	46.3 *	19.7	88	51.7	6.7
70-74 years	185	51.7	4.2	46	50.6 *	10.1	31	38.3 *	12.1	91	56.6	5.9
75-79 years	152	33.8	4.2	40	20.6 *	7.9	23	29.7 *	13.1	68	» 40.5	6.6
80-84 years	171	24.0	3.8	58	24.5 *	6.2	25	24.7 *	8.5	60	» 24.6 *	4.4
85 + years	130	15.1 *	2.8	46	7.5 *	3.8	21	26.7 *	13.3	44	» 20.1 *	5.9
Total, age adjusted ...	966	42.0	2.0	282	33.6	4.4	135	36.6	5.6	440	» 45.8	2.5
Females who are overweight or at risk of overweight ¹												
Female												
60-64 years	433	42.9	2.9	153	34.9	5.7	51	22.1 *	9.0	181	48.1	3.9
65-69 years	375	40.0	4.0	135	27.2	7.4	54	24.8 *	8.9	143	» 49.0	5.0
70-74 years	352	37.3	3.4	123	33.6	4.9	56	37.5 *	7.2	140	» 38.7	5.7
75-79 years	233	28.8	4.4	88	18.3 *	5.9	46	23.5 *	9.7	74	» 44.5	5.5
80-84 years	230	22.4	2.4	95	23.1 *	4.8	39	17.5 *	5.6	66	» 24.7 *	3.9
85 + years	105	10.1 *	3.2	45	9.4 *	5.0	14	23.5 *	11.7	33	» 4.9 *	3.4
Total, age adjusted ...	1,728	33.6	1.5	639	26.7	2.4	260	25.5	3.2	637	»» 39.3	2.2

Notes: * Denotes individual estimates not meeting the standards of reliability or precision due to inadequate cell size or large coefficient of variation.

Significant differences in means and proportions are noted by » (.05 level), »» (.01 level), or »»» (.001 level). Differences are tested in comparison to lowest income group (Income ≤ 130% poverty).

¹ Sample is limited to persons in the examination sample because height and weight were measured during the MEC exam.

Source: NHANES-III, 1988-94: Adult interview file and Examination file. The 'All older adults' column includes persons with missing income.

Table D-120—Percent of older adults reporting physical activity at least three times per week

	All older adults			Lowest income: ≤ 130% poverty			Low-income: 131-185% poverty			Higher-income: > 185% poverty		
	Sample size	Percent	Standard Error	Sample size	Percent	Standard Error	Sample size	Percent	Standard Error	Sample size	Percent	Standard Error
All persons												
Both sexes												
60-64 years	1,344	55.9	2.0	417	40.2	4.6	159	43.4	6.9	632	***62.0	2.7
65-69 years	1,264	60.6	2.1	389	42.8	3.8	153	48.1	5.5	597	***68.4	2.8
70-74 years	1,278	55.5	2.3	368	37.7	4.0	207	51.3	4.1	585	***62.1	2.9
75-79 years	878	45.7	2.7	282	33.1	4.6	149	40.7	6.4	327	***55.6	2.9
80-84 years	1,134	40.1	2.0	366	35.6	2.9	179	36.5	3.2	412	546.7	3.9
85 + years	698	33.5	3.1	234	24.8	3.4	109	37.6	4.9	219	***45.6	4.4
Total, age adjusted ...	6,596	51.3	1.4	2,056	37.2	1.8	956	44.2	2.4	2,772	***59.1	1.8
Healthy weight persons ¹												
Both sexes												
60-64 years	354	61.0	3.7	100	49.5 *	11.1	38	59.8 *	9.7	187	62.4	4.4
65-69 years	321	66.1	3.6	107	55.7	7.9	33	60.1 *	9.5	158	70.0	5.5
70-74 years	375	61.8	3.3	100	37.4 *	6.4	61	58.2 *	8.6	185	***69.7	4.1
75-79 years	274	46.4	4.2	82	37.8 *	8.0	45	35.4 *	12.4	106	58.8	5.5
80-84 years	360	45.0	2.7	107	43.5	4.4	59	37.5 *	5.6	143	50.8	3.5
85 + years	231	43.4	4.0	78	29.0 *	7.1	45	44.4 *	7.0	78	55.5 *	6.4
Total, age adjusted ...	1,915	56.4	1.7	574	44.0	2.9	281	51.7	4.3	857	***62.9	2.6
Overweight and obese persons ¹												
Both sexes												
60-64 years	850	53.2	2.6	274	31.4	6.3	105	33.8	7.6	387	***60.8	3.2
65-69 years	771	59.9	2.6	228	44.5	5.3	101	37.7	7.2	363	***68.0	2.8
70-74 years	685	55.0	3.0	204	37.1	6.7	109	49.9	6.7	314	561.6	3.6
75-79 years	410	47.7	4.4	136	30.0	5.8	76	47.0	5.9	161	***57.6	5.3
80-84 years	451	40.6	3.3	153	35.8	4.8	73	37.3	4.7	172	46.6	7.3
85 + years	190	36.9	4.9	69	30.1 *	4.9	27	38.3 *	7.9	72	48.6 *	9.4
Total, age adjusted ...	3,357	51.1	2.1	1,064	35.4	2.3	491	40.7	2.8	1,469	***59.3	2.9

Notes: * Denotes individual estimates not meeting the standards of reliability or precision due to inadequate cell size or large coefficient of variation.

Significant differences in means and proportions are noted by > (.05 level), >> (.01 level), or >>> (.001 level). Differences are tested in comparison to lowest income group (Income ≤ 130% poverty).

¹ Sample is limited to persons in the examination sample because height and weight were measured during the MEC exam.

Source: NHANES-III, 1988-94: Adult interview file and Examination file. The 'All older adults' column includes persons with missing income.

Table D-121—Percent of older males reporting physical activity at least three times per week

	All older adults			Lowest income: ≤ 130% poverty			Low-income: 131-185% poverty			Higher-income: > 185% poverty		
	Sample size	Percent	Standard Error	Sample size	Percent	Standard Error	Sample size	Percent	Standard Error	Sample size	Percent	Standard Error
All males												
Male												
60-64 years	672	61.9	2.9	194	35.4	7.4	77	39.7	7.8	340	***70.9	3.6
65-69 years	626	64.1	2.5	174	51.2	6.8	72	51.4	6.3	324	*68.0	3.4
70-74 years	611	61.4	3.2	153	37.6	6.1	105	**60.7	4.7	305	***65.2	4.1
75-79 years	382	51.6	3.6	112	32.9	7.2	63	50.4 *	7.8	159	***60.6	4.4
80-84 years	540	48.8	2.7	144	41.0	5.4	89	45.3	4.7	233	*55.9	4.8
85 + years	286	44.9	4.0	82	29.2 *	5.7	55	40.5 *	8.2	107	**62.0	6.5
Total, age adjusted ...	3,117	57.6	1.5	859	38.7	2.7	461	**48.6	2.5	1,468	***65.0	1.9
Healthy weight males ¹												
Male												
60-64 years	185	65.9	5.5	55	68.0 *	11.1	17	54.7 *	16.6	98	67.7	6.9
65-69 years	162	62.6	4.9	60	53.3 *	12.9	19	55.0 *	9.7	70	66.0 *	7.9
70-74 years	190	59.4	6.3	54	34.0 *	9.0	30	55.9 *	11.4	94	*65.6	8.5
75-79 years	122	53.8 *	6.4	42	30.4 *	8.9	22	45.7 *	13.7	38	***73.9 *	8.6
80-84 years	189	53.7	5.8	49	45.9 *	7.7	34	47.5 *	9.0	83	62.3 *	8.2
85 + years	101	56.7 *	6.2	32	37.6 *	9.5	24	47.9 *	10.4	34	***77.7 *	8.5
Total, age adjusted ...	949	59.8	2.6	292	47.0	4.2	146	52.1	5.4	417	***68.3	3.5
Overweight and obese males ¹												
Male												
60-64 years	417	62.2	3.3	121	27.6 *	9.7	54	33.0 *	8.0	206	***72.3	3.7
65-69 years	396	64.8	3.4	93	58.4 *	9.2	47	45.5 *	9.6	220	68.7	3.6
70-74 years	333	64.6	3.7	81	36.9 *	8.9	53	**69.9 *	7.8	174	*67.9	4.4
75-79 years	177	51.8	5.7	48	34.2 *	10.5	30	46.1 *	11.2	87	*59.6 *	7.0
80-84 years	221	49.0	4.2	58	44.6 *	9.0	34	46.0 *	7.5	106	51.4	5.9
85 + years	85	49.0 *	7.2	24	29.4 *	11.5	13	59.1 *	12.7	39	*62.1 *	9.3
Total, age adjusted ...	1,629	58.8	2.2	425	38.9	3.1	231	*48.7	3.3	832	***65.4	2.5

Notes: * Denotes individual estimates not meeting the standards of reliability or precision due to inadequate cell size or large coefficient of variation.

Significant differences in means and proportions are noted by > (.05 level), >> (.01 level), or >>> (.001 level). Differences are tested in comparison to lowest income group (Income ≤ 130% poverty).

¹ Sample is limited to persons in the examination sample because height and weight were measured during the MEC exam.

Source: NHANES-III, 1988-94: Adult interview file and Examination file. The 'All older adults' column includes persons with missing income.

Table D-122—Percent of older females reporting physical activity at least three times per week

	All older adults			Lowest income: ≤ 130% poverty			Low-income: 131-185% poverty			Higher-income: > 185% poverty		
	Sample size	Percent	Standard Error	Sample size	Percent	Standard Error	Sample size	Percent	Standard Error	Sample size	Percent	Standard Error
All females												
Female												
60-64 years	672	51.0	2.6	223	43.3	5.5	82	45.5	9.1	292	53.6	3.8
65-69 years	638	57.6	2.8	215	37.7	5.4	81	45.5	8.9	273	»»68.8	3.5
70-74 years	667	50.9	3.1	215	37.8	4.2	102	43.4	7.4	280	»»59.2	4.5
75-79 years	496	41.7	3.3	170	33.2	5.4	86	34.4	7.6	168	»51.2	5.0
80-84 years	594	35.1	2.0	222	33.6	3.2	90	30.8	4.2	179	»39.6	4.2
85 + years	412	28.2	3.2	152	23.2	4.2	54	35.8 *	7.0	112	»35.6	4.3
Total, age adjusted ...	3,479	47.0	1.6	1,197	36.5	2.4	495	40.8	3.1	1,304	»»54.3	2.1
Healthy weight females ¹												
Female												
60-64 years	169	57.4	4.6	45	37.9 *	13.6	21	63.0 *	13.4	89	58.4 *	6.1
65-69 years	159	68.4	4.7	47	57.4 *	8.6	14	66.5 *	17.6	88	72.3 *	5.5
70-74 years	185	63.5	4.4	46	39.5 *	8.4	31	59.7 *	10.8	91	»»73.2 *	5.1
75-79 years	152	42.5	5.0	40	40.8 *	10.4	23	28.1 *	13.6	68	51.6 *	7.2
80-84 years	171	39.6	3.4	58	42.5 *	6.0	25	29.4 *	8.1	60	42.9 *	5.4
85 + years	130	37.4	4.9	46	25.6 *	9.4	21	42.2 *	11.5	44	44.8 *	8.4
Total, age adjusted ...	966	54.6	2.2	282	42.1	3.5	135	51.8	5.8	440	»»60.1	3.0
Overweight and obese females ¹												
Female												
60-64 years	433	46.1	3.4	153	33.7	6.3	51	34.2 *	11.5	181	»50.2	4.5
65-69 years	375	54.3	3.6	135	36.6	8.5	54	32.1 *	10.5	143	»66.9	5.1
70-74 years	352	47.0	4.1	123	37.2	7.2	56	34.0 *	11.4	140	»54.9	6.5
75-79 years	233	44.7	5.1	88	28.2 *	7.0	46	47.6 *	8.3	74	»55.5 *	7.2
80-84 years	230	35.7	3.9	95	33.2 *	4.6	39	32.9 *	5.2	66	42.0 *	11.7
85 + years	105	31.4 *	5.6	45	30.3 *	6.4	14	27.5 *	12.0	33	41.2 *	11.5
Total, age adjusted ...	1,728	45.2	2.3	639	33.7	2.8	260	35.1	3.4	637	»»53.7	3.8

Notes: * Denotes individual estimates not meeting the standards of reliability or precision due to inadequate cell size or large coefficient of variation.

Significant differences in means and proportions are noted by » (.05 level), »» (.01 level), or »»» (.001 level). Differences are tested in comparison to lowest income group (Income ≤ 130% poverty).

¹ Sample is limited to persons in the examination sample because height and weight were measured during the MEC exam.

Source: NHANES-III, 1988-94: Adult interview file and Examination file. The 'All older adults' column includes persons with missing income.

Table D-123—Percent of older adults reporting physical activity at least five times per week

	All older adults			Lowest income: ≤ 130% poverty			Low-income: 131-185% poverty			Higher-income: > 185% poverty		
	Sample size	Percent	Standard Error	Sample size	Percent	Standard Error	Sample size	Percent	Standard Error	Sample size	Percent	Standard Error
All persons												
Both sexes												
60-64 years	1,344	45.1	2.0	417	37.1	5.0	159	28.5	5.1	632	⁂ 49.6	2.8
65-69 years	1,264	48.0	2.4	389	33.7	4.1	153	44.4	5.5	597	⁂⁂ 53.0	3.4
70-74 years	1,278	46.3	2.5	368	32.2	3.8	207	39.5	4.2	585	⁂⁂ 52.3	3.4
75-79 years	878	37.3	2.5	282	27.4	4.0	149	36.9	6.6	327	⁂ 43.3	3.1
80-84 years	1,134	33.6	1.7	366	29.9	3.1	179	30.1	3.2	412	⁂ 39.6	3.6
85 + years	698	29.6	2.9	234	21.3	3.3	109	⁂ 32.5	4.4	219	⁂⁂ 41.9	4.1
Total, age adjusted ...	6,596	42.0	1.4	2,056	31.6	1.8	956	35.8	2.2	2,772	⁂⁂ 48.0	2.0
Healthy weight persons ¹												
Both sexes												
60-64 years	354	49.8	3.1	100	40.2	9.8	38	34.9 *	8.6	187	52.7	4.5
65-69 years	321	56.2	3.8	107	52.9	8.0	33	56.2 *	9.3	158	56.1	5.7
70-74 years	375	54.7	3.6	100	28.9	7.4	61	48.4 *	8.5	185	⁂⁂ 63.9	4.2
75-79 years	274	38.3	4.2	82	31.2 *	7.6	45	35.2 *	12.4	106	45.9	6.0
80-84 years	360	39.2	3.0	107	35.9	5.4	59	32.8 *	6.6	143	45.3	3.9
85 + years	231	37.7	3.8	78	25.1 *	7.4	45	39.0 *	6.9	78	⁂ 47.2 *	6.6
Total, age adjusted ...	1,915	47.9	1.5	574	37.3	2.9	281	42.2	4.0	857	⁂⁂ 53.2	2.4
Overweight and obese persons ¹												
Both sexes												
60-64 years	850	41.8	2.4	274	30.0	6.3	105	21.2	4.4	387	⁂⁂ 47.0	2.9
65-69 years	771	46.7	3.2	228	30.6	5.9	101	33.1	6.7	363	⁂⁂ 53.6	3.9
70-74 years	685	43.8	3.3	204	31.6	6.0	109	36.2	6.7	314	⁂ 48.8	4.7
75-79 years	410	37.4	4.7	136	22.4	4.2	76	⁂ 39.0	6.4	161	⁂ 44.0	7.0
80-84 years	451	32.6	2.7	153	28.8	5.1	73	31.5	4.7	172	36.8	5.9
85 + years	190	32.9	5.0	69	23.1 *	4.9	27	35.8 *	8.6	72	⁂ 47.2 *	9.3
Total, age adjusted ...	3,357	40.6	2.1	1,064	28.4	2.3	491	32.0	2.3	1,469	⁂⁂ 47.1	3.2

Notes: * Denotes individual estimates not meeting the standards of reliability or precision due to inadequate cell size or large coefficient of variation.

Significant differences in means and proportions are noted by ⁂ (.05 level), ⁂⁂ (.01 level), or ⁂⁂⁂ (.001 level). Differences are tested in comparison to lowest income group (Income ≤ 130% poverty).

¹ Sample is limited to persons in the examination sample because height and weight were measured during the MEC exam.

Source: NHANES-III, 1988-94: Adult interview file and Examination file. The 'All older adults' column includes persons with missing income.

Table D-124—Percent of older males reporting physical activity at least five times per week

	All older adults			Lowest income: ≤ 130% poverty			Low-income: 131-185% poverty			Higher-income: > 185% poverty		
	Sample size	Percent	Standard Error	Sample size	Percent	Standard Error	Sample size	Percent	Standard Error	Sample size	Percent	Standard Error
All males												
Male												
60-64 years	672	50.6	3.0	194	34.2	7.5	77	26.9	5.0	340	⁂ 57.2	4.1
65-69 years	626	50.8	2.7	174	36.7	6.4	72	48.2	5.7	324	⁂ 54.0	3.9
70-74 years	611	52.4	3.5	153	32.0	5.5	105	⁂ 46.2	5.2	305	⁂⁂ 56.4	4.8
75-79 years	382	44.1	3.3	112	27.8	6.7	63	47.9 *	8.0	159	⁂ 49.7	5.0
80-84 years	540	41.5	2.3	144	36.7	5.2	89	38.6	5.9	233	46.1	4.1
85 + years	286	38.4	3.3	82	23.3 *	5.5	55	31.8 *	6.1	107	⁂⁂ 54.1	5.6
Total, age adjusted ...	3,117	47.8	1.6	859	32.5	2.6	461	⁂ 40.2	2.6	1,468	⁂⁂ 53.7	2.2
Healthy weight males ¹												
Male												
60-64 years	185	57.5	5.5	55	66.1 *	11.5	17	⁂ 26.1 *	13.8	98	60.0	6.3
65-69 years	162	52.0	4.7	60	50.0 *	12.6	19	48.2 *	7.4	70	51.3 *	7.4
70-74 years	190	54.6	6.2	54	27.4 *	8.7	30	49.1 *	11.3	94	⁂⁂ 61.4 *	8.2
75-79 years	122	48.5 *	6.6	42	24.2 *	8.4	22	45.7 *	13.7	38	⁂⁂ 67.2 *	9.8
80-84 years	189	49.2	5.8	49	40.9 *	8.3	34	42.1 *	10.2	83	57.2 *	8.8
85 + years	101	45.0 *	5.0	32	30.9 *	9.8	24	38.7 *	9.8	34	⁂ 58.4 *	8.5
Total, age adjusted ...	949	52.3	2.8	292	42.4	4.1	146	41.3	4.7	417	⁂⁂ 59.2	3.5
Overweight and obese males ¹												
Male												
60-64 years	417	48.4	3.5	121	26.2 *	9.7	54	30.8 *	7.8	206	⁂⁂ 54.6	4.2
65-69 years	396	50.5	3.7	93	33.0 *	8.9	47	44.1 *	9.6	220	⁂ 54.9	4.2
70-74 years	333	52.9	4.1	81	33.0 *	8.4	53	49.6 *	8.0	174	⁂ 56.1	6.0
75-79 years	177	41.4	5.4	48	28.8 *	8.9	30	41.1 *	12.2	87	44.5 *	8.0
80-84 years	221	37.5	4.0	58	37.6 *	8.7	34	37.1 *	6.9	106	37.0	5.9
85 + years	85	43.9 *	7.3	24	23.8 *	10.2	13	51.6 *	13.8	39	⁂⁂ 58.1 *	9.4
Total, age adjusted ...	1,629	47.0	2.1	425	30.4	3.2	231	⁂ 41.5	3.5	832	⁂⁂⁂ 51.7	3.0

Notes: * Denotes individual estimates not meeting the standards of reliability or precision due to inadequate cell size or large coefficient of variation.

Significant differences in means and proportions are noted by ⁂ (.05 level), ⁂⁂ (.01 level), or ⁂⁂⁂ (.001 level). Differences are tested in comparison to lowest income group (Income ≤ 130% poverty).

¹ Sample is limited to persons in the examination sample because height and weight were measured during the MEC exam.

Source: NHANES-III, 1988-94: Adult interview file and Examination file. The 'All older adults' column includes persons with missing income.

Table D-125—Percent of older females reporting physical activity at least five times per week

	All older adults			Lowest income: ≤ 130% poverty			Low-income: 131-185% poverty			Higher-income: > 185% poverty		
	Sample size	Percent	Standard Error	Sample size	Percent	Standard Error	Sample size	Percent	Standard Error	Sample size	Percent	Standard Error
All females												
Female												
60-64 years	672	40.6	2.5	223	38.9	5.7	82	29.5	7.1	292	42.3	3.5
65-69 years	638	45.5	2.9	215	31.8	5.2	81	41.4	9.1	273	> 52.0	3.8
70-74 years	667	41.7	2.8	215	32.3	4.1	102	33.8	7.6	280	> 48.3	4.0
75-79 years	496	32.7	3.0	170	27.2	4.4	86	29.8	8.2	168	37.5	4.4
80-84 years	594	29.1	2.0	222	27.4	3.5	90	24.5	4.5	179	34.5	4.3
85 + years	412	25.5	3.3	152	20.5	3.9	54	32.9 *	7.5	112	>> 34.4	4.4
Total, age adjusted ...	3,479	37.9	1.7	1,197	31.3	2.4	495	32.6	3.1	1,304	>>> 43.1	2.2
Healthy weight females ¹												
Female												
60-64 years	169	44.3	4.0	45	24.0 *	9.5	21	40.3 *	11.4	89	> 47.1 *	5.5
65-69 years	159	58.8	5.0	47	55.0 *	8.7	14	66.5 *	17.6	88	> 58.9 *	6.1
70-74 years	185	54.8	5.2	46	29.7 *	9.7	31	48.0 *	11.2	91	>> 66.1 *	6.2
75-79 years	152	32.9	5.3	40	34.0 *	10.1	23	27.7 *	13.7	68	35.9 *	8.0
80-84 years	171	33.1	3.6	58	33.8 *	6.7	25	25.2 *	8.7	60	37.1 *	5.2
85 + years	130	34.3	5.2	46	22.9 *	9.2	21	39.2 *	12.0	44	41.8 *	7.8
Total, age adjusted ...	966	45.3	2.2	282	34.1	3.6	135	43.5	5.5	440	>>> 49.8	2.8
Overweight and obese females ¹												
Female												
60-64 years	433	36.6	3.0	153	32.3	6.2	51	15.9 *	6.6	181	39.9	3.9
65-69 years	375	42.4	3.9	135	29.3	8.2	54	25.0 *	9.9	143	> 51.7	5.7
70-74 years	352	36.2	3.8	123	31.0	6.4	56	25.7 *	11.7	140	40.8	5.3
75-79 years	233	34.4	5.4	88	19.7 *	5.2	46	37.5 *	10.1	74	> 43.5 *	8.6
80-84 years	230	29.8	4.2	95	26.2 *	5.3	39	28.7 *	6.4	66	36.6 *	11.7
85 + years	105	28.0 *	5.5	45	22.9 *	5.6	14	27.5 *	12.0	33	41.2 *	11.5
Total, age adjusted ...	1,728	35.8	2.4	639	27.8	2.7	260	25.7	3.0	637	>> 42.9	4.1

Notes: * Denotes individual estimates not meeting the standards of reliability or precision due to inadequate cell size or large coefficient of variation.

Significant differences in means and proportions are noted by > (.05 level), >> (.01 level), or >>> (.001 level). Differences are tested in comparison to lowest income group (Income ≤ 130% poverty).

¹ Sample is limited to persons in the examination sample because height and weight were measured during the MEC exam.

Source: NHANES-III, 1988-94: Adult interview file and Examination file. The 'All older adults' column includes persons with missing income.

Table D-126—Physical activity level of past month compared to 10 years age: Older adults

	All older adults				Lowest income: ≤ 130% poverty				Low-income: 131-185% poverty				Higher-income: > 185% poverty			
	Sample size	Activity of Past Month			Sample size	Activity of Past Month			Sample size	Activity of Past Month			Sample size	Activity of Past Month		
		Less	Same	More		Less	Same	More		Less	Same	More		Less	Same	More
All persons																
Both sexes																
60-64 years	1,341	59.1	30.8	10.1	417	70.5	20.6	8.9	158	68.8	25.6	5.6	632	***54.5	**34.2	11.4
65-69 years	1,263	60.5	32.6	6.9	389	70.2	23.3	6.4	153	66.9	30.3	2.8	597	*57.3	35.5	7.1
70-74 years	1,275	65.0	27.5	7.4	367	72.7	18.6	8.8	207	66.9	26.7	6.4	585	62.4	**30.6	7.0
75-79 years	873	71.7	24.2	4.1	282	71.9	22.8	5.3	149	71.5	23.6	4.9	327	72.0	25.5	2.6
80-84 years	1,127	74.5	21.4	4.1	364	77.5	18.0	4.6	179	71.9	23.5	4.7	412	74.6	22.8	2.6
85 + years	690	81.6	14.4	4.0	231	83.0	12.5	4.5	108	79.8	16.6	3.6	219	80.5	16.3	3.2
Total, age adjusted ...	6,569	66.4	26.9	6.7	2,050	73.0	20.1	6.9	954	69.9	25.4	4.8	2,772	***64.1	***29.4	6.5
Healthy weight persons ¹																
Both sexes																
60-64 years	354	53.6	35.3	11.1	100	66.6	23.6	9.8	38	59.8	39.6	0.6	187	50.0	37.3	12.6
65-69 years	321	56.5	39.6	3.9	107	71.2	27.3	1.6	33	54.5	45.0	0.6	158	53.6	42.0	4.4
70-74 years	375	61.6	30.0	8.4	100	73.4	21.8	4.8	61	70.0	25.7	4.4	185	57.1	32.4	10.5
75-79 years	274	65.8	31.5	2.7	82	69.8	26.5	3.7	45	57.7	38.8	3.5	106	65.8	32.7	1.5
80-84 years	359	75.1	22.4	2.4	106	75.7	23.5	0.8	59	76.3	20.8	2.9	143	73.1	26.3	0.5
85 + years	228	81.7	15.5	2.8	76	80.5	12.1	7.4	44	82.6	15.0	2.4	78	77.3	21.8	*0.8
Total, age adjusted ...	1,911	62.7	31.3	6.0	571	71.7	23.4	5.0	280	64.2	33.6	2.2	857	**59.8	**34.0	6.3
Persons who are overweight or at risk of overweight ¹																
Both sexes																
60-64 years	849	60.7	29.4	9.9	274	69.8	21.5	8.6	104	73.0	19.6	7.3	387	56.4	*32.8	10.8
65-69 years	771	60.9	29.9	9.2	228	65.6	23.8	10.6	101	68.8	27.4	3.9	363	58.6	32.1	9.2
70-74 years	684	67.1	26.7	6.2	204	76.9	17.0	6.1	109	*61.8	28.3	9.8	314	65.8	*29.8	4.3
75-79 years	410	73.0	20.5	6.5	136	72.1	18.8	9.2	76	74.8	17.7	7.5	161	73.2	22.4	4.4
80-84 years	450	75.8	21.2	3.0	152	78.6	17.6	3.8	73	73.5	22.0	4.5	172	76.1	22.6	1.3
85 + years	190	80.7	13.7	5.5	69	83.3	13.2	3.5	27	73.7	18.8	7.6	72	86.9	10.3	2.8
Total, age adjusted ...	3,354	67.5	25.2	7.3	1,063	72.9	19.5	7.6	490	70.4	22.8	6.9	1,469	*66.4	*27.2	6.4

Notes: * Denotes individual estimates not meeting the standards of reliability or precision due to inadequate cell size or large coefficient of variation.

Significant differences, compared to lowest income group, are noted by * (.05 level), ** (.01 level), or *** (.001 level). The Bonferroni adjustment was used to adjust for the multiplicity of tests when examining multiple outcome categories.

¹ Sample is limited to persons in the examination sample because height and weight were measured during the MEC exam.

Source: NHANES-III, 1988-94: Adult interview file and Examination file. The 'All older adults' column includes persons with missing income.

Table D-127—Standard errors for physical activity level of past month compared to 10 years age: Older adults

	All older adults				Lowest income: ≤ 130% poverty				Low-income: 131-185% poverty				Higher-income: > 185% poverty			
	Sample size	Standard errors			Sample size	Standard errors			Sample size	Standard errors			Sample size	Standard errors		
		Less	Same	More		Less	Same	More		Less	Same	More		Less	Same	More
Standard errors for all persons																
Both sexes																
60-64 years	1,341	1.8	1.4	1.1	417	3.4	3.0	1.7	158	3.9	4.3	2.4	632	2.5	2.2	1.4
65-69 years	1,263	1.5	1.5	1.0	389	4.4	4.7	2.6	153	4.0	3.8	1.6	597	2.2	2.3	1.2
70-74 years	1,275	1.9	1.7	0.9	367	4.4	3.2	2.4	207	3.8	4.0	2.0	585	2.4	2.3	1.3
75-79 years	873	2.0	1.7	1.0	282	3.5	3.0	1.7	149	6.2	5.9	2.2	327	2.9	2.5	1.0
80-84 years	1,127	1.4	1.3	0.6	364	1.8	1.9	1.0	179	3.4	3.1	2.0	412	2.4	1.9	1.0
85 + years	690	1.8	1.8	0.7	231	2.6	2.3	1.2	108	3.7	3.4	1.6	219	3.8	3.7	1.3
Total, age adjusted ...	6,569	0.9	0.8	0.5	2,050	1.7	1.6	1.0	954	1.6	1.8	1.0	2,772	1.3	1.2	0.6
Standard errors for healthy weight persons ¹																
Both sexes																
60-64 years	354	3.6	3.6	1.8	100	9.5	7.6	6.0	38	11.4	11.4	0.5	187	4.5	4.7	3.1
65-69 years	321	4.0	3.9	1.3	107	7.6	7.6	0.9	33	11.1	11.0	0.6	158	4.6	4.4	1.8
70-74 years	375	3.3	3.2	1.9	100	8.0	7.9	2.1	61	6.6	6.2	3.1	185	4.6	4.4	2.8
75-79 years	274	3.5	3.3	0.8	82	6.7	6.5	1.6	45	12.1	12.4	2.2	106	5.5	5.4	1.2
80-84 years	359	2.8	2.5	0.9	106	4.6	4.9	0.7	59	5.1	4.4	2.7	143	4.4	4.3	0.4
85 + years	228	3.2	3.0	1.0	76	4.9	4.1	2.3	44	7.3	7.0	2.4	78	6.1	6.0	0.8
Total, age adjusted ...	1,911	1.7	1.5	0.7	571	3.3	2.8	1.6	280	4.5	4.5	0.8	857	2.4	2.3	1.0
Standard errors for persons who are overweight or at risk of overweight ¹																
Both sexes																
60-64 years	849	2.2	1.8	1.4	274	4.7	3.0	2.7	104	4.1	5.5	3.5	387	3.2	2.7	1.6
65-69 years	771	2.0	2.2	1.7	228	5.4	6.1	4.8	101	5.6	6.0	2.6	363	3.0	3.1	1.9
70-74 years	684	2.1	2.2	1.1	204	4.1	3.9	2.0	109	6.2	6.8	3.5	314	2.7	3.0	1.5
75-79 years	410	2.6	2.5	2.0	136	4.9	3.8	3.9	76	5.5	4.9	4.6	161	4.2	4.6	2.2
80-84 years	450	2.0	1.9	0.8	152	3.1	3.1	1.3	73	4.9	4.4	3.5	172	3.6	3.4	0.7
85 + years	190	2.8	2.6	1.8	69	4.3	4.1	2.3	27	7.3	7.6	4.4	72	3.4	3.0	2.0
Total, age adjusted ...	3,354	1.0	0.9	0.7	1,063	1.9	1.8	1.4	490	2.0	2.6	1.6	1,469	1.4	1.5	0.9

Notes: * Denotes individual estimates not meeting the standards of reliability or precision due to inadequate cell size or large coefficient of variation.

Significant differences, compared to lowest income group, are noted by * (.05 level), ** (.01 level), or *** (.001 level). The Bonferroni adjustment was used to adjust for the multiplicity of tests when examining multiple outcome categories.

¹ Sample is limited to persons in the examination sample because height and weight were measured during the MEC exam.

Source: NHANES-III, 1988-94: Adult interview file and Examination file. The 'All older adults' column includes persons with missing income.

Table D-128—Physical activity level of past month compared to 10 years age: Older males

	All older adults				Lowest income: ≤ 130% poverty				Low-income: 131-185% poverty				Higher-income: > 185% poverty			
	Sample size	Activity of Past Month			Sample size	Activity of Past Month			Sample size	Activity of Past Month			Sample size	Activity of Past Month		
		Less	Same	More		Less	Same	More		Less	Same	More		Less	Same	More
All males																
Male																
60-64 years	670	60.4	30.6	9.1	194	70.7	23.0	6.3	77	63.0	26.1	10.9	340	57.0	33.2	9.8
65-69 years	626	59.4	33.8	6.8	174	61.0	32.5	6.5	72	63.5	35.7	0.8	324	58.4	33.8	7.8
70-74 years	611	66.3	26.0	7.8	153	76.3	17.1	6.6	105	64.7	27.6	7.8	305	63.5	28.4	8.1
75-79 years	379	73.7	23.9	2.4	112	73.0	24.3	2.7	63	73.0	25.0	2.0	159	74.0	23.8	2.2
80-84 years	537	74.1	22.9	3.0	143	83.5	11.9	4.6	89	73.9	21.8	4.3	233	» 70.0	»» 28.1	1.9
85 + years	285	78.0	15.5	6.5	81	71.1	18.2	10.7	55	78.4	16.9	4.7	107	80.6	13.6	5.7
Total, age adjusted ...	3,108	66.6	27.0	6.4	857	71.6	22.4	6.0	461	67.7	26.9	5.5	1,468	65.0	28.5	6.6
Healthy weight males ¹																
Male																
60-64 years	185	53.6	34.1	12.2	55	63.4	29.8	6.8	17	57.2	41.3	1.5	98	50.3	35.3	14.3
65-69 years	162	56.6	41.8	1.6	60	59.2	37.7	3.1	19	51.0	48.0	1.0	70	57.0	41.7	1.3
70-74 years	190	71.8	21.5	6.7	54	87.6	6.9	5.5	30	74.2	23.2	2.6	94	67.7	» 24.1	8.1
75-79 years	122	63.1	33.7	3.1	42	60.8	34.4	4.9	22	48.7	47.2	4.1	38	65.4	» 33.8	0.9
80-84 years	188	70.5	28.1	1.4	48	78.1	19.1	2.7	34	85.1	14.9	0.0	83	» 60.1	» 39.2	0.7
85 + years	100	81.6	14.5	3.9	31	69.2	14.9	15.9	24	82.9	17.1	0.0	34	86.4	13.6	0.0
Total, age adjusted ...	947	63.8	30.7	5.5	290	68.9	25.2	5.9	146	63.2	35.0	1.7	417	62.0	32.6	5.4
Males who are overweight or at risk of overweight ¹																
Male																
60-64 years	417	62.0	30.6	7.3	121	72.0	24.0	4.0	54	71.2	16.4	12.4	206	58.3	33.8	7.9
65-69 years	396	60.2	31.3	8.5	93	56.2	34.0	9.7	47	68.3	31.0	0.7	220	59.3	31.5	9.2
70-74 years	333	63.9	28.5	7.6	81	76.3	17.2	6.4	53	62.7	23.1	14.1	174	60.2	33.2	6.6
75-79 years	177	77.5	20.0	2.6	48	76.1	21.5	2.3	30	84.2	15.8	0.0	87	77.1	19.4	3.5
80-84 years	221	78.1	18.1	3.8	58	84.8	7.6	7.5	34	71.1	26.8	2.1	106	78.4	19.0	2.6
85 + years	85	75.4	17.4	7.3	24	63.6	22.8	13.6	13	73.1	14.8	12.1	39	84.9	11.1	4.0
Total, age adjusted ...	1,629	67.5	26.0	6.5	425	70.8	22.5	6.7	231	71.3	21.6	7.1	832	66.6	27.1	6.3

Notes: * Denotes individual estimates not meeting the standards of reliability or precision due to inadequate cell size or large coefficient of variation.

