

Appendix table 1--Per capita consumption of major food commodities, 1970-97 1/

Year	Meat, poultry, and fish							Eggs
	Red meat			Poultry		Fish and shell-fish	Total 4/	
	Beef	Pork	Total 2/	Chicken	Total 3/			
	----- Pounds, boneless, trimmed equivalent -----							Number
1970	79.6	48.0	131.7	27.4	33.8	11.7	177.3	308.9
1971	79.0	52.6	135.5	27.4	34.0	11.5	181.0	309.9
1972	80.3	47.8	131.8	28.3	35.4	12.5	179.7	303.0
1973	75.8	43.0	121.8	27.1	33.7	12.7	168.2	288.4
1974	80.6	46.7	130.4	27.0	33.8	12.1	176.3	283.0
1975	83.0	38.7	125.8	26.4	32.9	12.1	170.9	276.0
1976	88.8	40.3	133.0	28.5	35.5	12.9	181.4	269.8
1977	86.3	42.3	132.3	29.0	35.9	12.6	180.9	267.0
1978	82.2	42.3	127.5	30.4	37.3	13.4	178.2	271.5
1979	73.5	48.6	124.4	32.8	40.1	13.0	177.6	276.6
1980	72.1	52.1	126.4	32.7	40.8	12.4	179.6	271.1
1981	72.8	49.9	125.1	33.7	42.1	12.6	179.7	264.4
1982	72.5	44.9	119.8	33.9	42.2	12.4	174.4	264.1
1983	74.1	47.4	123.9	34.0	42.7	13.3	180.0	260.2
1984	73.9	47.2	123.7	35.3	44.0	14.1	181.7	260.1
1985	74.6	47.7	124.9	36.4	45.5	15.0	185.4	254.7
1986	74.4	45.2	122.2	37.2	47.4	15.4	184.9	253.5
1987	69.6	45.6	117.4	39.4	51.0	16.1	184.5	253.8
1988	68.6	48.8	119.5	39.6	51.9	15.1	186.6	246.6
1989	65.4	48.4	115.9	40.9	53.9	15.6	185.4	237.0
1990	63.9	46.4	112.3	42.4	56.3	15.0	183.5	234.3
1991	63.1	46.9	111.9	44.2	58.3	14.8	185.1	233.7
1992	62.8	49.4	114.1	46.7	60.8	14.7	189.5	235.0
1993	61.5	48.9	112.1	48.5	62.5	14.9	189.5	235.6
1994	63.6	49.5	114.7	49.3	63.3	15.1	193.2	237.7
1995	64.4	49.0	115.1	48.8	62.9	14.9	193.0	235.4
1996	65.0	45.9	112.8	49.8	64.4	14.7	191.8	237.1
1997	63.8	45.6	111.0	50.9	64.8	14.5	190.3	238.7
1998	64.9	49.1	115.6	51.6	65.8	14.5	195.9	243.8

See footnotes at end of table.

continued--

Appendix table 1--Per capita consumption of major food commodities, 1970-97 1/--continued

Dairy Products							
Year	Fluid milk products			Yogurt	Fluid cream products		
	Beverage milk		Total 4/		Cream 5/	Sour cream	Total 6/
	Whole	Lower fat & fat free					
----- Gallons -----				----- Half pints -----			
1970	25.5	5.8	31.3	1.5	7.2	2.0	9.8
1971	25.0	6.3	31.3	2.0	6.7	2.2	9.6
1972	24.1	6.9	31.0	2.4	6.4	2.4	9.7
1973	23.0	7.5	30.5	2.5	6.7	2.4	9.8
1974	21.7	7.7	29.5	2.7	6.4	2.7	9.8
1975	21.1	8.4	29.5	3.6	6.3	3.1	10.0
1976	20.4	9.0	29.3	3.9	6.3	3.0	10.1
1977	19.5	9.5	29.0	4.3	6.2	3.1	10.2
1978	18.7	9.8	28.6	4.5	6.2	3.2	10.1
1979	18.0	10.2	28.2	4.5	6.3	3.3	10.3
1980	17.0	10.5	27.6	4.6	6.3	3.4	10.5
1981	16.3	10.8	27.1	4.5	6.5	3.5	10.8
1982	15.5	10.9	26.4	4.8	6.5	3.7	11.0
1983	15.2	11.1	26.3	5.8	6.9	3.9	11.7
1984	14.8	11.6	26.4	6.6	7.6	4.2	12.7
1985	14.3	12.3	26.7	7.3	8.2	4.3	13.5
1986	13.5	13.0	26.5	7.7	8.8	4.4	14.2
1987	13.0	13.3	26.3	7.9	8.8	4.6	14.3
1988	12.3	13.5	25.8	8.2	8.7	4.6	14.3
1989	11.3	14.7	26.0	7.7	9.0	4.7	14.7
1990	10.5	15.2	25.7	7.4	8.7	4.7	14.3
1991	10.2	15.5	25.6	7.8	8.7	4.9	14.5
1992	9.8	15.6	25.3	7.8	9.1	5.1	15.0
1993	9.3	15.4	24.8	7.9	9.2	5.1	15.1
1994	9.2	15.6	24.8	8.6	9.2	5.2	15.2
1995	8.8	15.6	24.3	9.4	9.5	5.5	15.9
1996	8.7	15.7	24.4	8.9	10.2	5.4	16.4
1997	8.5	15.5	24.0	9.5	10.7	5.6	17.0
1998							

See footnotes at end of table.

continued--

Appendix table 1--Per capita consumption of major food commodities, 1970-97 1/--continued

Dairy Products							
Year	Cheese				Cottage cheese	Frozen dairy	
	Cheddar	Mozza- rella	Cream 7/	Total 8/		Ice cream	Total 9/
----- Pounds -----							
1970	5.8	1.2	0.6	11.4	5.2	17.8	28.5
1971	5.9	1.4	0.6	12.0	5.3	17.7	28.2
1972	6.0	1.6	0.6	13.0	5.4	17.6	28.0
1973	6.1	1.8	0.7	13.5	5.2	17.5	28.0
1974	6.3	1.9	0.7	14.4	4.6	17.5	27.7
1975	6.0	2.1	0.7	14.3	4.6	18.6	28.6
1976	6.4	2.3	0.8	15.5	4.7	18.0	27.5
1977	6.8	2.5	0.8	16.0	4.7	17.6	27.5
1978	6.9	2.7	0.9	16.8	4.7	17.6	27.3
1979	6.9	2.8	0.9	17.2	4.5	17.3	26.5
1980	6.9	3.0	1.0	17.5	4.5	17.5	26.4
1981	7.0	3.0	1.0	18.2	4.3	17.4	26.5
1982	8.7	3.3	1.1	19.9	4.2	17.6	26.4
1983	9.1	3.7	1.2	20.6	4.1	18.1	27.1
1984	9.5	4.0	1.2	21.5	4.1	18.2	27.2
1985	9.8	4.6	1.2	22.5	4.1	18.1	27.9
1986	9.8	5.2	1.3	23.1	4.1	18.4	27.9
1987	10.6	5.6	1.4	24.1	3.9	18.4	28.2
1988	9.5	6.0	1.5	23.7	3.9	17.3	27.7
1989	9.2	6.4	1.6	23.8	3.6	16.1	28.7
1990	9.0	6.9	1.7	24.6	3.4	15.8	28.4
1991	9.1	7.2	1.8	25.0	3.3	16.3	29.2
1992	9.2	7.7	2.0	26.0	3.1	16.3	28.9
1993	9.1	7.5	2.1	26.2	2.9	16.1	29.3
1994	9.1	7.9	2.2	26.8	2.8	16.1	29.9
1995	9.1	8.1	2.1	27.3	2.7	15.7	29.4
1996	9.2	8.5	2.2	27.7	2.6	15.9	28.6
1997	9.6	8.4	2.3	28.0	2.7	16.2	28.7
1998							

See footnotes at end of table.

continued--

Appendix table 1--Per capita consumption of major food commodities, 1970-97 1/--continued

Year	Fats and Oils						Total fat content 10/
	Butter	Marg-arine	Lard and beef tallow	Short-ening	Salad and cooking oils	Total, Product weight 10/	
----- Pounds -----							
1970	5.4	10.8	4.6	17.3	15.4	55.8	52.6
1971	5.2	10.9	4.2	16.8	15.6	55.0	51.8
1972	5.0	11.1	3.7	17.6	16.8	56.6	53.4
1973	4.8	11.1	3.3	17.0	17.7	56.5	53.3
1974	4.5	11.1	3.2	16.9	18.1	55.5	52.4
1975	4.7	11.0	3.2	17.0	17.9	55.8	52.6
1976	4.3	11.9	2.9	17.7	19.5	58.3	55.1
1977	4.3	11.4	2.5	17.2	19.1	56.4	53.3
1978	4.4	11.3	2.4	17.8	20.1	58.0	54.9
1979	4.5	11.2	2.9	18.4	20.8	59.5	56.4
1980	4.5	11.3	3.6	18.2	21.2	60.3	57.2
1981	4.2	11.1	3.5	18.5	21.8	60.5	57.4
1982	4.3	11.0	3.8	18.6	21.9	61.3	58.2
1983	4.9	10.4	4.1	18.5	23.6	63.1	60.0
1984	4.9	10.4	3.8	21.3	22.5	64.6	61.6
1985	4.9	10.8	3.7	22.9	23.6	67.5	64.3
1986	4.6	11.4	3.5	22.1	24.4	67.7	64.5
1987	4.7	10.5	2.7	21.4	25.6	66.2	63.2
1988	4.5	10.3	2.6	21.5	26.3	66.5	63.6
1989	4.4	10.2	2.1	21.5	24.4	63.8	60.8
1990	4.4	10.9	2.4	22.2	24.8	65.9	62.8
1991	4.4	10.6	3.1	22.4	26.7	68.4	65.4
1992	4.4	11.0	4.1	22.4	27.2	70.4	67.4
1993	4.7	11.1	3.9	25.1	26.8	73.3	70.2
1994	4.8	9.9	4.7	24.1	26.3	71.5	68.6
1995	4.5	9.2	4.9	22.5	26.9	69.6	66.9
1996	4.3	9.2	5.3	22.3	26.1	68.6	65.8
1997	4.2	8.6	4.7	20.9	28.7	68.2	65.6
1998							

See footnotes at end of table.

continued--

Appendix table 1--Per capita consumption of major food commodities, 1970-97 1/--continued