Significant differences, compared to lowest income group, are noted by » (.05 level), »» (.01 level), or »»» (.001 level). The Bonferroni adjustment was used to adjust for the multiplicity of tests when examining multiple outcome categories.

¹ Sample is limited to persons in the examination sample because height and weight were measured during the MEC exam.

Source: NHANES-III, 1988-94: Adult interview file and Examination file. The 'All older adults' column includes persons with missing income.

Table D-129—Standard errors for physical activity level of past month compared to 10 years age: Older males

	All older adults				Lowest income: ≤ 130% poverty				Low-income: 131-185% poverty				Higher-income: > 185% poverty			
	Sample size	Standard errors			Sample size	Standard errors			Sample size	Standard errors			Sample size	Standard errors		
		Less	Same	More		Less	Same	More		Less	Same	More		Less	Same	More
Standard errors for all males																
Male																
60-64 years	670	2.5	2.1	1.6	194	5.4	5.4	2.3	77	8.3	7.8	6.3	340	3.1	2.7	2.0
65-69 years	626	1.7	1.8	1.3	174	7.9	7.7	4.3	72	6.6	6.6	0.5	324	2.6	2.9	1.6
70-74 years	611	2.6	2.9	1.4	153	5.0	4.9	2.4	105	6.2	6.7	3.7	305	3.2	3.3	1.9
75-79 years	379	3.0	2.9	0.7	112	5.9	5.3	1.5	63	7.0	6.9	1.5	159	4.1	4.0	1.0
80-84 years	537	2.0	1.9	0.8	143	3.1	2.6	1.4	89	5.4	5.8	2.8	233	3.3	3.0	0.8
85 + years	285	2.8	2.3	1.6	81	6.7	5.1	4.4	55	6.2	5.4	2.7	107	4.6	3.6	2.9
Total, age adjusted ...	3,108	1.1	1.1	0.7	857	2.6	2.5	1.1	461	3.1	3.2	2.1	1,468	1.3	1.4	1.0
Standard errors for healthy weight males ¹																
Male																
60-64 years	185	5.1	5.4	3.7	55	14.1	14.1	3.3	17	16.5	16.6	1.2	98	6.4	6.6	4.9
65-69 years	162	5.1	5.0	0.9	60	12.6	12.5	2.0	19	11.2	11.0	1.0	70	7.5	7.4	1.3
70-74 years	190	4.6	3.9	2.6	54	4.7	3.6	2.6	30	9.5	9.3	2.6	94	6.3	5.0	3.6
75-79 years	122	5.5	5.5	1.4	42	9.4	8.4	4.1	22	15.0	15.1	4.0	38	8.2	8.4	0.9
80-84 years	188	4.4	4.2	0.7	48	7.2	6.9	2.5	34	7.1	7.1	0.0	83	6.2	6.0	0.7
85 + years	100	4.5	3.4	2.1	31	12.1	8.4	8.3	24	8.3	8.3	0.0	34	6.1	6.1	0.0
Total, age adjusted ...	947	2.2	2.1	1.0	290	4.6	4.5	1.6	146	4.7	4.8	0.9	417	3.1	3.1	1.4
Standard errors for males who are overweight or at risk of overweight ¹																
Male																
60-64 years	417	2.9	2.6	1.5	121	5.8	5.8	1.3	54	8.6	7.0	9.0	206	3.9	3.2	2.0
65-69 years	396	3.0	3.3	1.9	93	10.4	10.4	7.9	47	9.8	9.8	0.6	220	3.5	3.9	2.2
70-74 years	333	3.3	4.0	2.1	81	7.9	7.5	3.2	53	6.4	7.8	7.0	174	3.6	4.5	2.6
75-79 years	177	4.0	4.1	1.1	48	9.7	9.4	1.7	30	7.0	7.0	0.0	87	6.3	6.4	1.8
80-84 years	221	2.9	2.6	1.2	58	4.6	4.0	2.4	34	7.4	7.4	2.1	106	4.0	3.5	1.4
85 + years	85	4.7	4.8	2.1	24	11.5	10.6	8.5	13	11.6	12.2	8.1	39	5.8	3.8	4.0
Total, age adjusted ...	1,629	1.6	1.7	0.9	425	3.4	3.3	1.9	231	4.0	3.9	3.4	832	1.9	2.1	1.3

Notes: * Denotes individual estimates not meeting the standards of reliability or precision due to inadequate cell size or large coefficient of variation.

Significant differences, compared to lowest income group, are noted by * (.05 level), ** (.01 level), or *** (.001 level). The Bonferroni adjustment was used to adjust for the multiplicity of tests when examining multiple outcome categories.

¹ Sample is limited to persons in the examination sample because height and weight were measured during the MEC exam.

Source: NHANES-III, 1988-94: Adult interview file and Examination file. The 'All older adults' column includes persons with missing income.

Table D-130—Physical activity level of past month compared to 10 years age: Older females

	All older adults				Lowest income: ≤ 130% poverty				Low-income: 131-185% poverty				Higher-income: > 185% poverty			
	Sample size	Activity of Past Month			Sample size	Activity of Past Month			Sample size	Activity of Past Month			Sample size	Activity of Past Month		
		Less	Same	More		Less	Same	More		Less	Same	More		Less	Same	More
All females																
Female																
60-64 years	671	58.1	30.9	11.0	223	70.4	19.0	10.5	81	72.2	25.4	2.5	292	52.0	35.0	12.9
65-69 years	637	61.5	31.5	7.0	215	75.9	17.8	6.4	81	69.6	26.1	4.3	273	56.2	37.3	6.4
70-74 years	664	64.1	28.8	7.1	214	71.0	19.2	9.7	102	68.8	26.0	5.2	280	61.3	32.8	5.9
75-79 years	494	70.4	24.3	5.3	170	71.4	22.2	6.4	86	70.5	22.7	6.8	168	70.1	27.0	2.9
80-84 years	590	74.8	20.5	4.7	221	75.3	20.2	4.5	90	70.5	24.6	4.9	179	78.1	18.7	3.1
85 + years	405	83.3	14.0	2.8	150	87.3	10.5	2.2	53	80.8	16.4	2.9	112	80.4	17.9	1.6
Total, age adjusted ...	3,461	66.1	26.8	7.0	1,193	74.0	18.6	7.4	493	71.4	24.3	4.4	1,304	63.1	30.4	6.5
Healthy weight females ¹																
Female																
60-64 years	169	53.5	36.2	10.3	45	68.6	19.7	11.7	21	61.4	38.6	0.0	89	49.8	38.9	11.3
65-69 years	159	56.5	38.1	5.4	47	79.5	20.0	0.5	14	58.9	41.1	0.0	88	51.7	42.2	6.1
70-74 years	185	54.2	36.2	9.6	46	65.2	30.3	4.5	31	67.2	27.3	5.5	91	47.9	39.5	12.6
75-79 years	152	67.2	30.3	2.5	40	73.5	23.3	3.2	23	64.1	32.8	3.1	68	66.0	32.2	1.8
80-84 years	171	77.9	19.0	3.0	58	74.6	25.4	0.0	25	69.3	25.5	5.3	60	82.2	17.4	0.4
85 + years	128	81.7	16.0	2.3	45	84.8	11.0	4.2	20	82.4	13.7	4.0	44	72.9	25.8	1.2
Total, age adjusted ...	964	61.8	31.9	6.3	281	73.2	22.2	4.6	134	65.3	32.2	2.5	440	58.1	35.0	6.8
Females who are overweight or at risk of overweight ¹																
Female																
60-64 years	432	59.7	28.4	11.9	153	68.5	20.1	11.4	50	74.0	21.6	4.4	181	54.6	31.8	13.5
65-69 years	375	61.8	28.3	10.0	135	71.0	17.9	11.1	54	69.1	24.7	6.2	143	57.7	33.1	9.2
70-74 years	351	69.7	25.2	5.0	123	77.1	16.9	6.0	56	61.1	32.4	6.5	140	71.9	26.2	1.9
75-79 years	233	69.8	20.9	9.3	88	70.4	17.6	12.0	46	67.9	19.1	13.0	74	69.0	25.7	5.3
80-84 years	229	74.5	23.0	2.5	94	76.7	20.6	2.7	39	74.8	19.5	5.8	66	73.9	26.1	0.0
85 + years	105	83.2	12.1	4.7	45	90.2	9.8	0.0	14	74.0	20.8	5.2	33	88.0	9.8	2.2
Total, age adjusted ...	1,725	67.5	24.4	8.1	638	73.9	17.7	8.4	259	69.6	23.6	6.8	637	66.2	27.3	6.5

Notes: * Denotes individual estimates not meeting the standards of reliability or precision due to inadequate cell size or large coefficient of variation.

Significant differences, compared to lowest income group, are noted by * (.05 level), ** (.01 level), or *** (.001 level). The Bonferroni adjustment was used to adjust for the multiplicity of tests when examining multiple outcome categories.

¹ Sample is limited to persons in the examination sample because height and weight were measured during the MEC exam.

Source: NHANES-III, 1988-94: Adult interview file and Examination file. The 'All older adults' column includes persons with missing income.

Table D-131—Standard errors for physical activity level of past month compared to 10 years age: Older females

	All older adults				Lowest income: ≤ 130% poverty				Low-income: 131-185% poverty				Higher-income: > 185% poverty			
	Sample size	Standard errors			Sample size	Standard errors			Sample size	Standard errors			Sample size	Standard errors		
		Less	Same	More		Less	Same	More		Less	Same	More		Less	Same	More
Standard errors for all females																
Female																
60-64 years	671	2.4	2.0	1.7	223	4.4	3.4	2.5	81	4.5	4.8	1.9	292	3.9	3.4	2.4
65-69 years	637	2.5	2.1	1.4	215	4.6	4.6	3.0	81	7.0	6.2	2.5	273	3.5	3.2	1.7
70-74 years	664	2.5	2.2	1.3	214	4.8	4.0	3.4	102	5.7	4.9	1.8	280	3.9	3.6	1.7
75-79 years	494	2.9	2.2	1.5	170	4.4	4.0	2.4	86	7.1	6.6	3.4	168	4.2	3.3	1.7
80-84 years	590	1.9	1.6	0.9	221	2.4	2.5	1.2	90	4.9	4.5	2.6	179	3.7	2.8	1.6
85 + years	405	2.0	2.0	0.8	150	2.8	2.7	1.1	53	5.0	4.6	2.0	112	4.7	4.8	1.0
Total, age adjusted ...	3,461	1.3	1.0	0.7	1,193	2.0	2.0	1.3	493	1.9	1.9	0.8	1,304	2.0	1.8	0.8
Standard errors for healthy weight females ¹																
Female																
60-64 years	169	4.3	4.1	2.1	45	13.0	9.3	9.5	21	12.9	12.9	0.0	89	6.0	5.5	4.4
65-69 years	159	6.0	5.6	2.0	47	9.7	9.7	0.5	14	18.7	18.7	0.0	88	6.8	6.1	2.7
70-74 years	185	4.6	4.4	2.6	46	12.2	12.1	2.7	31	9.8	9.1	4.8	91	7.1	6.4	4.4
75-79 years	152	4.3	4.1	1.1	40	8.7	8.5	1.5	23	13.9	14.0	2.3	68	7.2	7.0	1.7
80-84 years	171	3.9	3.7	1.3	58	6.6	6.6	0.0	25	7.6	7.6	4.9	60	6.8	6.7	0.4
85 + years	128	3.9	3.8	1.3	45	5.2	4.5	3.0	20	9.3	8.4	4.0	44	8.4	8.3	1.2
Total, age adjusted ...	964	2.3	2.0	0.9	281	5.0	4.0	2.4	134	6.2	6.4	1.1	440	3.2	3.0	1.3
Standard errors for females who are overweight or at risk of overweight ¹																
Female																
60-64 years	432	3.2	2.7	2.4	153	5.8	3.5	4.5	50	6.3	7.0	3.3	181	5.0	4.7	3.3
65-69 years	375	3.3	2.8	2.4	135	6.1	6.0	5.5	54	7.4	6.9	4.0	143	4.4	4.5	3.2
70-74 years	351	2.5	2.4	1.1	123	3.9	4.1	2.5	56	9.4	8.3	2.2	140	4.3	4.0	1.2
75-79 years	233	3.4	2.6	3.4	88	6.3	4.7	5.2	46	9.4	6.7	7.7	74	4.4	5.6	4.2
80-84 years	229	2.2	2.0	1.3	94	4.0	3.9	1.6	39	6.5	5.4	5.1	66	4.7	4.7	0.0
85 + years	105	3.4	3.4	2.4	45	4.7	4.7	0.0	14	11.6	11.0	5.2	33	4.7	4.7	2.1
Total, age adjusted ...	1,725	1.4	0.9	1.0	638	2.1	2.2	1.9	259	3.1	3.4	1.6	637	1.8	1.8	1.3

Notes: * Denotes individual estimates not meeting the standards of reliability or precision due to inadequate cell size or large coefficient of variation.

Significant differences, compared to lowest income group, are noted by * (.05 level), ** (.01 level), or *** (.001 level). The Bonferroni adjustment was used to adjust for the multiplicity of tests when examining multiple outcome categories.

¹ Sample is limited to persons in the examination sample because height and weight were measured during the MEC exam.

Source: NHANES-III, 1988-94: Adult interview file and Examination file. The 'All older adults' column includes persons with missing income.

Table D-132—Percent of older adults consuming at least 12 alcoholic beverages in their lifetime

	All older adults			Lowest income: ≤ 130% poverty			Low-income: 131-185% poverty			Higher-income: > 185% poverty		
	Sample size	Percent	Standard Error	Sample size	Percent	Standard Error	Sample size	Percent	Standard Error	Sample size	Percent	Standard Error
Both sexes												
60-64 years	1,182	83.5	1.5	363	72.0	3.7	139	71.6	5.1	568	***87.9	1.6
65-69 years	1,054	85.2	2.1	322	79.4	4.5	131	80.2	4.2	504	87.5	1.9
70-74 years	1,033	79.7	2.3	294	62.3	4.2	167	***78.2	3.7	489	***85.8	2.4
75-79 years	673	77.6	2.8	215	68.0	4.4	120	71.3	5.7	262	***88.4	2.4
80-84 years	777	70.7	4.0	242	57.6	4.6	130	**70.7	6.6	306	***79.3	4.1
85 + years	404	60.2	4.7	139	48.8	5.3	70	60.5	7.0	146	***71.2	5.5
Total, age adjusted ...	5,123	78.6	1.6	1,575	67.3	2.0	757	**73.5	2.3	2,275	***85.0	1.6
Male												
60-64 years	590	90.6	2.2	171	84.8	7.8	68	93.3 *	4.2	301	91.9	2.4
65-69 years	539	92.6	1.9	147	92.0 *	4.9	66	97.6 *	2.3	281	92.2 *	2.3
70-74 years	508	91.7	1.7	130	82.6 *	5.5	81	91.9 *	4.4	261	93.8 *	1.6
75-79 years	297	91.0 *	2.3	90	85.4 *	3.7	52	85.7 *	5.6	125	**96.9 *	1.9
80-84 years	392	85.8	2.6	98	81.6 *	4.9	66	84.2 *	5.7	185	88.7 *	2.7
85 + years	178	79.5 *	2.7	53	68.6 *	7.5	37	74.0 *	7.6	72	84.9 *	4.9
Total, age adjusted ...	2,504	89.7	1.0	689	84.1	2.6	370	89.9	1.8	1,225	**92.1	1.1
Female												
60-64 years	592	78.0	2.4	192	63.5	4.2	71	59.3	7.4	267	***84.4	2.6
65-69 years	515	78.1	3.1	175	71.4	5.7	65	64.8	8.7	223	82.4	3.1
70-74 years	525	70.1	3.2	164	52.3	4.1	86	**68.2	4.9	228	***78.0	3.7
75-79 years	376	68.9	3.9	125	60.5	5.7	68	60.9	9.3	137	***81.7	3.6
80-84 years	385	61.9	5.6	144	49.6	6.0	64	62.7 *	9.8	121	**71.5	6.2
85 + years	226	51.4	6.1	86	41.3 *	6.0	33	52.4 *	10.7	74	***63.9 *	7.3
Total, age adjusted ...	2,619	70.8	2.4	886	58.9	2.5	387	62.2	3.7	1,050	***79.0	2.4

Notes: * Denotes individual estimates not meeting the standards of reliability or precision due to inadequate cell size or large coefficient of variation.

Significant differences in means and proportions are noted by > (.05 level), >> (.01 level), or >>> (.001 level). Differences are tested in comparison to lowest income group (Income ≤ 130% poverty).

Source: NHANES-III, 1988-94: Examination file. The 'All older adults' column includes persons with missing income.

Table D-133—Percent of older adults consuming at least 12 alcoholic beverages in past year

	All older adults			Lowest income: ≤ 130% poverty			Low-income: 131-185% poverty			Higher-income: > 185% poverty		
	Sample size	Percent	Standard Error	Sample size	Percent	Standard Error	Sample size	Percent	Standard Error	Sample size	Percent	Standard Error
Both sexes												
60-64 years	1,182	41.1	2.7	363	22.6	3.1	139	28.3	5.0	568	***47.1	3.2
65-69 years	1,054	42.7	3.3	322	25.6	4.4	131	26.8	4.8	504	***49.7	3.5
70-74 years	1,033	32.5	3.1	294	18.6	3.1	167	19.4	4.1	489	***40.5	3.9
75-79 years	673	24.6	3.2	215	11.4 *	2.8	120	16.2 *	5.2	262	***34.5	4.9
80-84 years	777	23.7	4.1	242	8.9 *	2.8	130	12.5 *	4.0	306	***39.7	6.6
85 + years	404	18.6	3.6	139	6.6 *	1.7	70	13.1 *	3.8	146	**32.6	7.5
Total, age adjusted ...	5,123	33.1	2.4	1,575	17.6	1.7	757	21.2	2.8	2,275	***42.1	3.1
Male												
60-64 years	590	51.8	3.0	171	37.4	6.4	68	49.8 *	6.5	301	*56.0	4.0
65-69 years	539	56.2	3.6	147	46.4	8.0	66	37.5 *	7.6	281	60.7	3.9
70-74 years	508	44.1	3.5	130	27.7	7.6	81	38.4 *	6.2	261	**48.8	4.0
75-79 years	297	38.4	4.1	90	8.8 *	2.9	52	*24.4 *	6.1	125	***52.0	5.6
80-84 years	392	34.4	4.7	98	20.4 *	6.3	66	14.5 *	6.0	185	***46.2	6.4
85 + years	178	30.1 *	6.1	53	16.0 *	4.3	37	20.6 *	8.5	72	*39.0 *	10.7
Total, age adjusted ...	2,504	45.2	2.4	689	28.9	3.3	370	34.4	2.6	1,225	***52.3	3.1
Female												
60-64 years	592	32.9	4.0	192	13.0 *	4.4	71	16.2 *	6.4	267	***39.2	4.6
65-69 years	515	29.8	3.9	175	12.4 *	3.7	65	17.2 *	7.6	223	***37.6	5.0
70-74 years	525	23.3	3.4	164	14.1 *	3.0	86	5.5 *	4.0	228	**32.3	4.8
75-79 years	376	15.7	3.2	125	12.5 *	3.8	68	10.3 *	5.5	137	20.8 *	5.3
80-84 years	385	17.5	4.4	144	5.0 *	2.2	64	11.2 *	4.7	121	***34.3	8.2
85 + years	226	13.3 *	3.3	86	3.0 *	1.9	33	8.6 *	5.2	74	***29.2 *	7.2
Total, age adjusted ...	2,619	24.1	2.7	886	11.2	1.4	387	12.1	3.7	1,050	***33.1	3.7

Notes: * Denotes individual estimates not meeting the standards of reliability or precision due to inadequate cell size or large coefficient of variation.

Significant differences in means and proportions are noted by * (.05 level), ** (.01 level), or *** (.001 level). Differences are tested in comparison to lowest income group (Income ≤ 130% poverty).

Source: NHANES-III, 1988-94: Examination file. The 'All older adults' column includes persons with missing income.

Table D-134—Mean number drinks consumed on average drinking day, among older adults consuming alcohol in past year

	All older adults			Lowest income: ≤ 130% poverty			Low-income: 131-185% poverty			Higher-income: > 185% poverty		
	Sample size	Mean	Standard Error	Sample size	Mean	Standard Error	Sample size	Mean	Standard Error	Sample size	Mean	Standard Error
Both sexes												
60-64 years	432	2.9	0.42	100	3.3	0.34	45	3.0 *	0.52	257	» 2.3	0.16
65-69 years	374	2.2	0.16	80	2.8 *	0.39	33	2.8 *	0.62	233	» 2.1	0.16
70-74 years	282	2.4	0.37	49	6.5 *	3.98	32	2.2 *	0.50	177	1.8	0.10
75-79 years	154	1.9	0.10	29	2.0 *	0.15	19	2.0 *	0.32	89	1.8	0.13
80-84 years	168	1.8	0.18	27	2.2 *	0.48	14	1.6 *	0.18	108	1.5	0.07
85 + years	73	1.6 *	0.13	11	2.4 *	0.43	10	1.7 *	0.56	44	1.6 *	0.16
Total, age adjusted ...	1,483	2.2	0.12	296	3.4	0.76	153	2.4	0.23	908	1.9	0.06
Male												
60-64 years	294	2.9	0.20	80	3.9 *	0.54	35	3.6 *	0.74	163	2.7	0.24
65-69 years	274	2.5	0.22	63	3.0 *	0.50	27	3.2 *	0.85	164	2.4	0.24
70-74 years	192	2.9	0.65	33	11.0 *	7.04	29	2.5 *	0.48	117	2.1	0.15
75-79 years	107	2.0	0.14	17	2.9 *	0.53	14	2.0 *	0.32	63	2.0 *	0.20
80-84 years	120	2.1	0.29	21	2.9 *	0.77	10	1.7 *	0.20	76	1.6 *	0.09
85 + years	47	1.9 *	0.21	7	2.7 *	0.55	7	» 1.4 *	0.28	25	2.0 *	0.32
Total, age adjusted ...	1,034	2.5	0.14	221	4.7 *	1.43	122	2.6	0.28	608	2.2	0.08
Female												
60-64 years	138	2.9 *	0.91	20	2.3 *	0.46	10	2.0 *	0.46	94	1.8	0.12
65-69 years	100	1.6	0.08	17	2.1 *	0.35	6	2.0 *	0.22	69	1.5 *	0.09
70-74 years	90	1.6	0.07	16	2.2 *	0.28	3	»» 1.0 *	0.00	60	» 1.5 *	0.08
75-79 years	47	1.6 *	0.14	12	1.8 *	0.15	5	2.0 *	0.95	26	1.6 *	0.15
80-84 years	48	1.4 *	0.07	6	1.3 *	0.21	4	1.5 *	0.27	32	1.4 *	0.08
85 + years	26	1.4 *	0.15	4	1.7 *	0.54	3	2.2 *	1.04	19	1.2 *	0.15
Total, age adjusted ...	449	1.8	0.22	75	2.0 *	0.13	31	1.8 *	0.25	300	» 1.5	0.06

Notes: * Denotes individual estimates not meeting the standards of reliability or precision due to inadequate cell size or large coefficient of variation.

Significant differences in means and proportions are noted by » (.05 level), »» (.01 level), or »»» (.001 level). Differences are tested in comparison to lowest income group (Income ≤ 130% poverty).

Source: NHANES-III, 1988-94: Examination file. The 'All older adults' column includes persons with missing income.

Table D-135—Percent of older adults who ever smoked¹

	All older adults			Lowest income: ≤ 130% poverty			Low-income: 131-185% poverty			Higher-income: > 185% poverty		
	Sample size	Percent	Standard Error	Sample size	Percent	Standard Error	Sample size	Percent	Standard Error	Sample size	Percent	Standard Error
Both sexes												
60-64 years	1,210	59.7	3.0	378	58.5	4.7	143	58.8	5.6	574	60.3	3.9
65-69 years	1,099	60.8	1.8	340	56.2	4.6	135	60.2	6.4	521	62.6	2.6
70-74 years	1,065	57.3	2.4	307	48.9	4.4	171	59.5	4.0	499	60.1	2.9
75-79 years	686	49.4	2.1	220	44.5	3.9	121	46.4	5.8	267	54.5	2.7
80-84 years	814	42.4	2.5	262	36.4	3.9	132	36.8	5.3	315	48.7	3.8
85 + years	428	28.2	2.4	150	30.3	4.1	74	29.8	4.8	150	31.3	3.4
Total, age adjusted ...	5,302	53.0	1.2	1,657	48.8	1.8	776	52.1	2.5	2,326	55.8	1.9
Male												
60-64 years	606	69.2	4.0	179	66.4	7.9	71	74.0 *	6.8	304	68.8	4.8
65-69 years	560	74.8	2.5	154	71.1	7.0	67	82.7 *	5.8	290	73.4	3.3
70-74 years	524	75.7	2.9	136	69.2	7.2	83	78.5 *	6.4	268	76.2	3.2
75-79 years	299	75.3	3.0	90	72.1	7.4	52	70.6 *	7.7	125	75.1	4.5
80-84 years	410	62.7	3.1	107	63.2	5.7	68	70.3 *	5.9	189	61.8	4.0
85 + years	188	58.6	4.9	57	69.8 *	7.7	38	59.0 *	9.3	73	56.7	6.4
Total, age adjusted ...	2,587	70.9	1.6	723	68.8	3.3	379	74.3	2.6	1,249	70.3	1.9
Female												
60-64 years	604	52.6	3.5	199	53.6	4.6	72	49.9 *	8.6	270	52.9	4.8
65-69 years	539	47.8	3.3	186	47.0	7.2	68	40.6 *	9.1	231	51.0	4.7
70-74 years	541	42.8	2.7	171	38.7	5.1	88	45.7	6.2	231	44.2	3.9
75-79 years	387	32.7	2.9	130	33.0	6.0	69	29.0 *	8.2	142	38.7	4.4
80-84 years	404	30.6	3.5	155	27.2	4.9	64	16.2 *	5.4	126	37.9	6.3
85 + years	240	14.5	3.1	93	15.6 *	4.8	36	12.6 *	5.1	77	18.1 *	4.6
Total, age adjusted ...	2,715	40.5	1.7	934	39.6	2.4	397	36.6	3.5	1,077	43.6	2.6

Notes: * Denotes individual estimates not meeting the standards of reliability or precision due to inadequate cell size or large coefficient of variation.

Significant differences in means and proportions are noted by > (.05 level), >> (.01 level), or >>> (.001 level). Differences are tested in comparison to lowest income group (Income ≤ 130% poverty).

¹ Persons are identified as "ever smoking" if they report smoking at least 100 cigarettes during their entire life.

Source: NHANES-III, 1988-94: Adult Interview file and Examination file. Sample for table contains persons completing an MEC exam. The 'All older adults' column includes persons with missing income.

Table D-136—Percent of older adults smoking cigarettes in past 5 days¹

	All older adults			Lowest income: ≤ 130% poverty			Low-income: 131-185% poverty			Higher-income: > 185% poverty		
	Sample size	Percent	Standard Error	Sample size	Percent	Standard Error	Sample size	Percent	Standard Error	Sample size	Percent	Standard Error
Both sexes												
60-64 years	1,183	23.7	2.1	365	33.7	4.5	139	27.4	4.8	568	20.7	2.9
65-69 years	1,054	19.4	2.0	322	25.0	4.4	131	26.5	5.2	504	17.4	2.3
70-74 years	1,033	12.9	1.6	294	16.1	3.1	167	18.0	4.7	489	9.9	2.0
75-79 years	672	10.8	1.3	214	10.3 *	2.9	120	7.8 *	2.5	262	12.1	2.4
80-84 years	780	7.4	1.2	244	9.6 *	2.3	130	3.8 *	1.4	307	7.0	1.8
85 + years	409	4.0 *	1.1	140	5.9 *	2.4	71	1.8 *	1.5	148	4.1 *	1.8
Total, age adjusted ...	5,131	15.0	0.9	1,579	19.5	1.9	758	17.3	1.9	2,278	13.5	1.1
Male												
60-64 years	590	21.3	3.3	172	26.2	6.4	68	23.6 *	8.2	301	19.4	4.1
65-69 years	538	23.7	3.6	146	31.4	7.4	66	43.3 *	8.2	281	20.0	3.6
70-74 years	508	14.2	2.1	130	22.0	6.1	81	19.7 *	5.9	261	11.9	2.3
75-79 years	296	13.0	2.2	89	14.0 *	4.0	52	7.7 *	4.0	125	13.2 *	3.3
80-84 years	394	7.4	1.3	99	13.6 *	4.4	66	7.7 *	2.7	186	4.8 *	1.6
85 + years	180	6.4 *	2.0	53	8.8 *	4.4	37	4.7 *	3.7	73	7.3 *	3.3
Total, age adjusted ...	2,506	16.2	1.2	689	21.5	2.6	370	20.8	3.7	1,227	14.4	1.3
Female												
60-64 years	593	25.5	2.6	193	38.6	5.9	71	29.6 *	8.0	267	21.9	3.1
65-69 years	516	15.4	2.1	176	21.0	5.5	65	11.7 *	4.4	223	14.6	2.9
70-74 years	525	11.8	1.6	164	13.2 *	3.6	86	16.8 *	6.8	228	8.0 *	2.6
75-79 years	376	9.3	2.1	125	8.7 *	4.0	68	8.0 *	3.9	137	11.3 *	3.4
80-84 years	386	7.4	1.5	145	8.2 *	3.0	64	1.4 *	1.4	121	8.9 *	2.6
85 + years	229	2.9 *	1.2	87	4.9 *	2.8	34	0.0 *	0.0	75	2.5 *	1.7
Total, age adjusted ...	2,625	14.1	1.0	890	18.7	2.2	388	14.0	2.8	1,051	12.7	1.5

Notes: * Denotes individual estimates not meeting the standards of reliability or precision due to inadequate cell size or large coefficient of variation.

Significant differences in means and proportions are noted by > (.05 level), >> (.01 level), or >>> (.001 level). Differences are tested in comparison to lowest income group (Income ≤ 130% poverty).

¹ Persons who smoked in past 5 days may include persons having smoked less than 100 cigarettes in entire life.

Source: NHANES-III, 1988-94: Adult Interview file and Examination file. Sample for table contains persons completing an MEC exam. The 'All older adults' column includes persons with missing income.

Table D-137—Percent of older adults smoking pipes, cigars or chewed tobacco in past 5 days

	All older adults			Lowest income: ≤ 130% poverty			Low-income: 131-185% poverty			Higher-income: > 185% poverty		
	Sample size	Percent	Standard Error	Sample size	Percent	Standard Error	Sample size	Percent	Standard Error	Sample size	Percent	Standard Error
Both sexes												
60-64 years	1,184	5.1	0.7	365	8.7	2.6	139	8.0 *	3.3	568	4.2	0.7
65-69 years	1,055	5.7	1.0	323	9.5	3.9	131	6.0 *	2.1	504	5.1	1.1
70-74 years	1,033	6.0	1.0	294	7.3 *	2.1	167	7.3 *	2.8	489	4.9	1.2
75-79 years	673	7.1	1.4	215	13.4 *	3.5	120	6.5 *	3.0	262	» 3.6 *	1.1
80-84 years	780	6.5	1.5	244	11.8 *	3.9	130	» 3.6 *	1.0	307	3.7 *	1.4
85 + years	410	7.1	1.6	141	9.0 *	3.0	71	4.6 *	2.5	148	6.4 *	2.6
Total, age adjusted ...	5,135	6.1	0.5	1,582	9.7	1.7	758	6.4	1.0	2,278	» 4.6	0.6
Male												
60-64 years	591	9.7	1.7	172	16.0 *	5.4	68	21.4 *	7.7	301	7.4	1.4
65-69 years	539	8.6	1.7	147	5.6 *	2.7	66	9.5 *	3.9	281	9.4	2.1
70-74 years	508	12.0	1.8	130	13.6 *	4.2	81	15.9 *	5.4	261	9.7	2.3
75-79 years	297	14.3	3.0	90	31.0 *	7.3	52	14.5 *	6.6	125	» 8.0 *	2.4
80-84 years	394	11.2	2.0	99	22.2 *	5.2	66	» 6.2 *	2.6	186	» 8.2 *	2.8
85 + years	180	14.4	2.8	53	22.0 *	8.7	37	9.6 *	5.8	73	12.5 *	3.3
Total, age adjusted ...	2,509	11.2	1.0	691	17.0	2.1	370	14.0	1.9	1,227	»» 8.9	1.1
Female												
60-64 years	593	1.6 *	0.3	193	4.0 *	2.0	71	0.5 *	0.5	267	1.4 *	0.8
65-69 years	516	3.0 *	1.4	176	11.9 *	6.0	65	3.0 *	3.0	223	0.4 *	0.3
70-74 years	525	1.2 *	0.4	164	4.2 *	1.9	86	0.9 *	0.7	228	» 0.2 *	0.1
75-79 years	376	2.5 *	0.9	125	5.9 *	2.2	68	» 0.7 *	0.5	137	» 0.2 *	0.1
80-84 years	386	3.8 *	1.8	145	8.4 *	4.5	64	2.0 *	1.6	121	0.0	0.0
85 + years	230	3.9 *	1.7	88	4.3 *	2.2	34	1.6 *	1.6	75	3.3 *	3.3
Total, age adjusted ...	2,626	2.4	0.4	891	6.5	1.8	388	» 1.4 *	0.7	1,051	» 0.8 *	0.4

Notes: * Denotes individual estimates not meeting the standards of reliability or precision due to inadequate cell size or large coefficient of variation.