Year	Fruit			Vegetables			
	Fresh	Proces- sing 11/ 1/	Total fruit 4/	Fresh		Processing	
				Pota- toes	Total	Canning	
						Tomatoes	Total
----- Pounds, fresh-weight equivalent -----							
1970	101.2	136.5	237.7	61.8	152.9	62.1	100.7
1971	100.3	141.7	242.0	56.1	146.7	68.3	107.7
1972	94.8	136.8	231.5	57.9	149.9	64.9	104.5
1973	96.4	138.4	234.9	52.4	146.6	58.4	98.1
1974	95.6	138.6	234.2	49.4	144.5	61.3	99.3
1975	101.8	150.3	252.1	52.6	147.1	61.9	97.8
1976	101.5	155.5	257.0	49.4	146.4	65.7	103.3
1977	99.7	170.4	270.1	50.1	147.0	62.8	101.7
1978	103.4	154.4	257.8	46.0	141.6	58.8	96.7
1979	100.1	149.7	249.8	49.3	146.5	64.3	100.5
1980	104.8	157.5	262.4	51.1	149.3	63.6	102.7
1981	103.6	156.5	260.2	45.8	142.8	59.3	97.1
1982	107.4	154.7	262.1	47.1	148.6	60.1	95.1
1983	110.0	168.5	278.6	49.8	148.5	60.9	96.5
1984	112.6	153.5	266.0	48.3	154.0	68.5	102.6
1985	110.6	158.8	269.4	46.3	156.1	63.2	99.4
1986	117.3	159.0	276.3	48.8	156.2	63.6	99.8
1987	121.6	164.0	285.5	47.9	162.4	65.2	99.1
1988	120.9	151.9	272.8	49.6	167.4	61.3	94.8
1989	122.8	156.3	279.1	50.0	172.2	69.4	102.4
1990	116.3	157.1	273.5	46.8	167.2	75.4	110.7
1991	113.0	153.6	266.6	50.4	167.2	77.4	113.3
1992	123.5	144.5	268.0	48.6	171.1	73.7	111.6
1993	124.9	160.5	285.4	49.3	171.9	76.4	112.1
1994	126.5	157.8	284.3	50.3	177.4	73.6	107.8
1995	124.6	160.8	285.4	49.2	175.1	75.6	110.2
1996	129.0	160.8	289.8	50.0	181.8	74.2	108.5
1997	133.2	161.5	294.7	47.9	185.6	72.7	105.9
1998							

See footnotes at end of table.

continued--

Appendix table 1--Per capita consumption of major food commodities, 1970-97 1/--continued

Year	Vegetables							Total fruit and vege- tables 4/ 4/
	Processing						Total vege- tables 4/	
	Freezing		Dehydra- ting	Potatoes for chips	Pulses	Total		
	Pota- toes	Total						
----- Pounds, fresh-weight equivalent -----								
1970	28.5	43.7	13.2	17.4	7.6	182.5	335.4	573.2
1971	30.1	45.4	13.8	17.2	7.5	191.6	338.3	580.3
1972	30.3	45.5	13.3	16.7	6.7	186.7	336.6	568.2
1973	34.2	50.5	14.3	16.3	7.9	187.1	333.8	568.6
1974	35.3	51.4	16.0	15.7	6.2	188.6	333.2	567.3
1975	37.1	52.7	16.7	15.5	7.2	189.9	337.0	589.1
1976	41.8	57.7	17.1	15.8	7.0	200.9	347.3	604.3
1977	42.2	59.4	12.7	16.2	6.9	196.9	343.9	613.9
1978	42.6	59.0	13.4	16.5	5.9	191.5	333.1	590.8
1979	38.5	55.5	13.1	16.7	6.8	192.5	339.1	588.9
1980	35.4	51.6	10.6	16.5	5.8	187.2	336.4	598.8
1981	41.5	58.3	11.6	16.6	6.0	189.6	332.4	592.6
1982	38.6	54.3	12.4	17.0	6.9	185.6	334.3	596.4
1983	39.2	55.7	11.7	17.8	7.0	188.6	337.1	615.6
1984	43.7	62.8	11.8	18.0	5.5	200.6	354.6	620.7
1985	45.4	64.5	12.8	17.6	7.6	201.9	358.1	627.5
1986	46.3	64.5	12.8	18.1	7.3	202.6	358.7	635.1
1987	47.9	67.0	12.3	17.6	5.7	201.6	364.0	649.5
1988	43.3	64.2	12.1	17.1	7.5	195.7	363.1	635.9
1989	46.8	67.6	12.4	17.4	6.3	206.0	378.2	657.3
1990	46.5	66.8	14.6	16.4	7.1	215.6	382.8	656.3
1991	51.2	72.7	15.5	17.3	7.8	226.6	393.9	660.5
1992	50.2	70.8	14.3	17.2	8.2	222.1	393.2	661.1
1993	52.9	75.1	15.5	17.5	7.7	227.9	399.8	685.1
1994	57.4	79.5	14.7	17.0	8.5	227.4	404.8	689.1
1995	56.9	79.9	14.7	16.6	8.5	229.9	405.0	690.4
1996	60.4	83.9	17.6	16.4	8.0	234.5	416.2	706.1
1997	59.0	81.5	18.6	15.9	8.5	230.4	416.0	710.8
1998								

See footnotes at end of table.

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Appendix table 1--Per capita consumption of major food commodities, 1970-97 1/--continued

Year	Flour and cereal products 12/				
	Wheat flour	Rice 13/	Corn products 14/	Oat products	Total 15/
	----- Pounds -----				
1970	110.9	6.7	11.1	4.7	135.6
1971	110.5	7.6	10.4	4.7	135.1
1972	109.8	7.0	9.7	4.7	133.1
1973	112.8	6.9	9.8	4.7	136.3
1974	111.0	7.5	10.2	4.7	135.5
1975	114.5	7.6	10.8	4.4	139.1
1976	119.1	7.1	11.0	4.2	143.0
1977	115.5	7.5	12.2	4.1	140.9
1978	115.2	5.6	12.4	4.0	138.9
1979	116.4	9.4	12.8	3.9	144.1
1980	116.9	9.4	12.9	3.9	144.7
1981	115.8	10.9	13.3	3.8	145.6
1982	116.9	11.8	13.8	3.9	147.9
1983	117.7	9.8	14.7	3.8	147.6
1984	119.1	8.6	16.0	3.7	149.1
1985	124.6	9.1	17.2	4.0	156.6
1986	125.6	11.7	19.4	4.0	162.3
1987	129.8	13.8	21.7	4.4	171.3
1988	131.7	14.3	21.7	6.4	175.5
1989	129.6	15.2	21.8	6.4	174.5
1990	136.0	16.2	21.9	6.5	182.0
1991	136.9	16.8	22.0	6.5	183.6
1992	138.8	17.5	22.1	6.5	186.2
1993	143.3	17.6	22.3	6.5	191.0
1994	144.5	19.2	22.5	6.5	194.0
1995	141.8	20.1	22.7	6.5	192.5
1996	148.8	18.9	22.9	6.6	198.4
1997	149.7	19.5	23.1	6.5	200.1
1998					

See footnotes at end of table.

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Appendix table 1--Per capita consumption of major food commodities, 1970-97 1/--continued

Year	Caloric sweeteners			Carbonated soft drinks		
	Refined cane and beet sugar 16/	Corn sweet- eners 17/	Total 18/	Diet	Regular 19/	Total 4/
	----- Pounds, dry basis -----			----- Gallons -----		
1970	101.8	19.1	122.3	2.1	22.2	24.3
1971	102.1	19.9	123.4	2.2	23.3	25.5
1972	102.3	21.2	125.0	2.3	23.9	26.2
1973	100.8	23.4	125.6	2.7	25.0	27.6
1974	95.7	25.1	121.9	2.9	24.7	27.6
1975	89.2	27.4	118.0	3.2	25.0	28.2
1976	93.4	29.2	123.9	3.8	27.0	30.8
1977	94.2	31.1	126.6	4.3	28.7	33.0
1978	91.4	31.7	124.6	4.6	29.5	34.2
1979	89.3	34.9	125.7	4.9	29.8	34.7
1980	83.6	38.2	123.0	5.1	29.9	35.1
1981	79.4	41.6	122.2	5.3	30.0	35.4
1982	73.7	45.4	120.4	5.5	29.8	35.3
1983	70.3	50.3	121.9	6.0	29.3	35.2
1984	66.7	56.6	124.6	6.6	29.3	35.9
1985	62.7	64.8	128.8	7.1	28.7	35.7
1986	60.0	65.5	127.0	7.6	28.2	35.8
1987	62.4	67.7	131.6	9.4	32.4	41.9
1988	62.1	69.3	132.7	10.1	34.5	44.7
1989	62.8	69.0	133.1	10.7	34.7	45.4
1990	64.4	71.1	137.0	10.7	35.6	46.3
1991	63.8	72.8	137.9	11.7	36.3	47.9
1992	64.6	75.2	141.2	11.6	36.9	48.5
1993	64.4	78.7	144.4	11.7	38.4	50.1
1994	65.0	81.0	147.4	11.8	39.6	51.3
1995	65.5	83.0	149.9	11.8	39.8	51.6
1996	66.6	82.8	150.7	11.7	40.3	52.0
1997	66.5	86.2	154.1	11.6	41.4	53.0
1998						

See footnotes at end of table.

continued--

Appendix table 1--Per capita consumption of major food commodities, 1970-97 1/--continued

- 1/ Forecast for 1998 shown for meat and eggs.
- 2/ Includes veal, lamb, and mutton.
- 3/ Includes turkey.
- 4/ Computed from unrounded data.
- 5/ Includes half and half, light cream, and heavy cream.
- 6/ Includes eggnog.
- 7/ Includes Neufchatel.
- 8/ Excludes full-skim American and cottage, pot, and baker's cheese.
- 9/ Includes lower fat and nonfat ice cream, sherbet, mellorine, frozen yogurt beginning 1981 and other nonstandardized frozen dairy products.
- 10/ Includes specialty fats used mainly in confectionery products and nondairy creamers.
- 11/ Excludes wine grapes.
- 12/ Consumption of most items at the processing level. Excludes quantities used in alcoholic beverages and fuel.
- 13/ Milled basis.
- 14/ Includes corn flour, meal, hominy, grits, and starch.
- 15/ Includes rye flour and barley products.
- 16/ Excludes sugar in imported blends and mixtures.
- 17/ Includes high-fructose corn syrup (HFCS), glucose, and dextrose.
- 18/ Includes sorgo, maple, and sugarcane syrup, edible molasses, edible refiner's syrup, and honey.
- 19/ Caloric sweeteners used in carbonated soft drinks are included in "Caloric sweeteners."

Appendix table 2--U.S. food supply: Nutrients and other food components per capita per day, 1970-94 1/

Year	Food energy	Carbo- hydrate	Protein	Fat			
				Total fat	Satu- rated fat	Monoun- saturated fat	Polyun- saturated fat
	Kilo- calories	----- Grams -----					
1970	3,300	386	95	154	54	63	26
1971	3,300	387	96	154	55	63	26
1972	3,300	386	95	155	54	63	27
1973	3,200	390	94	150	52	61	27
1974	3,200	383	94	151	52	62	27
1975	3,200	385	93	146	50	59	27
1976	3,300	399	97	152	51	60	29
1977	3,300	398	96	149	51	59	28
1978	3,200	392	95	150	51	59	29
1979	3,300	400	96	151	51	60	30
1980	3,300	406	96	153	52	60	30
1981	3,300	394	96	153	51	61	30
1982	3,300	396	96	152	51	60	30
1983	3,300	400	97	157	53	62	31
1984	3,400	404	98	155	53	62	29
1985	3,500	420	101	163	55	65	32
1986	3,500	425	102	162	54	65	32
1987	3,500	436	103	160	53	64	32
1988	3,600	443	105	161	53	64	33
1989	3,500	445	104	156	51	63	32
1990	3,600	458	105	156	51	63	32
1991	3,600	464	107	155	50	63	32
1992	3,700	473	108	158	52	64	32
1993	3,700	482	108	161	52	66	32
1994	3,800	491	110	159	52	65	31

See footnotes at end of table.

continued--

Appendix table 2--U.S. food supply: Nutrients and other food components per capita per day, 1970-94 1/--continued