Significant differences in means and proportions are noted by » (.05 level), »» (.01 level), or »»» (.001 level). Differences are tested in comparison to lowest income group (Income ≤ 130% poverty).

Source: NHANES-III, 1988-94: Adult Interview file and Examination file. Sample for table contains persons completing an MEC exam. The 'All older adults' column includes persons with missing income.

Table D-138—Mean number cigarettes smoking in past 5 days by cigarette smokers¹

	All older adults			Lowest income: ≤ 130% poverty			Low-income: 131-185% poverty			Higher-income: > 185% poverty		
	Sample size	Mean # Cigarettes	Standard Error	Sample size	Mean # Cigarettes	Standard Error	Sample size	Mean # Cigarettes	Standard Error	Sample size	Mean # Cigarettes	Standard Error
Both sexes												
60-64 years	302	92.8	5.9	120	84.3	12.9	36	84.3 *	6.3	119	96.5	7.1
65-69 years	222	92.8	6.2	84	90.8 *	13.3	32	126.6 *	13.8	88	88.6	7.0
70-74 years	142	75.5	6.6	55	63.2 *	9.0	24	96.6 *	24.5	50	72.2 *	6.4
75-79 years	78	60.7 *	4.8	28	66.0 *	13.0	13	52.1 *	14.5	29	58.7 *	6.6
80-84 years	54	50.9 *	8.7	21	24.6 *	7.7	7	59.7 *	22.7	18	***67.8 *	11.3
85 + years	19	42.8 *	7.6	7	25.5 *	13.0	2	51.6 *	9.4	9	*58.2 *	8.0
Total, age adjusted ...	817	75.0	2.8	315	66.6	5.1	114	84.5	7.2	313	*77.3	3.4
Male												
60-64 years	162	104.8	8.9	63	59.1 *	15.5	19	96.8 *	12.4	66	**115.9	9.3
65-69 years	143	103.4	7.9	54	102.4 *	14.8	24	128.4 *	17.1	53	97.0	10.5
70-74 years	87	84.3	11.0	36	81.2 *	16.4	14	122.1 *	45.7	33	73.2 *	8.4
75-79 years	45	72.6 *	8.6	19	71.4 *	22.0	6	93.1 *	6.6	15	66.8 *	12.2
80-84 years	31	66.8 *	8.9	12	49.4 *	6.7	6	71.8 *	26.3	9	*87.6 *	15.8
85 + years	13	37.6 *	10.5	4	8.0 *	4.1	2	***51.6 *	9.4	7	***53.9 *	13.0
Total, age adjusted ...	481	84.9	4.2	188	68.5	7.7	71	*100.7	10.5	183	86.8	4.8
Female												
60-64 years	140	85.2	7.3	57	95.5 *	15.8	17	78.7 *	10.9	53	81.5	9.8
65-69 years	79	77.4 *	6.8	30	79.7 *	17.4	8	120.9 *	15.6	35	76.0 *	7.5
70-74 years	55	67.1 *	7.5	19	48.6 *	13.3	10	74.6 *	13.8	17	70.9 *	9.1
75-79 years	33	50.1 *	6.3	9	62.3 *	15.6	7	23.4 *	13.0	14	51.4 *	6.9
80-84 years	23	41.7 *	11.9	9	10.9 *	3.9	1	*20.0 *	0.0	9	**58.9 *	16.0
85 + years	6	48.0 *	12.3	3	37.0 *	20.2	0	—	—	2	64.7 *	7.1
Total, age adjusted ...	336	66.1	4.1	127	63.1	7.0	43	70.6 *	6.4	130	69.4	4.6

Notes: * Denotes individual estimates not meeting the standards of reliability or precision due to inadequate cell size or large coefficient of variation.

Significant differences in means and proportions are noted by * (.05 level), ** (.01 level), or *** (.001 level). Differences are tested in comparison to lowest income group (Income ≤ 130% poverty).

¹ Persons are identified as smokers if they reported smoking cigarettes in the past 5 days.

— Data not available.

Source: NHANES-III, 1988-94: Adult Interview file and Examination file. Sample for table contains persons completing an MEC exam. The 'All older adults' column includes persons with missing income.

Table D-139—Mean age became regular smoker: Older adults¹

	All older adults			Lowest income: ≤ 130% poverty			Low-income: 131-185% poverty			Higher-income: > 185% poverty		
	Sample size	Mean Age	Standard Error	Sample size	Mean Age	Standard Error	Sample size	Mean Age	Standard Error	Sample size	Mean Age	Standard Error
Both sexes												
60-64 years	703	18.5	0.3	219	18.0	0.6	78	18.3	1.4	342	18.8	0.5
65-69 years	617	18.5	0.3	177	19.6	1.1	79	17.9	0.9	303	18.4	0.5
70-74 years	567	19.4	0.4	152	19.0	1.2	95	18.8	0.8	276	19.5	0.6
75-79 years	324	19.4	0.5	103	21.9	1.7	52	19.3	1.6	136	18.3	0.5
80-84 years	359	21.3	0.8	100	23.9	2.9	61	20.4	1.0	152	20.2	0.9
85 + years	135	21.7	0.9	45	22.3 *	1.7	27	20.6 *	2.3	53	21.8 *	1.1
Total, age adjusted ...	2,705	19.4	0.2	796	20.2	0.6	392	18.9	0.5	1,262	19.2	0.3
Male												
60-64 years	433	16.7	0.4	133	15.9	0.5	47	16.5 *	1.4	214	17.0	0.5
65-69 years	407	16.6	0.4	111	16.2	1.0	53	13.9	0.6	205	17.2	0.5
70-74 years	385	16.8	0.3	105	15.8	1.5	65	15.6	0.5	190	17.2	0.4
75-79 years	211	17.0	0.5	63	17.6 *	0.8	34	16.8 *	1.4	89	16.5	0.6
80-84 years	252	18.6	0.6	62	17.4 *	1.2	49	19.0	0.9	114	18.9	0.8
85 + years	104	18.2	0.6	33	17.4 *	1.5	22	17.4 *	1.3	41	19.1 *	0.9
Total, age adjusted ...	1,792	17.1	0.2	507	16.5	0.4	270	16.2	0.5	853	17.4	0.3
Female												
60-64 years	270	20.4	0.5	86	19.8	0.7	31	19.8 *	2.5	128	20.8	0.8
65-69 years	210	21.2	0.6	66	22.6 *	1.3	26	24.9 *	2.3	98	20.4	0.8
70-74 years	182	22.9	0.7	47	21.8 *	1.5	30	22.7 *	1.1	86	23.2	1.0
75-79 years	113	23.1	1.0	40	25.7 *	2.6	18	23.9 *	2.7	47	21.1 *	1.0
80-84 years	107	24.4	1.5	38	28.7 *	4.2	12	24.3 *	2.6	38	21.9 *	1.0
85 + years	31	28.3 *	1.6	12	30.2 *	3.7	5	28.6 *	5.5	12	26.9 *	2.6
Total, age adjusted ...	913	22.7	0.4	289	23.7	0.9	122	23.4	1.0	409	21.9	0.5

Notes: * Denotes individual estimates not meeting the standards of reliability or precision due to inadequate cell size or large coefficient of variation.

Significant differences in means and proportions are noted by > (.05 level), >> (.01 level), or >>> (.001 level). Differences are tested in comparison to lowest income group (Income ≤ 130% poverty).

¹ Persons are identified as smokers if they reported smoking cigarettes, cigars, pipes, or chewing tobacco in the past 5 days.

Source: NHANES-III, 1988-94: Adult Interview file and Examination file. Sample for table contains persons completing an MEC exam. The 'All older adults' column includes persons with missing income.

Table D-140—Percent of nonsmoking older adults exposed to second hand smoke at home¹

	All older adults			Lowest income: ≤ 130% poverty			Low-income: 131-185% poverty			Higher-income: > 185% poverty		
	Sample size	Percent	Standard Error	Sample size	Percent	Standard Error	Sample size	Percent	Standard Error	Sample size	Percent	Standard Error
Both sexes												
60-64 years	821	11.9	1.5	227	28.2	5.5	94	29.1	8.0	420	***6.6	1.6
65-69 years	779	9.0	1.5	216	12.0 *	4.0	91	11.3 *	4.7	395	7.8	1.6
70-74 years	830	8.3	1.3	216	10.7 *	3.2	131	11.3 *	3.4	419	6.6	1.4
75-79 years	539	8.0	1.7	159	7.1 *	2.3	101	6.8 *	2.2	218	7.9 *	2.9
80-84 years	663	6.2	1.0	192	6.2 *	1.7	115	4.2 *	2.2	274	6.9 *	1.4
85 + years	354	4.8 *	1.5	116	7.0 *	2.7	64	4.5 *	2.8	130	3.5 *	1.4
Total, age adjusted ...	3,986	8.7	0.7	1,126	13.6	1.8	596	13.3	2.6	1,856	***6.8	0.8
Male												
60-64 years	384	12.6	2.6	97	19.4 *	7.8	41	34.2 *	11.1	213	8.5 *	2.5
65-69 years	358	12.1	2.9	82	15.9 *	8.4	35	25.6 *	13.5	210	9.6	3.0
70-74 years	375	8.9 *	1.6	81	7.6 *	3.4	57	15.8 *	5.8	210	7.8 *	1.8
75-79 years	213	6.6 *	1.8	55	8.6 *	5.0	41	11.0 *	4.1	96	5.5 *	2.9
80-84 years	319	7.7 *	1.6	68	10.0 *	4.9	54	5.6 *	2.4	162	7.6 *	2.1
85 + years	142	5.5 *	2.2	38	12.0 *	5.2	31	8.5 *	5.8	58	0.0 *	0.0
Total, age adjusted ...	1,791	9.6	0.9	421	12.9	2.9	259	19.6	3.6	949	7.2	1.1
Female												
60-64 years	437	11.3	1.8	130	34.2 *	7.9	53	26.6 *	8.8	207	***5.0 *	1.6
65-69 years	421	6.5 *	1.2	134	9.7 *	3.5	56	4.2 *	3.6	185	6.1 *	1.4
70-74 years	455	7.8	1.8	135	11.9 *	4.1	74	8.6 *	4.4	209	5.5 *	1.7
75-79 years	326	8.7 *	2.4	104	6.7 *	2.2	60	4.2 *	2.6	122	9.6 *	4.5
80-84 years	344	5.3 *	1.7	124	5.2 *	2.0	61	3.4 *	3.1	112	6.3 *	2.5
85 + years	212	4.6 *	1.6	78	5.7 *	3.0	33	2.5 *	2.5	72	5.1 *	2.0
Total, age adjusted ...	2,195	7.9	0.8	705	14.5	2.3	337	10.0	2.5	907	***6.2	1.1

Notes: * Denotes individual estimates not meeting the standards of reliability or precision due to inadequate cell size or large coefficient of variation.

Significant differences in means and proportions are noted by > (.05 level), >> (.01 level), or >>> (.001 level). Differences are tested in comparison to lowest income group (Income ≤ 130% poverty).

¹ Persons are identified as nonsmokers if they answered no to all four types of nicotine exposure in past 5 days: cigarettes, cigars or pipes, chewing tobacco or snuff, and nicotine gum.

Source: NHANES-III, 1988-94: Examination sample. Smokers are identified from the MEC file; exposure is determined from the adult and youth interview files. The 'All older adults' column includes persons with missing income.

Table D-141—Mean number cigarettes smoked per day in households where nonsmoking older adults reside with smokers^{1,2}

	All older adults			Lowest income: ≤ 130% poverty			Low-income: 131-185% poverty			Higher-income: > 185% poverty		
	Sample size	Mean # Cigarettes	Standard Error	Sample size	Mean # Cigarettes	Standard Error	Sample size	Mean # Cigarettes	Standard Error	Sample size	Mean # Cigarettes	Standard Error
Both sexes												
60-64 years	137	15.7	1.4	57	15.5 *	2.6	24	» 21.8 *	2.8	40	10.3 *	1.4
65-69 years	102	15.7	1.4	34	19.8 *	1.5	14	17.3 *	5.1	41	» 14.7 *	1.6
70-74 years	88	14.7 *	1.6	28	17.7 *	2.7	17	15.6 *	2.3	35	13.2 *	2.1
75-79 years	44	13.7 *	1.7	15	11.7 *	3.7	9	20.3 *	6.1	15	13.1 *	1.5
80-84 years	48	17.1 *	2.9	20	15.1 *	4.2	5	21.1 *	3.1	19	18.6 *	4.8
85 + years	23	19.0 *	4.5	12	12.2 *	3.6	3	28.4 *	10.8	5	10.9 *	2.5
Total, age adjusted ...	442	15.6	0.8	166	15.8	1.2	72	19.9 *	2.1	155	13.2	0.8
Male												
60-64 years	60	18.5 *	2.0	20	24.1 *	2.6	10	25.7 *	5.0	22	»» 12.9 *	1.9
65-69 years	49	15.8 *	1.6	12	19.9 *	2.2	9	21.1 *	5.5	23	14.5 *	2.1
70-74 years	43	13.3 *	1.7	10	12.5 *	2.0	9	11.2 *	2.2	20	13.9 *	2.6
75-79 years	15	22.5 *	3.2	4	28.0 *	4.9	6	27.0 *	5.3	5	17.3 *	3.2
80-84 years	25	16.6 *	4.9	8	4.8 *	0.6	3	» 16.4 *	4.2	11	20.9 *	8.9
85 + years	10	21.0 *	6.2	6	13.8 *	2.6	2	37.7 *	12.4	0	—	—
Total, age adjusted ...	202	17.6	1.5	60	18.6 *	1.0	39	22.3 *	2.2	81	» 15.2	1.4
Female												
60-64 years	77	13.4 *	1.8	37	12.3 *	2.8	14	» 19.3 *	3.1	18	6.8 *	1.5
65-69 years	53	15.6 *	2.1	22	19.6 *	3.0	5	»» 5.6 *	0.4	18	15.1 *	2.9
70-74 years	45	15.7 *	2.3	18	19.0 *	3.2	8	20.3 *	2.6	15	12.4 *	2.5
75-79 years	29	9.6 *	1.1	11	6.5 *	1.2	3	8.1 *	4.3	10	» 11.4 *	1.2
80-84 years	23	17.6 *	3.1	12	20.4 *	5.6	2	25.2 *	5.4	8	16.1 *	2.3
85 + years	13	18.0 *	6.2	6	11.2 *	5.4	1	12.0 *	0.0	5	10.9 *	2.5
Total, age adjusted ...	240	14.6	1.0	106	14.9	1.5	33	14.8 *	1.5	74	» 11.8	0.7

Notes: * Denotes individual estimates not meeting the standards of reliability or precision due to inadequate cell size or large coefficient of variation.

Significant differences in means and proportions are noted by » (.05 level), »» (.01 level), or »»» (.001 level). Differences are tested in comparison to lowest income group (Income ≤ 130% poverty).

1 Persons are identified as nonsmokers if they answered no to all four types of nicotine exposure in past 5 days: cigarettes, cigars or pipes, chewing tobacco or snuff, and nicotine gum.

2 Persons are identified as smokers if they reported smoking cigarettes in the past 5 days.

— Data not available.

Source: NHANES-III, 1988-94: Examination sample. Smokers are identified from the MEC file; exposure is determined from the adult and youth interview files. The 'All older adults' column includes persons with missing income.

Table D-142—Percent of nonsmoking older adults with high serum cotinine levels ^{1,2}

	All older adults			Lowest income: ≤ 130% poverty			Low-income: 131-185% poverty			Higher-income: > 185% poverty		
	Sample size	Percent	Standard Error	Sample size	Percent	Standard Error	Sample size	Percent	Standard Error	Sample size	Percent	Standard Error
Both sexes												
60-64 years	782	58.1	2.9	215	75.3	4.9	90	59.4	9.9	403	[»] 54.9	4.1
65-69 years	727	56.4	3.7	199	62.8	6.8	89	50.9	7.5	372	56.4	4.1
70-74 years	783	52.8	3.1	198	56.2	5.4	124	53.6	6.1	399	53.6	3.8
75-79 years	495	49.9	2.9	141	57.5 *	4.8	94	53.7	6.8	205	46.6	4.0
80-84 years	613	43.8	3.8	173	49.4	5.6	102	40.1	5.5	260	38.1	5.3
85 + years	331	38.9	5.2	102	44.7 *	6.7	59	47.2 *	7.2	126	30.6	6.2
Total, age adjusted ...	3,731	52.0	2.1	1,028	60.4	2.7	558	[»] 52.4	3.1	1,765	^{»»} 49.5	2.4
Male												
60-64 years	368	64.5	4.0	93	78.8 *	8.2	40	73.0 *	12.0	205	62.1	5.6
65-69 years	335	61.7	5.5	74	66.2 *	11.3	34	64.6 *	11.1	200	60.5	5.7
70-74 years	352	54.9	4.3	72	49.8 *	10.5	56	46.9 *	11.6	199	57.4	4.8
75-79 years	196	55.8	4.1	49	54.0 *	8.8	38	57.5 *	9.6	89	54.1 *	6.1
80-84 years	300	47.3	2.9	64	46.2 *	7.3	49	40.4 *	5.5	153	49.1	4.3
85 + years	130	43.5 *	6.6	32	58.4 *	10.5	28	50.3 *	10.7	55	34.3 *	8.5
Total, age adjusted ...	1,681	56.8	2.2	384	61.1	4.5	245	58.0	4.5	901	55.5	2.5
Female												
60-64 years	414	53.2	3.2	122	73.0 *	5.6	50	53.0 *	9.7	198	^{»»»} 48.8	4.2
65-69 years	392	52.0	4.2	125	60.9 *	7.5	55	44.5 *	10.3	172	52.4	5.3
70-74 years	431	51.3	3.5	126	58.8 *	5.7	68	57.7 *	7.8	200	50.3	4.5
75-79 years	299	46.7	3.3	92	58.5 *	6.5	56	51.4 *	7.6	116	[»] 41.5	4.4
80-84 years	313	41.8	4.8	109	50.3 *	6.2	53	39.8 *	8.1	107	[»] 29.4	6.8
85 + years	201	37.2	5.7	70	41.2 *	7.6	31	45.6 *	9.8	71	28.8 *	7.0
Total, age adjusted ...	2,050	48.8	2.3	644	59.9	2.6	313	[»] 49.8	3.3	864	^{»»} 44.7	2.9

Notes: * Denotes individual estimates not meeting the standards of reliability or precision due to inadequate cell size or large coefficient of variation.

Significant differences in means and proportions are noted by [»] (.05 level), ^{»»} (.01 level), or ^{»»»} (.001 level). Differences are tested in comparison to lowest income group (Income ≤ 130% poverty).

¹ Persons are identified as nonsmokers if they answered no to all four types of nicotine exposure in past 5 days: cigarettes, cigars or pipes, chewing tobacco or snuff, and nicotine gum.

² High serum cotinine level is defined as > 0.10 ng/dL. Source: *Healthy People 2010* (U.S. DHHS, 2000a).

Source: NHANES-III, 1988-94: Examination sample. Smokers are identified from the MEC file; exposure is determined from the adult and youth interview files. The 'All older adults' column includes persons with missing income.

Table D-143—Percent of older adults talking on telephone with family, friends, neighbors every day, on average

	All older adults			Lowest income: ≤ 130% poverty			Low-income: 131-185% poverty			Higher-income: > 185% poverty		
	Sample size	Percent	Standard Error	Sample size	Percent	Standard Error	Sample size	Percent	Standard Error	Sample size	Percent	Standard Error
Both sexes												
60-64 years	1,335	54.6	2.4	415	51.1	3.7	158	64.9	5.4	629	54.7	2.9
65-69 years	1,251	58.3	1.7	382	58.3	4.9	151	61.6	5.3	594	58.3	2.6
70-74 years	1,269	56.2	2.2	364	57.1	4.6	204	47.8	4.5	584	58.9	2.6
75-79 years	869	53.9	2.4	282	57.6	3.7	147	54.3	6.4	324	52.6	3.3
80-84 years	1,121	54.9	2.1	362	58.3	3.1	178	50.7	4.7	410	54.8	2.6
85 + years	679	51.4	2.4	229	51.0	4.7	106	57.8	6.4	216	51.6	3.5
Total, age adjusted ...	6,524	55.3	1.3	2,034	55.6	2.1	944	57.0	2.3	2,757	55.6	1.5
Male												
60-64 years	665	44.2	3.2	194	36.1	6.7	76	48.2 *	9.3	337	45.9	3.4
65-69 years	618	45.3	2.8	170	45.3	6.9	71	44.0 *	7.7	321	44.6	3.5
70-74 years	603	39.9	2.6	149	31.1	5.0	102	29.4	5.9	304	44.4	3.3
75-79 years	375	29.1	4.1	112	31.6	7.4	62	23.0 *	7.2	156	33.1	5.0
80-84 years	535	35.0	3.0	143	32.7	5.6	88	29.9	5.4	233	39.9	4.1
85 + years	279	32.0	2.4	78	33.0 *	5.1	53	29.6 *	7.9	106	34.1	3.9
Total, age adjusted ...	3,075	39.0	1.7	846	35.7	3.0	452	35.9	4.0	1,457	41.5	2.0
Female												
60-64 years	670	63.1	2.7	221	60.8	5.1	82	74.4	6.0	292	63.0	3.9
65-69 years	633	69.8	2.4	212	66.2	6.9	80	75.1 *	5.4	273	72.3	3.8
70-74 years	666	68.4	2.6	215	68.4	5.5	102	62.8	6.5	280	72.6	3.1
75-79 years	494	70.3	2.3	170	68.7	4.5	85	74.6	5.8	168	69.8	3.8
80-84 years	586	66.2	2.1	219	67.7	3.1	90	64.1	5.5	177	66.6	3.3
85 + years	400	60.4	3.3	151	57.3	5.4	53	75.8 *	6.7	110	62.2	4.8
Total, age adjusted ...	3,449	66.8	1.4	1,188	65.1	2.7	492	71.4	2.7	1,300	68.2	1.8

Notes: * Denotes individual estimates not meeting the standards of reliability or precision due to inadequate cell size or large coefficient of variation.

Significant differences in means and proportions are noted by > (.05 level), >> (.01 level), or >>> (.001 level). Differences are tested in comparison to lowest income group (Income ≤ 130% poverty).

Source: NHANES-III, 1988-94: Adult interview file and Examination file. The 'All older adults' column includes persons with missing income.

Table D-144—Percent of older adults visiting friends or relatives at least once a week, on average

	All older adults			Lowest income: ≤ 130% poverty			Low-income: 131-185% poverty			Higher-income: > 185% poverty		
	Sample size	Percent	Standard Error	Sample size	Percent	Standard Error	Sample size	Percent	Standard Error	Sample size	Percent	Standard Error
Both sexes												
60-64 years	1,342	72.7	2.5	417	69.4	4.1	159	71.8	6.8	631	73.3	2.7
65-69 years	1,263	75.1	1.3	389	65.0	3.5	153	76.4	4.6	597	» 76.6	2.0
70-74 years	1,273	74.7	1.5	366	74.3	3.2	206	» 62.3	3.6	584	77.7	2.1
75-79 years	873	71.9	2.3	282	66.8	4.0	148	71.6	5.4	327	» 77.8	3.4
80-84 years	1,131	71.5	1.8	366	68.6	3.4	179	75.7	5.0	412	73.5	2.5
85 + years	689	68.4	2.6	232	67.6	4.4	109	61.1	3.9	219	73.4	4.2
Total, age adjusted ...	6,571	72.9	1.2	2,052	68.8	2.0	954	70.3	2.8	2,770	» 75.6	1.4
Male												
60-64 years	670	69.4	3.3	194	68.6	5.4	77	59.9	11.4	339	69.9	3.6
65-69 years	626	71.7	2.5	174	71.8	5.3	72	79.1 *	6.2	324	69.5	3.4
70-74 years	609	72.3	2.1	152	73.9	4.4	104	» 56.2	4.6	305	75.9	2.7
75-79 years	379	68.7	3.4	112	54.5	6.5	63	64.8 *	8.4	159	» 79.3	3.8
80-84 years	539	68.0	2.2	144	66.9	5.4	89	70.3	6.3	233	70.7	3.1
85 + years	284	66.5	3.3	80	69.6 *	6.2	55	55.5 *	7.4	107	71.0	4.1
Total, age adjusted ...	3,107	69.9	1.5	856	67.9	2.4	460	64.7	3.5	1,467	72.7	1.7
Female												
60-64 years	672	75.4	2.6	223	69.9	5.6	82	78.6 *	6.7	292	76.5	3.0
65-69 years	637	78.1	2.0	215	60.9	5.5	81	74.2	7.9	273	»» 84.0	2.6
70-74 years	664	76.5	2.0	214	74.4	4.4	102	67.4	4.4	279	79.4	3.0
75-79 years	494	74.1	2.6	170	72.1	4.7	85	75.9	5.6	168	76.5	4.2
80-84 years	592	73.5	2.3	222	69.2	4.0	90	79.3 *	5.6	179	75.7	3.4
85 + years	405	69.3	3.3	152	66.9	5.2	54	64.7 *	6.3	112	74.9	5.5
Total, age adjusted ...	3,464	75.2	1.2	1,196	68.9	2.7	494	73.8	2.8	1,303	» 78.4	1.6

Notes: * Denotes individual estimates not meeting the standards of reliability or precision due to inadequate cell size or large coefficient of variation.

Significant differences in means and proportions are noted by » (.05 level), »» (.01 level), or »»» (.001 level). Differences are tested in comparison to lowest income group (Income ≤ 130% poverty).

Source: NHANES-III, 1988-94: Adult interview file and Examination file. The 'All older adults' column includes persons with missing income.

Table D-145—Percent of older adults visiting neighbors at least once a week, on average

	All older adults			Lowest income: ≤ 130% poverty			Low-income: 131-185% poverty			Higher-income: > 185% poverty		
	Sample size	Percent	Standard Error	Sample size	Percent	Standard Error	Sample size	Percent	Standard Error	Sample size	Percent	Standard Error
Both sexes												
60-64 years	1,341	36.8	2.0	416	47.8	4.6	159	40.1	5.6	631	» 33.2	2.6
65-69 years	1,262	43.0	2.4	388	44.1	5.0	153	53.6	5.3	597	» 41.6	2.9
70-74 years	1,276	40.0	2.2	368	50.3	4.1	206	37.2	5.4	585	»» 37.2	2.9
75-79 years	874	41.1	2.4	282	41.7	4.6	149	38.5	5.4	327	44.7	3.6
80-84 years	1,130	44.8	2.6	366	45.7	3.4	179	45.6	5.5	412	43.3	4.0
85 + years	692	41.3	2.5	233	42.9	4.5	109	38.3	3.7	219	41.5	5.5
Total, age adjusted ...	6,575	40.7	1.2	2,053	45.8	2.3	955	42.5	2.8	2,771	» 39.5	1.4
Male												
60-64 years	669	36.4	2.6	193	47.4	6.5	77	47.7	8.1	339	33.5	2.8
65-69 years	626	41.9	3.3	174	47.0	7.6	72	47.2	5.9	324	39.5	4.1
70-74 years	610	38.3	2.3	153	43.5	5.9	104	44.5	7.1	305	34.0	3.3
75-79 years	379	38.2	3.5	112	33.5 *	6.8	63	28.8 *	7.3	159	46.7	5.4
80-84 years	538	39.8	3.1	144	44.2	4.1	89	36.7	7.1	233	39.2	4.3
85 + years	286	38.3	3.3	82	40.1 *	7.9	55	43.3 *	8.1	107	36.4	6.6
Total, age adjusted ...	3,108	38.8	1.2	858	43.2	2.6	460	42.3	3.8	1,467	37.9	1.5
Female												
60-64 years	672	37.2	2.7	223	48.0	5.6	82	35.8	7.5	292	» 33.0	3.5
65-69 years	636	43.9	3.0	214	42.4	6.0	81	58.5	7.1	273	43.8	4.2
70-74 years	666	41.2	3.0	215	53.4	6.2	102	» 31.0	6.0	280	» 40.4	3.7
75-79 years	495	43.0	3.6	170	45.2	6.2	86	44.7	7.8	168	43.0	5.2
80-84 years	592	47.7	3.0	222	46.3	4.2	90	51.3	5.8	179	46.4	4.7
85 + years	406	42.7	2.8	151	43.9	4.7	54	35.1 *	6.3	112	44.6	5.7
Total, age adjusted ...	3,467	42.0	1.7	1,195	46.8	3.2	495	42.6	2.9	1,304	40.8	2.1

Notes: * Denotes individual estimates not meeting the standards of reliability or precision due to inadequate cell size or large coefficient of variation.

Significant differences in means and proportions are noted by » (.05 level), »» (.01 level), or »»» (.001 level). Differences are tested in comparison to lowest income group (Income ≤ 130% poverty).

Source: NHANES-III, 1988-94: Adult interview file and Examination file. The 'All older adults' column includes persons with missing income.

Table D-146—Percent of older adults attending church at least once a week, on average

	All older adults			Lowest income: ≤ 130% poverty			Low-income: 131-185% poverty			Higher-income: > 185% poverty		
	Sample size	Percent	Standard Error	Sample size	Percent	Standard Error	Sample size	Percent	Standard Error	Sample size	Percent	Standard Error
Both sexes												
60-64 years	1,342	44.0	2.2	417	42.8	4.5	158	39.3	5.7	632	44.7	3.1
65-69 years	1,260	45.7	2.6	389	41.7	4.3	152	45.6	6.0	596	47.7	3.2
70-74 years	1,275	50.2	2.3	367	42.4	5.4	206	48.3	4.9	585	54.0	3.4
75-79 years	873	49.7	3.0	281	45.5	4.1	149	47.1	6.6	327	54.9	4.3
80-84 years	1,130	47.0	2.4	365	44.5	2.8	179	49.3	3.6	412	49.3	4.5
85 + years	691	37.6	3.1	234	34.3	3.5	109	36.6	4.5	218	44.0	6.4
Total, age adjusted ...	6,571	46.2	1.8	2,053	42.3	2.4	953	44.4	2.4	2,770	» 49.2	2.4
Male												
60-64 years	671	35.9	2.5	194	29.2	6.8	77	37.1	7.9	340	37.2	3.2
65-69 years	624	36.5	2.7	174	29.2	6.1	71	31.0	6.3	323	40.3	3.4
70-74 years	610	45.6	3.0	153	38.1	6.0	104	41.1	7.0	305	» 51.4	3.6
75-79 years	379	46.3	4.0	112	35.6	5.4	63	37.1 *	9.2	159	» 53.2	5.7
80-84 years	539	39.9	2.5	144	25.3	3.4	89	» 43.2	5.0	233	»» 46.4	3.9
85 + years	286	33.6	3.8	82	32.6 *	7.2	55	31.0 *	5.3	107	37.1 *	4.5
Total, age adjusted ...	3,109	39.8	1.7	859	31.9	2.8	459	36.7	3.4	1,467	»» 44.2	2.1
Female												
60-64 years	671	50.5	2.8	223	51.4	5.5	81	40.5	7.1	292	51.9	4.0
65-69 years	636	53.8	3.4	215	49.3	5.5	81	56.8	7.8	273	55.2	4.4
70-74 years	665	53.8	2.7	214	44.2	7.0	102	54.3	6.2	280	56.4	4.4
75-79 years	494	52.0	3.3	169	49.8	4.8	86	53.6	8.7	168	56.5	4.9
80-84 years	591	51.0	3.1	221	51.5	3.4	90	53.3	4.8	179	51.6	6.0
85 + years	405	39.4	3.9	152	34.9	3.8	54	40.1 *	6.7	111	48.2	8.9
Total, age adjusted ...	3,462	51.1	2.0	1,194	47.8	2.8	494	50.0	3.1	1,303	» 53.8	2.8

Notes: * Denotes individual estimates not meeting the standards of reliability or precision due to inadequate cell size or large coefficient of variation.

Significant differences in means and proportions are noted by » (.05 level), »» (.01 level), or »»» (.001 level). Differences are tested in comparison to lowest income group (Income ≤ 130% poverty).

Source: NHANES-III, 1988-94: Adult interview file and Examination file. The 'All older adults' column includes persons with missing income.

Table D-147—Percent of older adults belonging to clubs or organizations

	All older adults			Lowest income: ≤ 130% poverty			Low-income: 131-185% poverty			Higher-income: > 185% poverty		
	Sample size	Percent	Standard Error	Sample size	Percent	Standard Error	Sample size	Percent	Standard Error	Sample size	Percent	Standard Error
Both sexes												
60-64 years	1,343	42.3	2.0	417	22.4	3.4	159	28.0	5.4	632	***50.8	2.8
65-69 years	1,262	46.7	2.0	389	34.2	4.6	153	41.5	5.4	596	**50.5	2.5
70-74 years	1,276	42.8	1.9	368	25.5	3.7	206	32.0	4.5	585	***50.2	2.8
75-79 years	874	39.1	2.3	282	20.8	3.6	149	35.5	5.0	327	***51.4	3.5
80-84 years	1,130	37.2	2.3	365	23.9	3.5	179	35.3	4.0	412	***52.1	3.8
85 + years	693	30.2	3.0	234	18.7	3.4	109	***35.6	5.2	219	***38.3	5.0
Total, age adjusted ...	6,578	41.1	1.1	2,055	25.0	1.9	955	**34.3	2.2	2,771	***49.7	1.6
Male												
60-64 years	671	46.0	2.8	194	25.5	5.8	77	24.9 *	7.8	340	***52.3	3.8
65-69 years	625	47.1	2.8	174	27.6	6.5	72	42.6 *	7.9	323	**50.7	3.2
70-74 years	610	44.9	3.1	153	26.0	5.5	104	32.6	6.2	305	**50.0	4.5
75-79 years	379	41.2	3.4	112	16.8 *	6.4	63	31.2 *	6.6	159	***51.6	5.7
80-84 years	538	37.9	2.6	143	16.2 *	3.4	89	***35.5	5.6	233	***53.8	4.3
85 + years	286	31.8	3.5	82	15.0 *	4.9	55	**34.9 *	7.0	107	**41.2	4.5
Total, age adjusted ...	3,109	43.0	1.4	858	22.6	2.3	460	33.2	3.4	1,467	***50.5	1.9
Female												
60-64 years	672	39.3	2.4	223	20.4	4.2	82	29.8	5.5	292	***49.4	3.3
65-69 years	637	46.3	2.5	215	38.3	5.7	81	40.7	7.0	273	50.2	3.3
70-74 years	666	41.1	2.3	215	25.2	4.7	102	31.4	6.0	280	***50.3	2.9
75-79 years	495	37.7	2.8	170	22.4	4.3	86	38.2	5.4	168	***51.2	4.8
80-84 years	592	36.8	2.8	222	26.7	4.5	90	35.2	5.4	179	**50.8	5.1
85 + years	407	29.5	3.4	152	20.0 *	3.7	54	36.0 *	7.6	112	36.5	6.9
Total, age adjusted ...	3,469	39.6	1.3	1,197	26.0	2.2	495	**34.9	2.4	1,304	***49.0	2.0

Notes: * Denotes individual estimates not meeting the standards of reliability or precision due to inadequate cell size or large coefficient of variation.