Year	Cholesterol	Vitamins					
		Vitamin A	Carotenes	Vitamin E	Vitamin C	Thiamin	Riboflavin
	Milligrams	Micrograms retinol equivalents		Milligrams alpha-TE		----- Milligrams-----	
1970	470	1,500	510	13.7	107.0	2.0	2.3
1971	470	1,510	520	13.5	108.0	2.0	2.3
1972	460	1,530	550	13.9	108.0	2.0	2.3
1973	440	1,520	580	14.4	106.0	2.0	2.3
1974	440	1,560	600	14.2	108.0	2.1	2.3
1975	430	1,550	620	14.4	112.0	2.2	2.3
1976	430	1,580	620	14.7	113.0	2.3	2.5
1977	430	1,530	580	14.2	112.0	2.3	2.4
1978	430	1,510	580	14.5	108.0	2.2	2.4
1979	430	1,530	610	14.6	109.0	2.3	2.4
1980	430	1,520	600	14.6	112.0	2.3	2.4
1981	430	1,510	600	14.7	109.0	2.3	2.4
1982	420	1,510	620	15.0	110.0	2.3	2.4
1983	430	1,500	600	15.4	115.0	2.3	2.4
1984	430	1,530	640	14.9	112.0	2.3	2.5
1985	430	1,520	630	16.2	114.0	2.4	2.5
1986	420	1,500	610	16.3	118.0	2.4	2.5
1987	420	1,530	640	16.4	115.0	2.5	2.5
1988	420	1,470	610	16.9	116.0	2.5	2.5
1989	410	1,500	640	16.5	115.0	2.6	2.5
1990	400	1,530	670	16.8	111.0	2.6	2.6
1991	400	1,500	640	17.0	115.0	2.6	2.5
1992	410	1,540	670	17.1	117.0	2.7	2.6
1993	410	1,530	670	17.6	122.0	2.7	2.6
1994	410	1,520	660	16.9	124.0	2.7	2.6

See footnotes at end of table.

continued--

Appendix table 2--U.S. food supply: Nutrients and other food components per capita per day, 1970-94 1/--continued

Year	Vitamins-continued				Minerals						
	Nia- cin	Vita- min B6	Fol- ate	Vita- min B12	Cal- cium	Phos- pho- rus	Mag- ne- sium	Iron	Zinc	Cop- per	Po- tassium
	--Milligrams--		--Micrograms--		-----Milligrams-----						
1970	22	2.0	279	9.5	890	1,460	320	15.4	12.2	1.6	3,510
1971	22	2.0	280	9.5	890	1,470	320	15.6	12.3	1.6	3,500
1972	22	2.0	279	9.4	890	1,470	330	15.6	12.2	1.6	3,490
1973	22	1.9	284	8.9	880	1,440	330	15.8	11.8	1.6	3,460
1974	23	2.0	276	9.2	850	1,430	320	18.1	12.0	1.6	3,410
1975	24	1.9	298	8.8	840	1,430	320	19.8	11.8	1.7	3,440
1976	26	2.0	303	9.1	890	1,480	330	23.8	12.3	1.7	3,530
1977	25	2.0	302	9.0	880	1,470	320	23.3	12.2	1.7	3,460
1978	25	1.9	291	8.7	880	1,460	320	23.0	12.0	1.6	3,410
1979	25	2.0	299	8.5	890	1,480	330	16.1	11.9	1.7	3,480
1980	25	2.0	292	8.4	870	1,460	320	16.0	11.8	1.7	3,440
1981	26	2.0	292	8.5	860	1,460	320	16.2	11.9	1.7	3,400
1982	25	2.0	298	8.2	870	1,460	330	16.4	11.9	1.7	3,430
1983	26	2.0	301	8.4	890	1,490	330	17.4	12.1	1.7	3,490
1984	26	2.0	295	8.5	900	1,500	330	18.4	12.1	1.7	3,500
1985	27	2.1	310	8.5	920	1,540	350	19.1	12.5	1.8	3,590
1986	27	2.1	313	8.4	930	1,570	350	19.2	12.6	1.8	3,650
1987	27	2.1	304	8.5	930	1,580	350	19.3	12.5	1.8	3,590
1988	28	2.1	316	8.3	930	1,600	360	19.8	12.7	1.8	3,630
1989	28	2.2	308	8.2	920	1,600	360	19.8	12.6	1.8	3,630
1990	28	2.2	311	8.2	940	1,620	370	20.2	12.7	1.8	3,650
1991	28	2.2	321	8.2	940	1,630	380	20.5	12.8	1.9	3,690
1992	29	2.3	326	8.3	950	1,660	380	20.8	13.0	1.9	3,750
1993	29	2.3	329	8.0	950	1,650	380	20.9	13.0	1.9	3,750
1994	29	2.3	331	8.1	960	1,680	380	21.2	13.2	1.9	3,780

1/ Data are based on ERS estimates of per capita quantities of food available for consumption from Putnam, Judith J., and Jane E. Allshouse, "Food Consumption, Prices, and Expenditures, 1970-94," SB-928, ERS, USDA, Apr. 1996, on imputed consumption data for foods no longer reported by ERS, and on estimates from USDA's Center for Nutrition Policy and Promotion (CNPP) of quantities of produce from home gardens. Historical data for this table are available from CNPP's Shirley Gerrior, (202) 606-4839, or Lisa Bente, (202) 208-2447.

Appendix table 3--U.S. food supply: Nutrients contributed from major food groups per capita per day, 1970 and 1994 1/

Food group	Food energy		Carbohydrates		Protein	
	Kilo-calories	% of total	Grams	% of total	Grams	% of total
Meat, poultry, and fish						
1970	650	19.8	*	0.1	38	40.3
1994	540	14.3	*	0.1	43	39.3
Dairy products 2/						
1970	350	10.6	25	6.4	20	21.2
1994	350	9.3	23	4.7	21	19.3
Eggs						
1970	60	2.0	1	0.1	5	5.7
1994	50	1.3	*	0.1	4	3.8
Fats and oils 3/						
1970	580	17.8	*	**	*	0.1
1994	740	19.5	*	**	*	0.1
Fruits						
1970	100	2.9	24	6.1	1	1.2
1994	130	3.4	31	6.4	1	1.3
Citrus fruits						
1970	30	0.9	7	1.8	1	0.5
1994	40	1.0	9	1.9	1	0.6
Noncitrus fruits						
1970	70	2.1	17	4.3	1	0.7
1994	90	2.4	22	4.5	1	0.8
Legumes, soy, and nuts						
1970	100	2.9	9	2.2	5	5.4
1994	110	2.9	10	2.0	7	6.0
Vegetables 4/						
1970	170	5.2	39	10.1	5	5.8
1994	180	4.7	40	8.2	5	5.3
White potatoes						
1970	90	2.8	21	5.4	2	2.5
1994	100	2.6	22	4.5	3	2.3
Dark green, deep yellow						
1970	10	0.4	3	0.8	*	0.4
1994	10	0.4	3	0.6	*	0.4
Other vegetables						
1970	70	2.1	15	3.9	3	3.0
1994	70	1.8	15	3.1	3	2.6
Grain products						
1970	640	19.6	134	34.7	18	19.1
1994	950	25.1	199	40.5	26	23.7
Sugars and sweeteners						
1970	590	18.1	152	39.4	*	*
1994	690	18.3	184	37.3	*	*
Miscellaneous 5/						
1970	40	0.9	4	0.9	1	1.2
1994	50	1.2	4	0.9	1	1.2

See footnotes at end of table.

continued--

Appendix table 3--U.S. food supply: Nutrients contributed from major food groups per capita per day, 1970 and 1994 1/--continued

Food group	Fat								Cholesterol	
	Total		Saturated		Monoun-saturated		Poly-unsaturated			
	Grams	% of total	Grams	% of total	Grams	% of total	Grams	% of total	Milli-grams	% of total
Meat, poultry, and fish										
1970	53	34.6	20	37.2	17	37.4	5	20.2	186	39.8
1994	39	24.5	14	26.4	24	25.7	5	14.9	181	43.8
Dairy products 2/										
1970	19	12.6	12	22.3	6	8.8	1	2.6	71	15.2
1994	20	12.3	12	23.6	6	8.6	1	2.1	67	16.1
Eggs										
1970	4	2.8	1	2.5	1	2.6	1	2.3	184	39.3
1994	3	2.1	1	2.0	2	2.0	1	1.5	142	34.4
Fats and oils 3/										
1970	66	42.7	18	32.7	37	45.0	17	62.9	27	5.7
1994	83	52.2	21	40.9	29	56.3	22	68.9	23	5.6
Fruits										
1970	1	0.4	*	0.2	*	0.3	*	0.5	0	0.0
1994	1	0.5	*	0.3	*	0.4	*	0.5	0	0.0
Citrus fruits										
1970	*	0.1	*	**	*	**	*	0.1	0	0.0
1994	*	0.1	*	**	*	**	*	0.1	0	0.0
Noncitrus fruits										
1970	1	0.3	*	0.2	*	0.3	*	0.4	0	0.0
1994	1	0.4	*	0.3	*	0.4	*	0.5	0	0.0
Legumes, soy, and nuts										
1970	5	3.4	1	1.9	3	3.7	2	5.9	0	0.0
1994	6	3.6	1	2.1	2	4.1	2	5.5	0	0.0
Vegetables 4/										
1970	1	0.5	*	0.2	*	0.1	*	1.2	0	0.0
1994	1	0.5	*	0.3	*	0.1	*	1.0	0	0.0
White potatoes										
1970	*	0.1	*	0.1	*	0.0	*	0.2	0	0.0
1994	*	0.1	*	0.1	*	0.0	*	0.2	0	0.0
Dark green, deep yellow										
1970	*	*	*	**	*	*	*	0.1	0	0.0
1994	*	0.1	*	**	*	*	*	0.1	0	0.0
Other vegetables										
1970	1	0.3	*	0.2	*	0.1	*	0.9	0	0.0
1994	1	0.3	*	0.2	*	0.1	*	0.7	0	0.0
Grain products										
1970	2	1.5	*	0.7	1	0.5	1	3.6	*	**
1994	4	2.2	1	1.1	*	1.0	1	4.5	*	**
Sugars and sweeteners										
1970	0	0.0	0	0.0	0	0.0	0	0.0	0	0.0
1994	0	0.0	0	0.0	0	0.0	0	0.0	0	0.0
Miscellaneous 5/										
1970	3	1.7	1	2.5	1	1.5	*	0.9	0	0.0
1994	4	2.3	2	3.4	1	1.9	*	1.1	0	0.0

See footnotes at end of table

continued--

Appendix table 3--U.S. food supply: Nutrients contributed from major food groups per capita per day, 1970 and 1994 1/--continued