Significant differences in means and proportions are noted by > (.05 level), >> (.01 level), or >>> (.001 level). Differences are tested in comparison to lowest income group (Income ≤ 130% poverty).

Source: NHANES-III, 1988-94: Adult interview file and Examination file. The 'All older adults' column includes persons with missing income.

Table D-148—Percent of older adults attending club or organization meetings at least once a month, on average

	All older adults			Lowest income: ≤ 130% poverty			Low-income: 131-185% poverty			Higher-income: > 185% poverty		
	Sample size	Percent	Standard Error	Sample size	Percent	Standard Error	Sample size	Percent	Standard Error	Sample size	Percent	Standard Error
Both sexes												
60-64 years	1,341	30.0	2.0	417	16.8	3.1	159	21.6	6.1	630	***35.8	3.0
65-69 years	1,262	31.2	1.8	389	25.7	4.8	153	30.4	6.2	596	32.0	2.2
70-74 years	1,274	29.8	1.8	367	17.5	3.0	206	23.7	4.4	584	***34.9	2.9
75-79 years	874	27.8	2.0	282	12.5 *	2.5	149	24.2	4.1	327	***39.6	3.4
80-84 years	1,129	25.9	2.7	364	16.0	2.8	179	23.3	4.0	412	***39.0	4.2
85 + years	694	17.6	2.4	234	12.7 *	2.2	109	19.1 *	4.5	219	***25.0	4.0
Total, age adjusted ...	6,574	28.2	1.1	2,053	17.6	1.6	955	24.2	2.3	2,768	***34.8	1.7
Male												
60-64 years	669	29.5	3.1	194	13.7 *	4.4	77	16.4 *	7.3	338	***34.4	4.3
65-69 years	625	26.0	2.7	174	18.7 *	6.1	72	26.2 *	7.2	323	26.0	2.7
70-74 years	609	26.9	2.6	153	13.5 *	5.2	104	21.4 *	5.2	304	**31.8	3.9
75-79 years	379	26.0	3.0	112	9.1 *	4.3	63	17.9 *	4.6	159	***36.2	5.1
80-84 years	539	23.2	2.9	144	10.5 *	3.4	89	18.4 *	4.2	233	***34.6	5.0
85 + years	286	15.3	2.3	82	10.3 *	4.6	55	10.2 *	4.1	107	20.4	3.5
Total, age adjusted ...	3,107	25.6	1.3	859	13.3	1.6	460	19.3	2.9	1,464	***31.1	1.9
Female												
60-64 years	672	30.5	2.5	223	18.7	4.1	82	24.6 *	7.0	292	***37.1	3.5
65-69 years	637	35.8	2.7	215	29.9	6.0	81	33.8 *	8.6	273	38.2	3.4
70-74 years	665	31.9	1.9	214	19.3	4.1	102	25.6	5.4	280	***37.8	2.7
75-79 years	495	29.0	2.4	170	14.0 *	3.0	86	28.3 *	4.9	168	***42.7	4.7
80-84 years	590	27.5	3.0	220	18.0	3.4	90	26.5 *	5.9	179	***42.5	5.3
85 + years	408	18.8	3.0	152	13.5 *	2.4	54	24.9 *	6.6	112	27.8	6.0
Total, age adjusted ...	3,467	30.2	1.3	1,194	19.8	2.0	495	27.5	3.0	1,304	***38.1	2.1

Notes: * Denotes individual estimates not meeting the standards of reliability or precision due to inadequate cell size or large coefficient of variation.

Significant differences in means and proportions are noted by > (.05 level), >> (.01 level), or >>> (.001 level). Differences are tested in comparison to lowest income group (Income ≤ 130% poverty).

Source: NHANES-III, 1988-94: Adult interview file and Examination file. The 'All older adults' column includes persons with missing income.

Table D-149—Percent of older adults residing at current address 10 years or longer

	All older adults			Lowest income: ≤ 130% poverty			Low-income: 131-185% poverty			Higher-income: > 185% poverty		
	Sample size	Percent	Standard Error	Sample size	Percent	Standard Error	Sample size	Percent	Standard Error	Sample size	Percent	Standard Error
Both sexes												
60-64 years	1,338	62.8	2.5	414	44.1	4.6	158	***68.1	3.9	631	***67.3	2.9
65-69 years	1,251	68.2	2.8	387	53.8	5.6	152	° 69.8	4.3	589	°° 72.1	3.8
70-74 years	1,263	68.0	2.3	365	51.2	4.7	201	°° 68.5	4.2	581	***71.8	3.3
75-79 years	871	69.1	2.0	280	66.5	4.5	149	75.3	5.8	326	70.2	3.0
80-84 years	1,128	70.1	2.3	365	68.3	4.2	179	75.2	4.0	412	70.0	3.4
85 + years	686	68.6	2.2	230	67.3	3.5	109	74.3	4.0	218	67.1	5.1
Total, age adjusted ...	6,537	67.3	1.4	2,041	56.0	2.5	948	***71.0	1.9	2,757	***69.9	1.6
Male												
60-64 years	668	63.5	3.4	192	37.5	5.9	77	°° 66.9 *	5.7	339	***70.1	4.1
65-69 years	619	68.5	2.7	173	56.3	6.7	72	73.2 *	7.6	319	70.3	3.5
70-74 years	602	71.6	3.0	151	59.6	6.9	101	71.5	5.8	303	73.0	3.8
75-79 years	378	73.2	2.6	111	70.0	6.1	63	82.4 *	6.1	159	73.6	4.1
80-84 years	536	73.8	2.5	143	73.1	3.4	89	74.6 *	4.8	233	74.0	3.8
85 + years	283	70.7	2.9	80	74.9 *	6.6	55	64.5 *	6.7	107	70.7 *	4.9
Total, age adjusted ...	3,086	69.5	1.4	850	58.3	2.8	457	***72.2	2.5	1,460	***71.8	1.9
Female												
60-64 years	670	62.2	2.8	222	48.3	6.0	81	° 68.8 *	5.5	292	° 64.8	3.6
65-69 years	632	68.0	3.8	214	52.3	7.4	80	67.1 *	6.3	270	° 73.9	5.2
70-74 years	661	65.2	2.6	214	47.6	5.8	100	65.9	6.4	278	°° 70.6	4.1
75-79 years	493	66.4	2.7	169	65.1	5.6	86	70.8 *	8.1	167	67.2	4.2
80-84 years	592	68.0	2.9	222	66.6	5.3	90	75.5 *	5.6	179	67.0	4.6
85 + years	403	67.6	3.1	150	64.5	4.8	54	° 80.7 *	4.8	111	64.8 *	6.5
Total, age adjusted ...	3,451	65.8	1.5	1,191	55.2	2.9	491	***70.0	2.3	1,297	***68.4	1.8

Notes: * Denotes individual estimates not meeting the standards of reliability or precision due to inadequate cell size or large coefficient of variation.

Significant differences in means and proportions are noted by ° (.05 level), °° (.01 level), or *** (.001 level). Differences are tested in comparison to lowest income group (Income ≤ 130% poverty).

Source: NHANES-III, 1988-94: Adult interview file and Examination file. The 'All older adults' column includes persons with missing income.

Table D-150—Percent of older adults residing at current address 20 years or longer

	All older adults			Lowest income: ≤ 130% poverty			Low-income: 131-185% poverty			Higher-income: > 185% poverty		
	Sample size	Percent	Standard Error	Sample size	Percent	Standard Error	Sample size	Percent	Standard Error	Sample size	Percent	Standard Error
Both sexes												
60-64 years	1,338	39.2	2.2	414	24.7	3.9	158	⁂ 41.5	6.8	631	⁂⁂ 43.4	3.0
65-69 years	1,251	49.2	2.4	387	36.1	4.5	152	⁂⁂ 53.4	5.0	589	⁂⁂ 52.6	3.3
70-74 years	1,263	49.9	2.8	365	35.2	4.3	201	⁂ 47.6	4.8	581	⁂ 54.1	4.1
75-79 years	871	50.7	2.2	280	44.4	3.8	149	58.6	6.4	326	51.9	3.4
80-84 years	1,128	50.5	3.1	365	49.4	3.9	179	53.1	3.0	412	48.5	5.8
85 + years	686	48.2	2.1	230	44.8	4.3	109	48.5	5.7	218	47.5	5.9
Total, age adjusted ...	6,537	47.3	1.6	2,041	36.8	2.3	948	⁂⁂ 49.8	2.4	2,757	⁂⁂ 49.7	2.4
Male												
60-64 years	668	40.6	3.5	192	21.9	5.2	77	41.0	9.3	339	⁂⁂ 46.0	4.1
65-69 years	619	48.4	2.7	173	41.3	6.7	72	57.2	8.1	319	49.5	3.9
70-74 years	602	54.0	3.6	151	41.5	8.2	101	54.3	7.0	303	56.2	4.6
75-79 years	378	53.8	3.2	111	55.7 *	6.7	63	57.6 *	7.7	159	53.6	4.8
80-84 years	536	55.2	3.4	143	53.0	3.9	89	58.4	4.7	233	56.0	4.9
85 + years	283	50.8	3.7	80	59.5 *	8.0	55	46.8 *	6.2	107	45.3 *	8.4
Total, age adjusted ...	3,086	49.5	1.8	850	42.1	3.0	457	⁂ 52.1	3.8	1,460	⁂ 50.9	2.6
Female												
60-64 years	670	38.2	2.4	222	26.4	4.3	81	⁂ 41.8	6.7	292	⁂ 40.8	3.4
65-69 years	632	50.0	3.4	214	33.0	5.3	80	⁂⁂ 50.5	6.5	270	⁂⁂ 55.9	4.3
70-74 years	661	46.9	2.9	214	32.4	4.0	100	42.0	5.6	278	⁂ 52.2	4.8
75-79 years	493	48.7	2.8	169	39.7	5.4	86	59.3	8.4	167	50.3	3.6
80-84 years	592	47.8	3.4	222	48.1	4.6	90	49.6	4.3	179	42.7	7.0
85 + years	403	47.0	2.4	150	39.6	5.3	54	49.6 *	8.1	111	48.8	7.0
Total, age adjusted ...	3,451	45.9	1.6	1,191	34.7	2.4	491	⁂⁂ 48.1	2.6	1,297	⁂⁂ 48.6	2.5

Notes: * Denotes individual estimates not meeting the standards of reliability or precision due to inadequate cell size or large coefficient of variation.

Significant differences in means and proportions are noted by ⁂ (.05 level), ⁂⁂ (.01 level), or ⁂⁂⁂ (.001 level). Differences are tested in comparison to lowest income group (Income ≤ 130% poverty).

Source: NHANES-III, 1988-94: Adult interview file and Examination file. The 'All older adults' column includes persons with missing income.

Table D-151—Percent of older adults with self-reported general health status of very good or excellent

	All older adults			Lowest income: ≤ 130% poverty			Low-income: 131-185% poverty			Higher-income: > 185% poverty		
	Sample size	Percent	Standard Error	Sample size	Percent	Standard Error	Sample size	Percent	Standard Error	Sample size	Percent	Standard Error
Both sexes												
60-64 years	1,344	39.6	2.4	417	16.8	3.8	159	26.7	5.6	632	***47.7	3.4
65-69 years	1,262	40.3	1.8	387	23.1	4.2	153	36.0	4.5	597	***45.4	2.6
70-74 years	1,278	36.1	2.1	368	21.6	2.8	207	27.2	3.5	585	***43.5	3.0
75-79 years	877	28.2	1.9	282	21.0	2.8	148	17.6	3.3	327	**35.6	3.5
80-84 years	1,129	30.2	2.0	365	24.3	2.7	179	31.9	4.4	410	**38.8	3.8
85 + years	696	32.8	2.2	233	24.4	3.2	108	31.6	5.2	219	**41.2	4.3
Total, age adjusted ...	6,586	35.6	1.2	2,052	21.2	1.5	954	**28.2	1.9	2,770	***42.9	1.9
Male												
60-64 years	672	38.9	2.9	194	20.7	6.4	77	23.5 *	6.3	340	**44.0	3.9
65-69 years	626	42.4	2.3	174	20.2	5.6	72	32.7 *	7.5	324	***47.5	3.2
70-74 years	611	34.7	2.3	153	15.9 *	4.6	105	21.8	5.0	305	***42.6	3.1
75-79 years	381	29.9	3.8	112	21.3 *	6.1	62	14.9 *	5.1	159	*36.4	5.2
80-84 years	537	27.2	2.2	143	18.0 *	3.6	89	25.4	5.0	232	**33.5	3.9
85 + years	285	27.4	2.6	82	22.8 *	5.9	54	24.1 *	6.8	107	36.4	4.9
Total, age adjusted ...	3,112	35.0	1.5	858	19.6	2.3	459	23.9	2.5	1,467	***41.4	1.9
Female												
60-64 years	672	40.2	2.8	223	14.3	4.0	82	28.5	7.2	292	***51.2	4.3
65-69 years	636	38.5	2.7	213	25.0	5.4	81	38.5	6.9	273	**43.3	4.0
70-74 years	667	37.3	2.8	215	24.1	4.1	102	31.7	5.2	280	**44.4	4.5
75-79 years	496	27.1	2.0	170	20.9	3.4	86	19.2 *	5.7	168	*34.9	5.0
80-84 years	592	31.9	2.5	222	26.6	3.1	90	36.1	6.0	178	*43.0	5.3
85 + years	411	35.3	3.0	151	25.0	3.4	54	36.4 *	7.2	112	*44.1	6.3
Total, age adjusted ...	3,474	35.8	1.2	1,194	21.8	2.0	495	**31.2	2.4	1,303	***44.0	2.5

Notes: * Denotes individual estimates not meeting the standards of reliability or precision due to inadequate cell size or large coefficient of variation.

Significant differences in means and proportions are noted by > (.05 level), >> (.01 level), or >>> (.001 level). Differences are tested in comparison to lowest income group (Income ≤ 130% poverty).

Source: NHANES-III, 1988-94: Adult interview file. The 'All older adults' column includes persons with missing income.

Table D-152—Percent of older adults with self-reported general health status of fair or poor

	All older adults			Lowest income: ≤ 130% poverty			Low-income: 131-185% poverty			Higher-income: > 185% poverty		
	Sample size	Percent	Standard Error	Sample size	Percent	Standard Error	Sample size	Percent	Standard Error	Sample size	Percent	Standard Error
Both sexes												
60-64 years	1,344	27.2	2.2	417	54.2	4.7	159	↗ 36.8	6.1	632	↗↗ 18.1	2.0
65-69 years	1,262	26.0	1.8	387	41.2	4.6	153	↗ 40.7	5.1	597	↗↗ 19.9	2.5
70-74 years	1,278	29.6	1.9	368	49.2	3.5	207	↗↗ 29.7	3.9	585	↗↗ 22.8	2.1
75-79 years	877	36.6	2.1	282	49.8	3.2	148	↗ 41.1	4.9	327	↗↗ 26.0	3.1
80-84 years	1,129	36.4	1.6	365	43.6	2.7	179	↗ 38.0	5.0	410	↗↗ 30.7	2.5
85 + years	696	37.4	2.7	233	45.9	3.3	108	↗ 35.9	5.0	219	↗ 27.9	4.7
Total, age adjusted ...	6,586	30.9	1.1	2,052	47.9	2.1	954	↗↗ 37.0	2.1	2,770	↗↗ 23.0	1.0
Male												
60-64 years	672	24.2	2.9	194	52.3	7.0	77	↗ 45.0	7.8	340	↗↗ 15.5	3.3
65-69 years	626	24.9	1.8	174	45.5	6.6	72	↗ 39.6	6.7	324	↗↗ 19.5	2.5
70-74 years	611	30.5	2.5	153	54.1	6.5	105	↗ 32.2	6.8	305	↗↗ 25.9	3.2
75-79 years	381	38.8	2.7	112	59.4	6.6	62	↗ 44.3 *	7.1	159	↗↗ 28.3	3.4
80-84 years	537	41.2	2.8	143	51.4	4.7	89	↗ 53.1	5.1	232	↗ 33.4	4.1
85 + years	285	38.6	3.5	82	43.4	5.3	54	↗ 41.5 *	8.3	107	↗ 29.9	6.3
Total, age adjusted ...	3,112	31.1	1.3	858	51.4	2.5	459	↗ 41.8	3.2	1,467	↗↗ 23.7	1.5
Female												
60-64 years	672	29.7	2.7	223	55.5	5.6	82	↗ 32.2	6.4	292	↗↗ 20.6	2.8
65-69 years	636	27.0	2.8	213	38.6	5.5	81	↗ 41.5	6.4	273	↗ 20.3	3.9
70-74 years	667	28.9	2.3	215	47.0	5.3	102	↗ 27.6	5.7	280	↗↗ 19.9	2.5
75-79 years	496	35.2	2.8	170	45.8	4.5	86	↗ 39.2	7.2	168	↗↗ 23.9	4.7
80-84 years	592	33.6	1.8	222	40.8	3.0	90	↗ 28.3	6.2	178	↗ 28.6	3.4
85 + years	411	36.8	3.4	151	46.8	4.2	54	↗ 32.4 *	7.0	112	↗ 26.7	5.7
Total, age adjusted ...	3,474	31.0	1.2	1,194	46.4	2.5	495	↗↗ 34.0	2.8	1,303	↗↗ 22.4	1.3

Notes: * Denotes individual estimates not meeting the standards of reliability or precision due to inadequate cell size or large coefficient of variation.

Significant differences in means and proportions are noted by ↗ (.05 level), ↗↗ (.01 level), or ↗↗↗ (.001 level). Differences are tested in comparison to lowest income group (Income ≤ 130% poverty).

Source: NHANES-III, 1988-94: Adult interview file. The 'All older adults' column includes persons with missing income.

Table D-153—Percent of older adults with physician-reported general health status of very good or excellent

	All older adults			Lowest income: ≤ 130% poverty			Low-income: 131-185% poverty			Higher-income: > 185% poverty		
	Sample size	Percent	Standard Error	Sample size	Percent	Standard Error	Sample size	Percent	Standard Error	Sample size	Percent	Standard Error
Both sexes												
60-64 years	1,174	48.5	3.8	363	30.9	4.5	139	44.4 *	6.4	563	***54.3	4.4
65-69 years	1,057	47.7	4.1	321	30.6	5.7	132	30.8 *	7.1	505	***54.7	4.7
70-74 years	1,025	40.7	3.9	292	26.3	4.1	165	³ 37.7 *	6.0	487	***45.1	4.2
75-79 years	669	34.3 *	4.3	215	25.3 *	5.1	119	25.1 *	6.7	258	***44.4 *	4.7
80-84 years	795	30.5	3.7	259	22.0 *	4.7	127	26.4 *	4.6	308	³ 39.5	4.5
85 + years	413	27.8 *	3.8	143	21.2 *	4.7	72	32.2 *	7.0	147	³ 37.2 *	5.9
Total, age adjusted ...	5,133	40.6	3.3	1,593	27.2	3.0	754	34.1	4.1	2,268	***47.8	3.5
Male												
60-64 years	586	50.5 *	4.5	171	39.0 *	7.9	69	43.1 *	8.3	297	53.8 *	5.2
65-69 years	531	43.5 *	5.2	141	20.7 *	5.2	64	20.2 *	6.4	279	***51.4 *	6.3
70-74 years	505	45.9 *	4.4	129	25.6 *	7.3	80	35.8 *	7.6	262	***51.6 *	4.7
75-79 years	292	38.3 *	5.4	89	22.8 *	6.8	51	18.5 *	7.0	121	***51.3 *	6.1
80-84 years	401	31.0 *	4.4	105	12.1 *	4.2	67	² 27.8 *	6.4	185	***36.8 *	5.3
85 + years	182	26.3 *	4.3	55	19.4 *	7.2	36	20.7 *	5.4	72	34.9 *	6.6
Total, age adjusted ...	2,497	41.8	3.5	690	25.2	3.4	367	29.2	4.6	1,216	***48.9	3.7
Female												
60-64 years	588	47.1 *	4.0	192	25.9 *	5.1	70	² 45.2 *	6.5	266	***54.7 *	5.0
65-69 years	526	51.4 *	4.2	180	36.5 *	7.3	68	39.5 *	9.1	226	³ 58.2 *	4.8
70-74 years	520	36.5 *	4.4	163	26.6 *	5.0	85	39.2 *	7.3	225	³ 38.6 *	5.5
75-79 years	377	31.8 *	4.3	126	26.4 *	5.3	68	29.9 *	8.0	137	³ 39.1 *	5.6
80-84 years	394	30.3 *	4.1	154	25.3 *	5.1	60	25.5 *	6.4	123	³ 41.7 *	5.4
85 + years	231	28.5 *	4.3	88	21.9 *	6.1	36	38.6 *	8.8	75	38.4 *	7.2
Total, age adjusted ...	2,636	39.9	3.3	903	27.9	3.4	387	³ 37.6	4.1	1,052	***46.8	3.7

Notes: * Denotes individual estimates not meeting the standards of reliability or precision due to inadequate cell size or large coefficient of variation.

Significant differences in means and proportions are noted by ² (.05 level), ³ (.01 level), or *** (.001 level). Differences are tested in comparison to lowest income group (Income ≤ 130% poverty).

Source: NHANES-III, 1988-94: Examination file. The 'All older adults' column includes persons with missing income.

Table D-154—Percent of older adults with physician-reported general health status of fair or poor

	All older adults			Lowest income: ≤ 130% poverty			Low-income: 131-185% poverty			Higher-income: > 185% poverty		
	Sample size	Percent	Standard Error	Sample size	Percent	Standard Error	Sample size	Percent	Standard Error	Sample size	Percent	Standard Error
Both sexes												
60-64 years	1,174	14.7	1.5	363	30.8	3.6	139	» 16.7	3.8	563	»» 10.5	1.5
65-69 years	1,057	16.8	2.2	321	31.9	6.0	132	21.4	4.5	505	» 12.3	2.1
70-74 years	1,025	23.5	2.2	292	36.9	4.0	165	33.5	4.6	487	»» 15.8	2.4
75-79 years	669	31.9	2.8	215	45.6	5.6	119	39.6	6.1	258	»» 21.2	2.9
80-84 years	795	36.0	3.2	259	47.7	5.3	127	»» 30.4	3.3	308	»» 28.0	3.7
85 + years	413	36.6	3.8	143	45.1	7.0	72	31.3 *	6.6	147	» 26.6	4.2
Total, age adjusted ...	5,133	24.0	1.5	1,593	37.8	2.9	754	»» 27.5	2.4	2,268	»» 17.0	1.4
Male												
60-64 years	586	14.4	1.9	171	31.1	6.5	69	24.1 *	7.0	297	» 10.3	2.1
65-69 years	531	19.4	2.9	141	38.8	8.5	64	29.1 *	7.3	279	» 15.1	3.3
70-74 years	505	22.9	2.6	129	42.1	8.4	80	42.1	6.9	262	» 13.7	2.8
75-79 years	292	37.1	4.4	89	57.9	8.1	51	44.1 *	8.4	121	»» 26.5	5.4
80-84 years	401	35.9	3.9	105	52.5	5.4	67	38.1 *	8.2	185	»» 27.8	4.7
85 + years	182	38.0	5.5	55	49.1 *	9.1	36	29.1 *	8.1	72	28.7	7.0
Total, age adjusted ...	2,497	25.3	1.8	690	43.2	3.0	367	» 33.8	3.8	1,216	»» 18.2	1.7
Female												
60-64 years	588	15.0	2.0	192	30.6	5.8	70	» 12.5 *	4.3	266	» 10.7	2.2
65-69 years	526	14.6	2.4	180	27.8	6.9	68	15.2 *	6.5	226	» 9.4	2.2
70-74 years	520	24.0	2.9	163	34.3	4.1	85	27.0	5.4	225	»» 17.8	3.7
75-79 years	377	28.6	3.0	126	40.4	6.0	68	36.3 *	7.1	137	» 17.2	3.9
80-84 years	394	36.1	3.5	154	46.1	5.8	60	» 25.5 *	4.9	123	» 28.2	4.0
85 + years	231	36.0	4.2	88	43.7	8.1	36	32.4 *	7.8	75	» 25.4	4.5
Total, age adjusted ...	2,636	23.1	1.7	903	35.2	3.4	387	»» 23.0	2.2	1,052	»» 16.1	1.7

Notes: * Denotes individual estimates not meeting the standards of reliability or precision due to inadequate cell size or large coefficient of variation.

Significant differences in means and proportions are noted by » (.05 level), »» (.01 level), or »»» (.001 level). Differences are tested in comparison to lowest income group (Income ≤ 130% poverty).

Source: NHANES-III, 1988-94: Examination file. The 'All older adults' column includes persons with missing income.

Table D-155—Percent of older adults reporting high blood pressure

	All older adults			Lowest income: ≤ 130% poverty			Low-income: 131-185% poverty			Higher-income: > 185% poverty		
	Sample size	Percent	Standard Error	Sample size	Percent	Standard Error	Sample size	Percent	Standard Error	Sample size	Percent	Standard Error
Both sexes												
60-64 years	1,337	35.1	2.10	414	46.0	3.97	158	39.3	4.05	630	» 32.1	2.88
65-69 years	1,257	40.5	2.06	387	44.8	3.67	150	47.2	5.66	595	37.6	2.73
70-74 years	1,271	42.5	1.30	366	48.3	3.91	206	41.0	4.28	584	40.9	2.18
75-79 years	872	44.6	1.96	280	51.5	3.26	149	51.2	5.21	326	» 38.6	2.92
80-84 years	1,119	41.6	1.53	363	46.8	3.13	177	39.3	3.62	407	39.6	2.55
85 + years	691	34.7	2.06	231	33.5	3.76	109	32.8	5.42	217	37.7	3.20
Total, age adjusted ...	6,547	39.8	0.74	2,041	46.0	1.40	949	42.6	1.89	2,759	»» 37.3	1.02
Male												
60-64 years	670	31.2	2.69	193	43.3	6.19	77	36.8	5.77	339	» 28.1	3.53
65-69 years	621	36.8	3.35	172	31.4	6.02	71	38.2	10.28	322	37.2	4.44
70-74 years	607	37.3	2.15	152	42.7	5.18	104	33.6	5.14	304	36.9	3.41
75-79 years	378	33.1	2.76	110	28.3	5.70	63	36.7	7.23	158	32.9	3.65
80-84 years	532	31.5	2.31	142	38.9	4.55	87	28.1	4.03	231	32.8	3.38
85 + years	284	27.0	2.00	81	20.3 *	4.78	55	26.9	5.47	107	31.3	4.38
Total, age adjusted ...	3,092	33.5	1.12	850	35.6	2.51	457	34.6	3.22	1,461	33.3	1.46
Female												
60-64 years	667	38.2	2.47	221	47.7	5.08	81	40.8	6.27	291	35.9	3.24
65-69 years	636	43.8	2.19	215	53.0	4.90	79	54.3	8.97	273	» 38.0	3.06
70-74 years	664	46.5	2.21	214	50.8	4.30	102	47.2	6.50	280	44.7	3.59
75-79 years	494	52.3	2.36	170	61.3	4.43	86	60.5	6.38	168	»» 43.6	3.22
80-84 years	587	47.3	2.31	221	49.6	4.62	90	46.4	5.27	176	44.9	3.59
85 + years	407	38.3	2.86	150	38.4	4.80	54	36.5	7.09	110	41.7	4.95
Total, age adjusted ...	3,455	44.2	0.87	1,191	51.0	1.99	492	48.3	2.93	1,298	»» 40.8	1.24

Notes: * Denotes individual estimates not meeting the standards of reliability or precision due to inadequate cell size or large coefficient of variation.

Significant differences in means and proportions are noted by » (.05 level), »» (.01 level), or »»» (.001 level). Differences are tested in comparison to lowest income group (Income ≤ 130% poverty).

Source: NHANES-III, 1988-94: Adult interview file. The 'All older adults' column includes persons with missing income.

Table D-156—Percent of older adults with measured high blood pressure

	All older adults			Lowest income: ≤ 130% poverty			Low-income: 131-185% poverty			Higher-income: > 185% poverty		
	Sample size	Percent	Standard Error	Sample size	Percent	Standard Error	Sample size	Percent	Standard Error	Sample size	Percent	Standard Error
Both sexes												
60-64 years	1,208	32.9	2.1	377	43.4	3.6	143	33.9	5.9	573	» 30.7	2.3
65-69 years	1,096	41.5	2.2	339	44.0	5.1	135	41.7	5.5	519	40.0	2.9
70-74 years	1,062	51.2	2.2	306	51.7	3.2	171	46.8	7.6	497	54.2	2.8
75-79 years	686	56.0	3.0	220	60.2	3.8	121	56.7	5.6	267	54.9	3.7
80-84 years	812	60.3	2.2	262	65.4	3.9	131	67.3	4.1	315	56.9	3.0
85 + years	426	67.4	3.2	149	62.3	4.9	74	65.4 *	5.6	149	» 72.4	3.3
Total, age adjusted ...	5,290	48.2	1.1	1,653	52.0	2.0	775	48.3	2.9	2,320	» 47.9	1.0
Male												
60-64 years	605	32.0	3.2	178	30.4	6.5	71	32.6 *	10.5	304	33.3	3.6
65-69 years	558	43.5	3.0	153	42.7	7.1	67	42.9 *	10.0	289	43.9	4.0
70-74 years	523	48.4	3.1	135	50.0	6.4	83	44.2	9.0	268	49.0	3.9
75-79 years	299	46.6	4.2	90	53.6	7.0	52	41.8 *	7.0	125	46.0	5.6
80-84 years	410	49.9	3.4	107	57.5	6.4	68	57.6 *	5.6	189	47.4	3.5
85 + years	188	61.8	4.7	57	60.8 *	8.5	38	59.1 *	6.5	73	68.2	6.3
Total, age adjusted ...	2,583	44.7	1.6	720	46.3	3.1	379	43.7	4.3	1,248	45.4	1.7
Female												
60-64 years	603	33.7	2.9	199	51.5	4.7	72	» 34.7 *	7.4	269	»» 28.5	3.0
65-69 years	538	39.6	3.2	186	44.8	7.1	68	40.7 *	7.6	230	35.8	4.1
70-74 years	539	53.3	3.1	171	52.5	5.2	88	48.7	7.9	229	59.4	3.9
75-79 years	387	62.0	3.5	130	63.0	4.5	69	67.5 *	6.1	142	61.8	4.4
80-84 years	402	66.6	2.5	155	68.3	3.9	63	73.5 *	5.9	126	65.2	4.1
85 + years	238	70.1	3.7	92	62.9	5.9	36	69.4 *	6.8	76	74.7	3.7
Total, age adjusted ...	2,707	50.3	1.4	933	55.0	2.7	396	51.4	3.2	1,072	49.7	1.4

Notes: * Denotes individual estimates not meeting the standards of reliability or precision due to inadequate cell size or large coefficient of variation.

Significant differences in means and proportions are noted by » (.05 level), »» (.01 level), or »»» (.001 level). Differences are tested in comparison to lowest income group (Income ≤ 130% poverty).

Source: NHANES-III, 1988-94: Adult interview file. The 'All older adults' column includes persons with missing income.

Table D-157—Percent of older adults reporting diabetes

	All older adults			Lowest income: ≤ 130% poverty			Low-income: 131-185% poverty			Higher-income: > 185% poverty		
	Sample size	Percent	Standard Error	Sample size	Percent	Standard Error	Sample size	Percent	Standard Error	Sample size	Percent	Standard Error
Both sexes												
60-64 years	1,342	12.6	1.23	415	21.3	2.91	159	11.7	2.87	632	10.7	1.57
65-69 years	1,263	12.1	1.33	389	17.5	3.42	152	20.0	4.65	597	9.8	1.52
70-74 years	1,276	13.4	1.43	367	22.1	3.50	207	12.3	3.03	584	10.3	1.33
75-79 years	878	15.6	1.13	282	17.2	3.50	149	14.8	3.77	327	13.5	1.49
80-84 years	1,134	13.6	1.10	366	15.2	1.93	179	12.3	2.18	412	12.9	1.88
85 + years	695	6.8	0.86	233	5.7 *	1.08	109	11.3 *	3.75	218	7.2	1.75
Total, age adjusted ...	6,588	12.7	0.52	2,052	17.9	1.45	955	14.1	1.20	2,770	10.8	0.66
Male												
60-64 years	671	11.7	2.24	193	20.2	5.56	77	10.2 *	3.60	340	10.8	2.66
65-69 years	625	11.8	1.72	174	17.1	3.52	71	12.0 *	4.95	324	11.4	2.15
70-74 years	610	12.2	1.97	153	16.3	4.76	105	11.1 *	4.23	304	11.1	1.98
75-79 years	382	15.5	1.83	112	19.0	4.60	63	16.7 *	7.35	159	15.1	2.90
80-84 years	540	14.6	1.89	144	15.9	3.59	89	12.8 *	3.47	233	13.2	3.11
85 + years	285	7.4	1.88	82	3.3 *	1.68	55	8.0 *	4.74	106	9.5 *	2.97
Total, age adjusted ...	3,113	12.3	0.79	858	16.5	2.42	460	11.9	2.18	1,466	11.8	1.17
Female												
60-64 years	671	13.3	1.79	222	22.0	3.83	82	12.6 *	3.88	292	10.7	2.03
65-69 years	638	12.3	1.79	215	17.7	4.92	81	26.1	7.01	273	8.1	1.62
70-74 years	666	14.4	1.69	214	24.7	3.64	102	13.4	4.46	280	9.6	1.84
75-79 years	496	15.7	1.66	170	16.5	4.14	86	13.6 *	4.69	168	12.0	2.10
80-84 years	594	13.1	1.47	222	15.0	2.25	90	12.1 *	3.64	179	12.6	2.98
85 + years	410	6.6	1.08	151	6.6 *	1.45	54	13.5 *	5.58	112	5.8 *	2.36
Total, age adjusted ...	3,475	13.0	0.70	1,194	18.5	1.56	495	15.7	1.66	1,304	9.9	0.82

Notes: * Denotes individual estimates not meeting the standards of reliability or precision due to inadequate cell size or large coefficient of variation.