Food group	Vitamins									
	Vitamin A		Carotene		Vitamin E		Vitamin C		Thiamin	
	Retinol equiv.	% of total	Retinol equiv.	% of total	Alpha TE	% of total	Milli-grams	% of total	Milli-grams	% of total
Meat, poultry, and fish										
1970	440	29.3	0	0.0	0.9	6.3	3	2.4	0.5	25.2
1994	325	21.4	0	0.0	0.8	4.8	3	2.0	0.5	18.7
Dairy products 2/										
1970	256	17.0	16	3.2	0.5	3.8	4	4.0	0.2	9.6
1994	264	17.4	15	2.3	0.5	2.8	3	2.7	0.2	6.2
Eggs										
1970	83	5.5	0	0.0	0.5	3.3	0	0.0	**	1.4
1994	64	4.2	0	0.0	0.4	2.1	0	0.0	**	0.8
Fats and oils 3/										
1970	196	13.0	18	3.5	8.7	63.6	0	0.0	0.0	0.0
1994	178	11.7	16	2.4	11.5	67.8	*	0.0	0.0	0.0
Fruits										
1970	46	3.1	46	9.1	0.5	4.0	42	39.2	**	4.7
1994	51	3.3	51	7.6	0.7	3.8	54	43.5	0.1	4.7
Citrus fruits										
1970	8	0.5	8	1.6	0.1	0.9	27	24.9	**	2.5
1994	9	0.6	9	1.3	0.2	1.0	34	27.8	0.1	2.3
Noncitrus fruits										
1970	38	2.6	38	7.6	0.4	3.1	15	14.3	**	2.2
1994	42	2.8	42	6.3	0.5	2.8	20	15.8	0.1	2.1
Legumes, soy, and nuts										
1970	*	**	*	0.1	0.8	5.9	*	0.1	0.1	5.4
1994	1	**	*	0.1	0.9	5.5	*	0.1	0.1	4.7
Vegetables 4/										
1970	406	27.0	406	80.1	1.1	8.1	53	49.9	0.2	12.6
1994	536	35.3	536	80.7	1.2	7.3	59	47.2	0.2	10.0
White potatoes										
1970	0	0.0	0	0.0	0.1	0.5	19	18.2	0.1	5.7
1994	0	0.0	0	0.0	0.1	1.1	20	15.8	0.1	4.9
Dark green, deep yellow										
1970	305	20.3	305	60.2	0.1	1.1	7	6.4	**	0.9
1994	431	28.4	431	64.9	0.2	0.4	12	9.4	**	0.8
Other vegetables										
1970	101	6.7	101	19.8	0.9	6.5	27	25.4	0.1	6.0
1994	105	6.9	105	15.8	0.9	5.7	27	22.0	0.1	4.3
Grain products										
1970	5	0.3	4	0.8	0.6	4.5	*	**	0.8	40.4
1994	10	0.7	9	1.4	0.9	5.1	*	**	1.5	54.5
Sugars and sweeteners										
1970	0	0.0	0	0.0	0.0	0.0	*	**	**	0.2
1994	0	0.0	0	0.0	0.0	0.0	*	**	**	0.2
Miscellaneous 5/										
1970	72	4.8	17	3.3	0.1	0.7	5	4.5	**	0.6
1994	93	6.1	38	5.7	0.1	0.9	6	4.5	**	0.7

See footnotes at end of table

continued--

Appendix table 3--U.S. food supply: Nutrients contributed from major food groups per capita per day, 1970 and 1994 1/--continued

Food group	Vitamins									
	Riboflavin		Niacin		Vitamin B 6		Folate		Vitamin B 12	
	Milli-grams	% of total	Milli-grams	% of total	Milli-grams	% of total	Micro-grams	% of total	Micro-grams	% of total
Meat, poultry, and fish										
1970	0.5	21.8	9.7	44.5	0.8	38.9	29	10.5	7.1	74.8
1994	0.5	18.1	11.1	38.2	0.8	36.4	24	7.4	5.9	72.9
Dairy products 2/										
1970	0.8	36.4	0.5	2.1	0.2	11.7	26	9.4	1.8	19.0
1994	0.8	30.7	0.4	1.4	0.2	9.7	24	7.3	1.7	21.0
Eggs										
1970	0.2	9.6	**	0.2	0.1	3.0	20	7.3	0.4	4.5
1994	0.2	6.5	**	0.1	0.1	2.0	16	4.8	0.3	4.1
Fats and oils 3/										
1970	0.0	0.1	**	**	**	**	*	**	**	0.1
1994	**	0.1	**	**	**	**	*	0.1	**	0.1
Fruits										
1970	**	2.6	0.6	2.7	0.1	9.1	27	9.8	0.0	0.0
1994	0.1	3.0	0.7	2.4	0.2	11.0	41	12.4	0.0	0.0
Citrus fruits										
1970	**	0.7	0.2	0.7	**	1.6	19	6.9	0.0	0.0
1994	**	0.7	0.2	0.6	**	1.8	30	9.1	0.0	0.0
Noncitrus fruits										
1970	**	1.9	0.4	2.0	0.1	7.4	8	2.9	0.0	0.0
1994	0.1	2.3	0.5	1.7	0.2	9.2	11	3.3	0.0	0.0
Legumes, soy, and nuts										
1970	**	1.5	1.0	4.8	0.1	3.4	56	20.2	0.0	0.0
1994	**	1.7	1.2	4.0	0.1	3.8	67	20.1	0.0	0.0
Vegetables 4/										
1970	0.1	6.4	3.0	13.6	0.5	23.4	78	27.9	0.0	0.0
1994	0.1	6.1	3.2	11.1	0.6	22.5	79	24.0	0.0	0.0
White potatoes										
1970	**	1.4	1.6	7.4	0.3	12.9	14	4.9	0.0	0.0
1994	**	1.3	1.7	6.0	0.3	11.8	15	4.4	0.0	0.0
Dark green, deep yellow										
1970	**	1.0	0.2	0.8	**	2.2	8	2.9	0.0	0.0
1994	**	0.9	0.2	0.7	0.1	2.4	10	3.1	0.0	0.0
Other vegetables										
1970	0.1	4.1	1.2	5.5	0.2	8.4	56	20.1	0.0	0.0
1994	0.1	3.9	1.3	4.4	0.2	8.4	55	16.5	0.0	0.0
Grain products										
1970	0.4	19.3	6.0	27.8	0.2	9.3	36	12.9	0.2	1.6
1994	0.8	31.0	11.7	40.2	0.3	12.8	72	21.8	0.2	1.9
Sugars and sweeteners										
1970	**	1.2	**	**	**	0.3	*	**	0.0	0.0
1994	**	1.4	**	**	**	0.2	*	**	0.0	0.0
Miscellaneous 5/										
1970	**	1.1	1.0	4.4	**	0.9	6	2.0	0.0	0.0
1994	**	1.4	0.8	2.7	**	1.5	7	2.2	0.0	0.0