Significant differences in means and proportions are noted by > (.05 level), >> (.01 level), or >>> (.001 level). Differences are tested in comparison to lowest income group (Income ≤ 130% poverty).

Source: NHANES-III, 1988-94: Adult interview file. The 'All older adults' column includes persons with missing income.

Table D-158—Percent of older adults reporting heart attack

	All older adults			Lowest income: ≤ 130% poverty			Low-income: 131-185% poverty			Higher-income: > 185% poverty		
	Sample size	Percent	Standard Error	Sample size	Percent	Standard Error	Sample size	Percent	Standard Error	Sample size	Percent	Standard Error
Both sexes												
60-64 years	1,328	9.2	1.09	412	19.3	3.06	154	10.0	2.66	628	7.0	1.48
65-69 years	1,246	8.6	1.22	377	10.0	2.38	152	14.8	3.44	594	7.4	1.58
70-74 years	1,268	13.8	1.27	364	14.6	3.00	204	12.6	1.78	582	14.2	1.78
75-79 years	867	15.1	1.50	275	15.5	3.16	147	19.2	5.17	326	13.4	1.94
80-84 years	1,125	14.5	1.09	360	13.6	1.96	178	12.3	2.38	411	16.7	2.08
85 + years	691	11.4	1.50	232	12.1	3.04	107	9.6 *	3.11	217	13.3	2.13
Total, age adjusted ...	6,525	11.7	0.63	2,020	14.6	1.11	942	13.2	1.32	2,758	11.2	0.79
Male												
60-64 years	663	13.6	2.10	191	26.7	6.22	75	21.1	7.56	337	10.3	2.69
65-69 years	618	12.4	2.11	169	15.4	4.52	71	21.0	6.18	322	10.8	2.73
70-74 years	607	19.5	2.07	150	16.9	5.02	105	19.6	4.28	304	20.5	3.12
75-79 years	378	17.4	2.04	110	15.8 *	4.55	62	26.0	7.40	159	15.6	2.59
80-84 years	534	16.0	1.60	140	12.7 *	3.15	88	20.4	4.37	232	19.2	2.54
85 + years	283	13.0	2.24	81	10.4 *	4.34	54	11.3 *	3.63	106	15.2	3.78
Total, age adjusted ...	3,083	15.3	0.94	841	17.6	1.69	455	20.6	2.64	1,460	14.6	1.28
Female												
60-64 years	665	5.6	1.16	221	14.7	4.04	79	3.8 *	2.57	291	3.9	1.25
65-69 years	628	5.3	1.06	208	6.7 *	2.30	81	9.9 *	4.71	272	4.0	1.57
70-74 years	661	9.5	1.43	214	13.6	3.22	99	6.5 *	2.36	278	8.3	1.98
75-79 years	489	13.6	2.05	165	15.4	4.50	85	14.8 *	6.18	167	11.4	2.42
80-84 years	591	13.7	1.34	220	13.9	2.62	90	7.1 *	2.79	179	14.8	3.19
85 + years	408	10.7	1.97	151	12.7 *	3.74	53	8.6 *	4.24	111	12.1	2.79
Total, age adjusted ...	3,442	8.9	0.66	1,179	12.7	1.40	487	8.2	1.63	1,298	7.9	0.76

Notes: * Denotes individual estimates not meeting the standards of reliability or precision due to inadequate cell size or large coefficient of variation.

Significant differences in means and proportions are noted by > (.05 level), >> (.01 level), or >>> (.001 level). Differences are tested in comparison to lowest income group (Income ≤ 130% poverty).

Source: NHANES-III, 1988-94: Adult interview file. The 'All older adults' column includes persons with missing income.

Table D-159—Mean age at first heart attack among older adults reporting heart attack(s)

	All older adults			Lowest income: ≤ 130% poverty			Low-income: 131-185% poverty			Higher-income: > 185% poverty		
	Sample size	Mean Age	Standard Error	Sample size	Mean Age	Standard Error	Sample size	Mean Age	Standard Error	Sample size	Mean Age	Standard Error
Both sexes												
60-64 years	111	52.0	0.97	46	51.5	1.58	14	48.6 *	2.70	40	52.8 *	1.53
65-69 years	95	56.8	1.19	35	56.3 *	2.46	17	60.1 *	2.18	36	55.7 *	2.04
70-74 years	168	61.0	0.76	49	59.6	2.47	28	58.8 *	2.36	76	62.0	0.75
75-79 years	112	64.6	1.24	39	62.8 *	2.24	21	63.6 *	3.54	37	65.0 *	2.02
80-84 years	154	71.0	1.21	40	70.7 *	2.26	22	72.4 *	1.82	70	70.4	1.71
85 + years	77	72.5	1.65	25	75.1 *	3.05	11	61.4 *	6.18	30	73.2 *	2.36
Total, age adjusted ...	717	60.8	0.49	234	60.2	1.05	113	59.2	1.02	289	61.0	0.72
Male												
60-64 years	77	52.4	1.10	26	53.6 *	1.71	12	48.9 *	2.61	30	51.9 *	1.70
65-69 years	60	55.3 *	1.49	18	53.0 *	3.20	11	60.4 *	3.38	27	54.5 *	2.29
70-74 years	107	60.6	0.93	23	61.5 *	1.51	20	59.4 *	2.97	56	60.8 *	1.17
75-79 years	60	66.0 *	1.97	18	68.2 *	2.53	11	65.1 *	6.46	23	65.9 *	1.98
80-84 years	85	69.0	1.25	15	66.1 *	4.14	15	70.6 *	2.29	48	68.8 *	1.40
85 + years	39	73.5 *	1.97	8	83.2 *	2.80	8	***68.1 *	2.70	17	**72.8 *	2.48
Total, age adjusted ...	428	60.6	0.52	108	61.5	1.13	77	60.1	1.35	201	60.2	0.69
Female												
60-64 years	34	51.4 *	1.78	20	49.2 *	2.46	2	47.8 *	8.48	10	55.1 *	2.36
65-69 years	35	60.0 *	1.66	17	60.8 *	1.72	6	59.5 *	4.63	9	59.1 *	3.33
70-74 years	61	61.9 *	1.54	26	58.6 *	3.60	8	57.2 *	3.74	20	65.6 *	1.39
75-79 years	52	63.5 *	1.69	21	60.1 *	2.93	10	61.8 *	2.03	14	63.9 *	3.52
80-84 years	69	72.3	1.57	25	72.2 *	2.35	7	75.3 *	1.38	22	72.1 *	2.92
85 + years	38	72.0 *	2.23	17	73.1 *	3.52	3	54.0 *	10.61	13	73.5 *	3.49
Total, age adjusted ...	289	61.4	0.73	126	59.9	1.29	36	57.9 *	2.59	88	63.0	1.25

Notes: * Denotes individual estimates not meeting the standards of reliability or precision due to inadequate cell size or large coefficient of variation.

Significant differences in means and proportions are noted by > (.05 level), >> (.01 level), or >>> (.001 level). Differences are tested in comparison to lowest income group (Income ≤ 130% poverty).

Source: NHANES-III, 1988-94: Adult interview file. The 'All older adults' column includes persons with missing income.

Table D-160—Percent of older adults reporting stroke

	All older adults			Lowest income: ≤ 130% poverty			Low-income: 131-185% poverty			Higher-income: > 185% poverty		
	Sample size	Percent	Standard Error	Sample size	Percent	Standard Error	Sample size	Percent	Standard Error	Sample size	Percent	Standard Error
Both sexes												
60-64 years	1,344	4.1	0.71	417	11.3	3.05	159	5.0 *	2.47	632	» 2.6	0.79
65-69 years	1,263	4.5	0.79	388	7.0	1.32	153	7.4 *	3.34	597	3.8	1.07
70-74 years	1,276	7.5	0.79	367	10.7	2.88	207	9.2	2.36	584	6.5	1.19
75-79 years	877	10.1	1.22	282	14.4	3.01	149	18.0	3.89	326	» 5.9	1.28
80-84 years	1,133	10.8	1.18	366	10.0	1.48	179	12.0	2.51	412	9.3	1.78
85 + years	697	15.2	1.48	233	17.4	3.21	109	9.2 *	3.08	219	10.9	1.96
Total, age adjusted ...	6,590	7.6	0.40	2,053	11.2	0.93	956	9.6	0.97	2,770	»» 5.6	0.58
Male												
60-64 years	672	4.1	1.18	194	14.2	5.23	77	» 0.6 *	0.44	340	» 2.7 *	1.40
65-69 years	625	4.9	1.14	173	7.8 *	2.63	72	6.6 *	3.26	324	4.5	1.63
70-74 years	610	7.2	1.27	152	14.0	4.28	105	6.4 *	3.18	305	6.1	1.57
75-79 years	381	11.3	2.31	112	9.7 *	3.67	63	» 25.2	6.95	158	7.5 *	2.20
80-84 years	540	11.2	1.47	144	11.1 *	3.64	89	16.5	3.98	233	9.2	2.10
85 + years	286	18.5	2.51	82	19.5 *	4.73	55	17.5 *	5.97	107	12.9	3.33
Total, age adjusted ...	3,114	8.1	0.51	857	12.3	1.58	461	10.3	1.53	1,467	»» 6.2	0.55
Female												
60-64 years	672	4.2	0.96	223	9.5	3.06	82	7.5 *	3.66	292	» 2.4 *	1.09
65-69 years	638	4.2	1.07	215	6.5 *	1.60	81	8.0 *	3.92	273	3.1 *	1.34
70-74 years	666	7.7	1.25	215	9.3	3.92	102	11.6 *	3.76	279	6.8	1.74
75-79 years	496	9.3	1.38	170	16.5	4.19	86	13.3 *	4.65	168	» 4.4 *	1.29
80-84 years	593	10.5	1.59	222	9.5	1.62	90	9.0 *	3.33	179	9.4	2.30
85 + years	411	13.7	1.86	151	16.6	3.63	54	» 3.9 *	2.89	112	9.6 *	3.46
Total, age adjusted ...	3,476	7.3	0.53	1,196	10.6	1.20	495	9.2	1.33	1,303	»» 5.1	0.83

Notes: * Denotes individual estimates not meeting the standards of reliability or precision due to inadequate cell size or large coefficient of variation.

Significant differences in means and proportions are noted by » (.05 level), »» (.01 level), or »»» (.001 level). Differences are tested in comparison to lowest income group (Income ≤ 130% poverty).

Source: NHANES-III, 1988-94: Adult interview file. The 'All older adults' column includes persons with missing income.

Table D-161—Percent of older adults reporting emphysema or congestive heart failure

	All older adults			Lowest income: ≤ 130% poverty			Low-income: 131-185% poverty			Higher-income: > 185% poverty		
	Sample size	Percent	Standard Error	Sample size	Percent	Standard Error	Sample size	Percent	Standard Error	Sample size	Percent	Standard Error
Both sexes												
60-64 years	1,344	9.7	1.1	417	18.2	3.3	159	12.3	3.8	632	***6.4	1.0
65-69 years	1,264	10.8	1.1	389	13.0	2.9	153	16.4	3.7	597	9.8	1.4
70-74 years	1,278	14.5	1.1	368	15.6	2.8	207	22.3	4.5	585	13.1	1.5
75-79 years	878	15.4	1.8	282	16.3	2.6	149	16.8	4.3	327	11.5	2.2
80-84 years	1,134	13.7	1.2	366	17.1	2.1	179	12.4	2.8	412	12.7	1.8
85 + years	698	13.6	1.2	234	14.4	3.2	109	16.9	4.5	219	13.6	2.7
Total, age adjusted ...	6,596	12.6	0.6	2,056	15.8	1.4	956	16.2	1.8	2,772	** 10.6	0.6
Male												
60-64 years	672	12.6	1.6	194	27.3	6.4	77	19.9 *	7.4	340	** 9.3	1.6
65-69 years	626	11.7	1.8	174	5.9 *	1.6	72	14.0 *	4.8	324	* 13.0	2.4
70-74 years	611	19.5	1.8	153	19.8	3.6	105	32.9	8.2	305	16.5	2.6
75-79 years	382	18.0	3.1	112	21.7	6.0	63	16.9 *	7.4	159	13.9	3.2
80-84 years	540	17.5	1.8	144	23.0	3.2	89	19.4	4.0	233	15.8	2.8
85 + years	286	15.3	2.3	82	19.2 *	6.2	55	24.5 *	7.3	107	8.1 *	2.3
Total, age adjusted ...	3,117	15.4	1.0	859	19.3	2.2	461	21.0	3.5	1,468	** 12.8	1.0
Female												
60-64 years	672	7.4	1.4	223	12.4	3.7	82	7.9 *	3.4	292	* 3.6	1.4
65-69 years	638	10.1	1.7	215	17.4	4.4	81	18.3 *	5.8	273	* 6.6	1.8
70-74 years	667	10.6	1.7	215	13.7	3.3	102	13.3 *	3.7	280	9.8	2.2
75-79 years	496	13.7	1.7	170	14.1	3.0	86	16.7 *	4.5	168	9.2	2.3
80-84 years	594	11.6	1.2	222	15.0	2.4	90	* 8.0 *	3.1	179	10.2	2.4
85 + years	412	12.9	1.7	152	12.7 *	3.0	54	12.0 *	5.0	112	16.9	4.6
Total, age adjusted ...	3,479	10.6	0.7	1,197	14.3	1.9	495	12.9	1.6	1,304	** 8.3	0.9

Notes: * Denotes individual estimates not meeting the standards of reliability or precision due to inadequate cell size or large coefficient of variation.

Significant differences in means and proportions are noted by * (.05 level), ** (.01 level), or *** (.001 level). Differences are tested in comparison to lowest income group (Income ≤ 130% poverty).

Source: NHANES-III, 1988-94: Adult interview file. The 'All older adults' column includes persons with missing income.

Table D-162—Percent of older adults reporting cancer other than skin cancer

	All older adults			Lowest income: ≤ 130% poverty			Low-income: 131-185% poverty			Higher-income: > 185% poverty		
	Sample size	Percent	Standard Error	Sample size	Percent	Standard Error	Sample size	Percent	Standard Error	Sample size	Percent	Standard Error
Both sexes												
60-64 years	1,344	6.7	1.1	417	6.9 *	3.3	159	6.9 *	3.3	632	7.2	1.6
65-69 years	1,264	8.4	1.1	389	4.3 *	2.0	153	7.6 *	3.3	597	9.1	1.3
70-74 years	1,276	9.2	1.4	368	8.4	2.3	207	7.8	2.5	583	10.2	1.4
75-79 years	877	11.7	1.4	282	13.2	2.1	148	6.0 *	2.2	327	13.4	2.3
80-84 years	1,134	12.5	1.0	366	8.0 *	1.6	179	13.4	2.6	412	15.9	2.2
85 + years	697	12.1	1.2	234	12.4 *	2.6	109	9.5 *	2.9	218	14.5	3.0
Total, age adjusted ...	6,592	9.5	0.5	2,056	8.3	1.0	955	8.0	1.3	2,769	10.8	0.8
Male												
60-64 years	672	4.2	1.4	194	1.0 *	0.6	77	1.0 *	0.9	340	5.7	2.0
65-69 years	626	6.4	1.2	174	2.1 *	1.3	72	8.5 *	4.7	324	6.2	1.5
70-74 years	610	8.4	1.4	153	2.7 *	1.1	105	11.3 *	3.6	304	9.2	1.7
75-79 years	381	10.4	2.1	112	12.0 *	4.3	62	3.0 *	1.7	159	12.7	3.7
80-84 years	540	16.4	2.1	144	12.1 *	1.9	89	18.9	2.9	233	19.5	3.8
85 + years	286	15.4	3.1	82	13.7 *	4.5	55	11.2 *	4.4	107	20.5	4.9
Total, age adjusted ...	3,115	8.9	0.7	859	5.8	0.9	460	7.8	1.5	1,467	10.5	1.1
Female												
60-64 years	672	8.7	1.6	223	10.6 *	5.2	82	10.3 *	5.1	292	8.6	1.9
65-69 years	638	10.2	2.0	215	5.7 *	3.0	81	6.8 *	4.5	273	12.1	2.4
70-74 years	666	9.9	1.7	215	11.0 *	3.4	102	5.0 *	2.6	279	11.2	2.0
75-79 years	496	12.7	1.9	170	13.8 *	3.0	86	7.9 *	3.4	168	14.0	3.2
80-84 years	594	10.3	1.0	222	6.5 *	1.9	90	9.8 *	3.9	179	13.1	2.4
85 + years	411	10.6	1.7	152	12.0 *	3.2	54	8.4 *	4.0	111	10.9 *	3.8
Total, age adjusted ...	3,477	10.2	0.7	1,197	9.9	1.7	495	7.9	1.9	1,302	11.4	1.1

Notes: * Denotes individual estimates not meeting the standards of reliability or precision due to inadequate cell size or large coefficient of variation.

Significant differences in means and proportions are noted by > (.05 level), >> (.01 level), or >>> (.001 level). Differences are tested in comparison to lowest income group (Income ≤ 130% poverty).

Source: NHANES-III, 1988-94: Adult interview file. The 'All older adults' column includes persons with missing income.

Table D-163—Mean 10-year risk of coronary heart disease among older adults¹

	All older adults			Lowest income: ≤ 130% poverty			Low-income: 131-185% poverty			Higher-income: > 185% poverty		
	Sample size	Mean	Standard Error	Sample size	Mean	Standard Error	Sample size	Mean	Standard Error	Sample size	Mean	Standard Error
Both sexes												
60-64 years	1,130	8.4	0.2	346	9.0	0.6	133	7.6	0.6	546	8.6	0.4
65-69 years	997	12.4	0.4	304	12.1	0.7	126	12.6	1.2	480	12.5	0.4
70-74 years	985	12.9	0.3	274	12.0	0.6	160	12.8	0.6	471	13.3	0.4
75-79 years	629	17.9	0.3	196	17.3	0.6	115	19.7	0.8	249	17.5	0.5
Total, age adjusted ...	3,741	12.4	0.1	1,120	12.2	0.3	534	12.6	0.4	1,746	12.6	0.2
Male												
60-64 years	568	14.1	0.3	166	14.3	0.9	65	14.4 *	0.8	290	14.1	0.3
65-69 years	513	18.5	0.5	139	20.1	1.0	64	19.1 *	1.5	269	18.2	0.5
70-74 years	481	18.0	0.3	117	19.1	0.8	80	17.8	0.7	251	17.8	0.4
75-79 years	277	22.2	0.5	81	21.2 *	0.9	49	23.4 *	1.1	118	22.0	0.6
Total, age adjusted ...	1,839	17.8	0.2	503	18.4	0.5	258	18.3	0.6	928	17.7	0.2
Female												
60-64 years	562	4.0	0.2	180	5.4	0.5	68	3.8 *	0.4	256	3.8	0.3
65-69 years	484	6.5	0.3	165	7.0	0.6	62	6.7 *	0.7	211	6.2	0.4
70-74 years	504	8.8	0.3	157	8.7	0.4	80	9.0	0.9	220	9.0	0.4
75-79 years	352	15.1	0.4	115	15.6	0.8	66	17.0 *	1.0	131	14.0	0.5
Total, age adjusted ...	1,902	8.1	0.2	617	8.7	0.3	276	8.5	0.4	818	7.8	0.2

Notes: * Denotes individual estimates not meeting the standards of reliability or precision due to inadequate cell size or large coefficient of variation.

Significant differences in means and proportions are noted by > (.05 level), >> (.01 level), or >>> (.001 level). Differences are tested in comparison to lowest income group (Income ≤ 130% poverty).

¹ 10-year coronary heart disease risk is determined by 5 factors: age, total cholesterol, cigarette smoking, HDL level, and systolic blood pressure. Risk associated with each factor is specific to age and gender. Source: NIH (2001), National Cholesterol Education Program, *ATP III Guidelines At-A-Glance*.
10-year coronary heart disease risk is defined up to age 79 years.

Source: NHANES-III, 1988-94: Examination file.

Table D-164—Percent of older adults with 10-year risk of coronary heart disease greater than 10 percent¹

	All older adults			Lowest income: ≤ 130% poverty			Low-income: 131-185% poverty			Higher-income: > 185% poverty		
	Sample size	Percent	Standard Error	Sample size	Percent	Standard Error	Sample size	Percent	Standard Error	Sample size	Percent	Standard Error
Both sexes												
60-64 years	1,130	33.4	1.8	346	37.2	4.5	133	28.2	4.2	546	33.8	2.5
65-69 years	997	54.3	2.0	304	50.7	4.9	126	53.9	7.1	480	55.4	2.3
70-74 years	985	60.5	1.6	274	56.7	4.1	160	60.9	3.9	471	63.9	2.3
75-79 years	629	86.5	1.8	196	84.6	2.8	115	91.5 *	3.6	249	86.6	2.2
Total, age adjusted ...	3,741	56.3	0.8	1,120	55.1	2.1	534	55.8	3.3	1,746	57.5	0.8
Male												
60-64 years	568	68.1	3.1	166	73.3	6.9	65	69.6 *	8.7	290	66.1	4.0
65-69 years	513	89.2	2.5	139	89.7 *	7.1	64	86.6 *	6.4	269	88.8	2.8
70-74 years	481	90.3	1.7	117	93.4 *	2.4	80	89.0 *	4.2	251	90.8	2.2
75-79 years	277	98.9 *	0.7	81	97.6 *	1.8	49	96.9 *	2.9	118	100.0	0.0
Total, age adjusted ...	1,839	85.3	1.1	503	87.4	3.1	258	84.3	3.6	928	84.9	1.4
Female												
60-64 years	562	6.5	1.5	180	13.1 *	4.6	68	5.1 *	3.6	256	5.7	1.8
65-69 years	484	21.0	2.5	165	26.0	7.0	62	24.1 *	7.4	211	18.6	3.1
70-74 years	504	37.2	2.8	157	39.2	5.8	80	39.8 *	8.0	220	37.6	3.4
75-79 years	352	78.5	2.9	115	79.1 *	3.7	66	87.7 *	5.4	131	76.2	3.9
Total, age adjusted ...	1,902	32.4	1.4	617	36.3	2.9	276	35.3	4.4	818	31.2	1.6

Notes: * Denotes individual estimates not meeting the standards of reliability or precision due to inadequate cell size or large coefficient of variation.

Significant differences in means and proportions are noted by > (.05 level), >> (.01 level), or >>> (.001 level). Differences are tested in comparison to lowest income group (Income ≤ 130% poverty).

¹ 10-year coronary heart disease risk is determined by 5 factors: age, total cholesterol, cigarette smoking, HDL level, and systolic blood pressure. Risk associated with each factor is specific to age and gender. Source: NIH (2001), National Cholesterol Education Program, *ATP III Guidelines At-A-Glance*.
10-year coronary heart disease risk is defined up to age 79 years.

Source: NHANES-III, 1988-94: Examination file.

Table D-165—Mean number of decayed, missing, and filled teeth: Older adults¹

	All older adults			Lowest income: ≤ 130% poverty			Low-income: 131-185% poverty			Higher-income: > 185% poverty		
	Sample size	Mean	Standard Error	Sample size	Mean	Standard Error	Sample size	Mean	Standard Error	Sample size	Mean	Standard Error
Both sexes												
60-64 years	1,181	20.2	0.3	370	21.1	0.9	142	21.5	0.7	560	19.8	0.4
65-69 years	1,055	21.2	0.4	322	22.9	0.6	133	22.2	0.9	504	***20.6	0.4
70-74 years	1,028	21.6	0.3	291	22.2	0.5	167	22.8	0.5	487	21.1	0.3
75-79 years	672	22.8	0.3	218	23.6	0.7	119	22.4	0.6	260	22.5	0.4
80-84 years	789	23.4	0.3	252	24.7	0.4	131	23.1	0.7	306	***22.4	0.3
85 + years	410	23.8	0.4	142	24.2	0.5	72	24.4	0.8	146	22.8	0.7
Total, age adjusted ...	5,135	21.8	0.2	1,595	22.8	0.4	764	22.5	0.3	2,263	***21.2	0.2
Male												
60-64 years	592	20.2	0.4	173	19.5	1.9	71	21.7	1.2	298	20.2	0.4
65-69 years	537	20.7	0.5	146	21.5	1.1	66	22.5 *	1.5	280	20.4	0.5
70-74 years	511	21.4	0.3	131	21.3	0.7	80	22.0	0.8	263	21.4	0.4
75-79 years	293	23.2	0.4	90	24.1 *	1.0	51	22.8 *	1.3	121	22.9	0.6
80-84 years	400	23.6	0.4	103	24.2 *	0.5	68	25.6 *	0.5	185	22.4	0.5
85 + years	182	24.4	0.4	55	24.7 *	0.9	37	24.4 *	1.0	73	24.1	0.5
Total, age adjusted ...	2,515	21.8	0.2	698	22.0	0.7	373	22.8	0.4	1,220	21.5	0.2
Female												
60-64 years	589	20.3	0.3	197	22.1	0.6	71	21.4	0.9	262	***19.4	0.6
65-69 years	518	21.6	0.4	176	23.8	0.7	67	21.9 *	1.0	224	***20.8	0.5
70-74 years	517	21.7	0.4	160	22.7	0.6	87	23.3	0.6	224	20.7	0.4
75-79 years	379	22.6	0.3	128	23.4	0.8	68	22.0 *	1.0	139	22.2	0.5
80-84 years	389	23.3	0.3	149	24.9	0.5	63	21.5 *	0.9	121	***22.4	0.4
85 + years	228	23.6	0.5	87	24.0 *	0.7	35	24.3 *	0.9	73	22.0	0.8
Total, age adjusted ...	2,620	21.8	0.2	897	23.3	0.3	391	22.2	0.4	1,043	***21.0	0.2

Notes: * Denotes individual estimates not meeting the standards of reliability or precision due to inadequate cell size or large coefficient of variation.

Significant differences in means and proportions are noted by > (.05 level), >> (.01 level), or >>> (.001 level). Differences are tested in comparison to lowest income group (Income ≤ 130% poverty).

¹ Table shows the sum of decayed, missing, and filled primary teeth due to any cause.

Source: NHANES-III, 1988-94: Examination file. The dental exam was administered in the Mobile Exam Center; 2.8 percent of MEC respondents did not have a dental exam. The 'All older adults' column includes persons with missing income.

Table D-166—Percent of older adults who ever visited a dentist or dental hygienist

	All older adults			Lowest income: ≤ 130% poverty			Low-income: 131-185% poverty			Higher-income: > 185% poverty		
	Sample size	Percent	Standard Error	Sample size	Percent	Standard Error	Sample size	Percent	Standard Error	Sample size	Percent	Standard Error
Both sexes												
60-64 years	1,333	97.6	0.6	412	93.4 *	2.3	157	⁂ 98.8 *	0.9	631	⁂ 98.5 *	0.6
65-69 years	1,249	97.5	0.8	380	91.6	3.2	151	97.3 *	2.3	595	⁂ 98.9 *	0.6
70-74 years	1,264	96.8	0.9	363	93.6 *	2.0	203	94.4 *	2.4	581	⁂ 98.5 *	0.6
75-79 years	858	95.6	1.2	277	93.1 *	2.0	147	93.5 *	3.3	323	⁂ 97.9 *	1.1
80-84 years	1,073	95.5	1.2	344	92.4 *	2.2	172	⁂ 97.3 *	1.2	398	⁂ 97.3 *	1.1
85 + years	644	93.6	1.8	211	89.9 *	3.6	104	⁂ 96.2 *	1.8	213	⁂ 97.3 *	1.1
Total, age adjusted ...	6,421	96.5	0.7	1,987	92.6	1.5	934	⁂ 96.4	1.1	2,741	⁂ 98.2	0.5
Male												
60-64 years	668	95.6	1.3	191	83.1	6.0	77	⁂ 96.8 *	2.4	340	⁂ 98.0 *	0.8
65-69 years	623	98.2 *	0.7	171	96.1 *	2.4	72	97.0 *	2.6	324	⁂ 98.7 *	0.7
70-74 years	607	97.0 *	0.8	152	93.8 *	2.7	104	93.5 *	3.0	303	98.8 *	0.7
75-79 years	371	95.6 *	1.8	110	93.0 *	3.7	63	91.2 *	5.7	156	97.0 *	1.9
80-84 years	523	95.8 *	1.5	138	94.6 *	2.4	86	95.7 *	2.2	230	96.6 *	1.5
85 + years	268	94.1 *	2.3	74	92.2 *	4.2	54	93.6 *	3.6	104	97.6 *	1.4
Total, age adjusted ...	3,060	96.3	0.9	836	91.6	1.9	456	94.9	1.8	1,457	⁂ 97.9	0.5
Female												
60-64 years	665	99.3 *	0.5	221	99.8 *	0.1	80	⁂ 100.0 *	0.0	291	98.9 *	0.8
65-69 years	626	96.9 *	1.2	209	88.8 *	4.8	79	97.6 *	2.2	271	⁂ 99.1 *	0.6
70-74 years	657	96.7 *	1.2	211	93.5 *	2.4	99	95.2 *	2.6	278	⁂ 98.3 *	1.0
75-79 years	487	95.6 *	1.6	167	93.2 *	2.4	84	95.1 *	3.4	167	⁂ 98.6 *	1.0
80-84 years	550	95.3 *	1.4	206	91.6 *	2.6	86	⁂ 98.3 *	1.1	168	⁂ 97.9 *	1.1
85 + years	376	93.4 *	1.9	137	89.1 *	3.9	50	⁂ 98.0 *	1.6	109	⁂ 97.1 *	1.4
Total, age adjusted ...	3,361	96.7	0.8	1,151	93.3	1.8	478	⁂ 97.4 *	0.9	1,284	⁂ 98.5	0.6

Notes: * Denotes individual estimates not meeting the standards of reliability or precision due to inadequate cell size or large coefficient of variation.

Significant differences in means and proportions are noted by ⁂ (.05 level), ⁂⁂ (.01 level), or ⁂⁂⁂ (.001 level). Differences are tested in comparison to lowest income group (Income ≤ 130% poverty).

Source: NHANES-III, 1988-94: Adult interview file. The 'All older adults' column includes persons with missing income.

Table D-167—Percent of older adults who visited a dentist or dental hygienist within the past year

	All older adults			Lowest income: ≤ 130% poverty			Low-income: 131-185% poverty			Higher-income: > 185% poverty		
	Sample size	Percent	Standard Error	Sample size	Percent	Standard Error	Sample size	Percent	Standard Error	Sample size	Percent	Standard Error
Both sexes												
60-64 years	1,333	60.3	1.9	412	41.5	5.2	157	44.8	6.5	631	***68.0	2.3
65-69 years	1,249	57.7	2.1	380	36.5	4.5	151	40.5	5.7	595	**64.9	2.6
70-74 years	1,264	54.5	2.7	363	36.4	3.6	203	35.8	6.1	581	***65.4	2.4
75-79 years	858	48.4	2.0	277	31.0	4.0	147	44.2	5.7	323	***59.6	2.9
80-84 years	1,073	48.3	2.9	344	29.3	2.5	172	46.4	6.0	398	**64.6	3.7
85 + years	644	47.6	2.7	211	31.0	4.0	104	45.6	5.4	213	***62.1	3.7
Total, age adjusted ...	6,421	54.2	1.4	1,987	35.4	2.2	934	42.3	2.7	2,741	***64.6	1.4
Male												
60-64 years	668	59.4	3.1	191	32.3	7.2	77	39.8 *	8.5	340	***67.6	3.9
65-69 years	623	56.8	2.7	171	42.5	7.1	72	25.4 *	8.0	324	**62.6	3.0
70-74 years	607	53.8	3.2	152	31.0	5.7	104	33.8	7.3	303	***63.6	3.4
75-79 years	371	48.0	2.7	110	31.9	5.4	63	38.1 *	7.7	156	**56.7	4.8
80-84 years	523	49.3	3.7	138	28.3	4.2	86	28.0	5.7	230	***65.2	4.4
85 + years	268	48.1	4.4	74	33.8 *	7.5	54	42.6 *	8.2	104	**59.6	6.3
Total, age adjusted ...	3,060	53.8	1.6	836	33.8	2.8	456	34.4	3.5	1,457	***63.0	1.8
Female												
60-64 years	665	61.0	2.3	221	47.1	6.8	80	47.8	7.9	291	*68.3	3.2
65-69 years	626	58.5	3.2	209	32.8	5.9	79	52.5	5.5	271	***67.3	4.0
70-74 years	657	55.0	3.0	211	38.8	4.6	99	37.5	6.7	278	***67.1	3.1
75-79 years	487	48.7	2.4	167	30.7	5.0	84	48.2	7.2	167	***62.2	3.6
80-84 years	550	47.7	3.0	206	29.6	3.1	86	58.3	8.0	168	***64.2	4.6
85 + years	376	47.3	3.0	137	30.0	5.6	50	47.5 *	7.6	109	***63.6	3.8
Total, age adjusted ...	3,361	54.6	1.5	1,151	36.3	2.7	478	48.0	2.6	1,284	***66.0	1.7

Notes: * Denotes individual estimates not meeting the standards of reliability or precision due to inadequate cell size or large coefficient of variation.

Significant differences in means and proportions are noted by * (.05 level), ** (.01 level), or *** (.001 level). Differences are tested in comparison to lowest income group (Income ≤ 130% poverty).

Source: NHANES-III, 1988-94: Adult interview file. The 'All older adults' column includes persons with missing income.

Table D-168—Percent of older adults with physician-assessed difficulty or inability to walk 1/4 mile

	All older adults			Lowest income: ≤ 130% poverty			Low-income: 131-185% poverty			Higher-income: > 185% poverty		
	Sample size	Percent	Standard Error	Sample size	Percent	Standard Error	Sample size	Percent	Standard Error	Sample size	Percent	Standard Error
Both sexes												
60-64 years	1,175	10.0	1.9	364	24.3	4.9	138	11.3 *	4.3	564	5.7	1.6
65-69 years	1,060	11.7	1.6	321	20.3	4.1	133	24.6	6.1	507	8.1	1.7
70-74 years	1,028	19.2	2.4	293	26.7	4.7	165	25.4	7.5	489	15.5	1.9
75-79 years	669	31.2	3.6	215	46.6	6.2	119	38.8	6.4	258	19.2	3.7
80-84 years	796	42.4	4.3	259	54.8	5.6	128	39.8	6.4	308	31.9	3.6
85 + years	414	58.4	4.1	143	67.9	6.0	73	55.2 *	7.7	147	47.0	5.5
Total, age adjusted ...	5,142	23.6	2.1	1,595	35.0	3.2	756	28.5	4.2	2,273	17.0	1.5
Male												
60-64 years	587	7.5	1.8	172	21.2	5.9	68	10.8 *	5.7	298	4.4 *	1.6
65-69 years	533	12.0	1.8	141	21.8 *	6.9	65	25.0 *	6.3	280	8.9	2.2
70-74 years	507	16.2	2.5	130	29.8	7.5	80	22.7 *	7.4	263	11.9	2.0
75-79 years	292	28.4	4.5	89	44.7 *	7.4	51	42.0 *	7.0	121	18.0	5.0
80-84 years	401	37.2	4.1	105	48.2 *	7.0	67	45.3 *	7.4	185	28.9	3.9
85 + years	183	51.6	4.5	55	57.9 *	7.2	37	56.3 *	11.6	72	41.8	6.1
Total, age adjusted ...	2,503	20.9	2.0	692	33.2	3.0	368	29.1	3.8	1,219	15.2	1.7
Female												
60-64 years	588	11.9	2.2	192	26.3	5.9	70	11.6 *	5.5	266	6.7	2.0
65-69 years	527	11.5	2.2	180	19.4	4.8	68	24.4 *	8.7	227	7.2 *	2.3
70-74 years	521	21.5	3.0	163	25.1	5.3	85	27.4 *	9.7	226	19.1	3.2
75-79 years	377	33.0	3.8	126	47.4	6.9	68	36.6 *	9.2	137	20.0	4.1
80-84 years	395	45.4	5.1	154	57.0	6.2	61	36.3 *	8.8	123	34.4	4.8
85 + years	231	61.5	4.9	88	71.6 *	7.2	36	54.6 *	9.0	75	49.7	8.0
Total, age adjusted ...	2,639	25.4	2.3	903	35.7	3.7	388	28.1	5.2	1,054	18.4	1.5

Notes: * Denotes individual estimates not meeting the standards of reliability or precision due to inadequate cell size or large coefficient of variation.

Significant differences in means and proportions are noted by > (.05 level), >> (.01 level), or >>> (.001 level). Differences are tested in comparison to lowest income group (Income ≤ 130% poverty).

Source: NHANES-III, 1988-94: Examination file. The 'All older adults' column includes persons with missing income.

Table D-169—Percent of older adults with physician-assessed difficulty or inability to run 100 yards

	All older adults			Lowest income: ≤ 130% poverty			Low-income: 131-185% poverty			Higher-income: > 185% poverty		
	Sample size	Percent	Standard Error	Sample size	Percent	Standard Error	Sample size	Percent	Standard Error	Sample size	Percent	Standard Error
Both sexes												
60-64 years	1,175	47.6	4.6	364	64.8	5.5	138	57.2	5.9	564	***40.3	4.9
65-69 years	1,060	51.7	4.5	321	66.6	5.7	133	66.7	6.8	507	***45.8	5.0
70-74 years	1,028	65.0	4.2	293	74.2	5.7	165	71.3	6.0	489	*59.7	5.1
75-79 years	669	76.4	3.8	215	87.8 *	3.4	119	75.9	6.7	258	***69.1	5.0
80-84 years	796	86.2	2.0	259	89.6 *	2.7	128	87.5 *	4.2	308	82.0 *	3.3
85 + years	414	93.2 *	2.1	143	93.0 *	3.1	73	97.8 *	1.7	147	90.2 *	2.9
Total, age adjusted ...	5,142	65.0	3.4	1,595	76.1	3.4	756	72.0	3.7	2,273	***59.1	3.8
Male												
60-64 years	587	41.4	4.9	172	51.7 *	7.5	68	55.4 *	10.9	298	*36.1	5.1
65-69 years	533	49.8	5.0	141	65.2 *	7.0	65	62.4 *	9.1	280	*44.6	5.4
70-74 years	507	55.0	5.0	130	68.8 *	8.4	80	65.0 *	7.3	263	*49.4	5.8
75-79 years	292	73.6 *	4.8	89	86.3 *	6.4	51	79.6 *	7.6	121	***67.7 *	5.7
80-84 years	401	84.4 *	2.8	105	95.9 *	2.3	67	87.3 *	5.2	185	***80.8 *	3.2
85 + years	183	94.2 *	2.0	55	93.2 *	4.1	37	94.0 *	4.8	72	93.2 *	3.3
Total, age adjusted ...	2,503	60.6	3.6	692	72.1	4.3	368	69.7	5.0	1,219	***55.8	3.8
Female												
60-64 years	588	52.4	4.9	192	72.9	6.2	70	58.2 *	7.4	266	***43.9	5.2
65-69 years	527	53.5	4.8	180	67.4	6.8	68	70.3 *	8.2	227	***47.1 *	5.7
70-74 years	521	73.0	3.9	163	76.9 *	6.3	85	75.9 *	8.9	226	70.1 *	5.1
75-79 years	377	78.3 *	3.8	126	88.4 *	4.1	68	73.2 *	7.4	137	***70.1 *	5.7
80-84 years	395	87.3 *	2.3	154	87.5 *	3.4	61	87.6 *	4.9	123	82.9 *	5.4
85 + years	231	92.8 *	2.6	88	92.9 *	3.3	36	*100.0	0.0	75	88.6 *	4.4
Total, age adjusted ...	2,639	68.4	3.3	903	78.5	3.5	388	73.7	3.8	1,054	***62.3	3.9

Notes: * Denotes individual estimates not meeting the standards of reliability or precision due to inadequate cell size or large coefficient of variation.

Significant differences in means and proportions are noted by * (.05 level), ** (.01 level), or *** (.001 level). Differences are tested in comparison to lowest income group (Income ≤ 130% poverty).

Source: NHANES-III, 1988-94: Examination file. The 'All older adults' column includes persons with missing income.

Table D-170—Percent of older adults with physician-assessed difficulty or inability to stoop, crouch, or kneel

	All older adults			Lowest income: ≤ 130% poverty			Low-income: 131-185% poverty			Higher-income: > 185% poverty		
	Sample size	Percent	Standard Error	Sample size	Percent	Standard Error	Sample size	Percent	Standard Error	Sample size	Percent	Standard Error
Both sexes												
60-64 years	1,175	17.4	1.7	364	34.2	4.8	138	26.1	5.4	564	***10.7	1.8
65-69 years	1,060	18.6	2.1	321	26.5	4.8	133	29.6	6.7	507	*15.3	2.2
70-74 years	1,028	28.0	2.7	293	42.8	5.1	165	38.8	6.9	489	***20.7	2.2
75-79 years	669	39.9	4.2	215	49.4	6.0	119	44.7	5.9	258	**29.5	4.9
80-84 years	796	52.4	4.4	259	64.4	4.6	128	*53.8	4.6	308	***40.3	4.5
85 + years	413	65.1	4.0	143	72.3	5.6	73	63.8	7.1	146	**54.5	4.6
Total, age adjusted ...	5,141	31.6	2.3	1,595	43.6	3.6	756	38.9	3.6	2,272	***24.0	1.9
Male												
60-64 years	587	12.6	1.8	172	26.8	5.4	68	17.9 *	8.0	298	**8.2	1.8
65-69 years	533	16.5	2.2	141	29.0	8.2	65	21.7 *	7.3	280	13.8	2.4
70-74 years	507	20.5	3.5	130	37.6	8.1	80	29.1	8.2	263	**15.2	2.7
75-79 years	292	35.4	4.3	89	44.0 *	8.2	51	41.7 *	7.6	121	29.2	4.8
80-84 years	401	49.2	4.3	105	62.4 *	6.3	67	59.5 *	6.4	185	**39.7	5.1
85 + years	183	57.8	5.9	55	64.2 *	8.0	37	59.1 *	10.9	72	54.8	6.2
Total, age adjusted ...	2,503	26.8	2.2	692	39.5	3.8	368	33.1	4.2	1,219	***21.9	2.0
Female												
60-64 years	588	21.1	2.5	192	38.7	6.8	70	30.8 *	7.6	266	***12.9	2.6
65-69 years	527	20.5	3.0	180	25.0	5.4	68	36.3 *	9.4	227	17.0	3.2
70-74 years	521	33.9	3.1	163	45.4	5.6	85	46.0	8.2	226	**26.2	3.6
75-79 years	377	42.8	4.9	126	51.6	6.6	68	46.9 *	8.6	137	**29.8	6.2
80-84 years	395	54.2	5.1	154	65.1	5.2	61	*50.1 *	6.6	123	***40.7	5.4
85 + years	230	68.4	4.0	88	75.3 *	6.4	36	66.6 *	8.6	74	*54.4	5.9
Total, age adjusted ...	2,638	35.0	2.5	903	45.5	4.2	388	43.0	4.6	1,053	***26.0	2.2

Notes: * Denotes individual estimates not meeting the standards of reliability or precision due to inadequate cell size or large coefficient of variation.

Significant differences in means and proportions are noted by * (.05 level), ** (.01 level), or *** (.001 level). Differences are tested in comparison to lowest income group (Income ≤ 130% poverty).

Source: NHANES-III, 1988-94: Examination file. The 'All older adults' column includes persons with missing income.

Table D-171—Percent of older adults with physician-assessed difficulty or inability to perform small motor movements in hand

	All older adults			Lowest income: ≤ 130% poverty			Low-income: 131-185% poverty			Higher-income: > 185% poverty		
	Sample size	Percent	Standard Error	Sample size	Percent	Standard Error	Sample size	Percent	Standard Error	Sample size	Percent	Standard Error
Both sexes												
60-64 years	1,175	4.4	0.8	364	6.5	2.2	138	8.2 *	3.9	564	3.3	0.8
65-69 years	1,060	3.1	0.8	321	6.8	3.1	133	3.5 *	2.2	507	2.0 *	0.7
70-74 years	1,027	5.4	0.9	293	7.4	3.3	165	9.7	3.0	488	3.0	0.8
75-79 years	669	10.9	1.7	215	13.7	4.3	119	11.7 *	3.5	258	8.2	2.2
80-84 years	795	12.5	1.9	259	14.7	2.6	128	12.0	3.2	308	8.4	1.8
85 + years	414	22.7	4.2	143	23.6	6.8	73	27.7	6.8	147	16.2	4.0
Total, age adjusted ...	5,140	8.0	0.9	1,595	10.4	1.6	756	10.3	1.7	2,272	5.6	0.8
Male												
60-64 years	587	2.0 *	0.7	172	2.5 *	0.9	68	3.6 *	3.4	298	1.8 *	0.9
65-69 years	533	3.4 *	1.2	141	10.6 *	6.8	65	3.8 *	3.3	280	2.1 *	1.0
70-74 years	507	3.4 *	1.0	130	7.0 *	4.8	80	5.5 *	1.9	263	1.3 *	0.8
75-79 years	292	12.1	3.2	89	19.7 *	6.2	51	16.0 *	4.5	121	8.6 *	4.3
80-84 years	401	11.9	1.9	105	19.0 *	3.2	67	9.4 *	4.7	185	9.8	2.0
85 + years	183	21.4	4.3	55	27.0 *	8.6	37	23.5 *	7.4	72	14.5 *	5.6
Total, age adjusted ...	2,503	7.1	0.9	692	12.0	2.6	368	8.5	1.9	1,219	4.9	0.9
Female												
60-64 years	588	6.2	1.4	192	8.9 *	3.3	70	10.8 *	4.8	266	4.6 *	1.5
65-69 years	527	2.8 *	1.0	180	4.6 *	2.2	68	3.3 *	2.7	227	1.9 *	1.0
70-74 years	520	7.0	1.3	163	7.6 *	3.2	85	12.8 *	4.7	225	4.7 *	1.5
75-79 years	377	10.1	1.8	126	11.2 *	4.2	68	8.6 *	5.0	137	8.0 *	2.3
80-84 years	394	12.8	2.3	154	13.3	3.3	61	13.7 *	3.8	123	7.4 *	2.6
85 + years	231	23.4	5.1	88	22.4 *	7.2	36	30.2 *	8.6	75	17.1 *	6.4
Total, age adjusted ...	2,637	8.6	1.0	903	9.9	1.5	388	11.4	2.1	1,053	6.1	1.1

Notes: * Denotes individual estimates not meeting the standards of reliability or precision due to inadequate cell size or large coefficient of variation.

Significant differences in means and proportions are noted by > (.05 level), >> (.01 level), or >>> (.001 level). Differences are tested in comparison to lowest income group (Income ≤ 130% poverty).

Source: NHANES-III, 1988-94: Examination file. The 'All older adults' column includes persons with missing income.

Table D-172—Percent of older adults with physician-assessed difficulty or inability to do heavy housework, garden, exercise, or play

	All older adults			Lowest income: ≤ 130% poverty			Low-income: 131-185% poverty			Higher-income: > 185% poverty		
	Sample size	Percent	Standard Error	Sample size	Percent	Standard Error	Sample size	Percent	Standard Error	Sample size	Percent	Standard Error
Both sexes												
60-64 years	1,175	20.0	2.5	364	36.7	4.2	138	26.5	6.6	564	***14.1	2.3
65-69 years	1,060	25.8	2.6	321	39.7	5.4	133	42.5	6.9	507	***20.2	2.7
70-74 years	1,028	35.8	3.6	293	53.6	6.0	165	44.5	6.1	489	***28.4	3.6
75-79 years	669	53.8	4.4	215	66.7	5.5	119	60.5	6.7	258	***41.6	5.4
80-84 years	796	62.4	4.2	259	74.9	4.1	128	**57.9	5.8	308	***51.6	4.4
85 + years	414	74.5	3.9	143	78.2	4.7	73	68.2 *	7.3	147	70.3	6.1
Total, age adjusted ...	5,142	39.5	2.7	1,595	53.5	3.4	756	*46.2	4.1	2,273	***32.0	2.6
Male												
60-64 years	587	14.7	2.5	172	33.8	6.5	68	16.9 *	6.6	298	**10.4	2.8
65-69 years	533	23.4	2.4	141	33.8	8.1	65	41.3 *	8.8	280	18.6	2.5
70-74 years	507	27.5	3.1	130	44.2	8.8	80	41.4 *	7.5	263	**20.7	3.0
75-79 years	292	52.7	5.0	89	68.6 *	7.6	51	62.4 *	8.7	121	***41.1	6.0
80-84 years	401	61.0	4.4	105	76.3 *	4.7	67	62.4 *	7.8	185	***55.1	5.2
85 + years	183	72.8	4.9	55	73.2 *	7.5	37	76.6 *	8.3	72	68.8 *	7.8
Total, age adjusted ...	2,503	35.6	2.4	692	49.8	3.6	368	44.6	4.1	1,219	***29.4	2.5
Female												
60-64 years	588	24.0	3.2	192	38.5	6.3	70	32.0 *	8.6	266	***17.3	2.7
65-69 years	527	28.0	3.7	180	43.2	7.7	68	43.6 *	9.5	227	*21.8	4.1
70-74 years	521	42.4	4.3	163	58.3	6.7	85	46.8	9.5	226	**36.1	5.2
75-79 years	377	54.5	4.9	126	65.9	6.4	68	59.1 *	8.6	137	***42.1	6.6
80-84 years	395	63.2	4.8	154	74.4	4.9	61	*55.0 *	7.2	123	***48.7	5.0
85 + years	231	75.3	4.3	88	80.1 *	5.6	36	63.3 *	10.0	75	71.1 *	7.3
Total, age adjusted ...	2,639	42.4	3.2	903	55.5	4.2	388	*47.1	5.6	1,054	***34.4	3.0

Notes: * Denotes individual estimates not meeting the standards of reliability or precision due to inadequate cell size or large coefficient of variation.

Significant differences in means and proportions are noted by * (.05 level), ** (.01 level), or *** (.001 level). Differences are tested in comparison to lowest income group (Income ≤ 130% poverty).

Source: NHANES-III, 1988-94: Examination file. The 'All older adults' column includes persons with missing income.

Table D-173—Percent of older adults with self-reported difficulty walking 1/4 mile

	All older adults			Lowest income: ≤ 130% poverty			Low-income: 131-185% poverty			Higher-income: > 185% poverty		
	Sample size	Percent	Standard Error	Sample size	Percent	Standard Error	Sample size	Percent	Standard Error	Sample size	Percent	Standard Error
Both sexes												
60-64 years	1,312	8.1	1.1	404	17.1	3.4	154	11.6	3.4	622	***4.9	1.1
65-69 years	1,222	9.9	1.1	364	18.8	3.6	149	15.7	3.5	592	**6.7	1.3
70-74 years	1,243	13.8	1.0	355	20.2	2.9	199	13.7	3.5	574	ˆ 11.3	1.7
75-79 years	838	24.1	2.2	263	33.5	3.2	145	28.6	5.2	318	***17.5	3.4
80-84 years	1,086	30.8	1.6	354	42.0	2.9	172	ˆ 31.4	3.5	402	***19.7	2.5
85 + years	649	45.3	2.1	217	52.0	5.0	104	** 34.2	4.0	208	ˆ 39.4	3.3
Total, age adjusted ...	6,350	18.1	0.6	1,957	26.7	1.3	923	***19.9	1.4	2,716	***13.4	1.0
Male												
60-64 years	661	5.8	1.2	190	19.1	5.4	75	9.8 *	5.1	336	** 2.3 *	0.8
65-69 years	612	7.1	1.2	167	14.5 *	4.6	69	14.4 *	5.1	323	5.0 *	1.6
70-74 years	599	10.2	1.3	147	22.0	5.4	103	9.8 *	2.7	302	** 7.4	1.6
75-79 years	370	21.8	3.6	107	29.4	6.8	62	35.3	7.1	156	ˆ 16.6	3.8
80-84 years	524	22.6	2.0	140	33.7	4.8	88	35.8	4.2	231	***14.4	2.7
85 + years	273	38.4	3.5	78	37.2 *	5.7	53	35.0 *	7.2	104	37.2	4.9
Total, age adjusted ...	3,039	14.4	0.9	829	23.6	2.1	450	20.1	2.1	1,452	***10.7	1.1
Female												
60-64 years	651	10.0	1.5	214	15.7	4.0	79	12.6 *	4.4	286	7.4	2.0
65-69 years	610	12.4	1.7	197	21.4	5.1	80	16.6 *	5.9	269	ˆ 8.4	2.0
70-74 years	644	16.5	1.7	208	19.5	3.8	96	17.2	5.6	272	15.1	3.1
75-79 years	468	25.7	1.9	156	35.3	4.2	83	24.2	6.0	162	** 18.3	4.0
80-84 years	562	35.6	2.1	214	45.1	3.6	84	ˆ 28.4	5.4	171	***24.0	3.9
85 + years	376	48.6	2.8	139	57.8	6.8	51	ˆ 33.7 *	5.7	104	ˆ 40.9	4.3
Total, age adjusted ...	3,311	20.7	0.7	1,128	28.0	1.9	473	ˆ 19.9	2.3	1,264	***15.8	1.2

Notes: * Denotes individual estimates not meeting the standards of reliability or precision due to inadequate cell size or large coefficient of variation.

Significant differences in means and proportions are noted by ˆ (.05 level), ** (.01 level), or *** (.001 level). Differences are tested in comparison to lowest income group (Income ≤ 130% poverty).

Source: NHANES-III, 1988-94: Adult interview file and Examination file. The 'All older adults' column includes persons with missing income.

Table D-174—Percent of older adults with self-reported difficulty walking up 10 steps without resting

	All older adults			Lowest income: ≤ 130% poverty			Low-income: 131-185% poverty			Higher-income: > 185% poverty		
	Sample size	Percent	Standard Error	Sample size	Percent	Standard Error	Sample size	Percent	Standard Error	Sample size	Percent	Standard Error
Both sexes												
60-64 years	1,311	7.1	1.1	402	18.4	3.5	153	***5.0 *	2.2	629	***4.2	1.0
65-69 years	1,232	8.0	0.8	370	18.4	3.0	152	13.1	3.4	590	***4.2	1.0
70-74 years	1,245	12.2	1.2	350	20.2	2.6	200	10.1	2.8	580	***10.2	1.7
75-79 years	833	19.8	1.6	257	31.6	3.5	146	20.6	5.5	322	***12.2	2.5
80-84 years	1,071	23.2	1.5	334	33.5	3.3	171	21.9	4.0	403	***14.7	2.0
85 + years	648	38.6	2.5	213	44.6	4.5	105	26.2	5.2	209	35.1	4.5
Total, age adjusted ...	6,340	15.0	0.6	1,926	25.0	1.4	927	***14.0	1.5	2,733	***10.7	0.8
Male												
60-64 years	656	5.2	1.0	187	22.5	5.9	76	4.6 *	3.1	339	***1.9 *	0.6
65-69 years	616	5.8	1.3	168	18.2	6.0	71	10.6 *	4.6	322	2.8 *	1.3
70-74 years	599	8.0	1.4	147	20.3	6.1	102	5.8 *	2.2	303	6.2	1.6
75-79 years	365	14.6	2.5	104	27.5	7.1	62	17.9 *	5.5	156	10.6	2.7
80-84 years	512	15.7	2.1	129	24.1	5.2	86	19.6	4.4	229	11.4	2.5
85 + years	272	31.0	3.3	76	33.9	6.4	54	21.3 *	5.9	105	31.7	4.1
Total, age adjusted ...	3,020	11.0	0.8	811	23.2	2.9	451	***11.4	1.6	1,454	***8.2	0.8
Female												
60-64 years	655	8.7	1.6	215	15.8	4.1	77	5.2 *	2.9	290	6.4	1.8
65-69 years	616	9.9	1.1	202	18.6	3.2	81	15.1 *	5.5	268	***5.8	1.4
70-74 years	646	15.4	1.7	203	20.2	3.6	98	13.8 *	4.2	277	13.9	2.9
75-79 years	468	23.5	2.2	153	33.4	4.0	84	22.4	7.8	166	***13.8	3.7
80-84 years	559	27.5	2.1	205	36.9	4.1	85	23.3	5.6	174	***17.3	3.0
85 + years	376	42.4	3.2	137	48.8	6.0	51	29.4 *	7.3	104	37.4	6.9
Total, age adjusted ...	3,320	17.8	0.8	1,115	25.5	1.9	476	16.0	2.2	1,279	***13.0	1.1

Notes: * Denotes individual estimates not meeting the standards of reliability or precision due to inadequate cell size or large coefficient of variation.

Significant differences in means and proportions are noted by > (.05 level), >> (.01 level), or >>> (.001 level). Differences are tested in comparison to lowest income group (Income ≤ 130% poverty).

Source: NHANES-III, 1988-94: Adult interview file and Examination file. The 'All older adults' column includes persons with missing income.

Table D-175—Percent of older adults with self-reported difficulty lifting or carrying 10 pounds

	All older adults			Lowest income: ≤ 130% poverty			Low-income: 131-185% poverty			Higher-income: > 185% poverty		
	Sample size	Percent	Standard Error	Sample size	Percent	Standard Error	Sample size	Percent	Standard Error	Sample size	Percent	Standard Error
Both sexes												
60-64 years	1,323	6.8	0.9	407	18.8	3.1	155	⁂ 9.4 *	3.1	627	⁂⁂⁂ 3.4	0.9
65-69 years	1,243	8.2	0.8	380	17.6	2.4	151	⁂⁂ 5.9 *	2.4	591	⁂⁂⁂ 5.2	1.0
70-74 years	1,248	10.5	1.0	360	18.3	2.7	198	11.1	2.5	574	⁂⁂⁂ 8.3	1.5
75-79 years	852	17.3	1.3	269	26.9	3.7	145	20.5	6.0	323	⁂⁂⁂ 10.3	2.0
80-84 years	1,091	24.4	1.3	347	32.1	2.8	175	21.9	4.1	399	⁂⁂⁂ 18.0	2.1
85 + years	653	33.1	2.4	222	38.2	3.6	103	29.0	4.3	210	⁂ 25.9	3.7
Total, age adjusted ...	6,410	13.9	0.6	1,985	23.0	1.3	927	⁂⁂⁂ 14.0	1.5	2,724	⁂⁂⁂ 9.5	0.8
Male												
60-64 years	661	5.1	1.0	188	17.7	4.9	76	8.5 *	4.8	338	⁂⁂ 2.5 *	0.9
65-69 years	619	4.3	1.0	172	10.4 *	2.9	72	⁂ 3.9 *	3.0	321	⁂⁂ 3.2 *	1.3
70-74 years	601	7.3	1.1	149	16.8	5.0	102	9.4 *	2.7	303	⁂ 5.3	1.6
75-79 years	377	11.2	2.3	109	21.0	7.6	63	14.6 *	7.0	159	7.2 *	2.4
80-84 years	526	14.2	1.5	139	21.1	4.5	87	15.3 *	2.9	229	⁂ 9.8	2.0
85 + years	271	24.8	2.8	77	31.0	5.4	54	28.5 *	6.3	104	⁂ 16.1	3.6
Total, age adjusted ...	3,055	9.2	0.7	834	18.2	2.3	454	⁂ 11.3	2.0	1,454	⁂⁂⁂ 6.0	0.9
Female												
60-64 years	662	8.3	1.2	219	19.4	4.2	79	9.9 *	4.2	289	⁂⁂⁂ 4.4 *	1.6
65-69 years	624	11.6	1.2	208	21.9	3.5	79	⁂⁂ 7.5 *	3.9	270	⁂⁂ 7.3	1.8
70-74 years	647	13.0	1.5	211	19.0	3.1	96	12.5 *	3.8	271	11.1	2.6
75-79 years	475	21.7	2.2	160	29.6	5.2	82	24.5	7.4	164	⁂⁂ 13.2	3.3
80-84 years	565	30.3	2.0	208	36.3	3.6	88	26.1	7.0	170	⁂ 24.6	3.4
85 + years	382	37.1	3.3	145	41.0	4.7	49	29.3 *	6.7	106	32.0	5.6
Total, age adjusted ...	3,355	17.2	0.7	1,151	25.4	2.0	473	⁂⁂ 15.9	1.9	1,270	⁂⁂⁂ 12.5	1.1

Notes: * Denotes individual estimates not meeting the standards of reliability or precision due to inadequate cell size or large coefficient of variation.

Significant differences in means and proportions are noted by ⁂ (.05 level), ⁂⁂ (.01 level), or ⁂⁂⁂ (.001 level). Differences are tested in comparison to lowest income group (Income ≤ 130% poverty).

Source: NHANES-III, 1988-94: Adult interview file and Examination file. The 'All older adults' column includes persons with missing income.

Table D-176—Percent of older adults with self-reported difficulty doing chores around the house

	All older adults			Lowest income: ≤ 130% poverty			Low-income: 131-185% poverty			Higher-income: > 185% poverty		
	Sample size	Percent	Standard Error	Sample size	Percent	Standard Error	Sample size	Percent	Standard Error	Sample size	Percent	Standard Error
Both sexes												
60-64 years	1,299	5.6	1.0	399	13.4	2.8	156	11.4 *	4.1	617	***2.3	0.8
65-69 years	1,226	6.3	0.6	377	10.3	2.1	151	11.5 *	3.2	580	2 4.4	0.9
70-74 years	1,225	9.1	1.1	352	16.0	3.2	196	9.8	2.3	563	** 6.5	1.3
75-79 years	829	13.0	1.5	266	19.3	3.8	143	19.9	6.3	311	** 8.2	1.4
80-84 years	1,048	20.0	1.4	338	26.0	2.6	166	** 12.9	2.7	378	***14.8	1.8
85 + years	621	31.7	2.3	212	39.0	3.4	98	** 23.0	5.0	195	** 24.0	3.3
Total, age adjusted ...	6,248	11.6	0.4	1,944	18.0	1.0	910	2 13.8	1.8	2,644	***7.9	0.6
Male												
60-64 years	633	3.9	1.1	179	15.0	5.5	75	11.3 *	5.7	326	2 1.0 *	0.6
65-69 years	596	3.8	0.8	165	7.3 *	2.2	70	12.2 *	5.4	310	2 2.0 *	0.7
70-74 years	574	5.5	1.2	139	15.1	5.6	98	7.0 *	2.3	292	2 3.2 *	1.4
75-79 years	344	7.3	1.7	99	7.4 *	3.0	58	17.7 *	7.5	147	4.5 *	1.5
80-84 years	482	13.7	1.4	124	21.7	3.4	80	11.6 *	4.3	212	** 10.5	2.0
85 + years	245	26.9	3.0	71	36.1	5.2	46	25.7 *	7.6	94	** 19.1	3.7
Total, age adjusted ...	2,874	8.0	0.6	777	14.9	1.6	427	13.1	2.4	1,381	***4.9	0.7
Female												
60-64 years	666	6.9	1.3	220	12.4	2.7	81	11.4 *	4.7	291	** 3.4 *	1.4
65-69 years	630	8.4	1.1	212	11.9	2.9	81	10.9 *	5.2	270	6.8	1.8
70-74 years	651	11.8	1.7	213	16.4	3.8	98	12.1 *	3.5	271	9.6	2.4
75-79 years	485	16.7	2.1	167	24.0	4.8	85	21.2 *	7.4	164	2 11.5	2.5
80-84 years	566	23.5	1.8	214	27.4	3.1	86	2 13.7 *	4.1	166	2 18.2	2.6
85 + years	376	33.8	2.8	141	40.1	4.5	52	2 21.6 *	5.9	101	26.9	5.0
Total, age adjusted ...	3,374	14.1	0.6	1,167	19.2	1.3	483	14.2	2.4	1,263	***10.4	0.9

Notes: * Denotes individual estimates not meeting the standards of reliability or precision due to inadequate cell size or large coefficient of variation.

Significant differences in means and proportions are noted by 2 (.05 level), ** (.01 level), or *** (.001 level). Differences are tested in comparison to lowest income group (Income ≤ 130% poverty).

Source: NHANES-III, 1988-94: Adult interview file and Examination file. The 'All older adults' column includes persons with missing income.

Table D-177—Percent of older adults with self-reported difficulty preparing meals

	All older adults			Lowest income: ≤ 130% poverty			Low-income: 131-185% poverty			Higher-income: > 185% poverty		
	Sample size	Percent	Standard Error	Sample size	Percent	Standard Error	Sample size	Percent	Standard Error	Sample size	Percent	Standard Error
Both sexes												
60-64 years	1,281	2.2	0.5	388	4.9	2.3	153	2.4 *	1.5	615	0.9 *	0.5
65-69 years	1,201	2.5	0.5	365	4.3 *	1.4	146	5.7 *	2.7	572	1.6 *	0.6
70-74 years	1,224	4.2	0.7	353	8.4	2.2	193	3.8 *	1.5	565	» 3.0	0.8
75-79 years	830	5.4	1.1	265	7.7	2.2	142	6.9 *	4.3	312	3.6	1.4
80-84 years	1,034	9.8	1.2	342	11.1	1.9	164	6.6 *	2.2	369	9.2	1.7
85 + years	628	20.2	2.0	216	20.2	2.4	100	16.3	4.1	193	16.6	3.2
Total, age adjusted ...	6,198	5.6	0.4	1,929	8.0	0.9	898	5.9	1.1	2,626	»» 4.3	0.4
Male												
60-64 years	616	2.4 *	1.0	170	9.4 *	5.6	73	6.3 *	4.3	323	0.6 *	0.5
65-69 years	571	1.7 *	0.6	155	5.7 *	1.8	66	3.8 *	3.2	300	» 0.8 *	0.5
70-74 years	564	2.6 *	0.7	139	5.5 *	2.3	94	3.8 *	1.8	286	1.5 *	1.0
75-79 years	340	4.7 *	1.5	97	10.0 *	4.2	57	10.3 *	5.8	145	» 1.3 *	0.7
80-84 years	462	6.2	1.1	127	8.1 *	2.8	78	3.1 *	1.6	196	4.9 *	1.5
85 + years	241	21.0	3.3	72	25.6	4.6	47	23.9 *	7.0	88	» 13.7	3.6
Total, age adjusted ...	2,794	4.8	0.5	760	9.4	1.5	415	7.3	1.6	1,338	»» 2.6	0.5
Female												
60-64 years	665	2.0 *	0.6	218	2.4 *	1.5	80	0.2 *	0.2	292	1.2 *	0.8
65-69 years	630	3.1	0.9	210	3.6 *	1.8	80	7.1 *	4.4	272	2.5 *	1.1
70-74 years	660	5.3	1.1	214	9.5	2.7	99	3.8 *	2.2	279	4.3	1.4
75-79 years	490	5.8	1.2	168	6.8 *	2.4	85	4.9 *	4.5	167	5.6 *	2.5
80-84 years	572	11.6	1.4	215	12.1	2.4	86	8.8 *	3.5	173	12.2	2.4
85 + years	387	19.8	2.2	144	18.2	3.0	53	12.0 *	5.1	105	18.2	4.0
Total, age adjusted ...	3,404	6.2	0.4	1,169	7.2	1.1	483	5.1	1.3	1,288	5.6	0.7

Notes: * Denotes individual estimates not meeting the standards of reliability or precision due to inadequate cell size or large coefficient of variation.

Significant differences in means and proportions are noted by » (.05 level), »» (.01 level), or »»» (.001 level). Differences are tested in comparison to lowest income group (Income ≤ 130% poverty).

Source: NHANES-III, 1988-94: Adult interview file and Examination file. The 'All older adults' column includes persons with missing income.