See footnotes at end of table

Appendix table 3--U.S. food supply: Nutrients contributed from major food groups per capita per day, 1970 and 1994 1/--continued

Food group	Minerals							
	Calcium		Phosphorus		Magnesium		Iron	
	Milli-grams	% of total	Milli-grams	% of total	Milli-grams	% of total	Milli-grams	% of total
Meat, poultry, and fish								
1970	28	3.1	400	27.3	44	13.5	3.6	23.3
1994	32	3.3	415	24.8	49	12.8	3.4	16.3
Dairy products 2/								
1970	670	75.2	529	36.1	66	20.4	0.4	2.4
1994	698	72.8	550	32.8	63	16.4	0.4	2.1
Eggs								
1970	21	2.4	77	5.3	4	1.3	0.6	4.0
1994	16	1.7	60	3.6	3	0.9	0.5	2.3
Fats and oils 3/								
1970	2	0.2	2	0.1	*	**	**	0.1
1994	1	0.2	1	0.1	*	**	**	0.1
Fruits								
1970	22	2.5	24	1.7	20	6.0	0.5	3.2
1994	26	2.7	32	1.9	25	6.6	0.6	2.8
Citrus fruits								
1970	11	1.3	9	0.6	7	2.0	0.1	0.6
1994	12	1.3	13	0.8	9	2.2	0.1	0.5
Noncitrus fruits								
1970	11	1.2	15	1.0	13	4.0	0.4	2.5
1994	14	1.4	19	1.1	17	4.4	0.5	2.3
Legumes, soy, and nuts								
1970	34	3.8	77	5.3	40	12.3	1.4	9.4
1994	43	4.4	100	5.9	50	13.2	1.8	8.3
Vegetables 4/								
1970	58	6.5	119	8.1	54	16.7	2.2	14.3
1994	58	6.4	123	7.3	54	14.1	2.3	11.0
White potatoes								
1970	8	0.9	47	3.2	21	6.4	0.8	5.0
1994	9	0.9	47	2.8	20	5.3	0.9	4.0
Dark green, deep yellow								
1970	9	1.0	9	0.6	5	1.4	0.2	1.3
1994	9	1.0	11	0.7	5	1.4	0.2	1.0
Other vegetables								
1970	41	4.6	63	4.3	29	9.0	1.2	8.1
1994	43	4.5	65	3.9	29	7.5	1.2	6.0
Grain products								
1970	32	3.5	199	13.6	58	17.8	5.6	36.6
1994	47	4.9	350	20.8	98	25.5	10.7	50.5
Sugars and sweeteners								
1970	6	0.7	5	0.4	3	0.8	0.2	1.3
1994	8	0.8	6	0.3	3	0.9	0.2	1.1
Miscellaneous 5/								
1970	19	2.2	33	2.3	36	11.1	0.9	5.5
1994	28	2.9	42	2.5	37	9.6	1.2	5.7

See footnotes at end of table

continued--

Appendix table 3--U.S. food supply: Nutrients contributed from major food groups per capita per day, 1970 and 1994 1/--continued

Food group	Vitamins					
	Zinc		Copper		Potassium	
	Milli-grams	% of total	Milli-grams	% of total	Milli-grams	% of total
Meat, poultry, and fish						
1970	5.6	47.6	0.3	19.3	606	17.3
1994	5.5	41.5	0.3	14.0	633	16.7
Dairy products 2/						
1970	2.3	18.6	0.1	3.4	774	22.0
1994	2.5	18.9	0.1	2.8	702	18.5
Eggs						
1970	0.5	3.9	**	0.4	52	1.5
1994	0.4	2.8	**	0.3	41	1.1
Fats and oils 3/						
1970	**	0.1	**	0.1	2	0.1
1994	**	0.1	**	0.1	2	**
Fruits						
1970	0.1	1.3	0.1	6.9	327	9.3
1994	0.1	1.4	0.1	7.2	438	11.6
Citrus fruits						
1970	**	0.3	**	1.9	116	3.3
1994	**	0.4	**	2.0	153	4.0
Noncitrus fruits						
1970	0.1	1.0	0.1	5.1	212	6.0
1994	0.1	1.1	0.1	5.2	285	7.5
Legumes, soy, and nuts						
1970	0.7	6.0	0.3	16.2	271	7.7
1994	0.8	6.3	0.4	20.1	349	9.2
Vegetables 4/						
1970	1.0	7.6	0.4	24.0	972	27.7
1994	1.0	7.2	0.4	19.8	1,003	26.5
White potatoes						
1970	0.4	3.1	0.2	12.6	508	14.5
1994	0.4	2.9	0.2	9.5	501	13.2
Dark green, deep yellow						
1970	0.1	0.5	**	1.5	64	1.8
1994	0.1	0.6	**	1.2	77	2.0
Other vegetables						
1970	0.5	3.9	0.2	9.9	400	11.4
1994	0.5	3.7	0.2	9.1	425	11.2
Grain products						
1970	1.5	12.1	0.3	16.9	217	6.2
1994	2.4	18.4	0.4	23.3	365	9.7
Sugars and sweeteners						
1970	0.1	0.5	0.1	4.3	19	0.5
1994	0.1	0.5	0.1	4.2	22	0.6
Miscellaneous 5/						
1970	0.3	2.4	0.1	8.6	274	7.8
1994	0.4	3.0	0.2	8.4	231	6.1

* = Less than 1.0 but more than 0. ** = Less than 0.05 but more than 0.

1/ Percentages for food groups are based on aggregate nutrient data from appendix table 2.

2/ Excludes butter. 3/ Includes butter. 4/ Total may not add due to rounding.

5/ Coffee, tea, spices, chocolate liquor equivalent of cocoa beans, and fortification not assigned to a group.

Source: USDA/Center for Nutrition Policy and Promotion (CNPP).