Table D-178—Percent of older adults with self-reported difficulty managing money

	All older adults			Lowest income: ≤ 130% poverty			Low-income: 131-185% poverty			Higher-income: > 185% poverty		
	Sample size	Percent	Standard Error	Sample size	Percent	Standard Error	Sample size	Percent	Standard Error	Sample size	Percent	Standard Error
Both sexes												
60-64 years	1,308	0.8 *	0.3	403	3.9 *	1.7	153	1.5 *	1.2	621	>0	>0
65-69 years	1,240	1.3 *	0.3	379	2.9 *	1.2	146	2.5 *	1.5	593	0.8 *	0.4
70-74 years	1,251	2.3	0.5	363	3.6 *	1.0	199	3.2 *	1.1	577	1.2 *	0.6
75-79 years	845	2.9	0.8	265	2.9 *	1.1	146	4.3 *	2.2	321	1.5 *	0.6
80-84 years	1,074	7.8	1.0	351	7.6	1.0	165	6.1 *	2.0	398	5.3	1.3
85 + years	648	16.2	2.0	220	17.3	2.6	102	12.9	3.5	206	11.7	2.6
Total, age adjusted ...	6,366	3.7	0.4	1,981	5.1	0.7	911	4.1	0.7	2,716	2.3	0.4
Male												
60-64 years	650	0.8 *	0.5	185	3.6 *	2.5	75	3.2 *	3.2	331	>0	>0
65-69 years	614	1.2 *	0.5	168	3.6 *	1.7	70	4.0 *	3.1	322	0.4 *	0.3
70-74 years	595	2.0 *	0.6	151	4.5 *	1.2	99	3.7 *	1.8	301	1.2 *	0.9
75-79 years	365	2.4 *	1.1	105	2.5 *	1.7	62	7.4 *	4.9	156	0.8 *	0.5
80-84 years	513	5.9	1.0	138	7.5 *	2.0	80	6.3 *	2.7	227	3.7 *	1.2
85 + years	266	14.6	2.7	78	17.4 *	5.1	49	17.8 *	6.5	100	9.4 *	3.3
Total, age adjusted ...	3,003	3.2	0.4	825	5.3	0.9	435	5.9	1.4	1,437	1.7	0.4
Female												
60-64 years	658	0.9 *	0.4	218	4.1 *	2.1	78	0.5 *	0.5	290	0.0	0.0
65-69 years	626	1.3 *	0.5	211	2.5 *	1.7	76	1.2 *	0.9	271	1.1 *	0.8
70-74 years	656	2.6	0.6	212	3.3 *	1.4	100	2.8 *	1.6	276	1.3 *	0.8
75-79 years	480	3.2 *	1.0	160	3.0 *	1.5	84	2.3 *	1.7	165	2.2 *	1.1
80-84 years	561	8.9	1.6	213	7.7 *	1.3	85	6.0 *	2.7	171	6.6 *	2.0
85 + years	382	16.9	2.2	142	17.3	3.1	53	10.1 *	4.4	106	13.1	3.6
Total, age adjusted ...	3,363	4.0	0.4	1,156	5.1	0.9	476	2.9	0.8	1,279	2.8	0.5

Notes: * Denotes individual estimates not meeting the standards of reliability or precision due to inadequate cell size or large coefficient of variation.

Significant differences in means and proportions are noted by > (.05 level), >> (.01 level), or >>> (.001 level). Differences are tested in comparison to lowest income group (Income ≤ 130% poverty).

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Source: NHANES-III, 1988-94: Adult interview file and Examination file. The 'All older adults' column includes persons with missing income.

Table D-179—Percent of older adults with self-reported difficulty stooping, crouching, or kneeling

	All older adults			Lowest income: ≤ 130% poverty			Low-income: 131-185% poverty			Higher-income: > 185% poverty		
	Sample size	Percent	Standard Error	Sample size	Percent	Standard Error	Sample size	Percent	Standard Error	Sample size	Percent	Standard Error
Both sexes												
60-64 years	1,332	13.7	1.2	410	29.8	3.7	158	***15.0	3.3	629	***8.9	1.5
65-69 years	1,249	14.4	1.4	380	25.4	4.3	153	21.7	6.0	595	***10.4	1.3
70-74 years	1,263	18.8	1.3	361	26.2	3.0	202	18.1	3.0	582	**15.8	1.8
75-79 years	864	27.5	2.1	275	38.2	3.8	149	26.5	5.4	324	***21.3	3.3
80-84 years	1,112	36.0	1.6	357	42.1	3.0	175	36.5	4.7	410	***30.2	2.3
85 + years	679	45.3	2.0	228	51.2	2.6	109	38.9	6.0	213	*40.5	3.2
Total, age adjusted ...	6,499	22.4	0.7	2,011	32.9	1.8	946	**23.4	2.0	2,753	***17.8	0.9
Male												
60-64 years	668	9.1	1.7	192	28.2	6.0	77	*9.2 *	4.8	339	***4.5 *	1.7
65-69 years	621	11.7	1.6	172	23.1	6.4	72	*23.4 *	7.9	322	*8.3	1.6
70-74 years	606	12.5	1.6	149	21.2	4.9	104	*9.4 *	3.0	305	*10.8	1.8
75-79 years	379	21.3	3.0	111	28.8	6.8	63	25.9 *	7.3	159	18.7	3.6
80-84 years	532	25.9	2.0	141	32.8	4.2	88	26.6	5.7	232	*21.6	2.8
85 + years	281	40.0	3.3	81	46.1 *	6.2	55	31.7 *	6.0	104	37.9	3.5
Total, age adjusted ...	3,087	17.0	0.8	846	28.1	2.4	459	*18.9	2.7	1,461	***13.8	1.1
Female												
60-64 years	664	17.4	1.9	218	30.9	4.7	81	18.4 *	5.0	290	***13.1	2.6
65-69 years	628	16.8	2.0	208	26.8	5.5	81	20.3 *	7.0	273	*12.5	2.1
70-74 years	657	23.6	2.2	212	28.3	3.8	98	25.6	4.1	277	20.7	3.1
75-79 years	485	31.8	2.4	164	42.4	4.6	86	27.0	6.5	165	**23.6	4.5
80-84 years	580	41.8	2.2	216	45.6	3.9	87	43.0	7.2	178	36.9	3.8
85 + years	398	47.9	2.0	147	53.1	4.1	54	43.5 *	8.2	109	42.1	4.6
Total, age adjusted ...	3,412	26.3	0.9	1,165	35.1	2.2	487	*26.6	2.5	1,292	***21.4	1.4

Notes: * Denotes individual estimates not meeting the standards of reliability or precision due to inadequate cell size or large coefficient of variation.

Significant differences in means and proportions are noted by * (.05 level), ** (.01 level), or *** (.001 level). Differences are tested in comparison to lowest income group (Income ≤ 130% poverty).

Source: NHANES-III, 1988-94: Adult interview file and Examination file. The 'All older adults' column includes persons with missing income.

Table D-180—Percent of older adults with self-reported difficulty walking from one room to another

	All older adults			Lowest income: ≤ 130% poverty			Low-income: 131-185% poverty			Higher-income: > 185% poverty		
	Sample size	Percent	Standard Error	Sample size	Percent	Standard Error	Sample size	Percent	Standard Error	Sample size	Percent	Standard Error
Both sexes												
60-64 years	1,340	1.3	0.4	415	3.3	1.3	158	2.0 *	1.4	632	0.5 *	0.3
65-69 years	1,260	0.9 *	0.4	386	2.2 *	1.1	153	3.6 *	2.4	597	0.2 *	0.2
70-74 years	1,271	3.2	0.6	365	4.0	1.4	203	1.6 *	0.9	585	3.2	0.9
75-79 years	871	3.4	0.9	278	4.4 *	1.6	149	7.2 *	3.5	327	1.5 *	0.7
80-84 years	1,128	7.1	1.0	364	8.1	2.1	178	6.4 *	1.8	411	4.2	1.0
85 + years	692	13.3	1.4	233	14.4	2.4	109	11.8 *	2.9	217	10.6	2.0
Total, age adjusted ...	6,562	3.7	0.3	2,041	5.0	0.7	950	4.5	0.8	2,769	2.5	0.4
Male												
60-64 years	671	1.2 *	0.6	194	4.2 *	2.5	77	3.0 *	2.9	340	0.5 *	0.4
65-69 years	626	0.6 *	0.3	174	1.7 *	0.8	72	3.1 *	2.9	324	0.0	0.0
70-74 years	607	2.9	1.0	150	4.0 *	1.9	104	0.6 *	0.4	305	3.3 *	1.4
75-79 years	378	2.8 *	1.2	110	3.4 *	2.8	63	8.2 *	5.2	159	0.7 *	0.4
80-84 years	538	4.2	0.9	143	4.3 *	2.1	89	6.2 *	2.7	233	2.8 *	1.2
85 + years	284	15.2	3.1	82	18.6	4.4	55	15.4 *	5.8	106	11.3 *	4.3
Total, age adjusted ...	3,104	3.3	0.4	853	4.9	1.1	460	4.9	1.3	1,467	2.2	0.5
Female												
60-64 years	669	1.3 *	0.5	221	2.8 *	1.6	81	1.5 *	1.5	292	0.4 *	0.4
65-69 years	634	1.2 *	0.6	212	2.5 *	1.7	81	3.9 *	3.8	273	0.4 *	0.3
70-74 years	664	3.4	0.8	215	3.9 *	1.6	99	2.4 *	1.6	280	3.2 *	1.2
75-79 years	493	3.8	1.1	168	4.9 *	1.9	86	6.4 *	3.8	168	2.2 *	1.3
80-84 years	590	8.7	1.5	221	9.5	2.4	89	6.6 *	2.5	178	5.3 *	1.6
85 + years	408	12.4	1.6	151	12.9	3.0	54	9.6 *	3.7	111	10.1 *	3.0
Total, age adjusted ...	3,458	3.9	0.4	1,188	5.0	0.9	490	4.3	1.1	1,302	2.7	0.4

Notes: * Denotes individual estimates not meeting the standards of reliability or precision due to inadequate cell size or large coefficient of variation.

Significant differences in means and proportions are noted by > (.05 level), >> (.01 level), or >>> (.001 level). Differences are tested in comparison to lowest income group (Income ≤ 130% poverty).

Source: NHANES-III, 1988-94: Adult interview file and Examination file. The 'All older adults' column includes persons with missing income.

Table D-181—Percent of older adults with self-reported difficulty standing up from armless straight chair

	All older adults			Lowest income: ≤ 130% poverty			Low-income: 131-185% poverty			Higher-income: > 185% poverty		
	Sample size	Percent	Standard Error	Sample size	Percent	Standard Error	Sample size	Percent	Standard Error	Sample size	Percent	Standard Error
Both sexes												
60-64 years	1,338	3.3	0.7	414	10.2	2.9	158	» 1.2 *	1.1	632	» 1.4 *	0.6
65-69 years	1,259	3.4	0.7	385	8.5	2.7	153	6.0 *	2.6	597	» 1.3 *	0.6
70-74 years	1,272	7.2	0.9	365	12.6	2.8	205	6.8	2.4	584	» 5.9	1.2
75-79 years	869	9.2	1.2	277	11.9	3.0	149	13.4	3.3	326	5.9	1.5
80-84 years	1,127	15.2	1.3	365	21.9	2.5	177	» 10.8	2.7	410	»» 10.8	1.6
85 + years	689	25.7	2.2	233	26.2	3.1	109	25.7	4.6	216	20.3	4.2
Total, age adjusted ...	6,554	8.4	0.4	2,039	13.3	1.2	951	» 8.6	1.0	2,765	»» 5.8	0.5
Male												
60-64 years	671	3.5	1.3	194	14.4	5.6	77	3.0 *	2.9	340	» 1.2 *	0.9
65-69 years	625	2.6 *	0.9	173	12.0	6.1	72	4.1 *	3.0	324	0.4 *	0.4
70-74 years	608	4.9	1.0	151	11.1 *	4.9	104	3.8 *	1.9	305	3.8 *	1.4
75-79 years	378	9.3	2.0	110	12.0 *	5.0	63	14.8 *	4.6	159	7.8 *	2.5
80-84 years	538	10.6	1.3	143	10.3 *	3.2	89	10.1 *	3.3	233	9.2	2.1
85 + years	283	24.2	2.6	82	32.9	5.3	55	23.3 *	5.8	106	» 16.2	4.4
Total, age adjusted ...	3,103	7.2	0.5	853	14.1	2.3	460	» 8.0	1.3	1,467	»» 4.9	0.7
Female												
60-64 years	667	3.1	0.9	220	7.5 *	2.9	81	» 0.2 *	0.2	292	» 1.6 *	0.9
65-69 years	634	4.0	1.0	212	6.3 *	2.1	81	7.4 *	4.4	273	2.2 *	1.0
70-74 years	664	9.0	1.4	214	13.2	3.4	101	9.4 *	3.7	279	8.0	2.1
75-79 years	491	9.1	1.6	167	11.9	3.2	86	12.4 *	4.5	167	» 4.2 *	1.3
80-84 years	589	17.8	1.8	222	26.0	3.6	88	» 11.2 *	3.6	177	»» 12.1	2.6
85 + years	406	26.3	2.5	151	23.7	3.4	54	27.2	6.6	110	22.7	5.6
Total, age adjusted ...	3,451	9.2	0.6	1,186	12.6	1.4	491	9.2	1.6	1,298	»» 6.5	0.7

Notes: * Denotes individual estimates not meeting the standards of reliability or precision due to inadequate cell size or large coefficient of variation.

Significant differences in means and proportions are noted by » (.05 level), »» (.01 level), or »»» (.001 level). Differences are tested in comparison to lowest income group (Income ≤ 130% poverty).

Source: NHANES-III, 1988-94: Adult interview file and Examination file. The 'All older adults' column includes persons with missing income.

Table D-182—Percent of older adults with self-reported difficulty getting in or out of bed

	All older adults			Lowest income: ≤ 130% poverty			Low-income: 131-185% poverty			Higher-income: > 185% poverty		
	Sample size	Percent	Standard Error	Sample size	Percent	Standard Error	Sample size	Percent	Standard Error	Sample size	Percent	Standard Error
Both sexes												
60-64 years	1,341	3.2	0.7	416	11.7	2.9	158	***1.2 *	1.1	632	***1.2 *	0.5
65-69 years	1,260	2.4	0.6	386	7.4	2.8	153	4.5 *	2.5	597	° 0.6 *	0.4
70-74 years	1,274	3.8	0.9	367	8.2	2.5	204	° 2.2 *	1.3	585	° 3.1	1.0
75-79 years	870	3.8	0.9	280	4.8 *	1.6	147	4.8 *	2.5	327	2.7 *	1.0
80-84 years	1,129	7.4	0.9	365	8.7	1.3	178	6.3 *	2.1	411	° 4.2	1.0
85 + years	692	11.7	1.3	233	12.7	2.2	109	10.0 *	3.2	218	9.1	2.5
Total, age adjusted ...	6,566	4.5	0.3	2,047	8.8	1.0	949	***4.0	0.7	2,770	***2.8	0.4
Male												
60-64 years	671	2.6	1.0	194	7.1 *	3.7	77	3.0 *	2.9	340	1.4 *	0.9
65-69 years	626	1.5 *	0.9	174	10.4 *	6.1	72	0.6 *	0.6	324	0.0	0.0
70-74 years	609	3.6	1.3	153	9.3 *	4.4	103	° 0.3 *	0.4	305	3.2 *	1.8
75-79 years	378	3.3 *	1.3	111	3.5 *	2.8	62	4.6 *	4.4	159	2.7 *	1.4
80-84 years	539	5.6	1.1	144	7.1 *	2.7	89	6.3 *	2.8	233	3.1 *	1.1
85 + years	283	12.7	1.8	81	17.7 *	5.0	55	14.2 *	5.4	107	8.6 *	3.0
Total, age adjusted ...	3,106	4.0	0.4	857	8.6	1.9	458	° 3.7	1.2	1,468	°° 2.5	0.6
Female												
60-64 years	670	3.7	1.0	222	14.6	4.1	81	***0.2 *	0.2	292	***1.1 *	0.8
65-69 years	634	3.1	0.8	212	5.5 *	2.4	81	7.5 *	4.7	273	1.2 *	0.8
70-74 years	665	4.0	0.9	214	7.7 *	3.1	101	3.7 *	2.2	280	3.0 *	1.2
75-79 years	492	4.2	1.0	169	5.4 *	1.9	85	4.9 *	3.0	168	2.6 *	1.3
80-84 years	590	8.5	1.3	221	9.3	1.9	89	6.2 *	3.0	178	5.1 *	1.5
85 + years	409	11.2	1.7	152	10.9 *	2.5	54	7.2 *	4.0	111	9.4 *	3.2
Total, age adjusted ...	3,460	4.9	0.3	1,190	9.0	1.3	491	° 4.5	1.3	1,302	***2.9	0.4

Notes: * Denotes individual estimates not meeting the standards of reliability or precision due to inadequate cell size or large coefficient of variation.

Significant differences in means and proportions are noted by ° (.05 level), °° (.01 level), or *** (.001 level). Differences are tested in comparison to lowest income group (Income ≤ 130% poverty).

Source: NHANES-III, 1988-94: Adult interview file and Examination file. The 'All older adults' column includes persons with missing income.

Table D-183—Percent of older adults with self-reported difficulty eating or drinking from a glass

	All older adults			Lowest income: ≤ 130% poverty			Low-income: 131-185% poverty			Higher-income: > 185% poverty		
	Sample size	Percent	Standard Error	Sample size	Percent	Standard Error	Sample size	Percent	Standard Error	Sample size	Percent	Standard Error
Both sexes												
60-64 years	1,341	0.4 *	0.2	416	2.4 *	1.4	158	>0	>0	632	>0	>0
65-69 years	1,261	0.7 *	0.3	387	2.5 *	1.3	153	0.0	0.0	597	0.2 *	0.2
70-74 years	1,275	1.0	0.4	367	1.6 *	0.9	205	0.8 *	0.8	585	0.9 *	0.5
75-79 years	874	1.5	0.5	281	2.6 *	1.3	149	3.0 *	1.7	327	0.6 *	0.3
80-84 years	1,130	3.1	0.6	366	2.6 *	0.9	178	4.1 *	1.8	411	2.5	0.8
85 + years	694	4.0	0.8	234	5.8 *	1.8	109	4.3 *	2.2	218	2.5 *	1.0
Total, age adjusted ...	6,575	1.4	0.2	2,051	2.6	0.7	952	1.5	0.5	2,770	0.8	0.2
Male												
60-64 years	671	0.4 *	0.4	194	2.8 *	2.4	77	0.0	0.0	340	>0	>0
65-69 years	626	0.3 *	0.2	174	1.6 *	0.8	72	0.0	0.0	324	0.2 *	0.2
70-74 years	610	0.8 *	0.6	153	1.3 *	1.4	104	0.0	0.0	305	0.8 *	0.8
75-79 years	380	1.4 *	0.7	112	3.0 *	2.8	63	1.1 *	1.1	159	1.0 *	0.6
80-84 years	540	2.2 *	0.6	144	2.0 *	1.3	89	1.7 *	1.2	233	2.3 *	1.1
85 + years	285	3.7 *	1.3	82	7.2 *	3.9	55	5.8 *	4.6	107	0.5 *	0.6
Total, age adjusted ...	3,112	1.2	0.2	859	2.6	1.0	460	0.9 *	0.5	1,468	0.7	0.2
Female												
60-64 years	670	0.5 *	0.4	222	2.1 *	1.8	81	0.1 *	0.1	292	0.0	0.0
65-69 years	635	1.0 *	0.5	213	3.0 *	2.0	81	0.0	0.0	273	0.3 *	0.3
70-74 years	665	1.2 *	0.5	214	1.6 *	1.1	101	1.5 *	1.5	280	1.0 *	0.8
75-79 years	494	1.5 *	0.6	169	2.4 *	1.5	86	4.2 *	2.7	168	0.1 *	0.1
80-84 years	590	3.6	0.8	222	2.8 *	1.2	89	5.7 *	2.8	178	2.6 *	1.3
85 + years	409	4.2	1.0	152	5.3 *	2.0	54	3.3 *	2.1	111	3.6 *	1.6
Total, age adjusted ...	3,463	1.6	0.3	1,192	2.6	1.1	492	1.9 *	0.7	1,302	0.9	0.2

Notes: * Denotes individual estimates not meeting the standards of reliability or precision due to inadequate cell size or large coefficient of variation.

Significant differences in means and proportions are noted by > (.05 level), >> (.01 level), or >>> (.001 level). Differences are tested in comparison to lowest income group (Income ≤ 130% poverty).

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Source: NHANES-III, 1988-94: Adult interview file and Examination file. The 'All older adults' column includes persons with missing income.

Table D-184—Percent of older adults with self-reported difficulty dressing

	All older adults			Lowest income: ≤ 130% poverty			Low-income: 131-185% poverty			Higher-income: > 185% poverty		
	Sample size	Percent	Standard Error	Sample size	Percent	Standard Error	Sample size	Percent	Standard Error	Sample size	Percent	Standard Error
Both sexes												
60-64 years	1,340	1.4	0.4	416	5.0	1.9	158	1.1 *	1.1	631	>> 0.2 *	0.2
65-69 years	1,259	1.6	0.4	386	3.5 *	1.6	153	4.3 *	2.2	596	0.7 *	0.4
70-74 years	1,274	3.6	0.8	368	4.6	1.6	205	3.7 *	2.0	583	3.5	0.9
75-79 years	872	2.9	0.6	281	5.2 *	1.4	148	1.7 *	1.2	326	2.3	0.9
80-84 years	1,126	7.0	0.9	365	7.4	1.6	178	6.0 *	2.0	411	5.4	1.4
85 + years	691	11.3	1.5	234	13.1	2.6	108	7.0 *	2.3	217	7.0	1.8
Total, age adjusted ...	6,562	3.6	0.3	2,050	5.7	0.8	950	3.4	0.9	2,764	>>> 2.5	0.3
Male												
60-64 years	671	0.8 *	0.4	194	3.3 *	2.5	77	3.0 *	2.9	340	>0	>0
65-69 years	626	0.9 *	0.5	174	3.9 *	2.1	72	3.6 *	3.1	324	>0	>0
70-74 years	610	3.2	1.0	153	8.9 *	4.1	104	1.7 *	1.2	305	2.4	1.2
75-79 years	379	2.6 *	1.2	112	7.0 *	3.9	63	2.0 *	2.1	158	1.8 *	1.4
80-84 years	539	5.8	0.9	144	6.7 *	1.8	89	3.9 *	2.4	233	4.7	1.3
85 + years	283	10.1	1.8	82	15.0 *	4.3	54	6.9 *	3.0	106	6.9	2.6
Total, age adjusted ...	3,108	3.0	0.4	859	6.6	1.4	459	> 3.2 *	1.1	1,466	>> 1.9	0.5
Female												
60-64 years	669	1.9	0.7	222	6.2 *	2.9	81	> 0.0	0.0	291	> 0.3 *	0.3
65-69 years	633	2.2	0.6	212	3.2 *	2.0	81	4.9 *	3.9	272	1.4 *	0.8
70-74 years	664	3.9	1.0	215	2.7 *	1.5	101	5.4 *	3.6	278	4.5	1.3
75-79 years	493	3.1	0.9	169	4.5 *	2.5	85	1.5 *	1.5	168	2.8 *	1.2
80-84 years	587	7.6	1.3	221	7.7	2.2	89	7.4 *	2.9	178	6.0	2.5
85 + years	408	11.8	2.0	152	12.4	3.0	54	7.1 *	3.2	111	7.2	2.4
Total, age adjusted ...	3,454	4.1	0.4	1,191	5.4	1.0	491	3.8	1.5	1,298	> 3.0	0.5

Notes: * Denotes individual estimates not meeting the standards of reliability or precision due to inadequate cell size or large coefficient of variation.

Significant differences in means and proportions are noted by > (.05 level), >> (.01 level), or >>> (.001 level). Differences are tested in comparison to lowest income group (Income ≤ 130% poverty).

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Source: NHANES-III, 1988-94: Adult interview file and Examination file. The 'All older adults' column includes persons with missing income.

Table D-185—Percent of older adults needing assistance with personal care needs

	All older adults			Lowest income: ≤ 130% poverty			Low-income: 131-185% poverty			Higher-income: > 185% poverty		
	Sample size	Percent	Standard Error	Sample size	Percent	Standard Error	Sample size	Percent	Standard Error	Sample size	Percent	Standard Error
Both sexes												
60-64 years	1,337	3.6	0.8	415	9.7	2.6	158	4.5 *	2.6	629	» 2.1 *	0.7
65-69 years	1,260	4.2	0.8	387	7.8	2.1	153	5.4 *	2.7	596	3.2	0.9
70-74 years	1,273	5.7	0.8	367	9.2	1.9	204	6.2 *	1.6	584	» 4.9	1.0
75-79 years	870	7.3	1.3	279	10.6	2.7	148	9.2 *	3.6	326	4.5 *	1.6
80-84 years	1,131	13.4	1.2	366	15.5	2.0	178	12.0	2.6	411	10.8	1.9
85 + years	691	23.7	2.9	231	22.8	3.0	109	19.3	4.0	218	21.9	6.6
Total, age adjusted ...	6,562	7.7	0.5	2,045	11.2	1.0	950	» 8.0	1.2	2,764	»» 6.1	0.9
Male												
60-64 years	668	2.4 *	0.9	193	10.4	5.0	77	3.4 *	3.0	338	0.9 *	0.6
65-69 years	624	3.8	1.1	173	6.2 *	2.6	72	3.1 *	2.9	323	3.6 *	1.5
70-74 years	608	6.3	1.2	152	12.3 *	3.7	103	6.5 *	2.6	305	5.0 *	1.8
75-79 years	377	7.3	1.9	110	11.3 *	4.2	63	10.4 *	5.3	158	5.3 *	2.1
80-84 years	539	10.2	1.6	144	16.1	4.0	88	8.6 *	2.9	233	» 7.4 *	1.9
85 + years	286	22.1	2.6	82	27.5	5.2	55	29.2 *	7.2	107	» 12.7 *	3.1
Total, age adjusted ...	3,102	6.9	0.6	854	12.3	1.6	458	8.0	1.3	1,464	»» 4.8	0.8
Female												
60-64 years	669	4.6	1.2	222	9.2	3.4	81	5.2 *	3.0	291	3.2 *	1.2
65-69 years	636	4.5	1.3	214	8.8 *	2.7	81	7.2 *	4.4	273	» 2.8 *	1.1
70-74 years	665	5.3	1.0	215	7.8 *	2.2	101	5.9 *	2.2	279	4.8 *	1.4
75-79 years	493	7.2	1.5	169	10.2 *	3.2	85	8.4 *	4.0	168	3.7 *	1.6
80-84 years	592	15.2	1.6	222	15.3	2.7	90	14.3 *	3.9	178	13.5	2.6
85 + years	405	24.4	3.8	149	21.1	3.9	54	12.9 *	4.7	111	27.5 *	9.3
Total, age adjusted ...	3,460	8.2	0.7	1,191	10.8	1.3	492	8.0	1.7	1,300	» 6.9	1.2

Notes: * Denotes individual estimates not meeting the standards of reliability or precision due to inadequate cell size or large coefficient of variation.

Significant differences in means and proportions are noted by » (.05 level), »» (.01 level), or »»» (.001 level). Differences are tested in comparison to lowest income group (Income ≤ 130% poverty).

Source: NHANES-III, 1988-94: Adult interview file and Examination file. The 'All older adults' column includes persons with missing income.

Table D-186—Percent of older adults needing assistance with routine chores

	All older adults			Lowest income: ≤ 130% poverty			Low-income: 131-185% poverty			Higher-income: > 185% poverty		
	Sample size	Percent	Standard Error	Sample size	Percent	Standard Error	Sample size	Percent	Standard Error	Sample size	Percent	Standard Error
Both sexes												
60-64 years	1,282	4.6	0.8	382	11.5	3.4	153	5.2 *	1.4	618	² 2.4 *	0.9
65-69 years	1,200	4.8	0.8	355	11.6	3.3	148	7.0 *	2.7	579	²² 2.5 *	0.8
70-74 years	1,184	6.6	0.8	335	11.6	2.1	187	6.4	2.4	550	²² 4.9	0.9
75-79 years	797	12.4	1.7	250	19.8	4.4	136	18.4	3.8	306	²² 7.0	1.4
80-84 years	978	16.4	0.9	305	22.7	2.3	156	²² 12.9	2.8	367	²²² 10.5	1.7
85 + years	518	38.7	2.1	177	45.5	4.3	84	²²² 21.1	4.6	172	39.4	3.7
Total, age adjusted ...	5,959	10.8	0.5	1,804	17.3	1.5	864	²²² 10.3	1.0	2,592	²²² 8.0	0.6
Male												
60-64 years	648	2.1 *	0.6	180	8.3 *	2.3	75	3.2 *	3.2	335	²² 0.9 *	0.6
65-69 years	602	3.9	1.2	162	13.9	6.8	71	9.4 *	5.0	315	²² 1.4 *	0.8
70-74 years	562	3.2 *	0.8	134	11.2 *	3.4	96	4.7 *	2.1	288	²² 1.5 *	0.8
75-79 years	344	9.9	2.2	100	26.4 *	8.1	56	18.2 *	6.7	148	²² 2.6 *	1.2
80-84 years	476	13.1	1.8	118	16.6 *	3.5	80	12.8 *	5.4	214	² 9.1	1.9
85 + years	221	24.3	2.6	62	18.1 *	5.2	42	15.6 *	7.1	91	26.5	4.0
Total, age adjusted ...	2,853	7.2	0.6	756	14.8	1.8	420	² 9.4	1.7	1,391	²²² 4.7	0.6
Female												
60-64 years	634	6.6	1.4	202	13.4	5.3	78	6.4 *	1.1	283	3.8 *	1.6
65-69 years	598	5.7	1.2	193	10.2 *	3.0	77	5.0 *	3.2	264	² 3.5 *	1.3
70-74 years	622	9.2	1.3	201	11.8	2.4	91	7.7 *	3.2	262	8.2	1.8
75-79 years	453	14.2	2.1	150	16.9	3.7	80	18.5	5.4	158	10.8	2.6
80-84 years	502	18.4	1.5	187	24.9	2.6	76	²² 12.9 *	3.7	153	²² 11.7	3.2
85 + years	297	45.7	3.0	115	54.6	5.5	42	²²² 24.0 *	6.0	81	48.9	5.9
Total, age adjusted ...	3,106	13.1	0.6	1,048	18.1	1.6	444	²² 10.7	1.6	1,201	²²² 10.8	0.9

Notes: * Denotes individual estimates not meeting the standards of reliability or precision due to inadequate cell size or large coefficient of variation.

Significant differences in means and proportions are noted by ² (.05 level), ²² (.01 level), or ²²² (.001 level). Differences are tested in comparison to lowest income group (Income ≤ 130% poverty).

Source: NHANES-III, 1988-94: Adult interview file and Examination file. The 'All older adults' column includes persons with missing income.

Table D-187—Percent of older adults using a cane, wheelchair, crutches, or walker

	All older adults			Lowest income: ≤ 130% poverty			Low-income: 131-185% poverty			Higher-income: > 185% poverty		
	Sample size	Percent	Standard Error	Sample size	Percent	Standard Error	Sample size	Percent	Standard Error	Sample size	Percent	Standard Error
Both sexes												
60-64 years	1,341	4.9	1.0	416	14.1	3.2	158	⁂ 4.3 *	2.5	632	⁂⁂⁂ 2.6 *	0.8
65-69 years	1,262	7.3	1.0	388	11.7	2.2	153	17.4	4.6	597	⁂ 4.8	1.3
70-74 years	1,276	10.2	1.0	368	14.4	2.2	205	13.2	2.9	585	⁂⁂ 8.0	1.3
75-79 years	876	16.5	1.4	282	20.2	3.0	149	20.5	5.6	327	13.3	2.1
80-84 years	1,131	24.8	1.5	365	32.1	2.6	178	⁂ 22.0	3.0	412	⁂⁂⁂ 18.8	2.2
85 + years	693	45.1	2.4	233	49.7	3.2	109	40.0	5.2	218	40.6	5.2
Total, age adjusted ...	6,579	14.2	0.6	2,052	20.0	1.2	952	16.6	1.4	2,771	⁂⁂⁂ 11.2	0.8
Male												
60-64 years	671	6.0	1.3	194	20.4	5.3	77	⁂ 6.1 *	3.8	340	⁂⁂ 3.5 *	1.2
65-69 years	626	5.9	1.3	174	9.1 *	3.4	72	13.8 *	4.9	324	⁂ 4.5 *	1.8
70-74 years	610	8.2	1.3	153	13.0 *	2.8	104	13.2	3.1	305	⁂ 5.6 *	1.6
75-79 years	381	15.1	2.2	112	21.0	5.2	63	19.6 *	5.2	159	12.2	2.8
80-84 years	538	22.8	2.4	143	31.2	4.5	88	22.5	5.0	233	⁂⁂ 18.2	2.0
85 + years	285	40.4	3.2	81	46.9	5.4	55	47.5	8.1	107	⁂⁂ 31.5	3.7
Total, age adjusted ...	3,111	12.9	0.6	857	20.4	1.6	459	16.9	2.0	1,468	⁂⁂⁂ 9.7	0.8
Female												
60-64 years	670	4.0	1.2	222	10.1	4.2	81	3.2 *	2.2	292	⁂ 1.8 *	0.9
65-69 years	636	8.5	1.5	214	13.3	2.9	81	20.3	7.6	273	⁂ 5.1 *	1.8
70-74 years	666	11.6	1.4	215	15.0	2.7	101	13.1 *	4.0	280	10.3	2.4
75-79 years	495	17.4	1.7	170	19.8	4.0	86	21.0	8.4	168	14.4	2.9
80-84 years	593	26.0	2.0	222	32.5	3.5	90	⁂ 21.8	4.2	179	⁂⁂ 19.2	3.5
85 + years	408	47.2	3.2	152	50.8	4.7	54	35.2	7.9	111	46.2	7.8
Total, age adjusted ...	3,468	15.1	0.8	1,195	19.5	1.5	493	16.6	2.0	1,303	⁂⁂⁂ 12.2	1.3

Notes: * Denotes individual estimates not meeting the standards of reliability or precision due to inadequate cell size or large coefficient of variation.

Significant differences in means and proportions are noted by ⁂ (.05 level), ⁂⁂ (.01 level), or ⁂⁂⁂ (.001 level). Differences are tested in comparison to lowest income group (Income ≤ 130% poverty).

Source: NHANES-III, 1988-94: Adult interview file and Examination file. The 'All older adults' column includes persons with missing income.

Table D-188—Percent of older adults using special eating utensils

	All older adults			Lowest income: ≤ 130% poverty			Low-income: 131-185% poverty			Higher-income: > 185% poverty		
	Sample size	Percent	Standard Error	Sample size	Percent	Standard Error	Sample size	Percent	Standard Error	Sample size	Percent	Standard Error
Both sexes												
60-64 years	1,341	0.6 *	0.4	416	1.8 *	1.8	158	0.0	0.0	632	0.5 *	0.3
65-69 years	1,261	0.8 *	0.5	388	0.0	0.0	153	1.3 *	1.3	596	1.1 *	0.8
70-74 years	1,276	0.6 *	0.2	368	>0	>0	205	1.3 *	1.0	585	0.5 *	0.3
75-79 years	876	0.6 *	0.4	282	0.0	0.0	149	2.1 *	1.9	327	0.4 *	0.3
80-84 years	1,132	0.8 *	0.3	366	1.6 *	0.8	179	0.5 *	0.5	412	0.7 *	0.5
85 + years	695	1.0 *	0.4	234	0.6 *	0.4	109	0.4 *	0.4	218	1.3 *	0.8
Total, age adjusted ...	6,581	0.7	0.2	2,054	0.7 *	0.4	953	1.0 *	0.5	2,770	0.7	0.2
Male												
60-64 years	671	1.4 *	0.8	194	4.6 *	4.5	77	0.0	0.0	340	1.0 *	0.7
65-69 years	626	1.6 *	1.0	174	0.0	0.0	72	3.1 *	2.9	324	1.8 *	1.4
70-74 years	610	1.3 *	0.6	153	0.0	0.0	104	2.9 *	2.1	305	1.0 *	0.6
75-79 years	381	0.3 *	0.3	112	0.0	0.0	63	0.2 *	0.1	159	0.5 *	0.5
80-84 years	540	0.9 *	0.6	144	1.0 *	1.0	89	0.0	0.0	233	1.5 *	1.2
85 + years	286	0.6 *	0.5	82	0.0	0.0	55	1.1 *	1.0	107	1.0 *	1.0
Total, age adjusted ...	3,114	1.1	0.3	859	1.2 *	1.0	460	1.3 *	0.7	1,468	1.2	0.4
Female												
60-64 years	670	>0	>0	222	0.0	0.0	81	0.0	0.0	292	>0	>0
65-69 years	635	0.2 *	0.1	214	0.0	0.0	81	0.0	0.0	272	0.3 *	0.2
70-74 years	666	>0	>0	215	>0	>0	101	0.0	0.0	280	0.0	0.0
75-79 years	495	0.8 *	0.6	170	0.0	0.0	86	3.3 *	3.1	168	0.4 *	0.4
80-84 years	592	0.8 *	0.4	222	1.8 *	1.0	90	0.9 *	0.8	179	0.0	0.0
85 + years	409	1.2 *	0.6	152	0.8 *	0.6	54	0.0	0.0	111	1.4 *	1.2
Total, age adjusted ...	3,467	0.4 *	0.1	1,195	0.3 *	0.1	493	0.6 *	0.5	1,302	0.3 *	0.1

Notes: * Denotes individual estimates not meeting the standards of reliability or precision due to inadequate cell size or large coefficient of variation.

Significant differences in means and proportions are noted by > (.05 level), >> (.01 level), or >>> (.001 level). Differences are tested in comparison to lowest income group (Income ≤ 130% poverty).

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Source: NHANES-III, 1988-94: Adult interview file and Examination file. The 'All older adults' column includes persons with missing income.

Table D-189—Percent of older adults using aids or devices for help in dressing

	All older adults			Lowest income: ≤ 130% poverty			Low-income: 131-185% poverty			Higher-income: > 185% poverty		
	Sample size	Percent	Standard Error	Sample size	Percent	Standard Error	Sample size	Percent	Standard Error	Sample size	Percent	Standard Error
Both sexes												
60-64 years	1,341	0.4 *	0.2	416	0.1 *	0.2	158	0.0	0.0	632	0.5 *	0.3
65-69 years	1,261	1.7	0.6	388	4.1 *	1.6	153	0.0	0.0	596	1.4 *	0.8
70-74 years	1,276	1.6	0.4	368	1.6 *	0.9	205	3.7 *	2.0	585	0.9 *	0.4
75-79 years	876	1.6 *	0.5	282	0.9 *	0.6	149	3.4 *	2.3	327	1.4 *	0.6
80-84 years	1,132	2.6	0.6	366	1.7 *	1.0	179	1.0 *	0.7	412	3.4 *	0.8
85 + years	692	7.7	2.1	234	4.2 *	1.2	108	5.5 *	2.6	218	11.4	5.6
Total, age adjusted ...	6,578	2.0	0.2	2,054	1.9	0.4	952	1.9	0.6	2,770	2.3	0.6
Male												
60-64 years	671	0.7 *	0.5	194	0.0	0.0	77	0.0	0.0	340	1.0 *	0.7
65-69 years	626	2.2 *	1.1	174	3.4 *	1.8	72	0.0	0.0	324	2.4 *	1.5
70-74 years	610	1.7 *	0.6	153	1.6 *	1.0	104	2.4 *	2.0	305	1.0 *	0.6
75-79 years	381	1.5 *	0.7	112	0.3 *	0.3	63	2.5 *	2.3	159	1.0 *	0.8
80-84 years	540	3.5	1.0	144	2.5 *	1.4	89	1.1 *	0.8	233	4.5 *	1.5
85 + years	285	4.6 *	1.4	82	4.6 *	2.8	54	3.9 *	3.0	107	2.8 *	1.6
Total, age adjusted ...	3,113	2.0	0.3	859	1.8 *	0.5	459	1.4 *	0.6	1,468	1.8	0.4
Female												
60-64 years	670	0.1 *	0.1	222	0.2 *	0.2	81	0.0	0.0	292	0.1 *	0.1
65-69 years	635	1.4 *	0.6	214	4.5 *	2.4	81	0.0	0.0	272	0.4 *	0.3
70-74 years	666	1.5 *	0.6	215	1.6 *	1.1	101	4.8 *	3.3	280	0.8 *	0.5
75-79 years	495	1.7 *	0.7	170	1.1 *	0.8	86	4.1 *	3.2	168	1.7 *	1.0
80-84 years	592	2.1 *	0.6	222	1.4 *	0.9	90	1.0 *	1.0	179	2.6 *	1.0
85 + years	407	9.1	3.0	152	4.1 *	1.4	54	6.5 *	3.6	111	16.6	8.6
Total, age adjusted ...	3,465	2.0	0.4	1,195	2.0	0.6	493	2.3	0.9	1,302	2.4	0.8

Notes: * Denotes individual estimates not meeting the standards of reliability or precision due to inadequate cell size or large coefficient of variation.

Significant differences in means and proportions are noted by > (.05 level), >> (.01 level), or >>> (.001 level). Differences are tested in comparison to lowest income group (Income ≤ 130% poverty).

Source: NHANES-III, 1988-94: Adult interview file and Examination file. The 'All older adults' column includes persons with missing income.

Table D-190—Percent of older adults with any health insurance¹

	All older adults			Lowest income: ≤ 130% poverty			Low-income: 131-185% poverty			Higher-income: > 185% poverty		
	Sample size	Percent	Standard error	Sample size	Percent	Standard error	Sample size	Percent	Standard error	Sample size	Percent	Standard error
Both sexes												
60-64 years	1,261	92.4	1.1	378	77.9	3.4	152	86.9 *	3.7	622	***98.1 *	0.7
65-69 years	1,250	98.4 *	0.6	380	97.2 *	1.2	151	99.4 *	0.3	597	98.8 *	0.7
70-74 years	1,266	99.6 *	0.2	362	98.7 *	0.6	204	▶ 100.0 *	0.0	584	99.8 *	0.1
75-79 years	867	99.0 *	0.4	281	99.1 *	0.6	148	100.0	0.0	326	100.0 *	0.0
80-84 years	1,126	99.8 *	0.1	365	99.3 *	0.4	179	100.0	0.0	412	100.0 *	>0
85 + years	688	99.4 *	0.3	231	99.9 *	0.1	107	100.0	0.0	218	100.0 *	0.0
Total, age adjusted ...	6,458	97.6	0.3	1,997	93.8	0.8	941	▶ 96.8	0.9	2,759	***99.3 *	0.2
Male												
60-64 years	635	92.8	1.4	176	75.3	5.8	76	▶ 92.9 *	3.9	334	***98.2 *	0.6
65-69 years	620	98.3 *	0.7	170	95.9 *	2.7	72	98.8 *	0.7	324	98.7 *	0.8
70-74 years	606	99.6 *	0.2	151	97.6 *	1.5	103	100.0 *	0.0	304	99.8 *	0.2
75-79 years	376	98.8 *	0.6	112	100.0	0.0	62	100.0 *	0.0	158	100.0	0.0
80-84 years	539	99.7 *	0.3	144	98.4 *	1.2	89	100.0 *	0.0	233	100.0	0.0
85 + years	286	100.0 *	0.0	82	100.0	0.0	55	100.0	0.0	107	100.0 *	0.0
Total, age adjusted ...	3,062	97.6	0.4	835	92.7	1.5	457	▶ 98.1 *	0.9	1,460	***99.3 *	0.2
Female												
60-64 years	626	92.1	1.4	202	79.7	3.9	76	83.4 *	5.6	288	***98.0 *	1.0
65-69 years	630	98.5 *	0.7	210	97.9 *	1.1	79	99.9 *	0.1	273	98.8 *	1.0
70-74 years	660	99.6 *	0.2	211	99.2 *	0.6	101	100.0	0.0	280	99.8 *	0.2
75-79 years	491	99.2 *	0.4	169	98.7 *	0.9	86	100.0	0.0	168	100.0 *	0.0
80-84 years	587	99.9 *	0.1	221	99.7 *	0.3	90	100.0	0.0	179	100.0 *	>0
85 + years	402	99.1 *	0.5	149	99.9 *	0.1	52	100.0	0.0	111	100.0 *	0.0
Total, age adjusted ...	3,396	97.5	0.4	1,162	94.4	1.0	484	96.1 *	1.3	1,299	***99.3 *	0.3

Notes: * Denotes individual estimates not meeting the standards of reliability or precision due to inadequate cell size or large coefficient of variation.

Significant differences in means and proportions are noted by ▶ (.05 level), ▶▶ (.01 level), or ▶▶▶ (.001 level). Differences are tested in comparison to lowest income group (Income ≤ 130% poverty).

¹ Health insurance includes any of Medicare, Medicaid, CHAMPUS/CHAMPVA/VA/military, or private health insurance.

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Source: NHANES-III, 1988-94: Adult interview file. The 'All older adults' column includes persons with missing income.

Percents may sum to more than 100 because some persons have multiple sources of health insurance. Sample size varies slightly by source.

Table D-191—Percent of older adults with Medicare

	All older adults			Lowest income: ≤ 130% poverty			Low-income: 131-185% poverty			Higher-income: > 185% poverty		
	Sample size	Percent	Standard error	Sample size	Percent	Standard error	Sample size	Percent	Standard error	Sample size	Percent	Standard error
Both sexes												
60-64 years	1,071	10.0	1.1	334	23.9	3.4	130	19.4	3.9	516	***5.0	1.3
65-69 years	1,063	93.4	1.3	327	89.2	2.3	120	***99.1 *	0.4	514	93.7	1.7
70-74 years	1,030	96.1	0.7	319	90.4 *	2.3	170	**98.1 *	1.2	443	**97.7 *	0.9
75-79 years	749	96.1	1.0	239	95.8 *	1.4	130	*99.2 *	0.5	290	97.0 *	1.1
80-84 years	918	98.2 *	0.4	327	97.5 *	1.0	144	98.6 *	0.9	310	98.4 *	0.6
85 + years	583	97.5 *	0.7	205	98.8 *	0.6	93	99.3 *	0.6	175	97.4 *	1.5
Total, age adjusted ...	5,414	75.8	0.5	1,751	77.0	1.1	787	*80.2	1.1	2,248	75.1	0.6
Male												
60-64 years	515	13.0	1.9	146	35.1	6.4	58	30.5	8.8	275	***6.1	2.2
65-69 years	517	93.6	1.4	144	85.6 *	4.1	57	***98.8 *	0.7	272	*94.3	1.8
70-74 years	435	95.4 *	1.2	124	78.4 *	6.4	78	**95.8 *	2.5	194	**98.5 *	0.6
75-79 years	287	96.2 *	1.4	82	93.9 *	2.5	46	*99.9 *	0.1	128	*99.1 *	0.6
80-84 years	392	98.8 *	0.5	118	98.4 *	1.2	65	98.1 *	1.9	157	99.3 *	0.5
85 + years	228	99.6 *	0.3	70	99.2 *	0.8	45	98.7 *	1.4	80	100.0 *	0.0
Total, age adjusted ...	2,374	76.6	0.6	684	76.4	2.0	349	*82.3	2.3	1,106	76.4	0.8
Female												
60-64 years	556	7.6	1.2	188	16.5 *	3.3	72	13.1 *	4.7	241	**4.1 *	1.5
65-69 years	546	93.3	1.5	183	91.3 *	3.0	63	**99.4 *	0.4	242	93.0	2.1
70-74 years	595	96.7 *	0.9	195	95.6 *	1.5	92	**100.0	0.0	249	96.9 *	1.4
75-79 years	462	96.1 *	1.1	157	96.5 *	1.6	84	98.8 *	0.8	162	95.2 *	2.1
80-84 years	526	97.9 *	0.5	209	97.2 *	1.2	79	98.9 *	0.8	153	97.7 *	0.9
85 + years	355	96.6 *	1.0	135	98.7 *	0.8	48	99.7 *	0.3	95	95.8 *	2.5
Total, age adjusted ...	3,040	75.2	0.6	1,067	76.8	1.2	438	79.2	1.1	1,142	*74.1	0.8

Notes: * Denotes individual estimates not meeting the standards of reliability or precision due to inadequate cell size or large coefficient of variation.

Significant differences in means and proportions are noted by * (.05 level), ** (.01 level), or *** (.001 level). Differences are tested in comparison to lowest income group (Income ≤ 130% poverty).

Source: NHANES-III, 1988-94: Adult interview file. The 'All older adults' column includes persons with missing income.

Table D-192—Percent of older adults with Medicaid

	All older adults			Lowest income: ≤ 130% poverty			Low-income: 131-185% poverty			Higher-income: > 185% poverty		
	Sample size	Percent	Standard error	Sample size	Percent	Standard error	Sample size	Percent	Standard error	Sample size	Percent	Standard error
Both sexes												
60-64 years	1,071	7.1	1.2	334	36.3	4.2	130	***3.6 *	1.6	516	***0.8 *	0.4
65-69 years	1,063	7.1	1.0	327	24.0	3.0	120	***8.0 *	2.4	514	***2.4	0.9
70-74 years	1,030	10.3	1.2	319	30.9	4.0	170	***11.2	3.1	443	***3.4	1.1
75-79 years	749	11.7	1.3	239	28.7	3.1	130	**11.1 *	3.2	290	***4.6	1.6
80-84 years	918	14.8	2.0	327	31.2	3.2	144	***8.4 *	2.8	310	***7.0	1.9
85 + years	583	15.1	2.0	205	25.9	4.4	93	*14.2 *	3.8	175	***7.5	2.2
Total, age adjusted ...	5,414	10.1	0.8	1,751	29.9	1.6	787	***8.7	1.4	2,248	***3.5	0.6
Male												
60-64 years	515	4.6 *	1.5	146	28.5	8.5	58	*5.5 *	4.0	275	***0.2 *	0.1
65-69 years	517	6.2 *	1.2	144	21.4 *	4.3	57	**8.9 *	4.6	272	***3.0 *	1.5
70-74 years	435	9.3	2.0	124	30.6 *	7.6	78	*11.0 *	4.1	194	***4.4 *	1.8
75-79 years	287	10.2 *	2.0	82	26.5 *	4.3	46	14.8 *	6.8	128	***4.3 *	2.3
80-84 years	392	11.2	2.1	118	20.5 *	3.8	65	**9.5 *	4.3	157	**7.8	2.3
85 + years	228	13.5 *	2.5	70	25.4 *	4.7	45	16.0 *	6.1	80	***4.6 *	2.3
Total, age adjusted ...	2,374	8.3	1.0	684	25.9	2.7	349	***10.2	2.0	1,106	***3.5	0.8
Female												
60-64 years	556	9.1	1.6	188	40.7	5.8	72	***2.6 *	1.4	241	***1.3 *	0.8
65-69 years	546	7.9	1.2	183	25.5	3.9	63	***7.1 *	3.3	242	***1.7 *	1.0
70-74 years	595	11.0	1.3	195	31.1	5.0	92	**11.4 *	4.1	249	***2.5 *	1.0
75-79 years	462	12.5	1.7	157	29.5	4.2	84	***9.3 *	3.7	162	***4.8 *	1.8
80-84 years	526	16.6	2.5	209	34.7	4.3	79	***7.8 *	3.7	153	***6.4 *	1.9
85 + years	355	15.8	2.4	135	26.1	5.2	48	*13.1 *	4.5	95	**9.1 *	3.1
Total, age adjusted ...	3,040	11.2	0.8	1,067	31.8	1.9	438	***7.9	1.7	1,142	***3.5	0.6

Notes: * Denotes individual estimates not meeting the standards of reliability or precision due to inadequate cell size or large coefficient of variation.

Significant differences in means and proportions are noted by * (.05 level), ** (.01 level), or *** (.001 level). Differences are tested in comparison to lowest income group (Income ≤ 130% poverty).

Source: NHANES-III, 1988-94: Adult interview file. The 'All older adults' column includes persons with missing income.

Table D-193—Percent of older adults with CHAMPUS, CHAMPVA, VA, or military health care

	All older adults			Lowest income: ≤ 130% poverty			Low-income: 131-185% poverty			Higher-income: > 185% poverty		
	Sample size	Percent	Standard error	Sample size	Percent	Standard error	Sample size	Percent	Standard error	Sample size	Percent	Standard error
Both sexes												
60-64 years	1,071	7.0 *	1.8	334	2.2 *	1.2	130	6.8 *	3.3	516	» 7.5 *	2.1
65-69 years	1,063	3.3 *	1.0	327	4.3 *	1.5	120	4.3 *	3.6	514	2.3 *	0.7
70-74 years	1,030	4.4 *	0.9	319	3.4 *	1.7	170	6.1 *	2.8	443	4.0 *	1.1
75-79 years	749	3.2 *	0.9	239	3.4 *	1.6	130	3.3 *	2.2	290	3.6 *	1.4
80-84 years	918	0.7 *	0.2	327	0.3 *	0.3	144	1.7 *	1.0	310	0.7 *	0.4
85 + years	583	1.0 *	0.4	205	0.0	0.0	93	1.0 *	0.9	175	1.5 *	0.9
Total, age adjusted ...	5,414	3.9	0.8	1,751	2.7 *	0.6	787	4.5	1.8	2,248	3.8	0.8
Male												
60-64 years	515	10.9 *	2.8	146	5.5 *	3.3	58	13.5 *	7.3	275	11.4 *	3.1
65-69 years	517	5.7 *	1.7	144	10.9 *	3.8	57	8.8 *	7.0	272	» 3.9 *	1.3
70-74 years	435	9.0 *	2.1	124	8.0 *	4.4	78	15.0 *	6.0	194	6.8 *	2.4
75-79 years	287	7.9 *	2.2	82	13.6 *	6.1	46	9.6 *	6.6	128	6.6 *	2.9
80-84 years	392	2.1 *	0.7	118	1.4 *	1.4	65	4.6 *	2.6	157	1.7 *	0.8
85 + years	228	2.1 *	1.0	70	0.0 *	0.0	45	2.7 *	2.5	80	4.2 *	2.5
Total, age adjusted ...	2,374	7.2	1.4	684	7.4	1.7	349	10.2	3.9	1,106	6.4	1.3
Female												
60-64 years	556	3.9 *	1.5	188	0.3 *	0.3	72	3.0 *	2.9	241	» 4.0 *	1.7
65-69 years	546	1.2 *	0.6	183	0.2 *	0.2	63	0.0 *	0.0	242	0.6 *	0.4
70-74 years	595	1.4 *	0.5	195	1.6 *	1.5	92	0.0 *	0.0	249	1.7 *	0.7
75-79 years	462	0.4 *	0.3	157	0.0 *	0.0	84	0.0 *	0.0	162	1.0 *	0.7
80-84 years	526	0.0	0.0	209	0.0	0.0	79	0.0 *	0.0	153	0.0 *	0.0
85 + years	355	0.5 *	0.4	135	0.0 *	0.0	48	0.0 *	0.0	95	0.0 *	0.0
Total, age adjusted ...	3,040	1.5 *	0.5	1,067	0.4 *	0.3	438	0.7 *	0.7	1,142	» 1.6 *	0.4

Notes: * Denotes individual estimates not meeting the standards of reliability or precision due to inadequate cell size or large coefficient of variation.

Significant differences in means and proportions are noted by » (.05 level), »» (.01 level), or »»» (.001 level). Differences are tested in comparison to lowest income group (Income ≤ 130% poverty).

Source: NHANES-III, 1988-94: Adult interview file. The 'All older adults' column includes persons with missing income.

Table D-194—Percent of older adults with private health insurance

	All older adults			Lowest income: ≤ 130% poverty			Low-income: 131-185% poverty			Higher-income: > 185% poverty		
	Sample size	Percent	Standard error	Sample size	Percent	Standard error	Sample size	Percent	Standard error	Sample size	Percent	Standard error
Both sexes												
60-64 years	1,235	81.7	2.3	361	39.8	5.2	152	***73.7	6.4	615	***94.2	1.2
65-69 years	1,200	81.3	1.9	353	43.5	5.6	146	***74.7	5.8	588	***91.9	1.6
70-74 years	1,198	82.7	1.7	328	52.2	3.6	192	***76.6	4.0	567	***94.6 *	1.4
75-79 years	815	79.5	2.0	250	58.5	4.4	142	74.7	5.7	322	***92.6 *	1.6
80-84 years	1,063	78.2	1.8	335	53.9	3.9	169	***86.9 *	3.4	403	***91.3 *	1.4
85 + years	645	74.2	2.2	210	56.9	5.0	101	**77.9 *	4.5	211	***88.5 *	2.4
Total, age adjusted ...	6,156	80.4	1.4	1,837	49.1	3.0	902	***76.5	3.1	2,706	***92.7	0.7
Male												
60-64 years	620	81.8	2.6	168	37.4 *	7.5	75	**74.1 *	8.5	331	***93.4 *	1.5
65-69 years	602	81.7	2.4	162	39.7 *	7.6	68	**67.8 *	7.2	319	***91.2 *	2.1
70-74 years	569	84.4	2.4	136	44.0 *	7.0	96	***76.0 *	5.0	291	***94.8 *	2.5
75-79 years	343	78.7	2.9	91	50.2 *	9.2	59	68.6 *	8.7	154	***91.2 *	2.6
80-84 years	498	80.0	2.4	127	54.7 *	6.9	82	**80.5 *	5.2	224	***91.9 *	2.1
85 + years	260	77.0 *	2.8	69	51.1 *	8.3	51	**77.2 *	7.9	103	***92.2 *	2.4
Total, age adjusted ...	2,892	81.1	1.4	753	44.4	4.3	431	***73.2	4.6	1,422	***92.6	0.8
Female												
60-64 years	615	81.6	2.9	193	41.4 *	6.2	77	**73.4 *	7.6	284	***94.8 *	1.7
65-69 years	598	80.9	2.2	191	45.8 *	5.8	78	***80.3 *	6.2	269	***92.6 *	2.2
70-74 years	629	81.5	2.0	192	56.0 *	4.3	96	**77.1 *	5.5	276	***94.5 *	1.4
75-79 years	472	80.0	2.3	159	61.6 *	5.1	83	**78.7 *	5.8	168	***93.9 *	1.7
80-84 years	565	77.2	2.0	208	53.6	4.0	87	***91.0 *	3.6	179	***90.9 *	2.0
85 + years	385	73.0	3.1	141	58.8 *	5.0	50	**78.3 *	5.7	108	***86.2 *	4.4
Total, age adjusted ...	3,264	79.9	1.5	1,084	51.4	3.0	471	***78.8	2.9	1,284	***92.9	1.0

Notes: * Denotes individual estimates not meeting the standards of reliability or precision due to inadequate cell size or large coefficient of variation.

Significant differences in means and proportions are noted by > (.05 level), >> (.01 level), or >>> (.001 level). Differences are tested in comparison to lowest income group (Income ≤ 130% poverty).

Source: NHANES-III, 1988-94: Adult interview file. The 'All older adults' column includes persons with missing income.

Table D-195—Percent of older adults with a regular source of health care

	All older adults			Lowest income: ≤ 130% poverty			Low-income: 131-185% poverty			Higher-income: > 185% poverty		
	Sample size	Percent	Standard Error	Sample size	Percent	Standard Error	Sample size	Percent	Standard Error	Sample size	Percent	Standard Error
Both sexes												
60-64 years	1,344	88.0	1.6	417	82.3	3.8	159	85.4	3.7	632	90.9 *	1.6
65-69 years	1,264	89.0	0.9	389	86.4	3.5	153	93.5 *	2.4	597	90.9	1.3
70-74 years	1,278	93.1	0.8	368	90.1	2.2	207	94.9 *	2.0	585	93.4	1.2
75-79 years	878	93.0	1.1	282	90.8 *	2.4	149	93.6 *	2.8	327	93.6	1.8
80-84 years	1,133	92.7	0.9	365	92.6 *	1.5	179	95.2 *	1.3	412	93.7	1.4
85 + years	698	94.2	1.0	234	93.0 *	1.4	109	92.5 *	2.6	219	97.1 *	1.3
Total, age adjusted ...	6,595	91.1	0.6	2,055	88.2	1.7	956	92.0 *	0.8	2,772	92.7 *	0.7
Male												
60-64 years	672	87.3	2.1	194	77.2	6.2	77	90.2 *	6.2	340	89.4 *	2.1
65-69 years	626	86.8	1.6	174	82.6	5.1	72	95.0 *	4.2	324	88.7	2.0
70-74 years	611	92.3	1.4	153	85.8 *	3.0	105	95.0 *	1.9	305	92.7	2.0
75-79 years	382	90.1	2.3	112	79.8 *	7.0	63	87.6 *	5.3	159	93.0 *	2.7
80-84 years	539	92.4	1.2	143	89.5 *	2.0	89	95.0 *	1.9	233	94.3 *	1.4
85 + years	286	91.4 *	1.7	82	86.0 *	2.7	55	90.4 *	4.3	107	96.8 *	2.2
Total, age adjusted ...	3,116	89.6	0.9	858	82.6	2.3	461	92.2 *	2.1	1,468	91.7 *	0.9
Female												
60-64 years	672	88.6	1.8	223	85.5	3.5	82	82.7 *	3.9	292	92.4	2.3
65-69 years	638	90.8	1.2	215	88.8 *	3.7	81	92.4 *	2.3	273	93.2	1.4
70-74 years	667	93.7	0.9	215	92.0 *	2.9	102	94.8 *	3.2	280	94.1 *	1.4
75-79 years	496	95.0	1.2	170	95.5 *	1.9	86	97.5 *	1.8	168	94.2 *	2.4
80-84 years	594	92.9	1.3	222	93.7 *	2.0	90	95.4 *	1.8	179	93.2 *	2.5
85 + years	412	95.5 *	1.3	152	95.6 *	1.9	54	93.9 *	3.5	112	97.2 *	1.3
Total, age adjusted ...	3,479	92.2	0.7	1,197	90.9	1.7	495	91.9	1.4	1,304	93.7	0.7

Notes: * Denotes individual estimates not meeting the standards of reliability or precision due to inadequate cell size or large coefficient of variation.

Significant differences in means and proportions are noted by > (.05 level), >> (.01 level), or >>> (.001 level). Differences are tested in comparison to lowest income group (Income ≤ 130% poverty).

Source: NHANES-III, 1988-94: Adult interview file. The 'All older adults' column includes persons with missing income.

Table D-196—Percent of older adults who see a particular doctor

	All older adults			Lowest income: ≤ 130% poverty			Low-income: 131-185% poverty			Higher-income: > 185% poverty		
	Sample size	Percent	Standard Error	Sample size	Percent	Standard Error	Sample size	Percent	Standard Error	Sample size	Percent	Standard Error
Both sexes												
60-64 years	1,344	79.0	1.8	417	71.1	4.4	159	77.0	5.1	632	81.9	1.9
65-69 years	1,264	83.4	1.3	389	80.3	3.0	153	82.6	4.3	597	86.2	1.6
70-74 years	1,276	86.5	1.2	367	84.1	2.9	207	85.0	3.1	585	87.9	1.5
75-79 years	877	88.7	1.2	281	86.4	2.7	149	89.3 *	2.3	327	90.8	2.2
80-84 years	1,131	88.2	1.2	365	85.7	1.9	179	90.6 *	2.3	410	91.2	1.4
85 + years	697	90.9	1.2	234	89.4 *	1.8	108	88.4 *	2.9	219	93.5 *	1.8
Total, age adjusted ...	6,589	85.0	0.7	2,053	81.3	1.6	955	84.3	1.7	2,770	87.5	0.9
Male												
60-64 years	672	76.4	2.5	194	59.7	7.5	77	81.3 *	7.3	340	79.2	2.5
65-69 years	626	79.3	2.2	174	74.5	4.8	72	75.5 *	5.3	324	82.5	2.8
70-74 years	610	84.1	2.2	152	76.6	4.9	105	79.3 *	4.1	305	87.4	2.4
75-79 years	381	83.5	2.3	111	71.6 *	7.0	63	76.9 *	5.1	159	89.8 *	3.1
80-84 years	538	87.5	1.7	143	82.6 *	3.1	89	90.4 *	2.7	232	92.0 *	1.7
85 + years	285	87.7 *	2.1	82	80.1 *	3.7	54	87.4 *	4.4	107	93.4 *	3.0
Total, age adjusted ...	3,112	81.9	1.1	856	72.4	2.4	460	80.6	3.1	1,467	85.9	1.3
Female												
60-64 years	672	81.0	1.8	223	78.3	3.7	82	74.6 *	6.2	292	84.5	2.6
65-69 years	638	87.0	1.5	215	83.9	3.8	81	88.0 *	4.2	273	90.0	1.8
70-74 years	666	88.4	1.5	215	87.4 *	3.9	102	89.8 *	4.2	280	88.4	2.1
75-79 years	496	92.2	1.4	170	92.6 *	2.3	86	97.4 *	1.8	168	91.8 *	2.5
80-84 years	593	88.5	1.8	222	86.8 *	2.7	90	90.8 *	3.4	178	90.6 *	2.4
85 + years	412	92.3 *	1.4	152	92.8 *	2.3	54	89.1 *	4.6	112	93.6 *	2.3
Total, age adjusted ...	3,477	87.4	0.8	1,197	85.8	1.9	495	87.2	2.1	1,303	89.1	0.9

Notes: * Denotes individual estimates not meeting the standards of reliability or precision due to inadequate cell size or large coefficient of variation.

Significant differences in means and proportions are noted by > (.05 level), >> (.01 level), or >>> (.001 level). Differences are tested in comparison to lowest income group (Income ≤ 130% poverty).

Source: NHANES-III, 1988-94: Adult interview file. The 'All older adults' column includes persons with missing income.

Table D-197—Percent of older adults who saw a doctor within the past year

	All older adults			Lowest income: ≤ 130% poverty			Low-income: 131-185% poverty			Higher-income: > 185% poverty		
	Sample size	Percent	Standard Error	Sample size	Percent	Standard Error	Sample size	Percent	Standard Error	Sample size	Percent	Standard Error
Both sexes												
60-64 years	1,341	81.3	1.5	416	80.4	3.2	158	81.6	2.9	632	81.0	1.9
65-69 years	1,252	85.3	1.4	385	85.6	2.9	152	84.1	3.6	591	85.6	2.2
70-74 years	1,265	86.0	1.2	364	83.2	3.4	201	90.0	2.2	585	86.2	1.6
75-79 years	869	88.6	1.4	277	85.7	2.8	147	93.4 *	2.0	327	88.3	1.9
80-84 years	1,112	89.3	1.1	361	88.2	1.7	174	93.0 *	2.0	404	90.0	1.6
85 + years	681	92.3	1.1	227	90.9 *	1.9	107	87.1 *	3.0	216	94.4 *	2.1
Total, age adjusted ...	6,520	86.1	0.6	2,030	84.7	1.3	939	87.4	1.1	2,755	86.4	0.8
Male												
60-64 years	670	81.3	1.8	193	82.4	4.4	77	77.4	7.0	340	81.2	2.5
65-69 years	618	82.0	2.1	170	79.3	4.6	71	80.3 *	4.5	321	82.9	3.0
70-74 years	604	84.1	2.1	151	75.8	6.9	101	88.0 *	3.4	305	85.2	2.5
75-79 years	379	84.4	2.3	110	74.7	6.8	63	87.0 *	4.2	159	85.2	2.9
80-84 years	527	87.1	1.8	142	84.4 *	2.7	85	93.8 *	2.6	227	87.7	2.9
85 + years	283	90.4	1.7	80	90.3 *	2.5	55	80.2 *	5.2	107	94.0 *	2.7
Total, age adjusted ...	3,081	84.0	0.9	846	80.2	2.0	452	83.6	2.0	1,459	84.9 *	1.2
Female												
60-64 years	671	81.3	2.1	223	79.2	4.1	81	84.0 *	2.6	292	80.7	2.9
65-69 years	634	88.2	1.6	215	89.4 *	3.5	81	87.1 *	5.8	270	88.4	2.0
70-74 years	661	87.5	1.6	213	86.4	3.0	100	91.6 *	3.5	280	87.1	2.3
75-79 years	490	91.4	1.6	167	90.3 *	2.4	84	97.7 *	1.4	168	91.0 *	2.9
80-84 years	585	90.5	1.4	219	89.6 *	2.3	89	92.6 *	2.8	177	91.8 *	2.0
85 + years	398	93.2	1.6	147	91.1 *	2.5	52	91.7 *	4.2	109	94.6 *	2.9
Total, age adjusted ...	3,439	87.7	0.9	1,184	86.8	1.6	487	90.0	1.5	1,296	87.7	1.1

Notes: * Denotes individual estimates not meeting the standards of reliability or precision due to inadequate cell size or large coefficient of variation.

Significant differences in means and proportions are noted by > (.05 level), >> (.01 level), or >>> (.001 level). Differences are tested in comparison to lowest income group (Income ≤ 130% poverty).

Source: NHANES-III, 1988-94: Adult interview file. The 'All older adults' column includes persons with missing income.